

GRACE AND HOLY TRINITY CATHEDRAL

A Servant Church in the Heart of the City

The Fifth Sunday in Lent

April 7, 2019 • 8 a.m.

Digital Liturgy

Please feel free to use your phone, tablet or other electronic device to view this bulletin electronically. You may use the QR Code to access the digital bulletin, which includes live links. Please remember to set the device to silent.



The Holy Eucharist: Rite Two

SERVICE NOTES

Please rise, as able, for portions of the service marked with an asterisk (*).

Thank you for observing silence.

VOLUNTARY: Ach Herr, mich armen Sünder, BuxWV 178

Dietrich Buxtehude

The Word of God

* PENITENTIAL ORDER

Presider Bless the Lord who forgives all our sins;
People Whose mercy endures for ever.

* SENTENCE OF SCRIPTURE

CONFESSION OF SIN *Please kneel, as able*

Deacon Let us confess our sins against God and our neighbor.

All God of all mercy,
we confess that we have sinned against you,
opposing your will in our lives.
We have denied your goodness in each other,
in ourselves, and in the world you have created.
We repent of the evil that enslaves us,
the evil we have done,
and the evil done on our behalf.

Forgive, restore, and strengthen us
through our Savior Jesus Christ,
that we may abide in your love
and serve only your will. Amen.

Presider Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life.

All Amen.

KYRIE ELEISON

All Kyrie eleison.
Christe eleison.
Kyrie eleison.

* THE COLLECT OF THE DAY

Presider The Lord be with you.

People **And also with you.**

Presider Let us pray. Almighty God, you alone can bring into order the unruly wills and affections of sinners: Grant your people grace to love what you command and desire what you promise; that, among the swift and varied changes of the world, our hearts may surely there be fixed where true joys are to be found; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

THE LESSONS *Meditative silence follows the readings.*

First Reading: Isaiah 43:16-21

Lector Thus says the Lord,
who makes a way in the sea,
a path in the mighty waters,
who brings out chariot and horse,
army and warrior;
they lie down, they cannot rise,
they are extinguished, quenched like a wick:
Do not remember the former things,
or consider the things of old.
I am about to do a new thing;
now it springs forth, do you not perceive it?
I will make a way in the wilderness
and rivers in the desert.
The wild animals will honour me,
the jackals and the ostriches;
for I give water in the wilderness,
rivers in the desert,
to give drink to my chosen people,
the people whom I formed for myself
so that they might declare my praise.
The Word of the Lord.

People **Thanks be to God.**

Psalm 126 *spoken in unison*

All **When the Lord restored the fortunes of Zion, ***
then were we like those who dream.
Then was our mouth filled with laughter, *
and our tongue with shouts of joy.

Then they said among the nations, *
 “The Lord has done great things for them.”
 The Lord has done great things for us, *
 and we are glad indeed.
 Restore our fortunes, O Lord, *
 like the watercourses of the Negev.
 Those who sowed with tears *
 will reap with songs of joy.
 Those who go out weeping, carrying the seed, *
 will come again with joy, shouldering their sheaves.

Second Reading: Philippians 3:4b-14

Lector If anyone else has reason to be confident in the flesh, I have more: circumcised on the eighth day, a member of the people of Israel, of the tribe of Benjamin, a Hebrew born of Hebrews; as to the law, a Pharisee; as to zeal, a persecutor of the church; as to righteousness under the law, blameless.

Yet whatever gains I had, these I have come to regard as loss because of Christ. More than that, I regard everything as loss because of the surpassing value of knowing Christ Jesus my Lord. For his sake I have suffered the loss of all things, and I regard them as rubbish, in order that I may gain Christ and be found in him, not having a righteousness of my own that comes from the law, but one that comes through faith in Christ, the righteousness from God based on faith. I want to know Christ and the power of his resurrection and the sharing of his sufferings by becoming like him in his death, if somehow I may attain the resurrection from the dead.

Not that I have already obtained this or have already reached the goal; but I press on to make it my own, because Christ Jesus has made me his own. Beloved, I do not consider that I have made it my own; but this one thing I do: forgetting what lies behind and straining forward to what lies ahead, I press on toward the goal for the prize of the heavenly call of God in Christ Jesus.

The Word of the Lord.

People Thanks be to God.

* THE HOLY GOSPEL: John 12:1-8

Deacon The Holy Gospel of our Lord Jesus Christ according to John.

People Glory to you, Lord Christ.

Deacon Six days before the Passover Jesus came to Bethany, the home of Lazarus, whom he had raised from the dead. There they gave a dinner for him. Martha served, and Lazarus was one of those at the table with him. Mary took a pound of costly perfume made of pure nard, anointed Jesus' feet, and wiped them with her hair. The house was filled with the fragrance of the perfume. But Judas Iscariot, one of his disciples (the one who was about to betray him), said, "Why was this perfume not sold for three hundred denarii and the money given to the poor?" (He said this not because he cared about the poor, but because he was a thief; he kept the common purse and used to steal what was put into it.) Jesus said, "Leave her alone. She bought it so that she might keep it for the day of my burial. You always have the poor with you, but you do not always have me."

The Gospel of the Lord.

People Praise to you, Lord Christ.

* THE NICENE CREED

All We believe in one God,
 the Father, the Almighty,
 maker of heaven and earth,
 of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,
 the only Son of God, eternally begotten of the Father,
 God from God, Light from Light,
 true God from true God, begotten, not made,
 of one Being with the Father.
 Through him all things were made.
 For us and for our salvation
 he came down from heaven:
 by the power of the Holy Spirit
 he became incarnate from the Virgin Mary,
 and was made man.

For our sake he was crucified under Pontius Pilate;
 he suffered death and was buried.
 On the third day he rose again in accordance with the Scriptures;
 he ascended into heaven and is seated at the right hand of the Father.
 He will come again in glory to judge the living and the dead,
 and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,
 who proceeds from the Father and the Son.
 With the Father and the Son he is worshiped and glorified.
 He has spoken through the Prophets.
 We believe in one holy catholic and apostolic Church.
 We acknowledge one baptism for the forgiveness of sins.
 We look for the resurrection of the dead, and the life of the world to come. Amen.

* THE PRAYERS OF THE PEOPLE

Deacon Let us pray for the church and for the world.
 Silence

Intercessor Father, we pray for your holy catholic Church;
People **That we all may be one.**

Intercessor Grant that every member of the Church may truly and humbly serve you;
People **That your Name may be glorified by all people.**

Intercessor We pray for all bishops, priests, and deacons;
People **That they may be faithful ministers of your Word and Sacraments.**

Intercessor We pray for all who govern and hold authority in the nations of the world;
People **That there may be justice and peace on the earth.**

Intercessor Give us grace to do your will in all that we undertake;
People **That our works may find favor in your sight.**

Intercessor Have compassion on those who suffer from any grief or trouble;
People **That they may be delivered from their distress.**

Intercessor Give to the departed eternal rest;

People Let light perpetual shine upon them.
 Intercessor We praise you for your saints who have entered into joy;
 People May we also come to share in your heavenly kingdom.
 Intercessor Let us pray for our own needs and those of others.

Silence

Presider God of mercy, make us new. Change our hearts, mend our lives, and lead us to any who need us, for the sake of Jesus who came that all might have life, and have it abundantly. Amen.

* THE PEACE

Presider The peace of the Lord be always with you.
 People And also with you.

ANNOUNCEMENTS

CELEBRATION PRAYER

Those celebrating anniversaries of birth, marriage, and other joyous occasions are invited to come forward for prayer.

All O God, our times are in your hand: Look with favor, we pray, on your servant(s) as they begin another year. Grant that they may grow in wisdom and grace, and strengthen their trust in your goodness all the days of their lives; through Jesus Christ our Lord. Amen.

The Holy Communion

* OFFERTORY HYMN #474: "When I survey the wondrous cross"

1 When I sur - vey the won - drous cross where the young
 2 For - bid it, Lord, that I should boast, save in the
 3 See, from his head, his hands, his feet sor - row and
 4 Were the whole realm of na - ture mine, that were an

Prince of Glo - ry died, my rich - est gain I
 cross of Christ, my God: all the vain things that
 love flow min - gled down! Did e'er such love and
 of - fering far too small; love so a - maz - ing,

count but loss, and pour con - tempt on all my pride.
 charm me most, I sac - ri - fice them to his blood.
 sor - row meet, or thorns com - pose so rich a crown?
 so di - vine, de - mands my soul, my life, my all.

* PRESENTATION HYMN #380

Praise God, from whom all blessings flow; praise
 him, all creatures here below; praise him above, ye
 heaven-ly host: praise Fa-ther, Son, and Ho-ly Ghost.

Words: Isaac Watts (1674-1748), para. of Psalm 117. St. 3, Thomas Ken (1637-1711). Music: *Old 100th*, melody from *Pseaumes octante trois de David*, 1551, alt.; harm. after Louis Bourgeois (1510?-1561?). All Rights Reserved. Reprinted under OneLicense.net #A-710278.

* THE GREAT THANKSGIVING

Eucharistic Prayer C

- Presider The Lord be with you.
- People **And also with you.**
- Presider Lift up your hearts.
- People **We lift them to the Lord.**
- Presider Let us give thanks to the Lord our God.
- People **It is right to give God thanks and praise.**
- Presider God of all power, Ruler of the Universe, you are worthy of glory and praise.
- People **Glory to you for ever and ever.**
- Presider At your command all things came to be: the vast expanse of interstellar space, galaxies, suns, the planets in their courses, and this fragile earth, our island home.
- People **By your will they were created and have their being.**
- Presider From the primal elements you brought forth the human race, and blessed us with memory, reason, and skill. You made us the rulers of creation. But we turned against you, and betrayed your trust; and we turned against one another.
- People **Have mercy, Lord, for we are sinners in your sight.**
- Presider Again and again, you called us to return. Through prophets and sages you revealed your righteous Law. And in the fullness of time you sent your only Son, born of a woman, to fulfill your Law, to open for us the way of freedom and peace.
- People **By his blood, he reconciled us.
 By his wounds, we are healed.**
- Presider And therefore we praise you, joining with the heavenly chorus, with prophets, apostles, and martyrs, and with all those in every generation who have looked to you in hope, to proclaim with them your glory, in their unending hymn:

All Holy, holy, holy Lord, God of power and might,
heaven and earth are full of your glory.
Hosanna in the highest.
Blessed is he who comes in the name of the Lord.
Hosanna in the highest.

Presider And so, Father, we who have been redeemed by him, and made a new people by water and the Spirit, now bring before you these gifts. Sanctify them by your Holy Spirit to be the Body and Blood of Jesus Christ our Lord.

On the night he was betrayed he took bread, said the blessing, broke the bread, and gave it to his friends, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper, he took the cup of wine, gave thanks, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Remembering now his work of redemption, and offering to you this sacrifice of thanksgiving,

People We celebrate his death and resurrection, as we await the day of his coming.

Presider Lord God of our Fathers; God of Abraham, Isaac, and Jacob; God and Father of our Lord Jesus Christ: Open our eyes to see your hand at work in the world about us. Deliver us from the presumption of coming to this Table for solace only, and not for strength; for pardon only, and not for renewal. Let the grace of this Holy Communion make us one body, one spirit in Christ, that we may worthily serve the world in his name.

People Risen Lord, be known to us in the breaking of the Bread.

Presider Accept these prayers and praises, Father, through Jesus Christ our great High Priest, to whom, with you and the Holy Spirit, your Church gives honor, glory, and worship, from generation to generation. Amen.

Presider And now, as our Savior Christ has taught us, we are bold to say,

The Lord's Prayer

All Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those
who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom,
and the power, and the glory,
for ever and ever. Amen.

THE BREAKING OF THE BREAD

Presider Christ our Passover is sacrificed for us;

People Therefore let us keep the feast.

Presider The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

COMMUNION

- All are welcome to receive communion or a blessing.
- For gluten-free bread, cross your hands palms down.
- For a blessing, cross your hands over your chest.
- Prayer for healing is offered at the prayer desk until the close of worship.

* POSTCOMMUNION PRAYER

All Almighty and everliving God,
we thank you for feeding us with the spiritual food
of the most precious Body and Blood
of your Son our Savior Jesus Christ;
and for assuring us in these holy mysteries
that we are living members of the Body of your Son,
and heirs of your eternal kingdom.
And now, Father, send us out
to do the work you have given us to do,
to love and serve you
as faithful witnesses of Christ our Lord.
To him, to you, and to the Holy Spirit,
be honor and glory, now and for ever. Amen.

* BLESSING

* Sending Hymn #610: "Lord, whose love through humble service"

1 Lord, whose love through hum - ble ser - vice bore the weight of hu - man
2 Still your chil - dren wan - der home - less; still the hun - gry cry for
3 As we wor - ship, grant us vi - sion, till your love's re - veal - ing
4 Called by wor - ship to your ser - vice, forth in your dear name we

need, who up - on the cross, for - sak - en, of - fered mer - cy's
bread; still the cap - tives long for free - dom; still in grief we
light, in its height and depth and great - ness, dawns up - on our
go, to the child, the youth, the a - ged love in liv - ing

The musical score consists of two systems of music. Each system has a vocal line (treble clef) and a piano accompaniment line (bass clef). The key signature is one flat (B-flat major or D minor). The first system contains the first four lines of the hymn, and the second system contains the remaining lines. The lyrics are printed below the vocal line.

per - fect deed, we, your ser - vants, bring the wor - ship
 mourn our dead. As, O Lord, your deep com - pas - sion
 quick - ened sight, mak - ing known the needs and bur - dens
 deeds to show; hope and health, good will and com - fort,

not of voice a - lone, but heart, con - se - crat - ing
 healed the sick and freed the soul, use the love your
 your com - pas - sion bids us bear, stir - ring us to
 coun - sel, aid, and peace we give, that your ser - vants,

to your pur - pose ev - ery gift that you im - part.
 Spi - rit kin - dles still to save and make us whole.
 tire - less striv - ing, your a - bun - dant life to share.
 Lord, in free - dom may your mer - cy know and live.

Words: Albert F. Bayly (1901-1984), alt. Music: *Blaenhafren*, Welsh melody. Copyright: Words: Copyright © 1961, Albert F. Bayly. Used by permission of Oxford University Press. All Rights Reserved. Reprinted under OneLicense.net #A-710278.

* DISMISSAL

Deacon Let us bless the Lord.
 People Thanks be to God.

VOLUNTARY: "Rockingham"

Kenneth Leighton

Please join us in Founders' Hall for coffee and refreshments.

Serving Today

Presider	The Very Reverend Evelyn Hornaday	Eucharistic Minister	Nick Smith
Preacher	The Reverend Marco Serrano	Healing Minister	Phyllis Biddle
Deacon	The Reverend Jerry Grabher	Altar Guild	Sandra Carter, Pat Leive, Vangie Rich
Director of Music	Dr. Paul Meier	Usher	Jim Crum
Lector	Kari O'Rourke	Bookstore	Carol Whitehead
Intercessor	Larry McMullen		

The Vestry: Paula Henderson Connors, *Senior Warden*, paula.hendersonconnors@outlook.com; Terri Curran, *Junior Warden*, tcurra2@yahoo.com; David Telep, *Treasurer*; Jonathan Sternberg, *Clerk*; Steve Moore, *Chancellor*. Phyllis Biddle; Sharon Cheers; Jeff Johnson; Kristen Ellis Johnson; Donna Knoell; Candy McDowell; Ron Michka; Richard Morse; Ryan Thomas.

The Rt. Rev. Martin S. Field, *Bishop of the Diocese of West Missouri*; The Very Rev. Evelyn Hornaday, *Interim Dean*; The Rev. Canon Christy Dorn, *Associate*; The Rev. Jerry Grabher, *Deacon*; The Rev. Marco Serrano, *Young Adult Coordinator*; Dr. Paul Meier, *Director of Music*; Julie Brogno, *Coordinator for Children's and Family Ministry*; Alexandra Connors, *Youth Minister*; Linda Martin, *Children's Music Director*; Julie Toma, *Cathedral Administrator*; Janet Sweeting, *Office Assistant*; Melissa Scheffler, *Communications Coordinator*; Richard Wolf, *Finance Manager*; Angie Graham, *Property Manager*; Mike Guidry, *Assistant Property Manager*; Kristy Moore, *Sacristan*; Ken Stewart, *Cathedral Bookstore Manager*.

Recording Policy

Please obtain parental permission before taking photographs, video or audio recordings of any children.

THE *Episcopal* CHURCH



April 7, 2019 – Lent 5 (C)

Life Transformed: The Way of Love in Lent - Rest

Drawing on the ancient practice of setting aside Lent as a period of study and preparation for living as a Christian disciple, we are pleased to present weekly teachings from *Life Transformed: The Way of Love in Lent*. Learn more at episcopalchurch.org/life-transformed.

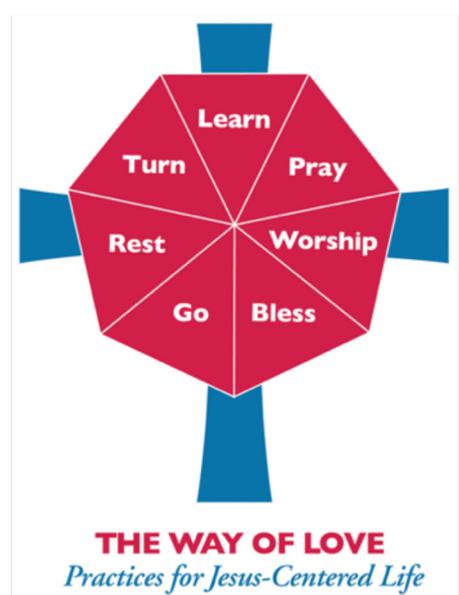
READ Ezekiel 37:1-14

We do not live in a culture that encourages REST. All too often, we are forced to work harder and longer hours, and it shows in our health. Yet, from the beginning, God – who rested on the seventh day of creation – set rest into the pattern of all life. Truly practicing the Way of Love means spending time with God in sabbath rest. Not everyone has the luxury of long breaks and vacations, or even days off. Still, we can help each other find ways internally to pause and receive the gift of sabbath. The act of rest and restoration is a part of the cycle of rebirth that is God’s hope for us and gift to us.

In the exciting story of the Valley of the Dry Bones, we hear the way God sent God’s breath, the Holy Spirit, onto a field of bones. That very breath was enough to reanimate them and bring them back to fullness of life. Making sabbath rest has the same impact. Sabbath rest provides the opportunity for God to refresh us, to breathe new life into us. When we neglect sabbath time with God, we can begin to feel withered and tired, just like those dry bones. This is no coincidence. When we constantly run from activity to activity without breathing and returning to God, we become depleted and dry.

The gospels record numerous times when Jesus retreated to a place of sabbath to reconnect with God and to receive the strength he needed to continue his ministry. In Luke 5 when the news about Jesus spread and crowds gathered around him, Jesus withdrew and prayed. Studies have shown that people who take regular breaks from work have higher rates of creativity and productivity. It should come as no surprise that the ritual of baptism follows the pattern of death into life – that is the sabbath cycle in action.

REFLECT: It has been said that we don’t take a sabbath, but rather make sabbath. Rest is an intentional act. Do you currently have a practice of reserving a block of time each day, week, or month for sabbath rest? If so, how does it restore you? If not, what has the effect of that lack felt like? Lent is a chance to reevaluate our patterns of living. Is God calling you to explore the gift of sabbath this Lent?





Wednesday Evenings

Through April 10

Contemplative Eucharist • 5:30 p.m. • Nave

Simple Supper • 6 p.m. • Founders' Hall Café

Learning Opportunities • 6:30 p.m.

The Way • Founders' Hall Café—Led by Deacon Marco Serrano.

Counterfeit Gospels • Common Room—Led by Professor Bill Stancil, coordinated by Deacon Jerry Grabher.

Stations of the Cross

Fridays, through April 12 • 5:15 p.m.

The Stations of the Cross are a 14-step devotion that commemorates Jesus Christ's last day on Earth as a man. The 14 devotions, or stations, focus on specific events of His last day, beginning with His condemnation. The stations are commonly used as a mini pilgrimage as the individual moves from station to station. At each station, the individual recalls and meditates on a specific event from Christ's last day. Specific prayers are recited, then the individual moves to the next station until all 14 are complete.

April 12: Service held at Grace and Holy Trinity Cathedral

Adult Forum: The Apostles' Creed: A Guide to the Ancient Catechism

Sundays, through April 14 • 9:15 a.m. • Common Room

Deacon Marco Serrano leads this class using Ben Myers' book The Apostles' Creed: A Guide to the Ancient Catechism.

Palm Cross Workshop

Today • 9 & 11:30 a.m. • Founders' Hall

Noisy Offering

Today

Volunteer at HappyBottoms

Saturday, April 13 • 9 a.m. • 303 West 79th Street, Kansas City, MO 64114

Volunteers in this position will be preparing food for the week's lunches.

Volunteers under 14 should have proper supervision (one adult for 2 kids) and no volunteers under 10 years old.

Praying and Walking with Christ: An Evening in Preparation for Holy Week

Saturday, April 13 • 6 p.m.

This will be a contemplative, interactive experience in the Nave, where we'll explore some of the history and tradition behind Holy Week, prepare our hearts for the days ahead and anticipate the joys of the Church's Easter celebration. Afterwards, we will gather in Founders' Hall for refreshments.

For all the details about these events, please visit the Cathedral website, kccathedral.org/lent-2019.