Exploration Is Good for the Soul

As the Cathedral has begun the search for a new Dean, there is a necessary amount of exploration that goes along with that process. The congregation has participated in various conversations to get to the heart of who Grace and Holy Trinity Cathedral truly is and what kind of Dean is needed in this place at this time.

This environment of exploration led me to think about all the people who do the good work of this church, inside and outside its walls, and I discovered that there are quite a few people quietly doing God’s work away from the spotlight. Please take a moment to check out the “Hidden Ministries” I’ve compiled on pages 12–15.

And while none of the people I’ve highlighted in the “Hidden Ministries” article asked for any recognition or applause, I do believe that when someone does something good, whether it helps you personally or just someone out in the world, you should say thank you. So the “Hidden Ministries” article is my way of saying thank you to all the people who do their best to make the world a better place. Please take a moment to thank somebody mentioned; you never know when a kind word will brighten someone’s day.

As I was gathering all this information, I discovered something else as well. Exploration is good for the soul. Far too often we rest on our laurels and don’t stop to think if we could be doing something in a better way. But questioning things, figuring out if the way things have always been done is truly the best way to do them, that’s how growth happens.

So I invite you to take stock in your own lives. Figure out if there’s something you could improve. Maybe you could even do a little more volunteering, like the people highlighted in this issue. Who knows, a little growth might be good for everyone.

—Melissa Scheffler

Evensong
Third Sunday of the Month • 5 p.m.
Contents

2 Exploration Is Good for the Soul
   Editor’s Note

4 All for the Sake of the Gospel
   From Me to You

5 2018 in Review
   GHTC Youth

6 GHTC Children in 2018
   GHTC Children

7 Exploring Music
   Children’s Choir

8 Christmas Music Recap
   GHTC Music

9 Security at the Cathedral
   GHTC’s Safety & Security Committee

10 What It Means to Be a Servant Church
   GHTC Outreach

12 Hidden Ministries
   Beyond GHTC Outreach

17 Other Classes
   GHTC Adult Formation

18 Christmas at the Cathedral
   Christmas at GHTC

20 Christmas Flowers
   Thanksgivings and Memorials

22 Other Things
   Upcoming events and other things you need to know.
All for the Sake of the Gospel

Here at Grace and Holy Trinity Cathedral we offer ourselves—our souls and bodies, as the Eucharistic Prayer says—so that the Good News of Christ can be made manifest to all. Sometimes “all” means just us, sometimes “all” means everyone outside our walls. Each day we do the best we know how to live into the Good News that calls us to be present with one another and with God, serving all—wherever and whoever they may be—in His name.

Yet, we know we can offer more, envision different ways of being church and grow into a wider and deeper version of ourselves. We know we can build upon the past to dream of a future that is good and true and holy, using the wisdom of the ages and of these times to do so. As we go into the new year, we eagerly anticipate the calling of a new dean and all the ministries this priest will inspire and enable. Our ability to listen and be open to everything new and different this new dean brings will be a hallmark of our love of Christ and of our willing hearts to serve Him in ways we may not have ever imagined we could. What a joyous future!

For now, we are about the ministry of shoring ourselves up and being really ready to offer our very best, though not perfection, to this new priest who will come among us. We worship well, and offer our prayers and praises as befits who we are; we serve the world with compassion and joy, giving our time and offerings so that others can be additionally blessed; we celebrate our children and youth daily, recognizing that they are not just the future, but they are the sure and certain presence of a Body of Christ that welcomes and appreciates everyone; and we live together with grace and understanding that God loves us as we are, even as He calls us into more, into a deeper relationship Him.

As you peruse The Angelus over the next few days, marvel at all that we are and all that we do for the sake of the Gospel. Find yourselves excited about what we have accomplished in 2018 and then imagine what 2019 can be—and all for the sake of the Gospel!

May this new year be bright and holy for each of you!

See you in church!

—Evelyn Hornaday

“Each day we do the best we know how to live into the Good News that calls us to be present with one another and with God, serving all—wherever and whoever they may be—in His name.”

Daylight Saving Time

SUNDAY, MARCH 10
DON’T FORGET TO SPRING FORWARD

REMEMBER TO SET YOUR CLOCKS AHEAD 1 HOUR SATURDAY NIGHT
GHTC Youth: 2018 in Review

The Cathedral Youth Group had a bright, fun, loving, and spiritual 2018! Over the past year, we have continued to grow our community at the Cathedral; bringing in new volunteers and support, fully engaging in Network and Diocesan ministry, and, most importantly, supporting each other in love. Here are a few of our favorite highlights from 2018:

• We grew our Wednesday evening youth group community with new regular participants.
• We brought back our friend and Youth Ministry Intern Katie for another year!
• YMC met, led and planned diocesan ministry (with many Cathedral youth and adult members).
• We took on new spiritual practices together during the Lenten season.
• Many of us drove to Snow Creek and had a fun night tubing and playing outside.
• We joined with the diocesan community for Happening #77.
• The Cathedral hosted a Baptismal Covenant retreat focusing on our promises and how we can live those out in our daily lives.
• We fully partook in Holy Week and Easter together; through worship, serving at the altar and singing.
• During the Maundy Thursday lock-in we kept the night watch, praying throughout the night.
• We stood with one of our own during their Baptism for one of the loudest “We Will” responses possibly ever.
• Junior High youth had their own retreat, supported by many of our Senior High youth as staffers and YMC members.
• We participated in and hosted a stop on the Nomadic Dinner on its new springtime date.
• The youth planned and led a joy filled Youth Sunday.
• God spoke to us through nature and friends at Camp WeMO at Wakonda.
• We had fun, casual network gatherings throughout the city over the summer.
• We continued our Sunday morning donut tradition, covering the youth room in both sprinkles and laughter.
• Our diocesan youth (and friends from other dioceses) were a visible presence at General Convention.
• We became the hands and feet of Christ for a week at MissionPalooza.
• The Cathedral was the home for Happening #78, an incredibly love and Spirit-filled event led by our own Amanda.
• Our pets were blessed (inside!) and everyone helped make sure the unofficial youth group mascots (Callie and Toni) were sufficiently blessed for the year.
• Many costumed characters graced the youth room during our annual Halloween Party.
• We attended DYG in Springfield and watched many in our community receive Bishop’s Ball awards.
• Youth joined the larger Cathedral community on Thanksgiving Eve to give thanks for our many blessings in worship.
• We celebrated our semester together with an Advent potluck and plenty of cookies!

2019 Formation

Spring Semester formation is now underway. Wednesday youth group meets every Wednesday evening during the school year for a shared meal, fellowship, program and worship. All youth in grades 6-12 are welcome and invited!

Stay Up to Date!

To receive weekly youth ministry emails email youthformation@kccathedral.org to join the list.

Follow the Trinity Teens on Instagram!
@trinityteens
#ghtctrinityteens

—Alexandra Connors
**Childcare**

Starting in January, the Nursery will be open for children four and under during Evensong. All children are welcome to worship in the Nave.

Childcare will be available in Haden Hall for the Annual Meeting on January 27.

**Pics or It Didn’t Happen?**

As I was thinking about what to write for this edition of *The Angelus*, I scrolled through my photos to see if I had any of Cathedral events this fall and winter. I only found a few and bemoaned the fact that I had failed—again—to capture these moments in the life of the Cathedral’s children. But when I started to think about what happened during these past few months, I had plenty of memories. So even though I only have a few pics, I can assure you that much did and does happen in Children’s Formation each Sunday! Here are a few of the highlights:

- Our volunteers met in October to review safety procedures and discuss ways we could improve Children’s Worship. We agreed that our new procedure of having one child carrying a small wooden cross to lead the others out of the Nave is working well.
- We celebrated with pumpkin decorating and a bounce house at our Fall Saints Festival. As things were winding down at this event, a mother and her young daughter came into the courtyard. They were there for a concert later that afternoon. I invited them to join us, and within a few minutes, the daughter had made friends with the other children and played in the bounce house until I had to shut it down.
- We assembled 45 bags with hats, gloves, socks and coloring supplies for immigrant and refugee students in Kansas City Public Schools.
- During Advent, we discussed the lectionary reading about the prophets and decorated a bulletin board with symbols related to our discussions.
- Some kids made Advent wreaths with play dough and birthday candles at the Advent Fest while adults worked on wreaths with live greens. One child said, “I made my very own wreath to keep in my bedroom!”

Photos courtesy of Julie Brogno.

—Julie Brogno
Birthday Gift Cards for Foster Children

Help a child in the foster care system by donating $25 for a birthday gift card. These gift cards are given to children who do not receive any other gifts to celebrate their birthdays. In the past we have donated 40 gift cards each year, but with the growing number of children in the system 40 gift cards is not enough anymore. Please consider this very special ministry of making children feel special on their birthdays. You may mail your donation to the office or place in the offering plate.

Exploring Music

Rehearsals are fun and challenging (for me and for the children). We are learning the music of the church through the singing of hymns and liturgy (Glory to God in the Highest, Kyrie Eleison; O Come Emmanuel; Prepare the Royal Highway/Prepare the Way O Zion; Come Now O Prince of Peace—a Korean melody). Music from different cultures is an important part of our repertoire and are sometimes sung in the original language (Jubilate Deo—Latin; Fe Y Esperanza—Spanish; our weekly closing song, Shalom Chaverim—Hebrew). You can check our growing repertoire by looking in our choir room to find music titles on the fish we are adding to our “Baptismal Wall.”

It has been great fun to sometimes play musical instruments with the songs we are learning. We have borrowed Orff instruments (xylophones and metallophones) from another (very generous) church parish. These beautiful instruments are not only fun to play, they also help children build rhythm and music reading skills. We are returning the instruments per our agreement with the loaner parish, but we are putting the purchase of a set of instruments on our wish list for permanent use by our congregation.

Our friends Caroline and Ryan Bennett have been assisting us in weekly rehearsals. They have done an outstanding job of assisting us in various tasks during rehearsals—finding page numbers in The Hymnal, helping with instruments and providing great role modeling of good singing.

It’s not too late for children 1st–5th grade to join our exciting music program at GHTC. They will be enriching their faith through music!

Rehearsals take place on Sundays, 9:15–10 a.m. in Haden Hall (the choir room has a blue door). Please contact Linda Martin for more information or to enroll, lmartin@kccathedral.org.

—Linda Martin
What Is Choral Evensong?

Grace and Holy Trinity Cathedral offers a service of Choral Evensong at 5 p.m. on the third Sunday of the month throughout most of the year. Choral Evensong is a mostly sung service, traditionally offered in the late afternoon or evening, that follows the Book of Common Prayer’s Evening Prayer order of service. It is roughly equivalent to Vespers in the Roman Catholic and Lutheran churches.

Choral Evensong, as celebrated at the Cathedral, is comprised of the following elements:

- A musical voluntary or prelude.
- Preces (short petitions that are sung as versicle and response by the officiant and choir respectively).
- A congregational hymn.
- A Psalms, which is typically chanted by the choir.
- A lesson, usually from the New Testament.
- The Magnificat, or Song of Mary, is a canticle (song of praise) sung by the choir.
- A lesson, usually from the Gospels.
- The Nunc Dimittis is another canticle (song of praise) sung by the choir.
- The Apostles’ Creed, chanted on a monotone by the congregation.
- Prayers and Responses, another set of short petitions which are sung as versicle and response by the officiant and choir. These two pieces are broken up by the Lord’s Prayer, chanted on a monotone by the congregation.
- Three Collects, the Collect of the Day, the Collect for Peace and the Collect for Aid against Perils are changed by the officiant.
- Occasionally there may be a homily or meditation.
- An Anthem is sung by the choir.
- General prayers and the Prayer of St. Chrysostom are said.
- A congregational hymn is sung.
- The Grace, or dismissal, is read by the officiant.
- A musical voluntary or postlude.
- Holy Eucharist is usually then offered for those who would like to participate.

As is stated in the description for Evensong on our website, “Evensong is a service of hymns, choral anthems, Bible readings and prayers—it is a time to listen, pray, meditate and sing.” If you’ve never participated in a Choral Evensong service, you are always welcome to join us. The Cathedral will start the new year by celebrating Choral Evensong January 20, February 17 and March 17.

Christmas Music Recap

In 2018, we had several special musical events, presented by both the GHTC choirs, as well as outside groups.

**The Nativity, presented by Paul Mesner Puppets**
A cast of forty puppeteers told the beloved story with larger-than-life biblical characters and musical accompaniment.

**Advent Lessons & Carols**
A uniquely beautiful Anglican liturgy of hymns, readings, anthems and carols.

**Bach Home for the Holidays**
The Kansas City Chamber Orchestra and Musica Vocale’s concert, featuring Bach’s *Christmas Oratorio*.

**William Jewell College presented The City Come Again**
William Jewell College’s gift to the city in words and music.

**Messiah Singalong**
Conductor Dr. Paul Meier, professional soloists and members of the Kansas City Baroque Consortium led a full house of guests in song for this annual presentation of Handel’s most celebrated work.

**Candlelight, Carols & Cathedral**
The William Baker Festival Singers’ concert featured beloved traditional carols and timeless classics for organ and choir.
The Dean Search Committee Update

The Dean Search Committee was appointed by the Vestry in September. We are now hard at work, reviewing and synthesizing your input from the Cathedral Conversations and the online/print survey. Using that data, we will prepare a Parish Profile, which will outline who we are as a Cathedral, who we want to be and what qualities we are seeking in a new Dean. Once the Parish Profile is published, the Committee will be seeking, vetting and interviewing candidates for the Dean’s position. We will then make finalist recommendations to the Vestry.

The other members of the Committee are Joan Bergstrom, Don Chase, Brian Cowley (Chaplain), Ellen Goheen, Paget Higgins, Paula Livingston, Chris Morrison and Ken Stewart (Clerk). Paula Connors, in her role as Senior Warden of the Vestry, is an ex-officio member of the Committee and Vestry liaison. And the Rev. Dr. Steve Rottgers, Canon to the Ordinary for the Diocese of West Missouri, is the Diocesan Transition Officer, helping to guide us through the process.

We will provide you with updates throughout the process, either by email or social media or posting information on the Cathedral’s website, kccathedral.com/ourdeansearch.

Please keep the Committee in your prayers as we undertake these responsibilities. If you have any comments, questions, or concerns about the process, please feel free to contact us at ghtcdeansearch@gmail.com. Or just say hello and ask us about it at church.

—Mark Galus
Dean Search Committee Chair

Security at the Cathedral

The Cathedral’s Safety and Security Committee has been working with public safety and law enforcement experts within the Kansas City Police Department and the Downtown Council-Community Improvement District, along with Cathedral Vestry and staff to improve the safety of all persons at the Cathedral.

Committee members and staff walked through the campus with a KCPD Community Interaction Officer and the Downtown Council to identify areas of concern. The officers were complimentary of the work already being done and offered some simple solutions, like brighter LED lighting in a few areas and adding monitors in entry areas, to improve our security. Some of the most visible changes that have been made are the locking of the gates overnight, the security provided by KCPD Officers for services and large events, doors being locked for internal evening events, and the Downtown Council patrolling the parking lots during evening events.

The Committee has reviewed a number of safety measures, including a plan for emergency/weather evacuations, first-aid preparedness, adding signage to both inside and outside buildings and other safety upgrades. We will continue working in 2019 with specific training and protocols to ensure the safety of parishioners and our guests and visitors.

—Sharon Cheers
Safety & Security Committee Chair

The officers were complimentary of the work already being done and offered some simple solutions, like brighter LED lighting in a few areas and adding monitors in entry areas, to improve our security.
Volunteer Recognition

Outreach Ministries wants to recognize Jim Crum as an outstanding volunteer. Jim is an usher for the 8 a.m. service and an active member of the Building and Grounds Committee. This past summer Jim repainted and caulked the windows in Haden Hall, worked on the kneelers in the Nave, replaced all the handicap parking signs, and rewired three chandeliers in the hallways just to name a few of the projects he has completed. (A special thanks to his wife, Zan, for lending the Cathedral her chandeliers during the rewiring project.) Jim is always willing to take on any repair job to help the Sextons and the building and grounds committee. Jim is also a very active and valued member of the BackSnack team and frequently takes on extra deliveries to help out the other volunteers, as well as providing help packing family bags during the holiday season. Please congratulate Jim for his dedication and generosity in supporting Outreach at the Cathedral and offering his time and talents to the Building and Grounds Committee.

—Terri Curran

Diaper Drive

January

Because of your support, HappyBottoms, the KC metro area’s diaper bank, is able to provide thousands of children each month with clean diapers. Since diapers are not covered by safety-net programs, your donations of diaper packages (including already opened packs) help cover the gap and enable families to have at least a few clean diapers on hand every day. Please bring your diapers to the blue bin in the Cathedral entryway, and we will deliver them to HappyBottoms.

Terri Curran, delivering diapers to HappyBottoms after the last diaper drive.

What It Means to Be A Servant Church In the Heart of the City

Volunteers serving dinner at Sheffield Place.

Photos courtesy of Terri Curran.
Cathedral member Kari O’Rourke reads to children at the annual Sheffield Place dinner.

Students at Whittier Elementary were excited to receive new school uniforms.

BackSnack Family Bag Packing

Cathedral volunteers gathered on two occasions, once in November and once in December, to help pack family bags for kids in the BackSnack program. Family bags contain additional food for families over the holidays to supplement either their holiday meal or meals when the children are on their school vacation. Some had a little fun along the way.

If you would like to be part of this ministry, volunteers will be needed to pack family bags for spring break on March 3. Packing occurs at 9 a.m. in Haden Hall. Contact Terri Curran for more information at tcurra2@yahoo.com.
As the Cathedral embarks upon the search for a new Dean, it is a time of exploration and discovery. We have had congregational conversations in order to find out exactly who we are as a church. In honor of that exploration, I have done a little searching and discovered quite a few parishioners doing good work away from the spotlight. These are their stories.

Deacon Jerry’s Outreach Kitchen Crew
Every other month on a Saturday morning, Deacon Jerry Grabher and about 10 other parishioners meet at St. Mary’s Church to help prepare and serve the noon meal. They help feed the homeless and other food-insecure individuals, serving anywhere from 100–150 people. Members who regularly volunteer their time include Bill Boyd, Brent Spake, Carol Whitehead, Connie Boyd, Dan Welch, Eric Elisabeth, Jackye Finnie, Yvonne Figueroa and Michael Figueroa.

George Helmkamp, who has been volunteering at the KCCK for more than forty years, typically helps with tasks like dicing and chunking fruits and vegetables, separating meat from bone on previously roasted turkeys and making gravy, as well as helping on the serving line, if needed. Carol Whitehead helps prepare food during the morning then helps on the plating line and with cleanup. Betsy Chase was volunteering two days a week until she suffered a sprained wrist, but she hopes to return soon.

St. Luke’s Hospital Auxiliary Members
Sharon Hudson, Kay Woolley and Carolyn McLeroy all volunteer at St. Luke’s Hospital, helping waiting family members find their way to the secure areas of the hospital pre- and post-surgery. They also provide a personal, comforting and caring presence and try to make the wait less stressful for those who find themselves at the hospital.

Food for Thought
Another ministry spearheaded by Donna Knoell involves the preparation and delivery of meals after parishioners have been hospitalized or suffered a serious loss in their lives. She says, “It is our sincere hope that more Cathedral members will want to be a part of this caring ministry, so that when someone needs a meal, one of our members who lives close by will be able to prepare something and be able to get the food to the individuals easily—without needing to travel a great distance or across town to get the meals delivered. If you are interested and willing to participate in this important ministry, please contact Donna Knoell (dknoell@sbcglobal.net) or call the church office.

College Care Packages
Donna Knoell makes a sincere effort to stay in touch with our college youth, to let them know people at the Cathedral are thinking about them and wish them well in their studies. Throughout the school year, they receive care packages. As she explains, “Each of the college students just received a special package for Christmas along with our wish for their success during exams. In their Christmas package, they found a message from the Cathedral, a Christmas book of short meditations and a collection of yummy snacks to enjoy while they study. These wonderful young people also receive a message at Valentine’s Day and at Easter, and at other times such as the start of school. We always let these students know they are being thought about, and we always encourage them to worship with us when they are at home.”

Hidden Ministries

Kansas City Community Kitchen Helpers
Several members of the congregation volunteer regularly at the Kansas City Community Kitchen (KCCK), a program of NourishKC. The amount of time spent varies, but can easily range from four to five hours.

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Several members of the congregation volunteer regularly at the Kansas City Community Kitchen (KCCK), a program of NourishKC. The amount of time spent varies, but can easily range from four to five hours.
Stephen Ministers
Stephen Ministers are members of our congregation who receive training to provide one-to-one care and support to people in our congregation and community who are experiencing grief, loneliness, divorce, hospitalization or other life difficulties. It is a confidential ministry that uses gifts of prayer, listening and conversation. The following people are Stephen Ministers at the Cathedral: Karen Kissinger, Yvonne Telep, Milt Tootle, Phyllis Biddle and Brenda Richardson, currently attending SM training.

Y.A.R.N. Ministry
Members of this ministry are knitters and crocheters who create shawls which are given to those who are ill. They also knit baby caps for babies in Haiti. This past year they have given 40 prayer shawls to St. Luke’s Hospice and over 400 baby hats to Maison de Naissance, the birthing center in Haiti. The leader of the ministry, Coyote Schaaf says, “Come join us Sundays at 9 a.m. We also gladly accept donations of yarn and crochet hooks or knitting needles.” Other members of this ministry include LaGreta Gitta, Kathy Meehan, Debbie Marrs, Amina Bergstrom Lenette Johnson, Jeri Gore and Joan Bergstrom.

Eucharistic Visitors (EVs)
These are parishioners who take communion to our homebound or hospitalized members. EVs receive training in sacramental and pastoral ministry. It is a ministry of connection. When an EV is sent forth from the altar, bearing the sacrament, he or she is a representative of the gathered community to connect with members who cannot be present. In our congregation, the following people are Eucharistic Visitors: Peg Brown, Jackye Finnie, Lenette Johnson, Sally Livengood, Renee Neff-Clark, Larry McMullen and Candy McDowell.

 Funeral Hospitality Ministry
These parishioners work with staff to facilitate funeral receptions. They serve as greeters and a welcoming presence during a reception. Members of this ministry include: Betsy and Don Chase, Joan Bergstrom, Joyce Morrow, Kathy Jennings, Peg Brown and Sarah Ingram-Eiser.

Several members of the Y.A.R.N. Ministry.
Saint John’s Bible (SJB)

Docents
A dedicated group of parishioners has received training on the proper handling of the Cathedral’s Saint John’s Bible. When asked for some details about the SJB, Ellen Spake, a member of this group, listed the following highlights,

• “The Saint John’s Bible was the first hand written, hand illuminated Bible commissioned by a Benedictine Monastery since the inception of the printing press. It took over 10 years to complete.

• Hand written on vellum, using candle soot for ink, and penned with a quill, the SJB has over 160 illuminations. Six calligraphers and eight artists worked on the Bible, each from their own studios. The calligraphers and artists never met one another until completion of the Bible. Original pages of the SJB have never been bound together and have been loaned to art galleries around the world.

• The Heritage Edition of the SJB is a full-sized, fine arts reproduction of the original. Only 299 signed and numbered sets of the seven volume SJB were created ... one of those sets was presented to the Pope and is housed at the Vatican and one is owned by GHTC!

• Each volume of the Heritage Edition is signed by the chief scribe and illuminator, Donald Jackson. Many of the illuminations have been individually touched up by hand with gold and platinum leaf.

We are truly blessed to have this precious resource at the Cathedral.

A committee is currently working on how we can more fully share this gift with our Cathedral family and with people of all faith traditions in the greater Kansas City area.”

Landscaping and Garden Ministry

Sixteen years ago when Gerry Reynaud was confirmed at the Cathedral he took an immediate interest in the condition of the grounds and was involved with the Garden Guild that existed at that time. He has been a member of the Building and Grounds Committee for several years.

As landscape and garden renovation became more labor intensive, the plans required contracting for labor assistance for major projects and installations.

The Cathedral leadership has always been supportive of the incremental changes that have occurred since 2002. In the spring of this year Rick Jordahl stepped up to be a volunteer and work with Gerry in the upkeep of the Cathedral grounds.

Gerry Reynaud, hard at work.
The landscaping and garden management is in constant need of financial and human resources. Activities to make this happen involve: landscape design, site visits to multiple nurseries, plant selection, delivery, planting, watering, weeding and fundraising—all done over three seasons: spring, summer and fall. When November arrives, the grounds are winterized and blue Christmas lights are installed throughout the grounds and taken down in January.

Other Ministries
Following is a list of other ministries, or just general ways of giving back, that parishioners are involved with:

- Don Chase is a trained and certified volunteer in the CLAIM program; helping people with Medicare problems or questions.
- Don also serves as a mentor in the Veterans Treatment Court. He says, “Veterans who are arrested for a non-violent crime can sign a one year contract to enter the program; working with an outreach worker from the VA, we make sure they have safe housing and then address any medical problems; all have either addiction problems or severe emotional issues for which they enroll in appropriate counseling; they are tested weekly for sobriety and upon graduation their record is expunged. The VTC has a 92 percent success rate with only as eight percent recidivism rate.
- Carol Whitehead is one of several regular helpers for the BackSnack program at GHTC. There’s always a need for more packers/drivers, so contact Terri Curran, tcurraz@yahoo.com to get involved.
- Carol is also one of several parishioners who volunteer at the Cathedral Bookstore. If you'd like to get involved with that, please contact Ken Stewart at bookstore@kccathedral.org.
- Finally, Carol also participates with Reach Out and Read (RORKC). It’s a national organization, and the local office is located at KU Med Center, serving nearly 100 clinics in the KC area. It involves medical staffs at pediatric and safety net clinics, who encourage families to read to preschoolers and provide children with free, new books on their checkup appointments. RORKC trains and schedules volunteers to go to participating clinic waiting rooms, read with children waiting for their appointments, and give them gently used books.

- Kari O’Rourke creates quilts for people affected by cancer.
- Kari also recently partnered with the Dialogue Institute of Kansas City to create a Quilting for Peace event, an interfaith response to all of the recent violence and tragedy in the world.
- Joyce Morrow has secured two Deanery Grants in 2017 and 2018 to help support St. Mary’s and St. Augustine’s food pantries.
- Caroline and Ryan Bennett each year for their birthday have guests contribute to different charities.
- Office volunteers help answer the phone, assist with mailings, help stuff inserts into bulletins and other general administrative work. Current office volunteers include Augusta Wilbon, Betsy Chase, Joan Bergstrom and Brenda Richardson.

I’m sure there are many ministries, good works and generally lovely acts performed by members of the Cathedral that I didn’t unearth in my exploration of GHTC Hidden Ministries. If you are part of one, let me know about it. You never know when shining a light on your good deeds might encourage others to follow your example.

—Melissa Scheffler

Art on page 18: Crucifixion, Donald Jackson, Copyright 2002, and Ruth and Naomi, Suzanne Moore, Copyright 2010, The Saint John’s Bible, Saint John’s University, Collegeville, Minnesota USA. Used by permission. All rights reserved.
Heartfulness and Why You Are Who You Are

“... the importance of silence and contemplative practice as a means of opening the mind and heart and one’s whole being to God, or the Ultimate Reality.”

Heartfulness: Transformation in Christ
Mondays, January 14–March 4
7:15–8:30 p.m. • Haden Hall Purple Door Room

Heartfulness: Transformation in Christ condenses the accumulated wisdom of Fr. Thomas Keating’s many years of teaching and practice into nine essential areas for study, reflection and spiritual growth for our time. The interviewer, Betty Sue Flowers, draws out of Fr. Thomas the importance of silence and contemplative practice as a means of opening the mind and heart and one’s whole being to God, or the Ultimate Reality. To register or for more information, contact Deacon Jerry Grabher at jgrabher3@gmail.com or 816.590.6205.

--Jerry Grabher

Adult Forum
Why You Are Who You Are: Investigations into Human Personality
Sundays, January 13–March 3
9:15–10 a.m. • Haden Hall Purple Door Room

Explore the fascinating science behind your personality. Human behavior can seem mysterious, but psychology and neuroscience can reveal many ways humans are shaped by our experiences, culture and more. This class will be presented by Mark Leary, Garonzik Family Professor of Psychology and Neuroscience, Duke University and facilitated by Brian J. Cowley, Ph.D., Professor of Psychology, Park University. To register or for more information, contact Deacon Jerry Grabher at jgrabher3@gmail.com or 816.590.6205.

Abiding Prayer

“Abide in me and I will abide in you.”
John 15:4
Other Classes

Adult Forum
Engaging the Word: A Lectionary-Based Bible Study
Sundays, January 13–March 3 9–10 a.m. • Common Room

We will engage our Sunday morning biblical texts more deeply, reinforcing and expanding God’s word. We will explore what the Scriptures meant for their original audience and what they mean for us today. All are welcome.

Engaging the Word will be co-facilitated by Canon Christy Dorn and Cathedral member Bob Johnson, provost and dean of Central Baptist Theological Seminary in Shawnee, Kansas. We will meet in the Common Room.

The Way
Wednesday Evenings beginning January 16 6–8 p.m. • Founders’ Hall

Interested in the Christian faith? Curious about Anglicanism?

Then join us for The Way, which begins Wednesday, January 16, from 6–8 p.m. Featuring a home-cooked meal, conversation and Bible study, the Way is a community for people just beginning the journey of faith, as well as those looking to strengthen their faith. All are warmly invited.

6 p.m. Dinner and Conversation
6:30 p.m. Interactive Learning
7 p.m. Bible Sharing
7:50 p.m. Compline
8 p.m. Dismissal

The main goal of The Way is to provide participants with good practices and sound information for a meaningful life in Christ. Childcare is available upon request.

If you would like to know more about this and have questions, contact Deacon Marco Serrano, Young Adult Coordinator, mserrano@kccathedral.org.

Women’s Bible Study
Luke for Everyone
Tuesdays 12:30–1:30 p.m. • Common Room

Women’s Bible Study meets for an hour or so on Tuesdays at 12:30 p.m. in the Common Room. At the beginning of each session, members of the group read a passage from the current selected book or study guide and then see where the spirit takes them. Discussions are lively, thought-provoking, and often irreverent.

All are welcome. If you have the inclination, but not the book—come anyway and someone will share!

Commencing in Advent and coinciding with the beginning of Lectionary Year C, the group will use Luke for Everyone by the Right Reverend N. T. Wright, Bishop of Durham (Church of England) as the inspiration for its weekly discussion. The book is now available in the Cathedral Bookstore.

—Candy McDowell
Christmas at
We would like to extend a heartfelt thank you to all the volunteers who helped create a beautiful, meaningful Christmas at the Cathedral. You are greatly appreciated!
Christmas
Thanksgivings and Memorials
Flowers and Greens

By Kathy & Vince Alagna
In memory of Calvin Oliver Hillhouse by Brent A. Barr
In memory of Reginald and Fleeda Franklin by Muriel Boyd
In memory of Herman and Billie Wallace by Muriel Boyd
By Gary & Sandra Bressman
In thanksgiving for Robert Bucker by Barbara Bucker
In memory of Wm P. Bucker by Barbara Bucker
In thanksgiving for our grandson, Frank Gorsuch by Bob & Linda Carlson
In thanksgiving for the anniversary of our children’s baptism: George, Elizabeth, Caroline & Amanda by Mark & Brenda Colburn
By Carter & Anne Davis
By E. Stephen & Hilda Davis
In loving memory of Kathryn D. Veasie, my mother by Ruth Finet-Rinehart
In memory of my god parents, Roy K Dietrich & Elizabeth Redford by Sara Gaggens
In thanksgiving by Sara Gaggens
In thanksgiving for all blessings by the Gitta family
In thanksgiving for church family and friends’ prayers by the Gitta family
In thanksgiving for God’s gift to the world by the Gitta family
In thanksgiving for the gift of life by the Gitta family
In thanksgiving for our family by John & Ellen Goheen
In memory of my brother James Irwin III by Elizabeth Irwin Gordon
In memory of Kiers Rowley by Jeri Hatteberg
In memory of Dorothy Hatteberg by Jeri Hatteberg
By Paget Higgins
By Evelyn Hornaday
In thanksgiving for Michael’s birthday, December 25th, by Premkumar & Carolyn John
In thanksgiving for our family by Whitney E. & Mariella Kerr
In thanksgiving for my daughter, Michelle Leive and son, Sean Leive by Patricia J. Leive
In thanksgiving for Megan, Rodney, Maeve and Rhys by June & Ken McDonald
In thanksgiving for our family by Ron & Carolyn McLeroy
In thanksgiving for the birthday of our son, Brad McLeroy
In memory of Marilyn Lacey McMullen by Larry L. McMullen
In thanksgiving for our daughter, Noël, and grandson, Gordon, by Harley & Patricia Miller
In thanksgiving for our children and grandchildren by Richard & Anne Morse
In thanksgiving for our grandchildren, Ryan Bloch Goldberg & Brooke Nelson Goldberg by John B. & Denise Nelson
In memory of my beloved brother John Mahan Brooks, Jr. by John B. & Denise Nelson
In memory of Granddaddy & Grandmommy Kretsinger and uncle Bark Kretsinger by Kate Norris
In thanksgiving for my family by Virginia L. Rau
In thanksgiving for those we love and have loved by Bruce & Page Reed
In memory of Grace and John Obetz by Robert Richmond
In memory of Isabel Curdy by Robert Richmond
In memory of our son by Alan & Phyllis Ryder
In loving memory of our parents, Mr. and Mrs. James Churchill Shelton, Jr. and Mr. and Mrs. William Duquesne Burch, Ill by John and Lucy Shelton
In thanksgiving for our sons, David and Peter by John and Lucy Shelton
In thanksgiving for the gift of Pat Sprague by Sharon Sprague
In thanksgiving for Joyce & Roger Sweeting and Joanne Repass Jones by Ric & Janet Sweeting
In memory of Howard L. Stewart by Ric & Janet Sweeting
In thanksgiving of our parents, children and grandchildren by Michael & Cathy Thomas
In memory of George & Eidie Stewart by Bruce & Lill Weekes
In thanksgiving for our children and grandchildren by Jack & Marie Whitacre
By Augusta Wilbon
Thanks for Christmas! Now about Easter ...

Once again, thanks to your help, the Cathedral looked beautiful for Christmas. (See the proof on pages 18–19.) Now it’s time to start thinking about the beautiful flowers that will decorate the church during Easter.

Help make the Cathedral as stunning as in years past by giving today. Small donations are welcome, too, every little bit helps.

Contact Janet Sweeting, 816.474.8260 ext. 144 or jsweeting@kccathedral.org to donate for Easter flowers (or regular Sunday flowers). Also contact Janet if you have any questions or go to kccathedral.org/flowers for more information.

—Janet Sweeting

Thanksgivings and Memorials

Flowers and Greens

October 7
• in thanksgiving for the blessing of our family—Chris & Christine Morrison
• with prayers for Jackye Finnie—the Gitta family

October 21
• in loving memory of Kathryn Oross Veasie—Ruth Finet-Rinehart
• in recognition of five years of healing—Karen Kissinger

October 28
• in thanksgiving for Thomas H. Rinehart—Ruth Finet-Rinehart
• in thanksgiving for our granddaughter, Maya Mc Leroy—Ron & Carolyn Mc Leroy
• in thanksgiving for my daughter, Martha Kretsinger Ransom—Carolyn Kretsinger

November 4
• in thanksgiving for our granddaughter, Grace Leonard—Ron & Carolyn Mc Leroy
• in thanksgiving for the baptism of our grandsoms, Corbin Graham Munsell and Everett Graham Newton—Suzanne & Dale Graham
• to the glory of God—Carmen Quintero
• in celebration of the marriage of Danielle Wallace and David Greenwald

November 11
• in loving memory of Thomas H. (Tyger) Rinehart—Ruth Finet-Rinehart
• in loving memory of my father, Wayne A. Pieper—Kathryn Pieper
• in thanksgiving for our grandson, Evan Jacob Carlson-Lee—Bob & Linda Carlson

November 18
• to the glory of God

November 25
• to celebrate the birthday of Anne Morse—Richard Morse
• to the glory of god—anon
• in memory of Arthur A. Vogel—Edward & Ann Matheny
• in thanksgiving for God’s unfailing love for his people—the Gitta family

December 2
• in thanksgiving—Sara Gaggens
• in thanksgiving for all blessings—the Gitta family

December 16
• in thanksgiving for the birthday of our son, Brad Mc Leroy—Ron & Carolyn Mc Leroy
• in thanksgiving for church family and friends’ prayers—the Gitta family
• in memory of Granddaddy & Grandmommy Kretsinger and uncle Bark Kretsinger—Kate Norris

December 23
• in thanksgiving for our little one, Michael’s birthday on December 25—Premkumar & Caroline John
• in thanksgiving for our grandson, Frank Gorsuch—Bob & Linda Carlson
• in thanksgiving for the gift of life—the Gitta family
Through the end of November, expenses at the Cathedral exceeded income. This has been a challenging year due to our transition to a new Dean. Most of the costs involved in the transition were anticipated and money was withdrawn from the endowment to cover these anticipated costs. Moreover, the staff did a good job in controlling costs and in many areas our expenses have run below budget through the end of November. However, pledge and plate receipts in 2018 are trailing those for 2017. This caused the YTD deficit.

The Cathedral is blessed to have an endowment which provides financial stability for its ministry. However, the endowment cannot pay for the expenses of the Cathedral on its own, the congregation must contribute financially to the church if we are to have an active ministry. Congregation members are prayerfully asked to complete their 2018 pledges and to make a pledge for 2019.

—Chuck Ritter

Treasurer’s Report

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Update Your Contact Information

Have you updated your contact information recently? If you haven’t, now is a perfect opportunity to make sure the Cathedral has your current information.

If you need to update your information, you may do so online at secure.accessacs.com. Click on “Need a login? Click here for access.” Once you have created an account you may also access membership information through the ChurchLife app, available for iPhone, Android or Windows phones.

If you would like to update your email address for electronic Cathedral communications, go to the Cathedral website, kccathedral.org, and find the “Subscribe to our mailing list” box, in the left sidebar. Fill out the pertinent information in that box and hit the “Subscribe” button at the bottom.

If you need help, please contact Janet Sweeting at jsweeting@kccathedral.org or 816.474.8260 for assistance.

—Janet Sweeting

Treasure Tours

January 20 & February 17
11:45 a.m.

Join us at the back of the Nave to discuss a few of our beautiful stained-glass windows and hear about the work that went into restoring them.

—Jackye Finnie & Joyce Morrow
Week of Prayer for Christian Unity 2019
January 18–25

Every year Christians across the world gather in prayer for growth in unity. Ours is a united prayer in a fractured world: this is powerful. However, as individual Christians and communities, we are often complicit with injustice, and yet we are called together to form a united witness for justice and to be a means of Christ’s healing grace for the brokenness of the world.

The Week of Prayer for Christian Unity 2019, held January 18–25, has been prepared by Christians from Indonesia. The Christians of Indonesia found that the words of Deuteronomy, “Justice, and only justice, you shall pursue ...” (Deut. 16:18–20) spoke powerfully to their situation and needs.

The reflections for the eight days will be focused on the chosen theme. To deepen our reflection on unity and justice, the topic of each day has been carefully chosen to present struggles that result from injustice. The themes are:

Day 1: Let justice roll down like water. (Amos 5:24)
Day 2: Let your word be ‘Yes, Yes’ or ‘No, No’ (Matthew 5:37)
Day 3: The Lord is gracious and merciful to all. (Psalm 145:8)
Day 4: Be content with what you have. (Hebrews 13:5)
Day 5: To bring good news to the poor. (Luke 4:18)
Day 6: The Lord of hosts is his name. (Jeremiah 10:16)
Day 7: Woman, great is your faith! (Matthew 15:28)
Day 8: The Lord is my light and my salvation. (Psalm 27:1)

Father Paul Turner, Rector at the Cathedral of the Immaculate Conception (CIC) will offer a homily at the Cathedral’s Evensong service on Day 3, January 20, at 5 p.m. Dean Evelyn will preach at CIC on Day 4 at 12:15 p.m.

Shrove Sunday Pancake Breakfast (catered by Chris Cakes)
Sunday, March 3
9 & 11:30 a.m.

Ash Wednesday Services
March 6
7 a.m., 12:05 p.m. & 7 p.m.

Wednesdays during Lent: The Way and other classes will be offered. More details to come.

Episcopal & Friends
LGBT Gatherings

Although we are taking the month of January off, we will strive to have monthly gatherings. For information about future gatherings, send an email to lgbt@kccathedral.org.

—Brian Cowley
2019 Annual Meeting
January 27

Join us Sunday, January 27 for worship at 10:15 a.m. ( THAT WILL BE THE ONLY WORSHIP SERVICE THAT MORNING) and participate in the Annual Meeting.

At the annual meeting we:
• celebrate some of our amazing ministries,
• honor outgoing and elect new Vestry members,
• gather as a parish family of all ages to celebrate Eucharist and give thanks for the blessings we have known.

Nursery care is provided throughout the celebration. The 5 p.m. service will take place as usual.