GRACE AND HOLY TRINITY CATHEDRAL A Servant Church in the Heart of the City



The First Sunday in Lent

February 18, 2018

8 a.m.

Holy Eucharist

Service Notes

Page numbers in the right column refer to the red <u>Book of Common Prayer</u>.

Hymn numbers in the right column refer to the blue book, *The Hymnal 1982*. "S" numbers (e.g. S120) are located in the front of the hymnal.

Please rise, as able, for portions of the service marked with an asterisk (*).

Thank you for observing silence.

VOLUNTARY "Christ unser Herr zum Jordan kam," BuxWV 180

Dietrich Buxtehude

Announcements

The Word of God

A LITANY FOR LENT Please kneel

O Holy God, Creator of heaven and earth: Have mercy on us.
O Holy God, Redeemer of the world: Have mercy on us.
O Holy God, Source of all wisdom and truth: Have mercy on us.
O Holy God, we stand before you in this season of repentance and renewal: open our hearts to your loving Word as we journey through the desert of these forty days: Hear us, good Lord.
From all temptations of the world that draw us away from your forgiving love: Good Lord, protect us.
From the weaknesses of mind and heart that separate us from you and from fellowship with all your children: Good Lord, protect us.
From all hardness of heart toward your Word and commandments: Good Lord, protect us.
From all violence and oppression rained down on us by human sinfulness: Good Lord, protect us.
From diseases of body, mind and heart, and from dying without knowing the comfort of your presence: Good Lord, protect us.
That you might lead your Church in paths of righteousness and peace: Hear us, good Lord.
That you might enlighten all bishops, priests and deacons with your truth, so that it may shine forth in their living and in their preaching: Hear us, good Lord.
That you might inspire all your people to love you, to obey you, and to labor in your harvest for the increase

Leader People	That you might rule the hearts of those who govern the nations, that they may do justice, love mercy, and walk in the ways of truth: Hear us, good Lord.
Leader	That you might bring an end to violence in our homes and communities, and to wars throughout the world:
People	Hear us, good Lord.
Leader People	That you might show mercy on refugees, prisoners, the homeless, the hungry, the lonely, and all who are abused, oppressed or neglected: Hear us, good Lord.
Leader People	That you might teach us to walk gently on this fragile earth you have given into our stewardship: Hear us, good Lord.
Leader	That you might teach us true repentance for our sins, and soften our hearts to forgive those who have injured us:
People	Hear us, good Lord.
Leader	That you might hold in your loving arms the ill and the dying, and strengthen those who love them and care for them:
People	Hear us, good Lord.
Leader	That you might give to all the departed eternal life and peace:
People	Hear us, good Lord.
Leader	That you might grant us, when our earthly lives have ended, a place in your heavenly kingdom with all your saints:
People	Hear us, good Lord. Nancy Casey Fulton is the composer of A Litany for Lent.
"Varia alaisan	- ["]

"Kyrie eleison"

All Kyrie eleison. Christe eleison. Kyrie eleison.

* Collect of the Day

Presider	The Lord be with you.
People	And also with you.
Presider	Let us pray.
	Almighty God, whose blessed Son was led by the Spirit to be tempted by Satan: Come quickly to help us
	who are assaulted by many temptations; and, as you know the weaknesses of each of us, let each one find
	you mighty to save; through Jesus Christ your Son our Lord, who lives and reigns with you and the Holy
	Spirit, one God, now and for ever. Amen.

THE LESSONS All are seated. Meditative silence follows the readings.

First Reading: Genesis 9:8-17

Lector God said to Noah and to his sons with him, "As for me, I am establishing my covenant with you and your descendants after you, and with every living creature that is with you, the birds, the domestic animals, and every animal of the earth with you, as many as came out of the ark. I establish my covenant with you, that never again shall all flesh be cut off by the waters of a flood, and never again shall there be a flood to destroy the earth." God said, "This is the sign of the covenant that I make between me and you and every living creature that is with you, for all future generations: I have set my bow in the clouds, and it shall be a sign of the covenant between me and the earth. When I bring clouds over the earth and the bow is seen in the clouds, I will remember my covenant that is between me and you and every living creature of all flesh; and the waters shall never again become a flood to destroy all flesh. When the bow is in the clouds, I will see it and remember the everlasting covenant between God and every living creature of all flesh that

is on the earth." God said to Noah, "This is the sign of the covenant that I have established between me and all flesh that is on the earth." The Word of the Lord. **Thanks be to God.**

Psalm 25:1–9 Said in unison

People

All	To you, O Lord, I lift up my soul; my God, I put my trust in you; * let me not be humiliated,
	nor let my enemies triumph over me.
	Let none who look to you be put to shame; *
	let the treacherous be disappointed in their schemes.
	Show me your ways, O Lord, *
	and teach me your paths.
	Lead me in your truth and teach me, *
	for you are the God of my salvation;
	in you have I trusted all the day long.
	Remember, O Lord, your compassion and love, *
	for they are from everlasting.
	Remember not the sins of my youth and my transgressions; *
	remember me according to your love and for the sake of your goodness, O Lord.
	Gracious and upright is the Lord; *
	therefore he teaches sinners in his way.
	He guides the humble in doing right *
	and teaches his way to the lowly.
	All the paths of the Lord are love and faithfulness *
	to those who keep his covenant and his testimonies.

Second Reading: 1 Peter 3:18-22

Lector	Christ also suffered for sins once for all, the righteous for the unrighteous, in order to bring you to God.
	He was put to death in the flesh, but made alive in the spirit, in which also he went and made a proclama-
	tion to the spirits in prison, who in former times did not obey, when God waited patiently in the days of
	Noah, during the building of the ark, in which a few, that is, eight persons, were saved through water. And
	baptism, which this prefigured, now saves you—not as a removal of dirt from the body, but as an appeal
	to God for a good conscience, through the resurrection of Jesus Christ, who has gone into heaven and is
	at the right hand of God, with angels, authorities, and powers made subject to him.
	The Word of the Lord.
D 1	

People Thanks be to God.

* The Holy Gospel: Mark 1:9–15

When the Deacon announces the Gospel, all respond

People Glory to you, Lord Christ.

Deacon	In those days Jesus came from Nazareth of Galilee and was baptized by John in the Jordan. And just as he
	was coming up out of the water, he saw the heavens torn apart and the Spirit descending like a dove on
	him. And a voice came from heaven, "You are my Son, the Beloved; with you I am well pleased." And the
	Spirit immediately drove him out into the wilderness. He was in the wilderness forty days, tempted by
	Satan; and he was with the wild beasts; and the angels waited on him. Now after John was arrested, Jesus
	came to Galilee, proclaiming the good news of God, and saying, "The time is fulfilled, and the kingdom
	of God has come near; repent, and believe in the good news."
	The Gospel of the Lord.
People	Praise to you, Lord Christ.

SERMON All are seated.

* NICENE CREED

* The Peace

Presider	The peace of the Lord be always with you.
People	And also with you.

Those celebrating anniversaries of birth, marriage, and other joyous occasions are invited to come forward for prayer.

Celebration Prayer

All

O God, our times are in your hand: Look with favor, we pray, on your servant(s) as they begin another year. Grant that they may grow in wisdom and grace, and strengthen their trust in your goodness all the days of their lives; through Jesus Christ our Lord. Amen.

The Holy Communion

All are seated. The congregation's offering is received. The Holy Table is prepared for Eucharist.

* Presentation

Presider	All things come from you, O Lord.
People	And of your own have we given you.

As a symbol of the church gathered in the fullness of its baptismal ministry, the deacon and a lay person stand at the Holy Table with the priest for the Eucharistic Prayer.

* THE GREAT THANKSGIVING Eucharistic Prayer A	<u>page 361</u>
The Lord's Prayer	<u>page 364</u>
Breaking of the Bread	<u>page 364</u>

Communion

*

- All are welcome to receive communion or a blessing.
- For gluten-free bread, cross your hands palms down.
- For a blessing, cross your hands over your chest.
- Prayer for healing is offered at the prayer desk until the close of worship.

* Postcommunion Prayer

All

God of mercy, may we who have shared in this holy meal know your forgiveness in our lives, bring your reconciliation to others and be a sign of your wholeness in this broken world; through Jesus Christ our Lord.

* Solemn Prayer Over the People

Presider Grant, most merciful Lord, to your faithful people pardon and peace, that they may be cleansed from all their sins, and serve you with a quiet mind; through Christ our Lord. Amen.

* Dismissal

VOLUNTARY "Wer nur den lieven Gott lässt walten"

from A Prayer Book for Australia

Serving Today: 8 a.m.

The Very Reverend Peter DeVeau	
The Reverend Jerry Grabher,	
The Reverend Jim Robertson	
Paul Meier	
Chuck Ritter	
Doug McNair	

Healing Minister Altar Guild

Usher
Bookstore

Phyllis Biddle Pat Miller, Michelle Ritter, Carol Whitehead lim Crum Ken Stewart

Cathedral Caregivers' Prayer List

Pray for: Family & Friends of Pat Burns; Hal Woosley, Peggy Lane, Mary Wymer, Frank Thompson, Jim Royer, Jim Smith, Wayne Coldsnow & family, Susan Peach, Leonard Kaqay's Family & Friends, Susan Kircher, Ken Lambert, Family of Patricia Spraque, Peqqy Morgan, Leona Schaefer, Becky Fankhauser, Ted Derrick's family & friends, Greq Cullem's family & friends, Aaron Judge, Thomas Jones, Teresa Garrison's family & friends, Milt Strader, Melissa Morrow, Ken Frashier, Jackie Kempster

We pray for Bishop Field as he visits St. Paul's Church in Maryville and St. Anne's Church in Lee's Summit. Please pray for the ministries of these churches.

To place a person on this prayer list, please use a prayer request card found in the pews or contact the church office: communications@kccathedral.org. Requests are held in prayer for 90 days.

Today's flowers are given to the glory of God and ...



• in memory of Betty Saunders — the Gittas

To donate toward the weekly flowers to celebrate a special event or remember a loved one, sign up online at <u>kccathedral.org/flowers</u> or contact the Cathedral office, jsweeting@kccathedral.org or 816.474.8260 ext. 144.



February 18 Penny Citro Mattie Ransom

February 19 Andrew Obiesie Phineas Gitta Mark Galus leri Gore

February 20 Bruce Reed February 21 Michael Wells Dean Ennis

February 22 Abby Moore Marie Whitacre

February 24 Elizabeth Simms Chuck Gordon

Please contact the Cathedral office if we have omitted your birthday or anniversary: 816.474.8260 or jsweeting@kccathedral.org.

EVENSONG. Tonight • 5 p.m.

DIGITAL LITURGY

You are encouraged to use your phone, tablet or other electronic device to view this bulletin electronically. Please set the device to "silent." Use the QR Code to access the digital bulletin. There are live links in the digital bulletin.



Monthly Event Flyers are also available on the website.

The Rt. Rev. Martin S. Field, Bishop of the Diocese of West Missouri; The Very Rev. Peter DeVeau, Dean; The Rev. Canon Evelyn Hornaday, Subdean; The Rev. Canon Christy Dorn, Associate; The Rev. Jerry Grabher, Deacon; The Rev. Jim Robertson, Deacon; Dr. Paul Meier, Director of Music; Marco Serrano, Young Adult Coordinator; Julie Brogno, Coordinator for Children's and Family Ministry; Alexandra Connors, Youth Minister; Linda Martin, Children's Music Director; Sharon Sprague, Sacristan; Julie Toma, Cathedral Administrator; Janet Sweeting, Office Assistant; Melissa Scheffler, Communications Coordinator; Richard Wolf, Finance Manager; Angie Graham, Property Manager; Mike Guidry, Assistant Property Manager; Ken Stewart, Cathedral Bookstore Manager; John L. Schaefer, Canon Musician Emeritus.

The Vestry: Bob Carlson, Senior Warden, carlsonre44@yahoo.com, 913-522-2803; Terri Curran, Junior Warden, tcurra2@yahoo.com; Chuck Ritter, Treasurer; Jonathan Sternberg, Clerk; Steve Moore, Chancellor. Tara Bennett; Paula Connors; Jackye Finnie; Donna Knoell; Ron Michka; Ryan Thomas; Milt Tootle.

Adult Forum

Sundays in Lent February 18–March 18 9:15 a.m. • Common Room

Perennial Pilgrims: Making the Trip through Holy Week

We are invited annually to hear and experience the story of the passion, death, and resurrection of Jesus. You are invited to come and get ready for the journey during the Sundays of Lent. The travel log of Egeria, a woman who visited the Holy Land in the late fourth century, as well as the Book of Common Prayer will serve as guides for our preparation.

We will use Egeria's writings, Scripture, and church tradition as springboards from which to understand our own experience of Palm Sunday, Holy Week, Maundy Thursday, Good Friday, Holy Saturday and Easter at the Cathedral. The question, "What does this mean for us?" will be a constant theme preparing and propelling us forward as people of faith.

The goal of our time together is to share together the actual pilgrimage of Holy Week and Easter. This class will be led by Dean Peter DeVeau, assisted by others.

Dean's Book for Lent The Gentle Art of Swedish Death Cleaning

This year's book for Lent is practical. Downsizing at any age or time of transition can be cathartic and freeing. Not allowing possessions to own nor overwhelm us can challenge us and those who sift through our things after we die. Who will deal with our stuff when we are gone? Such practice has good foundation in biblical witness. *"For we brought nothing into this world, and it is certain that we can take nothing out."* 1 *Timothy* 6:7

Lent Madness

In a takeoff of basketball's March Madness, Lent Madness is a fun, engaging way for people to learn about the Church's Calendar of Saints. Visit <u>lentmadness.org</u> to fill out your bracket for a chance to win the "Golden Halo"!

Noisy Offering March 18 • 8 & 10:15 a.m.

We make a joyful noise to the Lord with our Noisy Offerings each year! Put a container on your kitchen counter or table, and save your coins to bring to church on March 18 for our Lenten Noisy Offering. The Cathedral's children will assist the ushers in collecting the coins in metal buckets, so we can hear the funds add up. Don't keep coins around? No problem. Quiet checks and cash are welcome, too.

Palm Cross Workshop March 18

9 & 11:30 a.m. • Founders' Hall

We make crosses out of palm leaves for distribution on Palm Sunday. Please bring your scissors. Someone will help if you've never done it before! Extra palms are available to make additional crosses at home and return by Palm Sunday. Crosses are also given to St. Luke's Hospital and Hospice, and Bishop Spencer Place. Contact Janet Sweeting (816.474.8260 ext. 144 or *jsweeting@ kccathedral.org*) with questions.

Easter Egg Hunt Candy Donations Needed

Bring your donations of candy (individually wrapped, in small packages) to the box in the Tower during Lent. We'll stuff the eggs after the 10:15 a.m. service on Palm Sunday.

Being a Servant Church

During Lent, we are invited to practice our baptismal ministry in the world through giving and volunteering. Below are some opportunities to donate and to give of your time.

Provide for Pantries

Place non-perishable food for St. Mary's Pantry in the big baskets in the Tower and Founders' Hall entrances.

Week of 2/18: Peanut Butter Week of 2/25: Mac & Cheese Week of 3/4: Canned Meat (Chicken or Tuna) Week of 3/11: Boxed Potatoes/Pasta Dinners Week of 3/18: Canned Veggies/Fruit Week of 3/25: Cake Mixes/Cookie Mixes/Dessert in a Box Easter 4/1: Canned Meat

Donate Paper Products

During Lent, we will be collecting paper products (paper towels, toilet paper, Kleenex) for Sheffield Place.

Pack Bags with BackSnacks

Every week we send 320 bags with food to five area schools for children who may not have food to eat over the weekend. You are invited to help fill bags with food. During Lent, we will fill the bags Wednesday mornings, **February 21, March 7 and March 21** from 9:30 to 11:30 a.m. in the back hallway of Haden Hall in the Outreach Room.

Volunteer At KCCK

Saturday, March 10, 8:30–10:30 a.m.

Volunteers will prep food for the following week's meals and do cleaning in the kitchen and dining room. Volunteers under 14 should have proper adult supervision (one adult for every 2 kids) and no volunteers will be permitted under 10 years old. All should wear closed-toe shoes and hats (or hair nets will be provided). Contact Terri Curran, *tcurra2@yahoo.com*.

This Week's Calendar

Sunday • February 18

8 a.m.	Holy Eucharist	Nave	
9 a.m.	Hospitality Time	Founders' Hall	
9:15 a.m.	Adult Forum	Common Room	
9:15 a.m.	Rehearsal: Children's Choir	Haden Hall Blue Room	
10:15 a.m.	Holy Eucharist	Nave	
10:20 a.m.	Children's Chapel start in	n Nave, then Haden Hall	
11:30 a.m.	Hospitality Time	Founders' Hall	
11:30 a.m.	Lent Workshop	Founders' Hall	
11:30 a.m.	Music Time for 4-5 Year O	lds Haden Blue Room	
5 p.m.	Choral Evensong & Holy E	ucharist Nave	
Monday • February 1912:05 p.m. Holy EucharistChapel			
Tuosday e Fobruary 20			

Tuesday • February 20

12:05 p.m.	Holy Eucharist	Chape
12:30 p.m.	Women's Bible Study	Common Room

Wednesday • February 21

7:30 a.m.	Finance Committee	Common Room
12:05 p.m.	Holy Eucharist	Chapel
5:30 p.m.	Contemplative Eucharist	Nave
6 p.m.	Dinner	Founders' Hall
6 p.m.	Rehearsal: Tallis Singers	Haden Hall
6 p.m.	The Creed for Today	Common Room
6 p.m.	The Way	Founders' Hall
7 p.m.	Trinity Teens Youth Group	Haden Hall: Youth Room

Thursday • February 22

Holy Eucharist	Chapel
Tai Chi & Qigong	Common Room
Rehearsal: Cathedral Bell Ringers	Haden Hall
Rehearsal: Trinity Choir	Haden Hall
	Tai Chi & Qigong Rehearsal: Cathedral Bell Ringers

Friday • February 23

12:05 p.m. Holy Eucharist	Chapel
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Sunday • February 25

8 a.m.	Holy Eucharist	Nave
9 a.m.	Hospitality Time	Founders' Hall
9:15 a.m.	Adult Forum	Common Room
9:15 a.m.	Rehearsal: Children's Choir	Haden Hall Blue Room
10:15 a.m.	Holy Eucharist	Nave
10:20 a.m.	Children's Chapel start	in Nave, then Haden Hall
11:30 a.m.	Hospitality Time	Founders' Hall
11:30 a.m.	Lent Workshop	Founders' Hall
11:30 a.m.	Music Time for 4-5 Year (Olds Haden Blue Room
5 p.m.	Order for Evening & Holy	Eucharist Nave
Visit kccathedral ora for more calendar information		

Visit <u>kccathedral.org</u> for more calendar information.

Lenten Wednesday Evenings February 21–March 28

5:30 p.m.	Contemplative Eucharist in the Nave
6 p.m.	Simple Supper in Founders' Hall
6:30-8 p.m.	Learning Opportunities

The Way: We invite you to join us for an adult faith formation experience for those seeking to deepen their faith, or know more about the Episcopal Church. The Way is for persons new to the church, those desiring to be baptized, confirmed or received into the Episcopal Church. Each evening includes a meal, a brief presentation, group Bible sharing and concludes with prayer. Please contact Marco Serrano, <u>mserrano@kccathedral.org</u>.

The Creed for Today (Nicene or Apostles'):

Each Sunday in worship we recite the Nicene Creed as an affirmation of our faith. Though formulated centuries ago, the Creed summarizes the fundamental beliefs we still consider essential today. This study will delineate those beliefs and explore how they are relevant for contemporary life. The class will be led by Dr. Bill Stancil, Professor of Theology and Religious Studies at Rockhurst University.

Childcare is available for Wednesday evening Lenten programs. To make a reservation, contact <u>childrensformation@kccathedral.org</u> or 816-474-8260 ext. 112.

Lent Workshop

Today • 11:30 a.m. • Founders' Hall

Prepare for Lent by picking up Lent in Bag materials, adding to our Lenten mural and painting crosses to be used during Holy Week. Supplies will be provided and coffee hour refreshments will be available.

Lent Resources

Lent resources for adults and children are available today in the Tower entry to assist you with your observance of a holy Lent. Additional resources are available for purchase in the Bookstore.