

GRACE AND HOLY TRINITY CATHEDRAL



THE FIFTEENTH SUNDAY AFTER PENTECOST
September 1, 2013 • 5 p.m.

Service Notes

Page numbers in the right column refer to the red book, *Book of Common Prayer*.

Hymn numbers in the right column refer to the blue book, *The Hymnal 1982*.

“S” numbers (e.g. S120) are located in the front of the hymnal.

Hymn numbers preceded by “Wonder, Love and Praise” refer to the green book, *Wonder, Love and Praise*.

Order for Evening

OPENING ACCLAMATION *Please stand, as able.*

Officiant Light and peace, in Je - sus Christ our Lord.

People Thanks be to God.

PRAYER FOR LIGHT

LIGHTING OF THE CANDLES

RESPONSORY

Cantor; then People

From the rising of the sun to its go - ing down,

let the Name of the Lord be praised.

Cantor From this time forth for ev - er - more: *People* Let the Name

Cantor of the Lord be praised. Glo - ry to the Fa - ther,

and to the Son, and to the Ho - ly Spi - rit.

People

From the rising of the sun to its go - ing down,

let the Name of the Lord be praised.

V. The sun knows the time of its set - ting:

R. You make darkness that it may be night.

Setting: Mode 6 melody; adapt. Bruce E. Ford (b. 1947).
 © 1985, Bruce E. Ford.

1 O gra - cious Light, Lord Je - sus Christ, in
 2 Now sun - set comes, but light shines forth, the
 3 Wor - thy are you of end - less praise, O

you the Fa - ther's glo - ry shone. Im - mor - tal, ho - ly,
 lamps are lit to pierce the night. Praise Fa - ther, Son, and
 Son of God, Life - giv - ing Lord; where - fore you are through

blest is he, and blest are you, his ho - ly Son.
 Spi - rit: God who dwells in the e - ter - nal light.
 all the earth and in the high - est heaven a - dored.

Words: Greek, 3rd cent.; tr. F. Bland Tucker (1895–1984); para. of *O Gracious Light*. Music: *The Eighth Tune*, Thomas Tallis (1505?–1585); adapt. *Hymnal 1982*

The Liturgy of the Word

COLLECT OF THE DAY

Celebrant The Lord be with you.

People **And also with you.**

Celebrant Let us pray.

Lord of all power and might, the author and giver of all good things: Graft in our hearts the love of your Name; increase in us true religion; nourish us with all goodness; and bring forth in us the fruit of good works; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God for ever and ever.

People **Amen.**

THE LESSONS *All are seated. Meditative silence follows the readings.*

Reading: Jeremiah 2:4-13

Lector Hear the word of the Lord, O house of Jacob, and all the families of the house of Israel. Thus says the Lord: What wrong did your ancestors find in me that they went far from me, and went after worthless things, and became worthless themselves? They did not say, "Where is the Lord who brought us up from the land of Egypt, who led us in the wilderness, in a land of deserts and pits, in a land of drought and deep darkness, in a land that no one passes through, where no one lives?" I brought you into a plentiful land to eat its fruits and its good things. But when you entered you defiled my land, and made my heritage an abomination. The priests did not say, "Where is the Lord?" Those who handle the law did not know me; the rulers transgressed against me; the prophets prophesied by Baal, and went after things that do not profit. Therefore once more I accuse you, says the Lord, and I accuse your children's children. Cross to the coasts of Cyprus and look, send to Kedar and examine with care; see if there has ever been such a thing. Has a nation changed its gods, even though they are no gods? But my people have changed their glory for something that does not profit. Be appalled, O heavens, at this, be shocked, be utterly desolate, says the Lord, for my people have committed two evils: they have forsaken me, the fountain of living water, and dug out cisterns for themselves, cracked cisterns that can hold no water.

The Word of the Lord.

People **Thanks be to God.**

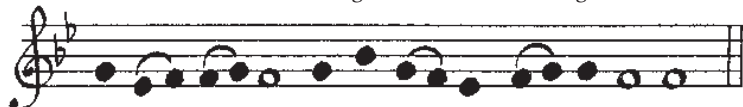
Psalm 81:1, 10-16 *sing the verses in bold with the cantor*



Cantor Sing with joy to God our | strength *
and raise a loud shout to the | God of Jacob.

All **I am the Lord your God, who brought you out of the land of Egypt and | said, ***
“Open your mouth wide, and | I will fill it.”
And yet my people did not hear my | voice, *
and Israel would | not obey me.
So I gave them over to the stubbornness of their | hearts, *
to follow their | own devices.
Oh, that my people would listen to | me! *
that Israel would | walk in my ways!
I should soon subdue their | enemies *
and turn my hand | against their foes.
Those who hate the Lord would cringe be|fore him, *
and their punishment would | last for ever.
But Israel would I feed with the finest | wheat *
and satisfy him with hon|ey from the rock.

GOSPEL VERSE AND ALLELUIAS *Standing, as able. The Cantor sings the verse, which is then repeated by the congregation.*



Al-le -lu -ia, al-le-lu -ia, al -le-lu-ia.

Let your face shine upon your servant; and teach me your laws.

THE HOLY GOSPEL: Luke 14:1, 7-14

Celebrant The Holy Gospel of our Savior Jesus Christ according to Luke.

People **Glory to you, Lord Christ.**

Celebrant On one occasion when Jesus was going to the house of a leader of the Pharisees to eat a meal on the sabbath, they were watching him closely. When he noticed how the guests chose the places of honor, he told them a parable. “When you are invited by someone to a wedding banquet, do not sit down at the place of honor, in case someone more distinguished than you has been invited by your host; and the host who invited both of you may come and say to you, ‘Give this person your place,’ and then in disgrace you would start to take the lowest place. But when you are invited, go and sit down at the lowest place, so that when your host comes, he may say to you, ‘Friend, move up higher’; then you will be honored in the presence of all who sit at the table with you. For all who exalt themselves will be humbled, and those who humble themselves will be exalted. He said also to the one who had invited him, “When you give a luncheon or a dinner, do not invite your friends or your brothers or your relatives or rich neighbors, in case they may invite you in return, and you would be repaid. But when you give a banquet, invite the poor, the crippled, the lame, and the blind. And you will be blessed, because they cannot repay you, for you will be repaid at the resurrection of the righteous.”

The Gospel of the Lord.

People **Praise to you, Lord Christ.**

MEDITATION *All are seated.*

NICENE CREED *Please stand, as able.*

red Book of Common Prayer, page 358

THE PRAYERS OF THE PEOPLE

Leader God of mercy and peace,

People **Hear our prayer.**

CONFESSION AND ABSOLUTION *Please kneel, as able*

red Book of Common Prayer, page 360

Celebrant The peace of the Lord be always with you.
 People And also with you.

The Holy Communion

The Holy Table is prepared for Eucharist.

OFFERTORY HYMN "As those of old their first fruits brought" *Please stand, as able.*

blue Hymnal, hymn 705

1 As those of old their first fruits brought of vine-yard, flock, and
 *2 A world in need now sum-mons us to la-bor, love, and
 3 With grat-i-tude and hum-ble trust we bring our best to

field to God, the giv-er of all good, the
 give; to make our life an of-fer-ing to
 thee to serve thy cause and share thy love with

source of bount-eous yield; so we to-day our
 God that all may live; the Church of Christ is
 all hu-man-i-ty. O thou who gav-est

first fruits bring, the wealth of this good land, of
 call-ing us to make the dream come true: a
 us thys-elf in Je-sus Christ thy Son, help

farm and mar-ket, shop and home, of mind, and heart, and hand.
 world re-deemed by Christ-like love; all life in Christ made new.
 us to give our-selves each day un-til life's work is done.

Words: Frank von Christiernson (1900–1996), alt. Music: *Forest Green*, English melody; adapt. and harm. Ralph Vaughan Williams (1872–1958). Copyright: Words: Copyright © 1976, by The Hymn Society of America, Texas Christian University, Fort Worth, TX 76129. All Rights Reserved. Music: By permission of Oxford University Press. All Rights Reserved. Reprinted under OneLicense.net #A-710278.

Celebrant The Lord be with you.
 People **And also with you.**
 Celebrant Lift up your hearts.
 People **We lift them to the Lord.**
 Celebrant Let us give thanks to the Lord our God.
 People **It is right to give our thanks and praise.**

“Holy, holy, holy, Lord”

blue Hymnal, hymn S124

Ho - ly, ho - ly, ho - ly Lord, God of pow - er and might, hea - ven and
 earth are full of your glo - ry. Ho - san - na in the high - est.
 Bless - ed is he who comes in the name of the Lord. Ho - san - na in the high - est.

Music: From *New Plainsong*; David Hurd (b. 1950). Copyright © 1981, G.I.A. Publications, Inc. All Rights Reserved. Reprinted under OneLicense.net #A-710278.

Memorial Acclamation

Celebrant Therefore we proclaim the mystery of faith:
 All **Christ has died.**
 Christ is risen.
 Christ will come again.

The Lord's Prayer

blue Hymnal, hymn S119

Our Fa - ther, who art in hea - ven, hal - low - ed
 be thy Name, thy king - dom come, thy will be done,
 on earth as it is in hea - ven. Give us this day our
 dai - ly bread. And for - give us our tres - pas - ses,
 as we for - give those who tres - pass a - gainst us. And lead
 us not in - to temp - ta - tion, but de - liv - er us
 from e - vil. For thine is the king - dom, and the power,
 and the glo - ry, for ev - er and ev - er. A - men.

Music: Plainsong; adapt. Charles Winfred Douglas (1867–1944).

Breaking of the Bread

blue Hymnal, hymn S154

Al - le - lu - ia, al - le - lu - ia, al - le - lu - ia.
 Christ our Pass - o - ver is sac - ri - ficed for us;
 there - fore let us keep the feast.
 Al - le - lu - ia, al - le - lu - ia, al - le - lu - ia.

Music: From *New Plainsong*; David Hurd (b. 1950). Copyright © 1981, G.I.A. Publications, Inc. All Rights Reserved. Reprinted under OneLicense.net #A-710278.

COMMUNION

We invite those who are able to come forward to place their offering in the large basket and to place symbols of their labor on the tables.

All those desiring a relationship with Christ are invited to receive Holy Communion.

To take communion receive the bread in your hands (for gluten-free bread cross your hands palms down).

Drink the wine from the cup, or holding the bread in your hands, wait for the minister to dip the bread in the wine and place it on your tongue.

You may choose not to take the wine by crossing your hands over your chest.

For a blessing, cross your hands over your chest.

POSTCOMMUNION PRAYER *Please stand, as able.*

red Book of Common Prayer, page 365

All Eternal God, heavenly Father,
 you have graciously accepted us as living members
 of your Son our Savior Jesus Christ,
 and you have fed us with spiritual food
 in the Sacrament of his Body and Blood.
 Send us now into the world in peace,
 and grant us strength and courage
 to love and serve you
 with gladness and singleness of heart;
 through Christ our Lord. Amen.

BLESSING OF OUR LABOR

Celebrant Almighty God, you have so linked our lives one with another that all we do affects, for good or ill, all other lives: So guide us in the work we do, that we may do it not for self alone, but for the common good; and, as we seek a proper return for our own labor, make us mindful of the rightful aspirations of other workers, and arouse our concern for those who are out of work; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever.

People Amen.

BLESSING

SENDING HYMN "Forth in thy name, O Lord, I go"



Forth in Thy Name, O Lord, I go,
My daily labor to pursue;
Thee, only Thee, resolved to know
In all I think or speak or do.

The task Thy wisdom hath assigned,
O let me cheerfully fulfill;
In all my works Thy presence find,
And prove Thy good and perfect will.

Thee may I set at my right hand,
Whose eyes mine inmost substance see,
And labor on at Thy command,
And offer all my works to Thee.

Give me to bear Thy easy yoke,
And every moment watch and pray,
And still to things eternal look,
And hasten to Thy glorious day.

Fain would I still for thee employ
Whate'er Thy bounteous grace hath given;
And run my course with even joy,
And closely walk with Thee to Heaven.

Words: Charles Wesley, *Hymns and Sacred Poems*, 1749. Music: *Morning Hymn*, F. H. Barthelemon, 1785.

DISMISSAL

Celebrant Go in peace to love and serve the Lord!
People **Thanks be to God.**

*The Reverend Christy Dorn is the Celebrant.
The scheduled lay reader and eucharistic minister today is Caroline Helmkamp.*

This Week's Calendar

Monday • September 2 • Labor Day

Office and Buildings Closed. No 12:05 p.m. Eucharist.

Tuesday • September 3

| | | |
|------------|------------------------|-------------|
| 12:05 p.m. | Holy Eucharist | Nave |
| 1:30 p.m. | Women's Bible Study | Common Room |
| 2:30 p.m. | Men's Bible Study | Youth Room |
| 6:15 p.m. | Education for Ministry | Common Room |

Wednesday • September 4

| | | |
|------------|------------------------------|----------------|
| 12:05 p.m. | Holy Eucharist | Nave |
| 5:45 p.m. | Rehearsal: Tallis Singers | Choir Room |
| 6:00 p.m. | The Way Leader Training | Founders' Hall |
| 6:30 p.m. | Rehearsal: Cathedral Chorale | Haden Hall |

Thursday • September 5

| | | |
|------------|--------------------------|-------------------|
| 12:05 p.m. | Holy Eucharist | Nave |
| 6:00 p.m. | ECS Culinary Graduation | Founders' Hall |
| 7:15 p.m. | Rehearsal: Trinity Choir | Haden Hall & Nave |

Friday • September 6

| | | |
|------------|----------------|------|
| 12:05 p.m. | Holy Eucharist | Nave |
|------------|----------------|------|

Sunday • September 8

Nonperishable Food Collection

| | | |
|------------|--------------------------------------|----------------|
| 8:00 a.m. | Holy Eucharist | Nave |
| 9:00 a.m. | Ministry Fair | Founders' Hall |
| 9:15 a.m. | Adult Bible Study | Haden Hall |
| 10:15 a.m. | Holy Eucharist | Nave |
| 10:20 a.m. | Children's Chapel | Haden Hall |
| 11:45 a.m. | Ministry Fair | Founders' Hall |
| 2:00 p.m. | Concert: Susan Nataly | Nave |
| 5:00 p.m. | Order for Evening and Holy Eucharist | Nave |

BIRTHDAYS & ANNIVERSARIES



September 1

Olivia Michka
Lee McCaffree
Geoff Schillare
Walt Brown &
Karen Davis-Brown

Phineas & LaGretta Gitta
Jay & Melissa Carter
Eric Elisabeth & Julie Brogno

September 5

Jill Fanolio
Emily Morrison

September 3

Sarah Rowland
Nan Muchnic
James Shaffer
Gayle Hathorne

September 6

Amy Cornwell
Bill & Sheri Dunbar

September 7

Beth Gentry-Epley
Jonah Fahnstock

September 4

Lynn Douthat

Please contact the Cathedral office if we have omitted your birthday or anniversary: 816.474.8260 or jtoma@kccathedral.org.

Education for Ministry

GHTC Education for Ministry meets Tuesday nights, 6:15 to 9 p.m. in the Common Room. Our first class will be September 3, 2013. At 6:30 we begin with worship and sharing followed by discussion of the reading material. The cost for this year is \$350. If you are interested or have questions, contact Steve Johnson at tuesdayefm@gmail.com.

Small group inquiry seminar is the nucleus of the EfM program. Through study, prayer and reflection, EfM groups move toward a new understanding of the fullness of God's kingdom.

Cathedral Caregivers' Prayer List



IN NEED
OF PRAYER

Intercessions for:

Jeanine Koger; Jaunita
McKee; Lynda Buckner;
Thomas Lemmon; Emma
Lane; Sara Yocum; Ike;

Lois Thomson; Joyce Morrow; Susan Akin; Bill LaBach; Bob McDonald; Daughter and family of Bob McDonald; Jerry Grabher; Newborn Kairo & mother Chloe.

Let us pray for the people and families of Moore, Okla.; Boston, Mass.; Newton, Conn., and West, Texas. Let us continue to hold in our prayer the parishioners of St. Phillip's Episcopal in Joplin.

Please include these people as you pray this week:

**PRAY FOR OUR
MILITARY**

Intercessions for our nation and for those family members serving in the military:

Bryce Banta; Robert Bennett; Denny E. Brisley; Kyle Brown; Jon Clemenson; Gary Cobean; Steven Conner; Christian Dunbar; Anthony Fazio; Robert Ferris; Gabe Feuerborn; Jake Feuerborn; Joshua Gordon; Charles Gregory; Jeff Hoffecker; Jeffrey Huben; Paul Huddleston; Jamie; William Johnson; Julianna and Jeffrey Keck; Crystal Lauver; Erin Lewis; Taylor Malcolm; Brian C. Marrs; Joe Marullo; Bill Matthews; Chris McGarry; Derick Mecauley; Brian Miller; Daniel Ohlstein; Joel Poindexter; Robert Potenziani; Joe Reidy; Charles D. Reynolds; Chris Rizzo; Tom Roberson; John Humphrey Scott; Steven Shewmaker; John Short; Arjean Smith; Connor Spake; Jim Stalker; Aaron Stanley; Sydney Stauts; Blake Tally; Michael Trevino; Robert Van Wey; Derek Williams; Thaddeus Samuel Withers; Dr. Graham Wallace; David and Alan Zielinski.

To place a person on this prayer list, please use a prayer request card found in the pews or contact the church office: jgrabher@kccathedral.org or 816.474.8260 ext. 111. Requests are held in prayer for 30 days. View this list at www.kccathedral.org/prayers.



In One Garden . . . So shall you reap

A Fall collection to stir "Self Awareness" in yourself and your congregation. Begin an inner journey using a "Living Compass to focus on your faith, your mind, your heart and your strength!

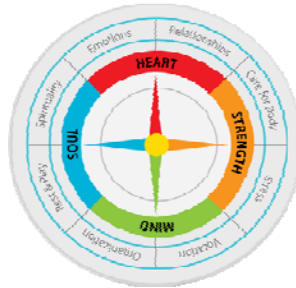
Church of the Good Shepherd, KC
September 7, 2013 9:00 am to 3:00 pm



Grace Church, Carthage
September 21, 2013 9:00 am to 3:00 pm

[Click here to register](#)

Come join us as we learn about a basic tool for navigating that inner journey known as, "The Living Compass"! The Rev. Dr. Scott Stoner, its author is an Episcopal Priest, therapist and spiritual director for 30 years. He is the Executive Director of the Samaritan Family Wellness Foundation located in Milwaukee, Wisconsin. He will be joined by his wife of 34 years, Holly Hughes Stoner who is an experienced marriage and family therapist, a past



teacher and focuses her work upon Adolescents, Young Adults, Parents and Families.

Scott will be our keynote speaker and will also present a follow-up session for more in depth discussions. Holly will also be providing a session with a focus on Parenting with the use of the Living Compass.

The event fee is \$20 per person. A special price break – the "Education Half-Dozen" – will be given to teams of 6 from one parish, one person will be free, 6 for \$100.

| Start Time | | End Time | Timeline for the Day |
|------------|----|------------|--|
| 9:00 a.m. | to | 9:45 a.m. | Gathering/Hospitality/Registration/Moving Directions |
| 9:45 a.m. | to | 10:00 a.m. | Announcements/Introductions |
| 10:00 a.m. | to | 11:30 a.m. | Keynote Plenary – Fr. Stoner |
| 11:30 a.m. | to | 12:15 p.m. | Lunch |
| 12:15 p.m. | to | 1:15 p.m. | Breakout Session #1 |
| 1:15 p.m. | to | 1:30 p.m. | Breaktime |
| 1:30 p.m. | to | 2:30 p.m. | Breakout Session #2 |
| 2:30 p.m. | to | 2:45 p.m. | Evaluation – Sending Forth |



Living Compass for Adults
Presented by: The Rev Scott Stoner
An opportunity to visit with the Fr. Stoner about the use of Living Compass for Adults in your congregation.



Where there is no vision, the people perish. Proverbs 29:1
Presented by Cheryl Moon
So says the writer of the volume of Wisdom literature called

Proverbs. What about your congregation? Do they have a vision of their church in today's world and into the future? Perhaps they are just beginning the process of defining what the Holy Spirit has in mind for them to do, or perhaps you have already completed "Ripe For the Harvest" and are unsure of how to proceed. This session will give you a taste of the possibilities for your congregation in having a 5 hour workshop on Visioning to draw from the history of the congregation, look at it's present day environment, and develop a vision for the future.

role of elders is that ageing is more a process of spiritual growth through a lifetime of experiences containing the people, events, and life lessons yielding abundant harvests of wisdom.

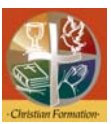


Living Compass for Parents & Living Compass for Teens -
Presented by: Holly Stoner
Holly will describe the uses of Living Compass for Parents and/or Teens. This is an opportunity to hear how the program might work in your congregation and get your questions addressed.



Your Congregation has a Heart, a Soul, a Mind, Great Strength and a Voice!
Presented by: The Rev. Dr. Steven Rottgers

Yes, it's true! Your Congregation has a heart, a soul, a mind, great strength and yes, a voice! The bigger and most important question is, "As a Leader, are you aware of that and can you hear the voice?!" Let's sit and explore just how that can be accomplished and understood! It really is not that hard if you know where to look and take the time to know how to listen to what your congregation is telling you. Come join me for an hour to explore!



Christian Formation in Small Churches: 10 Success Stories
Presented by: Kat Mercer
How do you make Christian Formation work in small congregations? You start with an expansive definition of formation and a clear idea of what constitutes success. Come hear about 10 formation tactics that will bring good results with small and large groups.



Ageing Wisely
Presented by The Rev Robert E. Wood
Drawing on the insights of the groundbreaking text, *From Ageing to Sage-ing* by Rabbi Zallmon Schacter-Shalomi, this workshop challenges a prevailing culturally imposed stereotype about elders, that ageing is primarily a process of physical decline, diminishment, and loss. In contrast, the authentic value and



Taking Stewardship Beyond the Fall Campaign
Presented by: Stewardship Committee
How can we approach gifts to the church as blessings, not pitfalls? Gift policies and good archives can help.

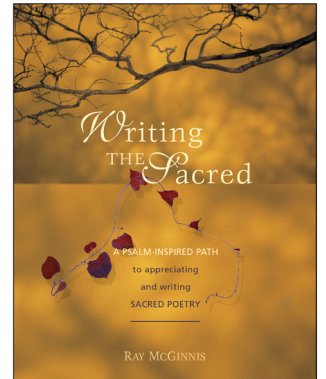
Save the Date: September 28 & 29

Writing the Sacred: A Psalm-writing Workshop

Saturday, September 28 • 10 a.m.-12:30 p.m.

Cost: \$20, To register call: 816-474-8260 or jtoma@kccathedral.org

As a veteran workshop leader, Ray McGinnis brings a splendid range of writing exercises to spark your imagination. At this workshop, come play with words, come nurture your spirit as you learn ways to write your own new psalms. Come and explore how Psalm writing can deepen self-understanding, expand self-expression and spiritual growth. Ray offers a splendid range of Psalm excerpts along with other poets who have glimpsed the sacred in the ordinary. He brings to this workshop simple, yet profound, step-by-step journal writing and poetry exercises to help you write a new psalm with ease. Come and explore the thin spaces where reflective writing and spirituality meet.



This workshop is designed for both those who enjoy writing *and* those who have never put pen to paper. This is a workshop open to older children, youth and adults. Signed copies of *Writing the Sacred* will be available for sale during the workshop for those who wish to purchase a copy priced at \$20.

Writing Through Grief and Loss: A Journal Writing Workshop

Sunday, September 28 • 12-2 p.m.

Cost: \$20, To register call: 816-474-8260 or jtoma@kccathedral.org

Grief is a natural response to the loss of someone or something meaningful ~ a person, a relationship, a job, health, independence, the loss of a deeply held belief or anything else that is emotionally valued.

Small losses dot our everyday lives:

- The runner who pulls a ligament and cannot run
- The promotion that went to a less experienced, more aggressive co-worker
- Putting the family pet to sleep
- The inability to conceive a child
- Thinning hair or a thickening waistline
- An auto accident that leaves a permanent decrease in range of motion
- Breaking up with a girlfriend or boyfriend, as well as separation or divorce.
- The longtime friend who won't speak to you.
- A persistent lack of energy where you once counted on feeling full of vitality
- Parents adjusting to adult children who have left home

In this confidential and supportive setting you'll be given a map for understanding how writing in a journal can be a helpful companion as you reflect on your own losses. While a range of people sign up for a workshop, some who keep a journal, no previous writing experience is necessary. For some it is helpful to think of this as a workshop to learn how to jot things down about grief and loss. In addition to our own losses, this is a workshop of use to anyone who is a caregiver or a friend or family member, as well as for anyone who gives pastoral care. No previous writing experience necessary.

Events & News

See www.kccathedral.org for more announcements.

Ministry Fair: Cathedral Windows

September 8 • Following ALL services, in Founders' Hall Look in the windows and see the ministries of the Cathedral at our annual ministry fair Sunday, September 8. Following both morning services, representatives of Cathedral ministries will be available to talk with you about their ministry and how you can be involved.



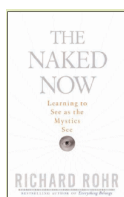
Exploring and Experiencing the Naked Now: Learning to See as the Mystics See

Mondays, September 16, 23, 30,

October 7, 14, 7-8:30 p.m. • Common Room

During our time together we will explore the lost tradition of Mystical Christianity. We will look at those forces that separate us from our deeper self. Drawing from the Gospel and the Christian contemplatives, we will discover what it means to be spiritually awake.

We will learn: (1) Why we resist change, (2) What Jesus, the first mystical leader in the West, can teach us, (3) How we can enhance spiritual awareness without sacrificing reason and (4) We will discover what it means to see as the mystic see. We will begin to live in full awareness of The Naked Now!



Bake? Find peace in ironing?

Help is needed for two of our special ministries. The Bread Guild and the Altar Guild – Linen Zen are seeking volunteers. Do you bake bread? Would you like to? The Bread Guild is looking for a few bakers to fill out our roster in the preparation of Eucharistic Bread. The Altar Guild is seeking help with Eucharistic and Fair Linens. If doing laundry and Ironing is a meditative experience for you then this is a ministry for you. Linen Zen is taking care of these very special linens on a rotation with others who appreciate the significance of these items.

Please contact Janet Sweeting in the Cathedral office at ext. 144 or jsweeting@kccathedral.org. If you would like to volunteer or want more information on either of these ministries.

Name Tags

Baskets are available at the back of the nave and in Founders' Hall for you to return your name tag. We'll put it back on the kiosk for you. **Forget to sign up for a name tag?** Print your name on the sign up sheet in the tower and we will have one ready for the following Sunday on the kiosk, organized alphabetically by last name.

Today's flowers are given to the glory of God and

- in thanksgiving for the hunger ministries of ECS and the Episcopal Church — John Hornbeck
- in memory of my mother, Tillie Raley — Marnell Sparks

Outreach Opportunities

September 8: Bring Food for Local Pantries

Help the pantry at St. Mary's get ready for cooler fall weather with your September donation. Please bring **canned soup, chili, stew and pastas, canned tomatoes, dry pasta, protein bars, peanut butter, boxed dinners** and other non-perishables (no glass containers, please) to the large basket September 8. If you want to help, but don't want to shop, please bring in grocery coupons from the Sunday newspaper.

Donate Diapers for Children in Need

An estimated 15,000+ children in the Kansas City area aren't receiving the diapers they need. But we're striving to help — and we hope you'll join us. HappyBottoms is a local organization that works with partners to provide diapers to low-income families. We are collecting diapers during September for HappyBottoms. We accept all sizes (even open packs). Bring your diaper donations to the blue barrel in the cross hall or to the basket in the Tower.

ECS Fall Grand Tasting

Friday, September 20 • 6 p.m. • Founders' Hall

Join us for a beautiful event for a compelling cause. Rediscover the Old World — both wine and food — and benefit hunger relief and culinary job training in the greater Kansas City community. Take part in our special "Let Us Entertain You" auction featuring food and wine, theatre and music performances, staycations, and more. Experience our special our "Let's Us Entertain You" auction: theatre tickets, restaurant certificates, music performances, staycation accommodations and more. Only \$45 per person. Reserve your tickets: 816-561-8920 or RSVP@EpiscopalCommunity.org.

Upcoming Music Events

Susan Nataly, British coloratura soprano

Sunday, September 8 • 2 p.m.

Susan Nataly will give her only North American recital of 2013, in the Cathedral nave. She has a vast repertoire of opera arias, art song, and selections from major oratorios. Her recital, with pianist Richard Williams, is a free admission event; donations will be most welcomed.

Choral Evensong

Sunday, September 15 • 5 p.m.

The Trinity Choir offers the first of the 2013-2014 Choral Evensongs. Composers represented are David Ashley White, Herbert Murrill, and Leo Sowerby. Dr. Kenneth Walker of St. Michael and All Angels Church will be the guest organist.

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