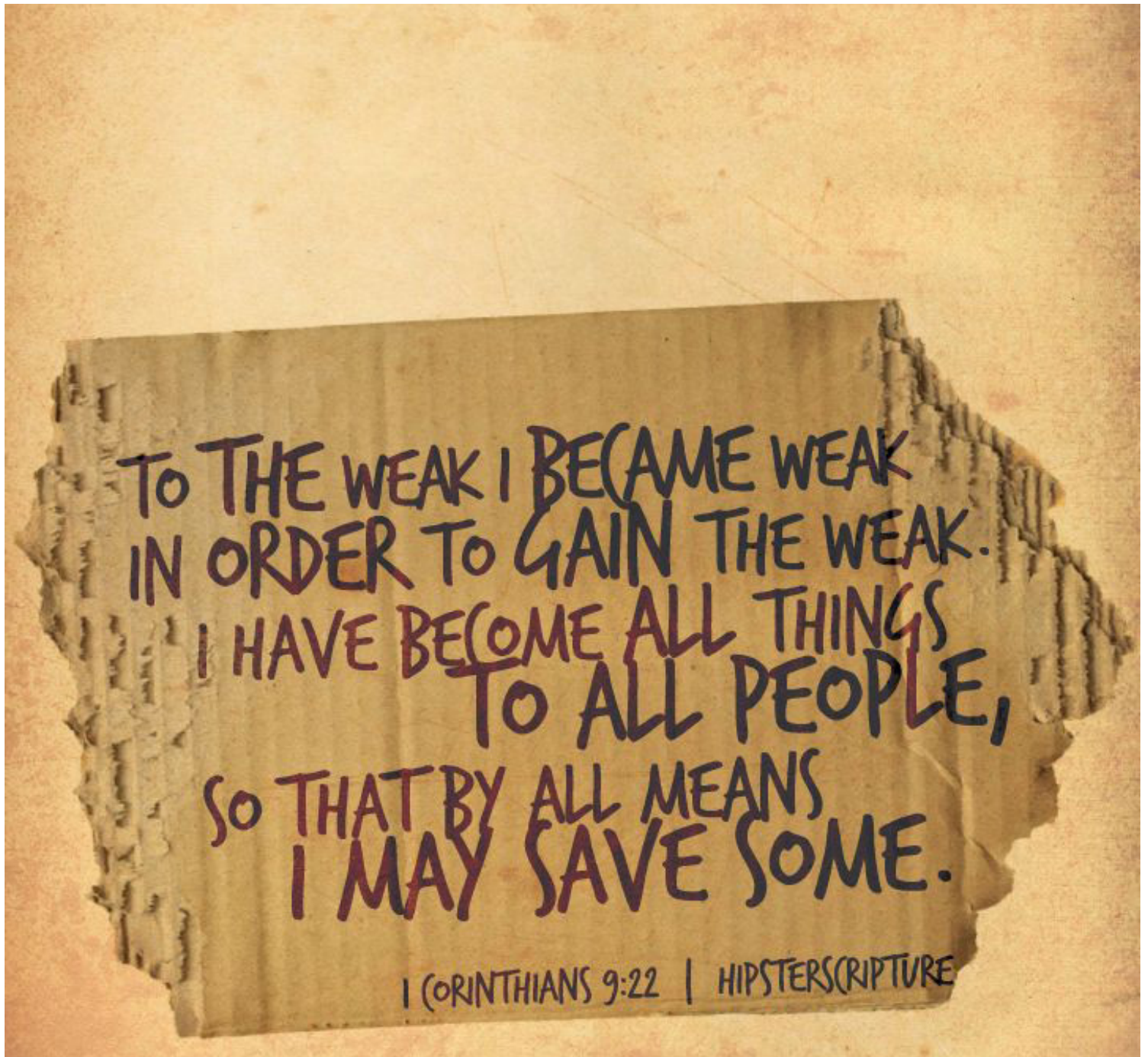


# GRACE AND HOLY TRINITY CATHEDRAL

*A Servant Church in the Heart of the City*



The Fifth Sunday after the Epiphany  
February 4, 2018  
5 p.m.



## HYMN "O gracious Light, Lord Jesus Christ"

1 O gra - cious Light, Lord Je - sus Christ, in  
2 Now sun - set comes, but light shines forth, the  
3 Wor - thy are you of end - less praise, O

you the Fa - ther's glo - ry shone. Im - mor - tal, ho - ly,  
lamps are lit to pierce the night. Praise Fa - ther, Son, and  
Son of God, Life - giv - ing Lord; where - fore you are through

blest is he, and blest are you, his ho - ly Son.  
Spi - rit: God who dwells in the e - ter - nal light.  
all the earth and in the high - est heaven a - dored.

Words: Greek, 3rd cent.; tr. F. Bland Tucker (1895-1984); para. of *O Gracious Light*. Music: *The Eighth Tune*, Thomas Tallis (1505?-1585); adapt. *Hymnal 1982*. All Rights Reserved. Reprinted under OneLicense.net #A-710278.

# The Liturgy of the Word

## COLLECT OF THE DAY

**Presider** The Lord be with you.

**People** And also with you.

Let us pray.

Set us free, O God, from the bondage of our sins, and give us the liberty of that abundant life which you have made known to us in your Son our Savior Jesus Christ; who lives and reigns with you, in the unity of the Holy Spirit, one God, now and for ever.

**People** Amen.

*Meditative silence follows  
the readings.*

## THE LESSONS

### 1 Corinthians 9:16-23

**Lector** If I proclaim the gospel, this gives me no ground for boasting, for an obligation is laid on me, and woe to me if I do not proclaim the gospel! For if I do this of my own will, I have a reward; but if not of my own will, I am entrusted with a commission. What then is my reward? Just this: that in my proclamation I may make the gospel free of charge, so as not to make full use of my rights in the gospel. For though I am free with respect to all, I have made myself a slave to all, so that I might win more of them. To the Jews I became as a Jew, in order to win Jews. To those under the law I became as one under the law (though I myself am not under the law) so that I might win those under the law. To those outside the law I became as one outside the law (though I am not free from God's law but am under Christ's law) so that I might win those outside the law. To the weak I became weak, so that I might win the weak. I have become all things to all people, that I might by all means save some. I do it all for the sake of the gospel, so that I may share in its blessings.

The Word of the Lord.

**People** Thanks be to God.

Psalm 147:1-12, 21c





Cantor Hallelujah!  
How good it is to sing praises to | our God! \*  
how pleasant it is to | honor him with praise!

All The Lord rebuilds Je|rusalem; \*  
he gathers the exiles | of Israel.  
He heals the broken|hearted \*  
and | binds up their wounds.  
He counts the number of | the stars \*  
and calls them | all by their names.  
Great is our Lord and mighty | in power; \*  
there is no limit | to his wisdom.  
The Lord lifts up the | lowly, \*  
but casts the | wicked to the ground.  
Sing to the Lord with thanks|giving; \*  
make music to our God | upon the harp.  
He covers the heavens | with clouds \*  
and prepares | rain for the earth;  
He makes grass to grow upon the | mountains \*  
and green | plants to serve mankind.  
He provides food for flocks | and herds \*  
and for the young ra|vens when they cry.  
He is not impressed by the might of | a horse; \*  
he has no pleasure in the | strength of a man;  
But the Lord has pleasure in those who | fear him, \*  
in those who await his gracious favor. | Hallelujah!

*\*The Cantor sings the verse, which is then repeated by the congregation.*

GOSPEL VERSE



The Lord has pleasure in those who  fear him; in those who await his  gracious favor

THE HOLY GOSPEL Mark 1:29-39

Presider The Holy Gospel of our Savior Jesus Christ according to Mark.

People **Glory to you, Lord Christ.**

Presider After Jesus and his disciples left the synagogue, they entered the house of Simon and Andrew, with James and John. Now Simon's mother-in-law was in bed with a fever, and they told him about her at once. He came and took her by the hand and lifted her up. Then the fever left her, and she began to serve them. That evening, at sundown, they brought to him all who were sick or possessed with demons. And the whole city was gathered around the door. And he cured many who were sick with various diseases, and cast out many demons; and he would not permit the demons to speak, because they knew him. In the morning, while it was still very dark, he got up and went out to a deserted place, and there he prayed. And Simon and his companions hunted for him. When they found him, they said to him, "Everyone is searching for you." He answered, "Let us go on to the neighboring towns, so that I may proclaim the message there also; for that is what I came out to do." And he went throughout Galilee, proclaiming the message in their synagogues and casting out demons.

The Gospel of the Lord.

People **Praise to you, Lord Christ.**

MEDITATION

NICENE CREED

PRAYERS OF THE PEOPLE

THE PEACE

Presider The peace of the Lord be always with you.

People **And also with you.**

ANNOUNCEMENTS

\*BCP, page 358

\*BCP, Form VI, page 392

\*

# The Holy Communion

## OFFERTORY HYMN "God of mercy, God of grace"

1 God of mer - cy, God of grace, show the bright - ness of thy  
2 Let thy peo - ple praise thee, Lord; be by all that live a -

face. Shine up - on us, Sa - vior, shine, fill thy  
dored. Let the na - tions shout and sing glo - ry

Church with light di - vine, and thy sav - ing health ex -  
to their Sa - vior King; let all be, be - low, a -

tend un - to earth's re - mot - est end.  
bove, one in joy, and light, and love.

The musical score is written for two voices (Soprano and Bass) and piano accompaniment. It features a key signature of three flats (B-flat, E-flat, A-flat) and a common time signature. The lyrics are arranged in two columns, with the first column corresponding to the first voice and the second column to the second voice. The piano accompaniment is written in a grand staff with a treble and bass clef. The score includes various musical notations such as notes, rests, and dynamic markings.

Words: Henry Francis Lyte (1793-1847), alt. Music: *Lucerna Laudoniae*, David Evans (1874-1948). Music: By permission of Oxford University Press. All Rights Reserved. Reprinted under OneLicense.net #A-710278.

## THE GREAT THANKSGIVING Eucharistic Prayer B

"Holy, holy, holy Lord"

Ho - ly, ho - ly, ho - ly Lord, God of pow - er and might,  
 heaven and earth are full of your glo - ry. Ho -  
 san - na in the high - est. Ho - san - na in the high - est.  
 Blessed is he who comes in the name of the Lord. Ho -  
 san - na in the high - est. Ho - san - na in the high - est.

Music: From *A Community Mass*; Richard Proulx (b. 1937). Copyright: Copyright © 1971, 1977, G.I.A. Publications, Inc. All Rights Reserved.  
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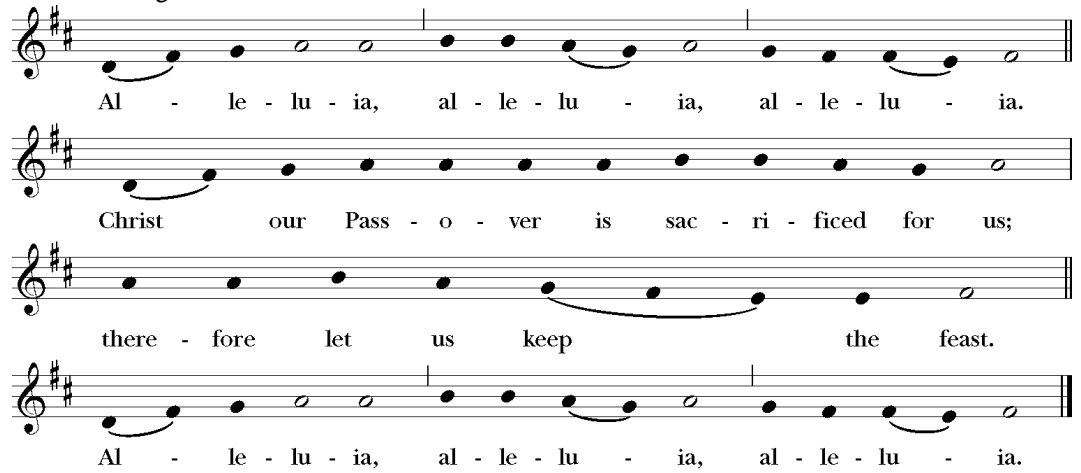
## The Lord's Prayer

Presider And now, as our Savior Christ has taught us, we are bold to say,

Our Fa - ther, who art in hea - ven, hal - low - ed  
 be thy Name, thy king - dom come, thy will be done,  
 on earth as it is in hea - ven. Give us this day our  
 dai - ly bread. And for - give us our tres - pas - ses,  
 as we for - give those who tres - pass a - gainst us. And lead  
 us not in - to temp - ta - tion, but de - liv - er us  
 from e - vil. For thine is the king - dom, and the power,  
 and the glo - ry, for ev - er and ev - er. A - men.

Music: *Plainsong*; adapt. Charles Winfred Douglas (1867-1944). All Rights Reserved. Reprinted under OneLicense.net #A-710278.

## The Breaking of the Bread



Al - le - lu - ia, al - le - lu - ia, al - le - lu - ia.  
Christ our Pass - o - ver is sac - ri - ficed for us;  
there - fore let us keep the feast.  
Al - le - lu - ia, al - le - lu - ia, al - le - lu - ia.

Music: From *New Plainsong*; David Hurd (b. 1950). Copyright: Copyright © 1981, G.I.A. Publications, Inc. All Rights Reserved. Reprinted under OneLicense.net #A-710278.

## THE COMMUNION

- *All are welcome to receive communion or a blessing.*
- *For gluten-free bread, cross your hands palms down.*
- *For a blessing, cross your hands over your chest.*

*\*BCP, page 366*

## POSTCOMMUNION PRAYER

## BLESSING

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The Rt. Rev. Martin S. Field, *Bishop of the Diocese of West Missouri*; The Very Rev. Peter DeVeau, *Dean*; The Rev. Canon Evelyn Hornaday, *Subdean*; The Rev. Canon Christy Dorn, *Associate*; The Rev. Jerry Grabher, *Deacon*; The Rev. Jim Robertson, *Deacon*; Dr. Paul Meier, *Director of Music*; Marco Serrano, *Young Adult Coordinator*; Julie Brogno, *Coordinator for Children's and Family Ministry*; Alexandra Connors, *Youth Minister*; Linda Martin, *Children's Music Director*; Sharon Sprague, *Sacristan*; Julie Toma, *Cathedral Administrator*; Janet Sweeting, *Office Assistant*; Melissa Scheffler, *Communications Coordinator*; Richard Wolf, *Finance Manager*; Angie Graham, *Property Manager*; Mike Guidry, *Assistant Property Manager*; Ken Stewart, *Cathedral Bookstore Manager*; John L. Schaefer, *Canon Musician Emeritus*.

**The Vestry:** Bob Carlson, *Senior Warden*, [carlsonr44@yahoo.com](mailto:carlsonr44@yahoo.com), 913-522-2803; Terri Curran, *Junior Warden*, [tcurra2@yahoo.com](mailto:tcurra2@yahoo.com); Chuck Ritter, *Treasurer*; Jonathan Sternberg, *Clerk*; Steve Moore, *Chancellor*. Tara Bennett; Paula Connors; Jackye Finnie; Donna Knoell; Ron Michka; Ryan Thomas; Milt Tootle.



SENDING HYMN "Thine arm, O Lord, in days of old"

1 Thine arm, O Lord, in days of old was strong to  
 2 And lo! thy touch brought life and health, gave hear - ing,  
 3 Be thou our great de - liv - erer still, thou Lord of  
 heal and save; it tri - umphed o'er dis - ease and death,  
 strength, and sight; and youth re - newed and fren - zy calmed  
 life and death; re - store and quick - en, soothe and bless,  
 o'er dark - ness and the grave. To thee they went, the  
 owned thee, the Lord of light: and now, O Lord, be  
 with thine al - might - y breath: to hands that work and  
 blind, the deaf, the pal - sied, and the lame, the lep - er  
 near to bless, al - might - y as of yore, in crowd - ed  
 eyes that see, give wis - dom's heaven - ly lore, that whole and  
 set a - part and shunned, the sick with fe - vered frame.  
 street, by rest - less couch, as by Gen - nes - aret's shore.  
 sick, and weak and strong, may praise thee ev - er - more.

Words: Edward Hayes Plumptre (1821–1891), alt. Music: St. Matthew, from *Supplement to the New Version of Psalms* by Dr. Brady and Mr. Tate, 1708). All Rights Reserved. Reprinted under OneLicense.net #A-710278.

DISMISSAL

Presider Let us go forth in the name of Christ

People Thanks be to God.

The Reverend Ron Verhaeghe, *Presider & Preacher*

Renee Neff-Clark, *Lector & Eucharistic Minister*

Lindsey Lang, *Cantor*

Paul Meier, *Organist*

Deante Finnie, *Acolyte*

## Ash Wednesday Services

February 14



**7 a.m.**—Perfect for persons on their way to or from work. This is the briefest of the three services.

**12:05 p.m.**—This service is shaped to include both the downtown business community and persons who are free during the day.

**7 p.m.**—This traditional service features *open space*. Following the invitation to a Holy Lent, those present visit various “stations” around the Nave. There participants will be marked with ashes in acknowledgment of mortality, be signed with water as a reminder of baptism, light candles and offer prayer, pick up information on ways to engage in outreach, receive laying-on-of-hands and anointing for healing, and fill out a card with personal Lenten intentions to be presented at the Offertory. Following the open space, the liturgy continues with the Litany of Penitence and Holy Communion.



## Lent Resources

Lent resources for adults and children will be available in the Tower entry to assist you with your observance of a holy Lent. Additional resources are available for purchase in the Bookstore.

## Lent Worship

**Weekdays: Holy Eucharist at 12:05 p.m.**

**Wednesdays: Contemplative Eucharist at 5:30 p.m.**

## Lent Workshop

February 18 • 9 & 11:30 a.m. • Founders' Hall

Prepare for Lent by picking up Lent in a Bag materials and painting crosses to be used during Holy Week. Supplies will be provided and coffee hour refreshments will be available.

## Lenten Wednesday Evenings

February 21–March 28

5:30 p.m.

Contemplative Eucharist in the Nave

6 p.m.

Simple Supper in Founders' Hall

6:30–8 p.m.

Learning Opportunities

**The Way:** Take part in a journey for those seeking to deepen their faith or learn more about the Episcopal Church.

**The Creed for Today (Nicene or Apostles’):** Each Sunday in worship we recite the Nicene Creed as an affirmation of our faith. Though formulated centuries ago, the Creed summarizes the fundamental beliefs we still consider essential today. This study will delineate those beliefs and explore how they are relevant for contemporary life. The class will be led by Dr. Bill Stancil, Professor of Theology and Religious Studies at Rockhurst University.

## Noisy Offering

March 18 • 8 & 10:15 a.m.

We make a joyful noise to the Lord with our Noisy Offerings each year! Last year, we collected a total of \$668 in our two Noisy Offerings for the New Americans program, which serves refugee children in Kansas City Public Schools. The funds were used to pay for buses so that New Americans students could visit Kaleidoscope, a children’s art space sponsored by Hallmark. Many of the children had never been outside of their Northeast Kansas City neighborhood, so a trip to Crown Center was an exciting experience!

Put a container on your kitchen counter or table, and save your coins to bring to church on March 18 for our Lenten Noisy Offering. The Cathedral’s children will assist the ushers in collecting the coins in metal buckets, so we can hear the funds add up. Don’t keep coins around? No problem. Quiet checks and cash are welcome, too.

## Palm Cross Workshop

March 18 • 9 & 11:30 a.m. • Founders' Hall

We make crosses out of palm leaves for distribution on Palm Sunday. Please bring your scissors. Someone will help if you’ve never done it before! Extra palms are available to make additional crosses at home and return by Palm Sunday. Crosses are also given to St. Luke’s Hospital and Hospice, and Bishop Spencer Place. Contact Janet Sweeting (816.474.8260 ext. 144 or [jsweeting@kccathedral.org](mailto:jsweeting@kccathedral.org)) with questions.

## Words Becoming Actions

Watch for details about the social outreach committee’s Words Becoming Actions Lenten service projects. There will be multiple opportunities to volunteer and help live out what it means to be A Servant Church in the Heart of the City. A mailing will go out a few weeks before the beginning of Lent with all the details.

## Lent Madness

In a takeoff of basketball’s March Madness, Lent Madness is a fun, engaging way for people to learn about the Church’s Calendar of Saints. Visit [lentmadness.org](http://lentmadness.org) to fill out your bracket for a chance to win the “Golden Halo”!

## Easter Flowers

If you would like to contribute to the beauty of the Cathedral at Easter, contact Janet Sweeting, [jsweeting@kccathedral.org](mailto:jsweeting@kccathedral.org), to donate for Easter Flowers.

## 2018 Vestry Members

Following last Sunday's Annual Meeting, we are pleased to announce the 2018 Vestry that will lead and serve us all this next year.

Bob Carlson, Senior Warden  
Terri Curran, Junior Warden  
Jonathan Sternberg, Clerk  
Tara Bennett  
Paula Connors  
Jackye Finnie  
Donna Knoell  
Ron Michka  
Ryan Thomas  
Milt Tootle

Chuck Ritter and Steve Moore were re-elected to their positions of Treasurer and Chancellor respectively.

We look forward to the excellent work this group of people will accomplish in the months to come! Please pray for them as they listen and dream of how God is working in this holy place.

## Shrove Sunday Pancake Breakfast

February 11 • 9 & 11:30 a.m.  
Founders' Hall



Join us for a relaxing pancake breakfast provided by **Chris Cakes**.

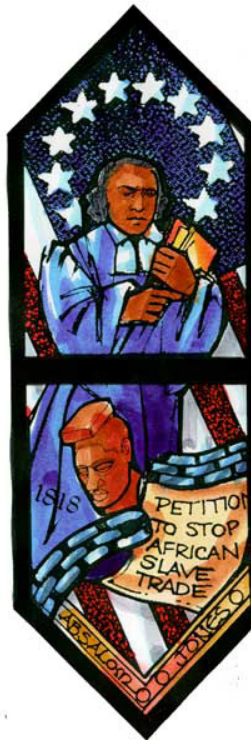
## Music Time with 4 and 5 Year Olds

Children four and five years old are invited to attend a short-term music experience following worship on Sundays beginning today.

These 20-minute sessions will be designed to help children discover their best singing voices and to serve the church in a most meaningful way.

Bring your child to the choir room (blue door) in Haden Hall for a very quick snack and music-making while you enjoy fellowship time after church in Founders' Hall.

Please contact Linda Martin for more information, [lmartin@kccathedral.org](mailto:lmartin@kccathedral.org).



The Feast of Absalom Jones  
Sunday, February 11  
4 p.m.  
St. Augustine's Episcopal  
Church

The Diocese of West Missouri will celebrate the Feast of Absalom Jones, the first person of African descent ordained to the diaconate and to the priesthood in the Episcopal Church, on **Sunday, February 11, 2018 at 4 p.m. at St. Augustine's Episcopal Church.**

# This Week's Calendar

## Sunday • February 4

8 a.m.	Holy Eucharist	Nave
9 a.m.	Hospitality Time	Founders' Hall
9:15 a.m.	Adult Forum	Common Room
9:15 a.m.	Rehearsal: Children's Choir	Haden Hall Blue Room
10:15 a.m.	Holy Eucharist	Nave
10:20 a.m.	Children's Chapel	start in Nave, then Haden Hall
11:30 a.m.	Hospitality Time	Founders' Hall
11:30 a.m.	Music Time for 4-5 Year Olds	Haden Blue Room
5 p.m.	Order for Evening & Holy Eucharist	Nave

## Monday • February 5

12:05 p.m.	Holy Eucharist	Chapel
7:15 p.m.	Abiding Prayer: <i>Exploring &amp; Experiencing the Naked Now</i>	Common Room

## Tuesday • February 6

12:05 p.m.	Holy Eucharist	Chapel
12:30 p.m.	Women's Bible Study	Common Room

## Wednesday • February 7

12:05 p.m.	Holy Eucharist	Chapel
6 p.m.	Rehearsal: Tallis Singers	Haden Hall
6 p.m.	The Way	Founders' Hall
7 p.m.	Trinity Teens Youth Group	Haden Hall Youth Room

## Thursday • February 8

12:05 p.m.	Holy Eucharist	Chapel
12:45 p.m.	Tai Chi & Qigong	Common Room
6 p.m.	Rehearsal: Cathedral Bell Ringers	Haden Hall
7 p.m.	Rehearsal: Trinity Choir	Haden Hall

## Friday • February 9

12:05 p.m.	Holy Eucharist	Chapel
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## Sunday • February 11

8 a.m.	Holy Eucharist	Nave
9 a.m.	Pancake Breakfast	Founders' Hall
9:15 a.m.	Adult Forum	Common Room
9:15 a.m.	Rehearsal: Children's Choir	Haden Hall Blue Room
10:15 a.m.	Holy Eucharist	Nave
10:20 a.m.	Children's Chapel	start in Nave, then Haden Hall
11:30 a.m.	Pancake Breakfast	Founders' Hall
11:30 a.m.	Music Time for 4-5 Year Olds	Haden Blue Room
5 p.m.	Order for Evening & Holy Eucharist	Nave

Visit [kccathedral.org](http://kccathedral.org) for more calendar information.

# Cathedral Caregivers' Prayer List

Pray for: Leonard Kagay, Susan Kircher, Ken Lambert, Family of Patricia Sprague, Peggy Morgan, Leona Schaefer, Becky Fankhauser, Ted Derrick's family & friends, Greg Cullem's family & friends, Aaron Judge, Thomas Jones, Teresa Garrison's family & friends, Milt Strader, Melissa Morrow, Ken Frashier, the Wallace family, Joanne Repass Jones, Peggy Lane, Hal Woosley, Mary Wymer, Jim Royer, Jackie Kempster, All who serve in the U.S. Military, Whitney Zamora, Jonathan Brice, Judy Goddard, Marie Tomich, Mary Bartholomew, Nicole Roberge

We pray for Bishop Field as he visits St. Mary's Church in Savannah and Trinity in Independence. Please pray for the ministries of these churches.

To place a person on this prayer list, please use a prayer request card found in the pews or contact the church office:

[communications@kccathedral.org](mailto:communications@kccathedral.org).

Requests are held in prayer for 90 days.

## Today's flowers are given to the glory of God and ...

- with prayers for Kenneth & Joseph — the Gittas
- —Richard and Anne Morse



## BIRTHDAYS & ANNIVERSARIES



### February 4

Mark Colburn  
Holly Johnson  
Haywood & Lyn Walker, Jr.

### February 8

Bev Burke  
Bill & Laura Baker

### February 5

Dani Nibler  
Randall & Bunny  
Oestreicher

### February 9

David Pierson  
Joseph Brandwein

### February 6

Page Reed

Please contact the Cathedral office if we have omitted your birthday or anniversary: 816.474.8260 or [jtoma@kccathedral.org](mailto:jtoma@kccathedral.org).

To donate toward the weekly flowers to celebrate a special event or remember a loved one, sign up online at [kccathedral.org/flowers](http://kccathedral.org/flowers) or contact the Cathedral office, [jsweeting@kccathedral.org](mailto:jsweeting@kccathedral.org) or 816.474.8260 ext. 144.

