



The Angelus

Grace & Holy Trinity Cathedral • Kansas City, Missouri

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The Good Work is Being Done

Dear Sisters and Brothers in Christ,

I greet you in the Name of Our Lord Jesus Christ as General Convention begins its eighth day of legislation. This is the Feast Day of the Transfiguration of Our Lord – the moment when the glory of the Lord was revealed, and the promise of His transcendent presence was made known to those who follow Him. It is also the 58th anniversary of the dropping of the atomic bomb on Hiroshima – the moment when the modern world launched a new era of geopolitical relationships.

I came to General Convention aware that the good work that would be accomplished by many faithful people from throughout the church – the good work of supporting and forwarding the mission of the Lord as a community of His presence – would be done, despite the circus atmosphere and obsession with the issue of human sexuality. The good work is being done. Yet all focus outside this Convention is centered on the issue of human sexuality.

I do not pretend to understand the complexities of human sexuality. I do know that our sexuality is a sacred gift given to us as we are created in the image of God.

And I know that our culture has ignored this sacredness with wanton abandonment. We have thus become very conflicted and confused, with many among us not comfortable even with ourselves. It is therefore obvious why faithful people of the church are themselves conflicted and confused about this core reality of our being.

We are united with Christ in our baptism. All aspects of life in Christ are built upon that relationship of love – the love that accepts us as we are and challenges us to be who we are created to be. Our Baptismal Covenant is our faithful response to this sacred relationship. It is a covenant to live out this sacred relationship in all other human relationships we encounter and build.

We know we fall far short in fulfilling our promises in this covenant with the Lord. But we also know that when our hearts are turned to Him, we can experience the renewal of His love for us. It is in faithful, loving relationships where the presence of the Lord and the power of His love are manifested. This is why the building of faith communities is central to our being in Christ. And this is why honoring the sacredness of our sexuality is central to our being in Christ.

There is clearly no consensus or agreement at this General Convention about how we live out faithful, loving relationships while honoring the sacredness of our sexuality. The elected Deputies and the Bishops from across the church mirror the judgments, feelings, emotions, and beliefs of the whole church. Nothing is settled by legislative actions that mitigates these judgments, feelings, emotions, and beliefs. We continue to see “only dimly” in these matters.

I can assure you that the pain I have experienced in my own discernment process here is multiplied in all those who have been placed in positions where they are called to vote on these matters. There has been much prayer, much conversation, much debate. The pain continues following the votes, and there is a profound sense of being less than whole as a Body.

As you have been informed, the votes for the consent of Bishop-elect Gene Robinson were a significant majority in both the House of Deputies and the House of Bishops. In our Deputation, the four lay people all voted for consent, and one of four clergy voted for consent.

I also voted for consent. The members of the Deputation spent time together in prayer and discussion on the day before the vote.

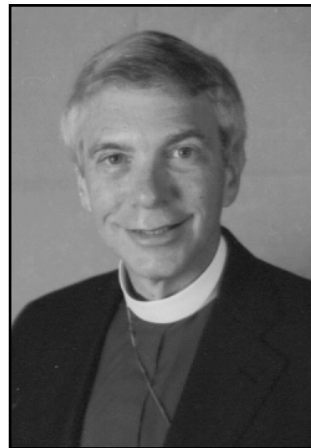
I came to my decision with much prayer, through listening to the conversations in the House of Bishops, and with the awareness of the deep feelings of all faithful people of our church. The openness and honesty of people on all sides of this vote have been very transparent, and I am very grateful for the sharing that has and is taking place. I welcome such sharing in love throughout our Diocese.

The Church through the centuries has continued to carry out the mission of Christ through times of serenity and through times of conflict and confusion. While we have settled nothing about human sexuality in these days of decision, I know with all my heart that we will continue to be faithful witnesses to the Lord’s mission as we walk together in His love. May He bless each of us to see His revealed glory in one another.

Faithfully,

Barry R. Howe

dated August 8, 2003



*The Right Rev. Barry R. Howe,
Bishop of West Missouri*

PHOTO COURTESY DIOCESE OF WEST MISSOURI

Nourishing the Constant Community

I wish to thank all of you who responded so generously to the 2003 Every Member Canvass campaign. We received 271 pledges for a total of \$565,000, a tremendous response for an unusual year in the life of the Cathedral. That compares well with the previous year of 273 pledges. The 2004 Pledge Campaign is underway this month. A pledge goal will be announced soon, and I expect our community will respond and meet the goal, as it always has.

EMC Committee members are Chris Morgan (Chair), Dave Barker (Co-Chair), Dick Fanolio, Paget Higgins, Hampton Hubbard and Sarah Ingram-Eiser. We have been working since May to develop the best campaign possible. There will be some changes and you will see them unfold beginning in September.

The committee believes that not enough credit or appreciation is given to those who pledge. Therefore, our plan is to recognize those who pledge in more meaningful ways. You will want to attend the EMC Luncheon October 12. Al Mauro will have an update on the Dean Selection Committee. Look for your Luncheon invitation in the mail and other announcements in The Angelus and weekly bulletin.

I must admit that I'm really looking forward to the next twelve months, anxious to see what unfolds. One of the positives of having our community "shaken-up" a bit is that it causes one to take a closer look at who one really is and what measures might be taken to improve things.

Since last year there has been tremendous improvement in our financial accounting. The Vestry is looking at ways to improve governance, particularly ways to better manage its relationship with a new Dean. A newly formed education committee is doing important work in developing a coherent Christian Education program for all, and small groups continue to thrive and grow. A large and diverse group has been working for a year or more on development of a Strategic Plan for the future, details of which will emerge this fall and be discussed at the EMC Luncheon. The music program continues to thrive and grow. The newly invigorated Social Action Committee is expanding its outreach programs, and, by the way, is looking for volunteers.

So, believe me when I tell you that all of this work will pay enormous dividends in the future. In that spirit I ask you to give generously in the new campaign.

I conclude with a story. In July my wife, Peggy, and I spent some time in South Texas, about 60 miles southeast of San Antonio. About 10 miles from the ranch where we stayed exists a tiny community called Panna Maria. We happened upon it by chance.

Panna Maria is the site of the first Polish community in America. Three hundred intrepid Polish Catholics seeking a new life founded it in 1840. The ships carrying these pilgrims docked in Galveston and the community then walked from Galveston to Panna Maria, a distance of over 200 miles.

On the original site sits the rough stone altar on which the priest conducted the first Eucharist. In 1877 the church was built. It is beautiful and about the size of the Cathedral. This church has served a very large farming and ranching Polish community for a long time. All of the serving priests are from Poland and it is the first place Pope John Paul II, himself a Pole, visited on his last trip to the United States. I was struck not only by the beauty of the place and its history, but the level of commitment it must have taken to build this beautiful church and sustain it through the years. This is not a wealthy community by any means.

Like Panna Maria, our Cathedral has nourished a community of Christians for a long time. It has taken the stewardship of thousands of people over the years to preserve it as the spiritual center for us who are entrusted with its legacy today. It is our responsibility to see that our legacy grows. My personal belief is that true Cathedral membership requires three things: a financial commitment, volunteer service and attending services and other church functions whenever you can. All three are necessary to nourish our community. Marcus Borg, writing in his acclaimed book, *Meeting Jesus Again for the First Time*, says:

"Journeying with Jesus means to be in a community, to become part of the alternative community of Jesus. Discipleship is not an individual path, but a journey in a company of disciples. It is the road less traveled; yet discipleship involves being in a community that remembers and celebrates Jesus. Though that is not the only role of the church, it is its primary role."

Gather together when called, break the bread, tell the stories, and support one another in all ways and by doing so transform our lives as imitators of Jesus.

-by Chris Morgan, EMC Chairman

GRACE Choraliers

Are you a 2nd through 6th grade student who loves to sing?

Come sing with the Grace Choraliers!

We meet Sunday mornings before church school from 9:15 to 10:15 a.m. in the Common Room.

If you are interested, please stop by the music table on Rally Day, or attend a brief parent/student orientation meeting September 14th at 9:15 a.m. in the Common Room, which will be followed by our first rehearsal.

Contact Malinda McCasland
(913) 829-7916
if you have any questions.

The Angelus

A laypersons' newspaper published in the interest of Grace and Holy Trinity Cathedral.

THE ANGELUS SMALL GROUP CONTRIBUTORS:

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Sergio C. Moreno

Submissions from parishioners and small groups are welcome and encouraged.

All entries are requested by the 15th day of the month prior to publication via fax: (816) 474-5856 or e-mail: communications@ghtc-kc.org

Circles, Triangles, Anchors and Crosses

The history of the Grace and Holy Trinity Cathedral shield is incredibly unique, and symbols abound in its intricate detail.

The archives show a series of letters in which John Chalmers requests a seal from all of the Episcopal cathedrals in 1966 so as to be carved into the side aisles of the nave at the Washington Cathedral.

Under The Reverend Donald R. Woodward, Dean of Grace and Holy Trinity at this time, the Vestry approves a design commissioned by The Reverend Canon Edward N. West of New York. The seal is then sent in and becomes the thirty-second seal scheduled for carving.

Humorously, Canon West writes in a letter dated March 31, 1966, "Dear Don, please regard this as a token of my affection and esteem. If your wardens ever had to face paying what this sort of thing ordinarily costs, they would probably both drop dead."

Dick Fanolio, who has been designing banners for the cathedral since 1966, said that the shield "was based on research done by Father West, and it works just fine."

It contains the "joint symbolism of the two rivers to become one, the two churches to become one," he said.

The symbols within the shield include an anchor at the forefront surrounded by a circle

and triangle with crosses placed at the top two corners and within.

According to Dean Cavanaugh, the two crosses in the top of the 'y' represent the two congregations that merged to form Grace and Holy Trinity in 1917 - Grace Church and Trinity Church. The triangle is the symbol of the trinity while the circle represents the Holy Trinity. The anchor symbolizes God's grace - "to be anchored in God's grace" - while the St. Andrews cross ties the church to its heritage.

"The consecration of the first American bishops come out of Scotland," Cavanaugh said. "Andrew is the patron saint of Scotland."

As a cathedral member and artist, Mike Flora evaluates the shield as a symbol of the church that provides historical value and a sense of belonging.

He sees the anchor as not only symbolic of God's grace but also symbolic of God being a "fisher of men."

"(The shield) has history in it," he said. It is "much more open and lets people worship in their own way."

While the color varies from the original in each replication, one thing remains clear. The shield was meant to display the varied history of the church while reflecting past and present spiritual needs.

- by Erin Myers



Healing Ministers

The healing ministers of the Cathedral were commissioned by Fr. James on August 10 during the 10:15 service. These ministers provide healing prayers during Sunday morning and evening services. The healing desk, or prie dieu, is located in the rear of the nave, under the Madonna window.

Healing prayers are offered during communion through the end of the service. Healing prayer is a personal request to have God's healing touch through Jesus Christ, enter one's body, soul and mind. It is a personal, private and confidential request. The healing minister does not do the healing. Christian healing is asking Christ what to do about any disease and asking that he might bring wholeness from the inside out.

A person may come to the healing desk to receive healing of body, mind or spirit or to ask healing for someone else.

The laying on of hands and intercessory prayer are carried out under the auspices of Bishop Howe and with the support of Cathedral clergy. At this time, sixteen lay healers participate in this ministry.

Healing ministers include Sharon Cheers, Leigh Dennert, Ruth Evans, Lauri Glasgow, Loren Halifax, Deanna Hardenburger, Bill Hubbard, Yvonne Kehoe-Meier, Terry Meier, Susan Lenz, Pat McKenna, Peggy Morgan, Cynthia Newman, Hal Smith, Debbie Wattenberg and Phyllis Biddle.

- by Phyllis Biddle,

Healing Ministers Coordinator.

A Time to Celebrate the Many Ministries of the Cathedral

Baseball is winding up as football is starting another season, everyone is stocking up on paper and pencils, Labor-Day weekend is just days away. Yup, it's that time of year: back to school season! Not only for regular school but here at the Cathedral too, which can only mean one thing: Rally Day is just around the corner.

Started in the late 90's by Paula Miller and Lousie Barton, Rally Day is traditionally the first day of the Sunday School and Adult Education calendar. It was originally intended to gather interest in the education ministry at our church and and to sign up for Sunday School.

Rally Day is no longer just the kickoff for the upcoming year in education, it has now grown to include all the different ministries within our congregation, from Kansas City Community Kitchen to Episcopal Social Services to the wide variety of small groups. All

of the different groups will have a booth set up so everyone can learn about the numerous possibilities to become involved in our church and community.

Valerie Johnson is the Coordinator for Adult Education and has headed up Rally Day for the past two years. While she noted Rally Day is the day to register for Sunday School, she sees it as a ministry fair as well: "It's a wonderful opportunity for both new members as well as long-time members of the congregation who aren't aware of all the small groups."

The small groups are a great way to start a new hobby or friendship -- whether it's quilting, watching the Royals take first place, or joining the Altar Guild. Be sure to pick up a copy of the Adult Education Schedule, as it will be available at Rally Day as well.

This year Rally Day takes place in Founder's Hall on Sunday, September 7, right after both the 8:00 and 10:15 services. And Rally Day is more than signing up for Sunday School and learning more about small groups -- there's a scavenger hunt for both adults and children, as well as the opportunity to vote for the best booth (drawing will be after the 10:15 service).

Food and drink will be at every booth; anyone is welcome to contribute finger foods to this fun occasion and can drop them off in the kitchen before service that morning. So, whether you're a "newbie" looking to meet fellow members of the congregation and get involved or an "old-timer" browsing for a new hobby, come join the fun on the 7th!

- by Rachel Chambers



Missionpalooza - Christ's Hands and Feet in the World

Training Teens to be Christ's Hands and Feet in the World, Through Community, Worship and Mission, was the theme of the fourth annual Missionpalooza which took place from July 22-27 with a record number of teens participating.

There were 50 (give or take one or two) from 19 parishes in the Diocese of West Missouri and the Diocese of Kansas, including our Cathedral, St. Andrew's, Good Shepherd, St. Mary Magdalene, Church of the Redeemer, Christ Church, Springfield, St. Thomas the Apostle, in Overland Park, St. Margaret's, Lawrence, St. Andrew's, Ft. Scott, St. Michael & All Angels, Mission, NERM, Good Shepherd, Wichita, St. Joseph, Shawnee, St. David's, Topeka, St. James, Wichita, and four St. Paul's - Kansas City, MO, Kansas City, KS, Leavenworth and Manhattan, KS.

The 2003 worksites included the Kansas City Community Kitchen, Friendship House, Kaw Valley Habitat, Solace House, Johnson County Commission on Aging, ReStart, Kansas City Free Health Clinic, Bishop Spencer Place and Plaza Manor. The teens served meals, did cleaning, painting, weeding, landscaping, washed windows, moved boxes and stripped wallpaper, led children's activities & games, assisted in the clinic office, gave surveys, assisted with nursing home exercises & devotions and visited with residents. And as we learned during the homily, one St. Thomas member learned how to install siding on a Habitat house.

This project is carried out by Episcopal Social Services under the leadership of various youth directors, including our host, Liz Toombs at St. Paul's, Kansas City, MO, our own Fr. Ben Newland, Leslie Brown from St. Andrew's, Kansas City (who has now gone away to begin her seminary training), The Rev. Lisa Senuta, Curate at St. Thomas the Apostle, her husband, Chad Senuta who is



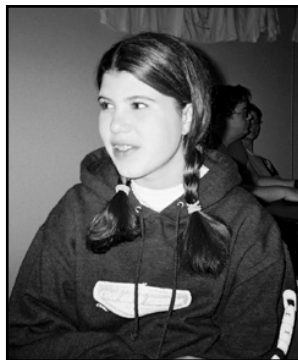
Youth Director for the Diocese of Kansas, Eric Travis from Christ Church, Springfield, Shawn Svoboda-Barber from St. Peter's/St. Thomas the Apostle, and numerous volunteers.

All of this activity originates from St. Paul's, whose clergy, staff and members are always generous with their facilities, their time and their resources. The kids spend five days and nights there, fed by the volunteer cooks, Caryn Seaton of St. Paul's and Barb Allison of St. Thomas the Apostle. It wasn't all work however; there was a BBQ at St. Andrew's one evening and on Saturday afternoon, a trip to Worlds of Fun. This year the Cathedral hosted the closing Eucharist and reception. The homily was given by four participants who, as Fr. Ben said, "we're not chosen at random." Many of the parents were also in attendance and one father said later he really felt like he had been to church. We'll have to find out who he is and invite him to come back to the Cathedral!

Unfortunately, one participant was missing — because of his recent surgery, Misha (Fr. Ben's dog) was not able to participate this year. He was missed by all and we are hoping he will be back next year.

Shortly after the completion of Missionpalooza, Episcopal Social Services's Annual Backpack Project was undertaken. On August 2nd in the St. Paul's Parish Hall, 120 volunteers stuffed backpacks (and enjoyed food graciously donated by the Great Harvest Bread Company at 95th and Nall). This year we distributed 1000 unfilled backpacks (some agencies want to stuff their own) and 3,000 filled backpacks. In addition to the 120 volunteers on Saturday, the Missionpalooza participants performed a time-saving chore by unwrapping all the back-

packs and there were 37 volunteers on Friday who set up for the "stuffing party." These volunteers come mainly from R.E.A.P. in Raytown, and for their invaluable help, they received unfilled backpacks for their programs.



In addition to R.E.A.P., the agencies receiving backpacks this year were: Mother-To-Mother, SafeHome, Crittendon and Truman Behavioral Health, the Sudanese Community Church, St. Paul's Saturday Breakfast Program (Kansas City, KS), St. Paul's Pantry (Kansas City, MO), Hawthorne Plaza, Christ Church, Springfield, St. Paul's, Leavenworth (distributed to various agencies there), Turner House Community Center and The Ravens, a Wyandotte County Youth Group. Several were also distributed to individuals requesting them, including Cathedral member Joyce Morrow, for her students.

Thanks to all Cathedral people who donated to this endeavor. The Episcopal Social Services office receives many requests in advance of the distribution and, unfortunately, many requests after the project has been completed. Marilyn McElliott, the



project coordinator, works all year to make this a smooth operation. She wants everyone to know how grateful she is and to say: Your Heart Looks Great in a Backpack.

- by Mary Byrne,
photos courtesy of Alexandra Connors

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More Than a Bookstore, a Ministry

Just outside the nave, up the stairs and around the corner, sits the Cathedral Bookstore ready to accommodate the interests and spiritual needs of parishioners.

When the Bookstore began in the late 1980s, they only sold prayer books and Bibles. Now, parishioners may find texts of all sorts - from fiction to non-fiction, current affairs, spiritual guides, children's books, and, of course, prayer books and Bibles. Whether one needs books for a small group or for summer reading, or gifts for friends and family, the Bookstore offers a wide selection of merchandise to choose from. There is also a collection of jewelry, home décor, and other gift items.

"Since September of 2001," Paula Connors, manager, said, "we have greatly expanded our selection of books and gifts."

Connors and Dianne Logan have managed the store for two years with fellow volunteer Lucille Johnston, who organizes workers for the store on Sundays. Connors, Logan and Johnston work together to maintain the Bookstore's ample inventory. On Sundays, when the bookstore is open, they are joined by one of the other volunteers - Mary Byrne, Laura Lee, Carolyn McLeroy, Melisa Burns, Gretchen Flora, and Ruth

Fenger each take turns working in the Bookstore one Sunday a month.


Logan and Connors are responsible for what books and gifts are sold in the store. They utilize many sources in making these decisions: advice from the Cathedral's own clergy, book reviews from Episcopal publications, and catalogs.

"People also ask for or suggest books they're interested in," Logan said.

Every year in May, the Religious Booksellers Trade Exhibit is held in St. Charles, IL, and Logan and Connors attend. At this convention, which is one of the largest exhibits in the country for Catholic and Episcopal booksellers, they are able to meet authors, publishers, and other booksellers as well as vendors from around the world. In this way, the Bookstore's selection can continually be refreshed with new titles from prominent publishers.

"We select religious gift items as well as books and bibles and find this to be a comprehensive and convenient place to purchase inventory," Connors said.

With its updated inventory of books and gifts, The Cathedral Bookstore is more than just a store ... it's a ministry. The goal of those who maintain the Bookstore is to serve as a ministry to the Cathedral's staff and parishioners, and to the rest of the community. Since the store is run by volunteers instead of employees, the Bookstore's proceeds go directly to the furthering of the



*Visit the Bookstore Sundays
after morning services and
Wednesdays from
11:00 a.m. to 1:00 p.m.*

- Frequent Buyer Card - fill up your card and redeem it for 10% off your next purchase!
- Receive a 10% discount on your birthday and/or anniversary!
(for purchases made in the week following the birthday or anniversary)
- Browse through the books on sale that are marked down weekly!

vast inventory and wide selection; and occasional gifts to Cathedral ministries throughout the year.

"We hope the Bookstore serves as a warm and inviting place where our customer's spiritual needs may be enhanced," Connors said.

- by Emily Akins

Many Willing Hands Make the Work Lighter

If you have been to Founders' Hall after services at either 8:00 or 10:15, you have seen an array of sweet and savory foods to delight everyone. Some Sundays it even seems as if one finds a lunch buffet complete with fruit, cheeses, pates, sandwiches, and sweets.

And if you lingered a while you could see people re-setting the food, gathering up foods and dirty dishes, and if you peeked into the kitchen you could see several Cathedral members scraping plates, loading the dishwasher, doing all sorts of chores until the Hall and kitchen were returned to order.

Yet if you looked around on several Sundays you would have seen the *same* people involved in these tasks each Sunday.

We are in the process of reorganizing the Holy Hands Hospitality ministry to encourage wider participation in this important as-

pect of our time together.

We are now organizing teams for the first through fourth Sundays and for special events and needs. These teams in turn will meet to



coordinate the enlisting of additional help from individuals and groups at the Cathedral. For Sunday teams, people will be needed to

set up (before service) and serve (after service) and clean up as well as bring foods. Special events and needs will be similar in division of labor but will primarily coordinate meals or buffets on days other than Sunday as well as provide foods for our Cathedral families in times of personal crisis.

If you wish to help regularly, consider joining a team! Sign up for specific times at the sign-up book in Founders' Hall. If you are not physically able to help but wish to participate; make a contribution to the Holy Hands Hospitality fund to buy coffee and other consumables.

There is a place for each of us at this table, please consider how you will participate.

*- by Joyce Morrow,
Holy Hands Hospitality Coordinator
photo Jan Frizzle*

Still Waters Run Deep - The Centering Prayer Small Group

*"God's first language is silence."
Fr. Thomas Keating*

Many of us have had the opportunity to go on a spiritual retreat, perhaps up in the mountains or out by a lake. During those times one of the things we treasure the most is the proximity we feel with God when surrounded by silence in a simple and natural environment.

Because we so seldom have the privilege of experiencing total silence, it has become these days a precious commodity. Even at church we are at the mercy of outside noise and distractions, whether it is traffic, emergency sirens or an airplane flying over our cathedral.

However, there is a small group of people who have managed to integrate purposeful silence into their daily lives. This silence is embodied in the spiritual discipline of centering prayer. The Centering Prayer Small Group began meeting shortly after a Contemplative Prayer Workshop that took place in November. The group formed from the desire of a number of workshop attendees wishing to belong to a weekly prayer group.

Knowing that Ruth Evans had practiced centering prayer for thirteen years, Deacon Linda Yeager approached her and asked if she would be the facilitator for such a group. Evans accepted and underwent training for centering prayer group facilitators sponsored by Contemplative Outreach of Kansas City, and the group held its first meeting January 26.

Centering prayer is one of many methods of silent prayer based primarily on the 14th century English spiritual classic "The Cloud of Unknowing." These centuries-old prayer disciplines were revisited and updated in the 1970s and 1980s by Fr. Thomas Keating, Fr. Basil Pennington, and Fr. William Menninger; resulting in what we now know as centering prayer.

Upon observing that many people were turning to Eastern religions for a deeper spirituality than they were accustomed to, Keating, Pennington and Menninger built on the work of Thomas Merton in an attempt to make more accessible the long and rich tradition of contemplative prayer.

Centering prayer prepares us to receive the gift of contemplative prayer. It consists of

responding to the Spirit of Christ by consenting to God's presence and action within. At the Sunday night meeting, prayer begins with the reading of a psalm or prayer, the facilitator then rings the bowl thrice and twenty minutes of silent prayer follow. The facilitator then rings the bowl again and the group together says The Lord's Prayer.

This prayer discipline is not meant to replace any other form of prayer or worship; rather it provides an opportunity to deepen our relationship with God.



Deanna Hardenburger, Ruth Evans, Victor Sarrazin, Rbonda Sarrazin, Lori Childs, Ted Talbert, Gordon Haines and Peggy Clabaugh of the Centering Prayer Small Group.

-PHOTO SERGIO C. MORENO

"If we are really going to listen to God, we have to learn to be quiet," says Victor Sarrazin, a member of the group.

When attempting centering prayer for the first time, one may feel distracted by persisting thoughts in the midst of this awesome silence. However, as Evans explains, "it is not about stopping thoughts." The idea is to continue to pray and whenever one begins to stray, all there is to do is return to the sacred word that allows us to communicate with God.

"The fruits of this prayer come not during prayer, but afterwards," affirms Ted Talbert. The group agrees as they share personal stories of spiritual strength and rest in God, even in the toughest situations.

It is strongly advised to read "Open Mind, Open Heart" by Thomas Keating, as it is a great source of understanding and learning towards this prayer discipline. During weekly meetings, group members discuss chapters from this book.

Group members have also attended introductory workshops and day-long retreats. The learning is ongoing and throughout the year, Contemplative Outreach of Kansas City offers educational sessions and special activities.

However, this group opens its doors to all and any that may be interested to learn or join. There are no professionals in centering prayer, "I started with ten minutes a day," said Lori Childs.

Another prayer practice with a long history is Lectio Divina, which was the norm of Christian prayer throughout the first fifteen centuries of the Christian era. Lectio Divina was practiced by clergy, monastics and lay people alike, and it too has seen a renewal of practice in recent years. Literally meaning "sacred reading," this method consists of praying the Scriptures, taking them into our hearts and hearing what the Holy Spirit has to say to us. The Centering Prayer Small Group practices Lectio Divina the first Sunday of every month.

"There is a reservoir of interior silence that is built when you spend time in prayer," said Evans. This reservoir enables us to face difficult times and live with a peace that surpasses understanding.

Whether you are experienced in centering prayer or simply interested in learning more about it, this group will welcome you and help you along the path. There are many events scheduled in the upcoming months sponsored by Contemplative Outreach and our own Centering Prayer Small Group. The opportunities to learn and adopt this spiritual discipline are vast and the resources available are endless.

Meetings take place Sunday nights at 6:15 p.m., following the evening service. The group meets in the Conference Room on the second floor of the parish house.

- by Sergio C. Moreno

Have you registered for the 2003 Annual Episcopal Church Women's Conference?

If not, be sure to do so as the time is quickly approaching. The conference will be held September 19 and 20 at Grace and Holy Trinity Cathedral.

The Rev. Susan McCann will be the keynote speaker. The Rev. Jeanie Beyer and Lucy & Ted Fleischman will conduct workshops.

Registration forms are available at the front desk in the Cathedral Office.

For further information contact Marnell Sparks at (913) 432-8867.

Remembering Departed Melanesian Brothers

To all my family and friends, companions and supporters of the Melanesian Brotherhood, I am writing to let you know that yesterday it was confirmed by the Australian intervention force in Solomon Islands that the six brothers who were taken hostage in April of this year by the militant leader Harold Keke have been killed.

For the last week rumours had been circulating. Yesterday the leaders of the intervention force met with Harold Keke on the Weather Coast of Guadalcanal and they were informed that these hostages have been dead for some time.

The six brothers set off from Honiara on the 23rd of April in order to find out what had happened to Brother Nathaniel Sado who had reportedly been murdered by Keke and his men. They wanted to find out if this was true, the reason for his death and if he was indeed dead to bring his body back to Tabalia for burial. The six brothers did not return.

For weeks the community day and night have been waiting, hoping and praying for their safety. Making contact with Keke was difficult but all the reports and news we received was that the brothers were being kept hostage but were alive and well.

In June the situation became even worse when five novices and two brothers in the neighbouring district of Babanakira were also taken hostage. Four weeks later first four of the novices and then two weeks after that the final novice and two brothers were released. Keke seemed reconciliatory. He even asked these novices to pray with his group and preach to him. He sent them back with pigs and shell money.

We were so thankful to get the novices back safely but were worrying from their stories that none of them during their captivity had seen any sign of the original six brothers taken. When the novices were released Keke said he wanted a ceasefire and yet we did not understand why he had not released the original 6.

Yesterday our worst fears were confirmed. The Melanesian Brotherhood was officially informed by the Police Commissioner William Morrell that they had been informed by Keke that all six were dead.

It is hard for such news to sink in. These

were six young innocent brothers who went out in faith and in love in search of their Brother. It seems too much to bear that they should have been murdered in cold blood. I would like to tell you a little about each one of them for each one will be so missed:

Brother Robin Lindsay is our Assistant Headbrother and has been in the community for many years. He was four years Assistant Head Brother in Solomon Islands and four years Headbrother in PNG. This year because we needed someone of his experience so much he put his studies at Bishop Patteson Theological College on hold and came back to help as Assistant Head Brother. He has great leadership skills. I call him "the encourager" because he has time for everyone and helps build on their strengths. He is known and popular where ever he goes in PNG and Solomon Islands and even Norfolk in the UK. With his strong handshake and absolute dedication to his work the community feels in safe and caring hands whenever he is around. He is brilliant at resolving conflicts and helping everyone feel valued and a part of the community. He is so greatly loved, how much he will be missed.

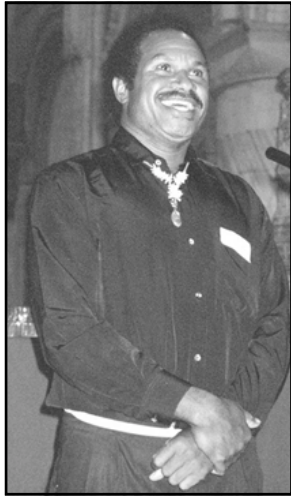
Brother Francis Tofi from the time he was a novice was so bright and attentive in all his studies. When you meet him you know straight away that here is someone with a deep spiritual life and gentle wisdom. He asked constant questions and understood intuitively what it meant to be a brother. First in Malaita and then on the Weather Coast of Guadalcanal at the time of tension and its aftermath he showed incredible courage. Here was a brother who was prepared to speak out, to condemn violence and the use of weapons and protect lives of others even at great personal danger. There are stories of how he was able to resolve conflicts and rescue those who were being beaten or in danger from the rebels. Early this year the World council of Churches offered him a place at the Bossey Institute in Geneva to study and contribute to a course on Conflict Resolution. He was so excited about the prospect. He had be-

come a good friend of mine. I was aware of the possible danger he was in working for disarmament and particularly because he had not been afraid to speak out against Keke. But his courage was very great. He told me he was not frightened of dying in God's service and in his work for peace. I reminded him that God wants living sacrifices and he had his whole life ahead of him. He laughed for death never really seems a possibility in one so brave and full of life. Today we packed his only possessions in a small grubby black rucksack. A few shirts, a couple of pairs of shorts, his uniform and some books to return to his family. I cannot believe he is dead.

Brother Alfred Hilly. He is a young and humble brother, for two years he has been looking after Chester resthouse in Honiara. Sometimes the guests find him a bit quiet and vague but he has great kindness: always giving up his bed and mattress to provide extra room for guests. He takes particular care of the kids who love coming to the house. He makes sure they get fed at lunch time and has been helping young Selwyn whose parents have deserted him, learn to read. This year he trained in Malaria research and qualified to read blood slides at the local clinic. This has been so helpful to all the religious communities who bring their blood slides to him for the fast diagnosis of malaria. And now dead.

Brother Ini Ini Partabatu, naughty and outspoken, brave and full of energy. He is a brilliant actor and became a key member of my dramas and joined me on the Brothers mission and tour to New Zealand in 2000. Before joining the community he worked in the drama group of Solomon Islands Development Trust performing dramas about development and health issues. Ini as a Brother has been brave to speak out against all injustice. He even confronted the SI Police Force when he believed their methods were unjust, brutal or failing to respect the rights of the people.

Brother Patteson Gatu. He is full of joy and so motivated as a new Brother. He was only admitted last October and always smiles from ear to ear when you meet him. The last time I saw him just before Easter he was telling me about when he was fired at while trying to land on the beach as well as enthusing about a sermon I had just preached. I was never quite sure whether he was not teasing! He had such youth and *(continued on page 11)*



Brother Robin Lindsay
-PHOTO BY CHRIST LUXTON/PNGCP

*"I reminded
him that
God wants
living
sacrifices..."*

The Mountains in Minnesota

For my first extended vacation since graduating from college, I attended the first week of the General Convention of the Episcopal Church in Minneapolis. The "Ministries with Young Persons" cluster (MYP) of the national church office rented a house owned by the Cathedral of the Diocese of Minnesota. I was there with about seventy people ages 18-30 from Tuesday evening through the Eucharist and UTO (United Thank Offering) in-gathering on Sunday.

I made it a point to do three things while there. The first was to attend the Daily Eucharist. The second was to attend as many legislative hearings as I could, in order to learn about how the process works. And the third was to sit in on the debate in both the House of Deputies and the House of Bishops.

I'll get back to the worship in a moment. I was really surprised at the process for passing legislation. I subscribed to an e-mail list where deputies and bishops could exchange thoughts and ideas about pending issues.

Considering the tone of some of these e-mails, I was expecting swords and cudgels to be in evidence throughout the Minneapolis Convention Center. But the debate was remarkably civil. Remarkable, because the civility was not forced. There was great passion on both sides, but it was not directed at anyone in particular, and I was pleasantly surprised.

The worship was outstanding. As Ben Newland said in a recent sermon, hearing thousands of people sing the chorus to "I am the Bread of Life" is awesome. Watching many of those in attendance lift their arms in praise when we sung of Jesus' promise to "raise them up on the last day" was a fantastic experience.

But for me the best part of the worship was the sermon on Saturday by the Rt. Rev. Michael Curry, Bishop of North Carolina. His text for the sermon was (in part) Isaiah 2:2-4, which reads:

"In days to come the mountain of the Lord's house shall be established as the highest of the mountains, and shall be raised above the hills; all the nations shall stream to it. Many peoples shall come and say, 'Come, let us go up to the mountain of the Lord, to the house of the God of Jacob; that he may teach us his ways and that we may walk in his paths.' For out of Zion shall go forth instruction, and the word of the Lord from Jerusalem. He shall judge between the nations, and

shall arbitrate for many peoples; they shall beat their swords into plowshares, and their spears into pruning hooks; nation shall not lift up sword against nation, neither shall they learn war any more."

Isaiah, Bishop Curry said, saw the things around him as they were, with all the problems that existed then, but then asked "Why not?" Why can't we have a place where children are not hungry, where justice flows like streams, where swords become plowshares?

Bishop Curry then asked if we today can see what is yet live in and strive for the dream of God. Isaiah could do it because he had been to the mountain. "The mountain will change you; the mountain will mess you up; the mountain is the place of messianic metamorphosis." And what we find on this trip to the mountain is love. We must have love to bring about the dream of God.

You know, I can relate these words to you, but I can't relate the passion, the grace with which the words were delivered. His voice started quiet, and drew me in. Then his voice would get louder, and louder, until I was ready to jump up and go out and spread this love to everyone. I am convinced I heard the voice of a prophet in Minneapolis.

I went to General Convention expecting, in some ways, to be bored to tears. I expected that arcane parliamentary procedure, which I have some taste for as a former high school debater, to be the highlight of the convention. I half-expected fisticuffs to break out, based on what I had heard in the media. Instead, I was taken to a mountain. I was changed. I was messed up.

Since I've been back, I have thought about what happened in Minneapolis. Some people have lauded the work of convention. Some have said that all of the actions of the General Convention of 2003 are invalid, since the delegates and bishops took the step of consenting to the election of an openly gay non-celibate homosexual. But when I got back to Grace and Holy Trinity, I found out that we were still worshipping together. I found that the Kansas City Community Kitchen was still functioning. The work that we have been called to do still needs to be done.

"Go tell it on the Mountain!" Bishop Curry said as he concluded his sermon. "God loves you. And that love will never, ever let us go." Thanks be to God. *- by Curtis Hamilton*

"...I was ready to jump up and go out and spread this love to everyone."

Flower Memorials and Thanksgivings

August 3, 2003 • The flowers at the altar are given to the glory of God and in thanksgiving for Devon Sweeting by her parents, Ric & Janet Sweeting, on her tenth birthday; and in thanksgiving for her daughter, Sandra, by Mrs. H.A. Sloan.

At the baptismal font in thanksgiving for her grandchildren, Andrew, Alex and Emma, by Vivian Gibbens.

August 10, 2003 • The flowers at the altar are given to the glory of God and in thanksgiving for their directress, Betty Phillips, by the Altar Guild; and in loving memory of Charles S. Lacey by Larry and Marilyn McMullen and family; and to the glory of God in thanksgiving for the birthday of Lt. Thaddeus S. Withers.

Flowers at the chapel altar are given in loving memory of Edward Preble by Isabel Curdy, at the baptismal font in thanksgiving for Drew Beggs by Bud and Candy McDowell; and in loving memory of her mother Estelle Chaderton, by Dorothy and Rod Sampson.

Memorial candles are given in loving memory of Mildred Igl by Paul and Bonnie Lowrey.

August 17, 2003 • The flowers at the altar are given in loving memory of Thomas Wood, Jr.; to the glory of God and in thanksgiving for the life of Herbert A. Sloan; and in loving memory of Thomas M. Higgins, Jr.; also in loving and blessed memory of John T. Cozzi, by his granddaughter Tricia Pellet Lyddon.

At the baptismal font flowers are given in thanksgiving for her son Brian Marrs and granddaughter Madeline Marrs, by Miriam Marrs; and in loving memory of Max McLeroy by Ron and Carolyn McLeroy.

August 24, 2003 • The flowers at the altar are given to the glory of God and in memory of Lucille Brannan by Leo Crabbs, Jr.

At the baptismal font in thanksgiving for Michael McDowell by Bud and Candy.

The wreath on the tower door is given in loving memory of Raymond Watson by Sallie Watson.

August 31, 2003 • The flowers at the altar are given to the glory of God and in memory of Edwin R. Morrison, by Mrs. Herbert A. Sloan.

Memorial candles are given in loving memory of her parents, Walter and Alice Adams and her sister, Hily Riess, by Jane Lester.

An Update from the Dean Selection Committee...

Senior Warden Al Mauro named a 17-person search committee in July. The committee had its first meeting shortly thereafter. The Committee's next step will be to develop a Parish Profile, which will help identify the important future aspects of the Cathedral's mission.

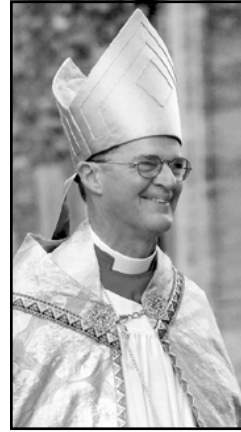
It is important to note that a series of parish focus groups will be held at the Cathedral in mid-September. These groups will be an opportunity for the parish to contribute ideas and suggestions for the Parish Profile. The Parish Profile distribution list includes applicants for the Dean's position, bishops, deans, other churches in the Diocese of West Missouri and all Cathedral members.

The Profile will also help identify the primary talents and gifts we are seeking in our new Dean. These talents and gifts will be detailed in the Parish Search Request which is basically a job opening notice sent to the Church Deployment Office.

After the Parish Profile and Parish Search Request have been published, résumés of candidates will start coming in. Basically the résumés will come in from three major sources: the Church Deployment Office, self-referrals, and suggestions from Cathedral members, bishops and other interested persons.

Personal visits to the finalists in the Dean search will be held in late winter and early spring. It is the Search Committee's goal to have a list of candidates by mid-May 2004. From this list the Bishop will nominate one candidate for the Vestry's approval.

- Mike McDonald, DSC ViceChairman



The Prayer of Philaret

At the opening of the 74th General Convention of the Episcopal Church, USA, the Presiding Bishop, Frank T. Griswold, offered the prayer of Philaret, a Russian bishop of Moscow in the 19th Century, which has become quite personal to him during the past three months.

Lord, grant me to greet the coming day in peace.
 Help me in all things to rely on your holy will.
 In every hour of the day reveal your will to me.
 Teach me to treat all that comes to me throughout the day
 with peace of soul, and with firm conviction that your will
 governs everything.
 In all my deeds and words guide my thoughts and feelings.
 In unforeseen events let me not forget that all are sent by you.
 Teach me to act firmly and wisely, without embittering and
 embarrassing others.
 Give me the strength to bear the fatigue of the coming day
 with all that it shall bring.
 Direct my will.
 Teach me to pray.
 Pray yourself in me.



New Arrivals

Matthew Howard Lowry and Claire Marie Lowry, were born July 20, 2003. Their parents are Drs. David and Jennifer Lowry. Matthew and Claire join big brother Nathan. Matthew weighed 5 lbs. 14 oz. and Claire weighed 4 lbs. 14 oz.

...

Keep us informed of new additions to your family that we may acknowledge them in this section!



*Cast me not away from your presence, and take not your Holy Spirit from me.
 Give me the joy of your saving help again and sustain me with your bountiful spirit.*

SUNDAY • SEPTEMBER 7

Go on a Scavenger Hunt, register for Church School, vote for your Favorite Display, and so much more!

Join us during Sunday morning coffee hours!

Food, fun and fellowship for the entire family!



Cathedral Staff Faces

The first installment in an ongoing series.



David Stoll
Finance Administrator



Irene Narvaez
Parish Administrator



Sergio Moreno
Communications Coordinator

WEB EDITION

FULL STORY AVAILABLE IN PRINT ONLY

Stories and Photos by Chris Morrison

The Cathedral's Financial Status

The monthly financials reflect a true cash basis based on a three-year trend.

Summer usually slows down as our parishioners travel for vacations and visits with family. July numbers reflected this as income from pledges was off considerably from budget. However, the staff continues to work diligently to control expenses without compromising programs at the Cathedral. Lower expenses have helped offset the decline in income that started in the second quarter. As September approaches, our expenses will increase with demands on programs and staff. We will do

AUGUST	BUDGETED YTD	ACTUAL YTD	VARIANCE
INCOME	\$ 755,353	\$ 730,352	\$ (25,001)
EXPENSES	\$ 774,365	\$ 748,426	\$ 25,939
VARIANCE	\$ (19,012)	\$ (18,077)	

our best to be good stewards of your gifts as you continue to support the various ministries of the church.
-by Michael Thomas, Treasurer

(Melanesian Brothers...continued from page 7)

warmth of faith. Not some narrow religiosity but natural and real and strong.

And Brother Tony, who had no close parental care when he was young and found in the Brotherhood a real family and home. He developed from a shy, thin and humble novice into a stocky and bold brother. But he never lost his simplicity. I remember taking a retreat with him on a desert island in Lord Howe in which we fended off clouds of mosquitoes all night. He was easy company and a natural and unassuming friend to many of the brothers. He showed his courage throughout the tension and continued to help the disarmament process.

Of one thing I am certain these six men will live on in the hearts and minds of our community. Their sacrifice seems too great, hard to believe. The community sat up all last night telling the stories of these brothers through the night and trying to come to terms with the enormity of their loss. And yet beneath the trauma there is a peace too.

The knowledge that each of these young men believed in peace and in goodness. They knew that there was a better way. They were prepared to oppose violence and to risk much. At the end of the day they stand against all acts of brutality which are at present disfiguring our world and bravely, boldly, and with love, lived what most of us proclaim only from the safety of a Church. Oh how much the World wide Anglican Church at the moment could learn from their witness.

And when such real life issues are so much at stake in our world is not this what the Gospel should be?

There is hope. The Intervention Force say Keke is willing to surrender his guns and even face trial. Perhaps our six brothers will become like seeds which fell upon the ground and died but will yield the harvest of peace these islands and our world so longs for.

With love and prayers,

Brother Richard Carter

Brother Carter is Chaplain of the Melanesian Brotherhood, this letter was written August 9, 2003 and published in the Anglican Communion News Service.

[ACNS source: Papua New Guinea Church Partnership]

Adult Forum, New and Exciting Opportunities

As children return to school and the summer comes to an end, September brings Adult Forum once again. This season, things will be a little different as Valerie Johnson, Adult Education Coordinator, and the Education Committee plan new and exciting formats for the benefit of all Adult Forum attendees.

One new addition Adult Forum veterans will notice will be the "open forum" setting which will take place the first Sunday of every month. After evaluating the success and high levels of participation resulting from the last few open forums, the committee decided to implement this format on a monthly basis.

These forums will provide a time to hear from various active groups and committees. We will be able to ask questions and learn about their role and current issues being dealt with at the Cathedral.

Due to Rally Day, this month's open forum will take place on the second Sunday when we will hear from the Dean Selection Committee. This committee will discuss their progress on the search process for a new Dean and offer an opportunity to ask questions about the committee's responsibilities and general activities.

Other committees and groups presented during open forum throughout the year will be Every Member Canvass, Social Action Committee and the Children's Education Committee, to list a few.

On September 21 and 28, a two-part series titled "Will Our Faith Have Children?" will be offered. This program prepared and presented by Marilyn McElliott will guide us in our thinking about faith and the future of our children. McElliott has served as a Director of Christian Education programs for thirty five years. She has also served on the Council for Christian Education for the Diocese and has devoted ten years to the Council for Christian Education for Province VII.

An integral part of this forum will be a documentary video which asks questions about faith to participants from five geographic regions. Some of our own cathedral members are featured in this video, which is a "living human text" that allows us to hear things that may be at once encouraging and of great concern. It is a powerful video that provokes diverse reactions.

Dr. David Rice, a member of the cathedral, will be teaching at various times throughout the year. Dr. Rice is a profes-

sor in the Department of History and Anthropology at Central Missouri State University, where he also serves as Assistant Provost for Information Technology and Instruction.

Having specialized in French Revolution and Napoleon, Dr. Rice has co-authored several publications and written numerous articles and reviews. Some of the courses he has taught include French Revolution and Napoleon; Rise of Chinese Civilization; Rise of Japanese Civilization; Communist China; The U.S. in World War II; and American Military Experience.

For our Adult Forum sessions; Dr. Rice's sessions will be: Heresies in the Christian Church; Martin Luther in His Times; Varieties of the Protestant Reformation; and Elizabethan I & Anglican Settlement. These promise to be extremely interesting and educational sessions, you won't want to miss out!

This is only a sampling of the many opportunities we will have to learn and grow through Adult Forum. Be sure to attend Rally Day this coming Sunday, September 7 during morning coffee hours and pick up your full schedule of forums for this year.

- by Cynthia Newman



Reel People

Upcoming Selections:

- September 25, 2003
Life, Or Something Like it
Jon and Linda Yeager, hosts.
- October 23, 2003
The Grey Fox
Chris and Peggy Morgan, hosts.
- January 22, 2004
Strictly Ballroom
Rex Wood, host.
- April 22, 2004
Chicago
Gary Hicks and Annie Heck, hosts.
- May 27, 2004
Waiting for Guffman
Sally Livengood and Bill Hawley, hosts.
- June 24, 2004
Becket
Richard Preis, host.

For further information or to join, please contact Harriet Bigham at (816) 283-0462.

Weekly Activities

SUNDAY

8:00 a.m. Holy Eucharist
 9:00 a.m. Grace Choraliers
 9:00 a.m. Adult Forum (*beginning Sep 14*)
 10:00 a.m. Church School
 10:15 a.m. Holy Eucharist
 5:00 p.m. An Order for Evening
 and Holy Eucharist
 6:15 p.m. Centering Prayer Group
 MON, TUE, THU, FRI
 12:05 p.m. Daily Office

TUESDAY

9:30 a.m. Cathedral Outreach Program
 1:30 p.m. Women's Bible Study

WEDNESDAY

12:05 p.m. Holy Eucharist
 7:00 p.m. Youth Group (*beginning Sep 10*)

THURSDAY

7:00 a.m. Men's Bible Study
 9:30 a.m. Cathedral Outreach Program
 6:00 p.m. Cathedral Bell Ringers
 7:30 p.m. Trinity Mixed Choir

FRIDAY

9:30 a.m. Moms' Bible Study

SATURDAY

9:15 a.m. Trinity Youth Choir

Activities for the Month of September

2 • TUESDAY

7:00 p.m. Needlework Small Group

3 • WEDNESDAY

4:30 p.m. Buildings and Grounds Cmte.
 7:00 p.m. Couples' Bible Study

6 • SATURDAY

9:30 p.m. EFM Retreat

7 • SUNDAY

Morning Coffee Hours - Rally Day

8 • MONDAY

7:00 p.m. Quilting Small Group
 7:30 p.m. Christian Education Cmte.

9 • TUESDAY

6:30 p.m. Gardening Small Group
 7:00 p.m. The Angelus Small Group

11 • THURSDAY

6:30 p.m. Couples' Bible Study

13 • SATURDAY

12:00 p.m. Interparochial Guild

14 • SUNDAY

Blood Pressure Sunday
 United Thank Offering In-gathering
 12:00 p.m. Pastoral Team Workshop

15 • MONDAY

4:00 p.m. Faeth Cmte.
 5:15 p.m. Stewardship Cmte.

16 • TUESDAY

6:30 p.m. Guild of the Christ Child
 7:00 p.m. Blakesley Reading Society

17 • WEDNESDAY

7:00 a.m. Finance Cmte.
 7:00 p.m. Couples' Bible Study

19 • FRIDAY

12:00 p.m. Episcopal Church Women

20 • SATURDAY

8:00 a.m. Episcopal Church Women

21 • SUNDAY

11:45 a.m. Every Member Canvass
 3:00 p.m. Chamber Music Concert

24 • WEDNESDAY

6:30 p.m. Reel People

25 • THURSDAY

5:00 p.m. Vestry Meeting
 6:30 p.m. Couples' Bible Study

26 • FRIDAY

6:30 a.m. Parenting Group

Changes may occur after publication date, for which reason we encourage you to verify times and dates of the events listed with the appropriate person(s) or by contacting the Cathedral Office, Monday through Friday from 9:00 a.m. to 5:00 p.m., or visiting our web site.



Grace and
 Holy Trinity
 Cathedral

The Episcopal Diocese of West Missouri

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Bishop of West Missouri

The Very Rev. Dr. James A. Hubbard
Dean Interim

The Rev. Benjamin J. Newland
Associate Priest

The Rev. Dr. John J. O'Hearne
Assisting Priest

The Rev. Linda S. Yeager
Deacon

The Rev. Bryan England
Deacon

The Rev. Michael Shaffer
Deacon

Mr. John L. Schaefer
Canon Musician

The Very Rev. J. Earl Cavanaugh
Dean Emeritus

RETURN SERVICE REQUESTED

*The icon
 in the Chapel
 -photo by Jan Frizzle*