



The Angelus

Grace and Holy Trinity Cathedral • Kansas City, Missouri

Vol. 80, No. 10 • October 2011

FROM THE PRIEST-IN-CHARGE

Cady and I started riding at a different stable in September. Because we use lesson horses, as opposed to owning and boarding our own, this change in venue has also meant some adjustment for the two of us.

It's all good, you understand, but it is different. At the former stables, the horses were pasture-boarded, and there was 400 acres of trails. It meant traipsing out to the pasture to catch our mounts, and more time for grooming, but there was room to roam. By contrast, the horses are in stalls in this new place, but there are no trails. The horses are cleaner, but more jittery at the beginning of the lesson. I now ride a beautiful big chestnut mare named Jazz who moves like no horse I've ridden before. And everything I thought I knew about posting, 2-point and cantering I'm having to re-learn on a horse who is much more responsive and whose action is much more brilliant than what I'd grown used to. It's great, it's exhausting, it's discouraging, it's exhilarating — often, all within the course of a single lesson.

Change is like that. Old expectations, old certainties, old trajectories within a given learning curve come to an end, and a whole new reality is ushered in. It's exciting and unsettling, often in equal measure. Little wonder that so many of us resonate with the magnificent collect from the fifth Sunday of Lent:

Almighty God, you alone can bring into order the unruly wills and affections of sinners: Grant your people grace to love what you command and desire what you promise; that, among the swift and varied changes of the world, our hearts may surely there be fixed where true joys are to be found ...

As I write this, your new dean has been elected, but the name not yet formally released, pending the completed negotiation of the Letter of Agreement. (No doubt by the time you're reading this, all has been revealed and a start date set.) A new and exciting era in the life of Grace and Holy Trinity Cathedral is on the cusp of being ushered in. And though it's unclear at this point how relatively swift the changes will be, they are sure to be varied, because that's how it works in organizations. A well known saying in our nation's capitol is that elections have consequences. In any parish or diocesan election, lives are deeply touched and relationships necessarily changed, new priorities and issues emerge, old priorities are re-imagined or set aside. Our task, as members of a Christian community is to navigate those consequences carefully, transparently, faithfully and with integrity.

It has been a privilege to serve as your priest-in-charge

since August of 2010. It's been quite a ride. In that time, we elected a new bishop and the Cathedral played a huge role not only in hosting the election convention, but also in planning and executing the consecration and subsequent seating. We lost two beloved staff members to death — Betty Phillips and Deacon Bruce Hall. We welcomed in an interim sacristan (Janet Sweeting) and new deacon (Jerry Grabher), both of whom have brought new energy and skills. We embarked on some new outreach initiatives as well as some much needed capital improvements. We said goodbye to the Kansas City Community Kitchen in the lower level of Founders' Hall as they moved to their new location, and hammered out a new agreement with ECS regarding ongoing usage of the property. Our beloved adjunct clergy, Fr. Michael, Pastor Richard and Mother Carol, stepped up not only as celebrants in the daily Holy Eucharist, but also as preachers and celebrants on Sunday as well. Without their able and gracious assistance, Fr. Joe and I truly would have met ourselves coming and going in this very busy place. The wardens have truly gone above and beyond during this time as well and I am truly indebted both to David Rice and Steve Moore for the support they've given me as well as for the extra demands placed upon them during this time.

In all of this, I've been truly mindful of your prayers and good wishes as we navigate the swift and varied changes that now are upon us, including some very exciting possibilities that lie ahead for my family and me. And I am reminded of St. Paul's haunting, paradoxical words in 2 Corinthians 12 that God's grace is sufficient ... for power is made perfect (ie., whole or complete) in vulnerability. I daily pray for the people of Grace and Holy Trinity Cathedral, and for the grace to do the work that is set before me. I ask for your prayers as well.

Sue+

House of Abraham

See page 7 for information about the 2011-2012 Habitat House of Abraham.



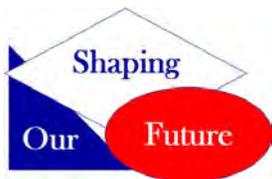
Shaping Our Future forum October 9

The West Missouri Futuring Task Group was created by a resolution passed at the 2010 Diocesan Convention. The resolution created a committee to work with Bishop Martin Field to consider his vision for the ministry of the diocese in relation to ongoing assessment levels and the existing plan for

mission and ministry expenditures.

The task group invites deanery delegates, congregational

leaders and all adult and youth parishioners to attend the open forum "Shaping Our Future." Information gathered from these meetings will be used to shape the work of the task group. Bishop Martin Field will attend each meeting along with task group members. The last meeting is Sunday, October 9 here at the Cathedral from 3-5 p.m.



Treasurer's Report

August MTD	Budgeted MTD	Actual MTD
Income	\$ 128,821	\$ 129,351
Expenses	\$ 122,813	\$ 117,990
Net Total	\$ 6,008	\$ 11,361
August YTD	Budgeted YTD	Actual YTD
Income	\$ 1,008,862	\$ 1,016,887
Expenses	\$ 955,213	\$ 967,359
Net Total	\$ 53,649	\$ 49,528

For the month of August 2011, total operating income exceeded budget by about \$500 and expenses were about \$5,000 lower than budgeted. Net Operating Income for the month totaled \$11,361. For the year-to-date through August 2011, income exceeded budget by about \$8,000; however, expenses were about \$12,000 greater than the budget due in part to higher property expenses. Net Operating Income year-to-date totaled \$49,528, which was about \$4,000 below budget.

—by Jim Phillips, Treasurer



Café Grazia is a monthly gathering for all parishioners. You are cordially invited to join the fun, bring bread or a salad to share, and enjoy the fellowship. You might even want to stay and scope out one of the small group activities to see what they're up to.

Dinner • 5:30 p.m.

Small Groups • 6:30 p.m.

- Tallis Singers (at 6 p.m.)
- Grace Choraliers (at 6:15 p.m.)
- Inklings Book Group
- Charitable Needlework
- Reel People

Get your calendars in the Bookstore

Get ready for a new year—a new church year, that is! For those who still like the tactile sensation of writing on paper and turning pages on a calendar, try the Episcopal Liturgical appointment calendar for November 2011–December 2012.

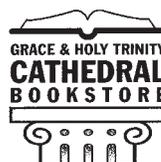
It is more than *just* a calendar, it is also a way to keep appointed readings, inspirational notes and affirmations conveniently close to your daily to do list.

This 8 x 10 calendar is spiral bound with two facing pages for each week and include art and a brief devotion with

- ample space for noting appointments. Daily Office readings from the
- Book of Common Prayer; Sunday readings from the Revised Common
- Lectionary; proper liturgical colors, Holy Days, commemorations and
- secular observances are all noted for easy reference.

It's what you need for keeping you *on schedule* and your spiritual direction *on track*. No battery or charging required.

See a sample calendar in the bookstore and we'll place an order for you!



• new arrivals •

Riley Caroline was born August 14 to Ryan and Lisa Thomas. She is the granddaughter of Paula Livingston.



The Angelus

A laypersons' newspaper published in the interest of Grace and Holy Trinity Cathedral.

Regular Contributors:

Friends of MN, Jan Frizzle, Chris Morrison
Julie Toma, *Editor*

The Angelus Small Group is open to anyone interested in contributing (writing stories, taking photographs) regularly to *The Angelus*. No experience necessary.

Submissions from parishioners and small groups are welcome and encouraged. All entries are requested by the 15th day of the month prior to publication by e-mail to communications@ghtc-kc.org.

Shaping

Our

Future



Blessing of the Pets

Join us at 10 a.m. on Saturday, October 8 on the north lawn of the Cathedral campus as we observe the feast of St. Francis (transferred from October 4) with a blessing of pets.

Bring your leashed, crated, or otherwise secured domestic critters and be part of the holy fun!

THANK YOU!

Thank you for your support of the 2011 Dean's Cup Classic Golf Tournament!

From the proceeds, a check in the amount of \$5,600 was sent benefiting Episcopal Community Services Culinary Cornerstones program.

DEAN'S CUP CLASSIC

Maison de Naissance — the community

The mission of MN is to improve health for mothers and babies in impoverished communities. In Haiti, the services of a modern maternity center and community health program are offered from the hospitality of a safe, culturally appropriate and welcoming home: a home for birth — Maison de Naissance.

This month we will look at the people and environment (“the community”) of MN. With MN, as its center of operation, a positive community relationship is critical for its acceptance, support and success.

As a refresher: MN is located in the plain of Torbeck, an agricultural area in Haiti’s southwest peninsula. Men and women work hard to cultivate crops including rice, beans and corn. Unfortunately the fruits of their labor fall short of sustaining them financially. It is still cheaper to buy imported rice than to buy local rice. There are signs of progress as large parts of MN’s zone of service have irrigation canals, constructed in recent years, and one of our health community workers is the proud operator of a small tractor.

Here are some highlights from recent months:

- The successful recruitment of an experienced professional nurse midwife. Recruitment of midwives is difficult due to competition from larger NGO’s offering inflated salaries. We are blessed to have her.

- The participation of our auxiliary nurses, lab techs and community health supervisor in 2 full days of on-site continuing education.
- MN participation in the Ministry of Health and UNICEF’s ‘Child Health Week’ activities including daily vaccination posts throughout our zone of service.

The above information has been supplied by Kyra Abbott, MN Haiti Director. The monthly statistics will appear next month as Kyra is on a much deserved vacation.

We thank everyone who attended the Ministry luncheon August 28 and shared their time at our table; it is always wonderful to share our story with folks at the Cathedral.

The following local events will give all of us an opportunity to support MN by attending and/or through donations. On Sunday, October 2, 2011, at the Cathedral, we will celebrate the 7th anniversary with the Cathedral Friends of MN hosting coffee hour following both services. Please mark your calendar and join us for the festivities.

Sunday, November 6, 2011 at 6 p.m., a seventh anniversary celebration and benefit will be held at Axois, a French bistro, in Brookside.

Always pray for those serving and those who are served in the MN community.

—by Paula Miller

September flower gifts

September 4

- in memory of Scott Daniel Henry — Jane Henry
- in thanksgiving for our wedding anniversary — Eric Elisabeth and Julie Brogno
- The candles are given in thanksgiving for children and youth formation, and all the Christian formation leaders.

September 11

- in thanksgiving for Aida Bess Thomas — Michael & Cathy Thomas
- in memory of my father, Cornelius F. Cole — Charmaine Fowler

September 18

- in thanksgiving for Lisa on her birthday — Sharon Hudson
- The candles are given in thanksgiving for EFM leaders, Gary Hicks, Steve Johnson, Kristin Niederberger.

September 25

- in loving memory of Connie Creveling — Guy and Mel Creveling



To donate toward the flowers to celebrate a special event or remember a loved one, sign up online at www.ghic-kc.org/flowers or contact the Cathedral office (816.474.8260 ext. 103 or office@ghic-kc.org).

October Events

Sunday, October 2

Celebrate MN’s 7th Anniversary • morning coffee hours

The Friends of Maison de Naissance invites us to celebrate the seventh anniversary of the founding of Maison de Naissance, the birthing home in Haiti.

Friday-Saturday, October 7-8

Episcopal Church Women Annual Fall Conference

Susie Uhlik presents “The Spices of Our Lives” at St. Alban’s in Bolivar. Register online at www.episcopalwestmo.org.

Saturday, October 8

Blessing of the Animals • 10 a.m.

Join us on the north lawn of the Cathedral campus as we observe the feast of St. Francis with a blessing of pets. Bring your leashed, crated, or otherwise secured domestic critters and be part of the holy fun!

Sunday, October 9

Bishop’s Visitation • morning services

Shaping Our Future Forum • 3-5 p.m.
The West Missouri Futuring Task Group invites deanery delegates, congregational leaders and all adult and youth parishioners to attend the open forum “Shaping Our Future.” Information gathered from these meetings will be used to shape the work of the task group. Bishop Martin Field will attend each meeting along with task group members.

Saturday, October 15

Hymn Festival • 8 p.m.

Led by Dr. John Ferguson and the St. Olaf College Cantorei. Please come and sing.

Sunday, October 23

Healing Service • all services

In honor of the feast of St. Luke, patron of healers, the Cathedral will offer the rite of healing at all three services.

Wednesday, October 26

Café Grazia • 5:30 p.m. dinner; 6:30 p.m. small groups

Sunday, October 30

(F)all Saints’ Festival • 11:45 a.m.

Join in the fun, come in costume! Those in costume are blessed at the 10:15 a.m. service and a potluck for all (meat provided) at 11:45 a.m.

Mark your calendars and plan on being a part of these events. Watch the website, Sunday bulletin and weekly e-mails for more information.



MUSIC NOTES

from Canon Musician John Schaefer

At its July meeting, the Vestry approved the forming of a Cathedral Music Guild. The purpose of the Guild is to develop projects that go beyond the day-to-day music program covered by the Cathedral budget.

As many of you know, the first major project is a Choir tour of England in 2013. The Choir has offered its services to Exeter Cathedral for an Evensong, Wells Cathedral for an Evensong, Bristol Cathedral for a weekend, and Worcester Cathedral for a week long residency. This is expected to begin in mid-July of 2013.

Raising funds for the tour is off to a good start, thanks to the generosity of those who attended Richard Preis's concert in July and my own recital on my birthday.

The next event in the fundraising journey is a Lobsterfest Saturday, October 1, which happens to be the 35th anniversary of my becoming the Organist/Director of Music at Grace and Holy Trinity Cathedral. The deadline for ordering lobsters has passed. However, please come to the potluck celebration at 6 p.m. Each person contributes \$10, and provides a dish to share and brings his or her own favourite (English spelling) beverage. Coffee and tea will be provided.

Special musical events in October include a Hymnfest, led by Dr. John Ferguson and the St. Olaf College Cantorei, on Saturday, October 15, beginning at 8 p.m. Please come and sing. Also, if you can provide overnight housing for a singer or two (or have an air mattress they can use), please phone Mary Ann Mansfield at the Cathedral.

On Sunday, October 30 at 8 p.m., Dr. Ann Marie Rigler of William Jewell College will present an organ recital of the music of Jehan Alain, whose centenary we celebrate this year. The music is beautiful and often exotic; and Dr. Rigler is one of the area's finest organists. The recital is free admission.

The Trinity Choir will sing Choral Evensong on Tuesday, November 1, the Feast of All Saints. Andrew Lang, former organist of the Church of the Good Shepherd, will play an extended prelude and postlude. The service begins at 7:30 p.m. with the prelude and will end about 8:30.

Now available for purchase are several CDs or DVDs. The CD is of my recital in August; the DVDs are of the choir's visit to Dublin in 2006; and John Fowler's recital in January of 2008.

The items are available in the Cathedral Bookstore.

HEALTH NEWS

Flu and pneumonia vaccines

The Health Ministry will be offering flu and pneumonia vaccinations two weeks in October during after service coffee hour. Your cost will be \$28 for the flu vaccine and \$7 for the pneumonia injection. These injections are covered by Medicare and most insurance companies. So we can preplan our resources for those interested, please sign up October 2.

The company from whom we are obtaining this service requires sufficient interest of the parishioners. Other churches, through their Health Ministries, and local companies in the greater Kansas City and St. Joseph areas also use this particular organization.

The Center for Disease Control (CDC) states that the flu vaccine can be given to anyone five years of age or older. The optimal timing of the flu vaccine is quite unpredictable but most flu activity peaks in January or February and a person's immune protection from a vaccination declines over the flu season. We hope to offer this on an annual basis if we have enough interest.

A parishioner's survey is available online and in the back of the Nave to assist the Health Ministry in forming this coming year's informational meetings.

Please take a moment to complete the survey and place it in the "questionnaire" box at the back of the nave as you leave.

Thank you, and stay well.

— Carol Montgomery, RN



Parish Health Ministry

(F)all Saints Festival October 30 • 11:45 a.m.

The (F)all Saints Festival at Grace and Holy Trinity Cathedral will be Sunday, October 30. Mark your calendars and plan on being a part of this grand celebration! During the 10:15 a.m. service, we will bless the Cathedral youngsters (and oldsters!) who are encouraged to wear their Halloween costumes to church that day.

At 11:45 a.m. (or so), we will have a potluck lunch—meat provided, please bring a side dish, salad or dessert.

If your last name starts with you are asked to bring

A-H	side dishes
I-P	salads
O-Z	desserts

Please also bring non-perishable food item for St. Mary's Food Pantry. Costume contest for kids and adults, with great gift card prizes! We will have bouncy houses for the kids!!



Remembering the All Faithful Departed

All Saints Sunday is just around the corner. Once again, we will observe our custom of remembering the faithful departed at all three of the services November 6. Forms for submitting names will be available beginning October 16; names can be e-mailed to jtoma@ghtc-kc.org. The deadline for submitting the names is Monday, October 31.

The names will be listed in the worship booklet November 6. They will also be entered into a book which will have a prominent place in the liturgies that Sunday. We will add names to the book started last year, thereby creating a lasting memorial of "those we love but see no longer."

During the time in the liturgy when prayers for the departed are offered, all present will be invited to say aloud the names of those they would like remembered.

Joplin Tornado Relief: No Charge Garage Sale

The Cathedral will be the drop site for donations from churches in the KC area so we need lots of volunteers!

We need volunteers at GHTC October 10-14:

- to help to help receive and organize donations brought to GHTC
- to help load the trailer at GHTC October 15 (beginning at 8:30 a.m.)

If you can take a shift for donation drop-off, please contact Charmaine Fowler (816-509-3365), Jill Kennedy (816-898-9321) or the Cathedral office (816-474-8260 or office@ghtc-kc.org).

We need you to bring donations. We are collecting only these items:

- **NEW or like-new toys**
- **Holiday Items** (Halloween decorations and costumes, Thanksgiving decorations, Christmas decorations)
- Winter clothing items, especially sweaters, coats, hats, mittens, gloves, scarves, etc.
- Blankets, quilts
- Household items and small appliances, e.g. coffee makers, mixers, toaster ovens, energy-efficient, safety-rated space heaters
- Shelving and tools, e.g. hammers, saws, screwdriver sets, pliers, rakes, shovels

We need volunteers in Joplin:

- to help unload the trailer in Joplin (about 2 p.m.)
- to help sort and organize for the sale the week of October 17
- at the sale (Saturday, October 22)

Contact Fr. Frank Sierra at stphiliprector@aol.com to volunteer to help in Joplin.

Important Notes:

- DONATE only new or very gently used items which have been dry cleaned or laundered.
- DO NOT DONATE items not on the list.
- This is not a traditional "garage sale," i.e. a means to dispose of items nearing the end of their serviceable life. This is an offering to those in need from the "first fruits" of our life and labor.

Lafayette House Project

Vacant land has been purchased in Joplin upon which will be constructed a single-story, three bedroom, two bath home for Lafayette House (a women's and children shelter).

The building project will require work-teams on weekends to accomplish various construction projects, e.g. hanging drywall, painting, etc. A general contractor should be in place shortly and a schedule for work days will be



published as soon as construction plans are approved. Resources for this project come from funds which have been donated to the Joplin Tornado Relief Fund.

Saturday, November 19: All are invited to join the Bishop in Joplin for liturgy of blessing for this work.

Other activities may well be planned for November 19 — stay tuned for more information!

Feeding hungry children

Many families living in poverty rely on free or reduced-fee school breakfasts and lunches for their school-age children. Often those children don't have enough to eat between Friday and Monday. The Cathedral is joining Episcopal Community Services's work to provide food for hungry children through the BackSnack program. Harvesters' local community food bank provides food and ECS delivers the food to the Cathedral. Volunteers fill the backpacks on Wednesdays with food and deliver them to schools. School officials identify students who

need assistance and send them home for the weekend with the backpacks—and no one has to know there aren't just books and homework inside.

Contact Joyce Morrow or Charmaine Fowler to be part of a team to fill the backpacks with food. Come once a month or every week — we appreciate your support to feed hungry children.



Adult Formation

9:15 a.m. • Founders' Hall

October 2

Sanctuary

This class will use the metaphor of the Temple in Jerusalem to discuss individual spiritual paths. We will explore how specific features listed both in the Torah and the Talmud reveal aspects of spirituality. The material is based on an essay original to the forum's facilitator. Led by Mark Matzeder

October 9, 16 & 23

From Jesus to Christ

Led by the Rev. Jerry Grabher

October 30 and November 6

Two Medieval Mystics for Today: Richard Rolle and Julian of Norwich

Richard Rolle and Julian of Norwich are two fourteenth-century English mystics who have profound and wonderful insights about the path of prayer and the experience of God in our lives. In our meetings, we'll read selections from their writings and discuss what their mysticism offers us today.

How Many Autumns Will I See

It's fall again

The heat has fled the landscape

Apples scattered

Pumpkins ripe

And the leaves are showing their autumn.

The birds are making travel plans

The squirrels are doing their diggings

The deer are hiding

The foxes are hunting

And the bears are looking for sleep.

The trees have said their peace

We mortals live as leaves

Whose green will soon become as brown

And then return to sod.

How many autumns have I seen

I dare not count the days

The air sings long of season's change

And with one voice she speaks.

How many autumns will I see

I do not dare to ask

For He who knows and counts the days

In His good time will tell.

—e.c. binford, August 2011

THE HOUSE ABRAHAM BUILDS 2011



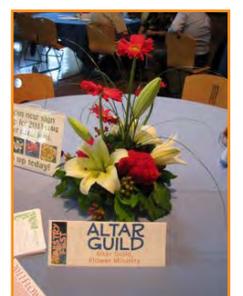
IN THE BEGINNING:

On September 11, 2011 ground was broken for the third “Abraham” House for Kansas City. Representatives from the three Abrahamic Traditions joined in prayer, song and celebration to dedicate the newest joint project in partnership with Habitat for Humanity of Kansas City.

Grace and Holy Trinity Cathedral will again be a part of this endeavor. Financially GHTC is supporting the project and we are committed to providing workers to do the hammering and carrying. If you would like to be a part of this project please email me at gradysanford@mac.com. The work days will stretch from November 2, 2011 thru January of 2012, we will work Wednesday thru Saturday from around 8:00 AM to 4:00 PM. All skill levels are needed and welcome.

Unique to this project is the workforce which will be made up Jews, Christians and Muslims. It is an opportunity to learn and work. Each of the 50 scheduled workdays needs 12 to 15 workers, we will do our best to accommodate what works best for you.

MINISTRY FEST



October Calendar

1 • SATURDAY

9:00 a.m. Altar Guild Workday
6:00 p.m. Lobsterfest Potluck

2 • SATURDAY

Celebrating MN's 7th anniversary (coffee hour)

4 • TUESDAY

5:15 p.m. Budget Committee

9 • SUNDAY • Bishop's Visitation

Collection of nonperishable food
Free blood pressure checks at coffee hour
3:00 p.m. Shaping Our Future Forum

15 • SATURDAY

8:00 p.m. Hymnfest

19 • WEDNESDAY

7:30 a.m. Finance Committee

20 • THURSDAY

5:00 p.m. Social Outreach Commission

26 • WEDNESDAY

5:30 p.m. Café Grazia Dinner
7:00 p.m. Café Grazia Small Groups

27 • THURSDAY

5:00 p.m. Vestry

Please verify times and dates of the events listed with the appropriate person(s) or by contacting the Cathedral office or website (www.ghtc-kc.org).



Grace and
Holy Trinity
Cathedral

The Episcopal Diocese of West Missouri

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October 2011

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The Right Rev. Martin S. Field
Bishop of West Missouri

The Rev. Canon Susan Sommer
Priest-in-Charge

The Rev. Canon Joseph Behen
Canon

The Rev. Jerry Grabher
Deacon

The Rev. Dr. Michael Johnston
Scholar-in-Residence

Mr. John L. Schaefer
Canon Musician

Weekly Activities

Sunday

8:00 a.m. Holy Eucharist
9:15 a.m. Christian Formation
10:15 a.m. Holy Eucharist
5:00 p.m. Holy Eucharist

Monday

12:05 p.m. Holy Eucharist

Tuesday

9:15 a.m. EfM
12:05 p.m. Holy Eucharist
1:30 p.m. Women's Bible Study
6:15 p.m. EfM

Wednesday

12:05 p.m. Holy Eucharist
5:45 p.m. The Tallis Singers
6:15 p.m. Grace Choraliers
6:45 p.m. Trinity Teens (1st & 3rd)

Thursday

7:00 a.m. Men's Bible Study
12:05 p.m. Holy Eucharist
6:00 p.m. Cathedral Bell Ringers
7:30 p.m. Trinity Choir

Friday

12:05 p.m. Holy Eucharist

Helping area food pantries

Paper bags for St. Paul's food pantry

Thank you for your generous donations of paper bags. Please keep saying "Paper" at the grocery store and bringing those bags to the Cathedral tower. St. Paul's is giving away about 1,000 bags each month.

Nonperishable food for St. Mary's food pantry

Food pantries across the city are running low on food and St. Mary's Saturday food pantry is no exception. The Social Outreach Committee is asking for donations of nonperishable food items to help stock the St. Mary's pantry. No glass containers, please. *Please bring food to the basket at the front of the Nave the second Sunday of each month (October 9 is your next opportunity to give).*



Thank you to all who gave for our first collection of food for St. Mary's pantry. Your generous response has helped feed families this month. Please bring nonperishable food items the second Sunday of each month.

photo by Sally Livengood