Newcomers and visitors, welcome! We are a servant church in the heart of the city. May you find here, by God's grace, that which feeds your soul, and leave here with a heart prepared to serve.

If you are new to us or a guest, we invite you to fill out a WELCOME card, found in your pew, and either place it in the offering plate or drop it by the Connection Corner table during coffee hour in Founders’ Hall after the service.

If you need a hearing assistance device, please ask an usher.
HHoly Eucharist

Service Notes
Please rise, as able, for portions of the service marked with an asterisk (*).

Our worship together begins with a musical prelude. Thank you for listening quietly and respecting the needs of those around you for a time of prayer and meditation. Please silence all electronic devices.

Voluntary: “Dies sind die heiligen zehn Gebot,” BWV 679  
Johann Sebastian Bach

The Word of God

* Opening Acclamation and Collect for Purity

Presider Blessed be God: Father, Son and Holy Spirit.

People And blessed be God’s kingdom, now and for ever. Amen.

Presider Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.

* Gloria

All Glory to God in the highest,  
and peace to his people on earth.

Lord God, heavenly King,  
almighty God and Father,  
we worship you, we give you thanks,  
we praise you for your glory.

Lord Jesus Christ, only Son of the Father,  
Lord God, Lamb of God,  
you take away the sin of the world:  
have mercy on us;  
you are seated at the right hand of the Father:  
receive our prayer.

For you alone are the Holy One,  
you alone are the Lord,  
you alone are the Most High,  
Jesus Christ,  
with the Holy Spirit,  
in the glory of God the Father. Amen.

* Collect of the Day

Presider The Lord be with you.

People And also with you.

Presider Let us pray.

O God, the strength of all who put their trust in you: Mercifully accept our prayers; and because in our weakness we can do nothing good without you, give us the help of your grace, that in keeping your commandments we may please you both in will and deed; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen.
First Reading: Deuteronomy 30:15–20

Lector Moses said, “See, I have set before you today life and prosperity, death and adversity. If you obey the commandments of the Lord your God that I am commanding you today, by loving the Lord your God, walking in his ways, and observing his commandments, decrees, and ordinances, then you shall live and become numerous, and the Lord your God will bless you in the land that you are entering to possess. But if your heart turns away and you do not hear, but are led astray to bow down to other gods and serve them, I declare to you today that you shall perish; you shall not live long in the land that you are crossing the Jordan to enter and possess. I call heaven and earth to witness against you today that I have set before you life and death, blessings and curses. Choose life so that you and your descendants may live, loving the Lord your God, obeying him, and holding fast to him; for that means life to you and length of days, so that you may live in the land that the Lord swore to give to your ancestors, to Abraham, to Isaac, and to Jacob.”

The Word of the Lord.

People Thanks be to God.

Psalm 119:1–8 spoken in unison

All Happy are they whose way is blameless, *  
who walk in the law of the Lord!  
Happy are they who observe his decrees *  
and seek him with all their hearts!  
Who never do any wrong, *  
but always walk in his ways.  
You laid down your commandments, *  
that we should fully keep them.  
Oh, that my ways were made so direct *  
that I might keep your statutes!  
Then I should not be put to shame, *  
when I regard all your commandments.  
I will thank you with an unfeigned heart, *  
when I have learned your righteous judgments.  
I will keep your statutes; *  
do not utterly forsake me.
Second Reading: 1 Corinthians 3:1–9

Lector Brothers and sisters, I could not speak to you as spiritual people, but rather as people of the flesh, as infants in Christ. I fed you with milk, not solid food, for you were not ready for solid food. Even now you are still not ready, for you are still of the flesh. For as long as there is jealousy and quarreling among you, are you not of the flesh, and behaving according to human inclinations? For when one says, “I belong to Paul,” and another, “I belong to Apollos,” are you not merely human?

What then is Apollos? What is Paul? Servants through whom you came to believe, as the Lord assigned to each. I planted, Apollos watered, but God gave the growth. So neither the one who plants nor the one who waters is anything, but only God who gives the growth. The one who plants and the one who waters have a common purpose, and each will receive wages according to the labor of each. For we are God’s servants, working together; you are God’s field, God’s building.

The Word of the Lord.

People Thanks be to God.

* The Holy Gospel: Matthew 5:21–37

Gospeller The Holy Gospel of our Lord Jesus Christ according to Matthew.

People Glory to you, Lord Christ.

Gospeller Jesus said, “You have heard that it was said to those of ancient times, ‘You shall not murder’; and ‘whoever murders shall be liable to judgment.’ But I say to you that if you are angry with a brother or sister, you will be liable to judgment; and if you insult a brother or sister, you will be liable to the council; and if you say, ‘You fool,’ you will be liable to the hell of fire. So when you are offering your gift at the altar, if you remember that your brother or sister has something against you, leave your gift there before the altar and go; first be reconciled to your brother or sister, and then come and offer your gift. Come to terms quickly with your accuser while you are on the way to court with him, or your accuser may hand you over to the judge, and the judge to the guard, and you will be thrown into prison. Truly I tell you, you will never get out until you have paid the last penny.

“You have heard that it was said, ‘You shall not commit adultery.’ But I say to you that everyone who looks at a woman with lust has already committed adultery with her in his heart. If your right eye causes you to sin, tear it out and throw it away; it is better for you to lose one of your members than for your whole body to be thrown into hell. And if your right hand causes you to sin, cut it off and throw it away; it is better for you to lose one of your members than for your whole body to go into hell.

“It was also said, ‘Whoever divorces his wife, let him give her a certificate of divorce.’ But I say to you that anyone who divorces his wife, except on the ground of unchastity, commits adultery; and whoever marries a divorced woman commits adultery.

“Again, you have heard that it was said to those of ancient times, ‘You shall not swear falsely, but carry out the vows you have made to the Lord.’ But I say to you, Do not swear at all, either by heaven, for it is the throne of God, or by the earth, for it is his footstool, or by Jerusalem, for it is the city of the great King. And do not swear by your head, for you cannot make one hair white or black. Let your word be ‘Yes, Yes’ or ‘No, No’; anything more than this comes from the evil one.”

The Gospel of the Lord.

People Praise to you, Lord Christ.

Sermon
* Nicene Creed

All

We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,
the only Son of God, eternally begotten of the Father,
God from God, Light from Light,
true God from true God, begotten, not made,
of one Being with the Father.

Through him all things were made.
For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and was made man.

For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again in accordance with the Scriptures;
he ascended into heaven and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead,
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.

We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead, and the life of the world to come. Amen.

* Prayers of the People

Intercessor     God of light and peace,
People         Hear our prayer.

Confession and Absolution

Deacon         Let us confess our sins against God and our neighbor.
People         Most merciful God,
              we confess that we have sinned against you
              in thought, word, and deed,
              by what we have done,
              and by what we have left undone.
              We have not loved you with our whole heart;
              we have not loved our neighbors as ourselves.
              We are truly sorry and we humbly repent.
              For the sake of your Son Jesus Christ,
              have mercy on us and forgive us;
              that we may delight in your will,
              and walk in your ways,
              to the glory of your Name. Amen.
Presider Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. Amen.

* The Peace

Presider The peace of the Lord be always with you.

People And also with you.

Announcements

Celebration Prayer

Those celebrating anniversaries of birth, marriage, and other joyous occasions are invited to come forward for prayer.

All O God, our times are in your hand: Look with favor, we pray, on your servant(s) as they begin another year. Grant that they may grow in wisdom and grace, and strengthen their trust in your goodness all the days of their lives; through Jesus Christ our Lord. Amen.

The Holy Communion

Offertory Hymn #674: “Forgive our sins as we forgive”

* Presentation Hymn: “Praise God from whom all blessings flow”


* The Great Thanksgiving

Presider The Lord be with you.
People And also with you.
Presider Lift up your hearts.
People We lift them to the Lord.
Presider Let us give thanks to the Lord our God.
People It is right to give God thanks and praise.
Presider It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth. Because in the mystery of the Word made flesh, you have caused a new light to shine in our hearts, to give the knowledge of your glory in the face of your Son Jesus Christ our Lord. Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

All Holy, holy, holy Lord, God of power and might, heaven and earth are full of your glory.
Hosanna in the highest.
Blessed is he who comes in the name of the Lord.
Hosanna in the highest.

Presider We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, “Take, eat: This is my Body, which is given for you. Do this for the remembrance of me.”

Eucharistic Prayer B
After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, “Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me.”

Therefore, according to his command, O Father,

All  We remember his death,
We proclaim his resurrection,
We await his coming in glory;

Presider  And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine. We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit. In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where, with all your saints, we may enter the everlasting heritage of your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. Amen.

Presider  And now, as our Savior Christ has taught us, we are bold to say,
All  Our Father, who art in heaven,
    hallowed be thy Name,
    thy kingdom come,
    thy will be done,
    on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
    as we forgive those
    who trespass against us.
And lead us not into temptation,
    but deliver us from evil.
For thine is the kingdom,
    and the power, and the glory,
    for ever and ever. Amen.

THE BREAKING OF THE BREAD

Presider  Alleluia. Christ our Passover is sacrificed for us;
People  Therefore let us keep the feast. Alleluia.
Presider  The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

COMMUNION

•  All are welcome to receive communion or a blessing.
•  For gluten-free bread, cross your hands palms down.
•  For a blessing, cross your hands over your chest.
•  Prayer for healing is offered at the prayer desk until the close of worship.

* POSTCOMMUNION PRAYER

All  Almighty and everliving God,
    we thank you for feeding us with the spiritual food
    of the most precious Body and Blood
    of your Son our Savior Jesus Christ;
    and for assuring us in these holy mysteries
that we are living members of the Body of your Son,
and heirs of your eternal kingdom.
And now, Father, send us out
to do the work you have given us to do,
to love and serve you
as faithful witnesses of Christ our Lord.
To him, to you, and to the Holy Spirit,
be honor and glory, now and for ever. Amen.

* Blessing

* Dismissal

Deacon  Go in peace to love and serve the Lord.
People    Thanks be to God.

* Sending Hymn #594: “God of grace and God of glory”

Voluntary: “Dies sind die heiligen zehn Gebot,” BWV 678
Johann Sebastian Bach

You are welcome to take your bulletin home to reference the announcements.
Please join us in Founders’ Hall for coffee and refreshments.

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The Rt. Rev. Martin S. Field, Bishop of the Diocese of West Missouri; The Very Rev. Dr. Andrew C. Keyse, Dean; The Rev. Canon Christy Dorn, Associate; The Rev. Jerry Grabher, Deacon; Dr. Paul Meier, Director of Music; Dr. Mark Stotler, Assistant Organist; Julia Brogno, Coordinator for Children’s and Family Ministry; Alexandra Connors, Youth Ministry; Linda Martin, Children’s Music Director; Julie Toma, Cathedral Administrator; Janet Sweeting, Office Assistant; Melissa Scheffler, Communications Coordinator; Richard Wolf, Finance Manager; Angie Graham, Property Manager; Mike Guidry, Assistant Property Manager; Kristy Moore, Sacristan; Ken Stewart, Cathedral Bookstore Manager.

The Vestry: Paula Henderson Connors, Senior Warden, paula.hendersonconnors@outlook.com; Richard Morse, Junior Warden, rkm2mercy@hotmail.com; David Telep, Treasurer; Jonathan Sternberg, Clerk; Steve Moore, Chancellor; Sharon Cheers; Bill Colvin; Amy Cornwall; Kristen Ellis Johnson; Jeff Johnson; Ron Michka; Nick Smith; Ken Stewart; Ryan Thomas.

Cover art: Reconciliation by Josefina De Vasconcellos

The Diocesan Absalom Jones celebration will be today at 4 p.m. at St. Augustine’s (2732 Benton Blvd., Kansas City, MO 64128). Bishop Marty will preside and preach at Holy Eucharist and there will be a soul food buffet following at St. Augustine’s Parish House. You won’t want to miss it!

Announcements for the Week of February 16, 2020

Up Next

Urban Necessities Drive
February
Urban Necessities Project is in its second year as a ministry of the city center parishes (GHTC, St. Mary’s and St. Augustine’s), which provides an assortment of basic necessities primarily of personal hygiene which are not included in SNAP government programs. The basics provided are toothpaste (6-8 oz tubes), bath soap (4 oz individually wrapped bars for men and women), shampoos (12-14 oz sizes for men and women), stick deodorant (3-4 oz sizes for men and women). Please bring the aforementioned basic necessities to the outreach baskets or make a donation to the project (checks made to GHTC with a notation for Urban Necessities) and we will select the items on your behalf. Thank you for supporting this outreach project.

Choral Evensong and Organ Recital
Today • 5 p.m.
Choral Evensong is a service of hymns, choral anthems, Bible readings and prayers—it is a time to listen, pray, meditate and sing. Holy Eucharist will not be offered at this Evensong. The February recital is by Thomas R. Vozzella. Dr. Vozzella is Director of Music-Organist at St. Andrew’s Episcopal Church, Kansas City, Missouri, Director of the Kansas City Junior League Chorus and a Staff Organist at the Community of Christ.

Young Adults Game Night
February 22 • 5:30 p.m.
The Young Adults will have a Game Night in the Common Room February 22, from 5:30–7:30 p.m. We will be playing two interactive games while welcoming new members to our group. Childcare is provided. To attend, or for more information on joining the Young Adults, please email Nick Smith, ns938689@gmail.com.

Fat Tuesday Pancake Dinner
February 25 • 5 p.m.
The Vestry of GHTC invites you to join us February 25, 2020 to celebrate Fat Tuesday. We’ll be serving pancakes by Chris Cakes from 5-7 p.m. in Founders’ Hall. A suggested donation of $10 for adults and $5 for children will be accepted at the door or tickets are available in advance by visiting kccathedral.org. Proceeds will be used to support the ongoing ministries of the Cathedral. Come for the pancakes, stay for the friends!
Ash Wednesday
February 26 • 7 a.m., 12:05 p.m. & 7 p.m.
Start your Lenten journey at the Cathedral. All three services will include a proper liturgy with homily, Imposition of Ashes, Litany of Penitence and Holy Eucharist. The 7 a.m. service will be spoken, the 12:05 p.m. service will have hymns and organ music, while the 7 p.m. service will include hymns, anthems sung by the Trinity Choir and organ music.

Lent Food Drive for St. Mary’s Pantry
March 1—April 12
Place non-perishable food for St. Mary’s Pantry in the big basket in the Tower. Thank you for your support!

Week of 3/1: Peanut Butter
Week of 3/8: Mac & Cheese
Week of 3/15: Canned Meat (Chicken or Tuna)
Week of 3/22: Boxed Potatoes/Pasta Dinners
Week of 3/29: Canned Vegetables/Fruit
Week of 4/5: Cake & Cookie Mixes
Easter 4/12: Breakfast items (cereals, granola bars, oatmeal)

Farewell Reception for Canon Christy
March 1 • 9 & 11:30 a.m.
Canon Christy Dorn’s last service will be March 1. Stop by coffee hour after either morning service and say goodbye. We hope you can join us as we wish her well!

Resurrection Garden Workshop
March 1 • 11:45 a.m.
Mark the first Sunday of Lent by making a resurrection garden to take home. The garden can be used throughout Lent as a focal point for your devotions, during Holy Week to remember the crucifixion and burial of Jesus and can be transformed into a beautiful Easter centerpiece. A donation of $10 per garden is suggested to cover supplies.

Cathedral Prayer List

Pray for:
Healing—Eric & Burma Cenovich; Pat Leive; Betsy Chase; Pat McKenna; Yolie Polakowski; Peg Morgan; Linda Peree; Tara Bennett; Joanne Repass Jones; Horst & Gudrun Döding; Gælle Marchand; Jim Royer; Bill Blakey; Linda Frost; Kavanaugh Francis; Gordon Hansen; Jim Martin; Brad Dutton; Abbey Mattson; Phil Carr; Jim Moon; Ellie Vitoria Kupec; Pat & Larry Martin; Barbara Liming; Becky Broce; Ken McCandless; Roberta; Baby Emma; Rudolph White; Gregory Colombe; Rebecca Vincent & family; James; Mike Daniels; Chuck Gordon; Joan Bergstrom
Peace & Comfort—Kathy Jennings & family; Bob Clark’s family; Bill Foley’s family; Noella Applegate Fox’s family; Marjorie Pugh; Lisa Tostevin; Linda England & family
Endurance & Overcoming—Betty Overson
Safety & Shelter—Animals in need of homes
Our prayers have also been asked for—Gil Head

We pray for Bishop Field as he visits Christ Church in Boonville and Christ Church in St. Joseph. Please pray for their ministries.

To place a person on this prayer list, please use a prayer request card found in the pews or contact the church office: communications@kccathedral.org.
Requests are held in prayer for 90 days.

Other Activities

Coffee and Conversations—Tuesdays • 7:30 a.m.
Qigong and Tai Chi—Thursdays • 12:45 p.m.
Young Adults—Ongoing

Formation

Mystical Tradition: Judaism, Christianity and Islam—Sundays • 9:15 a.m. • Haden Hall Purple Door Room
Inquirer’s Class—Sundays • 9:15 a.m. • Common Room
Sunday Youth Socials—Sundays • 9:15 a.m. • Haden Hall Youth Room
Youth Confirmation Class—Sundays • 9:15 a.m. • Haden Hall Orange Door Room
Children’s Chapel & Godly Play—Sundays • 10:20 a.m. • Haden Hall
Women’s Bible Study—Tuesdays • 12:30 p.m. • Common Room
GHTC Youth Group—Wednesdays • 6:45 p.m. • Haden Hall Youth Room

“I prefer to be true to myself, even at the hazard of incurring the ridicule of others, rather than to be false, and to incur my own abhorrence.”
~ Frederick Douglass

From the Social Justice Committee in honor of Black History Month
This Week’s Calendar

Sunday • February 16
- 8 a.m. Holy Eucharist
- 9 a.m. Coffee Hour
- 9:15 a.m. Adult Forum: Mystical Tradition: Judaism, Christianity and Islam
- 9:15 a.m. Inquirer’s Class
- 9:15 a.m. Rehearsal: Trinity Children’s Choir
- 9:15 a.m. Youth Confirmation Class
- 9:15 a.m. Sunday Youth Socials
- 10:15 a.m. Holy Eucharist
- 10:20 a.m. Children’s Chapel & Godly Play start in Nave, then Haden Hall
- 11:30 a.m. Coffee Hour
- 5 p.m. Choral Evensong
- 6 p.m. Organ Recital: Thomas Vozzella

Tuesday • February 18
- 7:30 a.m. Coffee & Conversations
- 12:30 p.m. Women’s Bible Study

Wednesday • February 19
- 12:05 p.m. Holy Eucharist
- 6 p.m. Rehearsal: Tallis Singers
- 6:45 p.m. GHTC Youth Group

Thursday • February 20
- 12:45 p.m. Tai Chi & Qigong
- 6 p.m. Rehearsal: Trinity Handbell Ensemble
- 7 p.m. Rehearsal: Trinity Choir

Sunday • February 23
- 8 a.m. Holy Eucharist
- 9 a.m. Coffee Hour
- 9:15 a.m. Adult Forum: Mystical Tradition: Judaism, Christianity and Islam
- 9:15 a.m. Inquirer’s Class
- 9:15 a.m. Rehearsal: Trinity Children’s Choir
- 9:15 a.m. Youth Confirmation Class
- 9:15 a.m. Sunday Youth Socials
- 10:15 a.m. Holy Eucharist
- 10:20 a.m. Children’s Chapel & Godly Play
- 11:30 a.m. Coffee Hour
- 5 p.m. Order for Evening and Holy Eucharist

To donate toward the weekly flower cost of $225, sign up online at kccathedral.org/flowers or contact the Cathedral office, jsweeting@kccathedral.org or 816.474.8260 ext. 144. Any amount is appreciated.

Visit kccathedral.org for more calendar information.