



The Angelus

Grace and Holy Trinity Cathedral • Kansas City, Missouri

Vol. 79, No. 11 • November 2010

FROM THE PRIEST-IN-CHARGE Episcopal election in sight

In last month's issue of *The Angelus*, I shared some thoughts about the, then-impending, Walkabout hosted by Grace and Holy Trinity Cathedral for clergy, lay delegates and the three candidates for Bishop of West Missouri. As I write this, the Walkabouts have happened, but the November 6 election is still in our future. What lies ahead?

The 10 lay delegates and three clergy delegates from Grace and Holy Trinity Cathedral will join the others on Saturday morning in the nave of Grace and Holy Trinity Cathedral. Our morning begins at 8:45 with a celebration of Holy Eucharist. Bishop Barry Howe will preside and the Rev. Carol Sanford, chaplain to the search and transition process, will preach.

At the close of Eucharist, but before the prayer of thanksgiving and dismissal, there will be a short break. Delegates, both clergy and lay, will take their seats toward the front of the nave, while guests and visitors will be asked to move to the back. Convention will reconvene, a quorum announced, and the candidates will be placed formally into nomination. Ballots will be distributed and voting will commence.

Ballots are cast by orders, which means that the lay delegates' ballots are counted separately from the clergy ballots. A simple majority is required in both orders. It is not unusual for an episcopal election to require many ballots, sometimes because the clergy and the laity are split, sometimes because each of the candidates offers unique strengths. Voting continues until an election is announced.

While ballots are being counted, the Rev. Carol Sanford will offer a brief meditation. When an election is announced, Bishop Howe will contact the new bishop-elect by speakerphone so that the assembled body of delegates can hear his response.

The Eucharist then will conclude with the prayer of thanksgiving that is used at

ordinations, the blessing and the dismissal.

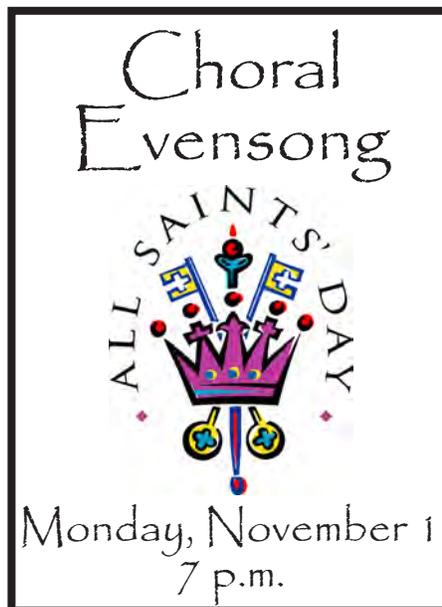
The election portion of Convention will be recorded and placed on the diocesan website. It will NOT be streamed live. The diocesan website will also be updated with the election results; there will NOT be a running tally ballot-by-ballot.

Once the certification of election paperwork is submitted to the Presiding Bishop's office, the consent process gets underway. In the Episcopal Church, the election of a bishop is consented to (or not) by the Standing Committees of each diocese as well as by the bishops with jurisdiction. A simple majority of Standing Committees and Bishops consenting is required in order for the consecration to take place.

As you can see, nothing happens easily or unilaterally in the Episcopal Church! Bishops are elected by laity and clergy with a majority of both orders agreeing on the candidate. The larger church then must consent, and the bodies that are charged with that process, again, represent both lay and ordained orders.

Many thanks to our lay delegates: David Barker, Paula Connors, Adam Duncan, Joe Finnie, Jeff Johnson, Candy McDowell, Angela Michka, Steve Moore, Joyce Morrow and David Rice.

—by Canon Sue Sommer



DEAN SEARCH UPDATE

The Vestry of Grace and Holy Trinity Cathedral, having undertaken the responsibility of also serving as the Dean Search Committee, has named Paula Connors and Mike Thomas to be co-chairs of the Search Committee. It has also formed a Candidate Screening Committee consisting of the Search Committee co-chairs and David Barker, Jackye Finnie, and Grady Sanford. The Candidate Screening Committee will collaborate with the diocesan deployment officer, Archdeacon John McCann, in submitting information to a national clergy employment database and will perform the initial reviews of interested candidates. The dean search will be national in scope and should attract a number of excellent candidates.

—by David Rice, Senior Warden

Children's Formation in November

The following persons make Children's Formation a reality! Please thank our children's formation class volunteers when you see them: Debbie Marrs, Christine Morrison and Cathy Walsh

Please thank the following Children's Chapel volunteers: Mel Creveling, Phaedra Fahnestock, Phineas Gitta, Gary Hicks, Kristy Moore, Joyce Morrow, Barbary Reynaud, Grady Sanford, The Three Musketeers (Sophia Marrs, Camille Moore and Cady Sommer) and Kelli Walker.

Your children are greatly benefiting from the love and devotion of these individuals!

Coming up in Formation:

	Godly Play (for ages 3-Kindergarteners)	Weaving God's Promises (for 1st-6th graders)
11/7/10	Instead of our normal lesson, we will have a visit from the Parish Nurse. The children will learn how to care for one of God's wonderful gifts to us, our body. They will learn about proper hand washing and how it can keep themselves, and others, healthy!	All Saints' Day
11/14/10	The Ten Best Ways	Combined with Godly Play
11/21/10	The Ark and the Temple	Troubles in the Wilderness #1
11/28/10	The Exile and Return	Troubles in the Wilderness #2

If you would like to learn more, visit us in Haden Hall! Formation classes start at 9:15 a.m. and Chapel(s) begins at 10:15 a.m.!

—by Brenda Colburn

Women's Retreat: February 25-27 Marillac Center in Leavenworth

Our 2011 Women's Retreat will be a time for celebration, reflection, worship and fun! Our theme this year is "Martha, Mary and Other Sisters in Spirit," led by Mother Carol Sanford.

For more details, pick up a brochure from the information rack near the Tower or visit www.ghtc-kc.org/pages/womensretreat.html.



Usher for Norma at the Lyric Opera

On November 14, members of the Cathedral's Social Action Committee and friends will serve as volunteer ushers for the matinee performance of the opera, *Norma*, by Vincenzo Bellini.

The Lyric Opera returns to the bel canto repertoire at long last with the Lyric Opera debut of *Norma*! Bellini's gorgeous score marries brilliantly with a story about a powerful woman forced to betray her sacred vows for love – only to be betrayed by her lover's infidelity.



As a volunteer usher, you will provide a valuable service to the Lyric, enjoy the opera at no charge, and earn money for the Cathedral's social outreach ministries all at the same time. It's a true win-win-win situation.

No experience is required; we'll teach you what to do. Here's how it works:

- To volunteer, contact Gary Hicks at 816.699.2224, 816.941.7295 or garyhicks.net.
- On Sunday, November 14, wear black/

navy bottom and white top and meet us in the inner lobby of the Lyric Theatre at 12:30 p.m.

- The Lyric is at the corner of 11th and Central. Free parking should be available on the streets around the theatre or you can just park at the Cathedral and walk to the Lyric. It's about four blocks.
- At 12:30 p.m., we will have a briefing of your duties and preview the opera. Then at 1 p.m., you will help serve as a volunteer usher.
- The opera begins at 2 p.m., and you can enjoy the opera along with the patrons. It will be sung in French with English subtitles.
- You may leave after the last intermission or stay for the entire production.

The next two operas of the season are *The Daughter of the Regiment* by Gaetano Donizetti February 27 and *The Marriage of Figaro* by W. A. Mozart April 17. Be sure to save those dates on your calendar and join us at the Lyric.

Christmas party for foster care kids

Christmas time for foster kids in the Crittendon Children's Center or Family Advocates programs will be celebrated Saturday, December 18 at a bowling alley party at AMF Pro Bowl Lanes in North Kansas City [505 E 18th Ave]. A local high school combo will provide entertainment while the kids bowl and enjoy treats and



Santa Claus pictures with their family or friends from 1-4 p.m.

The Social Action Commission's Foster Care Committee is providing

funding and volunteers. We encourage the congregation to help us by baking cookies, providing individually wrapped candy for goodie bags and assisting at the bowling alley. Volunteers could help with bowling instruction, coordination of the activities, managing the cookie table and odd jobs needed with the 300 guests which we expect.

If you would like to bake cookie, provide wrapped candy or volunteer at the event please e-mail us at fostercare@ghtc-kc.org.
—by Rosemary Durkin

Again, to volunteer for this terrific opportunity to help both the Lyric Opera and the outreach ministries of the Cathedral, please contact Gary Hicks.

The Angelus

A laypersons' newspaper published in the interest of Grace and Holy Trinity Cathedral.

The Angelus Small Group Contributors:

Tom Atkin Mary Byrne
Jan Frizzle John Hornbeck
Chris Morrison

Julie Toma, *Editor*

The Angelus Small Group is open to anyone interested in contributing (writing stories, taking photographs) regularly to *The Angelus*. No experience necessary.

Submissions from parishioners and small groups are welcome and encouraged. All entries are requested by the 15th day of the month prior to publication by e-mail to communications@ghtc-kc.org.

Consecration Sunday: November 21

Paying bills is good. Stewardship is WAY more than paying bills. Stewardship, from a Biblical perspective, helps us see our financial contributions as a way by which our relationship with God is both revealed and strengthened. Coming to this perspective has been a huge part of my own growth, both as a Christian and as a lay leader at the Cathedral.

To that end, Grace and Holy Trinity Cathedral has selected the *New Consecration Sunday* stewardship program as a way to teach the biblical and spiritual principles of generous giving in our stewardship education emphasis this year.

New Consecration Sunday encourages people toward proportionate and systematic giving in response to the question, "What percentage of my income is God calling me to give?" Rather than starting from the perspective of what the parish needs to pay its bills, this model presumes that followers of Jesus Christ see their giving in a Sacramental light. It presumes that giving is something we need to do for our own spiritual well-being, rather than focusing on how much the church needs to receive.

Here's our thinking: God has called us to live out our discipleship uniquely at Grace and Holy Trinity Cathedral. We are here for a reason. Through our various min-

istries, the gospel is proclaimed, the hungry are fed, the sick and grieving are ministered to, minds and hearts are nourished, our spirits enlivened by worship and fellowship. God has work for each of us to do; by virtue of our baptisms, each of us is a minister. God is continually calling us into deeper and deeper relationship with him, and we are invited to respond to that calling with the whole of our lives, including a portion of our wealth.

Further, I believe this approach is a natural continuation of the stewardship answers we sought last year

Consecration Sunday at Grace and Holy Trinity Cathedral will be Sunday, November 21.

During morning worship on Consecration Sunday we will ask parishioners to make their financial commitments to the Cathedral's liturgical, missionary, benevolent and educational ministries — ministries that are local, diocesan, national and international in scope. Our celebration that day will include a luncheon following the 10:15 worship.

We will be encouraging the participation in Consecration Sunday events in the upcoming weeks. In fact, we are committed to making every effort to inform, inspire and commit everyone to attend Consecration Sunday worship.

Thanks in advance for your enthusiastic participation in Consecration Sunday events.

—Jeff Johnson, Stewardship Committee Chair



All Parish Meeting

Thank you to all who participated in the All Parish Meeting; it was an important step in the dean search process.





Dinner • 5:30 p.m.

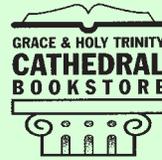
- Dinner will be at 5:30 p.m. All parishioners are cordially invited to join the fun, bring bread or a salad to share, and enjoy the fellowship!
- You might even want to stay and scope out one of the small group activities to see what they're up to.
- More info: ghtc-kc.org/pages/cafegrazia.html

Small Groups • 6:30 p.m.

- Tallis Singers (at 6 p.m.) & Grace Choraliers (at 6:15 p.m.)
- Inklings Book Group
- Charitable Needlework
- The Seekers
- Reel People: We're watching *Sliding Doors* with Gwyneth Paltrow.
- Christmas Open House Planning Committee



Cathedral Bookstore Corner



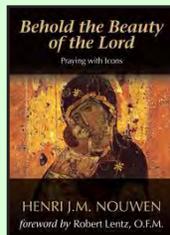
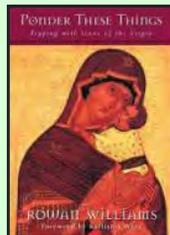
This month, you are invited to explore our books on religious art and iconography!

Icon is a Greek word for image—usually meaning sacred image. An icon is an artistic representation of a sacred person or event such as Christ; Mary, the mother of God; the saints; the Nativity or Resurrection of Jesus. What do you know about the icon in our chapel? Who is it and what does it represent?

An icon manifests our human participation in the divine through its symbolic pictorial language. It is the incarnation of Christ (God made visible) that has become the theological foundation of an icon, which seeks to reveal the divine through visible forms. The sacred icon has been called a “meeting between heaven and earth.” They are deeply rooted in the gospel and have been cherished and venerated by Christians from the earliest times.

Have you considered incorporating iconography into your prayer life? We have books to assist you and ‘sample’ cards of icon images for you to examine. Because icons are ‘individual’ preference and can be specially mounted (matted or on wood) in a variety of ways, we are only able to bring icons into the store upon request. Our cards can accompany your study of icons and even help you find the icon that is most meaningful to you.

We want to grow our Cathedral Bookstore team! Please join this ministry that invites an enjoyable, welcoming gathering place and is a great source of spiritual reading for all ages! We need help on occasional Sunday mornings in the store and creative-thinking individuals to help guide the direction of the Cathedral Bookstore—as a business AND ministry. If you would like to be a part of our team, or just have questions, please e-mail us: bookstore@ghtc-kc.org or contact Father Joe Behen.



Remembering the All Faithful Departed

We will observe our custom of remembering the faithful departed at all three of the services All Saints' Sunday, November 7. Forms for submitting names are available in the Nave, or names can be e-mailed to jtoma@ghtc-kc.org. The deadline for submitting the names is Monday, November 1.

The names will be listed in the worship booklet November 7. They will also be entered into a book which will have a prominent place in the liturgies that Sunday. During the time in the liturgy when prayers for the departed are offered, all present will be invited to say aloud the names of those they would like remembered.

Also, you are invited to bring with you to church November 7 a photograph of those you particularly wish to remember. Tables will be set up at the front crossing of the nave where the photos may be placed before each service begins. To help us manage your treasured mementos, please make sure that your name & contact information are on the back, just in case it is inadvertently left behind. We also respectfully request that parishioners limit the size of their photographs to 8x10 and smaller.



photo by Jan Frizzle

Advent retreat at Rivendell to focus on Julian of Norwich

Thomas Merton called the 14th century English mystic Julian of Norwich “the greatest theologian of our time.” Her profound views are the basis of a retreat at the Rivendell Community, located off Route 13 about 35 miles north of Springfield.

The retreat, scheduled to begin at 7 p.m. Friday, December 3 and continues Saturday, December 4, will focus on Advent themes found in Julian's work, including her struggle to comprehend the sins and afflictions of the world in light of her revelations of God's love and her conviction that “all manner of thing shall be well.”

While Friday's session begins at 7 p.m., participants are welcome to arrive early for Evening Prayer at 5:30 p.m. and stay for supper. Those attending Saturday's retreat may also eat supper. There is no cost, though donations are welcome. To register, contact Susie Danielsson at 417-754-1054. Please register early.

Hot food program: the beginnings of the KCCK, part 2

See the September issue of *The Angelus* for part 1 of this article.

In 1993 employees from St. Luke's Hospital developed "The Cathedral Project" which increased the volunteer pool and coordinated the Christmas dinner, organized a successful clothing drive and threw an Independence Day picnic on the Cathedral grounds. Jane Flynn continued to serve as kitchen manager until she returned to the travel business. At that time, Christa Cavanaugh was hired as kitchen manager. She had a very small staff—a kitchen assistant and a dishwasher. Because the kitchen obtained convection ovens, a commercial grade exhaust system had to be installed by the Gas

Service Co. and local area contractors. A quick cycle dishwasher was purchased and installed through the efforts of the Federal Executive Board in Kansas City, Kan. An ad hoc committee was formed in 1992 to explore possibilities for relocating the Hot Food Program to larger quarters.

A big year: 1994 — The Hot Food Program became the Kansas City Community Kitchen when it was incorporated with a board of directors approved by the vestry. This allowed an expansion to include a training program for kitchen personnel, a catering business and possibly helping smaller agencies with food service.

In April 1995, after Christa left the city, Jane Tally was hired to fill the new position of executive director after volunteering in that position for three months. Liz Tally was hired as kitchen manager thus avoiding a long search. In that year the kitchen also sold aprons with the kitchen logo. Aging convection ovens were replaced through the generosity of two any-

mous donors and a matching grant from the Christian Social Ministry Department of the Diocese of West Missouri. A walk in refrigerator was donated for the KCCK warehouse through the generosity of the St. Luke's employees "Cathedral Project." This warehouse was in the DST donated space opposite the Cathedral on 13th Street.

In 1996, more than 60,000 meals were served! Unfortunately, government commodities, which had been 50 percent of the food served, fell to 10 percent. With the new laws reducing food stamps and welfare funding, it was expected that the need for the services would be escalated dramatically.

In 1997 ground breaking for Founders' Hall occurred, and the capital campaign included funds for furnishing the new kitchen on the Broadway side of the building. They also launched *Pick of the Season*, the cookbook that was expected to be the backbone of those fundraising efforts. In 1999 Founders' Hall was completed and the kitchen moved to spacious new quarters.

In 2003, Jane noted that more than 70 percent of the food served was donated, 20 percent from Harvesters and 10 percent from the USDA. The kitchen received American Royal auction beef and lamb and Safari Club International provided chicken and wild game. The employees of Whole Foods were concerned about food being thrown out and the 7-day-a-week pick up of this food, which would otherwise be discarded, was begun; this continues to this day. Many corporate sponsors provide help, including serving team during the lunch hour. Culinary Cornerstones continued in its fifth year.

Shortly after his arrival at the Cathedral, Dean Terry White asked Episcopal Social Services to take over management of the kitchen. The Board approved this request and eventually Episcopal Community Services (a name change!) stopped all other efforts to concentrate solely on providing food through the kitchen, through parish pantries, and the St. Paul's, Kansas City, Kan., Saturday breakfast program.

John Hornbeck's article in the September issue of *The Angelus* describes the recent changes with the KCCK moving to 8th & Paseo and the kitchen at GHTC becoming the Central Kitchen and home of the Culinary Cornerstones program.

If anyone is interested in joining a cook/prep team, serving during the lunch hour or especially driving for Meals on Wheels, please call the ECS office at 816-561-8920.

—by Mary Byrne

October flower gifts

October 3

- in thanksgiving for my dear friend, Maria Devinki — Carmen Quintero
- in thanksgiving for our 10th wedding anniversary. —Bill Hawley & Sally Livengood

October 10

- in thanksgiving for our grandson, Luke Alexander Woolley —Pat & Kay Woolley

October 17

- in memory of Marilyn Lacey McMullen —Larry McMullen
- in thanksgiving for the blessed gift of healing —Jan Frizzle
- in thanksgiving for Valerie and in celebration of her birthday —Jeff, Bryant and Eliza Johnson

October 24

- in memory of our daughter, Margaret Rose Rice —David & Judy Rice
- in memory of the birthday of my mother, Mary Gentry Shaw —Shawsie Branton

October 31

- in thanksgiving for Candy McDowell on her birthday —John & Vangie Rich and Bill & Mary Jane Mitchell

To donate toward the flowers to celebrate a special event or remember a loved one, sign up online at www.ghtc-kc.org/flowers or contact the Cathedral office (816.474.8260 ext. 103 or office@ghtc-kc.org).



Treasurer's Report

August MTD	Budgeted MTD	Actual MTD
Income	\$ 87,803	\$ 73,397
Expenses	\$ 118,175	\$ 126,043
Net Total	\$ (30,372)	\$ (52,646)
August YTD	Budgeted YTD	Actual YTD
Income	\$ 1,241,415	\$ 1,229,646
Expenses	\$ 1,228,328	\$ 1,225,887
Net Total	\$ 13,087	\$ 3,759

The month of September had a few below average results in the areas of pledge and event income which resulted in the actual income being about \$14,500 less than budgeted. In terms of expenses, there were line items both above and below budget; however, total expenses exceeded budget by nearly \$8,000. The combination of both lower income and higher expenses resulted in operating results being approximately \$22,000 below budget. For the year-to-date, revenues are approximately \$12,000 below budget and expenses are lower than the budget by approximately \$2,500. The net difference year-to-date is slightly less than \$9,500 below budget.

There are challenges for the remainder of the year in revenues from pledge, special gifts and user fee event income which normally tend to increase during the fourth quarter of each year. The remainder of the year budget for special gifts is \$15,000 of which only \$3,000 has occurred year-to-date and user fee event income of \$45,000 of which only \$25,668 has occurred year-to-date.

Your efforts to this Cathedral are greatly appreciated.

—by Jim Phillips, Treasurer

Are you called to the Vestry?

At the January 30, 2011, Annual Meeting, new members of the Cathedral Vestry will be elected. You may nominate yourself or another by contacting the Nominating Committee (not the Priest-in-Charge!) by a letter sent to the Cathedral office addressed "Vestry Nomination" or via e-mail to vestry@ghc-kc.org. The deadline for nominations is November 29.

Current vestry members suggest that nominees should be committed parishioners, regularly attending the Sunday Eucharist and parish events, involved in an aspect of parish ministry, who support the Cathedral's mission with time and finances.

The Vestry meets 10 times a year, usually on the fourth Thursday of the month at 5 p.m. to consider the temporal affairs of the parish, and attendance at monthly meetings is extremely important in order to engage in listening, discussion and healthy debate.

Each nominee will be contacted following the close of nominations, and invited to respond in writing to several questions and submit a photograph. These responses are a part of the committee's discernment. A list of nominees recommended by the committee is announced in a January mailing prior to the Annual Meeting.

Kirkin' o' the Tartan

The sounds of bagpipes and drums and the colorful plaids of Scotland will again adorn the Cathedral for the annual Kirkin' o' the Tartan. Cathedral members are encouraged to don their Scottish attire.

Coffee hour after all services November 14 will feature an array of Scottish shortbread. We need lots of shortbread to serve the parish and our special guests this festive day.



Scottish Colors!
Scottish Sounds!
Scottish Edibles!

Double your donation to Episcopal Relief and Development in November

What can one person do to heal a hurting world? Much. One can provide life-saving, anti-malarial nets to families in Africa, supply farmers in Asia with drought-resistant seeds, or give a family in Central America access to clean water.

A group of donors has agreed to match every contribution dollar-for-dollar (up to \$500,000) that is received by Tuesday, November 30. If you give \$50, you'll generate \$100 in assistance to people in need of food, health care, sanitation, housing, micro-credit loans and more.

To make a donation, please call 800-334-7626, ext. 5129 or visit <http://www.er-d.org/donate-select.php>. Gifts can be mailed to Episcopal Relief & Development, PO Box 7058, Merrifield, VA 22116-7058.



Lobsters for London

Members of the Trinity Choir are selling lobsters at \$25 per 1.5 pound lobster. Orders taken Sundays after the services in Founders' Hall or call 816-718-3844.

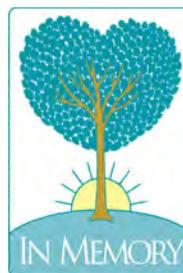
Lobster Delivery (live or steamed):
Saturday, November 13
12:30-2 p.m.



Or join us later that evening for a Lobster Potluck Dinner at 6 p.m. Delicious potluck style dinner and dessert with wine, beverages and jolly good fellowship.

(Seafood allergy? Vegetarian? You can still join us for the potluck and lob a donation into the pot.)

*Give to the departed eternal rest.
Let light perpetual shine upon them.*



- John Miller
- Connie Creveling
(Guy Creveling's mother)
- Margerethe Ann Wilken
Schneider Detterer
(Al Schneider's mother)
- Buford J. Roney
- Aisha Copeland
(Derrick Copeland's niece)

Adult Formation

Sundays • 9:15 a.m. • Founders' Hall

November 7, 14, 21, continues in December
Introduction to Matthew's Gospel
Led by Fr. Michael Johnston

November 28

Thanksgiving weekend; no Adult Formation

• new arrivals •

Orion Ray Robinson was born September 22 to Otis and Jodi Robinson and big brother Deante Finnie. He is the grandson of Joe and Jackye Finnie.



Knitted Hats for Maison de Naissance: “Pray 1, Stitch 2”

Pray for our little ones at MN and stitch a hat, too! Friends of MN have continued the ongoing ministry of lovingly creating infant hats for newborns at Maison de Naissance in Haiti. If you know how to knit, or crochet (or want to learn), the following ‘recipe’ will assist you. It is suggested that a prayer for the infant be offered before and after each knitting ses-

sion. Any completed hats are sent directly to MN through Debbie Marrs or Marian Philip.

Through your prayers, your gifts and sharing the MN story, you have helped make a profound difference in the lives of thousands of families in Haiti. Thank you for your continued support of MN!

—by Valerie Johnson



Knit hats for MN

- Cast on 72 stitches if using DK weight yarn /60 stitches Worsted weight/48 stitches if Bulky.
- Knit for 4 inches. You may use stockinette or whatever you wish. Knit in the round or flat and seam up the back later.
- Start top shaping



FOR DK ONLY

- Knit 5 stitches, Knit 2 together.
- Repeat across row Count 60 stitches.
- Work 7 rows even. Dec row knit 4 knit 2 together repeat across row. Count 48 stitches. Work rows even. DEC row knit 3 knit 2 together repeat across row. Count 36 stitches. Knit 1 row. DEC row Knit 2 together repeat across row. 18 stitches, Work one row even. DEC row knit 2 together across row. Count 9 stitches. Thread stitches on tapestry needle and put tight.

FOR WORSTED ONLY

- Knit 4 Stitches. Knit 2 together. Repeat across row. End with 48 stitches. Work 5 rows even. DEC row knit 3 stitches .Knit 2 together repeat across row Count 36 stitches(Follow DK dec. pattern above.)

FOR BULKY ONLY

- Dec. row knit 2 knit 2 together repeat across row. Work one row even. Count 18.(Follow DK from this point and stitch count as above).

*Please note a rolled brim is preferred. Ribbing at the edge can often make imprints on a newborn baby. We try to follow that recommendation.

AUGUST CLINICAL STATISTICS

Women’s reproductive health visits: 110

Prenatal visits: 656

Deliveries: 77

Postpartum visits: 17

Well baby visits: 210



August’s 77 deliveries was a monthly high for 2010 at Maison de Naissance. Visit maisondenaissance.com for information on how you can get involved.

Masion de Naissance celebrates sixth years of helping moms and babies



The Friends of MN at GHTC hosted a celebration at coffee hour for the sixth anniversary of Maison de Naissance. The mission of Maison de Naissance is improve health for mothers and babies in impoverished communities.

In Haiti, the services of a modern maternity center and community health program are offered from the hospitality of a safe, culturally appropriate, welcoming, and friendly home: a home for birth - Maison de Naissance.

Hospital Visitation

Health information privacy laws prohibit hospitals — even Episcopal hospitals — from routinely calling clergy when parishioners are admitted. Go to www.hhs.gov/ocr/privacy for more information.

If you are hospitalized, please contact the Cathedral 816-474-8260 [for Canon Sue Sommer, ext. x107 or for Canon Joe Behen, ext. 108. If you cannot place the call yourself, ask a family member, friend, or hospital chaplain to place the call.

If you do not receive a visit, most likely your clergy do not know you are hospitalized. Cathedral clergy want to provide pastoral care to hospitalized parishioners; they count on you to keep them in the loop!

Help a Teen in Foster Care Celebrate

Your gift can help Kansas City area teenagers in foster care celebrate their birthdays; it may be the only gift they receive! How it works:

- Your donation, in any amount, will help purchase a \$25 gift card. This card is given to foster care teens on their birthdays.
- Your donation can be placed in the offering today, or mailed to the Cathedral office. Please mark your check or offering envelope "Foster Care Birthday Fund."



(F)all Saints Festival

October 31 11:45 a.m.

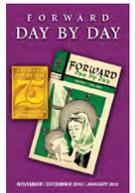
- During the 10:15 a.m. service, we will bless the Cathedral youngsters (and oldsters!) who are encouraged to wear their Halloween costumes to church that day.
- At 11:45 a.m. (or so), we will have a potluck lunch—meat provided, please bring a side dish, salad or dessert.
- If your last name starts with you are asked to bring

A-H	side dishes
I-P	salads
O-Z	desserts
- Please also bring non-perishable food item for Harvesters.
- Costume contest for kids and adults, with great gift card prizes!
- Pumpkin decorating for the kids.



Daily Reading Guide

Pick up your copy of *Forward Day by Day*, a booklet of daily Bible readings and devotions.



Copies of the November/December/January issue are available in the Tower entrance and in the racks under the bulletin board.

A few large print versions are also available.



Thanksgiving Day

Sung Eucharist

10:15 a.m.

Cathedral Nave

Thanksgiving Day is a major holy day in the Episcopal Church. We gather at the Lord's Table to give thanks for the fruits of the earth, and ask God to make us faithful stewards of God's bounty for the provision of our necessities and the relief of all who are in need, to the glory of God's Name. The liturgy will include hymns, a homily and a Litany of Thanksgiving.

*Come Ye Thankful People,
Come Raise the Song of Harvest*

*(The Cathedral offices and buildings will be closed
Friday, November 26.)*



Grace and
Holy Trinity
Cathedral

The Episcopal Diocese of West Missouri

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Website: www.ghtc-kc.org
E-mail: office@ghtc-kc.org

Non Profit Organization

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Kansas City, MO
Permit Number 4220

November 2010

S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

The Right Rev. Barry R. Howe
Bishop of West Missouri

The Rev. Canon Susan Sommer
Priest-in-Charge

The Rev. Canon Joseph Behen
Canon

The Rev. Bruce Hall
Deacon

The Rev. Dr. Michael Johnston
Scholar-in-Residence

Mr. John L. Schaefer
Canon Musician

Weekly Activities

Sunday

8:00 a.m. Holy Eucharist
9:15 a.m. Christian Formation
10:15 a.m. Holy Eucharist
5:00 p.m. Holy Eucharist

Monday

12:05 p.m. Holy Eucharist
6:00 p.m. Trinity Tappers Class

Tuesday

9:15 a.m. EfM
12:05 p.m. Holy Eucharist
1:30 p.m. Women's Bible Study
6:15 p.m. EfM

Wednesday

12:05 p.m. Holy Eucharist
5:45 p.m. The Tallis Singers
6:15 p.m. Grace Choraliers

Thursday

7:00 a.m. Men's Bible Study
12:05 p.m. Holy Eucharist
6:00 p.m. Cathedral Bell Ringers
7:30 p.m. Trinity Choir

Friday

12:05 p.m. Holy Eucharist

Activities for the Month of November

1 • MONDAY

7:00 p.m. Choral Evenson

3 • WEDNESDAY

6:45 p.m. Trinity Teens Youth Group

10 • WEDNESDAY

6:00 p.m. Guild of the Christ Child

13 • SATURDAY

12:30 p.m. Lobsters for London Pickup
6:00 p.m. Lobsters for London Potluck

14 • SUNDAY • Kirkin' o' the Tartan

*Following both morning services: Free blood
pressure checks in Founders' Hall*

17 • WEDNESDAY

7:30 a.m. Finance Committee

5:30 p.m. Café Grazia Dinner

6:30 p.m. Small Groups:

- *Reel People*
- *Inklings Book Group*
- *Seekers Group*
- *Charitable Needlework*
- *Christmas Open House Planning*

6:45 p.m. Trinity Teens Youth Group

24 • WEDNESDAY

12:00 p.m. ECS Thanksgiving Lunch

25 • THURSDAY • THANKSGIVING DAY

10:15 a.m. Holy Eucharist

25-26 • THURSDAY-FRIDAY

*Happy Thanksgiving! Cathedral office and
buildings closed.*

Please verify times and dates of the events listed with the appropriate person(s) or by contacting the Cathedral office or website (www.ghtc-kc.org).



Daylight-Saving Time ends November 7.

Turn your clocks back one hour!