

GRACE AND HOLY TRINITY CATHEDRAL

A Servant Church in the Heart of the City



WELCOME! We're glad you are worshipping with us today. Please stay for hospitality following services this morning, in Founders' Hall, across the courtyard.

If you are a guest today, we invite you to complete the welcome card found in the pew racks. Please place the card in the offering plate. You may also learn more by visiting kccathedral.org. Nursery care is provided from 7:50–11:45 a.m. for infants and toddlers in the nursery in Haden Hall (from the Tower entry, go up the stairs and straight ahead to the adjoining building. Follow signs.)

Overflow Parking: If the Cathedral lot is full, park in the underground lot at 13th and Washington. Enter from either 13th or Washington Streets. **Important!** You need a parking pass. See an usher to receive a pass. You will need both our pass and the parking garage ticket to exit without paying.

May you find here, by the grace of God, that which feeds your soul.

The Fifth Sunday after the Epiphany
February 4, 2018 • 8 & 10:15 a.m.

Collect of the Day

Set us free, O God, from the bondage of our sins, and give us the liberty of that abundant life which you have made known to us in your Son our Savior Jesus Christ; who lives and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. Amen.

Isaiah 40:21-31

Have you not known? Have you not heard? Has it not been told you from the beginning? Have you not understood from the foundations of the earth? It is he who sits above the circle of the earth, and its inhabitants are like grasshoppers; who stretches out the heavens like a curtain, and spreads them like a tent to live in; who brings princes to naught, and makes the rulers of the earth as nothing. Scarcely are they planted, scarcely sown, scarcely has their stem taken root in the earth, when he blows upon them, and they wither, and the tempest carries them off like stubble. To whom then will you compare me, or who is my equal? says the Holy One. Lift up your eyes on high and see: Who created these? He who brings out their host and numbers them, calling them all by name; because he is great in strength, mighty in power, not one is missing. Why do you say, O Jacob, and speak, O Israel, "My way is hidden from the Lord, and my right is disregarded by my God"? Have you not known? Have you not heard? The Lord is the everlasting God, the Creator of the ends of the earth. He does not faint or grow weary; his understanding is unsearchable. He gives power to the faint, and strengthens the powerless. Even youths will faint and be weary, and the young will fall exhausted; but those who wait for the Lord shall renew their strength, they shall mount up with wings like eagles, they shall run and not be weary, they shall walk and not faint.

Psalm 147:1-12, 21c

8 a.m., said in unison; 10:15 a.m., sung by the choir.

All Hallelujah! How good it is to sing praises to our God! *
how pleasant it is to honor him with praise!
The Lord rebuilds Jerusalem; *
he gathers the exiles of Israel.
He heals the brokenhearted *
and binds up their wounds.
He counts the number of the stars *
and calls them all by their names.
Great is our Lord and mighty in power; *
there is no limit to his wisdom.
The Lord lifts up the lowly, *
but casts the wicked to the ground.
Sing to the Lord with thanksgiving; *
make music to our God upon the harp.
He covers the heavens with clouds *
and prepares rain for the earth;

He makes grass to grow upon the mountains *
and green plants to serve mankind.
He provides food for flocks and herds *
and for the young ravens when they cry.
He is not impressed by the might of a horse; *
he has no pleasure in the strength of a man;
But the Lord has pleasure in those who fear him, *
in those who await his gracious favor. Hallelujah!

1 Corinthians 9:16-23

If I proclaim the gospel, this gives me no ground for boasting, for an obligation is laid on me, and woe to me if I do not proclaim the gospel! For if I do this of my own will, I have a reward; but if not of my own will, I am entrusted with a commission. What then is my reward? Just this: that in my proclamation I may make the gospel free of charge, so as not to make full use of my rights in the gospel. For though I am free with respect to all, I have made myself a slave to all, so that I might win more of them. To the Jews I became as a Jew, in order to win Jews. To those under the law I became as one under the law (though I myself am not under the law) so that I might win those under the law. To those outside the law I became as one outside the law (though I am not free from God's law but am under Christ's law) so that I might win those outside the law. To the weak I became weak, so that I might win the weak. I have become all things to all people, that I might by all means save some. I do it all for the sake of the gospel, so that I may share in its blessings.

Mark 1:29-39

After Jesus and his disciples left the synagogue, they entered the house of Simon and Andrew, with James and John. Now Simon's mother-in-law was in bed with a fever, and they told him about her at once. He came and took her by the hand and lifted her up. Then the fever left her, and she began to serve them. That evening, at sundown, they brought to him all who were sick or possessed with demons. And the whole city was gathered around the door. And he cured many who were sick with various diseases, and cast out many demons; and he would not permit the demons to speak, because they knew him. In the morning, while it was still very dark, he got up and went out to a deserted place, and there he prayed. And Simon and his companions hunted for him. When they found him, they said to him, "Everyone is searching for you." He answered, "Let us go on to the neighboring towns, so that I may proclaim the message there also; for that is what I came out to do." And he went throughout Galilee, proclaiming the message in their synagogues and casting out demons.

SERVICE NOTES (IN THE LEFT COLUMN)

BCP, page XXX refers to pages in the red *Book of Common Prayer*. Hymn XXX refers to the blue book, *The Hymnal 1982*. “S” numbers (e.g. S120) are located in the front of the hymnal. WLP refers to the green book, *Wonder, Love and Praise*.

An outline for the Order of Service is given, with *Book of Common Prayer* page numbers included. Please rise, as able, for portions of the service marked with an asterisk (*).

DIGITAL LITURGY

You are encouraged to use your phone, tablet or other electronic device to view this bulletin electronically. Please set the device to “silent.” Use the QR Code to access the digital bulletin. There are live links in the digital bulletin. Monthly Event Flyers are also available on the website. Thank you for observing silence.



HOLY EUCHARIST

8 a.m.

VOLUNTARY “Prelude in F major”

George Dyson

The Word of God

[*BCP, page 355](#)

OPENING ACCLAMATION AND COLLECT FOR PURITY

[*BCP, page 356](#)

TRISAGION, *said three times.*

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page 2 of this bulletin*

COLLECT OF THE DAY

THE LESSONS

Isaiah 40:21-31

Psalm 147:1-12, 21c, *said in unison.*

1 Corinthians 9:16-23

page 2 of this bulletin

THE HOLY GOSPEL Mark 1:29-39

SERMON

[*BCP, page 358](#)

NICENE CREED

[*BCP, Form VI, page 392](#)

PRAYERS OF THE PEOPLE

[*BCP, page 360](#)

THE PEACE

ANNOUNCEMENTS

*Those celebrating
anniversaries of birth,
marriage, and other
joyous occasions are
invited to come forward
for prayer.*

CELEBRATION PRAYER

All

O God, our times are in your hand: Look with favor, we pray, on your servant(s) as *they* begin another year. Grant that *they* may grow in wisdom and grace, and strengthen *their* trust in your goodness all the days of *their* lives; through Jesus Christ our Lord. Amen.

The Holy Communion

OFFERTORY

* PRESENTATION

Presider All things come from you, O Lord.

People And of your own have we given you.

BCP, page 367

BCP, page 364

BCP, page 364

THE GREAT THANKSGIVING Eucharistic Prayer B

The Lord’s Prayer

The Breaking of the Bread

THE COMMUNION

- All are welcome to receive communion or a blessing.
- For gluten-free bread, cross your hands palms down.
- For a blessing, cross your hands over your chest.
- Prayer for healing is offered at the prayer desk until the close of worship.

The Eucharistic Visitor
is sent out with these
words:

SENDING OF EUCHARISTIC VISITORS

Presider We who are many are one body,

People For we all share one bread, one cup.

*BCP, page 366

POSTCOMMUNION PRAYER

BLESSING

DISMISSAL

VOLUNTARY “Postlude in D major”

George Dyson

SERVING TODAY: 8 A.M.

Presider & Preacher	The Reverend Canon Christy Dorn	Healing Minister	Phyllis Biddle
Deacons	The Reverend Jerry Grabher	Altar Guild	Sandra Carter, Pat Leive, Cecelia McNair,
Music Director	Paul Meier		Doug McNair
Lector	Linda Carlson	Usher	Jim Crum
Intercessor	Sharon Sprague	Hospitality Host	Terri Curran
Eucharistic Minister	Terri Curran	Bookstore	Valerie Johnson

The Rt. Rev. Martin S. Field, *Bishop of the Diocese of West Missouri*; The Very Rev. Peter DeVeau, *Dean*; The Rev. Canon Evelyn Hornaday, *Subdean*; The Rev. Canon Christy Dorn, *Associate*; The Rev. Jerry Grabher, *Deacon*; The Rev. Jim Robertson, *Deacon*; Dr. Paul Meier, *Director of Music*; Marco Serrano, *Young Adult Coordinator*; Julie Brogno, *Coordinator for Children’s and Family Ministry*; Alexandra Connors, *Youth Minister*; Linda Martin, *Children’s Music Director*; Sharon Sprague, *Sacristan*; Julie Toma, *Cathedral Administrator*; Janet Sweeting, *Office Assistant*; Melissa Scheffler, *Communications Coordinator*; Richard Wolf, *Finance Manager*; Angie Graham, *Property Manager*; Mike Guidry, *Assistant Property Manager*; Ken Stewart, *Cathedral Bookstore Manager*; John L. Schaefer, *Canon Musician Emeritus*.

The Vestry: Bob Carlson, *Senior Warden*, carlsonre44@yahoo.com, 913-522-2803; Terri Curran, *Junior Warden*, tcorra2@yahoo.com; Chuck Ritter, *Treasurer*; Jonathan Sternberg, *Clerk*; Steve Moore, *Chancellor*. Tara Bennett; Paula Connors; Jackye Finnie; Donna Knoell; Ron Michka; Ryan Thomas; Milt Tootle.

Ash Wednesday Services

February 14



7 a.m.—Perfect for persons on their way to or from work. This is the briefest of the three services.

12:05 p.m.—This service is shaped to include both the downtown business community and persons who are free during the day.

7 p.m.—This traditional service features *open space*. Following the invitation to a Holy Lent, those present visit various “stations” around the Nave. There participants will be marked with ashes in acknowledgment of mortality, be signed with water as a reminder of baptism, light candles and offer prayer, pick up information on ways to engage in outreach, receive laying-on-of-hands and anointing for healing, and fill out a card with personal Lenten intentions to be presented at the Offertory. Following the open space, the liturgy continues with the Litany of Penitence and Holy Communion.



Lent Resources

Lent resources for adults and children will be available in the Tower entry to assist you with your observance of a holy Lent. Additional resources are available for purchase in the Bookstore.

Lent Worship

Weekdays: Holy Eucharist at 12:05 p.m.

Wednesdays: Contemplative Eucharist at 5:30 p.m.

Lent Workshop

February 18 • 9 & 11:30 a.m. • Founders' Hall

Prepare for Lent by picking up Lent in a Bag materials and painting crosses to be used during Holy Week. Supplies will be provided and coffee hour refreshments will be available.

Lenten Wednesday Evenings

February 21–March 28

5:30 p.m.

Contemplative Eucharist in the Nave

6 p.m.

Simple Supper in Founders' Hall

6:30–8 p.m.

[Learning Opportunities](#)

The Way: Take part in a journey for those seeking to deepen their faith or learn more about the Episcopal Church.

The Creed for Today (Nicene or Apostles’): Each Sunday in worship we recite the Nicene Creed as an affirmation of our faith. Though formulated centuries ago, the Creed summarizes the fundamental beliefs we still consider essential today. This study will delineate those beliefs and explore how they are relevant for contemporary life. The class will be led by Dr. Bill Stancil, Professor of Theology and Religious Studies at Rockhurst University.

Noisy Offering

March 18 • 8 & 10:15 a.m.

We make a joyful noise to the Lord with our Noisy Offerings each year! Last year, we collected a total of \$668 in our two Noisy Offerings for the New Americans program, which serves refugee children in Kansas City Public Schools. The funds were used to pay for buses so that New Americans students could visit Kaleidoscope, a children’s art space sponsored by Hallmark. Many of the children had never been outside of their Northeast Kansas City neighborhood, so a trip to Crown Center was an exciting experience!

Put a container on your kitchen counter or table, and save your coins to bring to church on March 18 for our Lenten Noisy Offering. The Cathedral’s children will assist the ushers in collecting the coins in metal buckets, so we can hear the funds add up. Don’t keep coins around? No problem. Quiet checks and cash are welcome, too.

Palm Cross Workshop

March 18 • 9 & 11:30 a.m. • Founders' Hall

We make crosses out of palm leaves for distribution on Palm Sunday. Please bring your scissors. Someone will help if you’ve never done it before! Extra palms are available to make additional crosses at home and return by Palm Sunday. Crosses are also given to St. Luke’s Hospital and Hospice, and Bishop Spencer Place. Contact Janet Sweeting (816.474.8260 ext. 144 or jsweeting@kccathedral.org) with questions.

Words Becoming Actions

Watch for details about the social outreach committee’s Words Becoming Actions Lenten service projects. There will be multiple opportunities to volunteer and help live out what it means to be A Servant Church in the Heart of the City. A mailing will go out a few weeks before the beginning of Lent with all the details.

Lent Madness

In a takeoff of basketball’s March Madness, Lent Madness is a fun, engaging way for people to learn about the Church’s Calendar of Saints. Visit lentmadness.org to fill out your bracket for a chance to win the “Golden Halo”!

Easter Flowers

If you would like to contribute to the beauty of the Cathedral at Easter, contact Janet Sweeting, jsweeting@kccathedral.org, to donate for Easter Flowers.

2018 Vestry Members

Following last Sunday's Annual Meeting, we are pleased to announce the 2018 Vestry that will lead and serve us all this next year.

Bob Carlson, Senior Warden
Terri Curran, Junior Warden
Jonathan Sternberg, Clerk
Tara Bennett
Paula Connors
Jackye Finnie
Donna Knoell
Ron Michka
Ryan Thomas
Milt Tootle

Chuck Ritter and Steve Moore were re-elected to their positions of Treasurer and Chancellor respectively.

We look forward to the excellent work this group of people will accomplish in the months to come! Please pray for them as they listen and dream of how God is working in this holy place.

Shrove Sunday Pancake Breakfast

February 11 • 9 & 11:30 a.m.
Founders' Hall



Join us for a relaxing pancake breakfast provided by **Chris Cakes**.

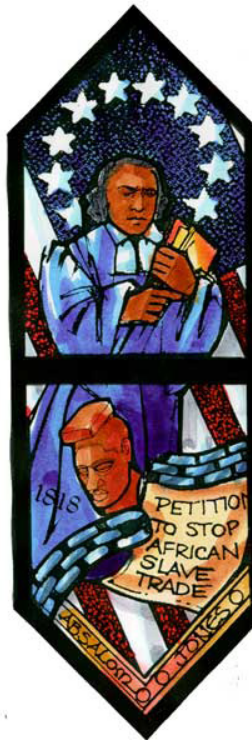
Music Time with 4 and 5 Year Olds

Children four and five years old are invited to attend a short-term music experience following worship on Sundays beginning today.

These 20-minute sessions will be designed to help children discover their best singing voices and to serve the church in a most meaningful way.

Bring your child to the choir room (blue door) in Haden Hall for a very quick snack and music-making while you enjoy fellowship time after church in Founders' Hall.

Please contact Linda Martin for more information, lmartin@kccathedral.org.



The Feast of Absalom Jones
Sunday, February 11
4 p.m.
St. Augustine's Episcopal
Church

The Diocese of West Missouri will celebrate the Feast of Absalom Jones, the first person of African descent ordained to the diaconate and to the priesthood in the Episcopal Church, on **Sunday, February 11, 2018 at 4 p.m. at St. Augustine's Episcopal Church.**

This Week's Calendar

Sunday • February 4

8 a.m.	Holy Eucharist	Nave
9 a.m.	Hospitality Time	Founders' Hall
9:15 a.m.	Adult Forum	Common Room
9:15 a.m.	Rehearsal: Children's Choir	Haden Hall Blue Room
10:15 a.m.	Holy Eucharist	Nave
10:20 a.m.	Children's Chapel	start in Nave, then Haden Hall
11:30 a.m.	Hospitality Time	Founders' Hall
11:30 a.m.	Music Time for 4-5 Year Olds	Haden Blue Room
5 p.m.	Order for Evening & Holy Eucharist	Nave

Monday • February 5

12:05 p.m.	Holy Eucharist	Chapel
7:15 p.m.	Abiding Prayer: <i>Exploring & Experiencing the Naked Now</i>	Common Room

Tuesday • February 6

12:05 p.m.	Holy Eucharist	Chapel
12:30 p.m.	Women's Bible Study	Common Room

Wednesday • February 7

12:05 p.m.	Holy Eucharist	Chapel
6 p.m.	Rehearsal: Tallis Singers	Haden Hall
6 p.m.	The Way	Founders' Hall
7 p.m.	Trinity Teens Youth Group	Haden Hall Youth Room

Thursday • February 8

12:05 p.m.	Holy Eucharist	Chapel
12:45 p.m.	Tai Chi & Qigong	Common Room
6 p.m.	Rehearsal: Cathedral Bell Ringers	Haden Hall
7 p.m.	Rehearsal: Trinity Choir	Haden Hall

Friday • February 9

12:05 p.m.	Holy Eucharist	Chapel
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Sunday • February 11

8 a.m.	Holy Eucharist	Nave
9 a.m.	Pancake Breakfast	Founders' Hall
9:15 a.m.	Adult Forum	Common Room
9:15 a.m.	Rehearsal: Children's Choir	Haden Hall Blue Room
10:15 a.m.	Holy Eucharist	Nave
10:20 a.m.	Children's Chapel	start in Nave, then Haden Hall
11:30 a.m.	Pancake Breakfast	Founders' Hall
11:30 a.m.	Music Time for 4-5 Year Olds	Haden Blue Room
5 p.m.	Order for Evening & Holy Eucharist	Nave

Visit kccathedral.org for more calendar information.

Cathedral Caregivers' Prayer List

Pray for: Leonard Kagay, Susan Kircher, Ken Lambert, Family of Patricia Sprague, Peggy Morgan, Leona Schaefer, Becky Fankhauser, Ted Derrick's family & friends, Greg Cullem's family & friends, Aaron Judge, Thomas Jones, Teresa Garrison's family & friends, Milt Strader, Melissa Morrow, Ken Frashier, the Wallace family, Joanne Repass Jones, Peggy Lane, Hal Woosley, Mary Wymer, Jim Royer, Jackie Kempster, All who serve in the U.S. Military, Whitney Zamora, Jonathan Brice, Judy Goddard, Marie Tomich, Mary Bartholomew, Nicole Roberge

We pray for Bishop Field as he visits St. Mary's Church in Savannah and Trinity in Independence. Please pray for the ministries of these churches.

To place a person on this prayer list, please use a prayer request card found in the pews or contact the church office: communications@kccathedral.org. Requests are held in prayer for 90 days.

Today's flowers are given to the glory of God and ...

- with prayers for Kenneth & Joseph — the Gittas
- —Richard and Anne Morse



BIRTHDAYS & ANNIVERSARIES



February 4 Mark Colburn Holly Johnson Haywood & Lyn Walker, Jr.	February 8 Bev Burke Bill & Laura Baker
February 5 Dani Nibler Randall & Bunny Oestreicher	February 9 David Pierson Joseph Brandwein
February 6 Page Reed	

Please contact the Cathedral office if we have omitted your birthday or anniversary: 816.474.8260 or jtoma@kccathedral.org.

To donate toward the weekly flowers to celebrate a special event or remember a loved one, sign up online at kccathedral.org/flowers or contact the Cathedral office, jsweeting@kccathedral.org or 816.474.8260 ext. 144.

