



# The Angelus

Grace and Holy Trinity Cathedral • Kansas City, Missouri

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## FROM THE DEAN A Gift that Keeps Giving

A seasonal memory has stuck with me through the years. On December 23 or 24 I would join the ranks of last minute shoppers rushing to buy their presents. It was tradition. I even raised my son to do the same. Back in our Prairie Village days we made our way to the Plaza when the days left before Christmas were reduced to hours, to do our shopping and then to eat some ribs in self-reward for our efforts.

For me the roots are deep for this approach to Christmas shopping. Back where I grew up the couple of days before Christmas functioned as a kind of meeting time. Shopping seemed secondary to the numerous “chance” meetings with neighbors, friends and even sworn enemies and detractors on the main streets in the towns around us (this was before the days of big box shopping, when we even knew all the shop keepers). During high school and college these last minute streets were the place for “social networking” before it was a concept.

My son and I encountered a similar experience on the Plaza when it was still a mix of locally owned and nationally franchised businesses. On our shopping trip we would invariably run into friends and neighbors who were on the same mission as we. To this day, a busy commercial street just before Christmas evokes as many memories in me as do the scent of fresh cut evergreens and holiday baking.

When church is at its best I believe it is a place for us to find our gifts and to meet people on a similar journey. At a time when there are fewer places where we gather in community, especially with folks with whom we do not share the same track or interests, church functions as a kind of main street. The Cathedral is a good place for this very thing. Here we meet folks from the neighborhood and throughout the metropolitan area and beyond. Some we know, others not.

I believe the community we share in Christ at the Cathedral is both a journey and a gift. This is particularly true each December. While we keep regular times of gathering for worship, our life together is dressed up for the season.

December offerings in our spaces include: Advent Lessons and Carols and City Come Again with the William Jewell community; a concert by the Kansas City Chorale\*; the Kansas City Community Kitchen plated luncheon for the poor and homeless; the enchantment of Paul Messner’s *Nativity*\*; the beauty of Candlelight and Carols with the Festival Singers\*, the community Messiah Singalong, the newer tradition of the Moravian Lovefeast. Some of these events have an admission charge\*, others are purely acts of worship and/or community and are free.

All these gatherings around worship, music and food cater to those who are shopping for a taste of the season and maybe for something more. Each of these events in its own way speaks of that annual journey, that amazing shopping expedition that leads us once again to God’s perfect gift. It’s such a rewarding journey that it makes sense to invite those we love and care about to come along.

While you make your way to all or some of Advent and Christmas at the Cathedral, invite others to join you. Both you and they may find that an expedition downtown leads to that gift that keeps on giving.

—Peter

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### Women’s Retreat: Happiness – A Journey of Nourishment for the Soul

January 17-19, 2014  
Conception Abbey, Conception, MO

The annual retreat for the women of the Cathedral (and friends) is based on the book *Happiness* by Joan D. Chittister. The cost is \$140 per person for a single room or \$110 per person for a double room. Register online: [www.kccathedral.org/learn/womens-retreat](http://www.kccathedral.org/learn/womens-retreat).

The Conception Abbey Guest Center, located in Conception, Missouri, provides simple accommodations in rooms of single or double occupancy with private baths/showers, in an atmosphere of quiet — perfect for private prayer and reflection.

Whether you have enjoyed many previous retreats or will be signing up for the first time, save the date and make time to join us for this experience of reflection, fun, worship and renewal.

# Coping with holiday grief

As we approach the holiday season, many people are dealing with loss and are often caught in a dilemma between the need to grieve and the pressure to get into the spirit of the season. Holidays or not, it is important for the bereaved to find ways to take care of themselves. Suppressing the feelings does not work. Allowing yourself to grieve is perhaps the healthiest, most effective way to deal with loss. This can be done in a number of ways, including the following:

- Express your feelings. You can write them down or confide them to a trusted friend.
- Look for caring people—consider a support group or a holiday bereavement group. Spend time with friends or family who understand the situation and will take time to listen.
- Look after your own health—grieving is

stressful and depletes you. Try your best to eat well and get enough rest and see your physician if needed.

- Be patient. It can take a long time to fully process and accept the loss. Grief is experienced very personally on an individual time line.
- Seek out those experienced in assisting you such as your pastor, a social worker, or other health care provider.

At the holidays, consider some of the following:

- Plan ahead for the holidays; scale back on activities if you want to. Redefine your holiday expectations. Consider this year a transition year for change.
- Express your feelings and allow yourself to have those feelings; tears are healing.
- Share memories of your loved one with

friends and family and share photos and stories that will make the moment special.

- Do things that are meaningful to you, such as listening to music or attending a special concert.
- Read a book about grief; specialists can give you suggestions.
- Remember the reality that the anticipation of the holidays without your family member is often harder than the actual holidays themselves.

Take care of you; ask about groups provided by hospice programs in the community during the holiday season. Seek out those who understand the loss and grief that you feel. You will be welcomed.

—by Jesse Roberts, M.D.



## Sounds of the Season

Kansas City Chorale  
Sunday, December 8 • 2 p.m.

Advent Lessons and Music  
with the William Jewell College  
Schola Cantorum  
Sunday, December 8 • 5 p.m.

The City Come Again  
presented by William Jewell College  
Monday, December 9 • 11:30 a.m.

Choral Evensong  
Sunday, December 15 • 5 p.m.

The Nativity, Paul Mesner Puppets  
Friday, December 13 • 10 a.m. & 7 p.m.  
Saturday, December 14 • 2 & 5 p.m.  
Sunday, December 15 • 3 p.m.

The William Baker Festival Singers  
Friday, December 20 • 8 p.m.

Messiah Singalong  
Saturday, December 21 • 4 p.m.

Visit [www.kccathedral.org/music](http://www.kccathedral.org/music) for  
ticket information.

## Christmas Comes Again

The new-born snow  
Over quieted streets  
And the earth being covered  
With a fresh white quilt.

Our windows trimmed  
With a green-red sash  
And the midnight glow  
Of a tree-lit street.

The northern chill  
Of a restless wind  
And the keen air mellowed  
By the sound of anthems.

And on the night  
Of Christmas Eve  
We join our hands in prayer  
For on this day a child is born  
This day a Savior given.

And of our feast  
So well prepared  
We break our daily bread  
And giving thanks for what we have  
We share with those in need.

And in the midst  
Of joyful times  
Our families and our friends  
Above all else  
The gift of life  
To Him we give the praise.  
e.c. binford, Dec 2013

## Twelfth Night Festival Dinner

You are invited to a  
Twelfth Night Festival Dinner  
Sunday, January 5, 2014 at 6 p.m.  
prepared by the  
Cathedral's chef John Pinkston.

Chef Pinkston has planned a  
*dîner français* to rival any you would  
have in a fine French restaurant.  
The cost is \$75 and includes  
appropriate wine pairings.

Tickets will be available for  
purchase starting December 15.

## The Angelus

*A laypersons' newspaper published in the interest  
of Grace and Holy Trinity Cathedral.*

*Regular Contributors:* Friends of MN,  
Julie Brogno, Jan Frizzle, Chris Morrison  
Julie Toma, *Editor*

*The Angelus Small Group* is open to anyone interested  
in contributing (writing stories, taking photographs)  
regularly to *The Angelus*. No experience necessary.

Submissions from parishioners and small  
groups are welcome and encouraged. All  
entries are requested by the 15th day of the  
month prior to publication by e-mail to  
[communications@kccathedral.org](mailto:communications@kccathedral.org).



## Advent Heifer Project

During the season of Advent, the children will be learning about the Heifer Project and their work to improve the income, nutrition, and standard of living for families and communities around the world. Each Sunday during December we'll focus on a different animal and how it improves the recipient's quality of life. The children will also make animal ornaments to decorate their own Heifer Christmas tree to be displayed in Haden Hall.

We will provide children with an opportunity to make offering boxes for collecting a donation to Heifer, which will be combined with a donation from the Social Outreach Committee, to "purchase" animals for families in need.

December 1: Celebrating the Children of the World, Focus on Sheep, and making of offering boxes

December 8: Jesus Calls Us to Share; Focus on Fish

December 15: God Cares about Animals; Focus on Chickens

December 22: Animals in the Manger; Focus on Goats

## Advent Wreath-Making: Dec. 1

Join us for a intergenerational Advent Wreath-making event in Founders' Hall at 11:45 a.m. Make an Advent wreath with live greens for your home as you prepare for Christmas. Supplies will be provided, but if you have forms/rings, please bring them! Please bring clippers to trim greens. A \$10 donation, to cover the cost of materials, is greatly appreciated. In addition to making Advent wreaths, there will be other craft opportunities for the children, such as making an Advent Chain to count down the days till Christmas. Coffee hour refreshments will be available.

## Trimming the Tree: Dec. 15

Join us at 11:45 a.m. in Founders' Hall in making Christmas ornaments for our Founders' Hall Christmas tree—paper stars, woven hearts, paper chains, birds and more!

## Christmas Pageant: Dec. 24, 5 p.m.

The children of the Cathedral, ages 4 and older, will present a Christmas Pageant during the 5 p.m. Christmas Eve service. Simple costumes are provided. There are no speaking parts, making this a "perfectly painless" pageant. We will have one easy rehearsal on Sunday, December 22, following the 10:15 service. Please contact Mary DeVeau (816-516-2902) or Julie Brogno (childrensformation@kccathedral.org or 816-786-4669) for more information.

## Moravian Lovefeast Dec. 22, 5 p.m.

This service of carols, lessons, candle lighting and sharing over a "feast" of special buns and coffee provides a peaceful close to the Advent season.

The music includes both familiar Advent and Christmas hymns, as well as Moravian anthems and hymns typically sung at Christmas Lovefeasts. Cathedral Musician, John Schaefer, and parishioner William Baker, who directs the Cathedral Chorale, are gathering musicians for the Love Feast. A brass ensemble and a recorder trio will play.

The Moravian custom of the Lovefeast dates back to the early 1700s when exiled Moravian Christians shared a meal provided by a German count on whose lands they had taken refuge. We keep this tradition as a way to reach out to Moravians in the Kansas City area where there is no organized Moravian congregation. The Episcopal Church and the Moravian Church in North America are in full communion.

We welcome this opportunity to share in this rich tradition received from our ecumenical partners. The Lovefeast is also offered for persons looking for a spiritual home and to enrich our celebrations of Advent and Christmas.



## In the Bookstore: resources for Advent, gifts for Christmas

### Advent Wreaths & Candles

We have Advent candle sets (12" tapers) and Advent wreath styles range from brass (for your own decorating touch) to berries and flocked evergreens.

### Advent Calendars

Celebrate the coming of Christmas with a unique Count-to-Christmas calendar. We have a variety of calendars, from mailing size to table top displays.

### Advent Reading

Our children's books share beautiful messages about this time of waiting and anticipation of God's gift to us. Setting aside any quiet reading time with just about any book in the store will provide a meaningful and meditative path through Advent. Children's hardcover books make wonderful gifts. We have extra copies of some of the most loved and award-winning stories.

### Decor & Gift Ideas

**Hand-knitted hats** by GHTC Friends of MN to benefit Maison de Naissance

**Metal Christmas trees**

**Wooden lathe cut miniature nativities — made in Germany (Creator Mundi)**

**Unique gifts from Creator Mundi**

**Silks:** Each boxed silk comes with the history of the sacred art and the place from which it was inspired.

**Haitian Mountain Bleu Coffee:**

Buy one bag at regular price (\$10) & get the second bag half off (\$5). This delicious coffee comes in two varieties — Light French or Vienna Medium Dark; both are available in whole bean or ground, regular or decaf.



# Find meaning through service this Advent and Christmas

## Help needed for Backsnack during the holidays

Help make the holidays happier for others by volunteering.

- Preparing bags for Backsnack for the five schools we deliver to each weekend in December. Encourage your church ministry or committee to commit to an hour before or after the 10:15 service one weekend. The Family Ministry packed 250 Backsnacks in less than an hour.
- Fill family bags in December for backsnack children for the two week Christmas break (more details to follow).
- Volunteers to be substitute drivers delivering packed Backsnacks to schools. Deliveries typically take place either Wednesdays or Thursdays each week. Substitute drivers are desperately needed during the month of January and February.



Contact Terri Curran for volunteer opportunities (tcurra2@yahoo.com or 816-444-0221

## Donate onesies for babies in Haiti

We ask for your generous gifts of Onesies (infant bodysuits) for the newborns at Maison de Naissance. Beginning December 1, the first Sunday in Advent, please bring your donation of "Onesies" and place them in the manger in the tower.

The Onesies are for newborns, so we suggest size 0-3 months. They can be white or in colors.

We will happily receive your gift of Onesies through Advent, ending on Christmas Eve. However, if you have Onesies to give after December 24, please bring them to the Cathedral Bookstore on a Sunday morning or to the Cathedral office during the week.

The staff at MN, the Haitian mothers who take their new babies home in these Onesies and the Friends of MN at GHTC are extremely grateful for your gifts.

If you have any questions, please call Marian Philip at 816-416-0978.



## Dec. 8: Bring Food for Local Pantries

Help stock the pantry at St. Mary's with holiday meal side dish and baking items. Please bring your donations of canned vegetables, casserole fixings such as cream of mushroom soup, French-style green beans and French-fried onions, boxed stuffing mix, boxed potatoes, pasta, canned sweet potatoes, canned cranberry sauce, canned pie fillings, boxed pie crust mix, cake mixes, canned cake frosting, cookie mix pouches, vegetable oil, flour, sugar, salt, tea bags, instant coffee, instant hot chocolate mix, pancake mix and syrup and other non-perishables (no glass containers, please) to the large basket November 10.



If you want to help, but don't want to shop, please bring in your grocery coupons from the Sunday newspaper.

## Episcopal Relief & Development's *Gifts for Life* provides basics for life

Isaiah 2:3: Many peoples shall come and say, "Come, let us go up to the mountain of the LORD, to the house of the God of Jacob; that he may teach us his ways and that we may walk in his paths." For out of Zion shall go forth instruction, and the word of the LORD from Jerusalem.

The season of hopeful anticipation is upon us. We await the fulfillment of faith. We know that Christ will be fully realized not only as Judge but also as arbiter. That "nation shall not lift up sword against nation, neither shall they learn war any more." (Isaiah 2:4)

In this Advent season, we are assured that the faithful "live honorably as in the day [of salvation]." (Romans 13:13) As the hands of Christ the arbiter, you can be an agent for peace in the world through the gifts of clean water, nourishment and education. Episcopal Relief & Development's Gifts for Life provides Basics for Life. What better arbiters for peace than those who provide communities with wells for clean water, preschool programs, education for children from families afflicted with HIV/AIDS, and relief kits for those stricken by natural disasters?

In this season of Advent, as we await the coming of the Arbiter of Peace, let us prepare the way in faith by bringing peaceful lives to the most vulnerable.



BI13-Ad1

**Basics for Life**  
from **Gifts for Life**

 Episcopal  
Relief & Development  
Healing a hurting world

[www.episcopalrelief.org/giftsforlife](http://www.episcopalrelief.org/giftsforlife)  
**1.855.312.HEAL(4325)**

# A new year with The Way

Here's an invitation to make 2014 more interesting and fulfilling. Come take part in The Way. The Way is for you, if ...

- You would like to understand what it means to follow Christ
- You would like to be part of a community and deepen your faith
- You are new to the Cathedral, desire baptism, or would like to grow in your journey of faith
- You would like to know about being Christian in the Anglican/Episcopal tradition
- You have been around church for a long time and would like to renew your faith journey
- You are ready to ask questions and explore the rich life of God's grace and love

The Way takes place on Wednesday evenings:

January 8-February 5 Inquiring about Christian faith & believing  
 February 19-April 9 Preparing for baptism & affirmation of faith  
 April 23-May 7 Living the risen life

Each session includes:

- 6 p.m. Supper and conversation. Meals are free!
- 6:30 p.m. A brief interactive teaching
- 7-8 p.m. Small group Bible study, discussion & prayer

**Community and sharing** is at the center of The Way. Each evening begins with a simple meal and table conversation. This is followed by a learning, small group Bible study and discussion. Links are made between daily life and work and the worship and practice of the church. Emphasis is given to understanding what it means to live into one's baptismal promises. Sessions conclude with quiet reflection and prayer.

**The Way** takes its name from the Acts of the Apostles in the New Testament where the followers of Christ are referred to as people "belonging to the Way." The Way is the process for faith formation, or catechumenate, at Grace and Holy Trinity Cathedral. The word catechumenate comes from Greek and means to be taught orally—to learn by hearing. It has deep roots in church practice going back to the second and third centuries.

Persons participating in **The Way** may prepare for baptism or affirmation of faith at the Great Vigil of Easter, April 19, 2014. Questions? Contact the Dean's office: 816-474-8260 or [theway@kccathedral.org](mailto:theway@kccathedral.org).



## Flowers have been given to the glory of God &...

### November 3

- In honor of our granddaughters, Maya McLeroy and Grace Leonard — Ron & Carolyn McLeroy

### November 10

- in memory of my father's birthday and thanksgiving for his life — Kathryn Pieper

### November 17

- in honor of the St. Andrew Highland Society and its pipers & drummers

- in thanksgiving for Ellen Spake and Catherine Green
- in thanksgiving for Rockhurst University for bring the Saint John's Bible to Kansas City

*To donate toward the flowers to celebrate a special event or remember a loved one, contact the Cathedral office (816.474.8260 ext. 103 or office@kccathedral.org) or sign up (and pay) online: [www.kccathedral.org/flowers](http://www.kccathedral.org/flowers).*

## Treasurer's Report

The month of October 2013 was positive and better than budget with an increase in pledges and a decrease in plate income. Expenses were above budget due primarily to higher property costs.

For the ten months year-to-date income was above budget and greater than last year; however, the increase in pledges was small. The dependence on the endowment funds continues to grow as a total of revenues. Last year the endowment through October was 66.1 percent and this year through October has risen to 66.5 percent of total revenues. This is a trend that must be reversed. Through the generosity of our parishioners hopefully this stewardship will reverse the rising trend of reliance on the endowment to fund the missions of the Cathedral.

—by Jim Phillips,  
Treasurer

Oct. MTD	Budgeted MTD	Actual MTD
Income	\$ 91,750	\$ 94,690
Expenses	\$ 120,487	\$ 128,863
<b>Net Total</b>	<b>\$ (28,737)</b>	<b>\$ (34,173)</b>
Oct. YTD	Budgeted YTD	Actual YTD
Income	\$ 1,329,654	\$ 1,331,088
Expenses	\$ 1,350,264	\$ 1,321,020
<b>Net Total</b>	<b>\$ (20,610)</b>	<b>\$ 10,068</b>

## Dean's Book for Advent

*The Incarnation: The Surprising Overlap of Heaven & Earth* by William Willimon

Available now at the Cathedral Bookstore for \$11, or online in paper or electronic form.

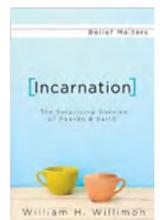
**Book Discussion: Sundays, December 8 & 15 • 9:15 a.m.**

Discussion and refreshments in Founders' Hall

The church season of Advent offers a thoughtful, spiritual path during one of the busiest times of the year. I invite you to join me in reading a book that centers on the meaning of Christ coming into the world.

### About the Book

In this book, Willimon offers "a fresh exposition of 'the Word made flesh,' reflecting on Jesus as the one who speaks for, acts as, and is God—the gospels are full of folk who confidently knew what was what—until they met Jesus. Jesus provoked an intellectual crisis in just about everybody. Their response was not, 'Wow, I've just seen the Son of God,' but rather, 'Who is this?'"



## Volunteer for the Altar Guild

In preparation for upcoming holiday season Altar Guild members are needed for the Altar Guild Work Day: Saturday, December 21, 9 a.m.-12 p.m. and before and after the following services:

- Christmas Eve: December 24, 5 p.m. and 10 p.m.
- Christmas Day: December 25, 10:15 a.m.
- New Year's Eve: December 31, 5 p.m.

If you can serve during any of these services, please contact Janet Stewart Sweeting at [jsweeting@kccathedral.org](mailto:jsweeting@kccathedral.org) or at 816-361-3563.



# Gifts to Heifer International give hope

In his first Christmas Eve homily at the Cathedral, Bishop Field asked, “What does the Christmas story mean to a starving child in Africa”? That question still confronts me and I think Heifer International may be one way to connect and construct an answer.

G-O-A-T spells “goat” and for a family living in sub-Saharan Africa, it also spells H-O-P-E. Hope for a better healthier life as the goat provides as much as two gallons of milk a day. From the milk, the family can have cheeses, soaps and lotions, excess milk to sell or barter with for other food and items they need in addition to the obvious, milk



for their own consumption. The goat also produces fertilizer to enrich the poor soil making gardens more productive. They can eventually with their enlarged resources breed the goat and within a year have more goats (usually twins

are born). They can pass the extra goat to another family and they in turn can gain a better economic foothold. The goat’s coat can be spun into a cloth, when there is an excess of goats so that one can be butchered, they will have goat meat which is a most delicious and nutritious

meat. Goats are raised for their products and meat use in more parts of the world than any other herd animal. For \$120 Heifer International will provide a goat and ongoing support for how to best utilize it for a third world family. You may give the animal (Heifer has a range of animals at a range of prices for giving.)

in honor of someone this Christmas.

I am giving a beehive and bees (\$30) in honor of my daughter and her family. They live on a small farmstead, Apiary Hill Farm, in Oregon. “Apiary” is a word for bee farming. This makes

a sort of from “my farm to yours” gift. The bee startup will provide honey for use and sales, pollinate the plants in their area giving a benefit to other small farmers in their area, and over time grow to multiple hives that can remain with the farmer or provide barter to acquire other things the family needs. In this case, a bee startup can raise a village. I think that makes a fine Christmas gift.

Will you join me, and the Social Outreach Commission, in giving to Heifer International this holiday season? Episcopal Relief and Development is including Heifer in their gift catalog and Heifer has their own gift catalog both showing a variety of gift possibilities you can even donate a “share” of some animals. Episcopal Relief and Development catalogs are available with the Advent resources or at [episcopalrelief.org](http://episcopalrelief.org) and Heifer International gift information is available at [heifer.org](http://heifer.org). The Children’s Formation ministry will be talking about Heifer during Advent and giving a donation to Heifer.

—by Joyce Morrow

## Make a special year-end gift of thanks

As you seek to buy just the right gift for that person who has everything, or wish to honor a god-child, god-parent, relative or friend, or wish to make a special year-end gift in thanksgiving for God’s presence in your life, we assemble a small list of possible resources for you to consider. These agencies and programs are related to the mission of The Episcopal Church:

### Maison de Naissance, the birthing home in Haiti

- Kansas City Episcopalians helping fellow Episcopalians in the Diocese of Haiti dramatically reduce infant mortality.
- Donate through the website: [www.maisondenaissance.com](http://www.maisondenaissance.com) or mail donations to Global Birthing Home Foundation, 5000 W 134th St, Leawood, KS 66209.
- You can also support this ministry by purchasing Haitian Mountain Bleu coffee in the Cathedral Bookstore. Makes a tasty stocking stuffer!

### Episcopal Relief and Development

- **Gifts for Life:** You can choose to honor someone you love with gifts from various categories starting at just \$12. Browse the catalog and order online at [www.episcopalrelief.org](http://www.episcopalrelief.org). Printed catalogs and order forms are available with the Advent resources.
- Mail your payments to PO Box 7058, Merrifield, VA 22116-7058.

### Heifer International

- Heifer International is a charity organization working to end hunger and poverty around the world by providing livestock and training to struggling communities. Episcopal Relief and Development partners with Heifer International to provide livestock. For each animal given, families agree to pass on the offspring of that animal to another person in need.

- Browse the Gift Catalog or donate at [www.heifer.org](http://www.heifer.org) Heifer International, 1 World Ave., Little Rock, AR 72202.

### Grace and Holy Trinity Cathedral’s

- A special gift to the **Clergy Discretionary Fund** assists outreach to the needy, a gift to the **Endowment Fund** strengthens future ministry, and a special **Unrestricted Gift to the Operating Fund** supports current ministry and programs.
- You can mail checks to PO Box 412048, Kansas City, MO 64141-2048 or donate online at [www.kccathedral.org](http://www.kccathedral.org).

### Episcopal Community Services

- A gift to can be given to fund all ministries, or can be given to specifically support the Kansas City Community Kitchen; Culinary Cornerstones; Meals on Wheels; Breakfast at St. Paul’s; BackSnack Program and food pantries at St. Mary’s, St. Paul’s KCMO, St. Paul’s KCK, St. Michael’s Independence and throughout the area.
- Contributions can be mailed to ECS, 11 E 40th St, Kansas City, MO 64111 or made online at [www.episcopalcommunity.org](http://www.episcopalcommunity.org).

### Grace and Holy Trinity Cathedral Cavanaugh Memorial Fund

- This Memorial Fund was established at the Greater Kansas City Community Foundation in the memory of the Very Rev. J. Earl Cavanaugh to support the efforts of the Kansas City Community Kitchen to feed the hungry. The continued growth of this Memorial Fund is crucial in the fight against hunger in our community.
- Contributions may be made to the Grace and Holy Trinity Cavanaugh Memorial Fund at GKCCF, 1055 Broadway Ste 130, Kansas City, MO 64105 (816.842.7444).



Let's put names with faces! Be a part of our new family directory program—we need YOU to make our new family album complete! Sign up now for your photo session for our new church directory. Our next photography dates are:  
 December 18, 2:30-9 p.m.  
 December 20, 2:30-9 p.m.  
 December 21, 9:30 a.m.-4 p.m.

All photography will be in the Common Room. In addition to a professional portrait session, you receive a complimentary 8x10 photo and directory.

Sign up today on our website (or use the code to the right) to get the time that works best with your schedule! You may also call the office Monday-Friday, 9 a.m.-5 p.m. to schedule your appointment.



**Grace and Holy Trinity Cathedral**

*The Episcopal Diocese of West Missouri*

P.O. Box 412048  
 Kansas City, Missouri 64141  
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 E-mail: [office@kccathedral.org](mailto:office@kccathedral.org)

Non Profit Organization

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 Kansas City, MO  
 Permit Number 4220

December 2013						
S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

The Right Rev. Martin S. Field, *Bishop of West Missouri*

The Very Rev. Peter DeVeau, *Dean*

The Rev. Christy Dorn, *Associate*

The Rev. Jerry Grabher, *Deacon*

The Rev. Dr. Michael Johnston, *Scholar-in-Residence*

Mr. John L. Schaefer, *Canon Musician*

Julie Brogno, *Coordinator for Children's and Family Ministry*

David Stoll, *Financial Administrator*

Mary Ann Mansfield, *Events Coordinator and Assistant to the Dean*

Julie Toma, *Communications Coordinator*

Bryan Boyd, *Interim Property Manager*

Janet Sweeting, *Sacristan*

## Weekly Activities

### Sunday

8:00 a.m. Holy Eucharist  
 9:15 a.m. Adult Formation  
 9:30 a.m. Youth Formation  
 10:15 a.m. Holy Eucharist & Children's Chapel  
 5:00 p.m. Holy Eucharist

### Monday

12:05 p.m. Holy Eucharist

### Tuesday

12:05 p.m. Holy Eucharist  
 1:30 p.m. Women's Bible Study  
 2:30 p.m. Men's Bible Study  
 6:15 p.m. EfM

### Wednesday

12:05 p.m. Holy Eucharist  
 5:45 p.m. The Tallis Singers  
 6:15 p.m. Grace Choraliers  
 6:45 p.m. Trinity Teens Youth Group

### Thursday

12:05 p.m. Holy Eucharist  
 6:00 p.m. Cathedral Bell Ringers  
 7:30 p.m. Trinity Choir

### Friday

12:05 p.m. Holy Eucharist

## Activities for December

### 1 • SUNDAY • ADVENT BEGINS

11:45 a.m. Advent Wreath (and More!) Making

### 2 • MONDAY

7 p.m. Centering Prayer: Transformation

### 4 • WEDNESDAY

7:00 p.m. Rehearsal: Cathedral Chorale

### 8 • SUNDAY

*Nonperishable food collection*

*Free blood pressure checks at coffee hours*

9:15 a.m. Dean's Book for Advent: Discussion  
 5 p.m. Advent Lessons & Music

### 9 • MONDAY

12 p.m. City Come Again  
 7 p.m. Centering Prayer: Transformation

### 12 • THURSDAY

5 p.m. Vestry

### 15 • SUNDAY

9:15 a.m. Dean's Book for Advent: Discussion  
 11:45 a.m. Trimming the Tree  
 3:30 p.m. Rule of Benedict: St. Benedict's Deanery  
 5 p.m. Choral Evensong

### 16 • MONDAY

7 p.m. Centering Prayer: Transformation

### 18 • WEDNESDAY

*Directory Photography, 2:30-9 p.m.*

7 p.m. Rule of Benedict: St. Mark's Deanery

### 19 • THURSDAY

7 p.m. Rule of Benedict: St. John's Deanery

### 20 • FRIDAY

*Directory Photography, 2:30-9 p.m.*

11 a.m. Kansas City Community Kitchen  
 Christmas Lunch

### 21 • SATURDAY

4 p.m. Messiah Singalong

### 22 • SUNDAY

5 p.m. Moravian Lovefeast

### 24 • TUESDAY

5 p.m. Christmas Eve Eucharist with Pageant  
 10 p.m. Christmas Eve Eucharist

### 25 • WEDNESDAY

10:15 a.m. Christmas Day Eucharist with Reception  
*Cathedral office and buildings closed Wednesday & Thursday, December 25-26.*

### 31 • TUESDAY

5:30 p.m. New Year's Eve Eucharist

*See page 2 for a listing of special music events.*