



# Angelus

Grace and Holy Trinity Cathedral  
Kansas City, Missouri  
March 2003

## Congregational Temperature

BY FR. JAMES, DEAN INTERIM



### - Weekly Services -

#### Sunday

8:00 p.m. - Holy Eucharist

10:15 p.m. - Holy Eucharist

5:00 p.m. - An Order for  
Evening and  
Holy Eucharist

#### Wednesday

12:05 p.m. - Holy Eucharist

#### Mon, Tue, Thu, Fri

12:05 p.m. - Daily Office

The Right Rev. Barry R. Howe,  
*Bishop of West Missouri*; The Very  
Rev. Dr. James Alan Hubbard, *Dean  
Interim*; The Rev. Benjamin J.  
Newland, *Associate Priest*; The Rev.  
Dr. John O'Hearne, *Assisting  
Priest*; The Rev. Michael Shaffer,  
*Deacon*; The Rev. Linda Yeager,  
*Deacon*; The Rev. Bryan England,  
*Deacon*; The Very Rev. J. Earl  
Cavanaugh, *Dean Emeritus*; Mr.  
John L. Schaefer, *Canon Musician*;  
The Rev. Carolyn Stockwell  
Tangeman, *Deacon on Sabbatical*.

The Cathedral is moving well during this interim time between regularly called Deans. Temperatures did climb precipitously during the month of February with one inauspicious dish at the Chili Cook-Off. However, most matters, if not all, are proceeding at 98.6.

The staff is pulling its share of the load, perhaps even going above and beyond. They will be having a retreat at the nearby Sanctuary of Hope during the final days of March. At that retreat we will be looking at a number of ways we can become a more finely tuned instrument in service to our Lord. One image of what we are about might be that of a symphony, which is made up of many instruments, all with the mandate to perform a single composition. There is joy in the playing and there is joy in the hearing.

As a part of its commitment the staff has begun a daily prayer office at 12:05 in the chapel. Parishioners are always welcome. Our ability to pray together will be a viable measure of our ability to work together in Christ's ministry through the Cathedral.

Our newly constituted Vestry is just beginning in its look ahead to the future of the parish of Grace and Holy Trinity even as it continues to address flooding in the sacristy and chapel, carpet in Haden Hall, air conditioning in the nave in the middle of February and other delights that accompany large institutional holdings. New members met with me for an orientation which proved to be fun and instructive.

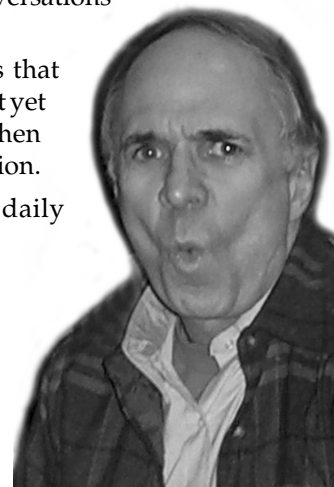
The interim time gives this vestry, any vestry, a rare opportunity to look forward to defining the future vision of the parish if it is willing to give its energy and some extra time to that formative task. A retreat is being planned to that end, a time of training, solidifying friendships and clarifying what it is Grace and Holy Trinity Cathedral is and should be about.

Within the congregation there appears to be good energy. Giving is excellent, attendance is steady, the music is inspiring and the worship of God sincere, beyond just 'doing liturgy.' The 'Conversations' being held in homes twice a week are going well albeit with small turnouts. These dialogues have ranged from what we love about the Cathedral, to how loved we feel as children of God and everything in between including the recent departure of our dean. Invitations to March 'Conversations' are being processed as I write.

The fundamental assumption held in these sessions is that anything is grist for the conversational mill. If you have not yet taken part in one and would like to, please say yes when invited or call your name in to the office for early consideration.

Please keep the staff, vestry and congregation in your daily prayers.

Faithfully,



# Shrove Sunday

MARCH 2nd

5:00

Choral Evensong  
and Eucharist

6:00

Fellowship  
Pot-Luck Supper  
in Founders' Hall

Bring food to share.  
Plenty of room for everybody!

## Deacon Assigned To Cathedral

BY LINDA YEAGER, DEACON

The Cathedral welcomes Deacon Bryan England and his wife Linda. Bishop Howe has assigned Bryan to the Cathedral; he will serve as deacon in the liturgy on Sundays and will offer pastoral care as well.

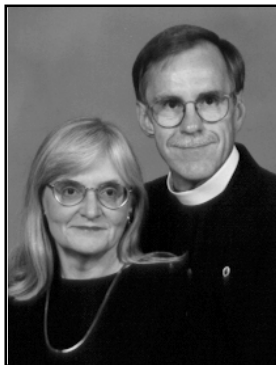
Bryan and Linda came to the Kansas City area from Bettendorf, Iowa, in August 2001 when Bryan transferred from the Department of Justice. Bryan is a management analyst at the Immigration and Naturalization Service's National Records Center in Lee's Summit, but is currently filling in as the Assistant Center Director for Information Technology. The center will become part of the Department of Homeland Security on March 1. After enjoying an 18-month sabbatical, Linda has started seasonal employment with H&R Block Financial Advisors.

Bryan was ordained to the diaconate in April, 1994, and has served as a dea-

con at three parishes in the Diocese of Iowa. He served three years on the Diocesan Commission on the Ministry and was the chair of the Resolutions Committee at the Diocesan Convention. Bryan is a certified police chaplain, and has received additional training in critical incident stress and crisis intervention. He served four years as a chaplain for the Bettendorf Police Department. He is currently a chaplain for the Lee's Summit Police Department and the Missouri State Highway Patrol.

Linda was extremely involved in the Cursillo movement in the Diocese of Iowa, serving on many weekend teams, and serving twice as the Diocesan Movement's lay director.

Bryan and Linda have a married daughter, Melissa Parkin, who is a special education teacher in Davenport, Iowa. They reside in Independence.



## Upcoming Music Events

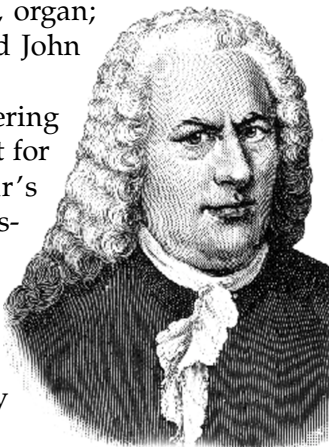
BY JOHN SCHAEFER, CANON MUSICIAN

At 3:00 pm on Sunday March 9, several Cathedral musicians and two musical friends will present a concert of music by J.S. Bach and Benjamin Britten in the Nave.

Singers Jay Carter and David White will be accompanied by Janet Kraybill, organ; Rebecca Burns, flute; and John Schaefer, piano.

The musicians are offering the afternoon as a benefit for the Trinity Mixed Choir's 2006 tour; at-door admission will be \$10.00.

We hope a large number of parishioners and their friends will be present to hear some really glorious music.



## Lenten Devotional Booklets

The 2003 edition will be available at the back of the Nave beginning March 5, Ash Wednesday. GHTC members have contributed to the publication of this booklet to help us all in our Lenten discipline. If you need to have one mailed to you, please notify the Cathedral Office at (816) 474-8260.

## A MESSAGE FROM THE COMMUNICATIONS DEPARTMENT

Articles from all parish small groups are welcome and appreciated for the *Angelus*. Deadline for final submission of all materials for the next issue is **March 14**. You may submit your articles via e-mail at: [communications@ghtc-kc.org](mailto:communications@ghtc-kc.org) or fax: (816) 474-8262.

# Vestry Welcomes Newly-Elected Members

BY SHARON M. CHEERS, CLERK OF THE VESTRY

On Thursday, January 23, 2003, the monthly Vestry meeting was held in the Common Room. Fr. James, Interim Dean, opened the meeting with prayers and a meditation.

This was also the first meeting for the newly elected Vestry members—Michael Flora, John Jennings, Kathy Jennings, Cheryl McDonald, Whitney Kerr, Sarah Rowland and Cathy Van Keppel. They were elected at the Parish Annual Meeting, held on Sunday, January 12, 2003.

A Faeth committee request for \$200,000 to renovate the organ was tabled until the February meeting.

At the meeting, Fr. James addressed the Vestry and invited them to submit items for the meeting that they would like to see come before the Vestry. He also emphasized that Vestry meetings are open for all in the parish who would like to attend.

The regular monthly reports included

approval of the December Vestry Minutes, the monthly statistical reports (births, burials, weddings and membership transfers), Treasurer's report, Every Member Canvass (EMC) update, Building & Grounds.

A vestry retreat from Friday night to Sunday noon was approved by all members. A committee including Ruth Moss, Jeannette Nichols, and Bud McDowell was formed to find a location and set a date for the retreat.

Fr. James presented some procedural items for future Vestry meetings. He requested written committee reports and other matters to come before the Vestry, submitted to the Cathedral's Office by the third Thursday of the month.

Tom Brous introduced a nepotism policy to be reviewed

at the February meeting. Geoffrey Logan introduced a resolution for a question time, which will be considered at the February meeting.

The Vestry meetings are held on the 4th Thursday of the month at 5:00 p.m. in the Common Room.



New members of the vestry are (back row) Kathy Jennings, Cheryl McDonald, John Jennings, Mike Flora; (front row) Cathy Van Keppel, Whitney Kerr, Jr., Sarah Rowland (not pictured) and Fr. James

## Food, Fun and Fellowship

Everyone had a great time at the annual chili cook-off, held Saturday February 8, 2003, at the home of George and Sana Saleh.

It was an evening for experiencing each other's culinary skills in the art of chili making.

There were many entries: hot and spicy, red and white, beef and chicken, and many more. All of them were delicious.

Look for three of the winning recipes on page 6. Try them and enjoy!



## A Little Sweat, A Lot of Satisfaction

BY JOHN HORNBECK, SOCIAL ACTION COMMITTEE

It is said that getting your hands a little dirty, especially for some of us who work behind a desk most of the time, can be a real joy. It would seem to add to that joy immeasurably if you knew that you were helping someone as well.

Harmony House is a project in which a number of congregations in the Kansas City area have worked together through Habitat for Humanity to provide a home for someone in need.

Since 1991, they have built thirteen new houses and helped to rehab another one, all in the downtown/midtown area.

This year, Harmony House will be building a one-story 3-bedroom house in the 3300 block of Highland. On February 2nd, the Social Action Committee added Grace and Holy Trinity to a group of eight other congregations around the city, who will work together to make this happen.

We have helped with this worthwhile project in the past, and we want to energize the involvement of the Cathedral community in this effort once again.

We need people, men and women, to help with this project. No construction skills are needed (although, if you have such skills, they will certainly be welcomed).

This is a group project, and it is always possible for us to find something for you to do. There are experienced contractors on site to keep us from doing anything too strange like putting doorways in the wrong place.

Workdays will be on Saturdays, between 8:00 AM and 3:00 PM. The first work day on which Team GHTC will participate will be on Saturday, April 26. We will be working with several of the other churches.

Working together in a community effort to help someone - what a great experience! If you can spend some of your Saturdays this spring and summer, starting on April 26, please assist with this project. Contact the Cathedral's Volunteer Coordinator for Harmony House - Christina Killmer at 816-420-8580.



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# 50th Annual Conference of North American Deans

BY CANDY McDOWELL

At the Cathedral's annual meeting in January, Father James mentioned the 50th Annual Conference of North American Deans to be held at the Cathedral this May 1 through May 4.

Five years ago, when the Cathedral first committed to hosting the conference, planning began, and last fall our preparations for the conference got into full swing.

Speakers have been lined up, caterers have been engaged, the program has been scheduled, bus tour itineraries have been conceived, and the Registration Packet has been mailed.

The Annual Conference of North American Deans was first held in 1953 at The National Cathedral in Washington, D.C. Each conference is designed to explore, in depth, a major issue concerning the life of the Church and to share common experiences among cathedrals so that the deans might benefit from each other's efforts.

Overwhelmingly, cathedrals are located in downtown, metropolitan cities, and therefore, encounter similar challenges.

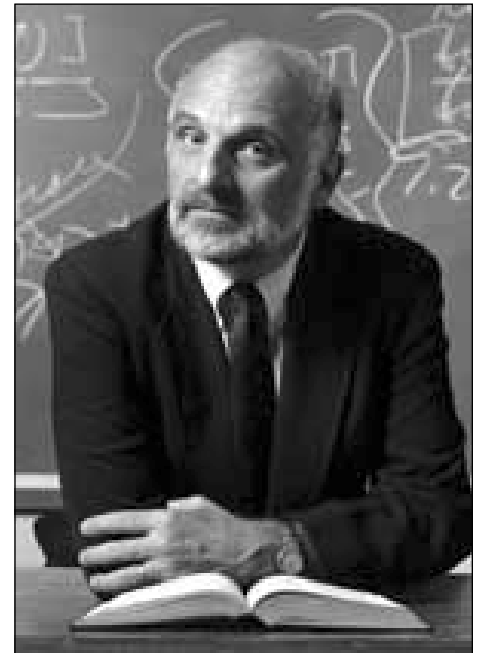
In addition to the annual gathering,

the group maintains a website for sharing data and comparing costs, strategies, and resources.

The theme of this year's conference will be: "The Church in Exile: Cathedral Ministry in the City of Babel." The Rev. Dr. Walter Brueggemann, Professor of Old Testament, Columbia Theological Seminary, Decatur, Georgia, will be the keynote speaker. He will also preach at the Cathedral's 10:15 service on Sunday, May 4. A summary of Dr. Brueggemann's recent authorships shows the titles of sixteen works since 1995.

The Conference roster includes both active and retired deans from Episcopal cathedrals in the United States, Canada and the Caribbean. The Registration Mailing was sent to deans at 122 cathedrals and 61 retired deans.

The registration deadline is April 11, so it is too early to know how many will be attending, but responses from an October "tickler" mailing were favorable. Based on them, it is anticipated that somewhere around 150 deans and spouses/partners will be coming to Kansas City for the conference.



*The Rev. Dr. Walter Brueggemann, will be the keynote speaker for this year's Conference.*

The April *Angelus* will have more information about the conference and will have a list of volunteer opportunities for those who are interested in helping with hosting the event.

## AIDS Walk Helps Hundreds In Our Community

BY JOHN HORNBECK, SOCIAL ACTION COMMITTEE

Last year, thousands of caring people participated in the AIDS Walk. They raised nearly \$350,000 for the men, women and children living with AIDS in our hometown.

The fifteenth annual AIDS WALK, presented by the AIDS Service Foundation of Greater Kansas City, will be held Saturday, May 3, at Mill Creek Parkway on the Country Club Plaza. Registration opens at 8:00 a.m., with Welcoming Ceremonies at 9:30 a.m.

Last year, the Cathedral was well represented at this event, especially by the Youth group. Our own Father Ben Newland provided the opening prayer. We hope we can generate even more participation this year.

This year the Cathedral has two people acting as Co-Captains for this event - Dan Campbell and Sandra Hornbeck.

The Social Action Committee will also be actively supporting the AIDS Walk 2003. Please feel free to contact any of these resources for more information.

The money donated through this activity stays in the Kansas City community. It is distributed to organizations and programs supporting the HIV/AIDS community.

Some of the beneficiaries in the past have included Guadalupe Center, Associated Youth Services, Coterie Theatre's Dramatic AIDS Education Project, Troost Midtown Community Center, and MOSCA.

In becoming involved with the AIDS Walk you will have the opportunity to help hundreds of people in the Kansas City area. On May 3, you too can take that next step.



# Grace & Holy Trinity Cathedral - Calendar of Events

## Saturday, March 1

9:15 a.m. Youth Choir - HH

## Sunday, March 2

8:00 a.m. Holy Eucharist - NV  
9:15 a.m. Adult Forum - FH  
9:15 a.m. Grace Choraliers - CM  
10:15 a.m. Holy Eucharist - NV  
10:15 a.m. Church School - HH  
11:45 a.m. Music Committe - CM  
5:00 p.m. Choral Evensong - NV  
6:00 p.m. Shrove Sunday Supper - FH  
6:15 p.m. Centering Prayer Grp - HH

## Monday, March 3

12:05 p.m. Daily Office - NV  
7:00 p.m. Military Support Grp - HH

## Tuesday, March 4

12:05 p.m. Daily Office - NV  
1:30 p.m. Women's Bible Study - CM  
6:30 p.m. Needlework Small Grp - CF

## Wednesday, March 5

7:00 a.m. Ash Wednesday - NV  
12:05 p.m. Ash Wednesday - NV  
4:30 p.m. Buildings & Grounds - CF  
7:00 p.m. Youth Group

## Thursday, March 6

7:00 a.m. Men's Bible Study - CM  
12:05 p.m. Daily Office - NV  
6:00 p.m. Bells - HH  
6:30 p.m. EFM - Campus  
7:30 p.m. Trinity Choir - HH, NV

## Friday, March 7

9:30 a.m. Mom's Bible Study - HH  
12:05 p.m. Daily Office - NV

## Saturday, March 8

9:15 a.m. Youth Choir - HH

## Sunday, March 9

8:00 a.m. Holy Eucharist - NV  
8:45 a.m. Blood Pressure Sunday - FH  
9:15 a.m. Adult Forum - FH  
9:15 a.m. Grace Choraliers - CM  
10:15 a.m. Holy Eucharist - NV  
10:15 a.m. Church School - HH  
3:00 p.m. Recital Bach - NV  
5:00 p.m. Order for Evening and Holy Eucharist - NV

## Monday, March 10

12:05 p.m. Daily Office - NV  
7:00 p.m. Military Support Grp - HH  
7:00 p.m. Quilting Small Grp - CF

## Tuesday, March 11

12:05 p.m. Daily Office - NV  
1:30 p.m. Women's Bible Study - CM  
6:30 p.m. Gardening Small Grp - CM

## Wednesday, March 12

12:05 p.m. Daily Office - NV  
5:30 p.m. Evening Prayer - NV  
6:00 p.m. Lenten Academy Dinner  
6:45 p.m. Lenten Academy Classes  
7:00 p.m. Youth Group - HH

## Thursday, March 13

7:00 a.m. Men's Bible Study - CM  
12:05 p.m. Daily Office - NV  
6:00 p.m. Bells - HH  
6:30 p.m. EFM - Campus  
7:00 p.m. Couples' Bible Study - MP  
7:30 p.m. Trinity Choir - HH, NV

## Friday, March 14

9:30 a.m. Mom's Bible Study - HH  
12:05 p.m. Daily Office - NV

## Saturday, March 15

9:15 a.m. Youth Choir - HH

## Sunday, March 16

8:00 a.m. Holy Eucharist - NV  
9:15 a.m. Adult Forum - FH  
9:15 a.m. Grace Choraliers - CM  
10:15 a.m. Holy Eucharist - NV  
10:15 a.m. Church School - HH  
12:00 p.m. L.E.M. Lunch - FH  
5:00 p.m. Order for Evening and Holy Eucharist - NV

## Monday, March 17

12:05 p.m. Daily Office - NV  
4:00 p.m. Faeth Committee - CF  
7:00 p.m. Military Support Grp - HH

## Tuesday, March 18

12:05 p.m. Daily Office - NV  
1:30 p.m. Women's Bible Study - CM  
6:30 p.m. Guild of the Christ Child - YR

## Wednesday, March 19

12:05 p.m. Daily Office - NV  
5:30 p.m. Evening Prayer - NV  
6:00 p.m. Lenten Academy Dinner  
6:45 p.m. Lenten Academy Classes  
7:00 p.m. Youth Group - HH  
7:30 p.m. Finance Committee - CM

## Thursday, March 20

7:00 a.m. Men's Bible Study - CM  
12:05 p.m. Daily Office - NV  
6:00 p.m. Bells - HH  
6:30 p.m. EFM - Campus  
7:30 p.m. Trinity Choir - HH, NV

## Friday, March 21

9:30 a.m. Mom's Bible Study - HH  
12:05 p.m. Daily Office - NV

## Saturday, March 22

9:15 a.m. Youth Choir - HH

## Sunday, March 23

8:00 a.m. Holy Eucharist - NV  
9:15 a.m. Adult Forum - FH  
9:15 a.m. Grace Choraliers - CM  
10:15 a.m. Holy Eucharist - NV  
10:15 a.m. Church School - HH  
5:00 p.m. Order for Evening and Holy Eucharist - NV

## Monday, March 24

12:05 p.m. Daily Office - NV  
7:00 p.m. Military Support Grp - HH

## Tuesday, March 25

12:05 p.m. Daily Office - NV  
1:30 p.m. Women's Bible Study - CM

## Wednesday, March 26

12:05 p.m. Daily Office - NV  
5:30 p.m. Evening Prayer - NV  
6:00 p.m. Lenten Academy Dinner  
6:45 p.m. Lenten Academy Classes  
7:00 p.m. Youth Group - HH

## Thursday, March 27

7:00 a.m. Men's Bible Study - CM  
12:05 p.m. Daily Office - NV  
5:00 p.m. Vestry Meeting - CM  
6:00 p.m. Bells - HH  
6:30 p.m. EFM - Campus  
7:00 p.m. Couples' Bible Study - MP  
7:30 p.m. Trinity Choir - HH, NV

## Friday, March 28

9:30 a.m. Mom's Bible Study - HH  
12:05 p.m. Daily Office - NV  
6:30 p.m. Parenting Group - HH

## Saturday, March 29

9:15 a.m. Youth Choir - HH

## Sunday, March 30

8:00 a.m. Holy Eucharist - NV  
9:15 a.m. Adult Forum - FH  
9:15 a.m. Grace Choraliers - CM  
10:15 a.m. Holy Eucharist - NV  
10:15 a.m. Church School - HH  
12:00 p.m. L.E.M. Lunch - FH  
5:00 p.m. Order for Evening and Holy Eucharist - NV  
5:00 p.m. Staff Retreat - Off Campus

## Monday, March 31

9:00 a.m. Staff Retreat - Off Campus  
12:05 p.m. Daily Office - NV  
7:00 p.m. Military Support Grp - HH

**LEGEND:**  
CF - Conference Room  
CM - Common Room  
FH - Founders' Hall  
HH - Haden Hall  
MP - Multipurpose Room  
NV - Nave  
YR - Youth Room

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# 2003 Chili Cook-Off Winning Recipes

## Beef Lovers' Chili

Steve Johnson

*Dean's Choice*

10 lbs beef brisket - salt and pepper - roast 3 hours at 350 degrees covered with foil.

Saute 3 yellow onions in own juices until clear, then with bacon drippings until brown. Set aside.

Trim brisket of fat. Cut into chunks and put into large roasting pan with the onions, 1 cup of minced garlic, 6 cups of beef stock, 2 cans of Guinness Beer, 2tsp of Kitchen bouquet seasoning, 1 tbsp Ancho pepper, 2 tbsp Rancho pepper (substitute Ancho if Rancho not available), 6 tbsp cumin.

Braise uncovered 1 1/2 hours or until meat is fork tender.

Char 5 Poblano chile peppers and steam 10 minutes in plastic bag. Remove skin, seeds and dice chilies.

Simmer 2 cups Pinto Beans in 1 gallon water until beans are tender.

Add to the beans the Poblanos, the braised beef, two 28 ounce cans diced tomatoes in juice. Season to taste with black pepper, white pepper, red pepper sauce and red wine vinegar.

## Trinity Times Three Chili

John Hornbeck

*Chili Master*

2 tbsp olive oil

2 1/2 lbs of chicken-mango sausage (available at Costco)

3/4 lbs of ground chorizo sausage

1/2 lbs of quality smoked bacon, cut into bite size pieces

2 lg onions, cut into 1/2 inch pieces

2 lg red bell peppers cut into 1/2 inch pieces

1 lg yellow bell pepper cut into 1/2 inch pieces

1 lg orange bell pepper cut into 1/2 inch pieces

4 lg jalapeño chilies, seeded, finely chopped

3 tbsp of chili powder

4 tsp of ground cumin

3 28 oz cans of crushed tomatoes in puree

2 15 oz cans of red kidney beans, drained and rinsed

2 15 oz cans of cannelloni beans, drained and rinsed

2 15 oz cans of black beans, drained, rinsed

3 tbsp of Balsamic vinegar

This is an amazingly easy chili to prepare for the results. I called it "Trinity times Three" because of its use of three

different kinds of meat, three kinds of beans, and three colors of bell peppers.

Start by draining and rinsing the beans. It is important that they be thoroughly rinsed when used from the can, or it will affect both the texture and the flavor of the chili. Also, pre-chop the onions, peppers and chilies.

Now prepare the meat. Heat olive oil in a large heavy skillet over medium high heat. Add the sausages and brown on all sides, turning occasionally. Transfer sausages to a plate. Add the ground Chorizo and the bacon to the same pot and cook until done (about five minutes).

With the ground Chorizo and bacon still in the pot, add the chopped onion and sauté for about five minutes, stirring constantly to mix the flavors and avoid burning. Add the chopped bell peppers and chilies and sauté for about one minute longer, just until the peppers become slightly softened. Add the chili powder and cumin and stir until aromatic, about 30 seconds. Add the tomatoes and the prepared beans. Simmer for about 15 minutes to blend flavors, only stirring occasionally.

While this mixture is simmering, cut the sausage into bite size pieces (about 1/2 inch). Then add this to the chili and simmer for about an additional 10 minutes, stirring occasionally. Season to taste with salt and pepper, and stir in the Balsamic vinegar.

Delicious as is but as a serving suggestion, top with sour cream and cilantro.

## Dairy Lovers' Chili

Sandra Hornbeck

*Most Original*

1 lb dried navy beans (picked over)

4 lbs of boneless, skinless chicken breasts

2 lg onions, chopped

3 tbsp of unsalted butter

2 sticks of unsalted butter

1/2 cup of all-purpose flour

1 1/2 cup of chicken stock

4 cups of half-and-half

3 tsp of Tabasco

3 tbsp of chili powder

3 tsp of ground cumin

2 tsp of Cayenne pepper

1 tsp of white pepper

1 tsp of salt

44oz cans of chopped mild green chilies, drained

3 cups of grated Monterey Jack cheese

1 cup of sour cream

Begin to prepare the beans the day before by soaking in cold water in a large bowl (water should be several inches over the top of the beans). Soak overnight. The next day, drain beans in a colander and place in a large pot. Cover with water again, and cook beans at a bare simmer until tender (about 1 hour). Drain in colander and set aside.

Prepare the chicken by cutting it into 1/2 inch pieces. Cook in a large skillet with just enough butter or olive oil to keep it from sticking. Cook until barely done - do not overcook or you will dry it out. Set aside.

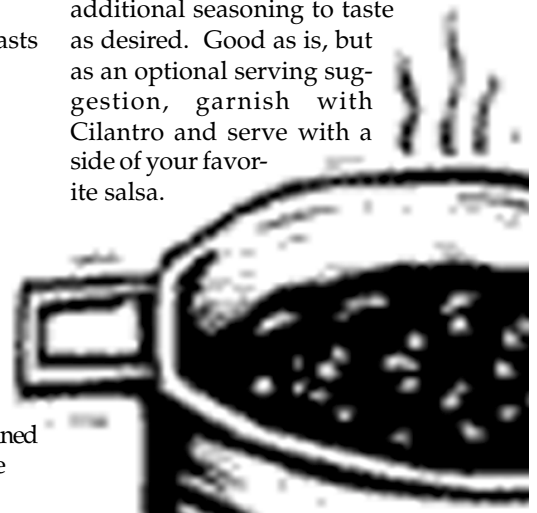
In that same skillet, cook the onion in 3tbsp of butter over moderate heat. Cook several minutes until onion is softened, turning from time to time to keep it from burning.

In a large kettle (large enough for all of the ingredients), melt two sticks of butter over moderately low heat. Whisk in flour to create a roux. Cook for about 3 minutes, whisking constantly to keep it smooth and prevent any sticking or scorching.

Now you are ready to assemble everything. Stir the softened onion into the roux. Gradually add the broth and the half-and-half, whisking as you add it. Bring the mixture to a light boil, and then turn down heat to a simmer.

Add spices (Tabasco, chili powder, cumin, cayenne pepper, white pepper and salt) Simmer for about 5 minutes, stirring occasionally, to infuse the spices and thicken the mixture. Add the beans and chicken you prepared earlier, plus the green chilies and the Monterey Jack. Cook over moderately low heat for about 20 minutes, occasionally stirring.

Add sour cream and stir into chili. Add additional seasoning to taste as desired. Good as is, but as an optional serving suggestion, garnish with Cilantro and serve with a side of your favorite salsa.





## Memorials & Thanksgivings

### SUNDAY • FEBRUARY 2, 2003

The flowers at the altar are given to the glory of God and in loving memory of her daughter, Julie Carlson, by Virginia Brown; and in loving memory of her mother, Louise Hutt Shackelford, by Mr. and Mrs. Charles N. Seidlitz, Jr.

At the baptismal font in memory of her father Everett Gibson, by Mr. and Mrs. Whitney E. Kerr, Sr.

At the chapel altar in memory of Carl and Audrey Ryder by Phyllis and Alan Ryder.

Memorial Candles are given in loving memory of her mother, Florence Klassen, by Janet E. Seaman.

### SUNDAY • FEBRUARY 9, 2003

The flowers at the altar are given to the glory of God and in memory of her father, Chester Wright, by Suzanne Wright; and in thanksgiving for Bill Buckner by Barbara and Bob Buckner; also in thanksgiving for their granddaughter, Sarah Richmond McMullen, by Larry and Marilyn McMullen.

At the baptismal font in loving memory of her son, Eric, by Miriam Marrs; and in thanksgiving for her godson, Matthew Guilfoil, by Candy McDowell.

At the Chapel altar in thanksgiving for the birthday of Eleanor Gordon by Alan and Phyllis Ryder; and in loving memory of Preble Hall and Albert Eugene Curdy by Isabel Curdy.

Memorial candles are given in loving memory of her mother, Harriett Grant, by Elaine Grant.

### SUNDAY • FEBRUARY 16, 2003

The flowers at the altar are given to the glory of God and in loving memory of her mother, Helen Frances Rusconi, by Robin Rusconi and Jay McKeown.

At the chapel altar in thanksgiving for the birthday of Bryan Ryder, by Alan and Phyllis Ryder.

### SUNDAY • FEBRUARY 23, 2003

The flowers at the altar are given to the glory of God and in thanksgiving for their grandson, Matthew James McMullen, by Larry and Marilyn McMullen; and in loving memory of her father, William H. Shackelford, Jr. by Mr. and Mrs. Charles N. Seidlitz, Jr.

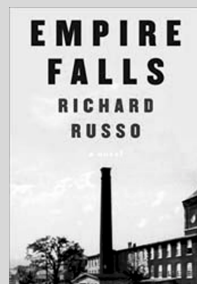
At the chapel altar in thanksgiving for the wedding anniversary of Ken and Judy Ryder by Alan and Phyllis Ryder; and in loving memory of her husband by Mrs. Sanford Collins.

## The Blakeslee Reading Society

For lively discussion and to learn why the Cathedral's Book Discussion Small Group is named "The Blakeslee Reading Society," come to one of the gatherings on the third Tuesdays of the month at 7:00 p.m.

The group meets in the Common Room or at the home of the host of the month. For more information and to be added to the group's mailing list, contact Candy McDowell at (816) 741-0992 or [candylee@kc.rr.com](mailto:candylee@kc.rr.com)

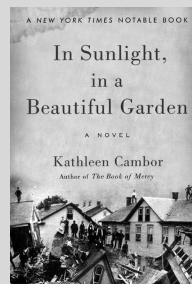
Upcoming selections and hosts are:



MARCH 18

**Empire Falls**  
by Richard Russo

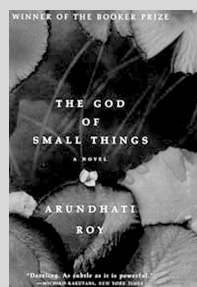
Host:  
Ruth McGill



APRIL 15

**In Sunlight in a Beautiful Garden**  
by Kathleen Cambor

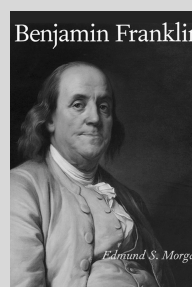
Host:  
Candy McDowell



MAY 20

**The God of Small Things**  
by Arundhati Roy

Host:  
Mike Thomas



JUNE 17

**Benjamin Franklin**  
by Edmund S. Morgan

Host:  
Gary Hicks

*The Blakeslee Reading Society selections are available at the Cathedral Bookstore.*

## Adult Forums For This Month

BY VALERIE JOHNSON, ADULT EDUCATION

March 2 • **Spirituality and Art** • Artists and GHTC members, Harriet Bigham and Ron Brink will present an overview of the significance of spirituality in art through the ages. Their approach as artist practitioners will be as personal reflections on the meaning of faith in the works they have produced and a survey of religious expression in the traditional and performing arts through history.

March 9, 16 • **The Cathedral** • Join The Very Rev. J. Earl Cavanaugh and The Rev. Linda Yeager as we take a closer look at our glorious Cathedral. Undoubtedly, you have admired the spectacular stained glass windows and unique artwork in the Nave. Learn how

these found their places at GHTC and the truly significant meaning behind these beautiful pieces. We will meet in the Nave on March 9.

March 23 • **Interim Time** • The interim time is described by Fr. James as a process that has its own timetable, its own purpose in the life of a parish, and a unique perspective on leadership for the church.

March 30 • **The Books of My Spiritual Journey** • Some GHTC members share their favorite book selections that helped them along in their spiritual lives. Have you discovered a book on your journey you would like to recommend to others?

# Grace & Holy Trinity's Financial Status

BY MICHAEL THOMAS, TREASURER

The monthly financials reflect a true cash basis budget based on a three-year trend. In January we met our projected budgeted income and held down expenses.

January's income reflects a one-time cash disbursement allocated from the 2002 William T. Kemper trust in the amount of \$45,433 to help assist operating expenses for this year.

Without this assistance we would have begun our year with a positive cash flow but a negative budget.

Our goals for this year are to reduce our dependency on our decreasing endowment and hold down our expenses.

The detailed financials are available for review at your request. Please contact me if you have any questions. Thanks again for your continued support.

JANUARY	BUDGETED YTD	ACTUAL YTD	VARIANCE
INCOME	\$124,438	\$125,182	\$ 744
EXPENSES	\$107,381	\$ 96,932	\$(10,449)
<b>VARIANCE</b>	<b>\$ 17,057</b>	<b>\$ 28,250</b>	

## EMC 2003 PLEDGE REPORT

2003 Pledge Goal: \$600,000

*As of February 18, 2003 pledges received vs. this time last year are as follows:*

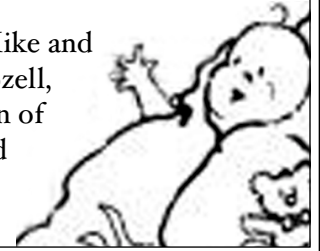
**2003** 254 Pledges for \$552,302  
**2002** 258 Pledges for \$569,497

*Pledges needed to reach 2003 goal: \$47,698*

## Mason Andrew Rozell

Born January 30, 2003  
 8 lbs. 5 oz. 20"

Son of Mike and  
 Laura Rozell,  
 Grandson of  
 Terry and  
 Nancy  
 Rozell



## 50TH ANNUAL CONFERENCE OF NORTH AMERICAN DEANS

On May 4, we have an opportunity to act as servants of God and participate in the preparation of various food items and/or help serve and/or clean up.

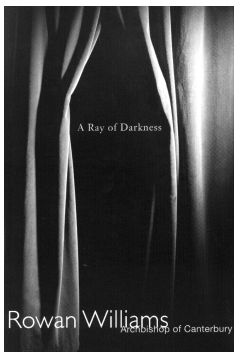
**This event will allow the entire congregation to participate.**

Please call Janeece Buckner at 795-1325 or Jodie Kavanaugh at 795-1264 if you wish to participate. If we are not home please leave a message, we will return your call.

Thank you in advance!

# A Deep But Dazzling Darkness

BY THE REV. BENJAMIN J. NEWLAND, ASSISTING PRIEST



## A Ray of Darkness

by Rowan Williams, Archbishop of Canterbury.

*There is in God (some say),  
 A deep but dazzling darkness.*

These words were penned by 17th century Welsh poet Henry Vaughan, and form the central image of the title sermon in this collection. This volume was originally published in the United

States in 1995 by Cowley Publications. The Episcopal Monks at Cowley have re-released it with a snazzy new cover in honor of the election and installation of the author as Archbishop of Canterbury.

The sermons and addresses that make up this collection are divided into sections (The Word Was Made Flesh, Toward Easter, The Unknown God, Testing Questions, Callings, Celebrating People, Celebrating Occasions, and Mission and Spirituality). They are gathered from various places and occasions, and as you read them you may find yourself noting the difference between a sermon given to university semi-

narians and a more general homily for a church congregation. In fact, the most obvious flaw in this book is that not all the sermons are labeled as to where and to whom they were given, or even to what scripture texts they refer.

Another feature of the book, which you may or may not consider a flaw, is that Williams' prose can approach obfuscation in its complexity as the author wrestles with paradox and deep questions. Yet, the results of such wrestling are often rewarding, and Williams' words can be inspiring once read, reread, and understood. This is not light material, but weighty answers to weighty questions.

The Thursday morning Men's Bible Study group here at the Cathedral spent several weeks studying the book. Each week we would read one sermon aloud and then discuss Williams' words and our own opinions of the matters with which he dealt. I think most of us found the time stimulating and well-spent, and would recommend the book to others. If you feel intimidated by words with more than four syllables (I know I do), then get a couple of friends together and dive in. Or buy it for those who think they're smart.

*A Ray of Darkness*, by Rowan Williams, Archbishop of Canterbury, is available in the Grace & Holy Trinity Cathedral Bookstore.



# Lenten Academy • March 12 - April 2, 2003

5:30 - Evening Prayer  
6:00 - Dinner • 6:45 - Classes

## Living the Beatitudes

The Beatitudes are the core of our values as Christians. We continually need to reflect and appropriate these invitations into our contemporary lives. This series will center on four Beatitudes that are needed in our 2003 society.

- **If We Wish to See God, We Must Grow to Become Single Hearted** - Susan Engel, Cathedral of the Immaculate Conception; Gary Hicks, GHTC

- **If We Wish to be Consoled, We Must Grow to Mourn With Others** - Dr. Jody Gyulay, Director Palliative Care Team, North Kansas City Hospital.

- **If We Wish to Inherit the Land, We Must Grow to Become Meek and Humble** - Bill Kriege, Campus Minister, Rockhurst University

- **If We Wish to be Called Children of God, We Must Work for Peace** - Bill Douglas, Health Advisor and Tai Chi instructor.

## Abraham<sup>3</sup>

Abraham is the forefather of the world's three great religions: Judaism, Christianity and Islam. Each views him in a special way. We will discover and discuss Abraham's influence on these faiths. - Led by The Rev. Linda Yeager, GHTC

## Faith and the Popular Media

Ever see a movie that challenged your beliefs? Ever feel disgusted at the portrayal of Christianity on television? Are religious icons and ideas simply settings for music videos or is there something more there? Is the Internet amoral? The ideas and actions of faithful people have suffused themselves through our popular media. Is this an example of crass

commercialism by corporate magnates who will do anything that sells ad space or is faith a part of the human condition that finds expression through even trendy media? This series is sure to challenge your views. - Led by The Rev. Benjamin J. Newland, GHTC

## Opening Doors to God

"Be still and know that I am God." There are so many aspects to our prayer life: prayers of thanks, prayers of praise, requests for intervention. In this offering, we look at another dimension of communicating with God -- listening. Do you know about and understand the difference between contemplative prayer and meditation? Do you know about and understand the practice of Lectio Divina? What are people referring to when they talk about the Wisdom of the Desert Fathers? How can spiritual journaling add to your prayer and meditative life? This program is more a workshop than a class. We will discuss, and practice, all of these concepts and more. The goal of this program is to help you discover your own personal doorway to God.

## A Lenten Academy Potpourri

This series will feature a different class each week. You are sure to enjoy this potpourri of topics!

- **Anglican Rosary** - The Anglican Rosary, or Anglican Prayer Beads, is a new but rapidly-growing tool for personal prayer and devotion. Deeply rooted in Anglican spirituality and the Celtic view of the sanctity of all creation, Anglican Prayer Beads have no "official" prayers associated with them. Dis-

cover how this rosary of 33 (representing the number of years our Lord walked on this earth) beads can help focus prayer through our Lenten Journeys and beyond - Sean Robinson, GHTC

- **Vestments and Table Manners** - A descriptive look at vestments and table manners, their various uses for the Christian in the Anglican and Episcopal traditions - Father James, Interim Dean, GHTC

- **Images of Christ** - We will consider the many ways in which images of Christ have been used by various cultures to teach and strengthen the Christian faith from Roman times to the present. Ellen Goheen, GHTC

- **An Educative Tour of the Cathedral of the Immaculate Conception** - Listen to an architect, a theologian and spirited parishioners describe their new worship space.

## Symbols of Easter

Engage the story of Easter through crafts, stories, free play and song. This is a fun and educational way to prepare our little ones for the celebration of Christ's resurrection. (Ages 3-5) - Led by Children's Education of GHTC

## Harry Potter and the Real Magic

Utilizing the classes that Harry Potter and friends take at Hogwarts, those students willing to take on the challenge of the GHTC House Cup will find the Wednesday evenings fun, challenging and filled with references to our God. Each evening will feature a special event - from transfigurations to potions and magical creatures! (Grades K-6) - Led by Liz Toombs, Director of Religious Education and Youth, St. Paul's Episcopal Church, Kansas City, MO

## • LENTEN ACADEMY 2003 • REGISTRATION FORM •

Please indicate which class(es) you plan to attend and the number of persons for each in the boxes provided.

Enter meals you plan to attend, indicating the number of persons in each box.

- |  |  |
|--|--|
| <input type="checkbox"/> Living the Beatitudes       | <input type="checkbox"/> Symbols of Easter         |
| <input type="checkbox"/> Abraham <sup>3</sup>        | <input type="checkbox"/> Harry Potter / Real Magic |
| <input type="checkbox"/> Faith and the Popular Media |  |
| <input type="checkbox"/> Opening Doors to God        |  |
| <input type="checkbox"/> Lenten Academy Potpourri    |  |

- |                                   |                                   |
|-----------------------------------|-----------------------------------|
| <input type="checkbox"/> March 12 | <input type="checkbox"/> March 19 |
| <input type="checkbox"/> March 26 | <input type="checkbox"/> April 2  |

☐ Yes, I will need childcare for children ages: \_\_\_\_\_

☐ I have enclosed a check for meals. (Suggested donation is \$5 per individual or \$10 per family. Free will offerings accepted as all are welcome at our table.)

# The Children Thank You, We Thank You

SOCIAL ACTION COMMITTEE

Dear Fellow Members, thank you for your participation in the "Share The Joy" program. Due to your generosity, another thirteen Wal-Mart gift cards - each with a value of \$25 - were purchased in January.

To date, the Cathedral's Foster Card Outreach Group has provided \$900 worth of gift cards for use as Birthday presents for teenagers in foster care who might not otherwise have had a gift.

Your continued generosity and support are appreciated! Thank you on behalf of the children.

For those of you unfamiliar with the program, we run periodic announcements in the Cathedral Sunday Bulletin. It works like this: if you or someone you love is celebrating a birthday or other special event, the Foster Care Outreach Group invites you to celebrate the special occasion by

sharing it with a Kansas City area foster care teenager.

Through your donation, in any amount, you will be helping to purchase a \$25 Wal-Mart gift card, which will be given to a foster care teenager on the teen's own birthday.

For some of these children, this gift card may be their only present. Please mark your check or offering envelope with the notation "Foster Card Birthday Fund" and leave it in the offering plate.

If you desire, a letter may be sent to the person whose special occasion you are celebrating, advising of the gift made in his or her honor. Please provide name, address, and the date and occasion of the celebrated event.

For more information, or for other ways that you might help, contact David Pierson with The Foster Care Outreach Committee at 913-341-8841.

## A Model Seder

Lenten Academy may be only four weeks, but on the fifth week of Lent, the education continues....

The Passover Seder is one of the most widely observed of all Jewish customs. You are invited to participate and learn about the Passover Seder.

A traditional Passover service is



planned for Wednesday, April 9, in Founders' Hall. Hear the retelling of the exodus from Egypt and enjoy the culinary traditions of the Passover meal.

Discover the meaning of the matzoh, the Seder plate and the four cups of wine. More details will be forthcoming this month!

## Men's Retreat and Film Fest

On May 16 - 18, we will hold a men's spiritual retreat and film fest at the Heartland Retreat Center in Parkville, MO.

Gary Hicks, as our Film Director, is going through the vaults to finalize the selection of movies (the winners of the Cathedral Awards) to be shown at this very special retreat (black tie not required — in fact you'd look silly).

The Reverend Ben Newland, as the retreat's Spiritual Director, will be trying to help us all make sense of how any of these films have anything to do with faith and spirituality.

All you have to do is reserve those dates on your calendar and be there to watch, listen, speak, learn, teach, pray, meditate, walk, eat, sleep, and do all of those other things that you do on retreats.

Details on the retreat's activities, locations, times, and costs will be rolled out to you in the coming weeks.



Grace and Holy Trinity Cathedral  
Phone: (816) 474-8260 Fax: (816) 474-8262  
Web: [www.ghtc-kc.org](http://www.ghtc-kc.org)

Grace and Holy Trinity Cathedral  
Mailing Address: P.O. Box 412048  
Kansas City, Missouri 64141

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