

# GRACE AND HOLY TRINITY CATHEDRAL

## *A Servant Church in the Heart of the City*

The Third Sunday in Lent

March 24, 2019 • 8 a.m.

### Digital Liturgy

Please feel free to use your phone, tablet or other electronic device to view this bulletin electronically. You may use the QR Code to access the digital bulletin, which includes live links. Please remember to set the device to silent.



## The Holy Eucharist: Rite Two

### SERVICE NOTES

Please rise, as able, for portions of the service marked with an asterisk (\*).

*Thank you for observing silence.*

VOLUNTARY: O Welt, ich muß dich lassen, op. 122 no. 9

*Johannes Brahms*

## The Word of God

### \* PENITENTIAL ORDER

Presider Bless the Lord who forgives all our sins;  
People Whose mercy endures for ever.

### \* SENTENCE OF SCRIPTURE

#### CONFESSION OF SIN *Please kneel, as able*

Deacon Let us confess our sins against God and our neighbor.  
All God of all mercy,  
we confess that we have sinned against you,  
opposing your will in our lives.  
We have denied your goodness in each other,  
in ourselves, and in the world you have created.  
We repent of the evil that enslaves us,  
the evil we have done,  
and the evil done on our behalf.  
Forgive, restore, and strengthen us  
through our Savior Jesus Christ,  
that we may abide in your love  
and serve only your will. Amen.

Presider Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life.

All Amen.

KYRIE ELEISON

All     **Kyrie eleison.  
Christe eleison.  
Kyrie eleison.**

\* THE COLLECT OF THE DAY

Presider     The Lord be with you.

People       **And also with you.**

Presider     Let us pray. Almighty God, you know that we have no power in ourselves to help ourselves: Keep us both outwardly in our bodies and inwardly in our souls, that we may be defended from all adversities which may happen to the body, and from all evil thoughts which may assault and hurt the soul; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

THE LESSONS *Meditative silence follows the readings.*

First Reading: Exodus 3:1-15

Lector       Moses was keeping the flock of his father-in-law Jethro, the priest of Midian; he led his flock beyond the wilderness, and came to Horeb, the mountain of God. There the angel of the Lord appeared to him in a flame of fire out of a bush; he looked, and the bush was blazing, yet it was not consumed. Then Moses said, "I must turn aside and look at this great sight, and see why the bush is not burned up." When the Lord saw that he had turned aside to see, God called to him out of the bush, "Moses, Moses!" And he said, "Here I am." Then he said, "Come no closer! Remove the sandals from your feet, for the place on which you are standing is holy ground." He said further, "I am the God of your father, the God of Abraham, the God of Isaac, and the God of Jacob." And Moses hid his face, for he was afraid to look at God.

Then the Lord said, "I have observed the misery of my people who are in Egypt; I have heard their cry on account of their taskmasters. Indeed, I know their sufferings, and I have come down to deliver them from the Egyptians, and to bring them up out of that land to a good and broad land, a land flowing with milk and honey, to the country of the Canaanites, the Hittites, the Amorites, the Perizzites, the Hivites, and the Jebusites. The cry of the Israelites has now come to me; I have also seen how the Egyptians oppress them. So come, I will send you to Pharaoh to bring my people, the Israelites, out of Egypt." But Moses said to God, "Who am I that I should go to Pharaoh, and bring the Israelites out of Egypt?" He said, "I will be with you; and this shall be the sign for you that it is I who sent you: when you have brought the people out of Egypt, you shall worship God on this mountain."

But Moses said to God, "If I come to the Israelites and say to them, 'The God of your ancestors has sent me to you,' and they ask me, 'What is his name?' what shall I say to them?" God said to Moses, "I am who I am." He said further, "Thus you shall say to the Israelites, 'I am has sent me to you.'" God also said to Moses, "Thus you shall say to the Israelites, 'The Lord, the God of your ancestors, the God of Abraham, the God of Isaac, and the God of Jacob, has sent me to you':

This is my name forever,  
and this my title for all generations."

The Word of the Lord.

People       **Thanks be to God.**

Psalm 63:1-8 *spoken in unison*

All            O God, you are my God; eagerly I seek you; \*  
                  my soul thirsts for you, my flesh faints for you,  
                  as in a barren and dry land where there is no water.

                  Therefore I have gazed upon you in your holy place, \*  
                  that I might behold your power and your glory.

                  For your loving-kindness is better than life itself; \*  
                  my lips shall give you praise.

                  So will I bless you as long as I live \*  
                  and lift up my hands in your Name.

                  My soul is content, as with marrow and fatness, \*  
                  and my mouth praises you with joyful lips,

                  When I remember you upon my bed, \*  
                  and meditate on you in the night watches.

                  For you have been my helper, \*  
                  and under the shadow of your wings I will rejoice.

                  My soul clings to you; \*  
                  your right hand holds me fast.

Second Reading: 1 Corinthians 10:1-13

Lector        I do not want you to be unaware, brothers and sisters, that our ancestors were all under the cloud, and all passed through the sea, and all were baptized into Moses in the cloud and in the sea, and all ate the same spiritual food, and all drank the same spiritual drink. For they drank from the spiritual rock that followed them, and the rock was Christ. Nevertheless, God was not pleased with most of them, and they were struck down in the wilderness.

                  Now these things occurred as examples for us, so that we might not desire evil as they did. Do not become idolaters as some of them did; as it is written, "The people sat down to eat and drink, and they rose up to play." We must not indulge in sexual immorality as some of them did, and twenty-three thousand fell in a single day. We must not put Christ to the test, as some of them did, and were destroyed by serpents. And do not complain as some of them did, and were destroyed by the destroyer. These things happened to them to serve as an example, and they were written down to instruct us, on whom the ends of the ages have come. So if you think you are standing, watch out that you do not fall. No testing has overtaken you that is not common to everyone. God is faithful, and he will not let you be tested beyond your strength, but with the testing he will also provide the way out so that you may be able to endure it.

                  The Word of the Lord.

**People        Thanks be to God.**

\* THE HOLY GOSPEL: Luke 13:1-9

Deacon        The Holy Gospel of our Lord Jesus Christ according to Luke.

People        **Glory to you, Lord Christ.**

Deacon        At that very time there were some present who told Jesus about the Galileans whose blood Pilate had mingled with their sacrifices. He asked them, "Do you think that because these Galileans suffered in this way they were worse sinners than all other Galileans? No, I tell you; but unless you repent, you will all perish as they did. Or those eighteen who were killed when the tower of Siloam fell on them—do you think that they were worse offenders than all the others living in Jerusalem? No, I tell you; but unless you repent, you will all perish just as they did."

Then he told this parable: "A man had a fig tree planted in his vineyard; and he came looking for fruit on it and found none. So he said to the gardener, 'See here! For three years I have come looking for fruit on this fig tree, and still I find none. Cut it down! Why should it be wasting the soil?' He replied, 'Sir, let it alone for one more year, until I dig around it and put manure on it. If it bears fruit next year, well and good; but if not, you can cut it down.'"

The Gospel of the Lord.

People        **Praise to you, Lord Christ.**

SERMON

\* THE NICENE CREED

All            We believe in one God,  
                  the Father, the Almighty,  
                  maker of heaven and earth,  
                  of all that is, seen and unseen.  
We believe in one Lord, Jesus Christ,  
                  the only Son of God, eternally begotten of the Father,  
                  God from God, Light from Light,  
                  true God from true God, begotten, not made,  
                  of one Being with the Father.  
                  Through him all things were made.  
                  For us and for our salvation  
                  he came down from heaven:  
                  by the power of the Holy Spirit  
                  he became incarnate from the Virgin Mary,  
                  and was made man.  
                  For our sake he was crucified under Pontius Pilate;  
                  he suffered death and was buried.  
                  On the third day he rose again in accordance with the Scriptures;  
                  he ascended into heaven and is seated at the right hand of the Father.  
                  He will come again in glory to judge the living and the dead,  
                  and his kingdom will have no end.  
We believe in the Holy Spirit, the Lord, the giver of life,  
                  who proceeds from the Father and the Son.  
                  With the Father and the Son he is worshiped and glorified.  
                  He has spoken through the Prophets.  
We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead, and the life of the world to come. Amen.

\* THE PRAYERS OF THE PEOPLE

Deacon Let us pray for the church and for the world.

*Silence*

Intercessor Father, we pray for your holy catholic Church;

**People That we all may be one.**

Intercessor Grant that every member of the Church may truly and humbly serve you;

**People That your Name may be glorified by all people.**

Intercessor We pray for all bishops, priests, and deacons;

**People That they may be faithful ministers of your Word and Sacraments.**

Intercessor We pray for all who govern and hold authority in the nations of the world;

**People That there may be justice and peace on the earth.**

Intercessor Give us grace to do your will in all that we undertake;

**People That our works may find favor in your sight.**

Intercessor Have compassion on those who suffer from any grief or trouble;

**People That they may be delivered from their distress.**

Intercessor Give to the departed eternal rest;

**People Let light perpetual shine upon them.**

Intercessor We praise you for your saints who have entered into joy;

**People May we also come to share in your heavenly kingdom.**

Intercessor Let us pray for our own needs and those of others.

*Silence*

Presider God of mercy, make us new. Change our hearts, mend our lives, and lead us to any who need us, for the sake of Jesus who came that all might have life, and have it abundantly. **Amen.**

\* THE PEACE

Presider The peace of the Lord be always with you.

**People And also with you.**

ANNOUNCEMENTS

CELEBRATION PRAYER

*Those celebrating anniversaries of birth, marriage, and other joyous occasions are invited to come forward for prayer.*

**All O God, our times are in your hand: Look with favor, we pray, on your servant(s) as they begin another year. Grant that they may grow in wisdom and grace, and strengthen their trust in your goodness all the days of their lives; through Jesus Christ our Lord. Amen.**

# The Holy Communion

## \* OFFERTORY HYMN #309: "O Food to pilgrims given"

1 O Food to pil - grims giv - en, O Bread of life from  
2 O stream of love past tell - ing, O pur - est foun - tain,  
3 O Je - sus, by thee bid - den, we here a - dore thee,

hea - ven, O Man - na from on high! We  
well - ing from out the Sa - vior's side! We  
hid - den in forms of bread and wine. Grant

hun - ger; Lord, sup - ply us, nor thy de - lights de -  
faint with thirst; re - vive us, of thine a - bun - dance  
when the veil is riv - en, we may be - hold, in

ny us, whose hearts to thee draw nigh.  
give us, and all we need pro - vide.  
hea - ven, thy coun - te - nance di - vine.

Words: Latin, 1661; tr. John Athelstan Laurie Riley (1858-1945), alt. Music: *O Welt, ich muss dich lassen*, present form of melody att. Heinrich Isaac (1450-1517), alt.; harm. Johann Sebastian Bach (1685-1750). Copyright: Words: By permission of Oxford University Press. All Rights Reserved. Reprinted under OneLicense.net #A-710278.

\* PRESENTATION HYMN #380

Praise God, from whom all blessings flow; praise  
 him, all creatures here below; praise him above, ye  
 heaven-ly host: praise Fa-ther, Son, and Ho-ly Ghost.

Words: Isaac Watts (1674-1748), para. of Psalm 117. St. 3, Thomas Ken (1637-1711). Music: *Old 100th*, melody from *Pseaumes octante trois de David*, 1551, alt.; harm. after Louis Bourgeois (1510?-1561?). All Rights Reserved. Reprinted under OneLicense.net #A-710278.

\* THE GREAT THANKSGIVING

Eucharistic Prayer C

- Presider        The Lord be with you.
- People         **And also with you.**
- Presider        Lift up your hearts.
- People         **We lift them to the Lord.**
- Presider        Let us give thanks to the Lord our God.
- People         **It is right to give God thanks and praise.**
- Presider        God of all power, Ruler of the Universe, you are worthy of glory and praise.
- People         **Glory to you for ever and ever.**
- Presider        At your command all things came to be: the vast expanse of interstellar space, galaxies, suns, the planets in their courses, and this fragile earth, our island home.
- People         **By your will they were created and have their being.**
- Presider        From the primal elements you brought forth the human race, and blessed us with memory, reason, and skill. You made us the rulers of creation. But we turned against you, and betrayed your trust; and we turned against one another.
- People         **Have mercy, Lord, for we are sinners in your sight.**
- Presider        Again and again, you called us to return. Through prophets and sages you revealed your righteous Law. And in the fullness of time you sent your only Son, born of a woman, to fulfill your Law, to open for us the way of freedom and peace.
- People         **By his blood, he reconciled us.  
 By his wounds, we are healed.**
- Presider        And therefore we praise you, joining with the heavenly chorus, with prophets, apostles, and martyrs, and with all those in every generation who have looked to you in hope, to proclaim with them your glory, in their unending hymn:

All Holy, holy, holy Lord, God of power and might,  
heaven and earth are full of your glory.  
Hosanna in the highest.  
Blessed is he who comes in the name of the Lord.  
Hosanna in the highest.

Presider And so, Father, we who have been redeemed by him, and made a new people by water and the Spirit,  
now bring before you these gifts. Sanctify them by your Holy Spirit to be the Body and Blood of Jesus  
Christ our Lord.

On the night he was betrayed he took bread, said the blessing, broke the bread, and gave it to his friends,  
and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper, he took the cup of wine, gave thanks, and said, "Drink this, all of you: This is my Blood of  
the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink  
it, do this for the remembrance of me."

Remembering now his work of redemption, and offering to you this sacrifice of thanksgiving,

People We celebrate his death and resurrection, as we await the day of his coming.

Presider Lord God of our Fathers; God of Abraham, Isaac, and Jacob; God and Father of our Lord Jesus Christ:  
Open our eyes to see your hand at work in the world about us. Deliver us from the presumption of  
coming to this Table for solace only, and not for strength; for pardon only, and not for renewal. Let the  
grace of this Holy Communion make us one body, one spirit in Christ, that we may worthily serve the  
world in his name.

People Risen Lord, be known to us in the breaking of the Bread.

Presider Accept these prayers and praises, Father, through Jesus Christ our great High Priest, to whom, with  
you and the Holy Spirit, your Church gives honor, glory, and worship, from generation to generation.  
Amen.

Presider And now, as our Savior Christ has taught us, we are bold to say,

The Lord's Prayer

All Our Father, who art in heaven,  
hallowed be thy Name,  
thy kingdom come,  
thy will be done,  
on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those  
who trespass against us.  
And lead us not into temptation,  
but deliver us from evil.  
For thine is the kingdom,  
and the power, and the glory,  
for ever and ever. Amen.

## THE BREAKING OF THE BREAD

Presider Christ our Passover is sacrificed for us;

People **Therefore let us keep the feast.**

Presider The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

## COMMUNION

- *All are welcome to receive communion or a blessing.*
- *For gluten-free bread, cross your hands palms down.*
- *For a blessing, cross your hands over your chest.*
- *Prayer for healing is offered at the prayer desk until the close of worship.*

## \* POSTCOMMUNION PRAYER

All Almighty and everliving God,  
we thank you for feeding us with the spiritual food  
of the most precious Body and Blood  
of your Son our Savior Jesus Christ;  
and for assuring us in these holy mysteries  
that we are living members of the Body of your Son,  
and heirs of your eternal kingdom.  
And now, Father, send us out  
to do the work you have given us to do,  
to love and serve you  
as faithful witnesses of Christ our Lord.  
To him, to you, and to the Holy Spirit,  
be honor and glory, now and for ever. Amen.

## \* BLESSING

\* Sending Hymn #148: "Creator of the earth and skies"

1 Cre - a - tor of the earth and skies, to whom the  
 2 We have not known you: to the skies our mon - u -  
 3 We have not loved you: far and wide the wreck - age  
 4 For this, our fool - ish con - fi - dence, our pride of  
 5 Teach us to know and love you, Lord, and hum - bly

1 words of life be - long, grant us your truth to make us  
 2 ments of fol - ly soar, and all our self - wrought mis - er -  
 3 of our ha - tred spreads, and e - vils wrought by hu - man  
 4 know - ledge and our sin, we come to you in pen - i -  
 5 fol - low in your way. Speak to our souls the quick - ening

1 wise; grant us your power to make us strong.  
 2 ies have made us trust our - selves the more.  
 3 pride re - coil on un - re - pent - ant heads.  
 4 tence; in us the work of grace be - gin.  
 5 word, and turn our dark - ness in - to day.

Words: David W. Hughes (1911-1967), alt. Music: *Uffingham*, melody and bass Jeremiah Clarke (1670-1707), alt.; harm. *Songs for Liturgy and More Hymns and Spiritual Songs*, 1971. All Rights Reserved. Reprinted under OneLicense.net #A-710278.

\* DISMISSAL

Deacon Let us bless the Lord.  
 People Thanks be to God.

VOLUNTARY: O Welt, ich muß dich lassen, op. 122 no. 3

Johannes Brahms

Please join us in Founders' Hall for coffee and refreshments.

**Serving Today**

Presider & Preacher	The Very Reverend Evelyn Hornaday	Eucharistic Minister	Terri Curran
Deacons	The Reverend Jerry Grabher, The Reverend Marco Serrano	Healing Minister	Joan Bergstrom
Director of Music	Dr. Paul Meier	Altar Guild	Caroline John, Donna Knoell, Candy McDowell
Lector	Phyllis Biddle	Usher	Jim Crum
Intercessor	Phyllis Biddle	Bookstore	Sam Satterfield

**The Vestry:** Paula Henderson Connors, *Senior Warden*, [paula.hendersonconnors@outlook.com](mailto:paula.hendersonconnors@outlook.com); Terri Curran, *Junior Warden*, [tcurra2@yahoo.com](mailto:tcurra2@yahoo.com); David Telep, *Treasurer*; Jonathan Sternberg, *Clerk*; Steve Moore, *Chancellor*. Phyllis Biddle; Sharon Cheers; Jeff Johnson; Kristen Ellis Johnson; Donna Knoell; Candy McDowell; Ron Michka; Richard Morse; Ryan Thomas.

The Rt. Rev. Martin S. Field, *Bishop of the Diocese of West Missouri*; The Very Rev. Evelyn Hornaday, *Interim Dean*; The Rev. Canon Christy Dorn, *Associate*; The Rev. Jerry Grabher, *Deacon*; The Rev. Marco Serrano, *Young Adult Coordinator*; Dr. Paul Meier, *Director of Music*; Julie Brogno, *Coordinator for Children's and Family Ministry*; Alexandra Connors, *Youth Minister*; Linda Martin, *Children's Music Director*; Julie Toma, *Cathedral Administrator*; Janet Sweeting, *Office Assistant*; Melissa Scheffler, *Communications Coordinator*; Richard Wolf, *Finance Manager*; Angie Graham, *Property Manager*; Mike Guidry, *Assistant Property Manager*; Kristy Moore, *Sacristan*; Ken Stewart, *Cathedral Bookstore Manager*.

**Recording Policy**

Please obtain parental permission before taking photographs, video or audio recordings of any children.

# THE *Episcopal* CHURCH



March 24, 2019 – Lent 3 (C)

## Life Transformed: The Way of Love in Lent - Learn

Drawing on the ancient practice of setting aside Lent as a period of study and preparation for living as a Christian disciple, we are pleased to present weekly teachings from *Life Transformed: The Way of Love in Lent*. Learn more at [episcopalchurch.org/life-transformed](http://episcopalchurch.org/life-transformed).

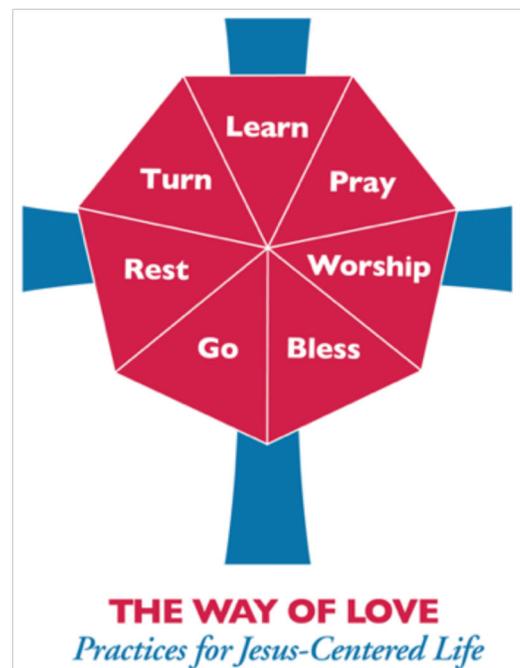
**READ** Proverbs 8:1-8; 19-21; 9:4b-6

Lent has always been the traditional time of study and growth for those who seek to follow Jesus' way and *learn* his life and teachings. As Christians, we are invited to continue to grow in our knowledge and love of God. Remember, Episcopal tradition holds that we never really “arrive” in our journey with God.

This passage from the Book of Proverbs echoes the blessing we pray over every newly baptized Christian that the person might have an “inquiring and discerning heart” (Book of Common Prayer, p. 308). In this passage, wisdom is personified as a woman crying out for people at the crossroads of the city to hear the gift of life she offers. In the Bible, wisdom is an active and powerful force present even at the beginning of the world. She does not want anyone to be left without knowledge of God and refuses to deny God's love to anyone who is willing to learn. However, gaining wisdom is not simply studying a book or memorizing a few facts. Wisdom goes beyond mere knowledge into action. We cannot be considered wise if we do not act in accordance with what we have learned. Wisdom demands integrity. Wisdom calls us to “lay aside immaturity, and live, and walk in the way of insight” (Proverbs 9:6).

The baptismal blessing over the water notes that “the Holy Spirit moved over the waters at creation” (Genesis 1:2). Wisdom is often equated with the Holy Spirit herself. In other words, every part of this earth is created with some element of the powerful gift of wisdom. One method for us to practice learning is to sit at the feet of Jesus, our great teacher in wisdom, and learn his way through regular meditation on the Scriptures. Through him, we can access the wisdom that fills all of creation and already lives in each one of us.

**REFLECT:** When we are dedicated to learning more about God's wisdom through relationship with Jesus and with others, we open ourselves up to God's holy word made manifest in all with whom we come in contact. How often do you spend time reading the Bible? What wisdom have you gleaned from its pages?





### **Wednesday Evenings**

**Through April 10**

**Contemplative Eucharist • 5:30 p.m. • Nave**

**Simple Supper • 6 p.m. • Founders' Hall Café**

**Learning Opportunities • 6:30 p.m.**

**The Way • Founders' Hall Café—Led by Deacon Marco Serrano.**

**Counterfeit Gospels • Common Room—Led by Professor Bill Stancil, coordinated by Deacon Jerry Grabher.**

### **Stations of the Cross**

**Fridays, through April 12 • 5:15 p.m.**

*The Stations of the Cross are a 14-step devotion that commemorates Jesus Christ's last day on Earth as a man. The 14 devotions, or stations, focus on specific events of His last day, beginning with His condemnation. The stations are commonly used as a mini pilgrimage as the individual moves from station to station. At each station, the individual recalls and meditates on a specific event from Christ's last day. Specific prayers are recited, then the individual moves to the next station until all 14 are complete.*

**April 5: Service held at Cathedral of the Immaculate Conception**

**March 29, April 12: Service held at Grace and Holy Trinity Cathedral**

### **Adult Forum: *The Apostles' Creed: A Guide to the Ancient Catechism***

**Sundays, through April 7 • 9:15 a.m. • Common Room**

*Deacon Marco Serrano leads this class using Ben Myers' book *The Apostles' Creed: A Guide to the Ancient Catechism*.*

### **Volunteer at KCKK**

**Saturday, March 30 • 8:30–10:30 a.m.**

*Volunteers in this position will be preparing food for the week's lunches.*

*Volunteers under 14 should have proper supervision (one adult for 2 kids) and no volunteers under 10 years old.*

### **Palm Cross Workshop**

**Sunday, April 7 • 9 & 11:30 a.m. • Founders' Hall**

### **Noisy Offering**

**Sunday, April 7**

### **Easter Egg Hunt Candy Donations Needed**

*Bring your donations of candy (individually wrapped, in small packages) to the box in the Tower during Lent.*

*We'll stuff the eggs after the 10:15 a.m. service on Palm Sunday.*

**For all the details about these events, please visit the Cathedral website, [kccathedral.org/lent-2019](http://kccathedral.org/lent-2019).**