

The Angelus

Grace and Holy Trinity Cathedral • Kansas City, Missouri

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Summer Is Here!

Find God Wherever You Are





The Freedom of Summer

I struggled with the feature story in this issue. When I came up with the basic theme for the magazine, I knew I would be walking a fine line. I wanted to call attention to the fact that summer is often a time when it is difficult to maintain your relationship with God, at least to the level that is possible during the rest of the year. But I also wanted to avoid seeming negative, or perhaps infusing a sense of guilt into the conversation. (As a former Catholic, trust me, I am very aware of how guilt can be used as a weapon, even unintentionally.)

So, I started doing a little research about what kind of resources are out there to help people maintain a relationship with God when they

can't be in structured worship each week. I came across an article that talked about "embracing the emptiness of summer." I thought, *What?* In my mind, summer was far from empty. Vacations, cookouts, drive-in movies, there are tons of things we fill our time with during the warm summer months.

But perhaps "empty" isn't really what that author truly meant. I think perhaps a better term might be "unstructured." (Although that doesn't make for nearly as catchy a title.) But while summer may very well be every bit as busy as the rest of the year, there is quite often a bit more choice about how we spend our time. The lack of structured activities gives us a freedom we don't

often experience during the rest of the year. And while I'm sure we will all get to partake in our fair share of cookouts, baseball games and even the odd fireworks show, this freedom of choice we experience during the summer allows us a unique opportunity; the opportunity to experience worship, prayer and our relationship with God in exciting new ways.

So take a look at the "Finding God Wherever You Are" article on page 12. Maybe you'll find a new way to worship this summer.

Melissa
—Melissa Scheffler



The Angelus

Summer 2019

The magazine of Grace and Holy Trinity Cathedral is published quarterly as a service to all parishioners, clergy, staff and friends of the Cathedral.

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On the cover: Underneath the courtyard's magnolia tree. *Photo courtesy of Melissa Scheffler.*

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Hope

It's summer!

I know you don't need me to tell you that, but it's not just any summer. It's THIS summer. It's the summer when your expectations for the future for the Cathedral are going to be revealed ... you hope. It's the summer when the uncertainty and restiveness of not knowing what the future will look like, will come to an end ... you hope. It's the summer when waiting for what is to come will be over ... you hope.

It's a little bit like the promise of the resurrection. We have been promised that Christ will come again, to take us into his glory. For ever and ever. Amen. Still, though, we wait ... and we hope. It is that hope that defines us and our waiting. It is that hope that makes us the people we are ... people who believe and trust in God's promises.

Even though we can't know when or how. Or even IF.

Still we hope without anxiousness, without rancor, without despair. For we believe—nay, we KNOW—that God is good. All the time. That God will not abandon us to ourselves. That God has a purpose for us, even if WE don't know what it is! That's the hard part, the not knowing!

So ...

It's summer! Enjoy it! Don't worry! Wait for whatever you're waiting for in hope! I wait, too!!

Blessings always.

—Evelyn Hornaday

“It is that hope that defines us and our waiting. It is that hope that makes us the people we are ... people who believe and trust in God’s promises.”



Birthday Gift Cards for Foster Children

Help a child in the foster care system by donating \$25 for a birthday gift card. These gift cards are given to children who do not receive any other gifts to celebrate their birthdays. In the past we have donated 40 gift cards each year, but with the growing number of children in the system, 40 gift cards are not enough anymore. Please consider this very special ministry of making children feel special on their birthdays. You may mail your donation to the office or place in the offering plate.



Praying Your Way through Summer

How did you learn to pray? Do you remember saying mealtime or bedtime prayers with your parents? Did you learn prayers during children's formation time at church? Have you memorized the Lord's Prayer or other prayers that you recite during times of trouble? I remember hearing many different types of prayers as a child: simple thanksgivings my mother said before holiday meals; an "Our Father" muttered by my father when he was trying to calm down; long and elaborate prayers said by the pastor at church; and the quiet ones murmured by my grandmother as she fingered her rosary.

As an adult, do you spend time talking about prayer and praying with your family? During children's worship time this summer, kids will explore prayer together. We will watch a video series called *Kids and*

"Pray continually; give thanks in all circumstances for this is God's will for you in Christ Jesus."

— 1 Thessalonians 5:16-19

Prayer that features kids talking about their prayer lives and will explore different types of prayer and ways to pray by using prayer stations and sensory prayers. If your family is looking for a spiritual activity to work on together this summer, consider exploring prayer.

Here's how to get started:

- Think about your current prayer life. What is going well and what would you like to change or explore further?

- Consider your summer schedule. Do you have more time together as a family in the evenings when the kids don't have as many activities? Set aside some of this time for prayer.
- Make your prayer routines flexible. Summer travels and activities often get in the way of routines. Fortunately, prayer can be done anywhere, anytime, without any special materials.
- Add music and movement to your prayers. Sing a favorite hymn or religious song in the car. Thank God for the beauty of creation as you take a walk. Give thanks for your strong body as you ride a bike, jump a rope or dive into the pool.

Need more ideas? Here are some resources you may find helpful:

- Creating a prayer Space at Home buildfaith.org/creating-a-prayer-space-at-home
- A Family Prayer Walk flamecreativekids.blogspot.com/search/label/prayer%20walk
- Building Faith Home Practices buildfaith.org/home-practices
- Praying in Color (This is a short introduction to praying by creating doodles. I have this book if you'd like to borrow it.) breadnotstones.com/2011/06/praying-in-color.html

Would you like to help kids explore prayer this summer? Talk to me at church or contact me at childrensformation@kccathedral.org. I can always use new volunteers!

—Julie Brogno

"Simply placing a candle, cross, Bible or other object on a piece of cloth can designate a special place."



Photo courtesy of buildfaith.org.



Youth Ministry All Summer Long

Summer is a gift. It gives us the opportunity to shake up our routine (that we so easily fall into in other seasons) and explore. During the summer months we get to spend more time outside and connect with God in creation, we may get to see our friends more and experience God's love for us through fellowship and relationship with others and we get to push the boundaries of our church life.

Over the summer months, our youth ministry program embraces

the flowing nature of the summer months by offering three ways to stay connected to our church family, to each other and to God.

Cathedral Events and Activities

Throughout the summer, the Cathedral youth ministry program hosts monthly Sunday morning meetups, worship opportunities online (make sure you follow @ *trinityteens* on Instagram), and special opportunities to celebrate our community.

Network Activities

Regional (Network) Youth Ministry is a way for youth to connect across parish lines with youth in other congregations in their geographical area. Fellowship events will be held throughout the summer to create community and celebrate friendships new and old.

Diocesan Events

Diocesan Events bring together youth from the entire Western half of Missouri! This summer we have four



Youth enjoying fellowship at MissionPalooza.

Photos courtesy of Alexandra Connors.

phenomenal Diocesan events certain to enrich lives and relationships.

Summer youth ministry provides the freedom and welcome for everyone to find their place in the community! We can't wait to see you at one of these upcoming events!

June 14: Network Activity—Nelson Atkins Fellowship Gathering (Grades 6-12)

June 23: Cathedral Event—Sunday Morning Youth Room Gathering (Grades 6-12)

June 28-30: Diocesan Event—Happening #79 (Grades 9-12)

July 2: Cathedral Event—Youth Group Family Dinner (Grades 6-12)

July 7-16: Diocesan Event—Pilgrimage to Glacier National Park (Grades 9-12)

July 20: Network Event—Betty Rae's Ice Cream Gathering (Grades 6-12)

July 21: Cathedral Event—Sunday Morning Youth Room Gathering (Grades 6-12)

July 22-28: Diocesan Event—MissionPalooza (Grades 9-12)

August 2: Cathedral Event—Senior Sendoff (Grades 6-12)

August 11: Cathedral Event—Sunday Morning Youth Room Gathering (Grades 6-12)

If you would like to be added to an email list for more information on these and other youth events, please email youthformation@kccathedral.org.

This summer is a time for trying something new, getting out of the box and experiencing God in new ways. It's a great time for

fun, worship and growing together in this awesome community of faith!

Prayers for Happening #79

Happening is a spiritual awakening/renewal weekend for high school youth led by high school youth.

Adult facilitators, lay and clergy, support the weekend and the preparations of the team leading the event. Happening is a deeply spiritual weekend that brings participants and staff closer to God and each other. Please be praying for all Happeners and Happening Staff June 28-30.

Be A MissionPalooza Dinner Volunteer

Each July, youth from across the Diocese gather at St. Paul's in Westport for a full week of service to the community. Using St. Paul's as a basecamp, the youth mobilize from midtown each day, going to different worksites to be Christ's hands and feet in the world.

The youth and adults work hard each day, often doing manual labor for 8+ hours. The amount of work our youth are able to accomplish in one week at any given worksite is often more than



Cathedral youth and friends serving a meal to the community.

the organization could have hoped to accomplish over the entire summer (or in some cases, the year).

As a way of supporting the hard work of the youth during this week, area churches provide dinners each night of the week to nourish the group and prepare them for the next day. The Cathedral will be providing dinner on Wednesday, July 24. If you would like to represent the Cathedral by volunteering to cook and serve dinner on this night, please email Alexandra at youthformation@kccathedral.org. Past volunteers will tell you that, besides it being a meaningful way to give back, being a dinner volunteer is a really fun way to be in fellowship with other Cathedral members! Hope to see you there!

Follow us on social!
[@trinityteens](https://www.instagram.com/trinityteens) (Instagram)
[#ghcttrinityteens](https://www.instagram.com/ghcttrinityteens)

—Alexandra Connors



What It Means to Be A SERVANT CHURCH IN THE HEART OF THE CITY

Volunteer Recognition



*Bob & Linda
Carlson*

Outreach Ministries wants to recognize Linda Carlson as an outstanding volunteer. Linda is a valued member of the BackSnack team by helping pack weekly BackSnacks and holiday food bags for distribution. Linda was also very instrumental in helping purchase men and women's winter boots for the December Free Store and helping assemble Easter Baskets and Mother's Day Baskets for the non-profits the Cathedral supports. Linda and her granddaughter Margo spent a morning this spring making over 60 hygiene kits for the guests at Saint Mary's Pantry. Linda and her husband Bob are always one of the

first to volunteer to help with the dinners at Sheffield Place and Linda has become quite proficient with a glue gun helping the children living there make sock puppets. (Sheffield Place is a transitional living facility for homeless women and their children empowering them to heal from their trauma and become self-sufficient.)

Linda is a member of the Altar Guild and is a regular lector and intercessor at the 8 a.m. service. Linda has also been very instrumental in the

planning and execution of the Ladies' Luncheons held for the women of GHTC. During her free time she substitute teaches in the Shawnee Mission School District and enjoys her three grandchildren. Linda and Bob will leave for Singapore to visit their daughter and grandson this summer for three weeks. Please congratulate Linda Carlson for her dedication and generosity in supporting Outreach at the Cathedral.

—Terri Curran



*Cathedral members
volunteering at
HappyBottoms.*



Photos courtesy of Terri Curran and Kari O'Rourke.

News from Maison de Naissance

Jim Grant, Executive Director, has provided news about the birthing home in Haiti that the Cathedral supports.

Jim writes that the closing theme for 2018 was all about success at Maison de Naissance: working steadily toward the milestone of 6,000 healthy births; exceeding 200,000 total maternal and infant health consultations; and staying open without pause “24x7” for over fourteen years.

Services Provided in 2018

- Prenatal Consultations—3,198
- Family Planning Visits—7,085
- HIV Tests—2,458 (women & partners)
- Well-Baby Visits—2,124 (check-ups & vaccinations)
- Postpartum Consultations—759 (including home visits)
- Reproductive Health Visits—230

Community Health Visits—5,327
Total Patient Visits in 2018—21,670

Courage in the Face of Adversity

In July and November of 2018, massive anti-government protests rocked Haiti. A large segment of the population, after years of poverty and multiple natural disasters, took to the streets to demand relief from inflation, fuel shortages and allegations of misappropriated relief funds. Throughout both episodes, which included violent demonstrations, rioting, and countrywide roadblocks and strikes, the staff of Maison de Naissance kept their focus on maintaining business as usual for the many patients who depend on the center for care.

“My name is Christanaelle Lemorin, and I am the Accountant at Maison de Naissance. During the time of protests and riots in November 2018, which lasted for nine days, it was a very

hard time in the communities around MN. The main road to our facility was completely blocked—there were roadblocks everywhere, with burning tires and trees across the road. We were obliged to give bribes to remove the roadblocks every time to get through.”

Note: GHTC’S Outreach Ministries was able to send additional funds to help out during this time of crisis.

A new program for cervical cancer screening and treatment will be added to the services provided by early 2020. Currently there are no cervical cancer programs available in MN’s service area. It is a leading cause of cancer deaths among Haitian women.

Also, our heartfelt thanks to the members of GHTC who generously gave onesies. We delivered 302 of the little body suits to Jim Grant at his office.

—Marian Philip



The annual Sheffield Place dinner, courtesy of GHTC Outreach Ministries



Photo courtesy of Wesny Dubic. All other photos courtesy of David Pierson.

Update from the Home of Love and Hope



Spending time in the classroom at ITSM.

2019 has been a year of changes at all of our centers; from our growing day school program at our elementary school to our expanding high school program at the Technical Institute (ITSM).

This year, the 10th- and 11th-grade girls have joined their male cohorts in the *bachillerato* program (high school) at ITSM to work toward their high school diploma, with a specialty in electricity. While the 10th-grade curriculum focuses on academics, the 11th-grade curriculum introduces technical classes.

Both the teachers and students speak highly about the introduction of the girls to the previously all male high school. The girls, who admit they felt *rara* (weird) on the bus ride to ITSM on their first day of school back in February, shared that they immediately felt welcome, and within the first week they had made friends. They speak of the contrast of being a

Photos courtesy of Erika Skafel and Dave Pierson.

student at a large school to being in family at ITSM, feeling comfortable and confident at their new school and among their new peers.

The eight 11th-grade students attend the electricity workshop every morning with Profe Javier and Profe Ivon, learning theory and practice in electrical systems. This week, they drew technical diagrams and brought them to life as they installed a circuit containing three light bulbs—each independently switched.

The girls are new to the world of electricity, but are treated as equals by the teachers and their classmates alike. Allan, José, Jairo and Lenin, who all have experience in the workshop, are patient with and support Maribel, Nincis, Katherin and Marisela as they learn how to draw circuits, or connect copper wires for the first time. They have a strong female role model in Profe Ivon, and they work with determination to put their learning into practice.

Great things are achieved by a series of small things brought together. Integrating the young women and young men in our technical program is an example of a small step in the journey toward equality.

—Erika Skafel,
Coordinator of North American
Relations

The Cathedral sponsors Marisela, who is mentioned in this article. Here is a recent photo of Marisela, hard at work.



(Clockwise from top left) Nincis and Maribel in safety training; Marisela connects a socket; Katherin in safety training; and José and Maribel work together to connect a socket.





Finding God Wherever You Are

Summer is here, let the backyard barbecues begin! Or maybe you're a fan of baseball games, camping, time at the lake—the list of activities we want to enjoy when the weather warms up can seem nearly endless. Summer is often a time of year when our normal schedules get thrown out the window in order to make room for vacations, cook outs—basically, anything involving the great outdoors.

Because of the disruption to our schedules, our normal ways of worshipping God can also become a bit skewed. Attendance at church is often more sporadic, which can lead to a feeling of disconnectedness in our relationship with God. But there are ways to maintain, and

even increase, your connection and relationship with God.

Julie Brogno, Children's and Family Ministry Coordinator, offers the following perspective.

"In my experience, families don't attend church services as consistently in the summer as they do during the school year. There's often more that competes with their time—vacations, sports tournaments and wanting to take advantage of nice weather. Some families already have a robust faith-at-home practice and some families would like help with creative ways to add worship, prayer and meditation on God's word into their summer plans. As a ministry leader, I try to help caregivers make connections with what their kids do in church all year

round. This summer, the kids will do a unit on prayer during children's worship sessions, so I'm preparing bags filled with prayer activities that families can take home to try out new ways of praying together."

Finding creative ways to stay connected to God when you can't attend church regularly can be challenging, but there are many resources available to help. If you are a fan of more structured prayer, praying the Daily Office, found at missionstclare.com, is one way to maintain a sense of connection with your spirituality. Another option for daily prayer is *Forward Day by Day*, found at forwardmovement.org.

You can also choose to simply be open to meditation and prayer

throughout the day. When you see something beautiful, take a moment to thank God for creating it. When you see someone in need, help them, if possible. Take this opportunity, when you are going to be out in the community perhaps more than usual, to truly live into the Cathedral's tagline,

A SERVANT CHURCH IN THE HEART OF THE CITY

If you happen to be traveling this summer, try to find time to attend a worship service wherever you happen to be. This can be an exciting way to experience different types of worship. You might even come away with some new ideas that can be implemented at the Cathedral.

If you happen to have people visiting you this summer, why not invite them to a Cathedral worship service? You might be responsible for showing them something new and different.

Another way to strengthen your relationship with God is to cultivate a strong sense of faith at home. This is something that can help during the summer months, when things are a little less structured, as well as during the rest of the year. There are resources available, both online and through the Cathedral, that can help. For some good online ideas to get started, visit episcopalchurch.org and forwardmovement.org.

It's also important to remember that just because we don't see worship happening at the Cathedral, doesn't mean people aren't connecting with God in their own way. Another comment from Julie put it this way,

"I think that ministry leaders need to remember not to measure success by the number of people in the pews. Corporate worship is an important part of our lives as Christians, but so are home faith practices, and the great-green-growing season of summer (to use a Godly Play phrase!) is a great time to work on this part of our lives."

For those of us who are not traveling this summer, please consider getting

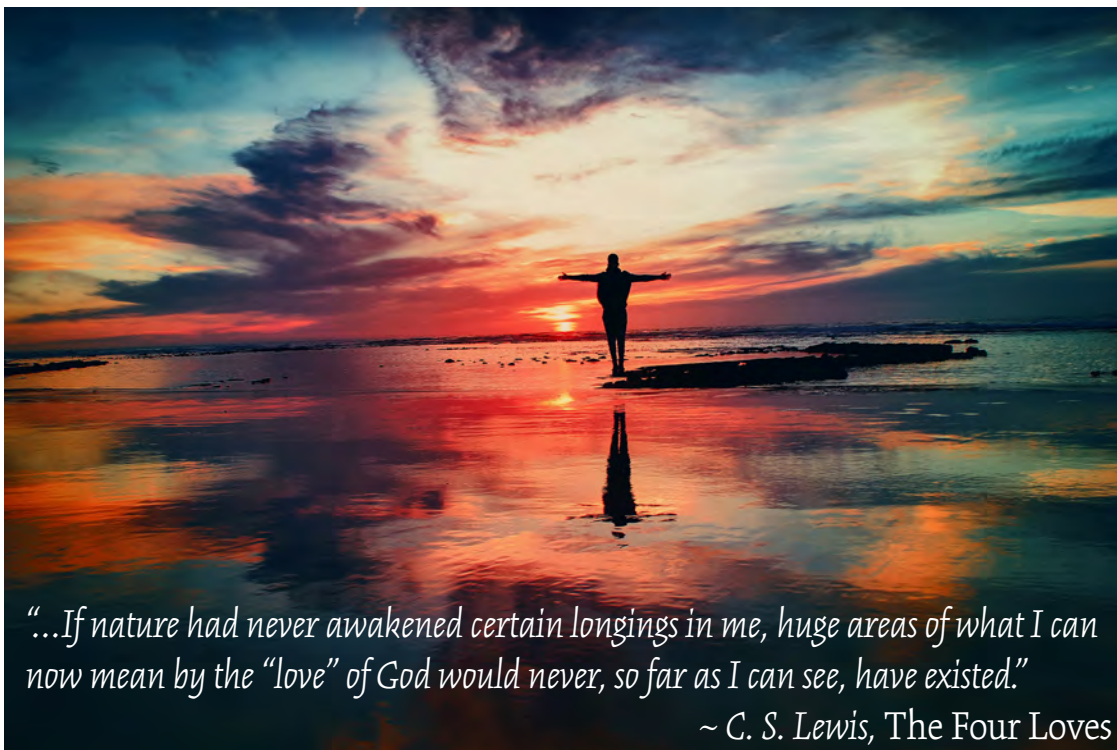
"I think that ministry leaders need to remember not to measure success by the number of people in the pews."

involved in some of the activities the Cathedral offers. This summer the Women's Bible Study will continue to meet every Tuesday at 12:30 p.m. You can join the Qigong and Tai Chi class on Thursdays at 12:45 p.m. and don't forget the Summer Film Series, which will be meeting for a potluck dinner and movie, followed by discussion, on Fridays, July 19 and August 16, at 6 p.m. The Garden Guild is looking for helpers and our Social Outreach Ministry can always use help. The annual series of concerts, Summer Music at the Cathedrals, will be taking place at GHTC and the Cathedral of the Immaculate Conception. See page 14 for more details on summer music.

We are also planning to offer outdoor Yoga classes on Saturdays, July 20, August 10 and September 21 from 1-2:30 p.m. More details on that will be coming soon.

All of these activities help create a well-rounded congregational life for the people of the Cathedral. I hope you'll take advantage of these activities, or create your own way of connecting with God, during this "great-green-growing season of summer."

—Melissa Scheffler



"...If nature had never awakened certain longings in me, huge areas of what I can now mean by the "love" of God would never, so far as I can see, have existed."

~ C. S. Lewis, *The Four Loves*



Upcoming Music Events

Summer Music at the Cathedrals

The summer season brings us Summer Music at the Cathedrals, a joint effort between Grace and Holy Trinity (GHTC) and the Cathedral of the Immaculate Conception (CIC). Each Sunday in August, there is a concert at 2 p.m. held at either GHTC or CIC.

Instrumental Chamber Music
Sunday, August 4 • 2 p.m.
GHTC

Enjoy this free event to start the Summer Music Series.

Vocal Chamber Music by
Johannes Brahms
Sunday, August 11 • 2 p.m.
GHTC

The Series continues with another free event at GHTC. Please join us!

The Summer Singers of Kansas City present Israel in Egypt
Sunday, August 18 • 2 p.m.
GHTC

Next in the Series is *Israel in Egypt* by George Frederic Handel presented by the Summer Singers of Kansas City, William O. Baker, conductor. Tickets may be purchased at the door or at choralfoundation.org.

The Seventh Annual French Organ Music Festival
Sunday, August 25 • 2 p.m.
CIC

The final performance in the Summer Music Series this year takes place at CIC. Enjoy French music, French food and French culture at this free event!



Israel in Egypt: Teams of slaves pulling a granite statue of a lion past a line of Egyptian temples, after Edward John Poynter, as published in the 'Illustrated London News' for 25 January 1868 Wood-engraving and letterpress. © The Trustees of the British Museum



Choral Evensong
Sunday, September 15 • 5 p.m.

The Trinity Choir will resume monthly services of Choral Evensong on September 15 at 5 p.m. At 6 p.m., there will be a concert presented by *Clarion*, a duo consisting of Dr. Keith Benjamin, trumpet, and Dr. Melody Steed, organ. This concert will celebrate the commercial release of a CD that *Clarion* recorded at Grace and Holy Trinity Cathedral at the end of 2018.

—Dr. Paul Meier



Dr. Keith Benjamin and Dr. Melody Steed, the duo that is *Clarion*, will play a concert Sunday, September 15 at 6 p.m., following the Evensong service.



Preparing for Fall

When the children's choir season ends in the spring, I'm already looking forward to a new choir year. During the summer months I review the upcoming lectionary readings (biblical texts used in worship each week) so I can explore music that coordinates and uplifts the readings. I also put together a tentative plan for the choir's participation in worship and schedule for the year. Once the music is chosen, I determine interesting ways to present the material in rehearsals so that the singers can understand the message in the

music's text while building their singing skills.

Summer music and worship workshops and conferences are invaluable in staying abreast of appropriate teaching materials and music in addition to discovering new insights into the theological basis of the work of worship. I'll be attending three workshops this summer; one that addresses how singing hymn texts together (adults with children) can build community; another about music and methods for teaching

music fundamentals to children; and, at the last one, I will be hearing some of the most respected theologians, authors and hymn writers speak about how we use words in our worship.

I will spend time early in the summer teaching the music portion for an Arts Camp in our greater KC area. Seventy-five campers will learn to sing new music, play instruments and to see how all the arts (music, drama, dance, literature) are related.

—Linda Martin

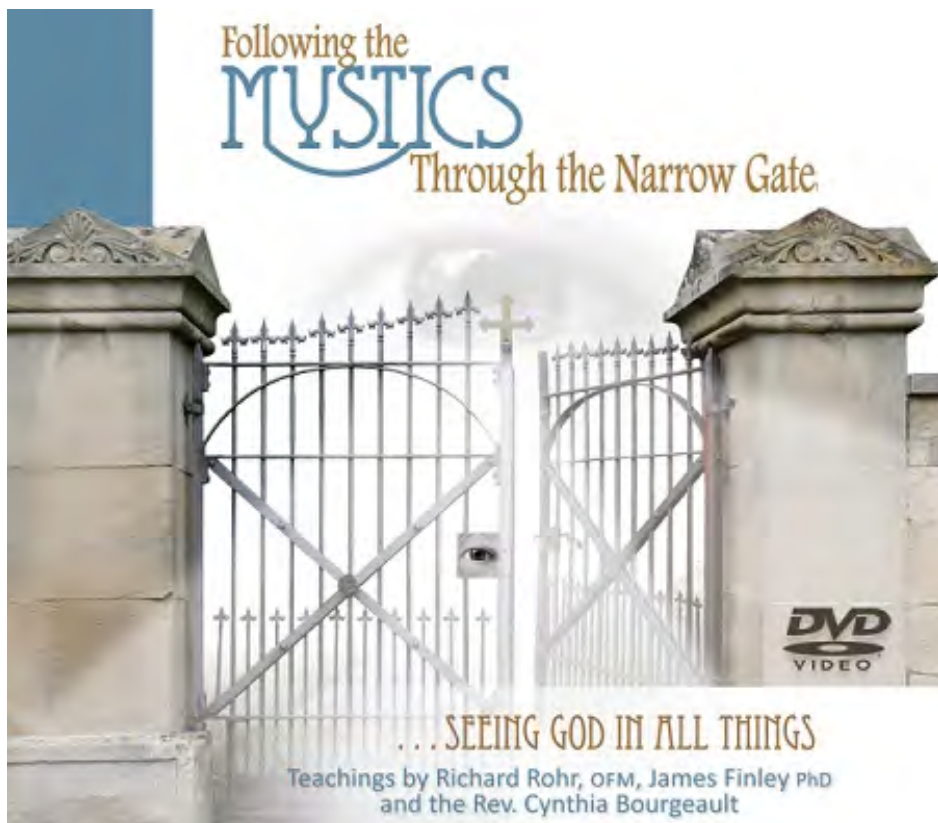


The Trinity Children's Choir on the first day of class in 2018.

Photo courtesy of Linda Martin.



Following the Mystics and Jesus and the Gospels



Adult Forum

Jesus and the Gospels

Sundays, September 8–December 22
9:15–10 a.m. • Haden Hall Purple Door Room

The figure of Jesus has tantalized both Christians and non-Christians who have sought definitive answers to questions about his words, his acts and even his very existence. For most of the last 2,000 years, the search for those answers has begun with the Gospels, but the Gospels themselves raise puzzling questions about both Jesus and the religious movement within which these narratives were produced. They also provide sometimes bewilderingly diverse images of Jesus. To register or for more information, contact Deacon Jerry Grabher at j.grabher3@gmail.com or 816.590.6205.

Abiding Prayer

Following the Mystics Through the Narrow Gate

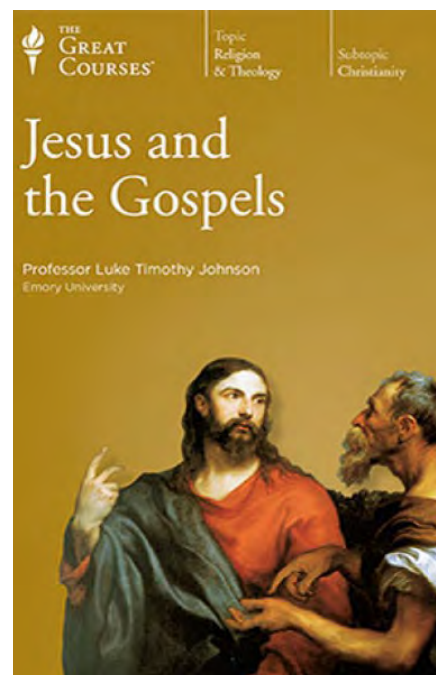
Mondays, September 9–October 28
7:15–8:30 p.m. • Haden Hall Purple Door Room

Join us as we are guided through the long mystical tradition from early Christianity to our own time. This view into our mystical heritage opens our hearts to the Divine Mystery in which all are invited and surrounded. To register or for more information, contact Deacon Jerry Grabher at j.grabher3@gmail.com or 816.590.6205.

—Jerry Grabher

The unexamined faith is not worth believing.

Abiding Prayer
“Abide in me and I will abide in you.”
John 15:4



Other Classes

The Cloud of Unknowing: Ancient Wisdom for Modern Christians

First Session: Wednesday, September 4

Then the 1st and 3rd Thursdays of each month: September 19 through December 5

7:15–8:30 p.m. • Common Room

You are invited to enter a profound and personal contemplative experience.

In this unique retreat, you will join the Master of The Cloud of Unknowing, who will guide you into a powerful encounter with the hidden, living God. Written during the turbulence of fourteenth-century England, this sacred text and its anonymous author capture the earliest contemplative teachings of Christianity. Within its pages lies powerful guidance for contemplation and centering prayer.

Presented by gifted professor, author and psalmist, Sr. Kathleen Deignan, C.N.D., this series will deepen your spirituality. You will discover the teachings of one of the great classics of the Christian Tradition, which has profoundly influenced classical and contemporary spirituality.

The Cloud of Unknowing offers unique guidance for anyone who desires intimate contact with God. As you will learn, the Master synthesizes ancient mystical insight with the vivid understanding of human nature. You will explore how the down-to-earth voice of this great Teacher resonates with our own postmodern spiritual search. Indeed,

“Love is so powerful that it makes everything one.”

— The Cloud of Unknowing

as you read his letter of guidance to contemplatives, you will uncover an uncannily contemporary and universal message.

In these conferences, you will explore the sources of what has come to be known as “centering prayer.” You will discover its roots in the Desert Fathers and Mothers, emergent contemplatives who labored to “put on the mind and heart of Christ.” You will trace the unfolding of the sacred science of spiritual transformation through its earliest pioneers to its ongoing development in our day. In learning the practice of “dark” contemplation, you will come to sense the ineffable mystery and hiddenness.



12:30–1:30 p.m. • Common Room

Women’s Bible Study meets for an hour or so on Tuesdays at 12:30 p.m. in the Common Room. At the beginning of each session, members of the group read a passage from the current selected book or study guide and then see where the spirit takes

*Enter the Cloud of Unknowing:
Ancient Wisdom for Modern Christians*



This journey will draw you closer to life with God through the healing peace of “unknowing.” Let the wisdom of this timeless work guide your spiritual life today.

To register or for more information, contact Deacon Jerry Grabher at j.grabher3@gmail.com or 816.590.6205.

—Jerry Grabher

Women’s Bible Study *Luke for Everyone* Tuesdays

them. Discussions are lively, thought-provoking, and often irreverent. All are welcome. If you have the inclination, but not the book—come anyway and someone will share!

Congruent with Lectionary Year C, The Women’s Bible Study group is using *Luke for Everyone* by the Right Reverend N. T. Wright, Bishop of Durham (Church of England) as the inspiration for its weekly discussion. The book is available in the Cathedral Bookstore.

—Candy McDowell

THANKSGIVINGS AND MEMORIALS FOR EASTER FLOWERS

Flowers for Easter were given to the Glory of God and ...

in thanksgiving for Claire Blake and in memory of Larry Keenan — Nathan & Anne Blake
in memory of Marilyn Lacey McMullen — Larry McMullen
in memory of Alice Lindquist, Gertrude Lewandowski and Jesse Hockett — Joseph & Tina Lewandowski
in thanksgiving for Roger & Joyce Sweeting and Joanne Repass Jones and in memory of Howard L. Stewart, Karol Stewart Mitko and Dale Lee Sweeting — Janet & Ric Sweeting
in thanksgiving for Lisa & Jeff, in memory of Robert — Sharon Hudson
in memory of John M. Brown, Mr. & Mrs. Bevier H. Sleight, and William P. Sleight — Peg Brown
in memory of Ron McLeroy — Carolyn McLeroy
in memory of Sheila Athorn — the Telep Family
in thanksgiving for a blessed life — Richard & Anne Morse Gary & Sandy Bressman
in thanksgiving for our family — Day & Whitney Kerr
in thanksgiving for my family — Jean Rau
in memory of loving parents and grandparents James and Mildred Kemper, Royce and Bettie Smith — Jonathan & Nancy Kemper & family
in thanksgiving for Melanie Boyd — Muriel Boyd
in memory of William S. Hubbard Jr. — his loving family
in memory of Arthur A. Vogel — Edward & Ann Matheny
in memory of Don & Wanda Schmittzehe, Donald J. Schmittzehe, and Tom Boudinet — Sue Wilcox & David Boudinet
in thanksgiving for our children and grandchildren — Jack & Marie Whitacre
in thanksgiving — John & Ellen Goheen
in thanksgiving for our loved ones — Bruce & Page Reed
in memory of Iris Mayers and Glendine Mayers — Bruce T. &

Lill M. Weekes

in thanksgiving and love for our children, Drew, Hona and Haley, in thanksgiving and love for 48 years of marriage — Marsha & Bill Beggs
in thanksgiving for our children and grandchildren — Ellen & Brent Spake
in memory of Josephine L. Morgan — Dr. Dennis B. Morgan
in thanksgiving — Joe & Jackye Finnie
in memory of our parents — Harley & Patricia Miller
in thanksgiving for our blessings — Joan Bergstrom
in memory of Virginia Buckner, Curtis C. Ground Jr. and Curtis C. Ground III — Deborah and Chip Buckner
in memory of Virginia & Max Foresman, Dr. Tim Sifers, Fudie Barlow, and John Ingram-Eiser — Sarah Ingram-Eiser
in thanksgiving for Laura & Connor — Jim & Karen Meek
in memory of our parents — Eddie & Sandy Carter
in memory of Dr. Darrel D. Drumright — Jim Chappell
in loving memory of George Schaumburg — John & Fiona Schaefer
anonymous
in thanksgiving for our children & grandchildren — Paget Gates Higgins
in memory of Margie Jacobs Barr — Brent Adrian Barr
in memory of our parents, Dorothy & Clarence Risebig — Meribeth & Claudia Risebig
in thanksgiving for Dr. Meier & the Trinity Choir — Rick Jordahl





Volunteer to Acolyte!

This spring we had many youth who graduated (Congratulations to all!) and are preparing for their journey to college or other endeavors. This leaves some gaps in our acolyte

teams. Please consider becoming an acolyte. Adults or youth ages 12 and older are needed to fill these very important roles in our services. Please contact Janet Sweeting at

jsweeting@kccathedral.org or call 816.214.9946 to join these essential volunteers at the Cathedral.

—Janet Sweeting

Thanksgivings and Memorials Flowers and Greens

April 7

- in memory of Anne Augusta Morris—Richard & Anne Morse
- in thanksgiving for warmer weather—the Gitta family

April 14

- in loving memory of Robert H. Veasie—Ruth Finet Rinehart

April 21—Easter Flowers, *see previous page*

April 28

- in loving memory of The Very Rev. J. Earl Cavanaugh, Harold & Betty Phillips and in thanksgiving for Nancy Cavanaugh, The Very Rev. Peter & Mary DeVeau—Vangie & John Rich

May 5

- in honor of our grandson, Lukas McLeroy—Carolyn McLeroy
- in thanksgiving for graduating students and in memory of Caroline A. Machie—the Gitta family

May 12

- in loving memory of our mothers, Ruth Welch and Betty Frech—Bob & Linda Carlson
- in thanksgiving for Harold “Chip” Bergstrom—Joan Bergstrom

May 19

- in memory of Wayne Coldsnow

May 26

- in thanksgiving for our daughter Betsy Leonard, and for our son & daughter in law, Brad & Kathleen McLeroy—Carolyn McLeroy
- in thanksgiving for John Gitta’s graduation—the Gitta family
- in thanksgiving for God’s healing mercy

June 2

- in honor of our grandson, Hank Leonard—Carolyn McLeroy
- with prayers for the victims of violent weather—the Gitta family

June 9

- in thanksgiving for Carson August Walker Finet—Ruth Finet Rinehart
- in memory of Blanche Heider—Sara Gaggens
- in memory of Caroline A. Machie—the Gitta family
- in thanksgiving for the baptism of Bobby Paulus—Karen Kissinger
- in thanksgiving for the wedding of Sarah Mills & Peter Rottgers

June 16

- in memory of Bill Bucker—Barbara & Bob Bucker
- in thanksgiving for R. K. and Sarah Morse wedding anniversary—Richard & Anne Morse
- with prayers for victims of hate—the Gitta family
- in thanksgiving for our fathers, Jacob Frech and Eric Carlson—Bob & Linda Carlson
- in thanksgiving for Harold “Chip” Bergstrom—Joan Bergstrom

June 23

- for the time that marriage affords us—Ken Stewart
- with prayers for fatherless children—the Gitta family
- in memory of Maria Alexandra Mauro—Sandra & Albert Mauro, her sister Rachel and her brother Albert

June 30

- in thanksgiving for our anniversary—Pat & Kay Woolley

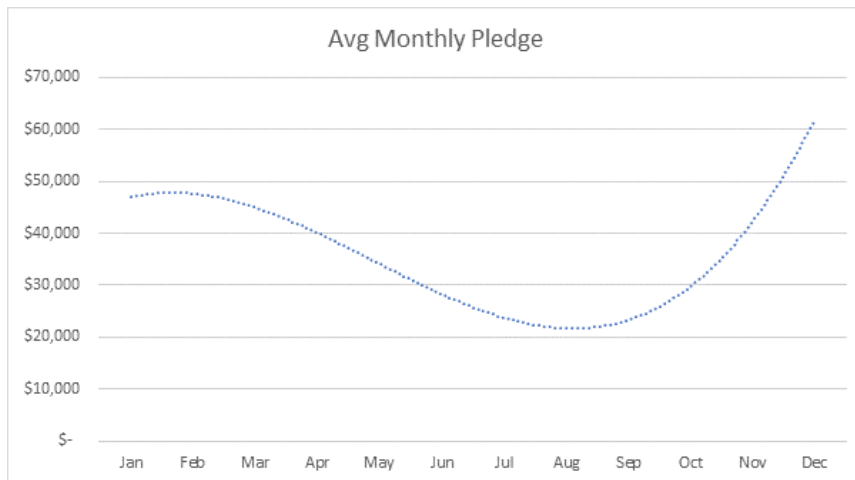
To donate toward the weekly flower cost of \$225, sign up online at kccathedral.org/flowers or contact the Cathedral office, jsweeting@kccathedral.org or 816.474.8260 ext. 144. Any amount is appreciated.

Treasurer's Report

	2019 YTD	2018 YTD
YTD		
Income	\$681K	\$765K
Expenses	\$728K	\$814K
	-----	-----
Net Total	(\$47K)	(\$49K)

Plate and pledge income continues to lag budget expectations contributing to a shortfall YTD. Fine strategic investments by the properties committee over the last years has provided a welcome dividend of lower-than-expected grounds upkeep charges.

Summertime with its draw of nice weather and school breaks has traditionally been a time of lower weekly attendance and lower pledge collection:



Please remember that the needs of our Cathedral community and those in our Kansas City community that we serve do not take a break. It is your continuing generosity that sustains and helps to expand our vital outreach efforts. Especially over these summer months, be mindful of our mission and the needs of others.

—David Telep



Episcopal & Friends LGBT+ Gatherings

For the rest of 2019, all LGBT+ gatherings are scheduled to be held in Founders' Hall at 6 p.m. on the first Sunday of the month. Those dates are July 7, August 4, September 1, October 6, November 3 and December 1. The location may change in the future, but we will publicize the change.

There is no agenda at these gatherings, just food, fun and fellowship.

Questions? Email lgbt@kccathedral.org.

—Brian Cowley



Children's Formation Popsicle Party

July 14

Cool off with a sweet treat at coffee hour after the 10:15 a.m. service.



Readers Book Club

July 21 • 11:45 a.m.

Our next Readers Book Club Meeting is Sunday, July 21 in the Founders' Hall Café. We will discuss *A Gentleman in Moscow*, written by Amor Towles. Copies of the book can be purchased from any bookseller.

For any additional information or questions contact Jackye Finnie, jpfinnie@aol.com, or Joyce Morrow, jemorrow@kc.rr.com.

—Joyce Morrow



New Urban Necessities Project Toiletry Drive

August

Help us support the Outreach Ministries at St. Mary's and St.

Augustine's by donating toiletry items for the new Urban Necessities Project during the month of August. Items they are most in need of include toilet tissue (single or four-packs), sunscreen lotion (not spray, smaller sizes), men's deodorant, men's shampoo and men's body bar soap. This program supports the Deanery grant the Cathedral was awarded. Your generosity is appreciated!



Looking ahead to Fall Fun!

Dates and times TBD

September—Chicken N Pickle gathering

October—Hayride and campfire at Shawnee Mission Park



Back-to-School Blessing

Sunday, August 18

School starts in August for many students, teachers, administrators and parents. You are invited to bring your backpack or other school supplies and receive a blessing as you begin another academic year.



HappyBottoms Diaper Drive

September

Did you know that diapers cannot be purchased using public assistance such as food stamps? Your donation of new or opened packages of diapers helps young children in the KC area. Please bring diapers to the Cathedral during the month of June and we will see that they go to HappyBottoms, our local diaper distribution agency. Thank you!



Summer Film Series

July 19 and August 16 • 6 p.m.

If you're a movie buff, you won't want to miss our Summer Film Series. We'll meet downstairs in the Founders' Hall Cathedral Café for a potluck dinner (please bring a dish to share) and movie, followed by discussion.

The movie for July is *Christopher Robin*. Christopher Robin—now a grown man living in London—receives a visit from his old childhood friend, Winnie the Pooh...together they go looking for their other friends, Tigger, Eeyore, Owl, Piglet, Rabbit, Kanga and Roo...together again, adventures ensue! Rated PG, made in 2018.

The movie for August is *To Kill a Mockingbird*. Harper Lee's classic is brought to the screen starring Gregory Peck as Atticus Finch, a lawyer who defends a black man accused of rape in a small town in Alabama. Themes of racial discrimination and stereotyping are explored. Made in 1962.

We hope you'll join us!



Godly Play Training

August 22–24

This training is for anyone who is new to Godly Play, those who are storytellers or doorpersons, but have never been to a training before, or those who have attended a Core Training once in the past. Our trainer will be Sally Thomas. Cathedral volunteers can attend the training at no cost. The Diocese of West Missouri is offering a limited number of scholarships; contact Kim Snodgrass at formation@diowestmo.org for more information. For details and to register, visit bit.ly/GodlyPlayTraining.



School Supply Drive

July

Drop school supplies for Crittenton kids in the box in the tower during the month of July. The supplies donated will be blessed Sunday, July 28.

Treasures Tours

We need your suggestions as we plan for more tours this fall! Previous tours included the organ, stained glass, pulpit, font, sacristy, and altar. Would you like to lead a tour? Do you have suggestions for future tours? Please contact Julie Brogno at childrensformation@kccathedral.org.

Keeping in Touch/ Staying Informed

Stay Up-to-Date with Cathedral News

Get weekly announcement emails, digital bulletins, death/funeral notices and special event reminders by visiting the Cathedral website, kccathedral.org. Find the "Subscribe to our mailing list" box, in the left sidebar. Fill out the pertinent information in that box and hit the "Subscribe" button at the bottom.

Online Directory

View the Cathedral directory and/or update your information in our membership database in our online

directory. If you've never used the online Cathedral directory, visit <https://secure.accessacs.com/access/nonmemberlogin.aspx?sn=107131> to establish a login. Once you create a login, you will be able to search for people in our database, update your own info and see (and add your own!) photos.

Volunteer System

Each volunteer is sent login information to the email we have on file for you. It is manually loaded into this system by the coordinator from information in our members database because these systems are not able to share information directly with each other. Once you have access to the system, and log on, it brings

you to the home tab where there is a simple explanation of the other tabs, (my schedule, full schedule, rosters and my profile as well as the help tab). The my schedule tab allows you to see just your schedule, and you may request a sub or trade there. We have also added vacant positions or sub requests to this tab for easier access. The my profile tab allows you to edit your profile by adding service preferences, serving preferences, contact information and to indicate dates (for future schedules) that you will not be available. You may also change your phone number or email address here, but it will not send that information to any of our other systems.

Please note that updating your information in the Cathedral News database, the membership database or the volunteer scheduling program are all separate; changing one does not update your information in the other programs. Therefore, if you need to update any contact information, please make the change in all applicable programs.

If you have problems or questions, contact Janet Sweeting at jsweeting@kccathedral.org or 816.474.8260 for assistance.

—Julie Toma & Janet Sweeting



An Active Shooter Training Class presented by the Kansas City Police Department.

Safety Committee Update

Emergency & Safety Trainings for Churches/Places of Worship

The Kansas City Police Department (KCPD) continues to hold emergency safety trainings for area churches/places of worship. To date, several hundred persons have attended these trainings throughout the Kansas City area. Denny Brisley and I attended a

training at the Central Patrol Station on Linwood Boulevard Wednesday, June 5. In addition to these scheduled trainings, the specially-trained KCPD officers are available to come to the respective churches for additional training and information.

The KCPD contacts for the Cathedral are KCPD Officers Holly Sticken and Andrew (Andy) Hamil, Community Interaction Officers, and KCPD Sergeant Steve Schramm, the Active Shooter Trainer.

Our next steps will be:

1. To meet with Cathedral greeters and ushers on emergency safety procedures.
2. To take a tour of the downtown KCPD (foot patrol) Annex/Headquarter Station on 10th and Central (across from Crossroads Academy School) to see the Command Center Operations.

—Sharon Cheers

Photo courtesy of Ariel Rothfield, KSHB-TV.



Special Showing and Presentation on *The Saint John's Bible*

Grace and Holy Trinity Cathedral (GHTC) is partnering with the Kansas City Public Library for a special showing and presentation on *The*

Saint John's Bible. Tim Ternes, Director of *The Saint John's Bible* at St. John's University in Collegeville, Minnesota, will present "From Inspiration to Illumination, an introduction to *The Saint John's Bible*" on September 4, 2019, at 6:30 p.m. at the Kansas City Public Library, 14 West 10th Street, Kansas City, Missouri.

Through videos, reproductions, and rich visual images, participants will be guided through the story of *The Saint John's Bible*. Guests will learn

about the processes, tools, methods and materials behind the making of *The Saint John's Bible* as well as explore several artworks through guided imagery discussions.

Participants will also have an opportunity to handle vellum and quill samples and see all volumes of the *Bible* which will remain on display for a period of time at the library. The presentation and public display reflect a collaborative partnership between Grace and Holy Trinity and the library, to highlight this important work in the greater Kansas City community. Mr. Ternes will also spend a half-day training docents from GHTC on the morning of September 4. Members from GHTC who would like to participate in the docent training should contact Catherine Green, Ric Sweeting, Ellen Spake, Jim Martin or Linda Martin to indicate their interest. Docents will participate in ongoing outreach and educational activities sponsored by GHTC.

—Ellen Spake

(Top) *Glory to God*, Sally Mae Joseph, Copyright 2002, The Saint John's Bible, Saint John's University, Collegeville, Minnesota USA. Used by permission. All rights reserved.

(Bottom) Docent Ric Sweeting sharing information about *The Saint John's Bible* at a First Friday event.



Grace and
Holy Trinity
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The Very Rev. Evelyn Hornaday, *Interim Dean*
The Rev. Canon Christy Dorn, *Associate*
The Rev. Marco Serrano, *Young Adult Coordinator*
The Rev. Jerry Grabher, *Deacon*
Dr. Paul Meier, *Director of Music*
Linda Martin, *Children's Music Director*
Julie Brogno, *Children's and Family Ministry Coordinator*
Alexandra Connors, *Youth Minister*
Joan Bock, *Nursery Manager/On-Site Wedding Coordinator*
Julie Toma, *Cathedral Administrator*
Melissa Scheffler, *Communications Coordinator*
Richard Wolf, *Finance Manager*
Janet Sweeting, *Office Assistant*
Kristy Moore, *Sacristan*
Angie Graham, *Property Manager*
Mike Guidry, *Assistant Property Manager*

ICE CREAM SOCIAL

Sunday, August 25 • 9 & 11:30 a.m.

Join us for an Ice Cream Social during Coffee Hour! Sponsored by the Cathedral Outreach program. This is just our way of saying thank you for all your help on outreach projects throughout the year. Enjoy!

