



The Angelus

Grace and Holy Trinity Cathedral • Kansas City, Missouri

Vol. 85, No. 1 • January 2016

FROM THE DEAN

Prayer Brings Peace

Do not worry about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus. —Philippians 4:6-7

What strikes me in a new way as I read Paul’s words is the connection he makes with prayer and peace. When Paul wrote to the church in Philippi he mentioned issues both he and they could not ignore, and he shared his joy and happiness in knowing Christ. This joy, he told them, has its source in peace. In everything by prayer ... let your requests be made known to God.

As one year gives way to another a window opens for review. Here is a calendar-driven opportunity to take inventory on what to keep and what to unload. The new days of January also give space to approach life with new resolve and forward vision.

Whether we are intentional or not in our approach to a new year, I find Paul offers something of utmost value we all can practice. His advice is simply to pray about everything, and to do that with thanksgiving — and “the peace of God, which surpasses all understanding will guard your hearts and minds in Christ Jesus.”

My read here is that not everything that one asks will be granted, but that in asking there will be peace. Often when we tell another person what it is we hope for — what we plan to do — what we worry about or fear, it gives strength to meet the coming days. Once said, it’s time to keep living and face a new day.

With the invitation to let requests be made known to God, one’s hopes and fears are named. What is

more, regardless of outcomes and what new days may hold, the conversation of prayer is accompanied by peace — peace that passes understanding. We can’t describe what it is, but we can know that it is real. Peace.

A song children like to sing includes arm motions that embody its message. Imagine saying the words that follow with your own body motion:

*Peace before us,
peace behind us,
peace under our feet.*

*Peace within us,
peace over us,
let all around us be peace.*

Here is useful wisdom that we carry into the New Year. At all times and in all places the continual motion of soul and body in prayer brings peace. Blessed New Year,

Gratefully,

Peter

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Treasurer's Report

Income in November was below that of November 2014 due to a change in the month the Cathedral receives disbursements from an externally managed trust. Expenditures in November of this year exceeded those last year due to a higher Social Outreach contribution. However, the Cathedral still managed an operating surplus for the month of November.

Income on a YTD basis through November exceeded the YTD totals in November last year due to higher pledge and plate receipts. Operating expenditures on

a YTD basis ran below the totals at this time last year, even though the Cathedral made higher contributions to Social Outreach and the larger Church this year. These higher contributions to ministry were more than offset by lower expenditures on property and administration. The result is that through November, the Cathedral achieved a modest surplus in 2015 compared to a deficit in 2014.

While income and expenditures are better balanced this year, it is still important that Cathedral members remember to complete their pledges in 2015. Moreover, it is also important that members prayerfully consider making a Pledge for 2016, if they have not already made one.

—Chuck Ritter, Treasurer

Welcome to the Cathedral:

Newcomer Gathering

Sunday, January 17, 11:45 a.m.

Are you new to Grace and Holy Trinity Cathedral? Would you like to learn more about the Cathedral and the many ways you can connect with others? If so, please join us at our next Newcomer Gathering on Sunday, January 17, following the 10:15 worship service. We gather for an informal lunch and conversation in the meeting room in Founders' Hall. You will have an opportunity to meet other newcomers, ministry leaders, and clergy. Regardless of where you are on your spiritual journey, you are welcome here. We look forward to meeting you and sharing more about GHTC. For more information, please contact Rev. Christy Dorn, cdorn@kccathedral.org or 816-474-8260, ext. 152.

Dean's Forum: Sundays in January

Outreach: So, what can I do? Here's your chance!

If you are looking for a hands-on way to help people this is your opportunity to do just that. For five Sundays in January persons representing different kinds of outreach opportunities in greater Kansas City will be here on **Sundays at 9:15 a.m. in the Common Room** to talk about how you can become involved. There will also be information at the hospitality time each Sunday.

January 3

Kansas City Community Kitchen and Episcopal Community Services: Beau Heyen, Director, and Mandy Caruso-Yahne, Director of Community Engagement present ways you can realize New Year's resolutions to make a difference

January 10

Social Outreach, Grace and Holy Trinity Cathedral: On the Sunday we remember the baptism of Jesus and our own baptismal promise to seek and serve Christ in all persons, a group of members of the Cathedral present the many ways you can take part in direct outreach through the Cathedral.

January 17

Literacy Kansas City: The ability to read is a basic tool for a meaningful life. There are many who lack this skill. Gillian Helm and others share ways you can help others to expand their possibilities by learning to read.

January 23

New Americans Program: We hear about ways we can help persons new to the United States and American culture learn about their new land, its language and ways.

January 30

An opportunity for **downtown outreach** will be presented on this Sunday.

Pastoral Ministries

The care of souls has long been a mission of the Christian community. Such care makes God's love and concern both present and tangible. Through pastoral ministries, the faith community shares in the joys and sorrows of parishioners to offer support and prayer. Times of illness and hospitalization can be anxious times. Please notify the cathedral clergy or cathedral office in times of personal crisis, illness, hospitalizations, or life-changing events affecting you or a loved one. We want to offer needed support.

Youth update

Chiefs Recap

Thanks to a very generous donation from one of our Kansas City Chiefs, Husain Abdullah, the Trinity Teens attended the Chiefs vs. Chargers game on December 13 and had an awesome time!

Spring 2016 Youth Group

Youth Group will resume for the spring semester on Wednesday, January 6, 7:00-8:30 p.m. in the Haden Hall Youth Room. This semester we will continue our look at our faith lives while engaging in service and fellowship. All meetings start with dinner and end with worship. Youth in grades 6–12 are invited to join us!

Sunday Youth Formation

Weekly formation will resume on Sunday, January 17, in the Youth Room. Youth are invited to stop by for discussion at 9:30 a.m.

Network Nomadic Dinner

Join the Youth Network for a progressive dinner to our local churches on January 22! More information is available on the Diocesan Youth Ministry Web site and the Network Facebook page.

Stay Up to Date

If you would like to receive weekly Trinity Teens Updates regarding youth ministry happenings, please email youthformation@kccathedral.org to join the list.





the Way

You are invited to come along the journey

**Begins
Wednesday,
January 6**

Each session includes a meal and conversation, a brief teaching, and time to engage with Scripture around a table. The Way is for persons who would like to know more about the Christian faith and life, about the tradition and practices of this church, prepare for baptism or the affirmation of baptism through confirmation or reception. It is for persons wishing to unite formally, or “join,” this church.

The Way, our version of the “catechumenate” begins in the fall and runs through the Easter season. Breaks are taken in December and the weeks before and after Easter.

All are invited to journey along The Way. Questions? Contact Peter DeVeau, pdeveau@kccathedral.org; or Larry Ehren, lgehren@yahoo.com.

Wednesday evenings include:

- 6 p.m. — Supper and Conversation. Meals are free!
- 7-8 p.m. — Teaching, Small Group Study and Prayer



Family and Children's Ministry News

Epiphany Sunday • January 3

Children are invited to dress as kings (we provide the costumes) and process with the gifts during the offertory. After the service, all are invited to enjoy some King Cake at coffee hour.

Family Ministry Lunch • January 10

Join us for lunch in Haden Hall, following services.

SAVE THE DATE!

FAMILY CAMP, JUNE 3-5, 2016

Heartland Presbyterian Center, Parkville, MO
Watch this space for more information about our second Family Camp Weekend. All are welcome as space is available.

Questions? Please contact Julie Brogno, 816-474-8260 or childrensformation@kccathedral.org.

Annual Meeting: January 31

11:45 a.m. • Founders' Hall

At the annual meeting we:

- celebrate some of our amazing ministries and those individuals who make them possible.
- honor Vestry members who are completing terms and elect new Vestry members.
- share written reports: 2015 financial reports, the 2016 budget, and summaries of various programs and mission activities.
- gather as a parish family of all ages to celebrate Eucharist, share a meal, give thanks for the blessings we have known as a community in the last year and celebrate the wondrous opportunities the Lord Christ places before us.

Nursery care is provided throughout the celebration.

We look forward to this time together and look forward to seeing you at the Annual Meeting!

Grace and Holy Trinity Cathedral is a Stephen Ministry congregation. To find out more about this ministry, call 816-474-8260.



December Flowers, to the Glory of God ...

December 6

- prayer candles for the month of November given by
— Bud & Candy McDowell

December 13

- in thanksgiving for the birthday of Leslie Branton Hoffecker
— Shawsie Branton
- in thanksgiving for the birthday of our son, Brad McLeroy
— Ron & Carolyn McLeroy

December 20

- in thanksgiving for Frank Carlson Gorsuch
— Bob & Linda Carlson
- in memory of my beloved mother Maria Quintero and
in memory of Maria Devinki & family
— Carmen Quintero
- in thanksgiving for the birthday of our son Michael John
—Premkumar & Caroline John
- in thanksgiving —Richard & Anne Morse

Christmas 2015



In Thanksgiving for

Our grandchildren by Pat & Kay Woolley
Our children and grandchildren by Brent & Ellen Spake
Our children and grandchildren
by Cathy & Michael Thomas
By Sandra L. Bressman
Our daughter Noël and our grandson Gordon
by Harley & Pat Miller
Our children and grandchildren by Ron & Carolyn McLeroy
Many blessings for the year by Marlene Link
Grandkids by Marnell Sparks
Marian Philip by Sandy Carter
Julie, John, Maddie & Jack by Rick & Ellen Goheen
My children, Melisa & Scott, and grandchildren, Nathan,
Sean, & Erik by Patricia Burns
My family, Tara, Bob, Ryan, Caroline, Patrick by Dick Fickle
Dean Peter and Sara Copeland by Episcopal Community
Services
The birth of Alice Winifred DeVeau and the people of Grace
and Holy Trinity Cathedral by Peter & Mary DeVeau
Our friends at Grace and Holy Trinity Cathedral
by Bill & Hampton Hubbard
Family, friends, grandchildren and great-grandchildren
by Phyllis & Jim Shaffer
John & Leona by Al Schneider
My parents, Col. And Mrs. John M. Brooks (Ret.), and our
new grandson, Ryan Bloch Nelson Goldberg,
by Dr. & Mrs. John B. Nelson
By Augusta Wilbon
Jay & Her Family by Gene McLaughlin
Joanne Jones by Janet, Ric & Devon Sweeting

In Memory of

The Burke Family by Beverly Burke
My parents, Florence & Harry Hall, by Kay Sloan
Caroline Helmkamp by Richard Lee Sloan
Our daughter Lynn McLeroy & our grandson Max McLeroy
Charles Bergston by Janet Duncan
Mr. & Mrs. Delbert Trapp, Mr. & Mrs. William Deramus,
Bruce Gehlbach
Wm. Coleman Branton by Mrs. Wm. Coleman Branton
Miller & Katie Nichols by Kay & John Callison
John Obetz by Grace, Peter and Christy
Billie N. Wallace by Herman Wallace
Newt Lewis, Anne & Clarence Hansen by Gordon Hansen
Frank, Mary Belle and Augusta Fanolio; Hazel, Loyd, Don
and Jerry Smith by Richard & Jill Fanolio
Our parents, Ted & Martha Iott; Nick & Elynor Baresi and
Sabino Bilotta by Larry & Beverly Bilotta
John & Nora Gaggens by Sara Gaggens
Bob Radcliff by Joyce McIntosh
Ralph Seeck and Janice Wesley by Bill & Valerie Miller
and Family and Carolyn Seeck
Alvin Shifflett and Seroba Shifflett; Pat Snider and
David F. Conley
Betty, Berry & Douglas by Gene McLaughlin
Cecelia Bowen & Cecelia Kennedy
by Doug & Cecelia McNair
Howard & Bettie Stewart and Karol Stewart Mitko
by Janet, Ric & Devon Sweeting

Gifts of Flowers or Candles

Memorials are *not* covered by your annual pledging but are special gifts, given by individuals who want to acknowledge special events or people in their lives. Memorial gifts can be flowers, door wreaths, or candles and are usually given in *honor of, thanksgiving for, or in memory of, a loved one or a special occasion.*

Our website allows you to sign up and even pay by credit card. You may sign our annual Flower Chart found in Founders' Hall, and you will be contacted by mail regarding your gift. Our flower line (816-474-8260 ext.103) is available to take messages 24 hours a day.

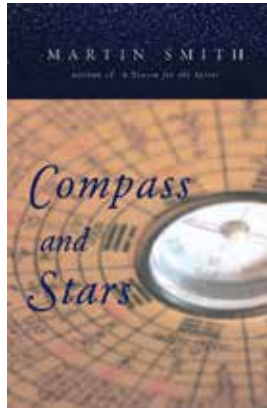
These gifts are accepted throughout the year and are acknowledged each week in the service bulletin and monthly in *The Angelus* but may be kept anonymous if so desired. When writing a check or giving cash, please annotate the envelope or check "flowers" or "candles" for flowers or candles and you will be contacted regarding your gift.

If you would like to set up an annual memorial gift on or closest to the same dates each year, simply contact Janet Sweeting, 816-474-8260 ext. 144 or jsweeting@kccathedral.org, to set up a notice of annual memorial. Please contact Janet Sweeting if you have any questions or go to kccathedral.org/flowers for more information.



Women's Bible Study Begins New Focus in January

Beginning in January 2016, the Women's Bible Study group will use a new text as inspiration for its weekly hour of discussion. The book, *Compass and Stars*, by The Rev. Martin L. Smith, is available in the Cathedral Bookstore or can be purchased online at churchpublishing.org. It is a collection of 34 essays, ranging in length from two to four pages.



From the cover: "These informal musings and reflections, at once theologically substantial and genuinely popular, are designed to help us get our bearings in the life of the Spirit today. With humor and pastoral sensitivity Martin Smith reveals the staleness and oppressive nature of many of our spiritual practices at a time when more than ever, we need to stand back and let the fresh winds of the Spirit blow through our lives." Essay titles include: "Dirty Work," "Oh-My-God," "A Spirituality of Shopping," and "Namaste."

Each week, the group reads an essay aloud at the beginning of the hour, and then sees where the spirit takes them. Usually the group completes its discussion of one essay each week. Women's Bible Study meets weekly on Tuesdays at 1:30 p.m. in the Haden Hall Youth Room. All are welcome. If you have the inclination, but not the book — come anyway, and someone will share!

Scouts Assist Pantry

Jim Phillips' Boy Scout Pack 16 collected 633 pounds of food during the "Trick or Treat So Others Can Eat" campaign. (This is almost equal to the amount of food collected by the entire congregation.) They delivered the food to St. Mary's Pantry in time for the Thanksgiving Distribution. A very special thank you to Jim and Pack 16 who will be making the holidays a little more festive for many families.



A Report on Maison de Naissance

Maison de Naissance is the birthing center supported by Grace & Holy Trinity Cathedral. The latest *DEKABES*, the newsletter of Maison de Naissance, includes good news. Go to globalbirthinghomefoundation.org to read the full article.



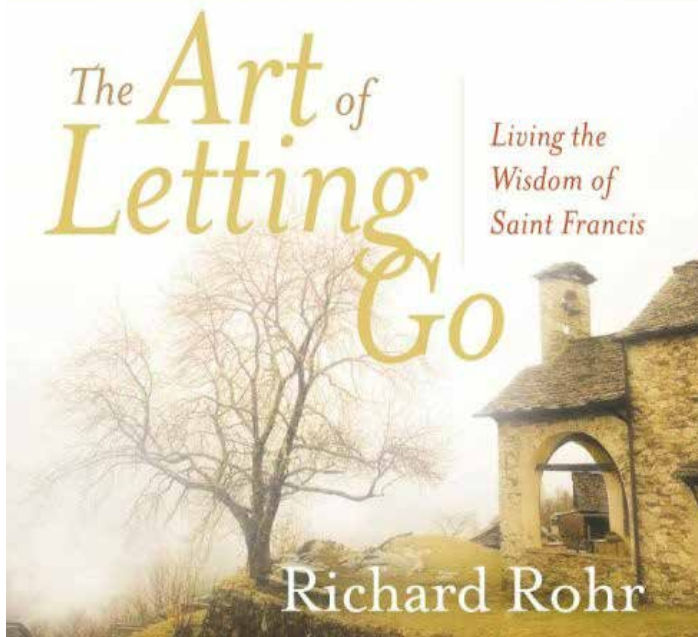
From Jim Grant, Exec. Director:

- 2015 has seen much progress in increased patient volume and in the ongoing economic development program. A garden test plot in 2014 grew in 2015 to include the entire back lot. MN is experimenting with the Moringa plant — hailed as a new super food. Leaves and seed pods are very nutritious and can be added to many foods, e.g. peanut butter, the better to fight malnutrition. It can even be used for livestock feed.
- The Foundation is working to expand international partnerships with Episcopal Relief and Development and many other organizations, in pursuit of newly defined Sustainable Development Goals, successors to the UN Millennium Development Goals.
- In October, the 11th anniversary event was celebrated at the clubhouse at Lionsgate. A silent auction brought in \$20,000 for MN.
- Also in October, a group from here went to Haiti. One volunteer taught ultrasound skills and helped the midwife staff create an ultrasound report and protocol. Another volunteer taught IUD counseling, insertion and care.
- A video was produced so that staff can review what they learned. Another video will be made that will be used to teach Moms about this form of contraception.
- One volunteer, named "Mr. Fix-It" made needed repairs at the maternity center.
- This was by far the most complex trip ever planned at MN, but both the volunteers and the MN Staff were gratified to have accomplished so much.

Global Birthing Home Foundation is a US501(c)3 nonprofit charity that supports Maison de Naissance ("Home of Birth") a maternity center in an Impoverished community in rural SW Haiti.

Men's Monthly Lunch Bunch

Men of the Cathedral, join us for a monthly lunch get together. The next date is Wednesday, January 6, at Californo's in Westport, 11:45 a.m. Our agenda is fun, food, fellowship. All are welcome. RSVP to Jim Robertson, jasbrob@aol.com, as soon as possible.



Contemplative Living Through Centering Prayer

If you are looking for liberation, join the Centering Prayer group to experience “The Art of Letting Go.” Richard Rohr brings a firsthand knowledge of the world’s great spiritual practices to guide us gently in to the unfolding stages of liberation discovered by Saint Francis in his own life. You will discover the surprising richness encountered through simplifying your life and gain liberation from self-limiting biases and certitudes. The group meets Monday evenings, 7:15-8:30 p.m. in the Common Room. You may join the group at any time. For more information or to enroll, contact Jerry Grabher, j.grabher3@gmail.com or 816-590-6205.

January 4: Cultural Liberation from Our Biases

January 11: Dogmatic Liberation From Our Certitudes

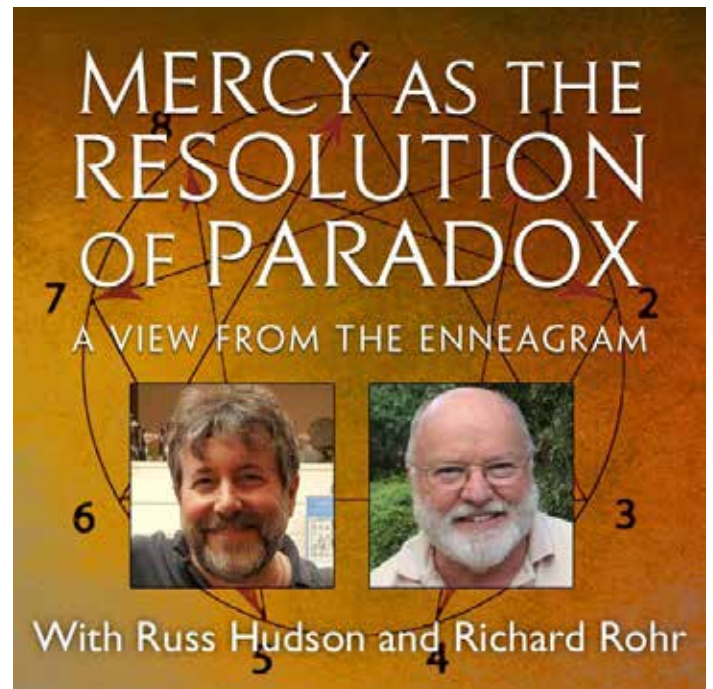
January 18: Personal Liberation From the System

January 25: Spiritual Liberation From the Divine

February 1: Liberation Into Mystery

Episcopal & Friends LGBT Fellowship Group

The next get together is Sunday, January 3, at St. Mary’s Episcopal Church, 1307 Holmes, at 6 p.m. All are invited to bring a side dish or beverage to share. Remember, this group has no agenda other than the three “Fs”: fun, food, and fellowship. All are welcome. Contact Jim Robertson, jasbrob@aol.com, for more information.



Enneagram: A Webcast

Tuesday, January 26, 7-9 p.m.

Globally renowned Enneagram teacher Russ Hudson joins author Richard Rohr to share an ancient tool for understanding personality. Learn how Mercy draws each of us toward wholeness through our unique strengths and weaknesses. Whether new to or familiar with the Enneagram, all are welcome to view this special Webcast: “Mercy As the Resolution of Paradox: A View From the Enneagram.” Contact Jerry Grabher, j.grabher3@gmail.com or 816-590-6205, to register or for more information. Registration deadline is Friday, January 15.

Prayer Shawl Ministry: Contemplative Knitting

In times of crisis, illness, need, or transition, we sometimes long for a gift of love. This describes our Prayer Shawl Ministry. Members of this ministry knit or crochet shawls for the blessing and comfort of others in need. Often, in our visits to parishioners who are ill or in need, the clergy will give a shawl.

In a note we recently received, thanking our Prayer Shawl “Angels” for this gift of love, the recipient said, “Your gift of a prayer shawl has been a comfort and blessing to me during my recovery. My heartfelt thanks.”

Knitters of all abilities are welcome to join this ministry. Please contact Canon Christy Dorn or a member of this ministry if you would like to know more. They are: Mary DeVeau, Jackye Finnie, Lenette Johnson, Debbie Marrs, and Coyote Schaaf.

Thank you, knitters, for your gifts of love.



Keep Us Current

Ring in the New Year by making sure the Cathedral has your correct contact information. Have your address or phone number recently changed? <https://secure.accessacs.com/access/memberlogin.aspx?sn=107131>. Your first time logging in, you'll need to click on: *Need a login? Click here for access.* There's also an app (ChurchLife) that you may download for iPhone, Android or Windows phones. You must create a login on the website before you can access the app. If you are unable to access the site, please e-mail your changes to office@kccathedral.org. Thank you!



**Grace and
Holy Trinity
Cathedral**

The Episcopal Diocese of West Missouri

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The Very Rev. Peter DeVeau, *Dean*
The Rev. Canon Christy Dorn, *Associate*
The Rev. Jerry Grabher, *Deacon*
The Rev. Leslie Hoover, *Deacon*
The Rev. Jim Robertson, *Deacon*
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Julie Toma, *Cathedral Administrator*
David Stoll, *Financial Administrator*
Patrick Bell, *Communications Coordinator*
Janet Sweeting, *Sacristan*
Mike Guidry, *Interim Property Manager*

Weekly Activities

Sunday

8:00 a.m. Holy Eucharist
9:15 a.m. Adult Formation
9:30 a.m. Youth Formation
10:15 a.m. Holy Eucharist
& Children's Chapel
5:00 p.m. Holy Eucharist

Monday

12:05 p.m. Holy Eucharist
7:15 p.m. Centering Prayer

Tuesday

12:05 p.m. Holy Eucharist
1:30 p.m. Women's Bible Study
2:30 p.m. Men's Bible Study

Wednesday

12:05 p.m. Holy Eucharist
5:30 p.m. The Tallis Singers
6:00 p.m. The Way
7:00 p.m. Trinity Teens Youth Group

Thursday

12:05 p.m. Holy Eucharist
6:00 p.m. Cathedral Bell Ringers
7:30 p.m. Trinity Choir

Friday

12:05 p.m. Holy Eucharist

Highlights for January

- 1 • **FRIDAY — NEW YEAR'S DAY**
Buildings and Offices Closed for the Holiday
- 6 • **WEDNESDAY**
Men's Lunch Club (11:45 a.m.)
- 10 • **SUNDAY**
Family Ministry Lunch (11:45 a.m.)
- 17 • **SUNDAY**
Choral Evensong (5 p.m.)
- 18 • **MONDAY — MLK DAY**
Buildings and Offices Closed for the Holiday
- 23 • **SATURDAY**
Emergency Preparedness Workshop (9 a.m.)
- 26 • **TUESDAY**
Enneagram Webcast (7 p.m.)
- 28 • **THURSDAY**
Vestry (5:30 p.m.)

- 30 • **SATURDAY**
Friends of Chamber Music:
New York Polyphony (8 p.m.)
- 31 • **SUNDAY**
Annual Meeting (11:45 a.m.)

