

Crush of the harvest

Cathedral member Ron McLeroy was able to be at his son's winery for this year's crush of the harvest. After spending a week there, Ron says he appreciates the work that goes into a bottle of hand-crafted wine, a process that requires constant checking.

After the grapes are crushed, they are kept in tubs for two to four weeks. The contents are checked twice a day, at 5 a.m. and again at 5 p.m., for temperature and gravity and the cap (which grows seven to eight inches overnight) has to be pushed down. After it is processed in fermenter bins, it goes into 50 gallon oak barrels for about ten months. In the barrel, it has to be

tested daily with a "wine thief." To prevent oxidation, the barrels must be kept full and since there will be some evaporation, it is replaced with wine set aside for that purpose.

Ayres Winery is located about 30 miles south of Portland, in Newberg, Oregon. Using Carolyn McLeroy's maiden name, the winery was established in 2000 when Ron and

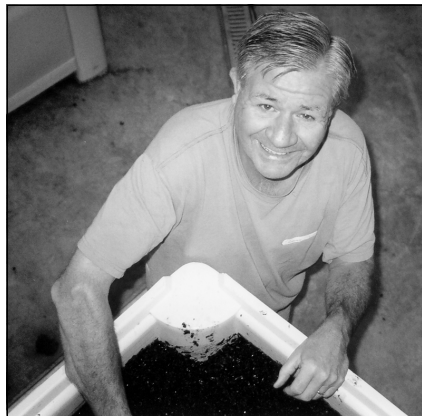


photo donated by Ron McLeroy

Ron McLeroy spent a week this harvest season at his son's winery, crushing the grapes and learning to appreciate the work involved.

Carolyn's son Brad and daughter-in-law Kathleen purchased 40 acres. They now have 10 acres of Pinot Noir grapes and white grapes. Since it takes three to five years to get a harvest, the 2003 were the first bottled and will be available in the next month or two.

In addition to the vineyard, they have also planted 200 lavender plants.

— by Mary Byrne

(New Beginnings, continued from page 1)

Also beginning in Advent, the Grace Choraliers rehearsal time will move to 10:15 a.m.

In January, this new schedule will continue and be expanded with offerings for all ages. The children's Church School for children ages 3 through children in fifth grade will begin classes at 9:15 a.m., using the newly-selected curriculums from this fall. Each session will be 45 minutes long.

Middle school youth will be forming a new group, as part of the Youth Ministry of the Cathedral. The Middle School Youth Group will include youth in sixth, seventh and eighth grade and will meet during the formation time, 9:15 a.m., each Sunday morning.

The new Middle School Youth Group will also be a confirmation class, so any youth, preferably eighth grade or above, interested in being confirmed this coming Easter Vigil will need to attend this group. Non-eighth graders in the group will not be confirmed, but will participate in the same curriculum.

Class topics will change each year for three years, so that if you join the Middle School Youth Group as a sixth grader, by the time you are confirmed as an eighth grader you will have had nearly three years of confirmation class.

Special activities and programs outside of the regular Sunday morning meetings will also be offered.

Plans are still being made for this new group. Interest and ideas should be directed to Fr. Ben.

Though the starting time for Adult Christian Education changes by just five minutes, several aspects of the morning are new and growing. Concurrent offerings will continue to be available and suggestions for additional classes that support and encourage formation are always appreciated.

Currently, an Episcopal 101 class is offered twice a year (8-week sessions) and is open to anyone who wants to learn more about Anglican Christianity. Adult Forum continues to invite those who like to learn a little-bit-about-everything and hear from a variety of presenters; and a couple of small groups are meeting on Sunday mornings—including a Religious Book Study and a Parenting Group.

Whether an individual seeks in-depth study, ever changing topics, support of peers or just wonderful fellowship, it is our hope this time change on Sunday mornings will make it all possible.

New Beginnings, the Cathedral's Advent formation classes and activities, will begin November 28, the first Sunday in Advent and will continue weekly through December 19 from 9:15 a.m.-10:00 a.m. for adults, youth and children.

New Beginnings describes several aspects of what is going on at GHTC: A new beginning of our church year, a new beginning to our Sunday morning format, a new beginning for those who want to be a part of formation and a new commitment to grow, participate, share in fellowship.

Everyone is invited to participate in intergenerational activities at this time and they will include everything from hands-on projects to a special performance by the Paul Mesner puppets—entertainment for all ages! Additional details will be forthcoming via bulletins and the website (www.ghtc-kc.org) about these activities.

This Advent season will be more than a time of preparation for Christmas but additionally, a time to come together and celebrate our *New Beginnings*!

— by Jackye Finnie, Acting Children's Education Director;

Valerie Johnson, Adult Education Director;

The Rev. Benjamin J. Newland, Associate Priest



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Episcopal Social Services

Calling all bakers

Coffee hour after all services November 14 will feature an array of Scotch shortbread.

We need lots of shortbread to serve the parish and our special guests this festive day. One recipe is listed to the right but feel free to use your favorite.



Cathedral Shortbread

5 cups of flour 1 cup of sugar 1 lb. of cold butter

I make this in a food processor, in two batches. Process cold butter with sugar and add flour. Do not overprocess or it will get too hot. Pat it into an 11 x 17 ungreased jellyroll pan. You can use a smaller pan and it will just be thicker.

Prick all over with the tines of a fork. Sprinkle sugar on top and bake on lower oven

shelf for 40-45 minutes at 300 to 325 degrees. As soon as it begins to brown, take it out because it will continue browning after it comes out of the oven. Cut into whatever shapes you want while it is hot. I usually leave mine on the counter in the pan overnight and it pops right out in the morning.

Kirkin' o' the Tartan: November 14

Scottish colors, Scottish sounds and Scottish shortbread will all be part of the Cathedral annual Kirkin' o' the Tartan celebration November 14.

For more than 20 years, the Cathedral has celebrated this day with the St. Andrew Pipes and Drums Ltd. and members of the St. Andrew Society, many dressed in Scottish regalia, who bring their banners for a modern-day blessing of ancestral tartans.

The tradition of this celebration dates back to the eighteenth century. After the Jacobite Rebellion of 1745, the wearing of the tartan was forbidden. After that time, the residents would take small pieces of clan tartan to their Kirk (kirk is Scots' Gaelic for church) and at a specific time during the service, when the minister pronounced a blessing on all tartans, each Scot secretly pledged his loyalty and respect for his country's heritage and traditions.

After 35 years this ban was lifted and there is no further recorded printed history of this practice. In this country, the ceremony known as the "Kirkin' o' the Tartan" dates back to April 27, 1941, when it was instituted by the Scottish-born Rev. Peter Marshall, Minister of the New York Avenue Presbyterian Church in Washington, D.C and Chaplain of the United States Senate, to rally support for America's British allies during World War II.

Since 1954, a Kirkin' has been held at the Washington National Cathedral and is now practiced in all of the United States and Canada. These may be held at any time, but generally are for Robert Burns' birthday or, as at this Cathedral, as close to St. Andrew's Day as possible.

Cathedral members are encouraged to don their Scottish attire and celebrate after the service by sharing in a special coffee hour after each service.



—by Mary Byrne

Heroes made at CPR class

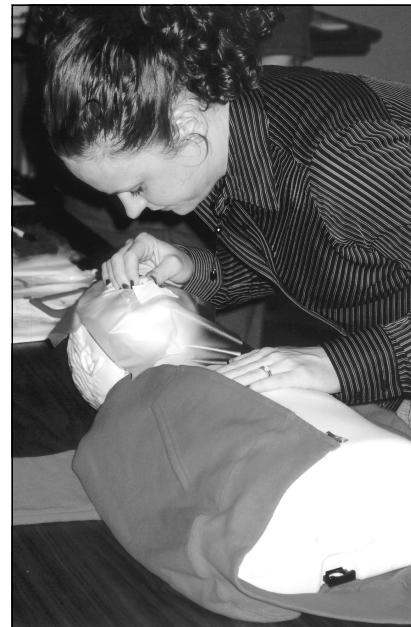


photo by Jan Frizzle

Eleven people seized the opportunity to become heroes by learning how to save a child from choking and learning CPR for infants and children.

The class was organized by Guild of the Christ Child, the Cathedral Health Ministry and the nursery department through the American Heart Association.

Attendees practiced CPR with child-size mannequins (see photo right and below) and learned how to use the pediatric adaptors for the Automated External Defibrillator (AED).



photo by Jan Frizzle

First annual gender challenge croquet tournament a success



photo by David Pierson



photo by David Pierson

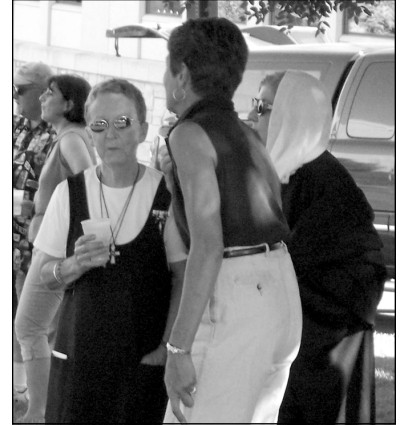


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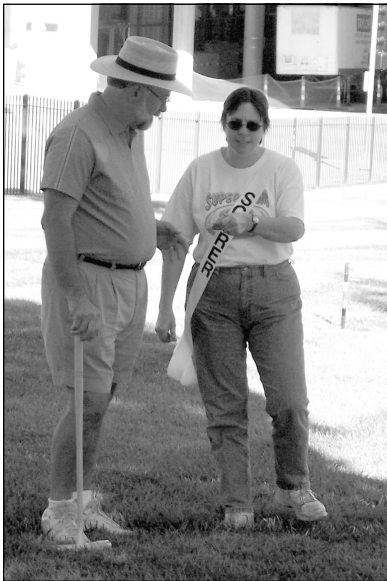


photo by David Pierson

Eight teams of three competed in the Cathedral first annual Gender Croquet Challenge September 25, 2004. These twenty-four competitors maneuvered brightly colored croquet balls through a not-so-regulation setup of 9 wickets.

The winning team of Gary Hicks, Mike Thomas and Chuck Thomas (Mike's brother) were awarded golden mallets by E. J. Morris, grand marshal, see photo above.

Jim Jennings served as the Cathedral Croquet Commissioner. Food was provided by Jane Tally and Liz Tally of the Kansas City Community Kitchen and children's activities led by Lenette Johnson ensured that attendees of all ages had an enjoyable afternoon.

Even with money still coming in, more than \$2500 has been raised through the event, all proceeds going through the Social Action Committee to various programs, including the KCKK.



photo by David Pierson



photo by David Pierson

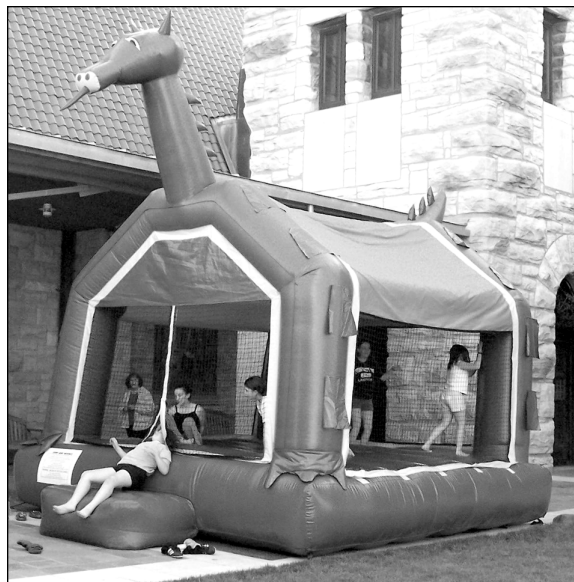


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