

GRACE AND HOLY TRINITY CATHEDRAL

The Sixteenth Sunday after Pentecost • September 8, 2013

Peace to you.

Welcome to Grace and Holy Trinity Cathedral!

We're glad you are worshipping with us today. Following services this morning, refreshments are available across the main entrance courtyard, in Founders' Hall.

If you are interested in learning about our ministries, formation for all ages, spiritual growth and opportunities to engage in meaningful outreach to the people of Kansas City, speak to the clergy, staff or leaders today. You may also learn more by contacting the office (816.474.8260) or visiting kccathedral.org.

May you find here by the grace of God, that which feeds your soul.

Nursery care is provided from 7:50-11:30 a.m. for infants and toddlers in the nursery in Haden Hall (from the Tower entry, go up the stairs and straight ahead to the adjoining building. Follow signs.)

Children ages 4-9 are invited for Children's Chapel in Haden Hall following the Collect of the Day. Children return to their families at the Peace.

Today at the Cathedral

Nonperishable food is gathered today for St. Mary's Food Pantry in the large basket in the Tower entrance. Thank you for your contributions.

Look in the windows and see the ministries of the Cathedral at our annual ministry fair in Founders' Hall. Following both morning services, representatives of Cathedral ministries will be available to talk with you about their ministry and how you can be involved. The windows will be "up" until Sept. 15.



- 8 a.m. Holy Eucharist:** Nave *See page 3.*
Hospitality follows in Founders' Hall. All are welcome!
- 9:15 a.m. Adult Bible Study:** Haden Hall
Come study the Gospel reading for the day. Wes Harden facilitates; childcare is provided in the nursery.
- 10:15 a.m. Holy Eucharist:** Nave *See page 5.*
Hospitality follows in Founders' Hall. All are welcome!
- 10:20 a.m. Children's Chapel:** Haden Hall
Children gather in church. Following the Collect of the Day, children ages 4-9 and leaders go to Haden Hall for Children's Chapel. Children return at the Peace. *(An adult needs to accompany children under 4 during Chapel.)*
- 2 p.m. Concert: Susan Nataly:** Nave
Susan Nataly has a vast repertoire of opera arias, art song, and selections from major oratorios. Her recital, with pianist Richard Williams, is a free admission event; donations will be most welcomed.
- 5 p.m. Order for Evening and Holy Eucharist:** Nave

OUR PRIMARY MISSION as the Episcopal Cathedral church in the heart of the City is to be a servant church. We seek and serve Christ in all people, loving our neighbors as ourselves and working for justice, peace and respect for every human being.

THE SIXTEENTH SUNDAY AFTER PENTECOST

Collect of the Day

Grant us, O Lord, to trust in you with all our hearts; for, as you always resist the proud who confide in their own strength, so you never forsake those who make their boast of your mercy; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

Jeremiah 18:1-11

The word that came to Jeremiah from the Lord: "Come, go down to the potter's house, and there I will let you hear my words." So I went down to the potter's house, and there he was working at his wheel. The vessel he was making of clay was spoiled in the potter's hand, and he reworked it into another vessel, as seemed good to him. Then the word of the Lord came to me: Can I not do with you, O house of Israel, just as this potter has done? says the Lord. Just like the clay in the potter's hand, so are you in my hand, O house of Israel. At one moment I may declare concerning a nation or a kingdom, that I will pluck up and break down and destroy it, but if that nation, concerning which I have spoken, turns from its evil, I will change my mind about the disaster that I intended to bring on it. And at another moment I may declare concerning a nation or a kingdom that I will build and plant it, but if it does evil in my sight, not listening to my voice, then I will change my mind about the good that I had intended to do to it. Now, therefore, say to the people of Judah and the inhabitants of Jerusalem: Thus says the Lord: Look, I am a potter shaping evil against you and devising a plan against you. Turn now, all of you from your evil way, and amend your ways and your doings.

Psalms 139:1-5, 13-17

Lord, you have searched me out and known me; *
you know my sitting down and my rising up; you discern my thoughts from afar.
You trace my journeys and my resting-places *
and are acquainted with all my ways.
Indeed, there is not a word on my lips, *
but you, O Lord, know it altogether.
You press upon me behind and before *
and lay your hand upon me.
Such knowledge is too wonderful for me; *
it is so high that I cannot attain to it.
I will thank you because I am marvelously made; *
your works are wonderful, and I know it well.
My body was not hidden from you, *
while I was being made in secret and woven in the depths of the earth.
Your eyes beheld my limbs, yet unfinished in the womb; all of them were written in your book; *
they were fashioned day by day, when as yet there was none of them.
How deep I find your thoughts, O God! *
how great is the sum of them!
If I were to count them, they would be more in number than the sand; *
to count them all, my life span would need to be like yours.

Philemon 1-21

Paul, a prisoner of Christ Jesus, and Timothy our brother, To Philemon our dear friend and co-worker, to Apphia our sister, to Archippus our fellow soldier, and to the church in your house: Grace to you and peace from God our Father and the Lord Jesus Christ. When I remember you in my prayers, I always thank my God because I hear of your love for all the saints and your faith toward the Lord Jesus. I pray that the sharing of your faith may become effective when you perceive all the good that we may do for Christ. I have indeed received much joy and encouragement from your love, because the hearts of the saints have been refreshed through you, my brother. For this reason, though I am bold enough in Christ to command you to do your duty, yet I would rather appeal to you on the basis of love—and I, Paul, do this as an old man, and now also as a prisoner of Christ Jesus. I am appealing to you for my child, Onesimus, whose father I have become during my imprisonment. Formerly he was useless to you, but now he is indeed useful both to you and to me. I am sending him, that is, my own heart, back to you. I wanted to keep him with me, so that he might be of service to me in your place during my imprisonment for the gospel; but I preferred to do nothing without your consent, in order that your good deed might be voluntary and not something forced. Perhaps this is the reason he was separated from you for a while, so that you might have him back forever, no longer as a slave but more than a slave, a beloved brother—especially to me but how much more to you, both in the flesh and in the Lord. So if you consider me your partner, welcome him as you would welcome me. If he has wronged you in any way, or owes you anything, charge that to my account. I, Paul, am writing this with my own hand: I will repay it. I say nothing about your owing me even your own self. Yes, brother, let me have this benefit from you in the Lord! Refresh my heart in Christ. Confident of your obedience, I am writing to you, knowing that you will do even more than I say.

Luke 14:25-33

Now large crowds were traveling with Jesus; and he turned and said to them, "Whoever comes to me and does not hate father and mother, wife and children, brothers and sisters, yes, and even life itself, cannot be my disciple. Whoever does not carry the cross and follow me cannot be my disciple. For which of you, intending to build a tower, does not first sit down and estimate the cost, to see whether he has enough to complete it? Otherwise, when he has laid a foundation and is not able to finish, all who see it will begin to ridicule him, saying, 'This fellow began to build and was not able to finish.' Or what king, going out to wage war against another king, will not sit down first and consider whether he is able with ten thousand to oppose the one who comes against him with twenty thousand? If he cannot, then, while the other is still far away, he sends a delegation and asks for the terms of peace. So therefore, none of you can become my disciple if you do not give up all your possessions."

September 8, 2013

HOLY EUCHARIST

8:00 a.m.

The Very Reverend Peter DeVeau, Celebrant

SERVICE NOTES Page numbers in the right column refer to the red book, *Book of Common Prayer*.

Hymn numbers in the right column refer to the blue book, *The Hymnal 1982*. “S” numbers (e.g. S120) are located in the front of the hymnal. Hymn numbers preceded by “Wonder, Love and Praise” refer to the green book, *Wonder, Love and Praise*.

The Word of God

OPENING ACCLAMATION AND COLLECT FOR PURITY *Please stand, as able.*

red Book of Common Prayer, page 355

Celebrant Blessed be God: Father, Son, and Holy Spirit.

People **And blessed be his kingdom, now and for ever. Amen.**

Celebrant Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

SONG OF PRAISE “Praise to the living God”

blue Hymnal, hymn 372

COLLECT OF THE DAY

page 2 of this bulletin

THE LESSONS *All are seated. Meditative silence follows the readings.*

page 2 of this bulletin

First Reading: Jeremiah 18:1-11

Psalms 139:1-5, 13-17, *said, alternating verses, as directed*

Second Reading: Philemon 1-21

THE HOLY GOSPEL Luke 14:25-33 *Please stand, as able.*

When the Deacon announces the Gospel all respond

People **Glory to you, Lord Christ.**

At the conclusion of the reading all respond

People **Praise to you, Lord Christ.**

SERMON *All are seated.*

The Very Reverend Peter DeVeau

NICENE CREED *Please stand, as able.*

red Book of Common Prayer, page 358

PRAYERS OF THE PEOPLE

Leader God of mercy and peace,

People **Hear our prayer.**

CONFESSION AND ABSOLUTION *Please kneel, as able*

red Book of Common Prayer, page 360

THE PEACE *Please stand, as able.*

Celebrant The peace of the Lord be always with you.

People **And also with you.**

CELEBRATIONS AND ANNOUNCEMENTS

The Holy Communion

All are seated. The congregation's offering is received. The Holy Table is prepared for Eucharist.

OFFERTORY ANTHEM “Gloria in excelsis Deo”

W. A. Mozart

The Cathedral Chorale

THE GREAT THANKSGIVING Eucharistic Prayer A *Please stand, as able.*

red Book of Common Prayer, page 361

As a symbol of the church gathered in the fullness of its baptismal ministry, the deacon and a lay person stand at the altar with the priest (and bishop, when present) for the Eucharistic Prayer.

Celebrant The Lord be with you.

People **And also with you.**

Celebrant Lift up your hearts.

People **We lift them to the Lord.**

Celebrant Let us give thanks to the Lord our God.

People **It is right to give our thanks and praise.**

“Holy, holy, holy, Lord”

blue Hymnal, hymn S124

Ho - ly, ho - ly, ho - ly Lord, God of pow - er and might, hea - ven and
 earth are full of your glo - ry. Ho - san - na in the high - est.
 Bless - ed is he who comes in the name of the Lord. Ho - san - na in the high - est.

Music: From *New Plainsong*; David Hurd (b. 1950). Copyright © 1981, G.I.A. Publications, Inc. All Rights Reserved. Reprinted under OneLicense.net #A-710278.

The Lord's Prayer

red Book of Common Prayer, page 364

Breaking of the Bread

blue Hymnal, hymn S154

Al - le - lu - ia, al - le - lu - ia, al - le - lu - ia.
 Christ our Pass - o - ver is sac - ri - ficed for us;
 there - fore let us keep the feast.
 Al - le - lu - ia, al - le - lu - ia, al - le - lu - ia.

Music: From *New Plainsong*; David Hurd (b. 1950). Copyright © 1981, G.I.A. Publications, Inc. All Rights Reserved. Reprinted under OneLicense.net #A-710278.

COMMUNION

*All those desiring a relationship with Christ are invited to come forward for Holy Communion or for a blessing.
 To take communion, receive the bread in your hands (for gluten-free bread cross your hands palms down).
 Drink the wine from the cup, or holding the bread in your hands, wait for the minister to dip the bread in the wine and place it onto your tongue.
 You may choose not to take the wine by crossing your hands over your chest.
 For a blessing, cross your hands over your chest.
 Prayer for healing is offered at the prayer desk during the administration of Communion until the close of worship.*

POSTCOMMUNION PRAYER *Please stand, as able.*

red Book of Common Prayer, page 365

All Eternal God, heavenly Father,
 you have graciously accepted us as living members
 of your Son our Savior Jesus Christ,
 and you have fed us with spiritual food
 in the Sacrament of his Body and Blood.
 Send us now into the world in peace,
 and grant us strength and courage
 to love and serve you
 with gladness and singleness of heart;
 through Christ our Lord. Amen.

BLESSING

SENDING HYMN “Guide me, O thou great Jehovah”

blue Hymnal, hymn 594

DISMISSAL

Celebrant Go in peace to love and serve the Lord!
 People Thanks be to God.

*The lay readers today are Phyllis Biddle and John Richards.
 Pat McKenna is the healing minister.*

September 8, 2013

HOLY EUCHARIST

10:15 a.m.

The Reverend Christy Dorn, Celebrant

SERVICE NOTES Page numbers in the right column refer to the red book, *Book of Common Prayer*.

Hymn numbers in the right column refer to the blue book, *The Hymnal 1982*. "S" numbers (e.g. S120) are located in the front of the hymnal. Hymn numbers preceded by "Wonder, Love and Praise" refer to the green book, *Wonder, Love and Praise*.

RINGING OF BELLS AND CHORAL INVOCATION

The worshipping community is called to prayerful preparation for the Eucharist. Please silence all electronic devices.

Thank you for observing silence during the prelude.

VOLUNTARY on the tune *Land of Rest*

Gerald Near

The Word of God

ENTRANCE HYMN "Praise to the living God"

blue Hymnal, hymn 372

OPENING ACCLAMATION AND COLLECT FOR PURITY

red Book of Common Prayer, page 355

Celebrant Blessed be God: Father, Son, and Holy Spirit.

People **And blessed be his kingdom, now and for ever. Amen.**

Celebrant Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

SONG OF PRAISE "Glory to God in the highest"

hymn S280

COLLECT OF THE DAY

page 2 of this bulletin

SENDING OF THE CHILDREN *The children and leaders gather at the chancel steps to be sent to Haden Hall for chapel. Remain standing while the children are sent out.*

LESSONS *All are seated. Meditative silence follows the readings.*

page 2 of this bulletin

First Reading: Jeremiah 18:1-11

Psalm 139:1-5, 13-17, *sung by the choir*

Second Reading: Philemon 1-21

page 2 of this bulletin

GOSPEL HYMN "Blessed Jesus, at thy word" *Please stand, as able.*

blue Hymnal, hymn 440

THE HOLY GOSPEL Luke 14:25-33 *Please stand, as able.*

When the Deacon announces the Gospel all respond

People **Glory to you, Lord Christ.**

At the conclusion of the reading all respond

People **Praise to you, Lord Christ.**

SERMON *All are seated.*

The Very Reverend Peter DeVeau

NICENE CREED *Please stand, as able.*

red Book of Common Prayer, page 358

PRAYERS OF THE PEOPLE

Leader God of mercy and peace,

People **Hear our prayer.**

CONFESSION AND ABSOLUTION *Please kneel, as able*

red Book of Common Prayer, page 360

THE PEACE *Please stand, as able.*

Celebrant The peace of the Lord be always with you.

People **And also with you.**

CELEBRATIONS AND ANNOUNCEMENTS

The Holy Communion

All are seated. The congregation's offering is received. The Holy Table is prepared for Eucharist.

OFFERTORY "Christ is made the sure foundation"

Dale Wood

The text is hymn 518, abridged.

THE GREAT THANKSGIVING Eucharistic Prayer A *Please stand, as able.*

red Book of Common Prayer, page 361

As a symbol of the church gathered in the fullness of its baptismal ministry, the deacon and a lay person stand at the altar with the priest (and bishop, when present) for the Eucharistic Prayer.

Celebrant The Lord be with you.
People **And also with you.**
Celebrant Lift up your hearts.
People **We lift them to the Lord.**
Celebrant Let us give thanks to the Lord our God.
People **It is right to give our thanks and praise.**

"Holy, holy, holy, Lord"

blue Hymnal, hymn S128

Ho - ly, ho - ly,
ho - ly Lord, God of power and might,
heaven and earth are full of your glo - ry. Ho-san-na in the
high - est. Bless - ed is he who
comes in the name of the Lord. Ho-san-na in the high-est.

Music: William Mathias (b. 1934) Copyright: © 1976, Oxford University Press, Inc. All Rights Reserved. Reprinted under OneLicense.net #A-710278.

Memorial Acclamation

Celebrant Therefore we proclaim the mystery of faith:
All **Christ has died.**
 Christ is risen.
 Christ will come again.

The Lord's Prayer

page 364

Breaking of the Bread

blue Hymnal, hymn S155

Al - le - lu - ia, al - le -
lu - ia, al - le - lu - ia. Christ our Pass - o - ver is
sac - ri - ficed for us; There-fore let us keep the feast.
Al - le - lu - ia, al - le - lu - ia, al - le - lu - ia.

Music: Gerald R. Near (b. 1942). Copyright: © 1985 by Aureole Editions, Dallas, Texas. All Rights Reserved. Reprinted under OneLicense.net #A-710278.

COMMUNION

All those desiring a relationship with Christ are invited to come forward for Holy Communion or for a blessing.

To take communion, receive the bread in your hands (for gluten-free bread cross your hands palms down).

Drink the wine from the cup, or holding the bread in your hands, wait for the minister to dip the bread in the wine and place it onto your tongue.

You may choose not to take the wine by crossing your hands over your chest.

For a blessing, cross your hands over your chest.

Prayer for healing is offered at the prayer desk during the administration of Communion until the close of worship.

Anthem: "Eternal Light, shine into our hearts"

Leo Sowerby

Eternal Light, shine into our hearts,

Eternal Goodness, deliver us from evil,

Eternal Power, be our support,

Eternal Wisdom, scatter the darkness of our ignorance,

Eternal Pity, have mercy upon us, through Jesus Christ our Lord. Amen.

Hymn: "I come with joy to meet my Lord"

blue Hymnal, hymn 304

EUCCHARISTIC VISITORS' COMMISSIONING

The Deacon sends out the Eucharistic Visitor and concludes with these words:

Deacon We who are many are one body,

People For we all share one bread, one cup.

POSTCOMMUNION PRAYER *Please stand, as able.*

red Book of Common Prayer, page 365

All Eternal God, heavenly Father,
you have graciously accepted us as living members
of your Son our Savior Jesus Christ,
and you have fed us with spiritual food
in the Sacrament of his Body and Blood.
Send us now into the world in peace,
and grant us strength and courage
to love and serve you
with gladness and singleness of heart;
through Christ our Lord. Amen.

BLESSING

SENDING HYMN "All are welcome" *The choir sings stanza 1, you are invited to join thereafter.*

page 8 of this bulletin

DISMISSAL

Celebrant Go in peace to love and serve the Lord!

People Thanks be to God.

VOLUNTARY

The scheduled lay readers today are Mike McDonald, Robin Rusconi and Jim Royer.

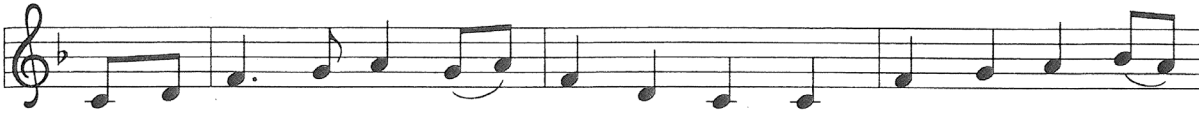
Peggy Morgan is today's healing minister.

In early Hebrew worship, carefully prepared musicians were entrusted with the singing of psalms, so that the worshipping congregation could reflect upon the message of the psalms. The Trinity Choir will be singing the psalm of the day, so that we can listen more carefully to the words.

The Rt. Rev. Martin S. Field, *Bishop of the Diocese of West Missouri*; The Very Rev. Peter DeVeau, *Dean*; The Reverend Christy Dorn, *Associate*. The Rev. Dr. Michael Johnston, *Scholar-in-Residence*; The Rev. Jerry Grabher, *Deacon*; Mr. John L. Schaefer, *Canon Musician*.

The Vestry: David Rice, *Senior Warden*, 525-2857; Steve Moore, *Junior Warden*, 913-383-2282; Thomas Brous, *Chancellor*; Jim Phillips, *Treasurer*; Mark Galus, *Clerk*. Dave Barker; Julie Brogno; Barbara Bucker; Alexandra Connors; Jackye Finnie; Mark Galus; John Hornbeck; Bill Hubbard; Geoff Logan; Mike McDonald; Larry McMullen; Steve Moore; Joyce Morrow; Peter Norris; Jim Phillips; Gerry Reynaud; David Rice; Michael Thomas; Milt Tootle; Collin Walker; Pat Woolley.

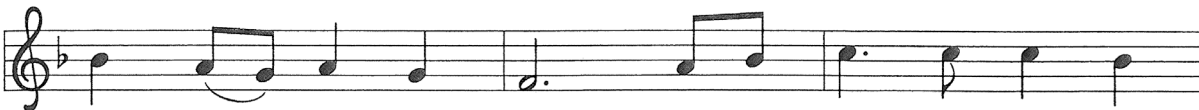
All Are Welcome



1 Let us build a house where love can dwell and all can safe - ly
2 Let us build a house where proph-ets speak, and words are strong and
3 Let us build a house where love is found in wa - ter, wine and
4 Let us build a house where hands will reach be - yond the wood and
5 Let us build a house where all are named, their songs and vi - sions



live, a place where saints and chil - dren tell how
true, where all God's chil - dren dare to seek to
wheat: a ban - quet hall on ho - ly ground where
stone to heal and strength - en, serve and teach, and
heard and loved and trea - sured, taught and claimed as



hearts learn to for - give. Built of hopes and dreams and
dream God's reign a - new. Here the cross shall stand as
peace and jus - tice meet. Here the love of God, through
live the Word they've known. Here the out - cast and the
words with - in the Word. Built of tears and cries and



vi - sions, rock of faith and vault of grace; here the love of
wit - ness and as sym - bol of God's grace; here as one we
Je - sus, is re - vealed in time and space; as we share in
strang - er bear the im - age of God's face; let us bring an
laugh - ter, prayers of faith and songs of grace, let this house pro -



Christ shall end di - vi - sions:
claim the faith of Je - sus:
Christ the feast that frees us: All are wel - come,
end to fear and dan - ger:
claim from floor to raf - ter:



all are wel - come, all are wel - come in this place.

Two Writing Workshops: September 28 & 29

Ray McGinnis is a graduate of the Center for Journal Therapy in Denver and of the Centre for Christian Studies in Winnipeg, Canada. He has studied at the Banff School of Fine Arts in Banff, Alberta, Canada, with a focus in poetry. Ray serves on the Advisory Board of the Institute for Poetic Medicine, based in Mountain View, California. He leads poetry and nature walking workshops,

prayer writing workshops, Psalm-writing workshops, Writing Through Grief and Loss workshops and journal writing workshops in health-care facilities.

A popular presenter, Ray has taught over 12,000 participants at writing workshops held in churches, educational settings, and at retreat centers across North America. Ray has been a writer for the Seasons of the

Spirit curriculum since 2005.

He is author of *Writing the Sacred: A Psalm-inspired Path to Appreciating and Writing Sacred Poetry* (Northstone, 2005). Ray brings a splendid range of design skills to each workshop he leads. His website is www.writetotheheart.com. He lives in Vancouver, Canada, and attends Christ Church Cathedral (Anglican).

Writing the Sacred: A Psalm-writing Workshop Saturday, September 28 10 a.m.-12:30 p.m.

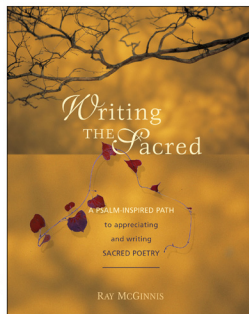
Cost: \$20, Youth and older children are free. As always, scholarships are available.

To register call: 816-474-8260 or jtoma@kccathedral.org

As a veteran workshop leader, Ray McGinnis brings a splendid range of writing exercises to spark your imagination. At this workshop, come play with words, come nurture your spirit as you learn ways to write your own new psalms. Explore how Psalm writing can deepen self-understanding, expand self-expression, personal and spiritual growth.

Ray offers a splendid range of Psalm excerpts along with other poets who have glimpsed the sacred in the ordinary through writing. Ray brings to this workshop simple step-by-step journal writing and poetry exercises to help you write a new psalm with ease. Come and explore the thin spaces where reflective writing and spirituality meet.

This workshop is designed for both those who enjoy writing and those who have never put pen to paper. This is a workshop open to older children, youth and adults. Signed copies of *Writing the Sacred* will be available for sale during the workshop for those who wish to purchase a copy priced at \$20.



“This was THE most spiritually honest, open-hearted and accessible event I think I have ever attended.” – Rev. Linda Campbell, St. John’s Episcopal Church, Ross, California

“Writing the Sacred is rich with insight, power and meaning. Ray McGinnis gives us a great gift by showing the Psalms to be a living language, a poetic language vital for today. These pages are permeated with our human story — our raw and beautiful longing for God...(and) acts as a healing balm and creative catalyst to help you reclaim your soul’s voice.” – John Fox, author, *Poetic Medicine: The Healing Art of Poem-Making*, Mountain View, California

Writing Through Grief and Loss: A Journal Writing Workshop Sunday, September 29 12-2 p.m.

Cost: \$20, As always, scholarships are available.

To register call: 816-474-8260 or jtoma@kccathedral.org

Grief is a natural response to the loss of someone or something meaningful ~ a person, a relationship, a job, health, independence, the loss of a deeply held belief or anything else that is emotionally valued.

Small losses dot our everyday lives:

- The runner who pulls a ligament and cannot run
- The promotion that went to a less experienced, more aggressive co-worker
- Putting the family pet to sleep
- The inability to conceive a child
- Thinning hair or a thickening waistline
- An auto accident that leaves a permanent decrease in range of motion
- Breaking up with a girlfriend or boyfriend, as well as separation or divorce.
- The longtime friend who won't speak to you.
- A persistent lack of energy where you once counted on feeling full of vitality
- Parents adjusting to adult children who have left home

In this confidential and supportive setting you'll be given a map for understanding how writing in a journal can be a helpful companion as you reflect on your own losses. While a range of people sign up for a workshop, some who keep a journal, no previous writing experience is necessary. For some it is helpful to think of this as a workshop to learn how to jot things down about grief and loss. In addition to our own losses, this is a workshop of use to anyone who is a caregiver or a friend or family member, as well as for anyone who gives pastoral care. No previous writing experience necessary.

This Week's Calendar

Monday • September 9

12:05 p.m. Holy Eucharist Nave

Tuesday • September 10

12:05 p.m. Holy Eucharist Nave
 1:30 p.m. Women's Bible Study Common Room
 2:30 p.m. Men's Bible Study Youth Room
 6:15 p.m. Education for Ministry Common Room

Wednesday • September 11

12:05 p.m. Holy Eucharist Nave
 5:45 p.m. Rehearsal: Tallis Singers Choir Room
 6:00 p.m. The Way Leader Training Founders' Hall
 6:15 p.m. Rehearsal: Grace Choraliers Haden Hall

Thursday • September 12

12:05 p.m. Holy Eucharist Nave
 6:00 p.m. Rehearsal: Cathedral Bell Ringers Haden Hall
 7:00 p.m. Bishops' Forum on Inclusivity Founders' Hall
 7:15 p.m. Rehearsal: Trinity Choir Haden Hall

Friday • September 13

12:05 p.m. Holy Eucharist Nave

Sunday • September 15

Blood pressures checked in Founders' Hall during coffee hour
 8:00 a.m. Holy Eucharist Nave
 9:15 a.m. Adult Bible Study Haden Hall
 10:15 a.m. Holy Eucharist Nave
 10:20 a.m. Children's Chapel Haden Hall
 5:00 p.m. Choral Evensong Nave

BIRTHDAYS & ANNIVERSARIES



September 8

Lill Weekes
 Melisa Burns
 Tom & Mary Lou Brous
 Bud & Candy McDowell
 Tom & Patty Wood

September 10

Paul Schooling
 Cindy Line
 Rachel Wallace

September 11

Zan Crum
 David Gaddy-Cox

September 9

Larry Martin
 Diana Lambert

September 13

John Callison

Please contact the Cathedral office if we have omitted your birthday or anniversary: 816.474.8260 or jtoma@kccathedral.org.

Upcoming Events

- Oct. 6: Community Blessing of the Animals
- Oct. 16: The Way Begins
- Oct. 17: Flu & Fleece
- Oct. 20: Welcome Lunch
- Oct. 26: Baptism Preparation Class
- Oct. 27: Fall Saints' Festival
- Nov. 3: All Saints' Sunday
- Nov. 10: Children's Sunday
- Nov. 17: Kirkin' o' the Tartan
- Nov. 27: Thanksgiving Eve Service

Cathedral Caregivers' Prayer List



IN NEED OF PRAYER

Intercessions for:

Priscilla Brown; Bonnie Lowrey; Jeannette Nichols; Jeanine Koger; John; Rhonda Patton; Jason

Crawford; Frank Garner; Jaunita McKee; Lynda Buckner; Thomas Lemmon; Emma Lane; Sara Yocum; Ike; Lois Thomson; Joyce Morrow; Susan Akin; Bill LaBach; Bob McDonald; Daughter and family of Bob McDonald; Jerry Grabher; Newborn Kairo & mother Chloe.

Let us pray for the people and families of Moore, Okla.; Boston, Mass.; Newton, Conn., and West, Texas. Let us continue to hold in our prayer the parishioners of St. Phillip's Episcopal in Joplin.

Please include these people as you pray this week:



Intercessions for our nation and for those family members serving in the military:

Bryce Banta; Robert Bennett; Denny E. Brisley; Kyle Brown; Jon Clemenson; Gary Cobean; Steven Conner; Christian Dunbar; Anthony Fazio; Robert Ferris; Gabe Feuerborn; Jake Feuerborn; Joshua Gordon; Charles Gregory; Jeff Hoffecker; Jeffrey Huben; Paul Huddleston; Jamie; William Johnson; Julianna and Jeffrey Keck; Crystal Lauver; Erin Lewis; Taylor Malcolm; Brian C. Marrs; Joe Marullo; Bill Matthews; Chris McGarry; Derick Mecauley; Brian Miller; Daniel Ohlstein; Joel Poindexter; Robert Potenziani; Joe Reidy; Charles D. Reynolds; Chris Rizzo; Tom Roberson; John Humphrey Scott; Steven Shewmaker; John Short; Arjean Smith; Connor Spake; Jim Stalker; Aaron Stanley; Sydney Stauts; Blake Tally; Michael Trevino; Robert Van Wey; Derek Williams; Thaddeus Samuel Withers; Dr. Graham Wallace; David and Alan Zielinski.

To place a person on this prayer list, please use a prayer request card found in the pews or contact the church office: jgrabher@kccathedral.org or 816.474.8260 ext. 111. Requests are held in prayer for 30 days. View this list at www.kccathedral.org/prayers.

Events & News

See www.kccathedral.org for more announcements.

Outreach Opportunities

Donate Diapers for Children in Need

An estimated 15,000+ children in the Kansas City area aren't receiving the diapers they need. But we're striving to help — and we hope you'll join us. HappyBottoms is a local organization that works with partners to provide diapers to low-income families. We are collecting diapers during September for HappyBottoms. We accept all sizes (even open packs). Bring your diaper donations to the blue barrel in the cross hall or to the basket in the Tower.



ECS Fall Grand Tasting

Friday, September 20 • 6 p.m. • Founders' Hall

Join us for a beautiful event for a compelling cause. Rediscover the Old World — both wine and food — and benefit hunger relief and culinary job training in the greater Kansas City community. Take part in our special "Let Us Entertain You" auction featuring food and wine, theatre



and music performances, staycations, and more. Experience our special our "Let's Us Entertain You" auction: theatre tickets, restaurant certificates, music performances, staycation accommodations and more. Only \$45 per person. Reserve your tickets: 816-561-8920 or RSVP@EpiscopalCommunity.org.

Two Opportunities to Celebrate

Maison de Naissance, a birthing home in Haiti, celebrates its ninth anniversary this month.

Sunday, September 22 at Axios Bistro

Celebrate MN's 9th anniversary is through the annual An Evening in Provence dinner at Aixois Bistro (2215 E 55th Street). Tickets are \$150 (\$65 tax-deductible). Wine and Hors d'oeuvres at 5:30 p.m. with dinner at 6:30 p.m. For reservation contact 913-402-6800 ext. 650 or info@maisondenaissance.org.

Sunday, September 29 at GHTC, following coffee hour

The Friends of MN at GHTC will host a celebration of the 9th anniversary of the opening of Maison de Naissance, a birthing home in Haiti, during coffee hours. After the 8 a.m. service, come to Founder's Hall and enjoy coffee and breads, etc. with us. Following the 10:15 a.m. service, come share cake and coffee. Some of the Friends of MN will be available to answer any questions you may have about this important ministry supported by Grace and Holy Trinity Cathedral.

October 12: Hunger Run to Benefit Episcopal Community Services

Join West Missouri parishioners and friends in the community for the Hunger Run 5K on October 12. The race begins at 8 a.m. on a USTAF certified running course that winds through beautiful Unity Village in eastern Jackson County. Proceeds benefit Episcopal Community Services, a hunger relief agency operating in the dioceses of West Missouri and Kansas.

John Hornbeck, executive director of ECS, commented, "Whether you choose to walk or run, you will join hundreds of people coming together to help neighbors in need. Each step we take is an important one in fighting hunger and poor nutrition, including especially our most vulnerable — children and seniors. Help us launch a new city-wide tradition in a family-friendly, festival atmosphere. Help us take those additional steps to address hunger in our communities."

There's a place for everyone in this race, whether you're in it for fun or you're a serious runner looking for a USTAF-sanctioned event. Visit kchungerrun.org for information and online registration.



Early bird deadline for a \$30 registration fee is August 12 at midnight. After that the fee is \$35. Pre-registration ends on October 11. Race day registration fee is \$40.

Runners who sign up by September 12 receive their choice of t-shirt. The top 3 finishers in the men's and women's divisions will be awarded custom cast medals. Kids 10 and under get a \$15 discount on registration, a participation trophy and a t-shirt.

Visit kchungerrun.org for information and online registration.

October 13: Bring Food for Local Pantries

Help re-stock the pantry at St. Mary's with sack lunch and after-school snack items. Please bring juice boxes or pouches, peanut butter, jelly, tuna, small bags of chips/snacks, dried fruit, individual cups of applesauce or other fruits, individual small boxes of raisins, non-refrigerated pudding snacks (like Hunt's Snack Pack) and other non-perishables (no glass containers, please) to the large basket October 13. If you want to help, but don't want to shop, please bring in grocery coupons from the Sunday newspaper.

Upcoming Music Events

Choral Evensong

Sunday, September 15 • 5 p.m.

The Trinity Choir offers the first of the 2013-2014 Choral Evensongs. Composers represented are David Ashley White, Herbert Murrill, and Leo Sowerby. Dr. Kenneth Walker of St. Michael and All Angels Church will be the guest organist.

Events & News

See www.kccathedral.org for more announcements.

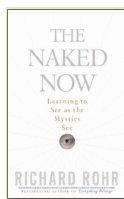
Exploring and Experiencing the Naked Now: Learning to See as the Mystics See

Mondays, September 16, 23, 30,

October 7, 14, 7-8:30 p.m. • Common Room

During our time together we will explore the lost tradition of Mystical Christianity. We will look at those forces that separate us from our deeper self. Drawing from the Gospel and the Christian contemplatives, we will discover what it means to be spiritually awake.

We will learn: (1) Why we resist change, (2) What Jesus, the first mystical leader in the West, can teach us, (3) How we can enhance spiritual awareness without sacrificing reason and (4) We will discover what it means to see as the mystic see. We will begin to live in full awareness of The Naked Now! Pre-registration requested: jgrabher@kccathedral.org or 816-590-6205.



been a primary institution passing negative judgment on gay and lesbian people, “it is going to take a special effort and a lot of radical hospitality to convince them that we really mean it this time.”

Noting that the Episcopal Church has been discussing the role of gay and lesbian people since 1976, Bingham said that simply passing a resolution doesn’t guarantee an inclusive church. “That can only happen with actions by our bishops, congregational leaders and individual members.”

The Saint John’s Bible

The heritage edition of The Saint John’s Bible is coming to Rockhurst University. All seven volumes of The Saint John’s Bible will be available for public viewing Sept. 9-29 in the Greenlease Library at Rockhurst University, 1100 Rockhurst Road, Kansas City, Mo.

At 7 p.m. Wednesday, Sept. 11, Tim Ternes, director of the Saint John’s Bible program, will unveil the Bible and talk about the project from its inception to its completion. The presentation will be held in Mabee Theater in Sedgwick Hall.

A reception followed by a viewing of the Bible will be held at the Greenlease Library after the presentation.

Early registration is strongly encouraged because space is limited. Learn more: rockhurst.edu/saintjohnsbible.

Youth Formation is Back!

Now that our Cathedral youth have gotten settled into the school year, it’s time to start our Youth Formation classes! All Cathedral youth in grades 6-12 are encouraged to join us every Sunday morning at 9:30 in the Youth Room. We will continue our video series *re:form*, which teaches the basics of the Christian faith in an entertaining and enlightening way. We have a very lively and fun discussion after watching each video, which leaves everyone with a better understanding of our faith. Youth Formation is for all Cathedral youth, whether they’ve been confirmed or not. If you need more information please contact Chris Morrison at kcchrism@gmail.com.

Cathedral Hosts Bishops’ Open Forum on Inclusivity: Sept. 12

Kansas Bishop Dean Wolfe and West Missouri Bishop Martin Field will be featured during a “Bishops Open Forum” Sept. 12 from 7-9 p.m. in Founders’ Hall, sponsored by the Greater Kansas City Chapter of Integrity.

The event is designed to help clergy, lay leaders, as well as anyone who is interested, look at where dioceses and parishes stand following the decision by the 2012 General Convention to authorize use of a rite to bless same-sex unions.

According to Larry Bingham, one of the event’s organizers, participants will have the chance to discuss a variety of questions:

- Has there been any change in your parish as a result of this resolution?
- Has your parish been asked to bless any same-sex unions?
- If your church has done so, what has been the reaction?
- If your church hasn’t been asked, has your vestry and congregation discussed the issue in anticipation of such a request?

Bingham said the gathering also will discuss ways churches can reach out to the gay and lesbian community so they know what the Episcopal Church has to offer them as members.

“Like all evangelism efforts,” he said, “we cannot sit back and wait for potential members to walk through our doors.”

Bingham said that since Christian churches over the centuries have

Bake? Find peace in ironing?

Help is needed for two of our special ministries. The Bread Guild and the Altar Guild — Linen Zen are seeking volunteers. Do you bake bread? Would you like to?

- The Bread Guild is looking for a few bakers to fill out our roster in the preparation of Eucharistic Bread. We will give you a recipe or you can use your own.
- The Altar Guild is seeking help with Eucharistic and Fair Linens. If doing laundry and ironing is a meditative experience for you then this is a ministry for you. Linen Zen is taking care of these very special linens on a rotation with others who appreciate the significance of these items.

Please contact Janet Sweeting in the Cathedral office at ext. 144 or jsweeting@kccathedral.org. If you would like to volunteer or want more information on either of these ministries.

Name Tags

Baskets are available at the back of the nave and in Founders’ Hall for you to return your name tag. We’ll put it back on the kiosk for you. **Forget to sign up for a name tag?** Print your name on the sign up sheet in the tower and we will have one ready for the following Sunday on the kiosk, organized alphabetically by last name.

Today’s flowers are given to the glory of God and

- in memory and thanksgiving for Thomas Jefferson Wood, Jr’s 95th birthday — The Tom & Patty Wood Family
- in thanksgiving — Bud & Candy McDowell

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to give
online

