

# Grace & Holy Trinity Cathedral

FORMATION ✦ NEWS ✦ EVENTS ✦ OUTREACH

## February 2018

February—All month		Box in tower	St. Mary's Pantry Food Drive	page 3
February 4		Box in tower	Souper Bowl Sunday	page 3
February 4	9:15 a.m.	Common Room	Adult Forum— <i>Jesus and the Gospels</i>	page 3
February 4	11:30 a.m.	Haden Hall Blue Room	Music Time with 4 and 5 Year Olds	page 2
February 5	7:15 p.m.	Common Room	Adult Formation— <i>Exploring &amp; Experiencing the Naked Now</i>	page 3
February 6	12:30 p.m.	Common Room	Women's Bible Study— <i>The Social Justice Bible Challenge</i>	page 4
February 7	6 p.m.	Founders' Hall	Adult Formation— <i>The Way</i>	page 4
February 7	11:45 a.m.	Taj Mahal	Monthly Lunch Bunch	page 2
February 8	12:45 p.m.	Common Room	Qigong & Tai Chi	page 2
February 11	9 & 11:30 a.m.	Founders' Hall	Shrove Sunday Pancake Breakfast with Chris Cakes	page 2
February 11	9:15 a.m.	Common Room	Adult Forum— <i>Jesus and the Gospels</i>	page 3
February 11	11:30 a.m.	Haden Hall Blue Room	Music Time with 4 and 5 Year Olds	page 2
February 12	7:15 p.m.	Common Room	Adult Formation— <i>Exploring &amp; Experiencing the Naked Now</i>	page 3
February 13	12:30 p.m.	Common Room	Women's Bible Study— <i>The Social Justice Bible Challenge</i>	page 4
February 14	7 a.m., 12:05 & 7 p.m.	Nave	Ash Wednesday Services	page 4
February 14	6 p.m.	Founders' Hall	Adult Formation— <i>The Way</i>	page 4
February 15	12:45 p.m.	Common Room	Qigong & Tai Chi	page 2
February 17–18	6 p.m.	Weston, MO	Youth Formation—Network Fun at Snow Creek	page 2
February 18	9:15 a.m.	Common Room	Adult Forum— <i>Perennial Pilgrims: Making the Trip through Holy Week</i>	page 4
February 18	11:30 a.m.	Haden Hall Blue Room	Music Time with 4 and 5 Year Olds	page 2
February 18	11:30 a.m.	Founders' Hall	Lent Workshop	page 2
February 18	5 p.m.	Nave	Evensong	page 3
February 19	Office closed in observance of Presidents' Day—No noon Eucharist			page 3
February 20	12:30 p.m.	Common Room	Women's Bible Study— <i>The Social Justice Bible Challenge</i>	page 4
February 21	5:30 p.m.	Nave	Lenten Contemplative Eucharist	page 4
February 21	6 p.m.	Founders' Hall	Lenten Supper	page 4
February 21	6:30 p.m.	Founders' Hall	Adult Formation— <i>The Way</i>	page 4
February 21	6:30 p.m.	Common Room	Adult Formation— <i>The Creed for Today</i>	page 4
February 22	12:45 p.m.	Common Room	Qigong & Tai Chi	page 2
February 23–25	7:30 p.m.	Springfield, MO	Youth Formation—Happening #77	page 2
February 25	9:15 a.m.	Common Room	Adult Forum— <i>Perennial Pilgrims: Making the Trip through Holy Week</i>	page 4
February 25	11:30 a.m.	Haden Hall Blue Room	Music Time with 4 and 5 Year Olds	page 2
February 25	6 p.m.	2nd Presbyterian, KCMO	Episcopal & Friends LGBT	page 2
February 27	12:30 p.m.	Common Room	Women's Bible Study— <i>The Social Justice Bible Challenge</i>	page 4
February 28	5:30 p.m.	Nave	Lenten Contemplative Eucharist	page 4
February 28	6 p.m.	Founders' Hall	Lenten Supper	page 4
February 28	6:30 p.m.	Founders' Hall	Adult Formation— <i>The Way</i>	page 4
February 28	6:30 p.m.	Common Room	Adult Formation— <i>The Creed for Today</i>	page 4

## Youth Events

### Network Fun at Snow Creek February 17–18

Join us for some tubing fun at Snow Creek in Weston, MO! Visit [wemoyouth.com](http://wemoyouth.com) for more information and to register.

### Happening #77 February 23–25

Simply put, Happening is a spiritual awakening/renewal weekend for high school youth led by high school youth. Imagine ... a real conversation with people about God—what could be better! Visit [wemoyouth.com](http://wemoyouth.com) to register and join the conversation

### Keep Up to Date

For more information on the Cathedral's Youth Ministry program, please contact Alexandra at [youthformation@kccathedral.org](mailto:youthformation@kccathedral.org). Check out [wemoyouth.com](http://wemoyouth.com) for information on Network and Diocesan events and to register online.

## Children's Events



### Music Time for Four and Five Year Olds

For six weeks, starting in February, there will be *Music Time for Four and Five Year Olds*, after the Sunday, 10:15 a.m. worship.

Contact Linda for more information at [lmartin@kccathedral.org](mailto:lmartin@kccathedral.org).

## Cathedral Events



### Shrove Pancake Breakfast February 11 • 9 & 11:30 a.m. • Founders' Hall

Join us for a relaxing pancake breakfast! If you would like to volunteer to help, please contact Julie Toma at [jtoma@kccathedral.org](mailto:jtoma@kccathedral.org).

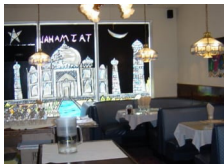


The office and buildings will be closed Monday, February 19 in observance of Presidents' Day.



*Please pray for our nation and for loved ones serving in the military.*

## Cathedral Events



### Monthly Lunch Bunch Wednesday, February 7

This month's lunch will be on Wednesday, February 7 at Taj Mahal, 7521 Wornall Road, Kansas City, MO 64114, 11:45 a.m. Let Jim Robertson know that you are coming, [jasbrob@aol.com](mailto:jasbrob@aol.com) or 816.569.5549 or just show up. Invite friends.



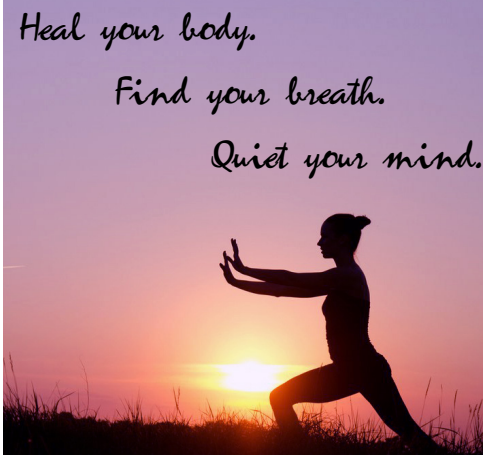
### Lent Workshop Sunday, February 18 11:30 a.m. Founders' Hall

Prepare for Lent by picking up Lent in Bag materials, adding to our Lenten mural and painting crosses to be used during Holy Week. Supplies will be provided and coffee hour refreshments will be available.



### Episcopal & Friends LGBT Sunday, February 25

This gathering will be held at the Second Presbyterian Church, 318 E. 55th St., Kansas City, MO 64113, Sunday, February 25 at 6 p.m. We look forward to trying your prized chili recipe! As always, there is no agenda other than fun, food and fellowship. All are welcome. Respond to Brian Cowley at [lgbt@kccathedral.org](mailto:lgbt@kccathedral.org) or 816.569.5549.



*Heal your body.  
Find your breath.  
Quiet your mind.*

### Qigong & Tai Chi Classes

Thursdays ✦ 12:45 p.m. ✦  
Common Room

People with diverse levels of mobility welcome.



# Outreach

## SOUPER BOWL SUNDAY

### Souper Bowl Sunday

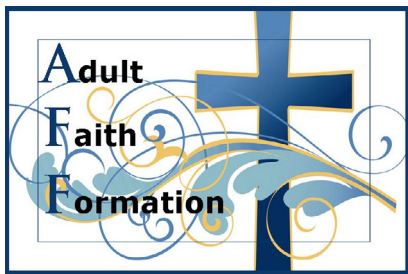
Please bring a can of hearty soup, chili or stew to celebrate "Souper Bowl Sunday" February 4. Place items in the big basket in the Tower. Donations will benefit St. Mary's Pantry.



### St. Mary's Pantry

Help re-stock the pantry at St. Mary's Episcopal Church with non-perishable food. As always, thank you for your support! Place non-perishable food for St. Mary's Pantry in the big basket in the Tower.

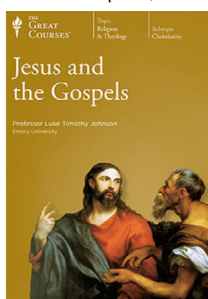
# Formation



**Adult Forums**  
Sundays, January 14–February 11  
9:15–10 a.m. † Common Room

### *The unexamined faith is not worth believing.*

The figure of Jesus has tantalized both Christians and non-Christians who have sought definitive answers to questions about his words, his acts, and even his very existence. For most of the last 2,000 years, the search for those answers has begun with the Gospels, but the Gospels themselves raise puzzling questions about both Jesus and the religious movement within which these narratives were produced. They also provide sometimes bewilderingly diverse images of Jesus.

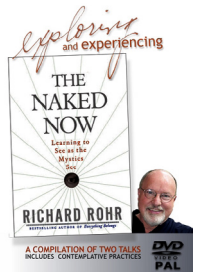


The DVDs being used for this class feature Professor Luke Timothy Johnson, Professor of New Testament and Christian Origins at Emory University. From the age of 19 to 28, Dr. Johnson was a Benedictine monk. He received a B.A. in philosophy from Notre Dame Seminary in New Orleans, an M.Div. in theology from Saint Meinrad School of Theology in Indiana, and an M.A. in religious studies from Indiana University, before earning his Ph.D. in New Testament from Yale University in 1976.

Professor Johnson taught at Yale Divinity School from 1976 to 1982 and at Indiana University from 1982 to 1992 before accepting his current position at Emory. He is the author of 20 books and several hundred articles and reviews.

### *Exploring & Experiencing the Naked Now*

**Mondays, January 8–February 12**  
7:15–8:30 p.m. †  
**Common Room**



During our time together we will explore the lost tradition of Mystical Christianity. We will look at those forces that separate us from our deeper self. Drawing from the Gospel and the Christian contemplatives, we will discover what it means to be spiritually awake. Please contact Jerry Grabher, 816.590.6205 or [j.grabher3@gmail.com](mailto:j.grabher3@gmail.com) for more information.

# Music Events

## EVENSONG. 🎵

February 18 • 5 p.m.

# Formation



## Adult Forums Sundays, February 18–March 18 9:15–10 a.m. † Common Room

### *Perennial Pilgrims: Making the Trip through Holy Week*

We are invited annually to hear and experience the story of the passion, death, and resurrection of Jesus. You are invited to come and get ready for the journey during the Sundays of Lent. The travel log of Egeria, a woman who visited the Holy Land in the late fourth century, as well as the Book of Common Prayer will serve as guides for our preparation.

In the time of Egeria, the church was shifting from being an obscure countercultural movement to becoming intertwined with the Roman state.

Today we are taking the opposite journey in what many call post-Christian culture. Egeria recorded observations of Palm Sunday, the days of Holy Week, and the Great Three Days that brim with life and energy.

We will use Egeria's writings, Scripture, and church tradition as springboards from which to understand our own experience of Palm Sunday, Holy Week, Maundy Thursday, Good Friday, Holy Saturday and Easter at the Cathedral. The question, "What does this mean for us?" will be a constant theme preparing and propelling us forward as people of faith.

The goal of our time together is to share together the actual pilgrimage of Holy Week and Easter. This class will be led by Dean Peter DeVeau assisted by others.

## Adult Formation Wednesdays, February 21–March 21

5:30 p.m. Contemplative Eucharist, Nave  
6 p.m. Simple Supper, Founders' Hall  
6:30–8 p.m. Learning Opportunities

### *The Creed for Today (Nicene or Apostles')*

Each Sunday in worship we recite the Nicene Creed as an affirmation of our faith. Though formulated centuries ago, the Creed summarizes the fundamental beliefs we still consider essential today. This study will delineate those beliefs and explore how they are relevant for contemporary life. The class will be led by Dr. Bill Stancil, Professor of Theology and Religious Studies at Rockhurst University.

## The Way: Preparing for Baptism and Affirmation of Faith

We invite you to join us for an adult faith formation experience for those seeking to deepen their faith, or know more about the Episcopal Church. The Way is for persons new to the church, those desiring to be baptized, confirmed or received into the Episcopal Church. Each evening includes a meal, a brief presentation, group Bible sharing and concludes with prayer. Please contact Marco Serrano, [mserrano@kccathedral.org](mailto:mserrano@kccathedral.org).



## Ash Wednesday Services February 14

7 a.m.

Perfect for persons on their way to or from work. This is the briefest of the three services.

12:05 p.m.

This service is shaped to include both the downtown business community and persons who are free during the day.

7 p.m.

This traditional service features open space. Following the invitation to a Holy Lent, those present visit various "stations" around the Nave. There participants will be marked with ashes in acknowledgment of mortality, be signed with water as a reminder of baptism, light candles and offer prayer, pick up information on ways to engage in outreach, receive laying-on-of-hands and anointing for healing, and fill out a card with personal Lenten intentions to be presented at the Offertory. Following the open space, the liturgy continues with the Litany of Penitence and Holy Communion.

## Women's Bible Study

Tuesdays  
12:30–1:30 p.m.  
† Common Room  
*The Social Justice Bible Challenge*

*The Social Justice Bible Challenge*, which is available in the Cathedral Bookstore for \$15, features 40 Bible passages with reflections by spiritual leaders and writers from around the world, along with questions to help initiate discussions and prayers.

Each week, members of the group read a passage and reflection aloud at the beginning of the hour...and then see where the spirit takes them. Usually the group completes discussion of one passage/reflection per week. Sometimes more, sometimes fewer. Women's Bible Study meets weekly on Tuesdays at 12:30 p.m. in the Common Room. All are welcome. If you have the inclination, but not the book, come anyway and someone will share!

