GRACE AND HOLY TRINITY
EPISCOPAL CATHEDRAL

ADVENT
Lessons &
Carols

December 15, 2019 • 5 p.m.

A SERVANT CHURCH IN THE HEART OF THE CITY
Service Notes
Please rise, as able, for portions of the service marked with an asterisk (*).

Our worship together begins with a musical prelude. Thank you for listening quietly and respecting the needs of those around you for a time of prayer and meditation. Please silence all electronic devices.

Voluntary: “Veni Emmanuel”
Leo Sowerby

Matin Responsory
G.P. Palestrina

I look from afar:
And lo, I see the power of God coming,
and a cloud covering the whole earth.
Go ye out to meet him and say:
Tell us, art thou he that should come to reign over thy
people Israel?
High and low, rich and poor, one with another.
Go ye out to meet him and say:
Hear, O thou shepherd of Israel, thou that leadest Joseph
like a sheep:

Tell us, art thou he that should come?
Stir up thy strength, O Lord, and come:
To reign over thy people Israel.

Glory be to the Father, and to the Son,
and to the Holy Ghost.
I look from afar: And lo, I see the power of God coming,
and a cloud covering the whole earth.
Go ye out to meet him and say:
Tell us, art thou he that should come to reign over thy
people Israel?

* Carol “Come, thou redeemer of the earth,” Verses 1–2—Choir, verses 3–4—all.


* Bidding Prayer

Officiant
Beloved in Christ, in this season of Advent, let it be our care and delight to prepare ourselves to hear again the message of the Angels, and in heart and mind to go even unto Bethlehem, to see the Babe lying in a manger.

Let us read and mark in Holy Scripture the tale of the loving purposes of God from the first days of our disobedience unto the glorious Redemption brought us by his holy Child; and let us look forward to the yearly remembrance of his birth with hymns and songs of praise.
But first, let us pray for the needs of his whole world; for peace and goodwill over all the earth; for the mission and unity of the Church for which he died, and especially in this country and within this city.

And because this of all things would rejoice his heart, let us at this time remember in his name the poor and the helpless; the hungry and the oppressed; the sick and those who mourn; the lonely and the unloved; the aged and the little children; and all those who know not the Lord Jesus, or who love him not, or who by sin have grieved his heart of love.

Lastly, let us remember before God his pure and lowly Mother, and all those who rejoice with us, but upon another shore and in a greater light, that multitude which no one can number, whose hope was in the Word made flesh, and with whom, in this Lord Jesus, we for evermore are one.

These prayers and praises let us humbly offer up to the throne of heaven, in the words which Christ himself has taught us:

**People**

Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those
who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom,
and the power, and the glory,
for ever and ever. Amen.

**Officiant**
The Almighty God bless us with his grace; Christ give us the joys of everlasting life; and into the fellowship of the citizens above may the King of Angels bring us all. Amen.

**Lesson #1: Adam and Eve rebel against God and are cast out of the Garden of Eden.**

**Reader**

A reading from Genesis.

Now the serpent was more crafty than any other wild animal that the Lord God had made. He said to the woman, “Did God say, ‘You shall not eat from any tree in the garden’?” The woman said to the serpent, “We may eat of the fruit of the trees in the garden; but God said, ‘You shall not eat of the fruit of the tree that is in the middle of the garden, nor shall you touch it, or you shall die.’” But the serpent said to the woman, “You will not die; for God knows that when you eat of it your eyes will be opened, and you will be like God, knowing good and evil.”

So when the woman saw that the tree was good for food, and that it was a delight to the eyes, and that the tree was to be desired to make one wise, she took of its fruit and ate; and she also gave some to her husband, who was with her, and he ate. Then the eyes of both were opened, and they knew that they were naked; and they sewed fig leaves together and made loincloths for themselves. They heard the sound of the Lord God walking in the garden at the time of the evening breeze, and the man and his wife hid themselves from the presence of the Lord God among the trees of the garden.

But the Lord God called to the man, and said to him, “Where are you?” He said, “I heard the sound of you in the garden, and I was afraid, because I was naked; and I hid myself.”

He said, “Who told you that you were naked? Have you eaten from the tree of which I commanded you not to eat?” The man said, “The woman whom you gave to be with me, she gave me fruit from the tree, and I ate.” Then the Lord God said to the woman, “What is this that you have done?” The woman said, “The serpent tricked me, and I ate.”
The Lord God said to the serpent, “Because you have done this, cursed are you among all animals and among all wild creatures; upon your belly you shall go, and dust you shall eat all the days of your life. I will put enmity between you and the woman, and between your offspring and hers; he will strike your head, and you will strike his heel.”

To the woman he said, “I will greatly increase your pangs in childbearing; in pain you shall bring forth children, yet your desire shall be for your husband, and he shall rule over you.”

And to the man he said, “Because you have listened to the voice of your wife, and have eaten of the tree about which I commanded you, ‘You shall not eat of it,’ cursed is the ground because of you; in toil you shall eat of it all the days of your life; thorns and thistles it shall bring forth for you; and you shall eat the plants of the field. By the sweat of your face you shall eat bread until you return to the ground, for out of it you were taken; you are dust, and to dust you shall return.”

The man named his wife Eve, because she was the mother of all living.

And the Lord God made garments of skins for the man and for his wife, and clothed them.

Then the Lord God said, “See, the man has become like one of us, knowing good and evil; and now, he might reach out his hand and take also from the tree of life, and eat, and live forever.”

Here ends the reading. —Genesis 3:1–15

Carol: “Adam lay ybounden”

Adam lay ybounden,  Ne had the apple taken been,  Ne had never our lady
Bounden in a bond;  The apple taken been,  Abeen hevené queen.
Four thousand winter  Ne had never our lady
Thought he not too long.  That apple taken was,  Therefore we moun singen,
And all was for an apple,  Blessed be the time  Deo gracias, deo gracias!
An apple that he took,  That apple taken was,  (Thanks be to God!)
As clerkes vinden  Therefore we moun singen,  —Text: Anonymous, 15th century
Written in their book.  Deo gracias, deo gracias!

Lesson #2: God comforts his people and calls on them to prepare for redemption.

Reader  A reading from Isaiah.

Comfort, O comfort my people, says your God. Speak tenderly to Jerusalem, and cry to her that she has served her term, that her penalty is paid, that she has received from the Lord’s hand double for all her sins.

A voice cries out: “In the wilderness prepare the way of the Lord, make straight in the desert a highway for our God. Every valley shall be lifted up, and every mountain and hill be made low; the uneven ground shall become level, and the rough places a plain. Then the glory of the Lord shall be revealed, and all people shall see it together, for the mouth of the Lord has spoken.” A voice says, “Cry out!” And I said, “What shall I cry?” All people are grass, their constancy is like the flower of the field. The grass withers, the flower fades, when the breath of the Lord blows upon it; surely the people are grass. The grass withers, the flower fades; but the word of our God will stand forever.

Get you up to a high mountain, O Zion, herald of good tidings; lift up your voice with strength, O Jerusalem, herald of good tidings, lift it up, do not fear; say to the cities of Judah, “Here is your God!” See, the Lord God comes with might, and his arm rules for him; his reward is with him, and his recompense before him. He will feed his flock like a shepherd; he will gather the lambs in his arms, and carry them in his bosom, and gently lead the mother sheep.

Here ends the reading. —Isaiah 40:1–11
Lesson #3: The prophet proclaims that God will come and save us.

Reader A reading from Isaiah.

The wilderness and the dry land shall be glad, the desert shall rejoice and blossom; like the crocus it shall blossom abundantly, and rejoice with joy and singing. The glory of Lebanon shall be given to it, the majesty of Carmel and Sharon. They shall see the glory of the Lord, the majesty of our God. Strengthen the weak hands, and make firm the feeble knees. Say to those who are of a fearful heart, “Be strong, do not fear! Here is your God. He will come with vengeance, with terrible recompense. He will come and save you.”

Then the eyes of the blind shall be opened, and the ears of the deaf unstopped; then the lame shall leap like a deer, and the tongue of the speechless sing for joy. For waters shall break forth in the wilderness, and streams in the desert; the burning sand shall become a pool, and the thirsty ground springs of water; the haunt of jackals shall become a swamp, the grass shall become reeds and rushes. A highway shall be there, and it shall be called the Holy Way; the unclean shall not travel on it, but it shall be for God’s people; no traveler, not even fools, shall go astray. No lion shall be there, nor shall any ravenous beast come up on it; they shall not be found there, but the redeemed shall walk there. And the ransomed of the Lord shall return, and come to Zion with singing; everlasting joy shall be upon their heads; they shall obtain joy and gladness, and sorrow and sighing shall flee away.

—Isaiah 35:1–10
Anthem: “Springs in the Desert”

Arthur B. Jennings Jr.

Say to them that are of a fearful heart: Be strong, fear not.
Behold, your God will come and save you!

The wilderness and the solitary place shall be glad, and the desert shall rejoice, and blossom as the rose.
For in the wilderness shall waters break out and streams flow in the desert,
and the parched ground shall become a pool and the thirsty land springs of water.
A Highway shall be there, and it shall be called the way of Holiness.
The redeemed shall walk there and the ransomed of the Lord shall return with songs and everlasting joy.
And sorrow and sighing shall flee away.

—Text: Based on Isaiah 35

Lesson #4: The one who is to rule Israel will be born in the village of Bethlehem.

Reader

A reading from Micah.

But you, O Bethlehem of Ephrathah, who are one of the little clans of Judah, from you shall come forth
for me one who is to rule in Israel, whose origin is from of old, from ancient days. Therefore he shall
give them up until the time when she who is in labor has brought forth; then the rest of his kindred
shall return to the people of Israel. And he shall stand and feed his flock in the strength of the Lord, in
the majesty of the name of the Lord his God. And they shall live secure, for now he shall be great to the
ends of the earth

Here ends the reading. —Micah 5:2–4

* Carol #56 “O come, O come, Emmanuel”

Lesson #5: The Spirit of the Lord will rest upon the Holy One.

A reading from Isaiah.

A shoot shall come out from the stump of Jesse, and a branch shall grow out of his roots. The spirit of the Lord shall rest on him, the spirit of wisdom and understanding, the spirit of counsel and might, the spirit of knowledge and the fear of the Lord. His delight shall be in the fear of the Lord. He shall not judge by what his eyes see, or decide by what his ears hear; but with righteousness he shall judge the poor, and decide with equity for the meek of the earth; he shall strike the earth with the rod of his mouth, and with the breath of his lips he shall kill the wicked. Righteousness shall be the belt around his waist, and faithfulness the belt around his loins. The wolf shall live with the lamb, the leopard shall lie down with the kid, the calf and the lion and the fatling together, and a little child shall lead them. The cow and the bear shall graze, their young shall lie down together; and the lion shall eat straw like the ox. The nursing child shall play over the hole of the asp, and the weaned child shall put its hand on the adder’s den. They will not hurt or destroy on all my holy mountain; for the earth will be full of the knowledge of the Lord as the waters cover the sea.

Here ends the reading.

—Isaiah 11:1–9

Carol: “The Lamb”

John Tavener

Little Lamb, who made thee?
Dost thou know who made thee?
Gave thee life, and bid thee feed
By the stream and o’er the mead;
Gave thee clothing of delight,
Softest clothing, woolly, bright;
Gave thee such a tender voice,
Making all the vales rejoice?

Little Lamb, I’ll tell thee,
Little Lamb, I’ll tell thee;
He is called by thy name.
For he calls himself a Lamb.
He is meek, and he is mild,
He became a little child.
I, a child, and thou a lamb,
We are called by his name.
Little Lamb, God bless thee!
Little Lamb, God bless thee!

—Text: William Blake

Lesson #6: The Angel Gabriel announces to the Virgin Mary that she will bear the Son of the Most High.

A reading from Luke.

In the sixth month the angel Gabriel was sent by God to a town in Galilee called Nazareth, to a virgin engaged to a man whose name was Joseph, of the house of David. The virgin’s name was Mary. And he came to her and said, “Greetings, favored one! The Lord is with you.” But she was much perplexed by his words and pondered what sort of greeting this might be. The angel said to her, “Do not be afraid, Mary, for you have found favor with God. And now, you will conceive in your womb and bear a son, and you will name him Jesus. He will be great, and will be called the Son of the Most High, and the Lord God will give to him the throne of his ancestor David. He will reign over the house of Jacob forever, and of his kingdom there will be no end.” Mary said to the angel, “How can this be, since I am a virgin?” The angel said to her, “The Holy Spirit will come upon you, and the power of the Most High will overshadow you; therefore the child to be born will be holy; he will be called Son of God. And now, your relative Elizabeth in her old age has also conceived a son; and this is the sixth month for her who was said to be barren. For nothing will be impossible with God.” Then Mary said, “Here am I, the servant of the Lord; let it be with me according to your word.” Then the angel departed from her.

In those days Mary set out and went with haste to a Judean town in the hill country, where she entered the house of Zechariah and greeted Elizabeth. When Elizabeth heard Mary’s greeting, the child leaped in her womb. And Elizabeth was filled with the Holy Spirit and exclaimed with a loud cry, “Blessed are you among women, and blessed is the fruit of your womb. And why has this happened to me, that
the mother of my Lord comes to me? For as soon as I heard the sound of your greeting, the child in my womb leaped for joy. And blessed is she who believed that there would be a fulfillment of what was spoken to her by the Lord.” And Mary said, “My soul magnifies the Lord, and my spirit rejoices in God my Savior, for he has looked with favor on the lowliness of his servant. Surely, from now on all generations will call me blessed; for the Mighty One has done great things for me, and holy is his name. His mercy is for those who fear him from generation to generation. He has shown strength with his arm; he has scattered the proud in the thoughts of their hearts. He has brought down the powerful from their thrones, and lifted up the lowly; he has filled the hungry with good things, and sent the rich away empty. He has helped his servant Israel, in remembrance of his mercy, according to the promise he made to our ancestors, to Abraham and to his descendants forever.” And Mary remained with her about three months and then returned to her home.

Here ends the reading.

—Luke 1:26–38

* CAROL #265: “The angel Gabriel came from heaven”
Vesper Responsory

Judah and Jerusalem, fear not, nor be dismayed
Tomorrow go ye forth, and the Lord, he will be with you.
Stand ye still, and ye shall see the salvation of the Lord.

Tomorrow go ye forth, and the Lord, he will be with you.
Glory be to the Father, and to the Son, and to the Holy Ghost.
Tomorrow go ye forth, and the Lord, he will be with you.

ANTHEM “We wait for thy loving kindness, O God”

We wait for thy loving kindness, O God: in the midst of thy temple. Alleluia. O God, according to thy Name, so is thy praise unto the world’s end. Thy right hand is full of righteousness: Alleluia. We wait for thy loving kindness, O God: in the midst of thy temple. O Lord send us now prosperity. Amen.

—Text: Words selected by the Rev. C.M. Armitage, Precentor of Westminster

* Collect

Officiant Stir up your power, O Lord, and with great might come among us; and, because we are sorely hindered by our sins, let your bountiful grace and mercy speedily help and deliver us; through Jesus Christ our Lord, to whom, with you and the Holy Spirit, be honor and glory, now and for ever. Amen.

* Blessing

* Carol “Lo! he comes, with clouds descending”

Voluntary: “Nun komm, der Heiden Heiland,” BWV 661

Johann Sebastian Bach

The Very Rev. Dr. Andrew C. Keyse, Officiant
Dr. Paul Meier, Director of Music
Dr. Mark Stotler, Assistant Organist
Trinity Choir
Bob Johnson, Linda Carlson, George Colburn,
Caroline Colburn, Ken Stewart, The Rev. Canon Christy Dorn, Readers
Stan Dibble, Acolyte
Diane Barker, David Barker, Ushers
Phyllis Biddle, Renee Neff-Clark, Greeters

Please join us following the service for a reception in the Common Room.
The Cathedral Bookstore is open and docents are available to show The Saint John’s Bible.

Office Schedule
The Cathedral office will be closed Wednesday, December 25–Wednesday, January 1. If you have a pastoral emergency during this time, contact Dean Andy at 256.762.5889 or Canon Christy at 913.549.7178.

End of the Year Giving Tips
Thank you for your generosity in 2019. The end of the year is a great time to consider giving toward Cathedral ministries. Donations can be given in our Sunday offerings, mailed to the Cathedral office or made at kccathedral.org by clicking the online giving button at the top of the home page. Please note that the Cathedral office will be closed between Christmas and New Year’s Day. Donations received by mail, postmarked by December 31, will be included on your 2019 contributions. In order for these gifts to be tax deductible they must be postmarked and/or given by December 31, 2019.

If you have a question about your pledge or other giving, please contact Cathedral Administrator Julie Toma at jtom@kccathedral.org or 816.214.9936.
Gifts for Flowers and Greens

Gifts of flowers and greens in memory of or in thanksgiving for a loved one help provide festive decorations from Christmas Eve through the Epiphany. Please use the Gifts for Christmas Flowers & Greens envelope, found at the back of the Nave.

- List the names of those you wish honored or the blessing(s) you wish to name.
- List your name as donor (optional).
- Return the envelope to the office by Sunday, December 22. A full list of all donations will be published at Epiphany.

Thank you for your generous gift in celebration of the birth of Jesus Christ!

HOLIDAY FOOD DRIVE

Donate

Bring Food for St. Mary’s Pantry
Help stock the pantry for the holidays. Bring donations to the large basket in the Tower. Please focus on canned/boxed items appropriate for a holiday dinner, such as French-fried onions, canned sweet potatoes, canned cranberry sauce, canned pie fillings and boxed cake mixes, etc.

Stop by the Bookstore!
If you need some ideas for Christmas gifts, make sure to visit the Cathedral Bookstore. There are lots of great gifts to choose from, so take a moment to stop in and see what they have to offer. During Advent, the Bookstore is open Sundays, 8:30–10 a.m. and immediately following the 10:15 a.m. service, as well as following Advent Lessons & Carols. If you have any questions, contact Ken Stewart at bookstore@kccathedra.org.
Christmas at the Cathedral

Christmas Worship Services
Tuesday, December 24

5 p.m.—Pageant & Eucharist
All children are welcome to participate in the pageant. There are no lines to learn and simple costumes will be provided. Children who want to participate should meet in the Common Room at 4:30 p.m.

10 p.m.—Eve of the Nativity & Eucharist
Join us as we celebrate the birth of Christ. Traditional, familiar carols and music will be featured.

Wednesday, December 25

10:15 a.m.—Festival of the Nativity & Eucharist
Greet the Incarnate Lord on Christmas morning with a celebration of Holy Eucharist, including carols and organ music.

Weekly Worship Services
Sundays: 8 a.m., 10:15 a.m. & 5 p.m.; Wednesdays: 12:05 p.m.

Visit kccathedral.org/advent for more details about our events and worship services.