



The Angelus

Grace and Holy Trinity Cathedral • Kansas City, Missouri

Vol. 78, No. 12 • December 2009

FROM THE DEAN

It was late in the afternoon when the office doorbell rang. "I'd like to speak with a pastor," the voice said. The request is heard often every day. Father Joe was available and sat down with the gentleman. "I'm not here to ask you for something, in the usual sense," he said. "I just wanted someone to know my story." And the story went something like this:

Not many years ago, I found myself at a low point in my life. I had no job, no home and had made many poor choices in my life. One thing I could depend upon was a meal here Monday through Friday. Four years ago, I decided I had to get my life in order. Today, I live in St. Joseph. I have a home, and a job, and am engaged to be married. Most of all, my life is right with God. I know you get lots of people coming by needing help. I just wanted to come by, tell you my story, and say "thank you" for serving me meals all those years. When I needed help the most, you were there.

This man's experience is due to many streams of support coming together. Financial pledges by members of the Cathedral provide a building and kitchen equipment, cooling in the summer and heating in the winter, and other facilities that make the nourishment of body and soul possible. The efforts of staff and volunteers here at the Cathedral, the Kansas City Community Kitchen, Episcopal Community Services, Harvesters, various service organizations and congregations, the Cathedral's Trinity Teens and other

area youth groups, office staffs taking their lunch hour to serve others — and many others played a role in this man's conversion of life.

His story is a gift, an inspiration, and is one reason this work is so important.

But there are other stories to tell, not just from people who are diners, but from those who volunteer and give and serve on staff. We, too, are converted, you and I are changed, when we offer ourselves to others. Outreach at Grace and Holy Trinity Cathedral is not only about serving others; it is also about how each of us, in fulfilling our Baptismal Covenant, become transformed by meeting and serving Christ in others.

In this Advent season, as we prepare to celebrate the coming of the Lord as the Child of Bethlehem, may we also prepare to meet the Lord in the hearts and lives of those who especially need to know God cares and so do God's people. Advent calls us to prepare for the Last Day when we stand before the Throne of Grace and are asked, "When did you feed me because I was hungry, or clothe me when I was naked, or visited me in prison?" For by doing these things for the least among us, we serve Christ Jesus.

May we be ready to answer the Lord when He comes again at the Last Day, and may we be ready to serve as He comes to us again and again in the person of a sister or brother.

*Yours in Christ,
Terry+*

Gifts of love, faith and life at Christmastime Make a special year-end gift of thanks

Last year at the 4 p.m. Christmas Eve Eucharist, the children of the Cathedral received a card with the picture of child from Botswana, containing the message that 40 specially-treated mosquito nets which prevent malaria had been given to the Nets For Life program through Episcopal Relief and Development in honor of them. Numerous parishioners commented on the appropriateness of such a wonderful gift.

So as you seek to buy just the right gift for that person who has everything, or wish to honor a god-child, god-par-

ent, relative or friend, or wish to make a special year-end gift in thanksgiving for God's presence in your life, we assemble a small list of possible resources for you to consider. These agencies and programs are related to the mission of The Episcopal Church:

Anti-Hunger Ministries of Episcopal Community Services of the Dioceses of Kansas and West Missouri. One Million meals will be served in the greater Kansas City area through The Episcopal Church by year's end. Two specific giving opportunities include:

Grace and Holy Trinity Cathedral

Cavanaugh Memorial Fund. This Memorial Fund was established at the Greater Kansas City Community Foundation in the memory of the Very Rev. J. Earl Cavanaugh to support the efforts of the Kansas City Community Kitchen to feed the hungry. Nearly twenty-five years ago it was Dean Cavanaugh's vision to establish the Kitchen to fulfill a desperate need that has grown only more desperate with the recent recession. The Community Kitchen serves between 400 and 600 noonday meals Monday

(continued on page 7)

Challenges faced at Maison de Naissance

Maternal and infant mortality rates in Haiti are the highest in the western hemisphere and among the highest in the world. One in every 16 women in Haiti will die during childbirth (about 200 times the risk of mothers in the United States). Most women have known a relative or neighbor who has died in childbirth. One in every 12 infants will die before their first birthday. The period of greatest risk is immediately following birth.

From a medical perspective, maternal deaths are due to infections, obstructed labor, placenta previa and eclampsia. Neonatal deaths are due to birth asphyxia, low birth weight and infections. In most cases, these conditions are preventable or treatable. The more fundamental and challenging problem is extreme poverty, a condition which erects



barriers to healthcare access.

Because mothers lack access to basic health services, deliveries take place at home where support for birth is sparse: a two roomed house with a dirt floor, no electricity, no water, and no trained birth attendant. Our challenge is offer an alternative, so that mothers can access the care they desire.

Here at the Cathedral one of the ways we support MN is through the sales of Haitian Mountain Bleu Coffee in our Cathedral Bookstore. This coffee makes a wonderful and helping gift during this season. Check the coffee out and plan to give some this holiday season.

—by Phyllis Biddle



photo by Marian Philip

Annual jazz liturgy



photos by Chris Morrison

The New Modes Jazz Ensemble, Beth Elswick, director, from UMKC joined us again this year at the annual Jazz Mass.

Women's Retreat: February 26-28

The annual retreat for the women of Grace and Holy Trinity Cathedral will be February 26-28, 2010 at the Marillac Center of the Sisters of Mercy in Leavenworth, Kan. Our theme this year is "Grace Upon Grace," led by Pastor Ann Dotson, First Christian Church of Rowlett, Texas.

Because we expect a great turn-out and space is limited, consider reserving your space now with a \$40 deposit. The deposit will be applied to your total cost, which includes all activities and meals from Friday evening through Sunday Eucharist.

Whether you have enjoyed many previous retreats or will be signing up for the first time, save the date and make time to join us for this experience of reflection, fun, worship and renewal.

For more details, pick up a brochure from the information rack near the Tower or visit www.ahtc-kc.org/pages/.



The Angelus

*A laypersons' newspaper published in the interest
of Grace and Holy Trinity Cathedral.*

The Angelus Small Group Contributors:

The Argentum Small Group Contributors:
Tom Atkin Mary Byrne
Jan Frizzle John Hornbeck
Chris Morrison

Julie Toma, *Editor*

The Angelus Small Group is open to anyone interested in contributing (writing stories, taking photographs) regularly to *The Angelus*. No experience necessary.

Submissions from parishioners and small groups are welcome and encouraged. Entries for the January 2010 issue are requested by January 3 by e-mail: communications@ghtc-kc.org or fax: 816 474 5856

New traditions begun on All Saints' Day

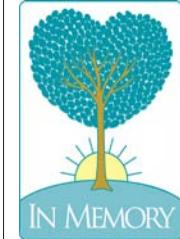


photo by Jan Frizzelle

Two years ago, a new tradition began of entering the names of the faithful departed into a book which has a prominent place in the All Saints' Day liturgies. Each year, we add names to the book, thereby creating a lasting memorial of "those we love but see no longer." This year, Cathedral-goers had the opportunity to remember the faithful departed visually as well as aurally by bringing a photograph of those they particularly wished to remember. Table were setup at the front crossing of the nave so that as the processions moved and as members went forward to receive the Sacrament they, in a sense, passed through the "great cloud of witnesses"—the Communion of Saints whom we love but see no longer.

Staying Updated

Cathedral Communications Coordinator Julie Toma will be on maternity leave in December. The next issue of *The Angelus* will be ready in the middle of January. Keep updated on parish events through the weekly bulletin and web site. And congratulations to Julie and Joseph and Baby Toma! TW+



Give to the
departed eternal
rest.
Let light
perpetual shine
upon them.

• Laura Donnelly Glover •



Prayer for Bishop Search

We give you thanks, Gracious God, for your goodness in bestowing upon the Church the gift of the Episcopate and its heritage in this Diocese. Grant that in our search for the Eighth Bishop of West Missouri, we may be open to your will, receptive of your guidance, and ready in obedience. May the Holy Spirit illumine our hearts and minds as we live into the vision that is before us. Let this occasion of change be a time to build trust and increase understanding, that Christ's love may be made known between and among us, that your will may be done; through Jesus Christ our Lord, who lives and reigns with you in the unity of the Holy Spirit, one God, now and forever. Amen.

GHTC members involved in Bishop search

As the Bishop Search process unfolds, two members of the Cathedral will be serving on committees.

Elected by the Metro Deanery were John Hornbeck to serve on the Search and Nominating Committee, and Joyce Morrow to serve on the Transition Committee. The Rev. Carol Sanford was appointed by the Standing Committee to serve as Chaplain to both committees.

Theological Statement

The election of our next bishop is an event of major significance in the life of our diocese and of the whole church. The Office of Bishop provides continuity and context for mission, and encourages and equips the baptized people of God for ministry in the world. The bishop is also an important sign of unity and community for all members of the Body of Christ.

We believe that God works with and through our human processes and structures as we seek together to understand and to be faithful to God's call. Our nomination, selection, and election procedures are the structures through which we conduct our discernment.

We believe that the Holy Spirit dwells in the Church and will help us call forth a bishop to lead, challenge, and inspire all members of our diocesan community to live faithfully into the Baptismal Covenant.

We believe that as we move prayerfully through these discernment processes we will be guided by the Holy Spirit to show love and care for those with whom we come into contact. We believe that prayerful processes call us to be open to the issues and concerns of all in our diocese, and we will strive to be genuinely pastoral with all who will participate in each phase of the discernment process.

We believe the prayers of all the people of West Missouri will be essential as we move through this challenging and hope-filled period in the life of our diocese.

Updates on the process may be found at the diocesan website
www.diowestmo.org/NewDiocesanBishop.asp

(F)all Saints Festival



For the ghoulies, ghosties, long-legged beasties, things that go bump in the night, the parents/grandparents who love them and all the saints of God



Adult Formation

Sundays • 9:15 a.m. • Founders' Hall

November 29-December 20

The Lucan Year

Beginning on Advent I, the lectionary cycle for the Sunday Eucharists shifts to Year C and its reliance on the Gospel according to Luke. Father Michael Johnston will spend the four Sundays of Advent looking at some major themes of the Lucan material that we will hear echoing throughout the coming liturgical year. The class is a combination of lecture and discussion.

December 27

No Formation classes. See you in January!

It's a cookie exchange!

Please join the Guild of the Christ Child as we put some variety into our cookie platters! Yes, it's time for the GCC's Cookie Exchange and we hope you will help make this a merry event as we share our baked goodies with one another. It's a great way to take some cookies home to share with family and friends and to donate cookies to our guests at the Kansas City Community Kitchen.

Just bring 4-5 dozen of your favorite cookies (the more the merrier!) Wednesday, December 9 at 6:30 p.m. to the Hadden Hall Meeting Room. This will be right after the December Café Grazia dinner.

Remember to bring a container for your "new" batch of cookies to carry home. Details of how this exchange works will all be part of the fun!

Check out our hot chocolate bar, coffee and teas that will warm your hands and holiday spirit that will warm you up for the season ahead! It's all in the spirit of giving and receiving, sharing and caring. Contact Christine to RSVP or if you have questions: cblankstir@gmail.com or 816-420.9422.



The Twelve Days of Christmas

December 24 – Eve of the Nativity of Our Lord Jesus Christ

4 p.m. Sung Eucharist with Christmas Pageant.

The first Eucharist of Christmas. The birth of Christ is interpreted by the young people of the cathedral. The Tallis Singers and the Grace Choraliers offer anthems, and the congregation joins in singing carols and the service music.

10 p.m. The Prelude to the Celebration

Congregational carols and organ prepare us for the Liturgy. The Trinity Choir offers a prelude of a cappella anthems and motets.

10:30 p.m. Solemn Eucharist of the Nativity

The Right Rev. Barry Howe, Bishop of West Missouri, celebrant & preacher. With the fullness of sacred ritual, the Christ Mass is celebrated. Tonight the Trinity Choir sings anthems by William Mathias and Marc Antoine Charpentier. Other music includes beloved congregational carols and organ music.

December 25 - The Nativity of Our Lord Jesus Christ: Christmas Day

10:15 a.m. Sung Eucharist with carols, choir and organ.

December 27 – First Sunday after Christmas

No formation classes today.

8 a.m. Holy Eucharist

10:15 a.m. Sung Eucharist and carols with choir and organ

5 p.m. Sung Eucharist and carols with organ

December 28 – Cathedral office & buildings are closed. No 12:05 p.m. Eucharist.

December 29 – Feast of the Holy Innocents (transferred): Eucharist, 12:05 p.m.

December 30 – Sixth Day of Christmas: Eucharist, 12:05 p.m.

**December 31 – Seventh Day of Christmas. Eucharist 12:05 p.m.
Holy Eucharist. Eve of the Holy Name of Jesus, 4 p.m.**

January 1 – Cathedral office & buildings are closed. No 12:05 p.m. Eucharist.

January 3 – Second Sunday after Christmas

Formation Classes resume today

8 a.m. Holy Eucharist

10:15 a.m. Sung Eucharist and carols with choir and organ

5 p.m. Sung Eucharist and carols

January 4 – Eleventh Day of Christmas: Eucharist, 12:05 p.m.

January 5 – Twelfth Day of Christmas: Eucharist, 12:05 p.m.

January 6 – The Feast of the Epiphany, The Manifestation of Christ to the Gentiles

12:05 p.m. Eucharist

5:30 p.m. Boar's Head Potluck

7:00 p.m. Solemn Evensong



DECEMBER MUSIC EVENTS

Friday, December 4 • 7:30 p.m.

FINE ARTS CHORALE

www.fineartschoralekc.org • 816.235.6222

Saturday, December 5 • 7:30 p.m.

KANSAS CITY CHORALE

www.kcchorale.org • 816.235.6222

Friday, December 11 • 8 p.m.

Sunday, December 13 • 2 p.m.

FESTIVAL SINGERS

www.festivalsingers.org • 816.235.6222

Saturday, December 12 • 4:30 p.m.

MESSIAH SINGALONG

The audience sings the choruses! Bring your score or purchase one at the door. FREE Admission!

Sunday, December 13 • 5 p.m.

ADVENT LESSONS AND MUSIC
WITH THE COLLEGIUM VOCALE

A service of Advent hope, awaiting the Second Coming of Christ at the last day and preparing for the celebration of his first Advent as the Holy Child. Readings and music for the Advent season enlighten each other; the congregation will have ample opportunity to sing favorite Advent hymns. FREE Admission!

Monday, December 14 • Noon

CITY COME AGAIN

William Jewell College's annual holiday concert for the downtown community. FREE Admission!

Friday, December 18 • 10 a.m. & 7 p.m.

Saturday, December 19 • 3 & 7 p.m.

Sunday, December 20 • 3 p.m.

THE NATIVITY by The Paul Mesner Puppets
www.paulmesnerpuppets.org • 816.235.6222

Visit www.ghtc-kc.org/music for more information about music events.

Coping with holiday stress

Here it is, Advent again, with Christmastide just around the corner. As we live this Holy Season at church, the "Holiday Season" surrounds us. According to the images on Christmas cards, in advertising, and, sometimes, in the happy faces we show one another, we're all having a wonderful time. But are we?

The annual celebration of the Word made Flesh is often, unfortunately, a time of significant tension and anxiety for many people. Some obvious sources of holiday stress include having too many things to do, the disruption of ordinary routines, financial worries, and difficult relationships. The latter can be especially difficult.

It is important to know that many people have some holiday anxiety, ranging from concerns about how the cousins will get along at Christmas dinner, to "elephant in the living room" issues such as abuse, alcoholism, or drug addiction. People who are working hard to grow into new life and to change old patterns are often confused about what to do when planning to visit or be visited by difficult friends or family members during the holidays. Consider these suggestions if you are in this situation.

- **If it's dangerous, don't go.** Our families and our culture imply that one must be with one's family during the holidays. This is simply not true. The only person whose presence is a necessity for Christmas is Our Lord Jesus. If you are considering visiting, or allowing to visit, family members who have a history of physically, emotionally, sexually, or spiritually abusing you, it is fine to change your plans.

- **When you've got it, don't flaunt it.** After having worked hard to gain insight into your own behavior or that of your family, it is natural to want to share your new awareness. In general,

it is a good idea to resist this temptation. Your growth and change may seem threatening to some members of the family because it changes the family dynamic. Share your insight instead with someone you trust who is outside the family.

- **Try not to let old patterns upset you.** Family members relate to each other according to patterns, rather like a dance. Each family has its own dance, which gets repeated regularly. When you change your behavior, you change the dance. It is natural for others in the family to ask you to get back in step with the family dance. The best response to a "change back" message is to establish a healthy boundary with a clear "yes," or "no," and as little reactivity as possible. Striving to attain this response is, of course, something which all growing people do for most of their lives.
- **Stop wishing they'll be different.** The most common way that people undermine their desire for a happy holiday is to spend time wishing that their family would be different than it is. For example, if Dad and Great Aunt Sarah have an intense and public conflict each year, then it's a safe bet they will have that fight again this year; particularly if neither of them has worked on his or her own growth during the past year. To spend a great deal of energy wishing that this annual event not occur is to spend a great deal of energy setting yourself up for a disappointment. The only person whom you can change is you.
- **Embrace a new holiday tradition.** Allow yourself the time and space to do something that is peaceful, meaningful, or fun, just for you. It's okay. Really. Enjoy.



Wednesday, December 9

- Dinner will be at 5:30 p.m. with small group activities to begin at 6:30.
- All parishioners are cordially invited to join the fun, bring bread or a salad to share, and enjoy the fellowship!
- You might even want to stay and scope out one of the small group activities to see what they're up to.
- Visit www.ghtc-kc.org/pages/cafegrazia.html for information about what small groups will meet this night.

Advent Workshop 2009

November 29

11:45 a.m.

Founders' Hall

- Advent workshop emphasizes keeping a Christ-centered focus in this prayerful season of hope through fun activities to share with family and friends.
- Take the time to savor the moment while making Advent crafts for yourself or a special person, and learning ideas for enjoying and keeping a peaceful Advent in the midst of the secular busy season.



Fun for all ages!

Pageant rehearsals

Children age 3 and up tell the story of our Savior's birth as part of the 4 p.m. Christmas Eve Holy Eucharist.

Sunday rehearsals (December 6, 13, 20) begin in Haden Hall with lunch at 11:45 a.m. with rehearsal beginning about 12:30 p.m. Please allow 1 hour for most rehearsals. We will rehearse December 23 at 1 p.m. Children should arrive at the Cathedral Christmas Eve by 2 p.m. We will get ready and have our final dress rehearsal before the 4 p.m. service begins.

For a complete schedule, visit www.ghtc-kc.org/childrensformation or contact Pageant Director Arianne Fortune at 816.455.6410.



Christmas Cookies for KCCK

For guests of the Kansas City Community Kitchen, Christmas is without many of the special traditions that most of us take for granted—like Christmas cookies. While very few of us are equipped to bake 500+ cookies, many of us can certainly combine our talents to share one tradition with the KCCK guests. To that end, please bring three or four dozen (or more) cookies to church **Sunday, December 20**.

We will enjoy some of them at coffee hour that day and send the balance to KCCK to serve during the week. Homemade is wonderful, but it is the thought that matters.



Bless all your holy hands in advance for this bit of sharing.

Grief, loss and Christmas

One side of the Christmas season not often talked about is how to deal with loss and grief even as the world celebrates the holidays with joy. The fact is, no matter how much time has elapsed, we miss those with whom we have shared past Christmases.

The first Christmas following the death of a loved one, or after a marriage or significant relationship has ended, especially invites us to change in some way how we celebrate.

- **Have reasonable expectations.** There will be times of great sadness, times when you prefer to be alone, and times when you very much need the company of others. These needs may change from day to day. You may find yourself suddenly overcome with feelings of grief that you don't expect. This is normal.
- **Do not try to do all the things you have done in the past.** Baking, decorating, writing cards, entertaining and shopping can be too much in the best of times. Be aware of the energy you have, and allow yourself to do things differently. Be compassionate with yourself.
- **At special gatherings, name your loss in a healthy way, and talk about those you miss.** Some families offer a special toast to those who have died and now live in the nearer presence of Christ. This is a powerful time to share tears and fond remembrances. You put yourself and those around you at ease when you speak of those you miss. Others often are waiting for cues from you.
- **You may wish to begin a new tradition,** such as reaching out to a lonely neighbor, taking gifts to a shelter or food to the local fire station. In years to come, this tradition becomes known as, "What we began doing the Christmas after N. died." This celebrates the life of your loved one, and in succeeding years, makes it easier to name those who have died.
- **Pay special attention to children** who can be overlooked in the grieving process. More toys will not give comfort and hope. They need to know they are not alone in their sorrow, that adults, too, miss departed loved ones. Assure them of God's special care in the days ahead, and that the Christ Child is with them always.
- **Be regular in worshipping God and receiving the Eucharist.** There is no greater comfort in sorrow than the presence of the Risen Christ.

Hold fast to the promise in St. John's Gospel for Christmas Day: "*The Light shines in the darkness, and the darkness shall not over come it.*"

Music of G.F. Handel
Messiah SINGALONG
JACK ERGO, Conductor

**SATURDAY, DECEMBER 12
4:30 P.M.**

*Admission is free.
THE AUDIENCE SINGS THE CHORUSES!
Bring your score or purchase one at the door.*

GRACE AND HOLY TRINITY CATHEDRAL

November flower gifts

November 1

- in thanksgiving for our grandchildren, Maeve and Rhys — June and Ken McDonald

November 8

- in loving and blessed memory of my mother, Lillian Cozzi Pellet — Tricia Pellet Lyddon
- in thanksgiving for our wedding — Kayla Fahrenbruch and Shane Pfannenstiel

November 15

- in loving memory of my husband, Tom, and in love and support for my daughter, Sally Shaffer — Sally Wood
- in thanksgiving for our wedding — Katherine Shaw and Matthew Gibbs

November 22

- in thanksgiving for the baptism of Miles Curtis Oliver — Keith and Linda Oliver
- in thanksgiving for our holiday guests: Lydia, Miguel, Felicia, Victoria, Seth, Marta, Greg, Justin and Erin — Mike Sancho and Bridgett Shirley
- in thanksgiving for the hospitality of GHTC — Episcopal Church Women of the Diocese of West Missouri

November 29

- in memory of our mother, Virginia Brumagin Busken — Wyatt Broocke, Jessica Broocke, Lacey Broocke Stumbaugh, & Travis Broocke

To donate toward the flowers to celebrate a special event or remember a loved one, sign up online at www.ghtc-kc.org/flowers or contact the Cathedral office (816.474.8260 ext. 103 or office@ghtc-kc.org).

Treasurer's Report

Oct MTD	Budgeted MTD	Actual MTD
Income	\$ 89,642	\$ 85,196
Expenses	\$ 132,160	\$ 138,613
Net Total	\$ (42,518)	\$ (53,417)
Oct YTD	Budgeted YTD	Actual YTD
Income	\$ 1,362,032	\$ 1,364,728
Expenses	\$ 1,359,918	\$ 1,363,757
Net Total	\$ 2,114	\$ 971

For the year-to-date through October 2009 actual numbers are close to the budgeted amounts. For the month there was a shortfall in projected income of \$4,450 with pledges accounting for \$3,168. Expenses were \$6,450 over budget due to the support to the Larger Church category. Year-to-Date income exceeds budget by \$2,696 and expenses are within approximately \$3,800 of budget respectively. We are on track to end the year with a balanced budget. Thank you for your continued and generous support of the Cathedral's ministry, and remember to send in your 2010 pledge card soon! —by Jim Phillips, Assistant Treasurer

gifts of love, faith and life at Christmastime

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through Friday at no cost to people who are hungry. The continued growth of this Memorial Fund is crucial in the fight against hunger in our community. Contributions may be made to the Grace and Holy Trinity Cavannaugh Memorial Fund at GKCCF, 1055 Broadway Ste 130, Kansas City, MO 64105 (816.842.7444).

A gift to **Episcopal Community Services** can be given to fund all ministries, or can be given to specifically support the Kansas City Community Kitchen; Culinary Cornerstones; Meals on Wheels; Breakfast at St. Paul's; BackSnack Program and food pantries at St. Mary's, St. Paul's KCMO, St. Paul's KCK, St. Michael's Independence, and throughout the area. Visit <http://www.episcopalcommunity.org/pages/pantries.html> to see the wish list of equipment and supplies, and for opportunities to volunteer your time. ECS is celebrating its 20th Anniversary.

Maison de Naissance, the birthing home in Haiti: Kansas City Episcopalians helping fellow Episcopalians in the Diocese of Haiti dramatically reduce infant mortality. You can donate through the website: www.maison-denaissance.com. You can also support this ministry by purchasing Haitian Mountain Bleu coffee in the Cathedral Bookstore. Makes a tasty stocking stuffer!

Episcopal Relief and Development Gifts for Life: You can choose to honor someone you love with gifts from six categories: *Animals and Agriculture* (give an animal for breeding or seeds, tools and waters for planting); *Basics for Life* (sanitation and clean water); *Green Gifts* (fruits trees and solar energy systems); *Preventing Diseases* (Nets for Life malaria prevention, educate a child orphaned by AIDS); *Economic Opportunities* (micro-credit loans for women and small business) and a special category for *Children's*

Gifts (flocks of duck and chickens). Gifts start at \$12. View catalog and order online at <http://www.er-d.org/GiftsForLife>.

Grace and Holy Trinity Cathedral. A special gift to the **Clergy Discretionary Fund** assists outreach to the needy, a gift to the **Endowment Fund** strengthens future ministry, and a special **Unrestricted Gift to the Operating Fund** supports current ministry and programs.

Some other ways to give:

Sunday, December 13 — Shop at 10,000 Villages in Overland Park, Kan., December 13 from 1-5 p.m. and a portion of all of your purchases goes to Hunger Relief through Episcopal Community Services.

Sunday, December 20 — **Christmas Cookies for the Kansas City Community Kitchen.** Your Christmas cookies will be served to diners at the KCCK (*see article on page 6*).

Sunday, December 20 — **Foster Kids Christmas Bowling Party.** Contact Dave Pierson (Dave@vadllc.com) if you would like to help with the party or make a donation towards the party or to purchase gift cards.

Sunday, December 20 — **Culinary Cornerstones Food Expo and Graduation.** Experience the wonderful dishes served up by our current class of students, and then help celebrate their graduation December 20, 6-8 p.m. in Founders' Hall. Enjoy a lovely night out, bring along a guest or two and introduce them to the ministry of Culinary Cornerstones.

And coming in 2010: **Caring for Children in Botswana.** Special work in our Companion Diocese focused on orphans and children-at-risk is scheduled to be announced in the coming months.



A special Epiphany Café Grazia January 6



5:30 p.m. • Boar's Head Potluck
Boar, fish and fowl provided. Bring side or dessert to share. Three Magi will be selected at the potluck to process at Evensong.

7 p.m. • Solemn Evensong

Family Wanted!

HUNDREDS OF KANSAS CITY AREA CHILDREN ARE WAITING FOR FOSTER / ADOPTIVE FAMILIES!

"The purpose of the information provided below is to briefly introduce you to the children for whom our agency is recruiting an adoptive placement."



DAVID, BRANDON & MIGUEL

Miguel, born 08/2001, is an energetic, Caucasian/Hispanic young man. Miguel is a very affectionate and loving child who enjoys positive praise. He enjoys watching cartoons, doing puzzles and playing educational computer games. Miguel is currently in the 2nd grade. He enjoys going to school and learning. Miguel's favorite classes are music and art. **David**, born 08/2003, is an outgoing, Caucasian, little boy. David is quite the comedian and enjoys making others laugh. He enjoys watching cartoons, coloring and doing arts and crafts. David just began Kindergarten and is very excited to be in school. David gets along well with his peers and does not have problems making friends where ever he goes. **Brandon**, born 05/2006, is a cheerful, Caucasian, little boy. He too is an affectionate and loving child. Brandon enjoys playing with toys; especially those that make noises. Brandon enjoys pointing out different animals and imitating animal sounds. Brandon is not school aged but does attend daycare where he gets along well with his peers. Miguel, David, & Brandon feel comfort when around one another. Even at a tender age, it is observed that they show great concern for each other's well being. They are affectionate in an appropriate manner and express their love for one another.

Miguel, David, & Brandon love the presence of animals; especially dogs. Miguel, David, & Brandon are not legally free for adoption.

If you would like to make **Miguel, David, & Brandon** a permanent part of your family, please contact: Missouri Children's Division, Megan Moss-Peters, Adoption Specialist, Phone: (816) 889-2180 or email Megan.Moss@dss.mo.gov



ZECHARIAH, JOSIAH, JARED & ZION

Zechariah is an eleven year old young man who prefers to be quiet and in the background in new situations. Zechariah takes pride in his accomplishments and enjoys talking about his day at the dinner table. Zechariah loves being outside riding go-karts, roller skating, riding his bicycle and fishing. When the weather prevents him from going outside, he likes to watch television and play video games. He would love to be a game programmer when he grows up. He wants to make action games. **Josiah** is an energetic, affectionate nine year old boy who is very bright and in the gifted program at school. Josiah has a colorful personality that is engaging to all who meet him. Josiah prefers to be outside playing soccer, running track or climbing. All outdoor activities are fun for Josiah! He loves to fish and would like to learn to hunt as well. He also loves to sing and dance. **Jared** is the identical twin to Josiah. He, too, is an energetic, inquisitive, affectionate nine year old boy. He is fun-loving, happy-go-lucky and exceptionally intelligent. Jared's personality stands out in a crowd. His smile is captivating and his laugh infectious. Jared is a social "butterfly" attempting to befriend everyone he meets. Jared's prefers to play indoors. He enjoys watching cartoons, playing Yugio cards and Blue Dragon. He enjoys singing, dancing and playing the piano. **Zion** is a "little pistol." He is a high energy, dynamic five year old little

guy who loves to run outside and climb trees. Zion is an early riser and may awake before you but rest assured he will be in front of the television watching his favorite cartoons! Zion is very shy toward people he does not know, however once he warms up to you, he will have you running in circles playing with him. Zion is affectionate and loves to give and receive hugs. The boys love to play football and basketball and all believe that they are upcoming basketball stars! The all yearn for a father who can take them fishing and hunting and a family who loves the out of doors and camping.

For more information on these boys please contact: Missouri Children's Division, Kerrie Ferlet, Adoption Specialist, (816) 325-6052 or Kerrie.L.Ferlet@dss.mo.gov

Gifts for Christmastide Music and Flowers & Greens

Special offering envelopes for your Christmastide gifts may be found on the table in the back aisle of the Cathedral's Nave. Your gift may be placed in the offering plate or mailed to the Cathedral office.

Your gift in memory of a loved one or in thanksgiving will add so much to our celebration of the Nativity.

The deadline for submitting gifts in time to be acknowledged in the Christmas Eve bulletin is Friday, December 11.



Weekly Activities

Sunday

8:00 a.m.	Holy Eucharist
9:15 a.m.	Christian Formation
10:15 a.m.	Holy Eucharist
5:00 p.m.	Holy Eucharist
Monday	
12:05 p.m.	Holy Eucharist
Tuesday	
9:15 a.m.	EfM
12:05 p.m.	Holy Eucharist
1:30 p.m.	Tuesday Afternoon Bible Study
Wednesday	
12:05 p.m.	Holy Eucharist
5:45 p.m.	The Tallis Singers
6:00 p.m.	Grace Chorale
7:00 p.m.	Trinity Teens Youth Group
Thursday	
7:00 a.m.	Men's Bible Study
12:05 p.m.	Holy Eucharist
6:00 p.m.	Cathedral Bell Ringers
6:30 p.m.	EfM
7:30 p.m.	Trinity Choir
Friday	
12:05 p.m.	Holy Eucharist



Grace and Holy Trinity Cathedral

The Episcopal Diocese of West Missouri

P.O. Box 412048
Kansas City, Missouri 64141
Telephone: (816) 474-8260
Facsimile: (816) 474-5856
Website: www.ghtc-kc.org
E-mail: office@ghtc-kc.org

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The Right Rev. Barry R. Howe
Bishop of West Missouri

The Very Rev. Terry White
Dean

The Rev. Canon Susan Sommer
Canon Pastor and Subdean

The Rev. Joseph Behen
Clergy Assistant

The Rev. Bryan England
Deacon

The Rev. Bruce Hall
Deacon

The Rev. Dr. Michael Johnston
Scholar-in-Residence

Mr. John L. Schaefer
Canon Musician

December 2009

S	M	T	W	T	F	S
			1	2	3	4
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

Activities for the Month of December

- 4 • FRIDAY 7:30 p.m. Concert: Fine Arts Chorale
- 5 • SATURDAY 7:30 p.m. Concert: Kansas City Chorale
- 9 • WEDNESDAY 5:30 p.m. Café Grazia
6:30 p.m. Small Group Meetings
- 10 • THURSDAY 8:30 a.m. Rent Assistance Program
5:00 p.m. Vestry
- 11 • FRIDAY 8:00 p.m. Concert: Festival Singers
- 12 • SATURDAY 4:30 p.m. *Messiah* Singalong
- 13 • SUNDAY *Blood pressure checks at coffee hour*
2:00 p.m. Concert: Festival Singers
5:00 p.m. Advent Lessons and Music
- 14 • MONDAY 12:00 p.m. City Come Again
- 16 • WEDNESDAY 7:30 a.m. Finance Committee
- 18 • FRIDAY 10:00 a.m. *The Nativity*: Paul Mesner Puppets
7:00 p.m. *The Nativity*: Paul Mesner Puppets
- 19 • SATURDAY 3:00 p.m. *The Nativity*: Paul Mesner Puppets
7:00 p.m. *The Nativity*: Paul Mesner Puppets
- 20 • SUNDAY *Christmas Cookies sharing during coffee hour*
3:00 p.m. *The Nativity*: Paul Mesner Puppets
- 24 • THURSDAY 4:00 p.m. Christmas Eve Service with Pageant
10:00 p.m. Prelude to the Celebration
10:30 p.m. Solemn Eucharist of the Nativity
- 25 • FRIDAY 10:15 a.m. Holy Eucharist
Cathedral office and buildings closed
- 27 • SUNDAY *No formation classes or Children's Chapels.*
- 28 • MONDAY *Cathedral office and buildings closed*
- 31 • THURSDAY 4:00 p.m. Holy Eucharist: *Eve of the Holy Name of Jesus*

Please verify times and dates of the events listed with the appropriate person(s) or by contacting the Cathedral office or website (www.ghtc-kc.org).