



The Angelus

Grace and Holy Trinity Cathedral • Kansas City, Missouri

Vol. 82, No. 8 • August 2013

FROM THE DEAN

Extending Summer Warmth

“Mittens!” There was always a drawer full of mittens to choose from when I was a boy. The drawer, crammed full of various sizes of woolen mittens, all the same style and color, was the combined effort of my mother and English great-grandmother. My great grandmother did her knitting throughout the year as she sat in her mother-in-law wing at my great aunt and uncle’s home in Connecticut. Those red mittens came to us wrapped in tissue paper and tied with a bow every Christmas. My mother kept the red mittens darned and ready to wear with their “attach-to-coat-sleeves strings” (which we purposely lost) in the bottom drawer of a linen cabinet. The stock grew over the years. No matter how high the demand for mittens during cold and snowy weather, there was always a dry pair.

Anticipating seasons and planning ahead are traits that ensure survival and allow us to live well. Come mid-October there is an event now in the formation stages that looks ahead to winter. “Flu and Fleece” will be a day for distributing hats, scarves, and other warm items and for offering flu shots to a vulnerable community. It will be a joint outreach effort by Grace and Holy Trinity Cathedral and St. Michael and All Angels Church, Mission, Kan., to be held at the Kansas City Community Kitchen. It comes about six months following our joint Maundy Thursday foot washing clinic and footwear distribution at the Community Kitchen. Some of those who participated in that event felt that there could be multiple times when we connect directly with the KCCCK which began in the Cathedral Parish House basement in 1983. “Flu and Fleece” will fit that bill.

Flu, fleece and mittens come up on our screen in August because now is the time to produce and gather our resources. While work is happening to set up the flu shot side of things with the medical community, any of us can help with gathering the fleece and cold weather gear. Here’s what you can do:

- **Knitters:** Start knitting hats, scarves, and maybe even mittens poolside in any color you want.
- **Shopper:** Look for deals on such items as hats, gloves, scarves, vests, sweatshirts, all kinds of fleece wear. Snap up those bargains.

- **Donors:** Give generously and sacrificially by making a check to GHTC marked “flu and fleece.” Your donation can help purchase materials for the flu shot clinic and warm items for distribution.
- **Doers:** Help organize and stage the event. Watch for information on how to do this in upcoming communications.
- **Prayers:** Ask for God’s guidance and provision for this event, for inspiration as to how we can reach out on all levels to those in need, and for ways we can help change the way we order society so that places like KCCCK no longer are needed.

As we gather resources for this relatively small, but generous sign to help a population living on the edges see ahead to the next season, may we find that we have great resources to do even more. Within this community there is a collective storehouse, a drawer full of ideas and resources. There are not only mittens galore to go around, but a church capable of helping put together the means by which all have a place to live, food enough, proactive health care, and a decent place to stay warm and dry.

—Peter

Diaper drive a success



Dean Peter DeVeau and Jackye Finnie present Happy Bottoms representative, Pam Sutherland, with a check for \$3,150 from the Social Outreach Committee. In addition to this check, the second drive in 2013 for Happy Bottoms collected 3,300 diapers.

Since the initial drive in 2012, the Cathedral has donated more than 11,000 diapers to Happy Bottoms. A special thank you to all who donated diapers or made a financial donation to this worthy organization.

The last Happy Bottoms diaper drive for 2013 will be during the month of September, which is National Diaper Month.

This Month

August 24: Safeguarding God’s Children	5
Centering Prayer Opportunities.....	3
Family Ministry Calendar 2013-2014.....	3
Upcoming September Events	2

Marriage Preparation

A workshop for those preparing for marriage at the Cathedral will be Saturday, August 24, 9:30 a.m.-1:30 p.m. The class will include a look at marriage as understood in the Episcopal Church, sessions on communication, family dynamics, finances, and wedding preparation. Participants will have the opportunity to meet others planning marriage and to prepare lunch as a group. Cost for materials is \$40 per couple. Contact Mary Ann Mansfield (mmansfield@kccathedral.org) for more information.



Come, Labor On

September 1 • 8 & 10:15 a.m., 5 p.m.

You are invited to bring a symbol of your work with you to any of the three celebrations of Eucharist on the Labor Day weekend. During the offertory all are invited to come forward with their offerings and symbols of their work as we give thanks and ask God's blessing on our labor.



Flowers are given to the glory of God & ...

July 7

- in memory of Edward Gordon — Libby Gordon
- In honor of Elizabeth & Beattie Leonard — Ron & Carolyn McLeroy

July 14

- in thanksgiving for our son, Daniel — Premkumar & Caroline John
- in thanksgiving for Kathryn Celeste Finet — Ruth Finet
- in thanksgiving for Nancy Cavanaugh, John & Leona Schaefer and the Trinity Choir — Peter and Mary DeVeau
- in memory of Sally Kemper Wood — her family and friends

July 21

- in celebration of Peter DeVeau on his 60th birthday — Mary DeVeau
- In loving memory of our daughter, Lynn — Ron & Carolyn McLeroy
- in celebration of Michael on his 18th birthday — Mary Ann Mansfield

July 28

- in thanksgiving for Devon Sweeting — Ric & Janet Sweeting

To donate toward the flowers to celebrate a special event or remember a loved one, contact the Cathedral office (816.474.8260 ext. 103 or office@kccathedral.org).

Feeding hungry kids at Kids Café



Mel Creveling reading to a student at Friendship Baptist Church summer school prior to serving lunch.

Volunteers for the pilot program for Kid's Cafe spent nine Wednesdays during June and July serving lunch to children who may not otherwise have had anything to eat. After a slow start, the pilot program changed locations and assisted at Friendship Baptist Church at 3530 Chelsea Drive. This church offers a summer school program for 125 children five days a week. Volunteers from the Cathedral served lunch on Wednesdays and worked with children on their reading skills prior to the lunch hour. Many thanks to the volunteers who gave their time and talents to this program.

Carol Whitehead, Alex Crawford and Mel Creveling prepare lunch trays for Kid's Cafe.



Treasurer's Report

For the month of June 2013, operating income was about \$1,000 above budget and expenses were below budget by \$7,400.

June MTD	Budgeted MTD	Actual MTD
Income	\$ 277,750	\$ 278,065
Expenses	\$ 141,738	\$ 134,307
Net Total	\$ 136,012	\$ 143,758
June YTD	Budgeted YTD	Actual YTD
Income	\$ 917,154	\$ 923,372
Expenses	\$ 800,982	\$ 795,883
Net Total	\$ 116,172	\$ 127,489

For the year-to-date operating income was above budget by about

\$6,000 while expenses were \$5,000 below budget. A total of 175 pledges have been received with a goal of 200 for the year. If you have not completed a pledge for 2013, you may use the cards in the tower or pledge online (kccathedral.org/stewardship).

—by Jim Phillips, Treasurer

Wednesday, August 28
5:30 p.m.

Café Grazia is a monthly gathering for all parishioners. Join the fun and enjoy the fellowship! Please bring bread or a salad to share.



Cathedral Windows



Peek in the windows and see the ministries of the Cathedral at our annual ministry fair **Sunday, September 8**. Representatives of Cathedral ministries and small groups will staff display tables in Founders' Hall after both morning services. Come see the breadth of ministries going on at the Cathedral, learn more about each of them and find out how you serve.

Give to the departed
eternal rest.

Let light perpetual
shine upon them.



Helen Vincent, Carol Sanford's
mother-in-law

Evelyn Toner
Justin Orr

The Angelus

A laypersons' newspaper published in the interest
of Grace and Holy Trinity Cathedral.

Regular Contributors: Friends of MN,
Julie Brogno, Jan Frizzle, Chris Morrison
Julie Toma, Editor

The Angelus Small Group is open to anyone interested
in contributing (writing stories, taking photographs)
regularly to The Angelus. No experience necessary.

Submissions from parishioners and small
groups are welcome and encouraged. All
entries are requested by the 15th day of the
month prior to publication by e-mail to
communications@kccathedral.org.

Centering Prayer opportunities

Spiritual formation is writ large across the pages of Scripture ... so large, in fact, that it's often easy to miss it altogether. In C.S. Lewis's *The Silver Chair*, from *The Chronicles of Narnia*, Eustace and Jill search for a sign in a ruined city of giants, but are disheartened to find themselves wandering through a confusing maze of rock trenches without uncovering any message. The following morning, while looking out from a high window, they are astounded to see the words "UNDER ME" carved in huge letters on the stony hillside ... and they suddenly realize they had spent the previous day stumbling through the very words they had been seeking. They simply lacked the vantage point from which to read the sign.

Some of us experience the same problem when it comes to prayer. We lack the vantage point from which we pray. *Faith* and *prayer* are a journey — an experience in which we can grow beyond childlike understanding about faith and prayer into a mature understanding that prayer is interactive conversation with God and about what we and God are thinking and doing together.

The mid-twentieth-century minister and writer George Buttrick refers to prayer as "friendship with God." Author Richard Foster tells us "prayer is the key to the heart of God, the one place we truly belong."

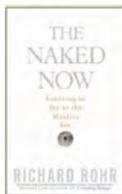
This fall I invite you to participate in one or both of the following Centering Prayer opportunities here at the Cathedral. I would invite you to participate in this growing love relationship with God. For more information about these opportunities or to enroll contact Jerry Grabher, at jgrabher@kccathedral.org or call 816-590-6205.

Exploring and Experiencing the Naked Now: Learning to See as the Mystics See

Mondays, September 16, 23, 30, October 7, 14, 7-8:30 p.m.

During our time together we will explore the lost tradition of Mystical Christianity. We will look at those forces that separate us from our deeper self. Drawing from the Gospel and the Christian contemplatives, we will discover what it means to be spiritually awake.

We will learn: (1) Why we resist change, (2) What Jesus, the first mystical leader in the West, can teach us, (3) How we can enhance spiritual awareness without sacrificing reason and (4) We will discover what it means to see as the mystic see. We will begin to live in full awareness of The Naked Now!



Transformation in Christ through Centering Prayer

Mondays, November 11, 18, 25, December 2, 9, 16, 7-9 p.m.

This six week series features Thomas Keating and Betty Sue Flowers. Through this series, Fr. Keating guides us toward an understanding of the contemplative dimension of the Gospel and its extraordinary implications and applications for personal freedom and global peace.

Anyone desiring to deepen his or her prayer life will benefit from this introduction to Centering Prayer. The format will include presentation, discussions and the opportunity to practice Centering Prayer. Through DVD interviews, Betty Sue Flowers draws out of Fr. Keating the importance of silence and contemplative practices as a means of opening the mind and heart and one's whole being to God.

As Fr. Keating states: "We are being called by God, to open to a new reality that is our True Self ... the Image and the likeness of God. This path to the True Self and all its fruits and gifts in the challenge of become fully human. And to become fully human is to become fully divine. This is the fullness of life itself, a life abiding in the grace and truth of Christ.

—by Jerry Grabher



Children's and Family Ministry Calendar for 2013-2014

On most Sundays of the year, Children's Chapel will be offered for children between the ages of 4 and 9, as their liturgy of the Word during the 10:15 Service. The children process with their adult leaders, following the Collect of the Day, to their chapel in Haden Hall. Parents are always welcome to attend.

Please make a note of these events and activities scheduled during the year. Dates and activities are subject to change. Please check *The Angelus* and other communiques for updated information.

September

- 1 Family Ministry Lunch and Program: Parents' Meeting on Children's Christian Formation 2013-2014, 11:45 a.m.
- 8 Ministry Fair: Cathedral Windows

October

- 6 Downtown Blessing of the Animals at GHTC, 4:00 p.m.
- 27 Fall Saints Festival

November

- 3 Family Ministry Lunch and Program: Outreach Project—Back Snack Packing, 11:45 a.m.
- 10 Children's Service: the children of the Cathedral will assist with various aspects of worship, 10:15 a.m.

December

- 1 Family Ministry Program (no lunch): Advent Wreathmaking Event, 11:45 a.m.
- 24 Christmas Eve Service and Pageant, 5:00 p.m.

January

- 5 Family Ministry Lunch and Epiphany Program, 11:45 a.m.

February

- 2 Family Ministry Lunch and Program, 11:45 a.m.

March

- 2 Family Ministry Lunch and Program, 11:45 a.m.

April

- 6 Family Ministry Lunch and Lenten Program, 11:45 a.m.
- 20 Easter Egg Hunt, 11:45 a.m.

May

- 4 Family Ministry Lunch and Program (last one of the year), 11:45 a.m.

Upcoming Music Events

SUMMER MUSIC AT THE CATHEDRALS CONCERT SERIES

SUNDAYS IN AUGUST AT 2 P.M.
AUGUST 4

Our annual Summer Music series commences with mezzo-soprano **Andrea Pope** and pianist **Lamar Sims**, who will present music by Mozart, Mahler and others.

AUGUST 11

The Fabulous Wind Music of Mozart with the **Kansas City Chamber Winds**, Deborah Freedman, director

AUGUST 18

Ludwig Van Beethoven's Symphony No. 7 in A Choral Fantasy Mass in C by the **Summer Singers of Kansas City** and members of the Kansas City Symphony, William O. Baker, conducting; Wayne Smith, piano. Tickets available in advance (festivalsingers.org) or at the door: \$20 adults; \$15 students & seniors; Under 12 free.

AUGUST 25

A French Organ Festival, at the Cathedral of the Immaculate Conception. Sponsored by the Cathedrals and the Greater Kansas City chapter of the American Guild of Organists. Admission: free will offering. "French Café" available for coffee and treats.

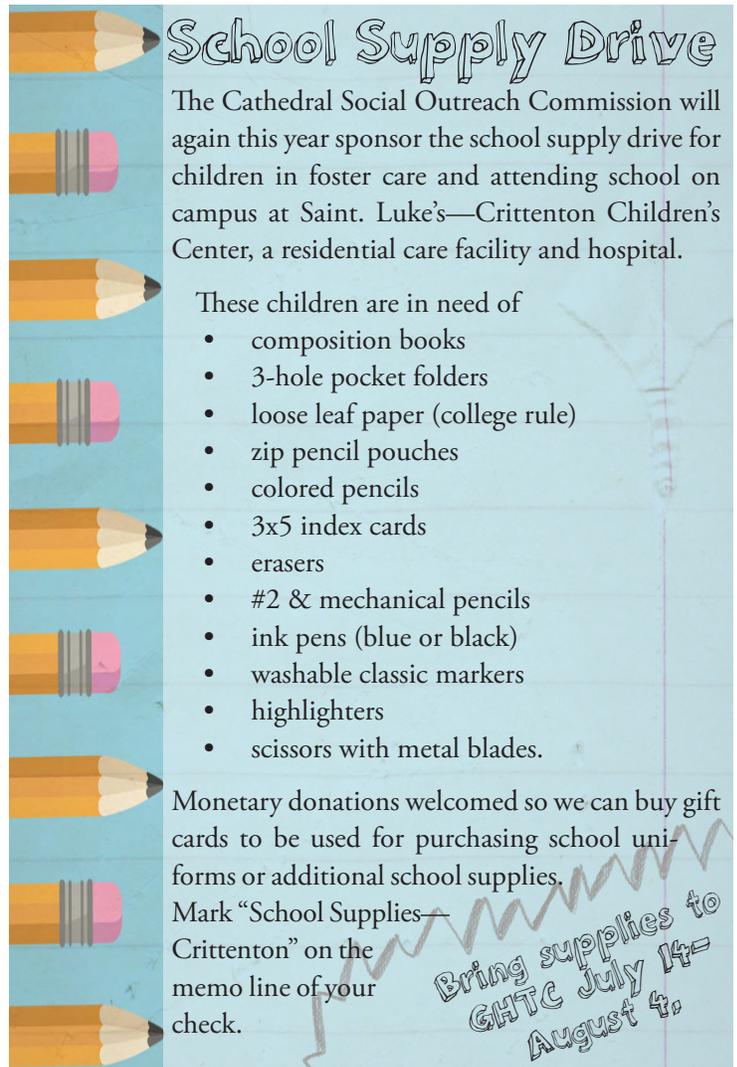
CHOIR OF MEN AND BOYS OF ST. THOMAS CHURCH

FRIDAY, MARCH 28, 2014

The Choir of Men and Boys of St. Thomas Church, New York City, will present a concert here at the Cathedral. Tickets will go on sale January 6. We invite you to become a patron of the concert; please address any questions to Canon John Schaefer after August 4.

CHORAL EVENSONG

There will be no Choral Evensong in August. Beginning in September, Choral Evensong moves to the third Sunday of each month. Mark your calendar for the next Choral Evensong: Sunday, September 15 at 5 p.m.



School Supply Drive

The Cathedral Social Outreach Commission will again this year sponsor the school supply drive for children in foster care and attending school on campus at Saint. Luke's—Crittenton Children's Center, a residential care facility and hospital.

These children are in need of

- composition books
- 3-hole pocket folders
- loose leaf paper (college rule)
- zip pencil pouches
- colored pencils
- 3x5 index cards
- erasers
- #2 & mechanical pencils
- ink pens (blue or black)
- washable classic markers
- highlighters
- scissors with metal blades.

Monetary donations welcomed so we can buy gift cards to be used for purchasing school uniforms or additional school supplies. Mark "School Supplies—Crittenton" on the memo line of your check.

*Bring supplies to
GHTC July 14-
August 4.*



CHANGE of ADDRESS

Keep in touch with Nancy Cavanaugh, who moved to California last month.

Her new address is
**10519 Boulder Street
Nevada City, CA
95959**



Appreciation Ice Cream Social

In appreciation of the generosity of Cathedral members, the Social Outreach Committee is hosting an ice cream social for the entire congregation after the 10:15 a.m. service **August 25**. The success and growth of the ministries at the Cathedral would not be possible without your generosity and time. Mark your calendars for a special treat and a time for fellowship.



Grace and
Holy Trinity
Cathedral

The Episcopal Diocese of West Missouri

P.O. Box 412048
Kansas City, Missouri 64141
Telephone: (816) 474-8260
Facsimile: (816) 474-5856
Website: www.kccathedral.org
E-mail: office@kccathedral.org

Non Profit Organization

U. S. Postage
P A I D
Kansas City, MO
Permit Number 4220

August 2013

S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

The Right Rev. Martin S. Field, *Bishop of West Missouri*

The Very Rev. Peter DeVeau, *Dean*

The Rev. Christy Dorn, *Associate*

The Rev. Jerry Grabher, *Deacon*

The Rev. Dr. Michael Johnston,
Scholar-in-Residence

Mr. John L. Schaefer, *Canon Musician*

David Stoll, *Financial Administrator*

Mary Ann Mansfield, *Events Coordinator and Assistant to the Dean*

Julie Toma, *Communications Coordinator*

Keith Green, *Property Manager*

Janet Sweeting, *Sacristan*

Weekly Activities

Sunday

8:00 a.m. Holy Eucharist
9:15 a.m. Adult Bible Study
10:15 a.m. Holy Eucharist
10:20 a.m. Summer Children's Chapel
5:00 p.m. Holy Eucharist

Monday

12:05 p.m. Holy Eucharist

Tuesday

12:05 p.m. Holy Eucharist
1:30 p.m. Women's Bible Study
2:30 p.m. Men's Bible Study
6:15 p.m. EfM

Wednesday

12:05 p.m. Holy Eucharist

Thursday

12:05 p.m. Holy Eucharist

Friday

12:05 p.m. Holy Eucharist

Activities for August

4 • SUNDAY

School Supply Drive Ends
2:00 p.m. Concert: Andrea Pope, mezzosoprano & R. Lamar Sims, piano

7 • WEDNESDAY

7 p.m. Rule of Benedict: St. Paul's Deanery

11 • SUNDAY

Nonperishable food collection & blood pressure checks
2:00 p.m. Concert: Kansas City Chamber Winds

18 • SUNDAY

2:00 p.m. Concert: Summer Singers of Kansas City

22 • THURSDAY

5 p.m. Vestry

24 • SATURDAY

9 a.m. Safeguarding God's Children Training
9:30 a.m. Marriage Preparation Seminar

25 • SUNDAY

11:45 a.m. Appreciation Ice Cream Social
2:00 p.m. Concert: A French Organ Festival (at the Cathedral of the Immaculate Conception)

28 • WEDNESDAY

5:30 p.m. Café Grazia
7 p.m. Rule of Benedict: St. John's Deanery

Safeguarding God's Children training

The next Safeguarding God's Children workshop is **Saturday, August 24** from 9 a.m.-12 p.m. at the Cathedral.

Who is required to attend Safeguarding God's Children training?

- All volunteers who have direct contact with our children or youth
- Eucharistic visitors
- Persons with keys and access to Cathedral buildings
- Cathedral clergy and staff
- Others who are leaders in our ministries

To make a reservation:

jtoma@kccathedral.org or ext. 106.

Questions?

cdorn@kccathedral.org or ext. 152