Newcomers and visitors, welcome! We are a servant church in the heart of the city. May you find here, by God’s grace, that which feeds your soul, and leave here with a heart prepared to serve.

If you are new to us or a guest, we invite you to fill out a WELCOME card, found in your pew, and either place it in the offering plate or drop it by the Connection Corner table during coffee hour in Founders’ Hall after the service.

If you need a hearing assistance device, please ask an usher.
Holy Eucharist

Service Notes
Please rise, as able, for portions of the service marked with an asterisk (*). Page numbers for the Book of Common Prayer are listed for your convenience.

Our worship together begins with a musical prelude. Thank you for listening quietly and respecting the needs of those around you for a time of prayer and meditation. Please silence all electronic devices.

Voluntary: “Durch Adams Fall ist ganz verderbt,” BuxWV 183

Dietrich Buxtehude

The Word of God

The Great Litany Please kneel, as able.

Officiant O God the Father, Creator of heaven and earth,
People Have mercy on us.

Officiant O God the Son, Redeemer of the world,
People Have mercy on us.

Officiant O God the Holy Ghost, Sanctifier of the faithful,
People Have mercy on us.

Officiant O holy, blessed, and glorious Trinity, one God,
People Have mercy on us.

Officiant Remember not, Lord Christ, our offenses, nor the offenses of our forefathers; neither reward us according to our sins. Spare us, good Lord, spare thy people, whom thou hast redeemed with thy most precious blood, and by thy mercy preserve us for ever.
People Spare us, good Lord.

Officiant From all evil and wickedness; from sin; from the crafts and assaults of the devil; and from everlasting damnation,
People Good Lord, deliver us.

Officiant From all blindness of heart; from pride, vainglory, and hypocrisy; from envy, hatred, and malice; and from all want of charity,
People Good Lord, deliver us.

Officiant From all inordinate and sinful affections; and from all the deceits of the world, the flesh, and the devil,
People Good Lord, deliver us.

Officiant From all false doctrine, heresy, and schism; from hardness of heart, and contempt of thy Word and commandment,
People Good Lord, deliver us.

Officiant From lightning and tempest; from earthquake, fire, and flood; from plague, pestilence, and famine,
People Good Lord, deliver us.

Officiant From all oppression, conspiracy, and rebellion; from violence, battle, and murder; and from dying suddenly and unprepared,
People Good Lord, deliver us.

Officiant By the mystery of thy holy Incarnation; by thy holy Nativity and submission to the Law; by thy Baptism, Fasting, and Temptation,
People Good Lord, deliver us.
By thine Agony and Bloody Sweat; by thy Cross and Passion; by thy precious Death and Burial; by thy
glorious Resurrection and Ascension; and by the Coming of the Holy Ghost,

Good Lord, deliver us.

In all time of our tribulation; in all time of our prosperity; in the hour of death, and in the day of judgment,

Good Lord, deliver us.

We sinners do beseech thee to hear us, O Lord God; and that it may please thee to rule and govern thy holy
Church Universal in the right way,

We beseech thee to hear us, good Lord.

That it may please thee to illumine all bishops, priests, and deacons, with true knowledge and
understanding of thy Word; and that both by their preaching and living, they may set it forth, and show it
accordingly,

We beseech thee to hear us, good Lord.

That it may please thee to bless and keep all thy people,

We beseech thee to hear us, good Lord.

That it may please thee to send forth laborers into thy harvest, and to draw all mankind into thy kingdom,

We beseech thee to hear us, good Lord.

That it may please thee to give to all people increase of grace to hear and receive thy Word, and to bring
forth the fruits of the Spirit,

We beseech thee to hear us, good Lord.

That it may please thee to bring into the way of truth all such as have erred, and are deceived,

We beseech thee to hear us, good Lord.

That it may please thee to give us a heart to love and fear thee, and diligently to live after thy
commandments,

We beseech thee to hear us, good Lord.

That it may please thee so to rule the hearts of thy servants, the President of the United States, and all others
in authority, that they may do justice, and love mercy, and walk in the ways of truth,

We beseech thee to hear us, good Lord.

That it may please thee to make wars to cease in all the world; to give to all nations unity, peace, and
concord; and to bestow freedom upon all peoples,

We beseech thee to hear us, good Lord.

That it may please thee to show thy pity upon all prisoners and captives, the homeless and the hungry, and
all who are desolate and oppressed,

We beseech thee to hear us, good Lord.

That it may please thee to give and preserve to our use the bountiful fruits of the earth, so that in due time
all may enjoy them,

We beseech thee to hear us, good Lord.

That it may please thee to inspire us, in our several callings, to do the work which thou givest us to do with
singleness of heart as thy servants, and for the common good,

We beseech thee to hear us, good Lord.

That it may please thee to preserve all who are in danger by reason of their labor or their travel,

We beseech thee to hear us, good Lord.

That it may please thee to preserve, and provide for, all women in childbirth, young children and orphans,
the widowed, and all whose homes are broken or torn by strife,

We beseech thee to hear us, good Lord.
Officiant That it may please thee to visit the lonely; to strengthen all who suffer in mind, body, and spirit; and to comfort with thy presence those who are failing and infirm,
People We beseech thee to hear us, good Lord.

Officiant That it may please thee to support, help, and comfort all who are in danger, necessity, and tribulation,
People We beseech thee to hear us, good Lord.

Officiant That it may please thee to have mercy upon all mankind,
People We beseech thee to hear us, good Lord.

Officiant That it may please thee to give us true repentance; to forgive us all our sins, negligences, and ignorances; and to endue us with the grace of thy Holy Spirit to amend our lives according to thy holy Word,
People We beseech thee to hear us, good Lord.

Officiant That it may please thee to forgive our enemies, persecutors, and slanderers, and to turn their hearts,
People We beseech thee to hear us, good Lord.

Officiant That it may please thee to strengthen such as do stand; to comfort and help the weak-hearted; to raise up those who fall; and finally to beat down Satan under our feet,
People We beseech thee to hear us, good Lord.

Officiant That it may please thee to grant to all the faithful departed eternal life and peace,
People We beseech thee to hear us, good Lord.

Officiant That it may please thee to grant that, in the fellowship of all the saints, we may attain to thy heavenly kingdom,
People We beseech thee to hear us, good Lord.

Officiant Son of God, we beseech thee to hear us.
People Son of God, we beseech thee to hear us.

Officiant O Lamb of God, that takest away the sins of the world,
People Have mercy upon us.

Officiant O Lamb of God, that takest away the sins of the world,
People Have mercy upon us.

Officiant O Lamb of God, that takest away the sins of the world,
People Grant us thy peace.

Officiant O Christ, hear us.
People O Christ, hear us.

Kyrie eleison

Officiant Kyrie eleison.
People Christe eleison.

Presider The Lord be with you.
People And also with you.

Presider Let us pray.

Almighty God, whose blessed Son was led by the Spirit to be tempted by Satan: Come quickly to help us who are assaulted by many temptations; and, as you know the weaknesses of each of us, let each one find you mighty to save; through Jesus Christ your Son our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.
The Lessons  All are seated. Meditative silence follows the readings.

First Reading: Genesis 2:15–17; 3:1–7

Lector  The Lord God took the man and put him in the garden of Eden to till it and keep it. And the Lord God commanded the man, “You may freely eat of every tree of the garden; but of the tree of the knowledge of good and evil you shall not eat, for in the day that you eat of it you shall die.”

Now the serpent was more crafty than any other wild animal that the Lord God had made. He said to the woman, “Did God say, ‘You shall not eat from any tree in the garden’?” The woman said to the serpent, “We may eat of the fruit of the trees in the garden; but God said, ‘You shall not eat of the fruit of the tree that is in the middle of the garden, nor shall you touch it, or you shall die.’” But the serpent said to the woman, “You will not die; for God knows that when you eat of it your eyes will be opened, and you will be like God, knowing good and evil.” So when the woman saw that the tree was good for food, and that it was a delight to the eyes, and that the tree was to be desired to make one wise, she took of its fruit and ate; and she also gave some to her husband, who was with her, and he ate. Then the eyes of both were opened, and they knew that they were naked; and they sewed fig leaves together and made loincloths for themselves.

The Word of the Lord.

People  Thanks be to God.

Psalm 32 spoken in unison

All  Happy are they whose transgressions are forgiven, *
               and whose sin is put away!

Happy are they to whom the Lord imputes no guilt, *
               and in whose spirit there is no guile!

While I held my tongue, my bones withered away, *
               because of my groaning all day long.

For your hand was heavy upon me day and night; *
               my moisture was dried up as in the heat of summer.

Then I acknowledged my sin to you, *
               and did not conceal my guilt.

I said,” I will confess my transgressions to the Lord.” *
               Then you forgave me the guilt of my sin.

Therefore all the faithful will make their prayers to you in time of trouble; *
               when the great waters overflow, they shall not reach them.

You are my hiding-place;
               you preserve me from trouble; *
               you surround me with shouts of deliverance.

“I will instruct you and teach you in the way that you should go; *
               I will guide you with my eye.

Do not be like horse or mule, which have no understanding; *
               who must be fitted with bit and bridle,
               or else they will not stay near you.”

Great are the tribulations of the wicked; *
               but mercy embraces those who trust in the Lord.

Be glad, you righteous, and rejoice in the Lord; *
               shout for joy, all who are true of heart.
Second Reading: Romans 5:12–19

Lector  As sin came into the world through one man, and death came through sin, and so death spread to all because all have sinned—sin was indeed in the world before the law, but sin is not reckoned when there is no law. Yet death exercised dominion from Adam to Moses, even over those whose sins were not like the transgression of Adam, who is a type of the one who was to come.

But the free gift is not like the trespass. For if the many died through the one man’s trespass, much more surely have the grace of God and the free gift in the grace of the one man, Jesus Christ, abounded for the many. And the free gift is not like the effect of the one man’s sin. For the judgment following one trespass brought condemnation, but the free gift following many trespasses brings justification. If, because of the one man’s trespass, death exercised dominion through that one, much more surely will those who receive the abundance of grace and the free gift of righteousness exercise dominion in life through the one man, Jesus Christ.

Therefore just as one man’s trespass led to condemnation for all, so one man’s act of righteousness leads to justification and life for all. For just as by the one man’s disobedience the many were made sinners, so by the one man’s obedience the many will be made righteous.

The Word of the Lord.

People  Thanks be to God.

* The Holy Gospel: Matthew 4:1–11

Gospeller  The Holy Gospel of our Lord Jesus Christ according to Matthew.

People  Glory to you, Lord Christ.

Gospeller  Jesus was led up by the Spirit into the wilderness to be tempted by the devil. He fasted forty days and forty nights, and afterwards he was famished. The tempter came and said to him, “If you are the Son of God, command these stones to become loaves of bread.” But he answered, “It is written, ‘One does not live by bread alone, but by every word that comes from the mouth of God.’”

Then the devil took him to the holy city and placed him on the pinnacle of the temple, saying to him, “If you are the Son of God, throw yourself down; for it is written, ‘He will command his angels concerning you,’ and ‘On their hands they will bear you up, so that you will not dash your foot against a stone.’”

Jesus said to him, “Again it is written, ‘Do not put the Lord your God to the test.’”

Again, the devil took him to a very high mountain and showed him all the kingdoms of the world and their splendor; and he said to him, “All these I will give you, if you will fall down and worship me.”

Jesus said to him, “Away with you, Satan! for it is written, ‘Worship the Lord your God, and serve only him.’”

Then the devil left him, and suddenly angels came and waited on him.

The Gospel of the Lord.

People  Praise to you, Lord Christ.

Sermon
We believe in one God, 
the Father, the Almighty, 
maker of heaven and earth, 
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, 
the only Son of God, eternally begotten of the Father, 
God from God, Light from Light, 
true God from true God, begotten, not made, 
of one Being with the Father. 
Through him all things were made. 
For us and for our salvation 
he came down from heaven: 
by the power of the Holy Spirit 
he became incarnate from the Virgin Mary, 
and was made man. 
For our sake he was crucified under Pontius Pilate; 
he suffered death and was buried. 
On the third day he rose again in accordance with the Scriptures; 
he ascended into heaven and is seated at the right hand of the Father. 
He will come again in glory to judge the living and the dead, 
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, 
who proceeds from the Father and the Son. 
With the Father and the Son he is worshiped and glorified. 
He has spoken through the Prophets. 
We believe in one holy catholic and apostolic Church. 
We acknowledge one baptism for the forgiveness of sins. 
We look for the resurrection of the dead, and the life of the world to come. Amen.

The peace of the Lord be always with you.
And also with you.

Those celebrating anniversaries of birth, marriage, and other joyous occasions are invited to come forward for prayer.

O God, our times are in your hand: Look with favor, we pray, on your servant(s) as they begin another year. Grant that they may grow in wisdom and grace, and strengthen their trust in your goodness all the days of their lives; through Jesus Christ our Lord. Amen.
The Holy Communion

Offertory Hymn: “Be still, my soul”

1. Be still, my soul: the Lord is on thy side.
2. Be still, my soul: thy God doth undertake
3. Be still, my soul: the hour is hastening on

Bear patiently the cross of grief or pain.
to guide the future surely as the past.
when we shall be forever with the Lord;

Leave to thy God to order and provide,
Thy hope, thy confidence let nothing shake;
when disappointment, grief, and fear are gone,

who through all changes faithful will remain.
all now mysterious shall be bright at last.
sorrow forgot, love’s purest joys restored.

Be still, my soul: thy best, thy heavenly Friend
Be still, my soul: the waves and winds still know
Be still, my soul: when change and tears are past
* Presentation Hymn #143: “The glory of these forty days”

1 The glory of these forty days we celebrate with songs of praise; for Christ, through whom all things were made, himself has fasted and has prayed.
2 Alone and fasting Moses saw the living God who gave the law; and to Elijah, friend, became the herald of Messiah's name.
3 So Daniel trained his mystic sight, deeds; our spirits strengthen.
4 Then grant us, Lord, like them to be full
5 O Father, Son, and Spirit blest, to


* The Great Thanksgiving

Presider The Lord be with you.
People And also with you.
Presider Lift up your hearts.
People We lift them to the Lord.
Presider Let us give thanks to the Lord our God.
People It is right to give God thanks and praise.
Presider It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth. (Here a Proper Preface is sung or said on all Sundays, and on other occasions as appointed.) Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:
All Holy, holy, holy Lord, God of power and might, heaven and earth are full of your glory.
      Hosanna in the highest.
Blessed is he who comes in the name of the Lord.
      Hosanna in the highest.
Holy and gracious Father: In your infinite love you made us for yourself; and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all.

He stretched out his arms upon the cross, and offered himself in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, “Take, eat: This is my Body, which is given for you. Do this for the remembrance of me.”

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, “Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me.”

Therefore we proclaim the mystery of faith:

Christ has died.
Christ is risen.
Christ will come again.

We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts.

Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. Amen.

Our Father, who art in heaven,
hallowed be thy Name,
ythy kingdom come,
ythy will be done,
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those
who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom,
and the power, and the glory,
for ever and ever. Amen.

Christ our Passover is sacrificed for us;
Therefore let us keep the feast.
The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.
Communion

- All are welcome to receive communion or a blessing.
- For gluten-free bread, cross your hands palms down.
- For a blessing, cross your hands over your chest.
- Prayer for healing is offered at the prayer desk until the close of worship.

* Postcommunion Prayer

All Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.

* Prayer Over the People

Presider Grant, Almighty God, that your people may recognize their weakness and put their whole trust in your strength, so that they may rejoice for ever in the protection of your loving providence; through Christ our Lord. Amen.

* Dismissal

Deacon Go in peace to love and serve the Lord.

People Thanks be to God.

* Sending Hymn #150: “Forty days and forty nights”

You are welcome to take your bulletin home to reference the announcements.
Please join us in Founders’ Hall for coffee and refreshments.

### Announcements for the Week of March 1, 2020

#### Up Next

**Farewell Reception for Canon Christy**
Today • 9 & 11:30 a.m.
Canon Christy Dorn’s last service is today. Stop by coffee hour after either morning service and say goodbye. We hope you can join us as we wish her well!

**Resurrection Garden Workshop**
Today • 11:45 a.m.
Mark the first Sunday of Lent by making a resurrection garden to take home. The garden can be used throughout Lent as a focal point for your devotions, during Holy Week to remember the crucifixion and burial of Jesus and can be transformed into a beautiful Easter centerpiece. A donation of $10 per garden is suggested to cover supplies.

**Urban Necessities Drive**
Through April 12
Urban Necessities Project is in its second year as a ministry of the city center parishes (GHTC, St. Mary’s and St. Augustine’s), which provides an assortment of basic necessities primarily of personal hygiene which are not included in SNAP government programs. The basics provided are toothpaste (6-8 oz tubes), bath soap (4 oz individually wrapped bars for men and women), shampoos (12-14 oz sizes for men and women) and stick deodorant (3-4 oz sizes for men and women). Please bring the aforementioned basic necessities to the outreach baskets or make a donation to the project (checks made to GHTC with a notation for Urban Necessities) and we will select the items on your behalf. Thank you for supporting this outreach project.

**Stations of the Cross**
Fridays during Lent • 5:15 p.m.
March 13, 27: Service held at CIC
March 6, 20, April 3: Service held at GHTC
In partnership with the Cathedral of the Immaculate Conception, we will offer the Stations of the Cross every Friday evening during Lent.

**Lent Food Drive for the Downtown Outreach Food Pantry**
March 1–April 12
Place non-perishable food for the Downtown Outreach Food Pantry in the big basket in the Tower. Thank you for your support!

**Week of 3/8:** Mac and Cheese
Up Next (cont.)

**Wednesdays during Lent**
**March 4—April 1 • 6 p.m.**
Join us for a meal, formation and compline each Wednesday during Lent. The gathering will start with a meal at 6 p.m., followed by a class led by Dean Andy at 6:30 p.m. and we will conclude the evening with compline at 7:45 p.m. Children’s activities and nursery care will be available. More details available at kccathedral.org/adultformation.

**Young Adults Jeffersonian Dinner**
**March 7 • 5:30–7:30 p.m. • St. Paul’s (11 E. 40th St, KC, MO 64111)**
The Cathedral’s Young Adults will join other area Episcopal Young Adults for a Jeffersonian Dinner in St. Paul’s Garden Room. Jeffersonian Dinners create meaningful conversation by tapping into the wisdom of the room through a simple format based on empowering everyone present to share their perspectives and personal stories. The hope is to generate connections that last well beyond the shared meal and a conversation that lives on. Onsite childcare is available for $3 per child, with dinner provided. To attend, please email Nick Smith at ns938689@gmail.com for a link to register for free tickets.

**Bach B-minor Mass presented by Spire Chamber Ensemble**
**March 7 • 7:30 p.m.**
When Bach assembled the B-minor Mass in his final years, he crystallized his lifelong mission to express faith through music into one staggering compendium of intellectual and spiritual exaltation. Tickets are available at artful.ly/store/events/18566. $25—General Admission (use discount codeTAKE10 for $10 off); $10—Student tickets available at the door.

**BackSnack Family Bag Packing**
**March 8 • 9 a.m.**
Meet in Haden Hall to help pack family bags for kids in the BackSnack program. Family bags contain additional food to supplement their meals when children are on school vacation.

**Adult Forum: Gun Violence and Our Youth**
**March 8 • 9:15 a.m.**
Join us in the Founders’ Hall Multipurpose Room for this one-off adult forum on Gun Violence and Our Youth. This forum will provide an opportunity to hear directly from GHTC youth on a critical issue affecting their lives, and offer ways to become involved in combatting this violence.

**Choral Evensong and Organ Recital**
**March 15 • 5 p.m.**
Evensong is a service of hymns, choral anthems, Bible readings and prayers—it is a time to listen, pray, meditate and sing. Holy Eucharist from the reserve sacrament will be offered in the Chapel immediately following Evensong. The March recital is by Ann Marie Rigler. Dr. Rigler is Professor of Music and College Organist at William Jewell College in Liberty, Missouri and organist for Country Club United Methodist Church in Kansas City, Missouri.

**Movie Night at the Cathedral**
**March 20 • 6 p.m.**
Join us for Movie Night at the Cathedral! We'll meet downstairs in the Founders’ Hall Cathedral Café for a potluck dinner (please bring a dish to share) and movie, followed by discussion. The movie for March is The Upside, starring Kevin Hart, Nicole Kidman and Bryan Cranston. A recently paroled ex-con strikes up an unusual and unlikely friendship with a quadriplegic billionaire. This funny and warm-hearted comedy is based on a true story. 2019, PG-13.

**Readers Book Club**
**March 22 • 11:45 a.m.**
Our next Readers Book Club Meeting is Sunday, March 22 in the Common Room. We will discuss The Tea Girl of Hummingbird Lane by Lisa See.

For any additional information or questions contact Jackye Finnie, jpfinnie@aol.com, or Joyce Morrow, jemorrow@kc.rr.com.

**Palm Cross Workshop**
**March 29 • 9 & 11:30 a.m.**
Help make crosses out of palm leaves for Palm Sunday. Please bring your scissors. Someone will help you, if needed. Extra palms are available to make crosses at home and return by Palm Sunday. Crosses are also given to St. Luke’s Hospital and Hospice, and Bishop Spencer Place. Contact Janet Sweeting, jsweeting@kccathedral.org, with questions.

Would you like to include something in the bulletin announcements? Submissions must be received at communications@kccathedral.org no later than 12 noon on Wednesdays.

Interested in representing the Cathedral as a delegate to the next Diocesan Convention in Springfield this fall? Contact Dean Andy, akeyse@kccathedral.org, by Sunday, March 15 for more information and how to apply.
Formation during Lent

**Mystical Tradition: Judaism, Christianity and Islam**—Sundays through March 22 • 9:15 a.m. • Haden Hall Purple Door Room

Mystical experiences and practices—including dramatic visions, direct communication with the divine, intense spiritual quests, and hermetic lifestyles—are commonly associated with Eastern cultures. They are thought to be far removed from the monotheistic traditions of Judaism, Christianity, and Islam. In Mystical Tradition: Judaism, Christianity and Islam, explore this spiritual, literary and intellectual heritage in these great faiths as it unfolds over three millennia. Contact class facilitator Deacon Jerry Grabher with questions, j.grabher3@gmail.com.

**Gun Violence and Our Youth**—Sunday, March 8 • 9:15 a.m. • Founders’ Hall Multipurpose Room

Join us in the Founders’ Hall Multipurpose Room for this one-off adult forum on Gun Violence and Our Youth. This forum will provide an opportunity to hear directly from GHTC youth on a critical issue affecting their lives, and offer ways to become involved in combatting this violence.

**Sunday Youth Socials**—Sundays • 9:15 a.m. • Haden Hall Youth Room

The youth room is open to all youth on Sunday mornings for coffee, gathering and lectionary-based Bible study prompts.

**Youth Confirmation Class**—Sundays • 9:15 a.m. • Haden Hall Orange Door Room

Please keep our candidates for Confirmation in your prayers as they engage in prayer and study this spring. Confirmands will participate in the Area Confirmation this spring with candidates from other local parishes.

**Children’s Chapel & Godly Play**—Sundays • 10:20 a.m. • Haden Hall

During Lent, children in Godly Play (preK–2nd grade) will hear stories leading up to Jesus death and resurrection. In children’s chapel (3rd–5th graders), kids will work on a Lego project to create scenes from Holy Week. Children will be encouraged to save coins during Lent to bring on Palm Sunday (April 5) for the Noisy Offering.

**Women’s Bible Study**—Tuesdays • 12:30 p.m. • Common Room

The Women’s Bible Study group meets in the Common Room on Tuesdays at 12:30 p.m. for an hour or so. The group uses various study series as inspiration for its discussions. Discussions are lively, thought-provoking and often irreverent. All are welcome. If you have the inclination, but not the book—come anyway and someone will share!


**Lenten Bible Study: The Book of Revelation (or The Revelation of John)**—Wednesdays, March 4–April 1 • Founders’ Hall

6 p.m.: dinner; 6:30–7:45 p.m.: class; 7:45 p.m.: compline

Have you ever wondered about the last book of the New Testament, why it’s there and what it means? Where did we get the word Apocalypse and who are the Four Horsemen? Why not come to the Cathedral on Wednesdays during Lent and find out! Join Dean Andy as he leads a Bible study on the Book of Revelation. You’ll learn about Apocalyptic literature and what all the crazy creatures mean as we go through the book together. Activities for children and nursery care will be available.

**GHTC Youth Group**—Wednesdays • 6:45 p.m. • Haden Hall Youth Room

Youth in grades 6–12 are invited to weekly Youth Group on Wednesday evenings. Youth group during Lent will focus on personal spiritual practices, meditating on Scripture and growing in our faith together in community. Youth Group meets from 6:45–8:30 p.m. in the Haden Hall Youth Room and always includes dinner and worship. Youth are also encouraged to participate in Network and Diocesan ministry throughout Lent to strengthen relationships with God and each other. For more information, contact Alexandra, youthformation@kccathedral.org.
Cathedral Prayer List

Pray for:
Healing—Sonya Kittrell; Donna Carril; Jeff Oliver; David With; Lida Moffett; Thaddeus Samuel Withers; Eric & Burma Cenovich; Pat Leive; Betsy Chase; Pat McKenna; Yolie Polakowski; Peg Morgan; Linda Perece; Tara Bennett; Joanne Repass Jones; Horst & Gudrun Döding; Gaelle Marchand; Jim Royer; Bill Blakey; Linda Frost; Gordon Hansen; Jim Martin; Brad Dutton; Abbey Mattson; Phil Carr; Jim Moon; Ellie Vitoria Kupec; Pat & Larry Martin; Barbara Liming; Becky Broce; Ken McCandless; Roberta; Baby Emma; Rudolph White; Gregory Colombe; Rebecca Vincent & family; James; Mike Daniels
Peace & Comfort—Kathy Jennings & family; Bob Clark’s family; Bill Foley’s family; Noella Applegate Fox’s family; Marjorie Pugh; Lisa Tostevin; Linda England & family
Endurance & Overcoming—Betty Ovverson
Safety & Shelter—Animals in need of homes
Our prayers have also been asked for—Gil Head

We pray for Bishop Field as he visits St. Paul’s Church in Maryville. Please pray for their ministries.

To place a person on this prayer list, please use a prayer request card found in the pews or contact the church office: communications@kccathedral.org. Requests are held in prayer for 90 days.

Birthdays & Anniversaries

March 1
Sophia Marrs
Augusta Wilbon

March 2
Chris Morgan
Zoë Jones
Karen Kissinger

March 3
Phyllis Biddle
James Norris

March 4
Liam McKeown
Bob Richmond
John & Kay Callison

March 5
Mathias Nichols

March 7
David White
Byron McNeil

Easter Flower Donations

Your generous gifts, in memory of or in thanksgiving for a loved one, help provide flowers. The Easter flower envelopes are available at the back of the Nave. Return the envelope to the office by Sunday, April 5, for your name to be included in the Easter bulletins.

Thank you for your gifts in celebration of the Resurrection of Jesus Christ.

Today’s Flowers to the Glory of God and ...

• in thanksgiving for Karen & Jim Kissinger on their birthdays—Carolyn Coleman

Holy Hands Ministry

Do you enjoy food?
If so, the Holy Hands Ministry is the perfect opportunity for you! Holy Hands Ministry brings people together each Sunday, following the services, to have conversation and enjoy a snack.

What is expected?
Once each month, September through May you bring 3 or 4 snacks to share. These may be homemade or purchased. Team members arrange their snacks on the tables for everyone to enjoy.

When do you need me?
You can join any of our teams that serve one Sunday a month (or on 5th Sundays) after the 8 a.m. or 10:15 a.m. service.

Special Events Team
This team will plan special hospitality events throughout the year. We need members who like to plan these events and decorate!

Interested? Have questions? Please Contact Leticia Porter at leticiaporter@gmail.com.
### This Week’s Calendar

#### Sunday • March 1

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>8 a.m.</td>
<td>Holy Eucharist</td>
<td>Nave</td>
</tr>
<tr>
<td>9 a.m.</td>
<td>Coffee Hour/Farewell Reception for Canon Christy</td>
<td>Founders’ Hall</td>
</tr>
<tr>
<td>9:15 a.m.</td>
<td>Adult Forum: <em>Mystical Tradition: Judaism, Christianity and Islam</em></td>
<td>Haden Hall Purple Door Room</td>
</tr>
<tr>
<td>9:15 a.m.</td>
<td>Inquirer's Class</td>
<td>Common Room</td>
</tr>
<tr>
<td>9:15 a.m.</td>
<td>Rehearsal: Trinity Children's Choir</td>
<td>Haden Hall Orange Door Room</td>
</tr>
<tr>
<td>9:15 a.m.</td>
<td>Youth Confirmation Class</td>
<td>Haden Hall Youth Room</td>
</tr>
<tr>
<td>9:15 a.m.</td>
<td>Sunday Youth Socials</td>
<td>Haden Hall Youth Room</td>
</tr>
<tr>
<td>10:15 a.m.</td>
<td>Holy Eucharist</td>
<td>Nave</td>
</tr>
<tr>
<td>10:20 a.m.</td>
<td>Children's Chapel &amp; Godly Play</td>
<td>start in Nave, then Haden Hall</td>
</tr>
<tr>
<td>11:30 a.m.</td>
<td>Coffee Hour/Farewell Reception for Canon Christy</td>
<td>Founders’ Hall</td>
</tr>
<tr>
<td>11:45 a.m.</td>
<td>Resurrection Garden Workshop</td>
<td>Founders’ Hall</td>
</tr>
<tr>
<td>11:45 a.m.</td>
<td>Rehearsal: Trinity Children's Choir</td>
<td>Founders’ Hall</td>
</tr>
<tr>
<td>5 p.m.</td>
<td>Order for Evening and Holy Eucharist</td>
<td>Nave</td>
</tr>
</tbody>
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#### Tuesday • March 3

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>7:30 a.m.</td>
<td>Coffee &amp; Conversations</td>
<td>Founders’ Hall Café</td>
</tr>
<tr>
<td>12:30 p.m.</td>
<td>Women's Bible Study</td>
<td>Common Room</td>
</tr>
</tbody>
</table>

#### Wednesday • March 4

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>12:05 p.m.</td>
<td>Holy Eucharist</td>
<td>Chapel</td>
</tr>
<tr>
<td>6 p.m.</td>
<td>Rehearsal: Trinity Choir</td>
<td>Haden Hall</td>
</tr>
<tr>
<td>6 p.m.</td>
<td>Lenten Bible Study (6 p.m.—Dinner, 6:30—Class, 6:45—Compline)</td>
<td>Founders’ Hall</td>
</tr>
<tr>
<td>6:45 p.m.</td>
<td>GHTC Youth Group</td>
<td>Haden Hall Youth Room</td>
</tr>
</tbody>
</table>

#### Thursday • March 5

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>12:45 p.m.</td>
<td>Tai Chi &amp; Qigong</td>
<td>Common Room</td>
</tr>
<tr>
<td>6 p.m.</td>
<td>Rehearsal: Trinity Handbell Ensemble</td>
<td>Haden Hall</td>
</tr>
<tr>
<td>7 p.m.</td>
<td>Rehearsal: Trinity Choir</td>
<td>Haden Hall</td>
</tr>
</tbody>
</table>

#### Friday • March 6

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>5:15 p.m.</td>
<td>Stations of the Cross</td>
<td>Nave</td>
</tr>
</tbody>
</table>

#### Saturday • March 7

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>5:30 p.m.</td>
<td>Young Adults Jeffersonian Dinner</td>
<td>St. Paul's, KCMO</td>
</tr>
<tr>
<td>7:30 p.m.</td>
<td><em>Bach B-minor Mass</em> presented by Spire Chamber Ensemble</td>
<td>Nave</td>
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#### Sunday • March 8

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<td>9 a.m.</td>
<td>Coffee Hour</td>
<td>Founders’ Hall</td>
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<tr>
<td>9 a.m.</td>
<td>BackSnack Family Bag Packing</td>
<td>Haden Hall</td>
</tr>
<tr>
<td>9:15 a.m.</td>
<td>Adult Forum: <em>Gun Violence and Our Youth</em></td>
<td>Founders’ Hall Multipurpose Room</td>
</tr>
<tr>
<td>9:15 a.m.</td>
<td>Adult Forum: <em>Mystical Tradition: Judaism, Christianity and Islam</em></td>
<td>Haden Hall Purple Door Room</td>
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<td>9:15 a.m.</td>
<td>Inquirer's Class</td>
<td>Common Room</td>
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<td>9:15 a.m.</td>
<td>Rehearsal: Trinity Children's Choir</td>
<td>Haden Hall Blue Door Room</td>
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<td>9:15 a.m.</td>
<td>Youth Confirmation Class</td>
<td>Haden Hall Orange Door Room</td>
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<td>Sunday Youth Socials</td>
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*Visit kccathedral.org for more calendar information.*