



The Angelus

Grace and Holy Trinity Cathedral • Kansas City, Missouri

Vol. 77, No. 5 • May 2008

FROM THE DEAN

We are a blessed congregation! This community of faith is blessed with an abundance of gifts and riches! And thanks to so many committed and generous people, our community is enabled to use these gifts to carry out the work God has called us to do. Hospitality is shown to those who are hungry in body and soul. We provide a location for service groups to carry out their programs of outreach and education such as job training, prenatal and postnatal care and tutoring.

We extend hospitality to groups who do not have an easy time finding a place to meet. We encourage various diocesan committees and gatherings here, enabling vital ministry throughout all of the Diocese of West Missouri. The Holy Eucharist is offered eight times a week six days out of every week, feeding the faithful with the Bread of Life and Cup of Salvation as the needs of our parish, the city, the Church, and the World are lifted to God in prayer. And as music is such a vital ministry, a number of rehearsals, recitals and concerts are held here for well-known area ensembles but also students at various stages of their education. It bears repeating: we are a blessed congregation!

The second Sunday of May will not only be Mother's Day, but this year is also the Day of Pentecost, the fiftieth day after Easter when the Holy Spirit came upon the apostles as Jesus promised. The Spirit gave to the first followers of Christ gifts for ministry, the tools needed to go forth and share the Good News of the Gospel to all the world.

No single apostle was given all the gifts. Thus, a community was formed to pool together the various gifts. Indeed, the more diverse the community, the richer the variety of the Spirit's gifts, leading to a more effective mission. Today, the gifts of the Spirit are continually poured upon the Church as new believers are baptized and the promises of baptism are renewed. With every commitment, another gift is added to the community, a unique gift for ministry, and the Body of Christ becomes stronger and more vital. You can see and experience this richness throughout the Cathedral congregation and throughout the Episcopal Church today as mission grows.

As a parish, we do well to give thanks for the gifts of ministry consistently shared here. And let us rejoice with every new gift that is added to our mission so that our work might be even more fruitful. Our God is ever-faithful, and supplies us with every gift needed for ministry. Be it money, time or energy, we shall never lack what is needed to go forth in the name of the Father and the Son and the Holy Spirit. May the Day of Pentecost find us burning with a desire to seek and serve Christ in all people, that the love of God might be incarnated in all we do. We are a blessed congregation! We have a story to share — the story of the Risen Lord! May we use our blessings to build up the Kingdom of God!

*With my love in Christ,
Terry+*

Two EfM groups prepare members for lay ministry

Education for Ministry (EfM) is for laypeople. Some EfM participants go on to be ordained — Bruce Hall and Andrew McMullen are recent examples — but most of us benefit from EfM by becoming more effective in our lay ministries. Whether we teach in Children's Formation, act as a Eucharistic Visitor, serve on a church committee, volunteer on a cook team or anything else, EfM can help us identify our "M" and prepare us for those ministries.

Those who want to experience spiritual growth in scripture, history, theology and ministry gather once a week at the Cathedral from September through May to study and

discuss the many facets of their faith lives. The Cathedral has two EfM groups; one meets Tuesday mornings and one meets Thursday evenings.

EfM is a four-year course of study that comes to us from the University of the South (Sewanee) through their extension program. The first year concentrates on the Old Testament; year two on the New Testament; year three on church history; and year four on theology. A person commits to just one year at a time, at a cost of \$340 per year. Books are provided.

In addition to the reading and discussion of lessons, students also find nourishment in common lessons and theological reflections, exercises that

combine their faith with incidents from their lives, scripture, literature and from other aspects of the world. These thoughtful discussions often provide new insights into both faith and life.

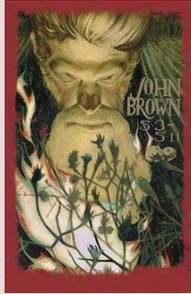
The EfM year begins this fall with a one-day EfM retreat Saturday, September 6. Classes will begin Tuesday and Thursday of the following week.

If you are ready to expand your spiritual life and grow in knowledge, faith and ministry, you may want to consider enrolling in EfM. To learn more about EfM, please contact Gary Hicks, Greg Morgan or the Rev. Carol Sanford through the church office (816.474.8260).

—by Gary Hicks

Usher for fun and profit

On May 11 — that's right, it's Mother's Day — members of the Cathedral's Social Action Committee and friends will serve as volunteer ushers for the world premiere performance of the opera *John Brown*, by Kirke Mechem. This opera brings history to life with the tumultuous story of abolitionist John Brown told through the gorgeous choral music of composer and Kansas native Mechem. You are welcome to join us!



As a volunteer usher, you will provide a valuable service to the Lyric, enjoy the opera at no charge, and make money for the Cathedral's social outreach ministries all at the same time. It's a true win-win-win situation.

No experience is required; we'll teach you what to do. Here's how it works:

- To volunteer, contact Gary Hicks at 816.699.2224 or 816.941.7295 or gary@garyhicks.net.
- On Sunday, March 16, wear black/navy on the bottom and white on the top and meet us in the inner lobby of the Lyric Theatre at 12:30 p.m. The Lyric is at the corner of 11th and Central. Free parking on the streets around the theater should be available or park at the Cathedral and walk to the Lyric.
- We will have a briefing of your duties and preview of the opera, and you will then help serve as a volunteer usher. The opera begins at 2 p.m., and you can enjoy the opera along with the patrons. You may leave after the last intermission or stay for the entire production.

Again, to volunteer for this terrific opportunity to help both the Lyric Opera and the outreach ministries of the Cathedral, please contact Gary Hicks.

Flower gifts for April

April 6

- in thanksgiving for the baptism of Johnathan Beckett Michka — *Ron and Angela Michka*
- in thanksgiving for the birthday of Alexandra Bernadette Connors — *Paula and Howard Connors*

April 13

- in celebration of Tom and Charlene Atkin's 50th wedding anniversary and in thanksgiving for our grandchildren Andrew, Allison, Charlie, Keeley, Parker, Ryan and Spencer and in honor of our son David and his wife Wendy and our daughter-in-law Molly — *Tom and Charlene Atkin*



April 20

- in memory of Beverly and John Riggs, Maurice and Agnes Blank and Anthony and Capitola Elbert — *Chris and Christine Morrison*
- in thanksgiving for our wedding — *Sarah Ann Shaw and Arturo Ramon Sordo*

April 27

- in loving memory of my husband Arnold Frizzle — *Jan Frizzle*
- in memory of the 100th birthday of my mother, Mary Roland Owens — *Richard Owens*

To donate toward the flowers to celebrate a special event or remember a loved one, sign up online at www.ghtc-kc.org/flowers or contact Joan Bock in the Cathedral office (jbock@ghtc-kc.org) or 816.474.8260.

Online payments for your flower gifts

is now available! Visit www.ghtc-kc.org/flowers for online payments with credit cards (Visa, Mastercard, Discover or American Express).

NEW!

OUR PRIMARY MISSION as the Episcopal Cathedral church in the heart of the City is to be a servant church. We seek and serve Christ in all people, loving our neighbors as ourselves and working for justice, peace and respect for every human being.



With Sympathy

*Give to the departed eternal rest.
Let light perpetual shine upon them.*

- Jean Oliver
- Elton Lawson (*Aaron Morgan's grandfather*)
- John Seidlitz (*Pete Seidlitz's brother*)
- Herbert Harrison
- Ron Jordahl (*Rick Jordahl's brother*)

Treasurer's Report

March MTD	Budgeted MTD	Actual MTD
Income	\$ 130,959	\$ 127,251
Expenses	\$ 141,379	\$ 141,497
Net Total	\$ (10,420)	\$ (14,246)
March YTD	Budgeted YTD	Actual YTD
Income	\$ 492,765	\$ 456,063
Expenses	\$ 443,832	\$ 455,510
Net Total	\$ 48,933	\$ 553

The Cathedral had a solid month financially in March. Income, although down slightly from budget, was close to projection. Pledge and plate income in March were both close to budget. Expenses for March were literally within a few dollars of budget.

YTD still finds us considerably below budget in income and reasonably close to budget in expenses. Thank you for March and may March be the beginning of a positive trend.

—by Doyle White

The Angelus

A laypersons' newspaper published in the interest of Grace and Holy Trinity Cathedral.

The Angelus Small Group Contributors:

Emily Akins
Mary Byrne
John Hornbeck
Chris Morrison, *Small Group Facilitator*

Tom Atkin
Jan Frizzle
Geoff Logan

Julie Toma, *Editor*

The Angelus Small Group meets the first Tuesday of each month and is open to anyone interested in contributing (writing stories, taking photographs) regularly to *The Angelus*. No experience necessary.

Submissions from parishioners and small groups are welcome and encouraged. All entries are requested by the 15th day of the month prior to publication by e-mail: communications@ghtc-kc.org or fax: 816.474.5856.

GHTC and St. Paul's present Jerusalem Marketplace VBS

Grace and Holy Trinity Cathedral and St. Paul's Episcopal Church Kansas City, MO are teamed up to present Jerusalem Marketplace VBS June 16-19 in Founders' Hall on the Cathedral campus. Jerusalem Marketplace is vacation Bible school for families and runs Monday-Thursday evenings from 7 p.m. to 8:30

p.m. Cost is \$15 per family. We need lots of volunteers to make this a success. Training will be scheduled in early June.

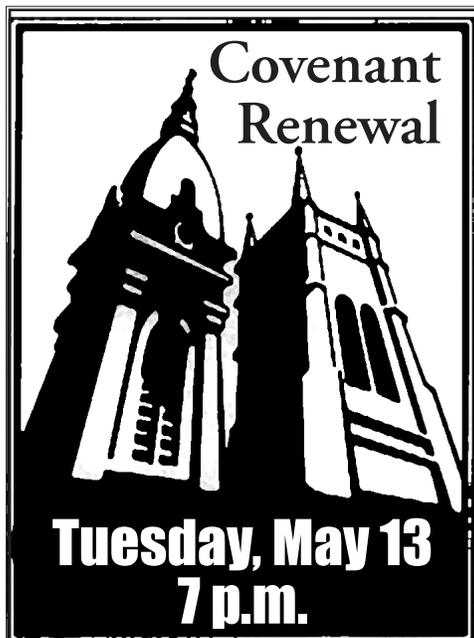
In Jerusalem Marketplace, families form "tribes" and work together to recreate the sights and sounds of Jesus' time. Last year's Galilee by the Sea Vacation Bible School was such a success and parents enjoyed learning and sharing time with their children.

Jerusalem Marketplace delves further into authentic faith traditions. The marketplace provides insight in to a day in first century Jerusalem. We'll sing new songs, play games, dance, engage in daily marketplace dramas, taste exotic foods, attend "Synagogue School"

and make new friends in the tribal community. Tribal headscarves, yarmulkes and a limited number of Biblical costumes are available to wear or bring your own and immerse yourself in the Jerusalem Marketplace experience!

For more information contact DeAnn McTavish at 816.474.8260 or dmctavish@ghtc-kc.org.

—by DeAnn McTavish



The covenant between the Cathedral of the Immaculate Conception and Grace and Holy Trinity Cathedral will be renewed May 13 with a 7 p.m. liturgy, beginning at CIC.

The congregation will process to GHTC for the conclusion of the liturgy and reception.

Staff Changes

John Fowler joined the Cathedral staff April 1 as Assistant Organist. A long-time member of the congregation, John has been organist at Asbury United Methodist Church and organist for the Cathedral's 5 p.m. service.

Adult Formation Director Valerie Johnson stepped down from her position effective April 1 after more than six years in the position. She expressed her appreciation of the support that she has always received from the clergy and staff and looks forward to "being a part of the visioning and transition process for adult Christian formation and exploring new opportunities for ministry as an active parishioner."

First Friday at the Cathedral

May 2 • 6-8 p.m.
Founders' Hall

Featuring artwork by Cathedral members.
Refreshments and live music.

Sponsored by the Newcomers' Committee

Water is *Sous Lavi*

Two of the Millennium Development goals are to 1) reduce by two-thirds the mortality rate among children under five, and 2) reduce by one-half the proportion of people without access to safe drinking water.

MN is invested in promoting health to Haitian women and children through safe childbirth, preventive medicine and educational programs. Clean water is very important in the effort to promote healthy mothers and children.

MN also is involved in an ongoing project to build new wells for clean water and to improve sanitary conditions in the Haitian community. This project is called *Sous Lavi* meaning "the source of life" in Haitian Creole.



Less than one-third of Haitians have access to clean drinking water and sanitation. Diarrhea and dehydration caused by drinking contaminated water are major causes of death. Even mild dehydration can increase susceptibility to viral infections. Twelve of every one-hundred Haitian children die before their fifth birthday. In the United States, fewer than one out of one-hundred children die before age five. The average life span of a Haitian woman is fifty-one years and forty-seven years for a Haitian man, compared to eighty years and seventy-five years, respectively, in the United States.

In addition to digging new wells and building latrines, work is being done to make the water safe for drinking. BioSand Water Filters have been developed to remove bacteria and other wastes from the water. Another benefit is that the filters improve the taste and smell of the water. These filters are without moving parts, do not require electricity and are easy to transport and use. With a little maintenance, the filters can last up to twenty years and are inexpensive to manufacture.

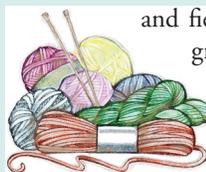
Simple water, clean and free of contaminants, will give our Haitian family a chance for a healthy and longer life.

—by Sandy Carter

For all needleworkers

If you knit, crochet, quilt—or just want to learn—you are invited to a potluck picnic Saturday, May 17 at 10:30 a.m. to discuss plans for the future of the Charitable Knitting group: possible change of time for meetings starting in the fall, continuation of charitable work, especially over the summer,

and field trips to visit other handwork groups in the deanery. We continue to need baby hats, blankets, prayer shawls and other good things.



green cathedral

Ideas for the stewardship of God's creation

Air-friendly outdoor activities

The flowers blooming, trees blossoming, warmer air and a desire to spend as much time outside as possible are marks of spring. This season, consider scheduling these air-friendly activities into your leisure time:

- Pitch a tent: You don't have to travel far to enjoy the great outdoors; the Kansas City metro area has many opportunities. You can search for a campsite in Missouri (www.icampmo.com) or Kansas (www.kdwp.state.ks.us/news/state_parks/locations) online. You can also check out the National Parks Service for more great outdoors suggestions and fun day trips. *Important AirQ Tip: If you're grilling outside, bring a charcoal chimney rather than using lighter fluid, which produces harmful fumes.*
- Take a hike: Call your friends, pack a lunch, and make a day of walking outside enjoying the fall colors. Light hiking burns about 225 calories in just 30 minutes. Check out the walking opportunities that Kansas or Missouri trails and historic sites have to offer, or consider a walking trip in a nearby city or county park, such as Loose, Shawnee Mission or Wyandotte County Lake. If urban hiking is more your style, pay a visit to your favorite spot and let your feet do the work.
- Organize a group bike ride: Try converting an activity you usually do with your friends into a bicycle-oriented one. Going out for coffee? Meet up and bike to your favorite café. Want to explore your town? Do it from a bicycle and discover streets and shops you never knew existed. Check out the Missouri Bicycle Federation's calendar for local social-cycling events.

This spring, look for emissions-free activities that require minimal driving and involve a maximum enjoyment of the outdoors. No matter what activity you're taking part in, remember that you're playing a role in keeping our air clean and helping others — and yourself — breathe easy!

—MARC's AirQ Tips

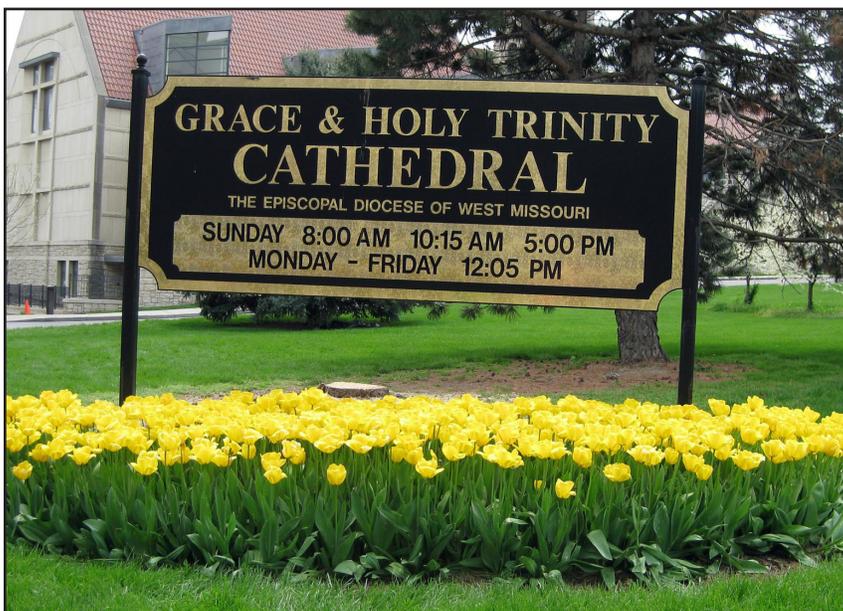
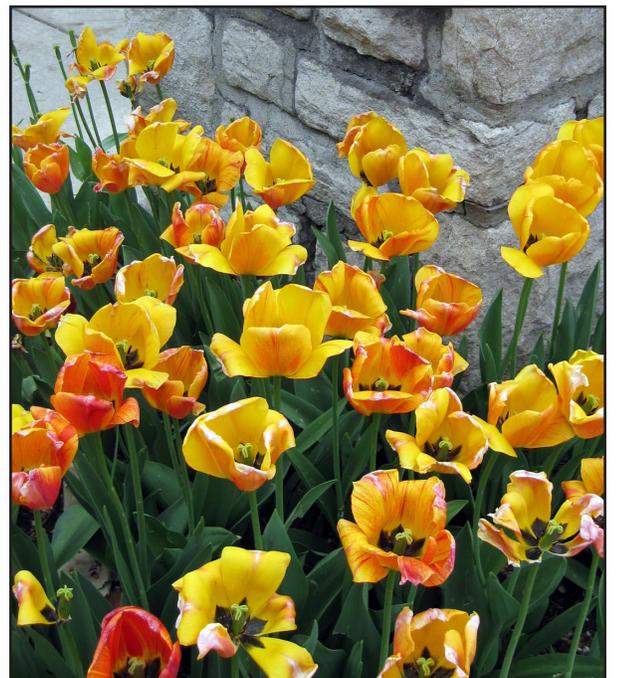


Cathedral blooms for spring

Last fall, Cathedral members planted 3500 tulips in the various beds around campus. This spring, any one coming to campus has been able to enjoy the multi-colored flowers in full bloom.

If you are interested in being part of the Gardening Guild, contact Sharon Hudson at skhudson@gmail.com or Gerry Reynaud at REYNAUD@olatheschools.com.

photos by Julie Toma



Caring for Creation²



Caring for Creation² provided opportunities for adults and children to learn how they can do their part in taking care of God's creation. In addition to displays and a musical presentation for children, reusable shopping bags and cups were sold. Additional shopping bags and cups are still available. Contact DeAnn McTavish to place your order. In addition to providing a "green" way to shop or drink, you also advertise GHTC — the Cathedral at the Heart of the City.

photos by DeAnn McTavish



Adult Formation

Sundays • 9:15 a.m. • Founders' Hall

May 4 • Clergy Forum

Join clergy as they address timely topics about the church and our parish.

May 11, 18, 25

Paul's Letter to the Romans:

Living by Faith

led by the Rev. Joe Behen

Come explore with us Paul's vision of God's reaching out to all of humanity, and why our response to that reaching out matters. Faith for Paul is more nuanced than to simply equate it with the modern notion of belief. Faith is more closely approached for Paul in the living of lives that incarnate a positive response to God's call. This response, Paul teaches, is possible for all but is the privileged possession of none. In this three week class, we'll examine Paul's theology as presented to the Christian communities in Rome, while discussing insights from this document that might be fruitful for our own community.



Grace and
Holy Trinity
Cathedral

The Episcopal Diocese of West Missouri

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The Right Rev. Barry R. Howe
Bishop of West Missouri

The Very Rev. Terry White
Dean

The Rev. Canon Susan Sommer
Canon Pastor and Subdean

The Rev. Carol Sanford
Priest Associate

The Rev. Joseph Behen
Clergy Assistant

The Rev. Bryan England
Deacon

The Rev. Bruce Hall
Deacon

The Rev. Dr. Michael Johnston
Scholar-in-Residence

Mr. John L. Schaefer
Canon Musician

May 2008

S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

Weekly Activities

Sunday

8:00 a.m. Holy Eucharist
9:15 a.m. Christian Formation
10:15 a.m. Holy Eucharist
5:00 p.m. Order for Evening/Holy Eucharist

Monday

12:05 p.m. Holy Eucharist

Tuesday

9:15 a.m. EfM
12:05 p.m. Holy Eucharist
1:30 p.m. Tuesday Afternoon Bible Study

Wednesday

12:05 p.m. Holy Eucharist
5:45 p.m. The Tallis Singers
6:00 p.m. Grace Choraliers
7:00 p.m. Trinity Teens Youth Group

Thursday

7:00 a.m. Men's Bible Study
12:05 p.m. Holy Eucharist
6:00 p.m. Cathedral Bell Ringers
6:30 p.m. EfM
7:30 p.m. Trinity Choir

Friday

12:05 p.m. Holy Eucharist

Activities for the Month of May

2 • FRIDAY
6:00 p.m. First Friday at the Cathedral

3 • SATURDAY
11:00 a.m. Biellier Memorial Service

4 • SUNDAY
11:45 a.m. Women's Retreat Planning

8 • THURSDAY
8:30 a.m. Cathedral RAMP Program

11 • SUNDAY • PENTECOST
Come to coffee hour in Founders' Hall after both morning services for a free blood pressure check.

13 • TUESDAY
7:00 p.m. Covenant Renewal with CIC

17 • SATURDAY
10:30 a.m. Charitable Needlework

18 • SUNDAY
3:15 p.m. Centering Prayer Group
6:00 p.m. Integrity

20 • TUESDAY
TBD Kitty Asbridge Memorial Service

21 • WEDNESDAY
5:00 p.m. Finance Committee

26 • MONDAY
Memorial Day • *Offices and Buildings Closed*

28 • WEDNESDAY
6:30 p.m. Reel People

29 • THURSDAY
5:00 p.m. Vestry

Please verify times and dates of the events listed with the appropriate person(s) or by contacting the Cathedral office.



Parish Picnic

June 1
11:45 a.m.

For the expanded edition of this month's *The Angelus*, go to www.ghtc-kc.org/angelus.