

Grace & Holy Trinity Cathedral

FORMATION ✦ NEWS ✦ EVENTS ✦ OUTREACH

July 2017

July--All month		Box in the tower	School Supply Drive for Crittenton	page 4
July--All month		Box in the tower	St. Mary's Pantry Food Drive	page 4
July 1	8 a.m.	North Lawn	Lectio on the Lawn	page 2
July 1	6-11:30 p.m.	East Parking Lot	Potluck & Drive In Movie Night	page 3
July 3-4	Office and buildings closed for Independence Day			
July 5	11:45 a.m.	Fusion Buffet	Monthly Lunch Bunch	page 2
July 8	8 a.m.	North Lawn	Lectio on the Lawn	page 2
July 10-14		Oklahoma	Episcopal Youth Event	page 2
July 10	7:15-8:30 p.m.	Common Room	<i>The Gift of Life</i>	page 3
July 11	1:30-2:30 p.m.	Common Room	<i>Conversations with Scripture: The Parables</i>	page 3
July 11	6:30 p.m.	Nave & Neighborhood	Neighborhood Prayer Walk	page 2
July 15	8 a.m.	North Lawn	Lectio on the Lawn	page 2
July 17-21	9 a.m.-12 noon	St. Andrews Episcopal Church	<i>Let There Be Light</i> Vacation Bible School	page 2
July 17	7:15-8:30 p.m.	Common Room	<i>The Gift of Life</i>	page 3
July 18	1:30-2:30 p.m.	Common Room	<i>Conversations with Scripture: The Parables</i>	page 3
July 18	6:30 p.m.	Nave & Neighborhood	Neighborhood Prayer Walk	page 2
July 21	12:45 p.m.	Common Room	Qigong & Tai Chi	page 2
July 22	8 a.m.	North Lawn	Lectio on the Lawn	page 2
July 23	9 & 11:30 a.m.	Founders' Hall	Welcome Reception for Marco	page 4
July 24	7:15-8:30 p.m.	Common Room	<i>The Gift of Life</i>	page 3
July 25-30		St. Paul's, KCMO	<i>MissionPalooza</i>	page 2
July 25	1:30-2:30 p.m.	Common Room	<i>Conversations with Scripture: The Parables</i>	page 3
July 25	6:30 p.m.	Nave & Neighborhood	Neighborhood Prayer Walk	page 2
July 28	12:45 p.m.	Common Room	Qigong & Tai Chi	page 2
July 29	8 a.m.	North Lawn	Lectio on the Lawn	page 2
July 31	7:15-8:30 p.m.	Common Room	<i>The Gift of Life</i>	page 3



The Cathedral office and buildings will be closed
July 3 and 4 in observance of Independence Day.

Events

Children's Events

VBS at St. Andrew's July 17-21 † 9 a.m.-12 noon

Children ages 4-5th grade are invited to St. Andrew's for crafts, music, science, games, stories and more to explore the tremendous gift we received when God put light in the sky, light in the dark places in the world and light in us that shines on others wherever we go. See some familiar faces—Julie will be a volunteer in the craft area—and make new friends! The \$45 registration fee includes all crafts, snacks, activities and t-shirts (after July 1, the fee is \$50). Register online at standrewkwc.org/our-services/formation/children-s-ministry.

Summer Children's Formation Sessions

During June, July and early August, children ages 4-5th grade will meet during the 10:15 a.m. service to study Old Testament stories. After a story and prayer, kids will work on a craft or building activity. Regular Children's Chapel and Godly Play sessions will resume in August. There will be no Children's Chapel, Godly Play or nursery hours July 2. Children's Formation and regular nursery hours will resume July 9.

Youth Events

Episcopal Youth Event July 10-14 † Oklahoma

Please pray for the youth of our diocese traveling to and participating in this life changing event that occurs once every three years. Be sure to ask our Cathedral youth about their experience when they return.

MissionPalooza July 25-30 † St. Paul's, KCMO

This service-centered event for high schoolers gets youth out into the community working as the hands and feet of Christ. Youth work at metro work sites for a week providing invaluable service to our community. Learn more and register online at wemoyouth.formstack.com/forms/missionpalooza.

Summer Hospitality Hosts



The Cathedral needs Summer Hospitality Hosts. For more information and to sign up visit rebrand.ly/summerhosp.

Cathedral Events



Monthly Lunch Bunch Wednesday, July 5

This month will be Wednesday, July 5 at Fusion Buffet, 4039 Mill St, Kansas City, MO 64111, 11:45 a.m. Let Jim Robertson know that you are coming, jasmrob@aol.com or 816.569.5549 or just show up. Invite friends.

Neighborhood Prayer Walk Tuesdays † 6:30 p.m.

As part of our hands and feet of Christ initiative, we are instituting a Neighborhood Prayer Walk. Every Tuesday at 6:30 p.m., this group will walk the neighborhood near the Cathedral and get to know the people we are called to serve. We will start in the Nave with a small prayer service, and end in the Nave with Compline and prayer for our community. For any questions, please contact Christine Morrison at cblankstir@gmail.com. We hope to see you there!



Heal your body.

Find your breath.

Quiet your mind.



Qigong & Tai Chi Classes

Thursdays, starting July 20
12:45 p.m. † Common Room

People with diverse levels of mobility welcome.

Lectio on the Lawn!

Come experience the Divine Reading!

This ancient contemplative prayer form is very comforting and pleasant. We sit with a small piece of scripture and "listen with the ear of our heart" for God's personal message to each of us. This "gentle listening" to the Word is a great way to start the day.

Saturday Mornings @ 8*



Bring your lawn chair and coffee cup!

Grace & Holy Trinity Cathedral
13th & Broadway, KCMO

**If the weather is not cooperative, we gather in Founders' Hall.*

Events

Cathedral Events

Potluck Dinner & Drive In Movie Night

July 1 † 6 p.m. † East Parking Lot

Please join us in the East Parking Lot at 6 p.m. July 1. We will be enjoying a potluck dinner and watching Star Trek Beyond. Don't forget your lawn chair! We hope to see you there. Questions? Contact Coyote Schaaf at pschaaf@kcpublicschools.org.



PRAY FOR OUR MILITARY

Please pray for our nation and for loved ones serving in the military.

News



Strategic Plan

This strategic plan belongs to all of us, and all of us have important roles to play

in its successful implementation. We ask that you prayerfully consider your role in helping to live out our mission. For a copy of the Strategic Plan Information Sheet, visit kccathedral.org/wp-content/uploads/SP-Informational-Sheet.pdf. Scan the QR code to complete a quick online form expressing your interests.

Change of Address

The post office box is now closed. Please use the physical address, 415 West 13th Street, Kansas City, MO 64105, for all mail to the Cathedral.

Formation

Abiding Prayer

“Abide in me and I will abide in you.” John 15:4



The Gift of Life: Life & Living, Death & Dying

Mondays, through July 31

7:15–8:30 p.m. † Common Room

“Abiding Prayer, when it reaches the full consent to our nothingness, is the perfect preparation for death, because it is death—death to the false self and even the True Self will be transcended.”

—Thomas Keating

We will continue the process of discovering The Gift of Life through July 31. There will be no class July 3. For more information, contact Jerry Grabher, 816.590.6205 or j.grabher3@gmail.com.

“If you abide in me, I will abide in you.” (John 15:4)

Tuesdays

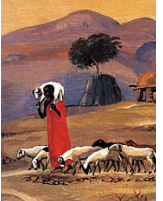
1:30–2:30 p.m. † Common Room

Conversations With Scripture:

The Parables

By William F. Brosend II

“I love to tell the story, 'twill be my theme in glory, To tell the old, old story, Of Jesus and his love.”



Since before Aesop and beyond Garrison Keillor we humans have loved to tell and listen to stories. And Jesus loved to tell stories, too. His stories—the parables—were told to make his listeners think and learn about their relationships with each other and God. But neither the reference points nor the settings Jesus used are familiar to us. With the help of the historical and cultural background and scholarly detail in *Conversations with Scripture: The Parables* members of the Women's Bible Study will attempt to make sense of talents and mustard seeds, shepherds and Samaritans and to explore the relevance of the parables in the twenty-first century.

Pastoral Care

Stephen Ministry: The “After People”

People often ask, “What exactly is a Stephen Minister?” One way to put it is that Stephen Ministers are the After people.

Stephen Ministers are there:

- after the phone call you hoped you'd never get.
- after the divorce papers are served and the bottom falls out of your life.
- after the funeral, when everyone has left and the emotions you've held at bay come crashing in on you.
- after the doctor says, “I'm sorry, but there's nothing more we can do.”
- after the nursing home director shakes your hand and says, “Welcome to your new home.”
- after the last child honks the horn, waves, and drives away — and the house suddenly seems empty.
- after the gavel goes down, the handcuffs go on, and your loved one is led away.
- after the baby arrives, demanding more of you than you ever dreamed possible.
- after you find a pink slip with your final paycheck.
- after your family and friends have heard your story one too many times, but you still need to talk it out.

Stephen Ministers are the “After People.” They are ready to provide comfort and support for as long after as needed. GHTC is a Stephen Ministry congregation and we are here for you. Please contact Canon Christy Dorn, 816.474.8260, or Karen Kissinger, 816.210.0302, to learn more about Stephen Ministry. All calls are confidential.

stephenministries.org



Events Outreach

School Supply Drive for Crittenton Children's Center

Help the children of Crittenton get the school supplies they need!

Drop school supplies in the box in the tower during the month of July. Thank you for your support!



St. Mary's Pantry



School is out for the summer and that means children will not be getting free lunches or breakfasts at local schools. Please remember to bring food this summer that is easy for children to open, pop top can goods (pastas, soups, canned fruit) peanut butter, granola bars, boxes of cereal, cheese crackers etc. With temperatures rising, please remember bottled drinks like gatorade for those living on the streets.

Compassionate Friends:
A Lay Visitation Ministry



Cathedral Caregivers Visitation Ministers

Our Visitation Ministers are available to respond to pastoral needs, home visits, hospital visits, to offer prayer and a listening heart. Contact Canon Dorn, cdorn@kccathedral.org, for more information.



St. Paul's Needs Bags!

St. Paul's Pantry is in need of brown paper bags. If you have any to donate, please leave them in the tower. Thank you!



Upcoming Outreach Opportunities

July

All month: School Supply Drive for Crittenton Children's Center

All month: Bring food for St. Mary's Pantry

Contact Terri Curran, tcurra2@yahoo.com, for more information.

Birthday Gift Cards for Foster Children

Help a child in the foster care system by donating \$25 for a birthday gift card. These gift cards are given to children who do not receive any other gifts to celebrate their birthdays. In the past we have donated 40 gift cards each year, but with the growing number of children in the system 40 gift cards is not enough anymore. Please consider this very special ministry of making children feel special on their birthdays. You may mail your donation to the office or place in the offering plate.



Welcome
—We are glad you are here—

Sunday, July 9
9 & 11:30 a.m. ✦ Founders' Hall

Join us at a welcome reception for **Marco Serrano**, the Cathedral's new Young Adult Coordinator, and his family.

The Green Fields of Summer

Summer is here again. The voice of the Lord can be heard upon the land.

And in the morning light, you can almost see the heavens—the darkness has been conquered by a New Light.

Dry land in summer's heat. But the Lord delivered us rain. Now we can enjoy the freshness of the earth and watch the waters dance against the river-licked banks of the Missouri.

He has plowed the soil with his fingers and the earth is ripe for the blooming. But the grass will grow as it will, as we toil in the grooming of our landscapes.

He has humbled us with storms: trees buried, houses vanish, and the wind is unforgiving. But in the hollow of his hand He sheltered us—and we were preserved.

Now we walk through the green fields of summer. Our eyes are filled with laughter.

He has prepared a path before us—where He leads us we will follow.

~ e. c. binford. June 17