Grace and Holy Trinity
Cathedral & The Cathedral of
the Immaculate Conception
present

# Summer Music at the Cathedrals

Sundays of August at 3:00 PM

August 4
Robert Hagenbuch, violin
Jeffrey Carter, piano

August 11 **Penny Citro**, contralto **John Schaefer**, piano

August 18

The Summer Singers
of Kansas City

August 25 **David White**, tenor **John Schaefer**, piano

All events are at Grace and Holy Trinity Cathedral

> 13<sup>th</sup> and Broadway, Kansas City, MO

At door admission, \$10.00 Call: 816-474-8260



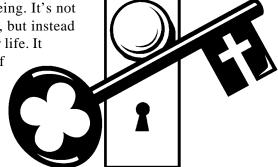
#### From the Dean

For the last two months I have visited a young man in the Johnson County Sheriff's jail. His circumstances for being there are not the center of my meditation. Instead, what intrigues me are some of the things of which I became aware while visiting with him. First, because I am a priest, for most of the visits the deputies allow us to meet together in a room without barriers between us. Indeed, I had missed the significance of this until when visiting once there were so many lawyers visiting to see inmates that a private room was not available to us. The glass between us and having to use a telephone to talk made me keenly aware of the power of separation and how it affects our conversation. Indeed, there was a different character to how we talked that day. Depth and truth seemed harder to convey and assurance of God's love and forgiveness felt strained. It was not until I was leaving, and I put my hand to the glass, and he placed his on the other side of the glass on mine that he smiled. How strained our spiritual lives are when we place anything between us and between God and us. As I drove back, I thought of all the things that separate us and how they effect our relationships. I thought of the things that separate others and me from God. Our striving for wealth, power or prestige can, symbolically, place a wall of glass between each other and between God and us. Instead of talking face to face, it feels like we can only have a long distance phone call.

The meaning of all this became patently clear when the week following we were again allowed to sit together in a room and talk as long as we wanted. The fellow said to me, "This is so much better. It is easier to talk when there is nothing dividing us. And do you know what? For a few minutes, I feel free and have hope that my life might really be better in time. It just gives me some hope because we are in the same room." Again, driving back to the Cathedral, I had many deep

thoughts. One thing was clear to me, when I let myself be spiritually close to God and to others, it does give me hope and it is freeing. It's not that all my circumstances change, but instead that a new circumstance enters my life. It

is the intimacy of loving care, of truly knowing the Lord is with me, and that wonderful people like so many at the Cathedral are with me. Such relationships free us from our isolation and give visions of hope. –DJJS+



#### Cathedral clerical staff

The Right Rev. Barry R. Howe, *Bishop of West Missouri*; The Very Rev. Dr. Dennis J. J. Schmidt, *Dean*; The Rev. Ben Newland, *Associate to the Dean*; The Rev. Dr. John O'Hearne, *Assisting Priest*; The Rev. Michael Shaffer, *Deacon*; The Rev. Linda Yeager, *Deacon*; The Very Rev. J. Earl Cavanaugh, *Dean Emeritus*; Mr. John L. Schaefer, *Canon Musician*; The Rev. Carolyn Stockwell Tangeman, *Deacon on Sabbatical* 



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# Book review: Prayers of a Planetary Pilgrim by Edward Hays

Reviewed by The Rev. John O'Hearne, Assisting Priest

This is my prayer book; it is a treasure! The story of how I met the author is too long for this review; it is a series of fascinating discoveries, which I'd be glad to tell you when we're together. The author is a Roman priest whose home was a horse barn that developed into a retreat center. I am told he went to his bishop and said, "People come to me, wanting me to teach them how to pray. I don't know that much about it myself. I'd like three months off to study this." The bishop responded, "No. Take a year off to discover it." Whereupon, the author went around the world, studying various methods and settings for prayer.

This "guidebook" has much of that journey distilled into it. Recounting how small is our view of the universe initiates the book. We are on a cosmic journey to seek and recognize the Divine Essence that is in each of us. There are morning and evening prayers for all four seasons, a marking for each season. The prayers are correlated with the seasonal changes. Each begins with an invocation, followed by a period of meditation or silent prayer, a brief linking of our prayer with those of others; then space for a psalm, spiritual reading or personal prayer, followed by a prayer which I always find interesting, related to the seasons and which helps me to think of things which I ordinarily don't remember. Each morning or evening prayer ends with a final blessing, supplication or thanksgiving.

These prayers are the first 93 pages; the remainder is filled with ways to increase our fervor when we pray such as psalms that the author has written. My favorite of all these psalms is "A Psalm of Whereness," which is a delight. It's a poem, telling us how God feels about each of us. Following such psalms are others like "A Psalm at Signs of Aging" and A Psalm When Forgiveness is Impossible." Then, there are prayers of various religions linked to prayers the author has written in a related way, and rituals for a planetary pilgrim including "The Ritual of House Cleaning" and "The Ritual for Fingernail Trimming." The book concludes with sections dealing with how to make a journey to our destination: The Planet Emmaus.

# Reading the Bible again for the First Time

#### Father Newland Offers Book Study Class in August

The Adult Education Department usually takes August off, but we know that some of you out there are just too dedicated to relax. This year, you can join the Rev. Benjamin J. Newland in a book discussion at 9:10 AM each Sunday. Marcus Borg is the author of *Reading the Bible Again For the First Time: Taking the Bible Seriously, but Not Literally. Publishers Weekly* says of this book,

The title of this book comes from the author's experience of "unlearning" his literal reading of the Bible from childhood in favor of a "historical-metaphorical" reading derived from his 35 years of studying the Bible as an academic. Borg, an Episcopalian who teaches at Oregon State University, is a member of the Jesus Seminar, author of The God We Never Knew and the counterpoint to evangelical N.T. Wright in The Meaning of Jesus: Two Views. Borg offers a highly readable and succinct introduction to biblical criticism, outlining the kinds of cultural, theological and historical lenses through which people read the Bible and explaining how those readings affect their relation to God... The book is copiously footnoted without being in the least stodgy, and is open about Borg's own spiritual journey without being didactic or disrespectful of the tradition he has left.

Join us for this thought-provoking August conversation in Founders' Hall. You need not have finished the book, or even started it, to come the first time. Copies of the text are available in the Cathedral Bookstore.

# After the forum: Titles for further reading

The forum on End of Life Issues raised as many questions as it answered. We thought members would benefit from a bibliography of titles that address the issue of death, dying and bereavement.

- For Those We Love But See No Longer: Daily Offices for Times of Grief by The Rev. Lisa Belcher Hamilton
- I Don't Know What to Say by Dr. Robert Buckman
- How We Die by Sherwin Nuland
- Dying Well: Peace and Possibilities at the End of Life by Ira Byock, M. D.
- On Death and Dying by Elisabeth Kübler-Ross
- The Good Death: New America Search to Reshape the End of Life by Marilyn Webb
- Final Gifts: Understanding the Special Awareness, Needs and Communications of the Dying by Maggie Callanan and Patricia Kelley
- Sacred Dving by Megory Anderson
- Faithful Living Faithful Dying by Cybthia B. Cohen, et. al.

These titles are all available in the Cathedral Bookstore. The Bookstore is open on Sunday after both morning services and during the week by appointment. Call 816-474-8260 for assistance during the week.



# Memorials and thanksgivings

#### **Sunday, July 7, 2002**

The flowers at the altar are given to the glory of God and in thanksgiving for the marriage of Elizabeth Jennings and John McNeill; in loving memory of Margaret "Tootie" Valette by her sisters; and in loving memory of Harriet Minty Russell; also in thanksgiving for her sons Richard

and Charles, by Mrs. Herbert A. Sloan. At the chapel altar they are given in loving memory of her husband, Roland Elmquist, by Pollie Elmquist. For the month of July, memorial candles are given in loving memory of his parents, Helena and Alfred Hicks, by Paul Hicks.

#### Sunday, July 14, 2002

The flowers at the altar are given to the glory of God and in loving memory of her mother, Frances Wright, by Suzanne Wright; and in thanksgiving for their granddaughter, Rachel Elizabeth McMullen, by Larry and Marilyn McMullen; also in loving memory of their daughter, Lynn, by Ron and Carolyn McLeroy. Memorial candles are given in loving memory of his grandfather, Franklin D. Crabbs, by Leo Crabbs, Jr.

## Sunday, July 21, 2002

The flowers at the altar are given to the glory of God and in loving memory of George and Pierre Kanzelberger and Thomas White, by Kristin Hall; and in loving memory of David Leslie Kerr by the Whitney E. Kerr Family. At the baptismal font the flowers are given in thanksgiving for Lee Fowler and Toni Telander by Bud and Candy McDowell. Memorial Candles are given in loving memory of her mother, Harriet Grant, by Elaine Grant.

#### Sunday, July 28, 2002

The flowers at the altar are given to the glory of God and in loving memory of Ann Kretsinger Brown and Mary Brown Stewart by John M. Brown and Margaret S. Brown; and in memory of Albert and Helen Wright by Pat and Rodger Wright. At the baptismal font the flowers are given in loving memory of her parents, Faith and John Ganakopulos, her sister, Patricia Lenahan and her nephew Jamie Weichmann, by Bonnie and Paul Lowrey.

## **Trinity Youth Choir** member, Agie Sparks sings for the AGO convention

John L. Schaefer, Canon Musician

One of the opportunities afforded members of the Trinity Youth Choir is that of attending summer courses offered by the Royal School of Church Music in America. Agie Sparks, who also sings in the Mixed Choir, has attended four courses in the last three years. The most recent courses she attended were in Washington D. C. in June and St. Louis in July.

Her going to the Washington course was a somewhat last minute decision. In early June we learned that there were openings in the course which was designed specifically for advanced high school and early college singers. Mrs. Sparks, Agie and I worked expeditiously to insure her a place, and she was indeed included.

The choir, which was conducted by Dr. Murray Somerville of Harvard University, sang at the Washington Cathedral, the Shrine of the Immaculate Conception and, most especially, at a service for the American Guild of Organists Convention in Philadelphia. At that service, much to the delight of the Kansas City contingent, she sang a major solo! We were, indeed, proud of her.

Indeed, we are proud of all the young musicians who offer their talents in praise of God at our Cathedral. We are truly blest.

#### **Church Chuckle**



'We don't dispense it, sir. We just minister to it.'

# Summer at GHTC: We know how to have fun,

	Left: Baptism on May 19, at Coffee posed with one of the newest GH7	
	Missionpalooza youth event: The v GHTC youth played (above), but th mission work all over the metropoli didn't take any pictures!	ney also participated in serious
Cathedral Day at the K: the new family small group converged on the Kauffman Stadium to watch the Royals win 7-0 over San Diego. The Michkas surely enjoyed it, as did about 60 other parish members.		The Sons and Daughters of Zebedee went fishing at Riley's Station in north central Arkansas in June. Lucy Ann Fleischman must have used that "pink jig" Miles Riley recommended to catch this beautiful trout!

...And the fun just keeps going. Join us for more activities as we gear up for fall.

# Rally Day 2002: A time of celebration

It's getting to be that time-time to celebrate the wonderful ministries happening at Grace and Holy Trinity Cathedral! Rally Day will be held on September 8 from 9 to 10 AM and following the 10:15 service in Founders' Hall. Rally day is your opportunity to:

•Register your child/children for church school •Learn about the diverse ministries of our Cathedral

•Consider being an active member of the ministries offered

More details to follow in the upcoming month!

# **Gearing up for Church School**

September 8, 10:00 AM in Haden Hall

"Children are not things to be molded, but persons to be unfolded." from Out of the Box, "Helps for Children's Sunday School Teachers," Abingdon Press, 2001.

During Rally Day 2002, please be sure to fill out a registration card for **each** child in your family at the Chruch School table in Founders' Hall.

Parents, remember that Church School is a time for children to worship together, make church friends, feel loved and welcomed, *but* the real learning of faith is done in the home, with parents as the teachers. You teach by example—of prayer, respect and love. Children watch you as you reach out to others as a part of the church or individually as part of the community. It is good to involve your child in these projects.

It is also important to read, tell and retell your children the Bible stories at home and to let them participate in "big" church as much as possible. From August 18 through September 8, children can go to church with their parents since there will be no Summer Sunday School.

To assist you in being your child's teacher, the Cathedral's Education staff invites you to a teacher training day on Saturday, August 24 from 9:00 AM to 3:00 PM. Child care will be available and lunch is included. Parents will learn about telling Bible stories and ways to pray with your children. Call Louise Barton for more information, 816-561-5462.

# What's happening at KCCK

While other people take a break and relax a bit during the summer, the KCCK is busier than ever. We thought the parish might enjoy an update. Jane Tally reposts that the Kitchen is serving about 425 people a day now and that it prepares 65 Meals-on-Wheels each day for the Shepherd Center (1/2 of which are free and 1/2 are paid, so they just manage to cover the cost of this venture).

Liz Tally reminds you that as you prepare your freezer for the coming hunting season, remember the kitchen always needs meat, as well as Kool-Aid, fruit juices and sugar. The garden at DST and Church of the Good Shepherd are beginning to yield their produce, bringing fresh vegetables and herbs, for which the kitchen is always thankful; if you are gardening, there is always a need for fresh things.

Dave Nichols, Director of Culinary Cornerstones, announces that the 8<sup>th</sup> session of classes will begin in the middle of August with another 12-14 students. On July 31, 5 people graduated from the program and began their internships and 2 people made their final graduation from the program. Congratulations to them all and God bless you all in your new adventure.



# Raise your voices, Choraliers

Choralier rehearsals will resume Sunday, September 8 at 9:15 AM in the Common Room. An important parents' meeting will take place that day at 9:00 AM. All parents of Choralier students and parents interested in having their child be involved are encouraged to attend. Children in the grades 2 to 6 who love singing and who are willing to make thoughtful commitment, please contact Malinda McCasland, 913-829-7916.

## **Births**

Harriet Louise Townsend was born June 2 and weighed 6 pounds, 4 ounces. She is the daughter of Guy and Liza Townsend and the granddaughter of Sarah and Landon Rowland. She joins a brother, Edward, and a sister, Marjorie.

## Prayer to share

As a child, this was the prayer we said at table. I'd forgotten it and found it when I was preparing this Angelus. Pass it on to the next generation. Thank you for the world so sweet, Thank you for the food we eat, Thank you for the birds that sing, Thank you, God, for everything.

E. Rutter Leatham

# Faeth music endowment received

Grace and Holy Trinity Cathedral has been endowed with a significant bequest, to enrich the Cathedral's music ministries, from the estates of Perry and Charlotte Faeth. A committee to study and make recommendations to Dean Schmidt regarding the disposition of the bequest has been formed and held its initial meeting on May 20. J. Earl Cavanaugh, Dean Emeritus, will chair the committee.

# Calendar

Thursday, August 1 7:00 AM, Men's Bible Study, CR Friday, August 2 9:30 AM, Moms' Bible Study, HH Sunday, August 4 10:00 AM, Church School, HH 3:00 PM, Summer Music Series, Nave Monday, August 5 6:30 PM, Rule/Little Flock, Nave Tuesday, August 6 1:30 PM, Women's Bible Study, CR 6:30 PM, Needlework, Conf. Rm. Wednesday, August 7 6:00 PM, Youth Group, KCCK Thursday, August 8 7:00 AM, Men's Bible Study, CR Friday, August 9 9:30 AM, Moms' Bible Study, HH Sunday, August 11 **Blood Pressure Sunday** 10:00 AM, Church School, HH 3:00 PM, Summer Music Series, Nave Monday, August 12 6:30 PM, Rule/Little Flock, Nave 7:00 PM, Quilting, Conf. Rm. Tuesday, August 13 1:30 PM, Women's Bible Study, CR 6:30 PM, Guild/Christ Child, YR Thursday, August 15 7:00 AM, Men's Bible Study, CR Friday, August 16

9:30 AM, Moms' Bible Study, HH
Saturday, August 17
5:00 PM, Royals' Group Picnic, FH
Sunday, August 18
10:00 AM, Church School, HH
3:00 PM, Summer Music Series, Nave
Monday, August 19
5:15 PM, Stewardship, CR/HH

5:15 PM, Stewardship, CR/HH6:30 PM, Rule/Little Flock, Nave8:00 PM, Summer Singers of KCConcert, Nave

#### Tuesday, August 20

1:30 PM, Women's Bible Study, CR 7:00 PM, Book Discussion Group, Ruth Magill's home, 4957 Mercier, KC, MO

Wednesday, August 21 6:30 PM, Adult Ed. Com., CR Thursday, August 22 7:00 AM, Men's Bible Study, CR Friday, August 23

9:30 AM, Moms' Bible Study, HH 6:30 PM, Parenting, HH

## Sunday, August 25

10:00 AM, Church School, HH 3:00 PM, Summer Music Series, Nave

Monday, August 26

6:30 PM, Rule/Little Flock, Nave

Tuesday, August 27

1:30 PM, Women's Bible Study, CR

Thursday, August 29

7:00 AM, Men's Bible Study, CR

Friday, August 30

9:30 AM, Moms' Bible Study, HH

# About *Angelus* deadlines

All parish small groups are welcome to submit material for the *Angelus*. Because the editor prepares the issue for the following month, groups need to think at least 4-6 weeks ahead. **The first workday of each month is the deadline for text**, so the deadline for the October *Angelus* is Tuesday, September 3.

With the beginning of the new school year, the editor encourages you to submit an article reminding the Cathedral family when your group meets and perhaps a note about your program for September. Encourage our newcomers by making them feel welcome to join your activities.

# Speaking of Summer...

As you enjoy all the activities summer has to offer, do not forget that the Cathedral's expenses continue year round. Please remember to keep up with your pledge.

# **Weekly Services**

#### Sunday

8:00 AM – Holy Eucharist 10:15 AM – Holy Eucharist 5:00 PM – An Order for Evening, Nave

#### Wednesday

12:05 PM – Holy Eucharist, Chapel 5:00 PM-Holy Eucharist, Chapel