A Two-Edged Sword

We have been living in a state of flux here at the Cathedral for the past three years. First there was Dean Peter DeVeau’s stroke and the resulting anxiety as we waited to see how he would recover. Then, with the arrival of Interim Dean Evelyn Hornaday, we went through all the necessary steps (some of them painful) to begin the process of calling a new dean. In short, we have been in a constant state of anticipation for quite some time.

Anticipation is a two-edged sword, in my opinion. If whatever we are waiting for is perceived to be positive, the anticipation can be wonderful. The following quote sums that thought up nicely.

“Anticipating pain was like enduring it twice. Why not anticipate pleasure instead?”

~ Robin Hobb, Renegade’s Magic

Thankfully, we have control over how we choose to perceive the changes we are anticipating. I know that change is sometimes frightening, but with just a little shift in one’s attitude, change can become exhilarating.

So while we are waiting for our new dean to be called, just remember that perception is everything. Why not choose to focus on the positive?

~ Melissa Scheffler

However, if the outcome for which we are waiting is thought to be negative, the anticipation can be downright torturous.

“Eating Honey was a very good thing to do, there was a moment just before you began to eat it which was better than when you were, but he didn’t know what it was called.”

~ A. A. Milne, Winnie-the-Pooh

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~ Robin Hobb, Renegade’s Magic

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So while we are waiting for our new dean to be called, just remember that perception is everything. Why not choose to focus on the positive?

~ Melissa Scheffler
The Angelus
Autumn 2019

The magazine of Grace and Holy Trinity Cathedral is published quarterly as a service to all parishioners, clergy, staff and friends of the Cathedral.

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On the cover: The leaves of a maple tree, just beginning to change color. Photo courtesy of Pixabay.
Anticipation is excitement, ever-growing, moving our hearts forward while we wait for what is yet to be. Anticipation weaves its way throughout Scripture; Noah and Moses were filled with anticipation as they obeyed God’s call. Anticipation propels us to look to God and to place our hope and trust in God’s goodness. Anticipation is an important part of life.

What are you anticipating that brings you joy—
• a change of seasons?
• a new movie coming out?
• the birth of a child?
• watching a favorite sports team?
• going off to college?
• a vacation?

As writer John Green puts it, “The pleasure is not in doing the thing; the pleasure is in planning it,” (from Paper Towns). My husband, Larry, could certainly relate to that. He delights in vacation planning. For him, planning the trip is at least as gratifying as the trip itself.

Whatever it might be that you are anticipating, do you wonder what it will be like? When Larry and I were going through the process to adopt our two daughters from China, we were filled with anticipation. They were happy times filled with hope and wonder, with deep longings seeking to be fulfilled, and maybe a tiny bit of anxiety. We spent time preparing. We completed mounds of paperwork required by governments and agencies, we decorated rooms, purchased clothes and toys, packed and re-packed, for a trip of a lifetime. When we received their photos for the first time, we studied every inch of their little faces.

You may remember the old Heinz ketchup commercial from 1978, in which Carly Simon sings the song, “Anticipation,” while ketchup slowly hangs in mid-air. We hear the tag line, “The taste is worth the wait.” Anticipation involves waiting; may it be a joyful waiting.

“Anticipation involves waiting; may it be a joyful waiting.”

There’s an air of growing anticipation around the Cathedral these days as we continue our search for a new dean, and as we look forward to the beginning of a new chapter in our Cathedral life together. As we anticipate, we prepare and make ready; we continue to move forward. Anticipation is faith in motion. It’s empowered by the Holy Spirit. May we have that spirit of anticipation and may we always look to God, “who is always able to accomplish more than we can ask or imagine.” (Eph. 3:20).

—Christy Dorn

As we anticipate the selection and arrival of a new dean, please keep everyone involved in your prayers.

Dean Search Prayer

Almighty God, giver of every good gift: Look graciously on your Church, and so guide the minds of those who shall choose a dean for this Cathedral, that we may receive a faithful pastor, who will care for your people and equip us for our ministries; through Jesus Christ our Lord. Amen.
Continuing to Wonder: Godly Play at GHTC

This August Children’s Ministry leaders Vern Barnet, Aaron Dutton, Lisa Thomas and Julie Brogno attended an 18-hour Godly Play Core Training hosted by GHTC. Participants discussed the guiding principles of Godly Play, told stories and listened to stories, and learned from one another.

At the end of Godly Play stories, children are asked to think about the story with wondering questions like: I wonder what part of the story you like best? I wonder where you are in this story? I wonder if you have ever come close to anything in this story? Children naturally wonder wherever they are, so this is not a new concept to them, but it is a key moment during a Godly Play session.

According to Jerome Berryman in Teaching Godly Play, wondering “opens the creative process and draws both the lesson and the child’s life experience into the personal creation of meaning.” Wondering allows children the space to make meaning of the Biblical stories they hear rather than being told what they should think. This allows them to “create meaning with the Christian language system” and find personal theological meaning rather than simply memorizing concepts or others’ ideas (Berryman, 42-46).

This fall, a second Godly Play room has been opened, so more children are able to wonder with us during the 10:15 a.m. worship service! We now have one room for preschoolers and kindergarteners and one for first and second graders. Fortunately, the Cathedral already owned some extra Godly Play materials, so we were able to partially outfit an additional room without much expense. Children in the first and second grade room will be able to move up through Godly Play’s spiral curriculum which includes the core stories that they have already worked with in addition to extension stories, which expand on the core stories. For example, the older children will hear the story of The Exodus and then will learn more about Moses through an extension story just about him.

How can you help us as we wonder? Consider volunteering your time to lead chapel or Godly Play sessions. Or make a financial contribution to our ministry. Please contact me if you’d like to learn more at childrensformation@kccathedral.org.

—Julie Brogno

“Wondering opens the creative process and draws both the lesson and the child’s life experience into the personal creation of meaning.”
started the trek to Glacier National Park. The purpose of Diocesan Youth Pilgrimages is to allow youth the opportunity to connect more deeply to their faith. Pilgrimages are offered every three years, alternating focus between cities (the start of the church in America) and nature (typically National Parks). This year’s creation-centric trip allowed everyone involved to deeply reflect on our natural environment and our place in it. Through hikes (so many super long hikes!), worship and reflections at the campsite, and communing together in creation, we were all able to find stillness.

MissionPalooza
As one of the most longstanding events in our Diocesan Youth Ministry Program, MissionPalooza goes back to one of most

Why Summer Matters—A look back on Summer 2019
A lot of us, myself included, thrive on the full calendar, schedule of activities and routine that come with the new school year. However, the freedom and creativity of the summer months often offer us a lot of room to grow. This past summer with our youth was spiritual, rewarding and wholly life changing. Take a quick look back through the 2019 youth ministry summer!

Camp WeMO
Incoming sixth grade through newly graduated youth from the entire Diocese gathered together at Camp Wakonda for a jam packed week of prayer, exploration and community. Our newest youth to the community were embraced and we sent off our graduates with love. Camp is one of the greatest expressions of the youth community gathered together! During camp we are blessed to be visited by clergy throughout the diocese to learn and expand our horizons. Camp also affords opportunities to participate in new and exciting activities like ziplining, archery and exploratory nature expeditions. This first event of the summer set the tone for all we had yet to experience together.

Happening #78
This year, the youth leadership of the Diocese made the decision to transition Happening to the summer. We had our first summer Happening this year with great success! This spiritual retreat for and by high school youth provides a safe space for everyone involved to grow, connect and to just be. The Cathedral youth showed up in force, making up the majority of the youth staff team for this event. We are excited for the next happening, which will be co-led by our own Caroline Bennett!

Pilgrimage
Just a few short days after the conclusion of Happening, youth and adult leaders loaded up vans and started the trek to Glacier National Park. The purpose of Diocesan Youth Pilgrimages is to allow youth the opportunity to connect more deeply to their faith. Pilgrimages are offered every three years, alternating focus between cities (the start of the church in America) and nature (typically National Parks). This year’s creation-centric trip allowed everyone involved to deeply reflect on our natural environment and our place in it. Through hikes (so many super long hikes!), worship and reflections at the campsite, and communing together in creation, we were all able to find stillness.
basic callings, serving others. This full week-long event held in urban Kansas City had youth fanned across the metro performing acts of services at a wide range of organizations. Our youth worked on projects ranging from painting to cooking and serving meals to manual labor at Habitat to cleaning and caring for animals at local shelters. Many of the organizations that we partnered with during this week reported back that the work completed tackled their to-do lists for months to come!

As summer wrapped up and we move into fall, what do we take away? How do we hold on to the joy, calm and peace that is often found in summer months and activities as we move into fall? I hope that all of us take the lessons and positive experiences we had this summer (be it in the youth ministry setting or otherwise!) and use them to power us through the fall and winter! If you’re interested in more photos from this summer, check out @ghtcyouth on Instagram.

**Coming Up for Fall**

The fall program year is well underway! We have many opportunities for youth to grow formationally, gather in fellowship and connect with the larger church.

The main gathering for youth in grades 6–12 is Wednesday Night Youth Group! All 6th–12th graders are invited to the Haden Hall youth room each week at 6:45 p.m. for fellowship. We move into dinner and program at 7 p.m. Each meeting concludes with worship and is wrapped up by 8:30 p.m. We hope you’ll join us this semester as we learn about the beauty of liturgy and all of the amazing things the *Book of Common Prayer* has to offer!

Senior High youth (9th–12th grade) are also encouraged to stop by the youth room on Sunday mornings before church for an intimate, lectionary-based Senior High Bible Study.

GHTC Youth Ministries is also closely connected with Regional Youth Ministry and Diocesan Youth Ministry. Make sure you have the following events and activities on your calendars:

- **Wednesday Youth Group**—Every Wednesday from 6:45–8:30 p.m. in the Youth Room
- **October 12-13**—Regional Ministry Corn Maze and Lock-In (at Good Shepherd)
- **October 25-26**—Diocesan Youth Event at GHTC (concurrent with Diocesan Convention)
- **December 14**—Regional Ministry Advent Outreach

Make sure that you are staying up to date with @ghtcyouth on Instagram! If you would like to receive weekly youth ministry updates, please email youthformation@kccathedral.org to be added to the distribution list.

**Welcome Back, Katie!**

The GHTC Youth Ministry team is thrilled to welcome back Katie Mansfield as our Youth Ministry intern for the 2019–2020 school year. Katie is a Junior at UMKC studying Psychology. Katie came to us from Grace Church Carthage after being an active member of the WeMO youth community herself. Having Katie as a part of our leadership team is a true joy; she brings a passion for our youth and their formation that we are so blessed to have.

Make sure to say hi to Katie when you see her around the Cathedral and welcome her back to our community!

—Alexandra Connors

**Other Activities**

**Yoga Recap**

This past summer we invited our neighbors onto the Cathedral grounds and expanded our boundaries by offering a once a month outdoor Yoga class. Thank you to everyone that came out to engage in yoga practice and expose the Cathedral to our downtown neighbors. Be looking for more opportunities to engage with our neighborhood this fall!

**Post-High School Connection**

Connection to the church doesn’t just end when you graduate high school! We want to keep up with our community members as they take on new endeavors after high school. If you are interested in periodic gatherings during school breaks, a regular check-in and resources on how to stay connected, please send an email to youthformation@kccathedral.org to be added to our group.

—Alexandra Connors
Volunteer Recognition

Outreach Ministries wants to recognize Ric Sweeting as an outstanding volunteer. Ric is a Eucharistic minister at the 10:15 a.m. service and an active member of the Building and Grounds Committee. Ric has recently taken over the gardening committee at the Cathedral, and the gardens are being enjoyed and admired by everyone in the congregation. Gerry Reynaud would be honored that Ric is continuing his legacy of maintaining the Cathedral grounds. Ric has volunteered with other members of the Building and Grounds Committee to remove old fencing by the dumpsters, make a cover for the back of the fountain, get dead trees removed and he has been instrumental in doing research with the city to improve the sidewalks bordering the Cathedral on 14th Street. Ric is also a very active and valued member of the BackSnack team and takes on extra deliveries to help out whenever needed. When Ric is not at the Cathedral, he is often volunteering at the Kansas City Community Kitchen or the World War I Museum. Please congratulate Ric Sweeting for his dedication and generosity in maintaining the gardens around the Cathedral, offering his time and talents to the building and grounds committee, being a dedicated volunteer to the BackSnack team and being a community volunteer.

—Terri Curran

Birthday Gift Cards for Foster Children

Help a child in the foster care system by donating $25 for a birthday gift card. These gift cards are given to children who do not receive any other gifts to celebrate their birthdays. Please consider this very special ministry of making children feel special on their birthdays. You may mail your donation to the office or place in the offering plate.

HappyBottoms Attitude of Gratitude Fundraiser

November 14 • 5:30 p.m.

The Cathedral is proud to be a sponsor for the HappyBottoms Attitude of Gratitude fundraiser. HappyBottoms helps support 11,500 babies by giving families access to diapers. This year’s event will include food, drinks and spirited giving through live and silent auctions. For more information and to purchase tickets, please visit happybottoms.org.
Dinner at Sheffield Place
October 19 • 5 p.m.
Outreach Ministries will be providing dinner for the women and children of Sheffield Place on Saturday, October 19 at 6604 E. 12th Street from 5–7 p.m. To be part of this volunteer opportunity, please contact Terri Curran at tcurra2@yahoo.com. Sheffield Place has assisted more than 1,000 families in making the difficult journey from homelessness to self-sufficiency. Empowering the families to heal from the severe, chronic and continuous trauma they have experienced is the first step in the process of self-sufficiency.

Women of Grace Christmas Luncheon
December 14 • 10:30 a.m.
Women of Grace Christmas Luncheon will be Saturday, December 14 from 10:30 a.m.–12:30 p.m. in Haden Hall. Before having lunch, attendees will be assembling treat bags for the Residential Christmas Party at Crittenton and children in foster care, as well as treat bags for BackSnack students. Come be a part of this great service opportunity and enjoy fellowship during lunch.

Help with BackSnacks
Every other Wednesday
Outreach at the Cathedral will continue to provide BackSnacks to five schools in three different school districts for children who are food insecure over the weekends. Volunteers are always needed to help pack or help deliver to the schools. Packing back snacks takes place every other Wednesday morning. Drivers are needed every Wednesday or Thursday to deliver to the schools during school hours for children over the weekend. If you cannot commit to a regular schedule, substitute drivers are needed for holiday deliveries or vacation schedules. Contact Terri Curran at tcurra2@yahoo.com.

Stocking Stuffers for Crittenton Children’s Center
November
This year Outreach will be collecting items for stocking stuffers for the teens in the residential program at Crittenton Children’s Center. Some of the suggested items include: small stuffed animals, decks of cards or card games (Uno, Skipbo, etc.), gel pens, journals (not wire bound), coloring books (for teens), chap stick/lip gloss, fun socks and gloves (for females and males), and water bottles. Please remember these teens as you are doing your holiday shopping.

Holiday Food for St. Mary’s Pantry
November and December
With the holidays just around the corner, let’s make sure those less fortunate have plenty of food. During the month of November and December, please remember to bring food for St. Mary’s pantry that will make someone’s holiday dinner a little more special. Please include stuffing mixes, boxed mashed potatoes, cake and brownie mixes, canned meats and soups, and, of course, canned fruits and vegetables.
Music News and Events

New Assistant Organist

Dr. Mark Stotler will be joining the Cathedral staff in October as our new Assistant Organist. Mark is currently Organist of Trinity Episcopal Church in Lawrence, and his first Sunday at the Cathedral will be October 20. A native of West Virginia, he holds degrees from Shepherd University, Hood College (MD), Loyola College, and the University of Kansas, where he recently completed a Doctor of Musical Arts degree in organ performance as a student of Dr. James Higdon. Please join us in welcoming Mark and his husband Carl to the Cathedral family!

Te Deum Chamber Choir presents
Be a Blessing
Saturday, October 19 • 7:30 p.m.

The Kansas City area-based chamber choir, led by Artistic Director Matthew Christopher Shepherd, presents a concert based on the Beatitudes. The program will feature The Beatitudes by Patrick Hawes and works by Melissa Dunphy, Kurt Knecht, Shawn Kirchner, James MacMillan, Jake Runestad and Rosephanye Powell. For tickets, please visit te-deum.org.

Choral Evensong

Choral Evensong is offered on the third Sunday of the month (October–May) at 5 p.m. by the Trinity Choir. This contemplative service lasts about 45 minutes and includes hymns, scripture readings, prayers, chanted Psalms, canticles and a choir anthem. With its origins in Archbishop Thomas Cranmer’s Book of Common Prayer (1549), Evensong is one of the most uniquely Anglican liturgies and is sung in cathedrals and parishes throughout the world.

Evensong Organ Recital Series

This season, the Cathedral is presenting an organ recital series at 6 p.m. following services of Choral Evensong. These free hour-long programs will feature the Cathedral’s beautiful Gabriel Kney organ.

Upcoming recitalists:

October 20—Geoffrey Wilcken
Dr. Geoffrey Wilcken is a prolific composer, organist, conductor and pianist. He is currently Organist of St. Mary’s Episcopal Church in downtown Kansas City, Artistic Director of the Songflower Chorale, a semi-professional chamber choral ensemble in Kansas City and Staff Accompanist at the Kansas City (Kansas) Community College.

November 17—Elisa Williams Bickers
Dr. Elisa Williams Bickers is the Associate Director of Music and Principal Organist at Village Presbyterian Church in Prairie Village, Kansas. She is the Harpsichordist/Organist for the Bach Aria Soloists, and has served on the music faculties of the UMKC Conservatory and Washburn University as instructor of organ and harpsichord.

The University of Kansas School of Music presents
organist Olivier Latry in recital
Sunday, November 10 • 7 p.m.

Olivier Latry, Titular Organist at the Cathedral of Notre-Dame in Paris and William T. Kemper Artist in Residence at KU, is one of the premier organists of our time. The proceeds of this event will go to a fund that provides support for Notre-Dame employees who lost their jobs due to the devastating fire at the cathedral last April. Tickets will be available at the door.

Kirkin’ o’ the Tartans
Sunday, November 17 • 10:15 a.m.

The St. Andrew Pipes and Drums join us for the annual Kirkin’ o’ the Tartans service. Cathedral members are encouraged to don their Scottish attire. Get out your favorite shortbread recipe (or one you’ve been wanting to try) and bring shortbread to share with the parish and our special guests at coffee hour.
And We’re Off!

A new choir year is off and running for the Grace and Holy Trinity Children’s Choir and we’ll be racing to get ready for our first musical contribution in worship October 27. Anticipating a new choir year is exciting as I search and explore many pieces of music that are just right for our children and for our liturgy.

Our theme for the year is kindness, so each week we’ll be thinking about kind things we do both during choir rehearsals and during the week.

As the Director of Children’s Music at GHTC, I am guided by the words from Ephesians 4:12—to equip the saints for the work of ministry, for building up the body of Christ. These are the goals for the Children’s Music Ministry:

- To help cultivate life-long worship habits.
- To develop talents and give instruction in proper vocal technique.
- To introduce and develop music fundamentals.
- To develop an understanding and appreciation for The Hymnal 1982.
- To teach biblical texts and teachings through music.
- To prepare our young members for leadership roles in our liturgies.

New members are always welcome! Children in grades 1–5 can join at any time. I'm grateful for any help in recruiting members for this important ministry. Rehearsals are Sundays from 9:15–10 a.m. in Haden Hall. Contact me at childrensmusic@kccathedral.org with any questions.

—Linda Martin

The Mesner Puppets presents The Nativity
Friday, December 6 — 10 a.m. & 7 p.m.
Saturday, December 7 — 2 & 5 p.m.
Sunday, December 8 — 2 p.m.

A cast of forty puppeteers tell the beloved story with larger-than-life biblical characters and musical accompaniment. For tickets, please visit mesnerpuppets.org.

William Jewell College presents The City Come Again
Monday, December 9 • 11:30 a.m.

William Jewell College’s gift to the city in words and music, features the college’s Handbell Choir, Concert Choir, conductor Dr. Anthony Maglione and organist Dr. Ann Marie Rigler. This event is free.

Messiah Singalong
Saturday, December 14 • 4 p.m.

Everyone is invited to join the chorus and sing for this annual presentation of Handel’s most celebrated work. Bring your own score, or purchase one here, and join conductor Dr. Paul Meier, professional soloists and the Kansas City Baroque Consortium in what is sure to be a memorable event. Admission is free.

The William Baker Festival Singers presents Candlelight, Carols & Cathedral
Sunday, December 15 • 2 p.m.

The 50-voice choir is joined by Soprano Victoria Botero, Kansas City Bronze, Canon John Schaefer, organist and the Choir of Santa Fe Trail Middle School, Denice Trawicki, Director. The program includes readings, treasured carols in traditional forms and classics in celebration of Christmas. For tickets, please visit festivalsingers.org/concerts.

A Service of Advent Lessons and Carols
Sunday, December 15 • 5 p.m.

This Advent service of scripture, prayers, carols and anthems is intended to be a time of spiritual preparation as we watch and wait with hopeful expectation for both the first and second coming of Christ. The format for this service is adapted from the carol service at King’s College, Cambridge, and the choral music will be offered by the Cathedral choirs. A reception in Founders’ Hall will follow the service.

—Dr. Paul Meier
Following the Mystics and Jesus and the Gospels

Abiding Prayer

Following the Mystics Through the Narrow Gate

Mondays, through October 28
7:15–8:30 p.m. • Haden Hall Purple Door Room

Join us as we are guided through the long mystical tradition from early Christianity to our own time. This view into our mystical heritage opens our hearts to the Divine Mystery in which all are invited and surrounded. To register or for more information, contact Deacon Jerry Grabher at j.grabher3@gmail.com or 816.590.6205.

—Jerry Grabher

Adult Forum

Jesus and the Gospels

Sundays, through December 22
9:15–10 a.m. • Haden Hall Purple Door Room

The figure of Jesus has tantalized both Christians and non-Christians who have sought definitive answers to questions about his words, his acts and even his very existence. For most of the last 2,000 years, the search for those answers has begun with the Gospels, but the Gospels themselves raise puzzling questions about both Jesus and the religious movement within which these narratives were produced. They also provide sometimes bewilderingly diverse images of Jesus. To register or for more information, contact Deacon Jerry Grabher at j.grabher3@gmail.com or 816.590.6205.

—Jerry Grabher

The unexamined faith is not worth believing.

Enter the Cloud of Unknowing: Ancient Wisdom for Modern Christians

Abiding Prayer

“Abide in me and I will abide in you.”
John 15:4

You are invited to enter a profound and personal contemplative experience.

In this unique retreat, you will join the Master of The Cloud of Unknowing, who will guide you into a powerful encounter with the hidden, living God. Written during the turbulence of fourteenth-century England, this sacred text and its anonymous author capture the earliest contemplative teachings of Christianity. Within its pages lies powerful guidance for contemplation and centering prayer.

Presented by gifted professor, author and psalmist, Sr. Kathleen Deignan, C.N.D., this series will deepen your spirituality. You will discover the teachings of one of the great classics of the Christian Tradition, which has profoundly influenced classical and contemporary spirituality.
Adult Forum

Pray, Learn, Engage

Educational series by Episcopal Migration Ministries on Immigration

Sundays, October 6–27
9:15–10 a.m. • Common Room

Please join the GHTC Social Justice Committee for a series of presentations in support of the Episcopal Church’s ministry of welcome, education and advocacy for refugees, immigrants and asylum seekers. The topics will include a history of immigration in the United States from the early 20th century to the present, the role the Episcopal Church has had and continues to have in this process, an exploration of the pathways to protection in the U.S., and specific ways we can join Episcopal Migration Ministries as Partners in Welcome. We’ll focus on prayer, learning and engaging in our government and communities to support and welcome our new neighbors. Please contact Brenda Richardson, brenda.richardson1959@gmail.com, for more details.

—Brenda Richardson

Women’s Bible Study

Luke for Everyone

Tuesdays

12:30–1:30 p.m. • Common Room

Women’s Bible Study meets for an hour or so on Tuesdays at 12:30 p.m. in the Common Room. At the beginning of each session, members of the group read a passage from the current selected book or study guide and then see where the spirit takes them. Discussions are lively, thought-provoking, and often irreverent. All are welcome. If you have the inclination, but not the book—come anyway and someone will share!

Congruent with Liturgical Year C, The Women’s Bible Study group is using Luke for Everyone by the Right Reverend N. T. Wright, Bishop of Durham (Church of England) as the inspiration for its weekly discussion. The book is available in the Cathedral Bookstore.

—Candy McDowell

Adult Formation Classes

“Love is so powerful that it makes everything one.” — The Cloud of Unknowing

The Cloud of Unknowing offers unique guidance for anyone who desires intimate contact with God. As you will learn, the Master synthesizes ancient mystical insight with the vivid understanding of human nature. You will explore how the down-to-earth voice of this great Teacher resonates with our own postmodern spiritual search. Indeed, as you read his letter of guidance to contemplatives, you will uncover an uncannily contemporary and universal message.

In these conferences, you will explore the sources of what has come to be known as “centering prayer.” You will discover its roots in the Desert Fathers and Mothers, emergent contemplatives who labored to “put on the mind and heart of Christ.” You will trace the unfolding of the sacred science of spiritual transformation through its earliest pioneers to its ongoing development in our day. In learning the practice of “dark” contemplation, you will come to sense the ineffable mystery and hiddenness.

This journey will draw you closer to life with God through the healing peace of “unknowing.” Let the wisdom of this timeless work guide your spiritual life today.

To register or for more information, contact Deacon Jerry Grabher at j.grabher3@gmail.com or 816.590.6205.

—Jerry Grabher
Christmas Services

Sunday, December 22—Advent 4

8 a.m. • Holy Eucharist
10:15 a.m. • Holy Eucharist
5 p.m. • Order for Evening & Holy Eucharist

Tuesday, December 24—Christmas Eve

5 p.m. • Pageant & Eucharist

Our children tell the Christmas story through their annual pageant. All children are welcome to participate in the pageant. There are no lines to learn and simple costumes will be provided. Children who want to participate should meet in the Common Room at 4:30 p.m. Nursery care provided for children three and younger.

10 p.m. • Feast of the Nativity
Join us as we celebrate the birth of Christ.
Traditional, familiar carols and service music will be featured.

Wednesday, December 25—Christmas Day

10:15 a.m. • The Nativity of Our Lord Jesus Christ
Greet the Incarnate Lord on Christmas morning in a celebration of Holy Eucharist with carols and organ music. A festive reception follows the service.

Please consider volunteering for one of the Christmas services. Many people travel during the holidays and the pool of available volunteers shrinks dramatically. Your help is greatly appreciated!
Contact Janet, jsweeting@kccathedral.org, to help.
Time for Advent and Christmas Flowers!

Now is the time to consider making a donation toward the beautiful flowers that will decorate the church during Advent and Christmas. Help make the Cathedral as stunning as in years past by giving today. Small donations are welcome, too, every little bit helps.

Please contact Janet Sweeting at jsweeting@kccathedral.org or call 816.214.9946 to donate for Advent/Christmas flowers (or regular Sunday flowers). You may also visit kccathedral.org/flowers for more information.

—Janet Sweeting

Thanksgivings and Memorials Flowers and Greens

July 7
- in thanksgiving for Kathryn Celeste Finet—Ruth Finet Rinehart
- in thanksgiving for our daughter & son in law, Betsy & Beattie—Carolyn McLeroy
- with prayers for all travelers— the Gitta family

July 14
- in loving memory of our daughter, Lynn—Carolyn McLeroy
- in thanksgiving for our anniversary— Jackye & Joe Finnie
- in thanksgiving for friends— the Gitta family

July 28
- in thanksgiving for our daughter, Devon Sweeting—Janet & Ric Sweeting
- in thanksgiving for the Rev. Marco Serrano and his family— the Gitta family

August 8
- in loving memory of our grandson Max—Carolyn McLeroy
- for healing for Phineas—the Gitta family

August 25
- in thanksgiving for my mother, Joanne Repass Jones on her 90th birthday August 31st—Janet Sweeting
- in memory of Gregory Haney—the Gitta family

September 8
- in joyous celebration for Adeline, Dimitri, Dominic, Mila, and William. Happy Grandprents Day!
- in thanksgiving for the ministry of the Very Rev. Evelyn Hornaday

September 15
- in loving memory of Ron McLeroy—Carolyn McLeroy

September 22
- in celebration of our wedding anniversary—Anne & Richard Morse

September 29
- in thanksgiving for Ric Sweeting—Janet & Devon Sweeting

To donate toward the weekly flower cost of $225, sign up online at kccathedral.org/flowers or contact the Cathedral office, jsweeting@kccathedral.org or 816.474.8260 ext. 144. Any amount is appreciated.
Treasurer’s Report

<table>
<thead>
<tr>
<th></th>
<th>2019 YTD</th>
<th>2018 YTD</th>
</tr>
</thead>
<tbody>
<tr>
<td>YTD</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Income</td>
<td>$1,243,939</td>
<td>$1,355,583</td>
</tr>
<tr>
<td>Expenses</td>
<td>$1,163,428</td>
<td>$1,316,120</td>
</tr>
<tr>
<td>Net Total</td>
<td>$80,511</td>
<td>$39,463</td>
</tr>
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</table>

Plate and pledge income continues to lag budget expectations contributing to an overall income shortfall YTD. Lower than expected expenses have helped considerably with notable savings in our Property account. Increased participation in group fundraising like event parking has produced very positive returns in our User Fee account. Thanks to the generosity of the David T. Beals III Trust fund, our stained glass windows have been professionally restored and we have remaining funds to put aside for future upkeep.

Please remember that the needs of our Cathedral community and those in our Kansas City community that we serve do not take a break. It is your continuing generosity that sustains and helps to expand our vital outreach efforts. Please be mindful of our mission and the needs of others.

—David Telep

Readers Book Club

November 10 • 11:45 a.m.

Our next Readers Book Club Meeting is Sunday, November 10 in the Founders’ Hall Multipurpose Room. We will discuss Little Fires Everywhere, written by Celeste Ng. Copies of the book can be purchased from any bookseller.

For those of you who like to plan ahead, the book that has been chosen for January is Us Against You by Fredrik Backman. It is his second book about an imaginary town in the Swedish forests, following Beartown. While it is not necessary to read both books and in sequence, ambitious readers might wish to do this.

For any additional information or questions contact Jackye Finnie, jpfinnie@aol.com, or Joyce Morrow, jemorrow@kc.rr.com.

Adventfest

December 1 • 11:30 a.m.

Join us for an intergenerational event on Sunday, December 1, in Founders’ Hall, following the 10:15 a.m. service, to make an Advent wreath with live greens for your home. Supplies will be provided (if you have supplies, such as forms or rings, candle holders or pins, feel free to bring them). Please bring clippers to trim greens. A $10 donation to cover the cost of supplies is greatly appreciated. In addition to making Advent wreaths, there will be other craft opportunities for the children. Sign up at coffee hour beginning November 3.

Episcopal & Friends LGBT+ Gatherings

All LGBT+ gatherings are scheduled to be held in Founders’ Hall at 6 p.m. on the first Sunday of each month. The next gatherings are October 6, November 3 and December 1. The location may change in the future, but we will publicize the change.

We gather for a potluck meal with no agenda, just food, fun and fellowship. Questions? Email lgbt@kccathedral.org.

—Brian Cowley

—Joyce Morrow
Movie Night at the Cathedral

**October 11, November 15, December 13 • 6 p.m.**

If you’re a movie buff, you won’t want to miss our Movie Nights. We’ll meet downstairs in the Founders’ Hall Cathedral Café for a potluck dinner (please bring a dish to share) and movie, followed by discussion.

The movie for October is *Focus*. In the waning months of World War II, a man and his wife are mistakenly identified as Jews by their anti-Semitic Brooklyn neighbors. Suddenly the victims of religious and racial persecution, they find themselves aligned with a local Jewish immigrant in a struggle for dignity and survival. Rated PG-13, made in 2002.

The movie for November is *The Help*. It recounts the story of young white woman and aspiring journalist Eugenia “Skeeter” Phelan. In an attempt to become a legitimate journalist and writer, Skeeter decides to write a book from the point of view of the maids, exposing the racism they are faced with as they work for white families in 1963 Jackson, Mississippi. Rated PG-13, made in 2011.

In December, we’ll be watching *The Bishop’s Wife*. This film tells of an angel in human form who enters the life of a bishop in order to help him build a new cathedral and repair his fractured marriage. Made in 1947.

We hope you’ll join us!

Fall Hayride at Shawnee Mission Park

**Date TBD**

Enjoy the crisp autumn air while on a tractor-drawn hayride through the park! Hayride wagons are pulled by a tractor and are loaded with hay bales. Each reservation includes a 45-minute to one-hour hayride which concludes with a one-hour campfire, where apple cider and marshmallows await. Sponsored by Children’s & Family Ministry. Watch your email for the date.

One and Only Christmas Pageant Rehearsal

**December 15 • 11:45 a.m.—12:15 p.m.**

Children are encouraged to come to the One & Only Rehearsal—it helps to have people who know what’s happening! Meet in the back of the Nave immediately following the 10:15 a.m. service. Don’t worry about missing coffee hour—we’ll have snacks for those who participate.

All Saints’ Sunday

**November 3 Book of Remembrance**

We gather names and add them to a book started in 2007. It is a lasting memorial of “those we love but see no longer.” The book is displayed in the Cathedral on All Saints’ Sunday. The names will also be listed in the bulletin. During the liturgy, there is a time when lectors read aloud the names of those who have died in the past 12 months, followed by a time when all present say aloud names of those they would like remembered.

Forms for submitting the names of those who have died within the past year will be available at services beginning October 6. You can place these in the offering plate or in the basket on the ushers’ table. Names can also be emailed to communications@kccathedral.org. The deadline for submitting names is Tuesday, October 29. The names of all those who have died within the past year will be included in a visual display in the Nave.

Daylight Saving Time Ends

**Sunday, November 3.**

Set your clocks back one hour before you go to bed Saturday, November 2.

Don’t forget to fall back!
Altar Guild

Preparing the Eucharistic feast. Laundering linens. Polishing silver. These are just a few of the activities of the devoted members of the Altar Guild. The Altar Guild is responsible for the preparation of the altar for the celebration of the Eucharist and other sacraments that occur at the Cathedral. It is a “behind the scenes” ministry that many Cathedral members do not see but is essential to every church service. Altar Guild workdays, which are scheduled twice a year, are a time for the members to share fellowship and clean, polish, buff and shine the Nave and chancel, Eucharistic silver, candlesticks and many other items. We are grateful to the wonderful members who serve this ministry.

If you would like more information about the altar guild or would like to visit the working sacristy, please contact Kristy Moore at sacristan@kccathedral.org.

—Kristy Moore

How to Stay Informed

Stay Up-to-Date with Cathedral News

Get weekly announcement emails, digital bulletins, death/funeral notices and special event reminders by visiting the Cathedral website, kccathedral.org. Find the “Subscribe to our mailing list” box, in the left sidebar. Fill out the pertinent information in that box and hit the “Subscribe” button at the bottom.

Online Directory

View the Cathedral directory and/or update your information in our membership database in our online directory. If you’ve never used the online Cathedral directory, visit https://secure.accessacs.com/access/nonmemberlogin.aspx?sn=107131 to establish a login. Once you create a login, you will be able to search for people in our database, update your own info and see (and add your own!) photos.

Please note that updating your information in the Cathedral News database, the membership database or the volunteer scheduling program are all separate; changing one does not update your information in the other programs. Therefore, if you need to update any contact information, please make the change in all applicable programs.

If you have problems or questions, contact Janet Sweeting at jsweeting@kccathedral.org or 816.474.8260 for assistance.
Special Showing and Presentation on The Saint John’s Bible

Kansas City Public Library and Grace and Holy Trinity Cathedral co-presented a Saint John’s Bible event at the downtown Kansas City Central Library Wednesday, September 8. All seven of the Cathedral’s Saint John’s Bible volumes were displayed while Tim Ternes of the Hill Museum and Manuscript Library at Minnesota’s Saint John’s University (home to The Saint John’s Bible), explained the making of the magnificent 1,150-page manuscript—one of a very few completely handwritten and illuminated Bibles produced since the invention of the printing press. The venue was packed with attendees who were mesmerized by the process of making this masterpiece on calfskin vellum and using turkey, goose and swan quills with natural inks, hand-ground pigments and gold and silver leaf gild.

Cathedral docents spent several hours in training with Tim Ternes. This in-depth training will equip our docents to share the volumes with interested groups in our community and our own GHTC family.

—Linda Martin

(Top) Attendees listen to Tim Ternes during the recent presentation.

(Bottom) Jacob’s Ladder, Donald Jackson with contributions from Chris Tomlin, Copyright 2002, The Saint John’s Bible, Saint John’s University, Collegeville, Minnesota USA. Used by permission. All rights reserved.

Photo courtesy of Linda Martin.
Join us for the

Community Blessing of the Animals

Sunday, October 6
4 p.m.
Grace and Holy Trinity Cathedral
415 West 13th St.
Kansas City, MO

a joint event with
Cathedral of the Immaculate Conception

Pet Treats • People Treats •
Music • Prayers and Blessings