



The Angelus

Grace and Holy Trinity Cathedral • Kansas City, Missouri

Vol. 80, No. 3 • March 2011

FROM THE PRIEST-IN-CHARGE

We installed larger gutters* in at the Sommer Place last spring, and it has made all the difference. At some point in between reshingling our roof (from cedar shake to composite) and wet-vac'ing our basement for the umpteenth time after a rainstorm, we finally figured out that when we re-roofed, we changed the velocity of rainwater running off it and into the gutters. We needed gutters large enough to handle the load and the velocity. Since changing them out I am pleased to report that our basement as been bone dry, even following the kind of storms that Kansas City can produce in the spring and summer.

We, who live in the moist Midwest, are generally blessed with an abundance of precipitation. Yet for all of our marvelous technology which can better predict the probability of it falling than ever before, we can do nothing to manage the process. We cannot cause the rain to fall and we cannot stop it at will. The most we can do is react to it. Grace is a lot like that. We know that it's going to happen. We can identify it when it does happen. But we certainly can't do anything to make God give it (or withhold it). All we can do is respond to it.

In baptism, we believe that God graces us with spiritual gifts. We don't earn them, they simply are given to us. It is our life-long challenge and our joy, as Christians, to put those gifts to work — to respond to the grace that is given to us. Our baptismal covenant (Book of Common Prayer, pp. 304-305) is the roadmap by which we embark on our Christian journey. To live into this covenant is to respond, day by day, to the grace of God given to us. It's a dynamic process. God gives to us, and we give back to God

by continuing in the apostles' teaching and fellowship, in repentance, in seeking and serving Christ in all persons, in striving for justice and peace, in respecting the dignity of every human being. Make no mistake, we don't always see its effects at first. The most effective ministry frequently happens gradually, at the grass roots level.

God gives to us, and we respond in the world in witness to God's grace and love. And it's harmful to us when we don't. I don't mean to imply that God's grace can ever objectively be harmful. However, it's no healthier for us to accumulate grace without responding to it than it is for a basement to accumulate rainwater. In fact, I daresay that for a congregation richly graced by God not to respond with ministry in the world is for that congregation to court spiritual destruction.

"Lent" comes from the Middle English word for "spring." It is related etymologically to "lengthen," as in the lengthening of daylight we experience in springtime in the northern hemisphere. We, in the moist Midwest, know spring to be typically a season of abundant rain. So let it be a metaphor for us. As we begin in our Lenten journey, may we reflect on the ways in which God showers us with grace and make a renewed commitment to respond, by directing our response to grace outward in the world.

—Sue+

** And rejoice with me; I've finally learned to call them by their Heartland name: gutters. I grew up with the Michigan (and Canadian) term: eaves trough.*

The First Day of Lent: Ash Wednesday • March 9 7 a.m. + 12:05 p.m. + 7 p.m.

*Proper Liturgy including homily, Imposition of Ashes,
Litany of Penitence, Holy Eucharist*



ash
wednesday

7 a.m. • said service
12:05 p.m. • organ and hymns
7 p.m. • choir and hymns

*If the KCMO school district has a
weather-related closing, there will be
NO 7 a.m. service; the other services
will be held as scheduled.*



ORDINATION AND CONSECRATION OF THE VERY REVEREND MARTIN SCOTT FIELD

*Please keep Bishop-elect Field, his family
and the diocese in your prayers.*

Saturday, March 5

11:00 a.m. Ordination and installation service at
Marriott Hotel (Muehlebach Tower)
1:00 p.m. Post-ordination reception at Marriott Hotel
(Count Basie Ballroom)

Sunday, March 6

10:15 a.m. Welcome and seating at GHTC

Lent at the Cathedral Bookstore



Talking and listening to God this
Lenten season: achieving inner silence

We pray in community, with our family, and when we are alone. Using words, whether spoken or sung, we connect and communicate with God. Contemplative prayer, however, refers to the practice of praying to achieve inner silence—listening to God. This introspective form of prayer can often be achieved through the use of devotional aids. The Cathedral Bookstore has these items available and several book resources, of course, to assist you this Lenten season.

Handheld Comfort Cross

This olive wood palm cross is not only smooth to touch, but comfortably rests in the hand of those who seek assurance and during times of private devotions. In the Holy Land, the native olive tree has been a source of oil for nourishment; healing; and anointment since ancient times. Still today, Christians in Bethlehem and Jerusalem carve its wood to remind us of Jesus and the story of our salvation. These are wonderful to hold and beautiful to gift to someone.



Labyrinth

Labyrinths assist with centering and focusing your mind, spirit and body. We have several sizes of the Chartres Labyrinth. The palm-sized, pewter labyrinth can be carried along on a morning walk or displayed on a desk or table. It includes a wooden bead decorated stylus for 'walking' the labyrinth and comes in a drawstring pouch. A large, wooden labyrinth is the perfect size your lap or a table. When not in use, display it on an easel or hang on the wall. A fabric style is easy to roll up and take with you anywhere your travels take you.



Anglican Prayer Beads

Prayer beads are symbolic of the four seasons in the solar year; the seven seasons of the Christian year; and the 33 years Jesus lived on earth. The circle formed by the beads and the number of times one prays the beads (three) represents the trinity. Our Anglican prayer beads are handmade in the U.S. and can be ordered in many designs. Bead styles include wood, pearl and a variety of stones. Cross styles and metal type can also vary on each bead set. See our styles in the store or go online and select your favorite and we will order it in for you (www.fullcirclebeads.com).



Icons

It is the incarnation of Christ (God made visible) that has become the theological foundation of an icon. Icons invite divine connection through symbolic pictorial language. Icons are deeply rooted in the gospel and have been cherished and venerated by Christians from the earliest times. We have numerous samples of icons we can order framed or unframed. Small sample cards allow you to select the artist's style and the icon that appeals to you the most.



Join the Altar Guild

In gratitude we pray for all who have served faithfully on the Cathedral Altar Guild. Grant us a renewed spirit of reverence for this ministry and all the work it undertakes.

The Altar Guild is a very special ministry, in caring for the Altar, linens and vessels we become an active part of the liturgy and everyone is welcome to participate. If you are interested in joining this ministry please contact Janet Sweeting at 816-361-3563.



Daylight Saving Time
begins March 13

Remember to turn your
clocks forward one hour!

February's flower gifts

February 13

- in memory of William P. Bucker — Barbara & Bob Bucker
- in thanksgiving for the faithful ministry of the Rt. Rev. Barry Howe — Bob Trapp

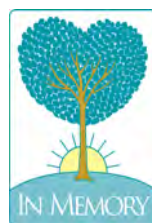
February 20

- in thanksgiving for the birthdays of my son-in-law, Bruce Reed, and my grand-daughter, Mary Gentry Reed — Shawsie Branton
- in thanksgiving for the birthday of Kevin Michael Thomas — Cathy & Michael Thomas and Hilary Gaboriau
- in thanksgiving for Hilary Gaboriau — Michael & Cathy Thomas
- in memory of Mrs. Betty Phillips — Robert Trapp

February 27

- in memory of Sarah Lutten Morse — Richard & Anne Morse

To donate toward the flowers to celebrate a special event or remember a loved one, sign up online at www.ghtc-kc.org/flowers or contact the Cathedral office (816.474.8260 ext. 103 or office@ghtc-kc.org).



Give to the
departed eternal
rest.
Let light
perpetual shine
upon them.

- Libby Pence
- Dale Sweeting,
brother of Ric
Sweeting

The Angelus

A laypersons' newspaper published in the interest
of Grace and Holy Trinity Cathedral.

The Angelus Small Group Contributors:

Tom Atkin Mary Byrne
Jan Frizzle John Hornbeck
Chris Morrison

Julie Toma, Editor

The Angelus Small Group is open to anyone interested in contributing (writing stories, taking photographs) regularly to *The Angelus*. No experience necessary.

Submissions from parishioners and small groups are welcome and encouraged. All entries are requested by the 15th day of the month prior to publication by e-mail to communications@ghtc-kc.org.

Treasurer's Report

Jan. MTD	Budgeted MTD	Actual MTD
Income	\$ 103,350	\$ 101,252
Expenses	\$ 118,862	\$ 118,403
Net Total	\$ (15,512)	\$ (17,151)

The 2011 year has started out very well with pledges above the month of January 2010 and the total income being about \$9,600 ahead of January 2010. This is a very positive first month. Expenses for the month of January 2011 were also below the amount in January 2010; however, the major item relates to the Diocesan assessment. In January 2010, the Diocesan assessment also included an amount relating to the prior year of 2009. Adjusting for the Diocesan assessment item, the expenses were fairly comparable between January 2010 and January 2011.

We continue to receive pledge cards. If you have not yet made a pledge, we certainly would appreciate your making a pledge for 2011. Your pledge truly assists us in planning for the 2011 year.

—by Jim Phillips, Treasurer

Maison de Naissance celebrates sixth year

Maison de Naissance currently employs four midwives who provide free services to the rural population in Haiti near Les Cayes. The amount of services provided is remarkable. They have delivered 634 babies, provided 4,890 pre natal visits, and 2,447 well baby visits.

This is a staggering accomplishment in a country destroyed by the January 2010 earthquake, suffering destruction from hurricane Tomas and undergoing political turmoil. In addition to the services offered the hope and concern shown at MN has an immeasurable impact on the lives of women and their children the area.



Please continue to keep the people of Haiti in your prayers as they struggle with the hardships around them. Also celebrate the care MN provides.

—by Rosemary Durkin



Maison de Naissance Foundation Office Has Moved

Donations may be made online at www.maisondenaissance.com or sent to the new MN Foundation office at 5000 W 134th St, Leawood, KS 66209.

You can reach them by phone at 913.402.6800 Ext. 126.

NURSING NOTES

The health ministry would like to welcome Chris Morgan, JD, to our group. His knowledge of legal matters concerning medical issues will be very valuable to us and the congregation.

February was the dental health month for you. We thank Valerie Johnson for instructing our children's formation classes in correct dental care.

We have provided a CPR class for Cathedral staff which includes the new guidelines for CPR and the use of the AEDs should a cardio/respiratory problem occur.

—Dr. Geoff Logan,
Carol Montgomery, RN;
Cindy Line RN



Adult Formation

Sundays • 9:15 a.m. • Founders' Hall

March 6

Transformation in Egypt
Ahmed El-Sherif was raised in Egypt, and is now a Kansas City resident. He is a well-known and respected Muslim leader and teacher in this area. Ahmed has been deeply immersed in Egyptian politics, and will share with us his insight and experience of the revolution taking place in Egypt.

March 13, 20, 27

The Cloud of Unknowing
The Cloud of Unknowing is a 14th-century work upon which the theology of centering prayer is based. Glenn Young, a PhD student at Notre Dame and Visiting Assistant Professor of Theology at Rockhurst University, will present what he's discovered about The Cloud of Unknowing during his doctoral work. "A book of contemplation in which the soul is one with God."

Palm Cross Day

Thursday, April 14 • 9 a.m.

We will be making crosses out of palm leaves for distribution on Palm Sunday. Bring your scissors — someone will teach you how to make the crosses if you've never done it before!



Lunch will be served at noon for all participants — the main dish is provided, but you may bring a salad or a dessert to share.

Gift for Easter

Easter celebrations at the Cathedral are a feast for the senses with flowers from Trapp & Co. while the Cathedral choirs and instrumentalists will produce glorious music. Your gift will help provide flowers and music for our Easter celebrations. Envelopes will be available late this month. The deadline for your name to be included in the Easter bulletins is **Sunday, April 17.**



Activities for March

5 • SATURDAY

11:00 a.m. Consecration of Bishop-elect
Martin Field

6 • SUNDAY

10:15 p.m. Welcome & Seating of New
Bishop

9 • WEDNESDAY

7:00 a.m. Ash Wednesday Liturgy
12:05 p.m. Ash Wednesday Liturgy
7:00 p.m. Ash Wednesday Liturgy

13 • SUNDAY

Free blood pressure checks at coffee hour

16 • WEDNESDAY

7:30 a.m. Finance Committee
6:45 p.m. Trinity Teens Youth Group

24 • THURSDAY

5:00 p.m. Vestry

See box below for Lenten Academy info!

Please verify times and dates of the events listed with the appropriate person(s) or by contacting the Cathedral office or website (www.ghtc-kc.org).



**Grace and
Holy Trinity
Cathedral**

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March 2011

S	M	T	W	T	F	S
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6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

The Right Rev. Barry R. Howe
Bishop of West Missouri

The Rev. Canon Susan Sommer
Priest-in-Charge

The Rev. Canon Joseph Behen
Canon

The Rev. Jerry Grabher
Deacon

The Rev. Dr. Michael Johnston
Scholar-in-Residence

Mr. John L. Schaefer
Canon Musician

Weekly Activities

Sunday

8:00 a.m. Holy Eucharist
9:15 a.m. Christian Formation
10:15 a.m. Holy Eucharist
5:00 p.m. Holy Eucharist

Monday

12:05 p.m. Holy Eucharist
6:00 p.m. Trinity Tappers Class

Tuesday

9:15 a.m. EfM
12:05 p.m. Holy Eucharist
1:30 p.m. Women's Bible Study
6:15 p.m. EfM

Wednesday

12:05 p.m. Holy Eucharist
5:45 p.m. The Tallis Singers
6:15 p.m. Grace Choraliers

Thursday

7:00 a.m. Men's Bible Study
12:05 p.m. Holy Eucharist
6:00 p.m. Cathedral Bell Ringers
7:30 p.m. Trinity Choir

Friday

12:05 p.m. Holy Eucharist

Lenten Academy

Wednesdays, March 16, 23, 30 and April 6

6:00 p.m. Evening Prayer
6:15 p.m. Dinner
7-8 p.m. Classes

**No
preregistration
required!**

Class Offerings:

Religion and the Critical Mind
God, Gulliver and Government
One night only (March 23): Interfaith Dialogue

Embracing an Adult Faith
Health and Wellness

Lenten Academy Dinner

Dinner is provided each week by ministry groups at the Cathedral. We ask that you make a donation of \$5 per individual or \$10 per family, though free will offerings accepted as all are welcome at our table. The donations are given directly to the ministry groups who provide the dinners.

For Children

Childcare will be offered in the nursery for children 4 years and younger. Older children will be supervised in a classroom. A modest donation to cover the cost of childcare is appreciated.

For more information, visit www.ghtc-kc.org/lent.