



The Angelus

Grace and Holy Trinity Cathedral • Kansas City, Missouri

Vol. 84, No. 3 • March 2015

FROM THE DEAN

Courage to Live Intentionally

“Time and tide wait for no man.” Here is a modern day variant of age old advice. It speaks of the necessity to seize the day — to catch the wave — to read the times and to make the best of them. Embedded in the saying is the reality of seasons and rhythms in life. As tides ebb and flow, life advances and retreats while moving into the future.

“Nothing is certain but death and taxes.” Benjamin Franklin shared this bit of wisdom late in 1789 in a letter written (in French) to his scientist friend, Jean-Baptiste Leroy. Franklin was commenting on the times. The young nation of the United States had just adopted its Constitution. It would most likely endure, Franklin mused. He wondered in his letter how his friend might be faring. Reports of the violent upheaval of the French Revolution had reached American shores.

The life of faith we live and profess is about pursuing the things that endure amid things that change. In the days ahead we have two opportunities to understand something more of faith wisdom.

The first weekend in March we are fortunate to welcome Dr. Matthew and Nancy Sleeth of Blessed Earth to Kansas City and the Cathedral (*see page 5*). The Sleeths present a good case for rediscovering the gift of Sabbath. In keeping ongoing Sabbath time of one down-day a week, one finds nurture and restoration of body, mind, and spirit.

“We need the Sabbath for the perspective it gives us.” Dr. Sleeth writes. “You have more than you think if you have too little, and you have less than you think if you believe you have it all.” Perspective on oneself is but one benefit of Sabbath. It is balm for our environmentally challenged world. A day when one unplugs and uses fewer resources gives rest and healing to the planet. It is good stewardship.

In the second weekend of May, Episcopal priest and author Barbara Crafton is with us to preach and to lead a workshop related to her recent book, *The Courage to Grow Old* (*see page 5*). There is “a time to every purpose under heaven,” the Book of Ecclesiastes proclaims. How we mature and age is also about stewardship of time, tapping into enduring wisdom, and living intentionally.

In preparation for these two events you may wish to read Dr. Sleeth’s book, *24/6, A prescription for a healthier, happier life*, and Barbara Crafton’s, *The Courage to Grow Old*. Each of these books is available in our bookstore at a competitive price. A discussion of Crafton’s book is taking place Sundays at 9:15 a.m., now through May 3, in the Common Room. A discussion of Dr. Sleeth’s book takes place at the Dean’s Forum, Sunday, March 1, in Founders’ Hall.

We offer these events not only for the benefit of the Cathedral community, but for the greater good of church and world. Part of our purpose as a Cathedral is to broker things that endure in a changing world. We share a mission to be a resource center for worship and empowerment.

Of this we can be certain: We are entrusted with a treasury that offers life to a world always on the hunt for something better.

In Christ, the power of God, the wisdom of God,

—Peter

Note: Take a look at our new entrance signs, featuring QR codes enabling persons on foot to use a smart phone to access our web site!



GRACE AND HOLY TRINITY
EPISCOPAL CATHEDRAL

Treasurer's Report

The year 2015 got off to a better financial start than in 2014 as pledge receipts in 2015 were well above those of 2014. The better income numbers were partially offset by higher expenses this year. However, some of the increase is only due to timing, as payments for some anticipated property expenses came earlier in the quarter this year. Other increases were caused by better staffing this year and the normal volatility associated with the timing of snow and ice removal costs. Lastly, the expenses associated with flowers this past Christmas exceeded the funds specifically contributed for that purpose.

While pledge receipts were up this year, fully funding the mission of the Cathedral requires the support of the entire congregation. If you have not already made a pledge, please prayerfully consider making one either online or by calling the office for a pledge form.

—Chuck Ritter, Treasurer

Jan YTD	2015	2014
Income	\$ 127,508	\$ 95,153
Expenses	\$ 165,344	\$ 146,549
Net Total	(\$37,836)	(\$51,396)



Family Ministry Lunch: Stations of the Cross Workshop

Sunday, March 1 • 11:45 a.m. • Haden Hall

Join us for lunch and a short presentation about the Stations of the Cross and how they are used for reflection and prayer. Following the presentation, families will work together using a variety of materials to create art that will be displayed during Holy Week. Please RSVP for lunch with number attending and any dietary restrictions to Julie Brogno at childrensformation@kccathedral.org or 816-474-8260.

Children's Chapel During Lent Sundays, During the 10:15 a.m. service

The children and their worship leaders will follow the Gospel lectionary readings for the Lenten season. They will work together to change the physical space of the chapel by hanging purple banners and creating a desert prayer garden. Chapel sessions will include quiet time to practice listening to God, along with learning the liturgical acclamation: *Christ has died. Christ is risen. Christ will come again.* Children will be encouraged to make daily prayer part of their Lenten discipline.

Easter Egg Hunt, Easter Sunday, April 5

All children are invited to our annual egg hunt Sunday, April 5, following the 10:15 am service on the lawn outside of Founders' Hall. You can help by donating candy to stuff the eggs. Please bring your candy donations (individually wrapped, in small packages) to the box in the Tower entrance.



Cathedral Workday

Saturday, March 28 • 9 a.m.-3 p.m.

We have inside and outside jobs to prepare Cathedral spaces for Easter and our ongoing ministry of worship and service.

Come for an hour or two, or the whole day.

Lunch provided.



Altar Guild Volunteers Needed

The Altar Guild is seeking volunteers for Holy Week Services.

- Monday–Wednesday in Holy Week, March 30–April 1
Services at 12:05 & 5:30 p.m.
- Maundy Thursday, April 2
Eucharist at 12:05 & Maundy Thursday Liturgy at 6 p.m.
- Good Friday, April 3
Good Friday Liturgy at 12:05 & 6 p.m.
- Holy Saturday, April 4
Holy Saturday Liturgy at 12:05 p.m.
The Great Vigil of Easter at 7:30 p.m.

Altar Guild
Workday

March 14
9:00 a.m.–12 p.m.

Please contact Janet Sweeting (jsweeting@kccathedral.org) if you are available to help with any of these Holy Week Services.



Give to the departed eternal rest.
Let light perpetual shine upon them.

Jan Seaman
John Obetz

GHTC FAMILY CAMP 2015

The schedule ...

- **Friday, May 29:** Check in after 5:00 p.m.
- **Saturday, May 30:** Enjoy all that Heartland Center has to offer, with three full meals included.
- **Sunday, May 31:** Begin the day with breakfast, followed by Eucharist and lunch before departing.

Think about it ... two days of great meals with no prep or clean-up for your whole family!

The fun ...

one hour of swimming on Saturday
hiking trails
horseshoes
sand volleyball
Ga Ga Ball (for all ages)
disc golf
campfire on Saturday night
(with s'mores!)

And much more ...



*Families come in all shapes and sizes.
At Grace and Holy Trinity Cathedral, we
appreciate the value of diversity,
and we welcome all.*

**MAY 29-31, 2015
HEARTLAND CENTER
PARKVILLE, MO**

The details ...

Lodging: Cray Lodge, which has a Great Room. Each guest room has two double beds.

Register online: kccathedral.org/?p=4562

Cost: \$150 per family. 50% deposit due at time of registration; Full payment due by May 1. Scholarships are available.

Deadline to register: *May 1*

Contact: Julie Brogno, childrensformation@kccathedral.org, or Rev. Christy Dorn, cdorn@kccathedral.org, for more information.

February Flowers, to the Glory of God ...

February 1

- in thanksgiving for the birthday of Page Branton Reed — Shawsie Branton
- in memory of our mothers, Sarah Luten Morse and Joanne Sullivan Kistner — Richard & Anne Morse
- in thanksgiving for our grandson, Henry Huckleberry Mann, baptized today in Denver — Chuck & Marsy Gordon

February 8

- in loving memory of Bill Bucker — Barbara & Bob Bucker

February 15

- in thanksgiving for the birthdays of Mary Gentry Reed and Bruce Alan Reed — Shawsie Branton

February 22

- in thanksgiving for our son, Kevin Michael Thomas — Michael & Cathy Thomas
- in loving memory of Helen Frances Rusconi — Robin Rusconi & Jae McKeown

Your Gift for Easter Flowers

Flowers help proclaim the Risen Lord's victory over the grave. We are thankful for Trapp and Company for their beautiful creations. Your generous gifts, in memory of or in thanksgiving for a loved one, help provide flowers.



Flower envelopes are available at the back of the Nave or you can donate toward the flowers online (kccathedral.org/flowers). Donations must be received in the Cathedral office by **Wednesday, March 25**, for your name to be included in the Easter bulletins. Thank you for your gift in celebration of the Resurrection of Jesus Christ.

Easter Offering

Sixty percent of offering received at Easter is designated by the Vestry for local and global outreach ministries. The local and global recipients of this year's offering will be announced soon. Let us all make generous and sacrificial gifts.

Dean's Book for Lent: 24/6

This Lent consider reading *24/6: A Prescription for a Healthier, Happier Life*. A discussion of the book will be March 1 during the Dean's Forum. The author, Dr. Matthew Sleeth, will visit GHTC this March. (See related article on page 5 of this newsletter.) The book is available in the Cathedral Bookstore.

From the book: *"Remember the Sabbath, and keep it holy." Sounds nice, but how do we find rest in a 24/7 world? Just as the Hebrews were slaves in Egypt, we have become slaves to technology. Our technological tools allow 24-hour productivity and connectivity, give us more control, and subtly enslave us to busyness itself. Sabbath is about restraint—intentionally not doing everything all the time just because we can. Setting aside a day of rest helps us reconnect with our Creator and find the peace of God that passes all understanding. The Sabbath is about letting go of the controls one day a week and letting God be God. So how do we do it?*



Dr. Sleeth answers this question and others in this book that illustrates the philosophy of Blessed Earth, an educational nonprofit that inspires and equips people of faith to become better stewards of the earth.

Wednesday Evenings in Lent Through March 25

5:30 p.m. **Contemplative Eucharist in the Nave**
6 p.m. **Simple Supper in Founders' Hall**
6:30-8 p.m. **Learning Opportunities**

Medieval Christian Mysticism: What Does it Say to Us Today?

Dr. Glenn Young, assistant professor of theology and religious studies at Rockhurst University, will present a series of talks considering the writing and thoughts of a number of Christian mystics from the Middle Ages. These are persons who experienced a profound sense of God's presence in their lives. In our times together, we will discuss what these medieval mystics can say to us about life and faith in the present day.

The Way: Preparing for Affirmation of Faith

Persons participating in The Way are preparing for baptism or affirmation of faith (confirmation, reception, reaffirmation) at the Great Vigil of Easter, April 4, 2015. Community, sharing, learning, small group Bible study and discussion are at the center of The Way. Links are made between daily life and work and the worship and practice of the church.

Trinity Teens

- Wednesday Youth Group Meetings
 - The Trinity Teens will continue to meet on Wednesday evenings throughout the season of Lent
 - Our weekly meditations and worship will focus on preparing for the events of Holy Week and Easter
 - Program during the weeks of Lent will center around Bible study and liturgy exploration

- Each week we will delve into the history, culture, and characters of the readings appointed for that week, making the lessons on Sunday come alive.

- We will also discuss how our Sunday worship is different during the season of Lent and why that is significant.

- Network Opportunities for Keeping Lent
 - During the season of lent, the Greater Kansas City Youth Network will host activities to aid in Lenten observances.
 - Network youth are invited to join with the youth of Good Shepherd for a prayerful Maundy Thursday lock-in, following regular services for the day. During the night (at Good Shepherd), youth will participate in an interactive Stations of the Cross and keep a prayerful watch.

(Child care is available on Wednesday evenings with reservation to childrensformation@kccathedral.org.)

Palm Cross Workshops

At our annual Palm Cross Workshops we make crosses out of palm leaves. The crosses we make are distributed not only to GHTC members at all three Palm Sunday services, but also to residents of Bishop Spencer Place and patients at Saint Luke's Hospital and Saint Luke's Hospice House. All are invited to bring scissors and a friend for all or part of one of this year's workshops. If you have never made palm crosses before or have forgotten how — no worries! There will be someone at the workshop who can teach you.



Wednesday, March 25

6-8:30 p.m.

This workshop will be done in conjunction with the weekly Youth Group meeting. A light supper will be served at 7 p.m.

Thursday, March 26

9 a.m.-12 p.m.

We will conclude making crosses in time to attend the 12:05 Eucharist. Following the service, soup will be provided. Please bring a salad or dessert to share.

Questions? Contact Janet Sweeting (816-474-8260 ext. 144 or jsweeting@kccathedral.org) or Candy McDowell (816-741-0992 or candylemc@att.net).

24/6 Conference

Dr. Matthew Sleeth and Nancy Sleeth from Blessed Earth will hold Sabbath workshops at GHTC on March 6 and 7. Dr. Sleeth will also preach at the morning services on March 8 and lead a Q&A session at that morning's Dean's Forum.



Matthew Sleeth, MD

Dr. Sleeth is the author of *24/6: A Prescription for a Healthier, Happier Life*. In the book, he describes lays out a simple plan for living a healthier, more God-centered life in a "digitally-dazed, always-on world." *24/6* is available in the Cathedral Bookstore.

Blessed Earth is an educational nonprofit that inspires and equips people of faith to become better stewards of the earth. The organization was founded by Dr. Sleeth and his wife, Nancy, in 2008. Since its inception, Blessed Earth has been invited by more than 1,000 church, educational, media, and environmental groups to speak on the biblical call to care for God's creation.

SESSIONS

For Church Leaders: Sabbath Living: Avoiding Personal and Ministry Burnout in an Always-On World

Friday, March 6, 10 a.m.-2 p.m.

Cost: \$20, includes lunch

**For All People: 24/6 in a 24/7 World
Saturday, March 7, 9:30 a.m.-12 p.m.**

Cost: \$10

Tired? Worn out? Feeling ineffective? Come hear Matthew Sleeth, MD, share how keeping a weekly Sabbath is the best thing you can do for your family and your own personal health. Using material from Dr. Matthew Sleeth's *24/6* book and DVD, Dr. Sleeth and his wife, Nancy, will share their Sabbath story and then help you develop your own Sabbath-keeping strategy. *This workshop is open to the public.*

**YOU MAY REGISTER ONLINE AT
kccathedral.org/?p=4481**

Child care is available for the Saturday session. Fill out the child care information on the online registration form, or send child care needs (number of children and ages) to Julie Brogno, childrensformation@kccathedral.org.

For more information, contact Julie Toma, 816.474.8260 or jtoma@kccathedral.org.

The Courage to Grow Old,

Barbara C. Crafton, book discussion

February 22—May 3 • 9:15–10 a.m. • Common Room
Growing old is a gift from God that some people would rather not accept. In this introspective and challenging book, Episcopal priest, author, minister, and popular speaker, Barbara Crafton, shares profound insights into how Christians can cope with aging and do it with grace. Crafton shares reflections that inform, entertain, and challenge us to live into our age with joy and wonder. In her book, she addresses the aging process, letting go of youth, the advantages of growing old, and grace but no glamour. This reading is designed not simply for older people, but for younger people as well who are interested in wondering what lies ahead.

Join Jim Robertson and Becky Johnson as they co-facilitate a discussion of this book Sundays through May 3, 9:15–10 a.m. *The Courage to Grow Old* is available in the Cathedral Bookstore.

Barbara Crafton is with us at the Cathedral Saturday, May 9, for a workshop discussion of her book. She preaches at both services Sunday, May 10. (See the article below, and watch the April newsletter for more on this weekend event.)

Barbara Crafton to Visit GHTC This May

Barbara Crafton visits Grace and Holy Trinity Cathedral May 9 for a workshop discussion of her latest book, *The Courage to Grow Old*, and preaches at both morning services Sunday, May 10. The Cathedral will also offer a class on the book on Sundays through May 3. (See related article above.)



Rev. Barbara Crafton

Reverend Crafton is an Episcopal priest, spiritual director and author of many books as well as the celebrated *Almost Daily eMo from the Geranium Farm*, read by thousands worldwide. She was rector of St. Clement's Church in Manhattan's Theatre district. She was also a chaplain on the waterfront of New York, and served both historic Trinity Church, Wall Street and St. John's Church in Greenwich Village. She also served as a chaplain at Ground Zero during the recovery effort after the 9/11 attacks.

An actress, director and producer, she has worked for many years in combining the lively arts and the life of faith. Her books, articles, and radio scripts have won many awards, including numerous Polly Bond Awards from Episcopal Communicators and the coveted Gabriel Award for religious broadcasting.

Reaching Out in Mission and Service

Provide for Pantries

Place non-perishable food for St. Mary's Pantry in the big baskets in the Tower and Founders' Hall entrances.

Week of 3/8	Peanut Butter
Week of 3/15	Canned Beef Stew or Hearty Soup
Week of 3/22	Mac & Cheese or Boxed Potatoes
Week of 3/29	Canned Tuna or Salmon
Week of 4/5	Canned Chicken

Pack Bags with BackSnacks

Every week we take 316 bags with food to five area schools for children who may not have food to eat over the weekend. You are invited to help fill bags with food. During Lent, we will fill the bags Wednesday mornings **March 4, 18, 25** from 9:30 to 11:30 a.m. in the Social Outreach Room (in the west hallway of Haden Hall).

Pack BackSnack Family Bags for Spring Break

Help pack 316 family bags for backsnack recipients to provide food over spring break **Sunday, March 8**, at 9:15 a.m. in Haden Hall.

Help Sort Diapers for Happy Bottoms

Help pack diapers at Happy Bottoms' warehouse in Lenexa (14820 W. 107th Street Lenexa, Kansas) for distribution to nonprofit agencies on Saturday, March 21 from 9 to 11 a.m. Contact Jackye Finnie (jpfinnie@aol.com).

Volunteer at KCCCK

Help prep food every day during the week and Saturday mornings. Contact Richard Conn at 816-472-0744 or randgconn@sbcglobal.net.

Easter Baskets for Foster Children

Members of the Social Outreach Commission's Foster Children's ministry will be distributing Easter baskets to foster children in residential treatment centers at Kaw Valley Center and Crittenton Children's Center. Help assemble 200 Easter Baskets for residential children housed at Crittenton and KAW Valley Children's Centers on **Sunday, March 22**, at 11:45 a.m. in Founders' Hall.

Collection for Sheffield Place

Sheffield Place is a shelter for homeless women and their children. This Lent, we are collecting paper goods for the shelter: **paper towels, toilet paper and facial tissues/Kleenex**. The Trinity Teens will be making Easter Bags for the children who are currently residing at Sheffield Place.

Questions?

Contact the person(s) listed or Terri Curran (tcurra2@yahoo.com).

Music and More

March 15:

5 p.m. Choral Evensong
6:30 p.m. Springfield Chamber Chorus

March 21:

7 p.m. Gamelan Genta Kasturi with Balinese guest artists

March 22:

2 p.m. Musica Vocale

March 28:

7:30 p.m. Te Deum Chamber Choir

April 12:

2 p.m. William Baker Festival Singers
7 p.m. Peter Yardley-Jones, organ recital

April 19:

5 p.m. Choral Evensong

April 25:

10 p.m. British Gala
7:30 p.m. UMKC Opera Scenes

April 26:

7:30 p.m. UMKC Opera Scenes

May 1:

8 p.m. William Baker Festival Singers

May 3:

2-7 p.m. BACHATHON

May 4:

11:30 p.m. Kansas City Musical Club

May 9:

7:30 p.m. William Jewell Concert Choir

May 10:

7:30 p.m. Ancora Chorale

May 17:

5 p.m. Choral Evensong

May 24:

2 p.m. Jan Kraybill, organ recital

May 31:

2 p.m. HAUSMUSIK

June 7:

2 p.m. Paul Morel and Joyce Steeby, voice recital



For more information on these musical events or the music program at GHTC, contact Canon John Schaefer, jschaefer@kccathedral.org.

Holy Week 2015

Palm Sunday: March 29

8 a.m., 10:15 a.m., 5 p.m. Eucharist

The 10:15 a.m. service begins in Founders' Hall.

We gather to recall Jesus' entry into Jerusalem with the blessing of palms and a procession. The joyful arrival shifts to a drama of darkness and shadow as we read Matthew's story of Christ's passion and death. We enter into the story by singing hymns, offering prayer and sharing Eucharist. *Nursery open for children three and younger during the 8 & 10:15 a.m. services. Children's Chapel begins after Communion.*

Weekdays of Holy Week: March 30-April 1

Monday, Tuesday & Wednesday

12:05 p.m. & 5:30 p.m. Eucharist

The gospel lessons for each day center on Jesus' movement toward his suffering, death and resurrection.

The Three Days · The Sacred Triduum

Maundy Thursday, April 2

12:05 p.m., A simple Eucharist

6 p.m., Maundy Thursday Liturgy

The 6 p.m. service begins in Founders' Hall.

We remember Jesus' last meal with his disciples by listening to the gospel, washing feet as a sign of servant ministry, sharing the bread and wine of Eucharist and eating an agape meal together. We process to the Cathedral to sing, pray and witness the stripping of the altar. Spiritual direction and reconciliation (confession) are available following the service. The Cathedral is open for prayer until 9 p.m. *Nursery open for children three and younger.*

Good Friday, April 3

12:05 p.m. & 7 p.m. Good Friday Liturgy

The service includes the singing of the Passion according to John, choral and instrumental music, familiar hymns, customary prayers and veneration of the cross of Christ. *Nursery open for children three and younger by reservation only (childrensformation@kccathedral.org, 816-474-8260).*

2:30 & 5 p.m. Way of the Cross

This simple liturgy has its roots in the early practices of the church in Jerusalem. We follow Jesus on his journey to the cross. Participants are invited to share in readings, prayers and in carrying a cross from station to station. The 5 p.m. service includes ways for children to participate.

Holy Saturday, April 4

12:05 p.m. Liturgy

This brief and simplest of all liturgies recalls the mournful desolation of the lifeless Christ in the tomb.

Celebrating the Resurrection

Easter Eve, April 4

7:30 p.m. The Great Vigil of Easter

This service of Light, Lessons, Christian Initiation and Eucharist is the principal service of the Church Year. The Bishop presides and preaches at this first celebration of Easter. *Nursery open for children three and younger by reservation only (childrensformation@kccathedral.org, 816-474-8260).*

The congregation gathers in Founders' Hall prior to the lighting of the new fire in the Memorial Courtyard. All then move to the darkened Cathedral nave as the service continues. We celebrate the baptism and affirmation of baptism with those who have taken part in The Way. A festive reception follows the service in Founders' Hall.

Easter Day, April 5

8 a.m. and 10:15 a.m. Festival Holy Eucharist

Hymns, choral music, brass and a Cathedral resplendent with flowers accompany our Easter morning celebrations. Children uncover the "Alleluia" buried away at the end of Epiphany as a prelude to the entire assembly acclaiming, "Alleluia. Christ is risen." *Nursery open for children three and younger during the 8 & 10:15 a.m. services. Children's Chapel begins after the Collect of the Day.*

Festive receptions follow each service.

An Easter Egg Hunt follows the 10:15 a.m. service.

Note: The Cathedral office is closed Easter Monday, April 6.

Easter Parking

In order to make room for Easter guests, if you are able, please use on-street parking or park in the parking garage on the north side of 13th Street (enter by either entrance — from 13th Street or Washington). Parking passes that allow you to exit the garage without paying are available from the ushers.

Labyrinth available during Holy Week

Labyrinth walk for private meditation is available in Founders' Hall Palm Sunday afternoon through Wednesday evening and also Good Friday until 7 p.m.

(The labyrinth is not available Maundy Thursday to allow for setup for the evening liturgy.)

The labyrinth is an ancient pattern that has been found in many cultures around the world.

Labyrinths have only one path to the center. You walk in by a winding path and exit the same way.

A printed guide will be available in Founders' Hall to assist you as you walk the labyrinth.



Don't Miss Out on Cathedral News

Cathedral News is a weekly e-newsletter filled with information about Cathedral events and opportunities. If you would like to receive Cathedral News or the online version of our monthly newsletter *The Angelus*, use the sign up box on our website or the QR code to the right.



Grace and Holy Trinity Cathedral

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The Angelus

Submissions from parishioners and small groups are welcome and encouraged. All entries are requested by the 15th day of the month prior to publication by e-mail to communications@kccathedral.org.

A newspaper published in the interest of Grace and Holy Trinity Cathedral.

The Rt. Rev. Martin S. Field, *Bishop of West Missouri*
 The Very Rev. Peter DeVeau, *Dean*
 The Rev. Christy Dorn, *Associate*
 The Rev. Jerry Grabher, *Deacon*
 The Rev. Leslie Hoover, *Deacon*
 The Rev. Dr. Michael Johnston, *Scholar-in-Residence*
 Mr. John L. Schaefer, *Canon Musician*
 William Baker, *Cathedral Chorale Director*
 Malinda McCasland, *Grace Choraliers Director*
 Julie Brogno, *Children's and Family Ministry*
 Alexandra Connors, *Volunteer Youth Minister*
 Joan Bock, *Nursery Manager/On-Site Wedding Coordinator*
 Julie Toma, *Cathedral Administrator*
 David Stoll, *Financial Administrator*
 Patrick Bell, *Communications Coordinator*
 Janet Sweeting, *Sacristan*
 Bryan Boyd, *Property Manager*
 Mike Guidry, Leatrice Brown, *Property Assistants*

Weekly Activities

Sunday

8:00 a.m. Holy Eucharist
 9:15 a.m. Adult Formation
 9:30 a.m. Youth Formation
 10:15 a.m. Holy Eucharist & Children's Chapel
 5:00 p.m. Holy Eucharist

Monday

12:05 p.m. Holy Eucharist

Tuesday

12:05 p.m. Holy Eucharist
 1:30 p.m. Women's Bible Study
 2:30 p.m. Men's Bible Study

Wednesday

12:05 p.m. Holy Eucharist
 5:45 p.m. The Tallis Singers
 6:00 p.m. The Way
 6:15 p.m. Grace Choraliers
 6:45 p.m. Trinity Teens Youth Group

Thursday

7:30 a.m. Morning Prayer
 12:05 p.m. Holy Eucharist
 6:00 p.m. Cathedral Bell Ringers
 7:30 p.m. Trinity Choir

Friday

12:05 p.m. Holy Eucharist

Highlights for March

1 • SUNDAY

11:45 a.m. Family Ministry Lunch

4 • WEDNESDAY

5:30 p.m. Contemplative Eucharist
 6:00 p.m. Simple Supper, Founders' Hall
 6:30 p.m. Learning Opportunities

6 • FRIDAY

10:00 a.m. 24/6 Conference

7 • SATURDAY

9:30 a.m. 24/6 Conference

10 • TUESDAY

6:30 p.m. Christian Caregiving Class

11 • WEDNESDAY

5:30 p.m. Contemplative Eucharist
 6:00 p.m. Simple Supper, Founders' Hall
 6:30 p.m. Learning Opportunities

15 • SUNDAY

5:00 p.m. Evensong
 6:30 p.m. Springfield Chamber Chorus

18 • WEDNESDAY

5:30 p.m. Contemplative Eucharist
 6:00 p.m. Simple Supper, Founders' Hall
 6:30 p.m. Learning Opportunities

22 • SUNDAY

2:00 p.m. Concert: Musica Vocale

25 • WEDNESDAY

5:30 p.m. Contemplative Eucharist
 6:00 p.m. Simple Supper, Founders' Hall
 6:00 p.m. Palm Cross Workshop
 6:30 p.m. Learning Opportunities

26 • THURSDAY

9:00 a.m. Palm Cross Workshop

28 • SATURDAY

9 a.m. Cathedral Workday

29 • SUNDAY

Palm Sunday

30 • MONDAY

5:30 p.m. Holy Eucharist

31 • TUESDAY

5:30 p.m. Holy Eucharist

Coming Next Month

April 2 Maundy Thursday Liturgy (6 p.m.)

April 3 Good Friday Liturgy (12:05, 7 p.m.)

April 4 Holy Saturday Liturgy (12:05 p.m.)
 Easter Vigil (7:30 p.m.)

April 5 Easter Sunday
 (8 & 10:15 a.m. with Egg Hunt, 11:45)