



The Angelus

Grace and Holy Trinity Cathedral • Kansas City, Missouri

Vol.74, No.2 • February 2005

The Dean's address at the annual meeting

Last October, you did not have to be a devoted baseball fan to get caught up rooting for the Boston Red Sox. Famous for having last won the World Series in 1918, the Red Sox found themselves in the playoffs, facing their hated rivals, the New York Yankees, for the right to advance to the World Series.

The best-of-seven series began far too predictably, with the Yankees winning the first three games. The lovable losers from Boston were destined to add another year to their streak of futility. Sports authorities of all walks of life knew the statistic by heart: in the history of major league baseball, no team has rallied from 0-3 start to win a best of seven series in the post-season.

In Game Four, the Red Sox won in extra innings, and then eked out a second win, before heading to New York for the final two games.

You know the rest of this story: The Red Sox made history. They won games 6 and 7 in New York to become the first major league team to rally from 0-3 deficit, and they continued their streak by sweeping the St. Louis Cardinals 4-0 in the World Series.

During the broadcast of Game 4 of the Red Sox-Yankees series, a TV camera focused several times on a sign held by a Boston fan in the stands. It was a homemade sign, perhaps drawn on poster board or cardboard reading: *Why Not Us?*

That sign appeared at game 5, too, then games 6 and 7 in Yankee Stadium. And, it caught on. People believed, even superstitious sports fans from Boston, that this was a sign from heaven: *Why Not Us?*

As we gather today for the cathedral's annual meeting, I invite us to ponder what such words might mean for our mission and ministry: *Why Not Us?*

Now let me quickly add that Grace and Holy Trinity in no way bears an ecclesiastical likeness to the Boston Red Sox. Far from being a franchise that has experienced futility for decades, this congregation is alive, dynamic and full of current good works as we can read in the many written reports submitted for your consideration, and we are a community full of hope for the future which we can feel whenever we worship and come together.

Let me be understated: 2004 was quite a year in the life of Grace and Holy Trinity Cathedral. I can only speak

of June 21 onward, but a great deal was accomplished last year.

And so, in this new year of grace, we have good reason to feel certain that God is calling us to much more. And why not? What is to prevent us from being more effective servants? Not only in Boston's Fenway Park, but here in this Cathedral we should ask: *Why not us?* Do we not feel led, being nudged, being called right now?

At the Every Member Canvass luncheon in October, I was introduced with some very gracious words. In my remarks which followed, I shared with you a very personal reflection. I said that just as the Cathedral had been engaged in discernment for months leading up to the call of a new dean, so I had been in discernment for months about my vocation, and Linda Sue and I together

had been engaged in discerning where our family would next be living.

I thought that I pretty well knew what kind of place God would send me to, and we had a generally good notion of

where our family would next be. But we were wrong. Thankfully, we were very wrong! In fact, if God had answered our prayers as we hoped—we would have ended up somewhere else, dare I say somewhere less exciting than the Cathedral, because frankly, we had no idea a place like this existed.

Without knowing it, in my discernment, I was not asking God for enough. My discernment was not broad enough, not deep enough, not wide enough. And I am truly thankful that God calls the shots and not me, or else I would not be here.

In 2004, you completed many months of discernment and called a priest to serve as dean. And today, I would like the minutes to reflect that the grace period for returning me to the *Deans R Us* store has passed, and since my name is etched in stone on a pillar in the cloister, we are now bound to each other.

So in the months ahead, I am calling for us, together, to be about another discernment process: discerning what God is calling the Cathedral congregation to do and become. In 2005, I ask that we be open to strengthening our present ministries, and be open to new possi-

I am calling for us, together, to be about another discernment process: discerning what God is calling the Cathedral congregation to do and become.

(continued on page 10)

Annual meeting shows Cathedral's growth

After a period of tension and uncertainty, the 2005 Annual Meeting of the Cathedral showed signs that our parish is entering a period of stability and growth.

Dean Terry White offered an opening prayer. This was Dean White's first Annual Meeting at the Cathedral, and throughout the meeting, several speakers expressed their joy that he is among us.

Mike McDonald noted that the Vestry Nominating Committee had a difficult task of preparing a slate of nominees for the eight available positions, especially because they considered twice as many names as there were open spaces. No other nominations were presented during the meeting and no election was needed. The members of the incoming Vestry class are Paula Henderson Connors, John Fowler, Phineas S. Gitta, Bill Hubbard, Charles "Bud" McDowell, Ron McLeroy, Robin Rusconi and Michael Thomas. Senior Warden Al Mauro's Vestry term expired at the end of 2004, and Michael Thomas will be the next Senior Warden.

Doyle White presented the Treasurer's Report for 2004, which included some good and some not-so-good news. (The exact numbers can be found in the Annual Report for 2004, beginning on page 23. Copies can be obtained from the Cathedral office.) Total operating income was higher than budgeted and expenses were lower than budgeted, but a deficit existed at the end of the year.

The 2005 budget, presented by Michael Thomas, includes higher projections of both income and expenses. Much of the higher expenses come from greater needs for various ministries, especially in the nursery and for children's education, social action and property maintenance.

It was noted that only about half of Cathedral members make a financial pledge, and that having more members pledge would help reduce our deficit. Trends from the end of 2004 indicate that pledges and plate offerings will continue to increase this year. We generally take in 95 percent of money pledged, which is considered to be very good.

Al Mauro presented his final report as Senior Warden, in which he expressed his gratitude for the support he received in his 6 years



photo by Chris Morrison

Al Mauro was thanked for work on the Vestry. He served as Senior Warden for six years.

in the position. He gave special recognition to Dick Fanolio and other Vestry officers for their work during the period between Deans.

He also praised the Dean Selection Committee for their work in calling a new Dean, and the clergy for taking on extra work in the interim. He noted that being the largest congregation in the Diocese brings with it a great responsibility and said he hopes the congregation will continue to fund ministry needs. Finally, he urged the new Vestry to lead sensibly. "Common sense has been and continues to be my compass," he said.

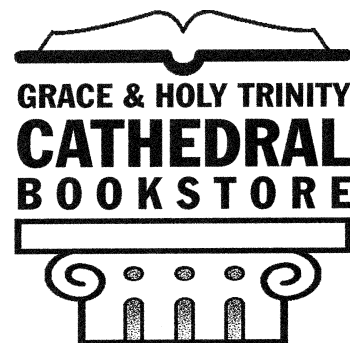
John Hornbeck gave the Outreach Committee report with a moving story about a woman who came to the Cathedral on a frigid morning recently looking for assistance. He said she is the face of who our Outreach tries to reach. "We are reaching out and touching one person at a time, one child at a time, one family at a time," he said. He noted that Fat Weekend is coming February 5 and 6 and that proceeds from the Chili Cook-Off and Pancake Breakfast would benefit outreach efforts.

Father Terry White gave his first address as Dean (see page one for the text of that address). He urged us to remember that our programs are ministries and that God is always calling us to much more.

Outgoing Vestry members were recognized and applauded for their three years of hard work. Junior Warden Bud McDowell paid tribute to Al Mauro's dedication as Senior Warden, and complimented his dedication to listening to parishioners and taking their concerns seriously.

—by Chris Morrison

Stop by the Cathedral Bookstore this week!



BOOKSTORE HOURS

Sundays • after both morning services
Wednesdays • 11 a.m.-1 p.m.
First Sunday of each month • after 5:00 p.m. service

The 2004 Annual Report, distributed at the Annual Meeting, is also available online: www.ghctc-kc.org.

The Angelus

A laypersons' newspaper published in the interest of Grace and Holy Trinity Cathedral.

THE ANGELUS SMALL GROUP CONTRIBUTORS:

Emily Akins
Mary Byrne
Rachel Chambers
Jan Frizzle
John Hornbeck
Sergio C. Moreno
Chris Morrison
Cynthia Newman

Julie Toma, *Editor*

Submissions from parishioners and small groups are welcome and encouraged. All entries are requested by the 15th day of the month prior to publication via fax: (816) 474-5856 or e-mail: communications@ghctc-kc.org

Campus security addressed, most important action up to us

While it is not intended to cause undue concern, the fact remains that the Cathedral has been experiencing increased incidences of car break-ins on the campus. To try to curb this unwanted activity, Dean White has appointed a security committee consisting of Dick Fanolio, John Jennings, John Hornbeck, Willie Redditt and Bud McDowell.

The committee met with the security officer of DST and their security company representative along with Sergeant Henry, a sergeant in the Central Patrol Division of the Kansas City Police Department. Several methods of action were discussed including installation of surveillance cameras and additional lighting and patrolling, all of which have high price tags and questionable effectiveness.

Mike Mahoney of DST said he would add the Cathedral campus to the list of properties to be patrolled on a regular basis.

Sergeant Henry will implement increased patrolling of the campus by the KCPD. This additional patrolling and watchful eyes should prove to be helpful in our quest to stop vandalism and crime at the church.

However, all three professionals agree that the most important action is up to us: the parishioners, guests and staff who come to the Cathedral. It seems simple, yet is often overlooked: we must not leave anything of value inside our vehicles in view of a potential thief, including loose change.

It was stressed that we should put all valuables in our trunks or, better yet if possible, not to bring them to church. Also it was pointed out that it can be a dead give-away if you take your valu-

ables and lock them in the trunk after you arrive. A thief can pop the trunk lid and be gone in an instant.

In addition to precautions being taken in the parking lot, we should continue to be aware of what we do with our valuables while inside the Cathedral. In order to safeguard our church the following steps have been taken:

- The Nursery has been secured with a lockable steel door.

- The Nursery has been equipped with an alarm signal in case assistance is needed for any reason.

- A panic alarm switch will be added to the Sunday School area.

- The Washington Street door is to be locked so outside entry is prohibited and will sound an alarm if opened from inside. This door is to be used for emergency exit only.

- There is additional staff on hand in Founders' Hall and in Haden Hall.

- Ushers are being asked to increase awareness and to be watchful.

- Parking lots are being patrolled by contracted security on Sundays and other times when additional security is deemed to be necessary.

Officer Henry stated that downtown is one of the safest places in metropolitan Kansas City, including suburban areas, and what we are experiencing should not be regarded as a location problem. He cited the Plaza area as having far more problems than our neighborhood. He assured us that the Central Division will help us in our efforts.

— by Bud McDowell,
Junior Warden

The key is simple: we must not leave anything of value inside our vehicles in view of a potential thief, including loose change.

Adult Education

All classes begin at 9:15 a.m.

There will be no Adult Education classes on February 6.

Adult Forum • Founders' Hall

February 13 • *The Journey of Jonathan Daniels* with The Very Rev. Terry White • View a powerful documentary about the seminary student, Jonathan Daniels, martyred for his commitment to civil rights and remembered each August 14 in the Episcopal Church calendar. "One of the most heroic Christian deeds of which I have heard in my entire ministry and career for civil rights was performed by Jonathan Daniels." *The Rev. Dr. Martin Luther King Jr.*

February 20 • *How to Grow a Church: Religion in Kansas City's African American Community* with Dr. Delia C. Gillis, Associate Professor and African Studies Program Coordinator, Central Missouri State University. Learn about the background of the African American Church from its genesis in the 19th century as agents of resistance, diversity and tradition. Dr. Gillis will focus on the historic role of Kansas City churches especially in the 18th and Vine Jazz District. And finally, she will discuss the recent book, *How to Grow a Church* by Pastor Earl Abel of Palestine Missionary Baptist Church of Jesus Christ.

February 27 • *1968 Reflections* with The Rev. David Kerrigan Fly • Many changes were taking place in society and the church prior to 1968. The Rev. David Kerrigan Fly was beginning his ministry at GHTC; he will share stories about the events of Holy Week 1968 and the role the Cathedral played at that time. The Cathedral seemed to be at the heart of the action and also played an important role in developing programs of communication that lasted well beyond the riots.

Religious Book Discussion • Common Room

The group completed its discussion of *Mere Christianity* by C.S. Lewis in January. During the month of February, the group will be discussing another work that will be particularly appropriate for Lent and Easter. Watch the Sunday announcements and the Bulletin Board for the reading selection.

The book will be available at the Cathedral Bookstore.

Episcopal 101: Understanding Anglican Christianity • Lower level, Founders' Hall

An 8-week course, which began Sunday January 9 and will continue through March 6.

It's Your Choice! • Youth Room

If you're looking for a group on Sunday mornings with whom to share informal discussions and fellowship, perhaps this is for you. This group may evolve into a parenting group, Bible study or just plain coffee talk ... it's your choice!

Serving the hearts of his people

"He has heard the prayers that have ascended from the hearts of his people; and he has, as in the case of his ancient and chosen people the Jews, come down to deliver our suffering countrymen from the hands of their oppressors."

Absalom Jones spoke these words in a Thanksgiving Sermon. He spoke them as the first African American to be ordained a priest, standing at the pulpit of St. Thomas Church in Philadelphia, Pennsylvania.

This was a man who personally knew what it meant to suffer in ways that are unimaginable to most of us. He was born a slave in 1746. In 1784, he purchased his freedom—but not until after purchasing it for his wife. If his wife Mary were to remain a slave, children that she had would also be born into slavery. By purchasing her freedom first, their children would be born free.

Sadly, freedom did not mean the same thing for everyone at the turn of the 19th century. Although Absalom was a devout Christian who had used the Bible to teach himself how to read, he could not worship just anywhere. He found his way to St. George's Methodist Church—one of the few churches in Philadelphia that permitted black people to worship—and Absalom felt that he had found a spiritual home.

However, freedom also did not mean the same thing for everyone at St. George's. One Sunday morning in 1786—in the middle of prayer at the altar rail—a trustee of the church demanded that Absalom and the other black congregants rise and move to a different gallery. This was somewhat like the bus driver who insisted that Rosa Parks rise and give her seat to a white man; only this was in a "house of God."

Absalom, always a man of faith, asked that they respectfully be allowed to complete prayer, but the trustee insisted that they remove themselves immediately, and forcibly lifted Absalom from his place of prayer. The entire group rose and left St. George's.

Interestingly, Absalom did not lead his congregants to the Episcopal Church. His personal preference was to stay in the Methodist Church where his faith was formed. However, a majority of the membership did not feel the same because of

the way they were treated at St. George's. Thus he was led to the Episcopal Church, accepting their call to serve.

In 1792, the "First African Church" was formed, and two years later the church was officially received into the Episcopal Diocese of Pennsylvania. The church grew quickly, doubling in size in only one year, and becoming the second largest congregation in the Diocese. Last year, St. Thomas Episcopal Church celebrated 210 years of ministry and mission. It is now the oldest African-American congregation established in the United States.

And what of Absalom? In 1795, 11 years after buying his freedom, Absalom Jones was ordained to the Diaconate. In 1802, he became the first African-American Priest

in the Episcopal Church. And for more than twenty years, Absalom Jones served "the hearts of his people."

In 1808, he gave the Thanksgiving Sermon referenced earlier. He was full of hope on "this happy day" when a new law ending slave trade was to take effect. His closing words included these: "Glory to God in the highest, for these first fruits of peace upon earth, and goodwill to man."

How saddened Absalom would have been to see this nation torn apart by civil war a half century later. And how important it is for us to remember this opening of doors by the Episcopal Church a little over 200 years ago—and to continue to keep those doors open, ever wider.

—by John Hornbeck



Absalom Jones



The Guild of the Christ Child members and the parents of the Cathedral children thank all the people who worked diligently and lovingly

to make the Christmas Pageant a meaningful, holy, and delightful experience for us all.

A special thanks to Carolann Leo for coordinating and directing the children. We all appreciate you!



Imago dei conference



The Imago Dei conference on The Arts and the Word will be held February 25-26, noon Friday to 5:00 Saturday, at Saint Paul School of Theology.

Contact Michael Bauer, executive director, by email at churcharts@aol.com for a brochure.

The fee for non-members is \$100.

Fred Craddock will speak on the Word and literary arts, Judith Rock on performing arts, and Doug Adams on visual arts.

Absalom Jones Service

Saturday, February 12

11:00 a.m.

Cathedral Nave

Celebrate with St. Augustine's Episcopal Church for a service in honor of Absalom Jones.

FAT WEEKEND

Fat Weekend - Part One

Yeeeee Haw! It's almost time. At 6:00 on Saturday, February 5th, we invite you to a party - the umpteenth Annual Chili Cook-off at the Cathedral - part of our "Fat Weekend" in 2005.

Let's begin with a call for entries. Anyone who wants to enter a chili is welcome to do so, and the more the merrier. If you plan on entering the cook-off with your own chili, email John Hornbeck at Cambridgegroup@sbcglobal.net, or call him at 913-669-1174. (This is just so we can make certain we have enough table space set up).

In recent years, judging categories have included "Chili Master," "Non-Conformist Chili," "Best Presentation" and "Clergy's Choice." This year, we will expand the awards.

In honor of Ric Sweeting who has been so involved with this annual tradition in the past, we bring back "Hot Stuff" - an award for the hottest edible chili. (Must be fit for human consumption, and must have appropriate warning signs!)

Everyone else is encouraged to come and enjoy the chili. In fact, it means much more if you are there - since all of you are the judges.

The chefs can start arriving at 5:00 to set up their chili. The party starts at 6:00, right here at the Cathedral.

Children are welcome (and we will have "kid friendly" food). Talk to your friends. If they were here last year, I guarantee they had a good time.



We ask for a modest donation of \$5 at the door (chili, cornbread or desserts get you in free). All proceeds will benefit the Community Kitchen and the Emergency Assistance Program. Thank you for helping us to help others.

Fat Weekend - Part Two

The best sign of a good party is when you can't get anyone to go home. Well, although we think people will go home from the Chili Cook-Off Saturday night - they'll be back (we hope) on Sunday morning. And all of you are invited to Part 2 of Fat Weekend - our Pancake Breakfast. In addition to pancakes and other delights to go with them, we'll have selections for those who prefer a low-carb breakfast.

We will again have two seatings - a breakfast immediately following the 8:00 service, and a brunch immediately following the 10:15 service. However, if you can make it to the later event, it will be well worth it. Jim Jennings is our Master of Ceremonies again, and he promises entertainment the likes of which has rarely been seen. (Is that a good thing?)



Ticket prices are still \$10.00 per person, with children under 12 eating free. Advance tickets will be available, but walkups that morning are also welcome. Proceeds go to support Outreach programs at the Cathedral. Last year, thanks to all of you, we raised more

than \$1400 for the Community Kitchen and other Social Outreach Programs at the Cathedral. Your support, as always, is appreciated.

From the Music Department

In my Music Department article in the Annual Report, I forgot to mention three people who give and give again as leaders of the 5:00 service on Sundays: Patti Howell and Sally Livengood are the singers and John Fowler plays organ, though he sometimes takes over the cantorial duties if Patti is absent. We are all much obliged for their dedication to their Lord and to the worship leadership they provide.

— by John Schaefer, Canon Musician

Kansas City Community Kitchen

- The Kansas City Community Kitchen (KCKK), located in Founders' Hall, serves 400-500 people each day.
- The people fed at KCKK consist not only of homeless persons but also the poor and underemployed.
- Many grants no longer fund organizations like the Kitchen.
- You can help KCKK by monetary donations or food donations.

To make a food donation or for more information, contact Jane Tally at KCKK, 816.474.6524

Monetary donations can be mailed to KCKK • PO Box 412048 • Kansas City, Missouri 64141.

AT A GLANCE

FEBRUARY 5 * CHILI COOK-OFF

Doors open at 6:00 p.m. (5:00 p.m. for chili chefs)

Ticket Info: Buy your tickets at the door for \$5.

Those bringing chili/cornbread/dessert may enter for FREE.

FEBRUARY 6 * PANCAKE BREAKFAST

Seating open after both morning services. Entertainment following the 10:15 a.m. service.

Ticket Info: Buy your tickets for \$10. FREE for children under 12.

Tickets are available each Sunday at coffee hour and will also be available at the door.

Proceeds from both events go to the Cathedral's outreach ministries!

Lenten Meditation booklets are now available in the Cathedral tower.

We hope this collection of reflections will help guide your prayers and thoughts throughout this sacred season.

A special thank you to our authors at GHTC!

Lenten Academy

Wednesday Evenings in Lent: February 16, 23, March 2, 9

5:30 Prayer ♦ 6:00 Dinner ♦ 6:45-8:00 Classes

Register by calling the Cathedral office or sign up at coffee hours!

Our Dance with Grace: A spirituality for those who live at warp speed

Led by The Rev. Gerald Skillicorn

Zephaniah, in the Jerusalem Bible translation, says that God dances over us with shouts of great joy as on a day of festival (3:17-18). The dance of God's joy takes place in every circumstance of our lives, not just when we are saying the offices, meditating, worshipping, or doing religious things. God meets us where we are in whatever we are doing, and asks us to join in the divine dance. This course explains how to respond through Five Disciplines that will enable you to spend the day with God while you are rushing through the impossible flow of tasks that often prevent you from spending time with God. You will no longer feel guilty because you did not have time for God. You have the time in what you do. The course will teach you how to use it.

Common Ground is Holy Ground

Led by The Very Rev. Terry White, Dean, GHTC and Sr. Donna Ryan, Educational Resource Director at Cathedral of the Immaculate Conception

A four-week sacred experience to practice respectful conversations around issues that often are not met with respect. Join with others to learn the process of Common Ground listening and dialogue. Our vision is to emphasize reverent listening, respectful conversation, welcoming the piece of the truth that each person brings to any topic. This process is not about changing anyone's opinion, nor bringing an agenda of resolution to the topic. This is about providing a safe place where people can disagree respectfully, have their own opinions purified, leave one another with honor and compassion.

Bring your spirit of prayerful discernment and reverence toward others as we converse on: Capital Punishment: a model of justice to teach that killing is wrong; The Zone of Compassion: a city endeavor to serve the homeless in an area on the east side of city; Gay and Lesbian Christians: Integrity, Dignity within the Institutional Church; A Just War: an oxymoron?

Movies at Seven

Led by Reel People, a small group ministry at GHTC

At a 1998 Lenten Academy class entitled Movies at Seven, the Cathedral small group Reel People evolved and continues to meet monthly for movie viewing, study and fellowship. During Lent, Reel

People will lead us through these four weeks as we view two films that have spiritual as well as entertainment interest. This will be both a viewing and discussion class as we look for Christ in the movies!

Jesus in Context: A historical look at the 1st century world Jesus came to change

Led by The Rev. Benjamin J. Newland, GHTC

In the year 4 BCE, Herod the Great, Roman sympathizer and client King of the Jews, in his final madness, ordered the death of all the male children under the age of two living in and around the city of Bethlehem. He would die later that same year. Some thirty-plus years later one of those male children who had escaped King Herod's wrath would be the first to hold the title "King of the Jews" since Herod's death, though he would hold it only briefly as he hung on a cross beneath it. The historical Jesus of Nazareth was born into

a complex and tumultuous first century, caught between the world's first and greatest Empire and the world's oldest and most enduring faith. In order to understand Jesus and the early Christians that followed him, we must first understand the Romans and Jews that dominated his world. Join this class for a fascinating look at first century life. We'll explore: The Roman Territorial Empire; Roman Imperial Theology; The Jewish Tribal Kingdom; Jewish Sects and Parties.

Lenten Potpourri: Collections

A different topic and leader each week

February 16: Has God Only One Blessing? Jewish Christian Relationships Past and Present • Led by Biagio Mazza, Center for Pastoral Life and Ministry, Diocese of Kansas City, St. Joseph

Christian relationship to Jews has been neither Christian nor pleasant. Why is this so? What led

to this terrible and unfortunate situation? What is our Christian understanding today and how does it challenge our present Jewish Christian relationships? Come explore these and other questions so that we can all grow in knowledge of our unfortunate past, our thoughtful present and our hopeful future.

February 23: I Am An American Muslim Woman: a message of diversity • Led by Mahnaz Shabbir, Shabbir Advisors

Learn first-hand and share the experiences of a United States citizen who is a member of a religious minority. In her presentation, Mahnaz explores how many Americans confuse cultural practices with the Muslim faith, such as expelling the myth that Islam is oppressive to women. For example, Muslim women were the first women in the world given the right to divorce and own property in their own name over 1,400 years ago! Shabbir often wears a hijab (traditional scarf) while presenting and draws upon her real-world experiences to break down barriers and educate on the true meaning of more than 7 million Muslims in the United States.

March 2: The Second Vatican Ecumenical Council: from

someone who was there • Led by Msgr. Bud Fiedler, Rector, Cathedral of the Immaculate Conception

This Council profoundly changed the nature of ecumenical relations in the world.

Lenten Academy for children

The Beatitudes: led by Children's Christian Education, Grace and Holy Trinity Cathedral

Do you want "blessings" without sneezing? Do you know how to "behave" to get blessings? At this four-week program, children from 3 years old to sixth grade will engage in discussions, activities and games to understand the "Eight maids a milking" also called the beatitudes, part of Jesus' Sermon on the Mount. Depending upon enrollments, multiple classes, arranged by age groupings will be held.

Nursery care available for children 2 years and under.

How did it happen? What went on inside the Council hall? How was it prepared? How was it conducted? Who were the major players? What were some of the results? Personal reflections of someone who was part of the process are shared and followed by open discussion of the results in relations between the churches since that time.

March 9: Hearts on Fire: a life-altering nutrition presentation • Led by Glena Moe, RD MS LD, Saint Luke's Hospital, Cardiac Rehab

This class describes a radical approach to becoming your own food advocate! Come and discover ancient truths for nourishing your body and soul while learning how your body is designed to thrive on certain foods. We will realize the use of food as medicine to protect the body from today's common diseases while becoming masters of our food desires. Anyone who would like to feel better, eat better or lose weight and/or live longer is invited to attend!

Lent 2005

Parish men's retreat coming soon

This year's Lenten Retreat for the Men of Grace and Holy Trinity will take place Friday March 11 through Sunday March 13.

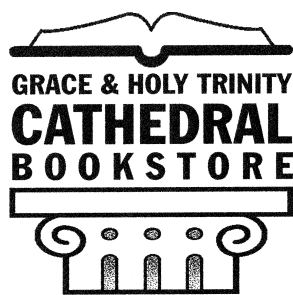
Dean Terry White will lead the program sessions, and there will be ample opportunity for relaxation and quiet contemplation. The retreat will again take place at the Rivendell Community in Dunnegan, Mo., a gracious house of hospitality in a pastoral setting.

Meals, beds, and other kindnesses are provided free of charge, though donations in any amount are greatly appreciated.

Phone the Cathedral office for more details or to register for this excellent weekend experience. Sign up as soon as you can, as space is limited.

—by *The Rev. Benjamin J. Newland, Associate Priest*

Lent titles are
20 percent off
at the Cathedral
Bookstore.



Develop your own Lenten plan

The celebration of the birth of our Savior has barely passed, and here we are journeying with him through Lent, walking with him to his crucifixion on Good Friday before we can rejoice at his resurrection on Easter. As we walk this journey, we find ourselves naturally thinking of our own spiritual journeys and how we can make our lives take on a deeper meaning during this holy season.

Every year I ponder just what it is that I can do to draw ever nearer to our Lord. Sometimes I am more successful than others. When I do have a meaningful Lent, Easter takes on an even greater sense of joy. So, once again, this year I find myself examining my life and faith and struggling to decide on a Lenten plan.

Here are a few of the suggestions I have made to myself. I haven't decided which of these I will pursue, and I won't try all of them. Maybe they will give you a thought or two which will lead to your own Lenten plan.

1. Write: write a letter a day to someone—a different someone each day—who has been part of my spiritual journey.
2. Sacrifice: sacrifice a frivolous habit, such as drinking soda or buying a magazine and place the money in a box designated for a specific ministry of this church or the world.
3. Pray: spend 20 minutes each morning and evening in centering prayer—prayer without words, with the only goal being quiet with God; pray each day for one specific person—a different person each day—lifting each to God, entrusting each to God.
4. Use my talents for others: bake a loaf of bread for someone I care for but don't often visit; knit a prayer shawl for someone who needs the warmth of a gift of love; read out loud to someone who can no longer read but needs the comfort of the psalms or of a story.
5. Appreciate God's world: plant some seeds and watch them grow—marvel at the miracle of growth; walk in the early morning, feeling the air and meditate through breathing.
6. Study: select a specific book of the Bible and practice lectio divina daily—quiet reading and reflecting on scripture. Read a book from our bookstore or library that speaks to my mind and heart about God; read and reflect on *Forward Day by Day* and our Cathedral Meditations.
7. Practice kindness: concentrate on accepting people, not about adapting them; offer sincere compliments; take time to listen without bringing myself into the conversation.
8. Forgive: forgive everyone for everything, at least a person a day, whether I need to or not; ask others to forgive me; apologize when I am wrong without offering excuses.
9. Give a gift of time: spend time with someone who needs the gift of time; give them my entire self, my entire concentration.
10. Love: love my family and tell them that I do; love my friends and show them that I do; Love God by loving others, especially those in need.

Well, that's quite a list and I won't attempt all of the suggestions. But I will try a few of them, and even if I don't always succeed, may my journey and yours bring us ever closer to the one who loves us unconditionally.

—by *The Rev. Linda Yeager, Deacon*

LENT ACTIVITIES AND SERVICES

February 9

ASH WEDNESDAY

7:00 a.m.

Liturgy and Eucharist

12:05 p.m.

Liturgy and Eucharist

7:30 p.m.

Liturgy at CIC

†††

February 16, 23, March 2, 9

LENTEN ACADEMY

5:30 p.m.

Evening Prayer

6:00 p.m.

Dinner

6:45 p.m.

Classes

†††

March 11-13

Men's Retreat at
Rivendell

†††

March 16

7:00 p.m.

Meditation and Music

†††

March 20

PALM SUNDAY

7:00 p.m.

Choral Evensong

†††

March 20-25

HOLY WEEK

Labyrinth available in
Founders' Hall

*A full list of Holy Week
Services will be printed in our
next issue and will also be
available on our website.*

Lent 2005

A call for ushers

Often the first impression of the Cathedral for visitors comes from those people who usher at our services. These men and women offer a ministry of hospitality and help. Currently Mike Flora and Paul Hicks coordinate the ushers and create the schedule for serving.

There are openings for ushers at this time, if you feel called to this ministry. Requirements include being available early for service, making sure you have a replacement if you are not able to be at church on your scheduled day, helping hand out bulletins, passing the offertory plate, providing help with guiding people to communion, and cleaning up the pews after the service. In addition, you may be called on to usher at a special service on a day other than Sunday.

This is a vital and meaningful ministry in our church and is open to both men and women. Please call either Mike Flora (913.362.5349) or Deacon Linda at the church office if you are interested in being part of this group of dedicated parishioners.

Cathedral responds to call from ERD

Dean White and the Social Action Committee designated the loose plate offering of Sunday, January 2 to Episcopal Relief and Development for the South Asia relief efforts.

ERD and the United Nations are calling this the greatest relief effort in history.

Massive tidal waves generated by the earthquake on December 26 killed tens of thousands and have affected millions throughout South Asia and Africa.

Numbers grow regarding those who died on that day and that continue to claim lives daily from the absence of critical supplies of food, clean water, shelter and medicine.

Your generous contributions on that Sunday raised \$3,795.16 for Episcopal Relief and

Development. Additionally \$190.00 was received in the office later that week.

Contributions can continue to be made to the cathedral or directly to ERD. Indicate the funds are to go toward South Asia Relief Fund.

ERD by check: Payable to Episcopal Relief and Development/South Asia Relief Fund P.O. Box 12043 Newark, NJ 07101-5043.

To make a credit card donation, please call 1.800.334.7626, ext. 5129 or visit

www.erd.org.

The Cathedral office will continue to forward your donations to ERD for those monies indicated for South Asia Relief. Your help is greatly needed.

— by Jan Frizzle

YOU CAN HELP

Episcopal Relief and Development/
South Asia Relief Fund
P.O. Box 12043
Newark, NJ 07101-5043.
1.800.334.7626, ext. 5129
www.erd.org.

WANT TO MAKE A DIFFERENCE?

Are you interested in making a difference in the lives of Kansas City Area foster and/or adoptable children? Please join the Cathedral's Foster Care Outreach Group for a review and planning meeting on Thursday, February 3, 2005, 7 p.m., at the home of Ferne Welles. For information, please contact either David at 913.491.8900, 913.341.8841, moteladdict@yahoo.com or Ferne at 816.756.0880.

www.ghtc-kc.org



Sermons,
announcements,
The Angelus,
and pictures of
recent events
are just some
of what you
will find at
our website!

• new arrivals •

Madeline Claire Molise was born December 7, weighing 7 pounds, 7 ounces. She is the daughter of Julia and John Molise and granddaughter of John and Ellen Goheen.

Tedda Joan Bock was born December 13. She is the daughter of Kelly and Charles Bock and granddaughter of Nursery Coordinator Joan Bock.

Mason Hamilton Morgan was born January 12, weighing 8 pounds, 15 ounces. He is the son of Aaron and Stacy Morgan and brother of Madeline.

Cathedral's financial status

Income was below budget in December and expense exceeded budget. However, our income exceeded expenses for the month.

For the year, the Cathedral had a deficit of \$63,888 verses a budgeted deficit of \$66,370.

I would like to thank all of you who financially supported the Cathedral in 2004 and ask all parishioners to support the Cathedral in 2005.

— by Doyle White, treasurer

DEC MTD	BUDGETED MTD	ACTUAL MTD
INCOME	\$ 142,855	\$ 127,629
EXPENSES	\$ 118,579	\$ 125,116
NET TOTAL	\$ 24,276	\$ 2,513

DEC YTD	BUDGETED YTD	ACTUAL YTD
INCOME	\$ 1,261,359	\$ 1,244,950
EXPENSES	\$ 1,327,729	\$ 1,308,838
NET TOTAL	\$ (66,370)	\$ (14,640)
\$40,010 drawn from W.T. Kemper Fund		\$ (54,650)
\$9238 drawn from Memorial Fund		\$ (63,888)

Christmas flower memorials and thanksgivings

In Loving Memory Of

Isabel Curdy by Bob Richmond
Esther I. Rogers by Grace and Ruth Fenger
Phil and Barbara Rahm by Phyllis Hart
The Rev. Richard E. Mason by Barbara, Carl and Chris Mason and Cathie LaPreze
Lynn McLeroy and Max McLeroy by Ron and Carolyn McLeroy
Our Parents: Harley and Mildred Miller and William and Hortense Lambert by Harley and Pat Miller
All My Loved Ones by Helen Schumacher
Kenneth and Charles Arnold by Mildred Arnold
Thomas J. Wood, Jr. by Sally Wood
Charlie and Dotte McCord and Ed Owen by Dick, Ginger, Lacey and Caroline Owen
Mary and Merle Rozell; Bill Winslow by Terry and Nancy Rozell
Edward and Margaret Gillespie by Joyce Gillespie
Billie N. Wallace by Herman Wallace
Anne Pence Little by Mr and Mr. William L. Pence
Carl Turnquist; Mel Love; Robert Hall; Allen Sheline by Jennifer Lowry
Lloyd and Hazel Smith; Frank, Mary and Augusta Fanolio; Eleanor Hallez and Dorothy Williamson by Richard and Jill Fanolio
Alice Chapman; Byron and Virginia Harkey by Jim and Susan Frogge
Luther Crocker by Friends
James P. Cochran by Friends
Jim and Kathleen Duncan; Jackie Pfeffer; Mark Pfeffer by Jane and Jim Pfeffer
Nathan and Sarah Howe; H.T. Ballard, Jr.; Margaret M. Ballard by Barry and Mary Howe
Tom Higgins; Doris and Clinton Gates by Paget and Thomas Higgins
Elizabeth McLaughlin by Gene McLaughlin
Hazel Helmer and Robert J. Helmer by Faye Richards
Frank H. Jennings, II by John Jennings
Cornelius C. and Cecelia E. Carter by Cecelia M. Carter
Nancy Youart by Bob Richmond
Anne and Clarence Hansen; Lena and Guy Lewis and Homer Mitchell by Gordon Hansen and Newt Lewis
Norma Parkin; Otis and Lola England; Delores Dealey by Bryan and Linda England
Jacob E. Klassen, Florence Klassen and J. Raymond Klassen by Jan Seaman

Paul and Jim Hendrickson by Anna Mae Hendrickson
Carl and Audrey Ryder by Alan and Phyllis Ryder
My grandmother, mother and brothers by Joyce Morrow
My husband, Thomas J. Wood, Jr., by Sally Wood
John and Beverly Riggs by Chris, Christine, Emily and Jack Morrison
People and pets whom we see no more by Gary Hicks and Annie Heck
Virginia and Max Foresman, Fadie Barlow and John Ingram Eiser by Sarah Ingram-Eiser
Telva and Marshall by Marnell Sparks
Jacquelyn S. Barr by Brent A. Barr
Drew Atkin and Lucy Walsh by Thomas and Charlene Atkin
Frank and Lora McMullen by Larry and Marilyn McMullen
Charles and Esther Lacey by Larry and Marilyn McMullen
Dennis O. Smith by Scott and Melissa Smith
My family – my sister and Robert Nodler by Marjorie A. Collins
Ernest Dodgin and Laura Cline by Yvette Cline-Dodgin

In Thanksgiving For

Abby, Jon and Camille and our Cathedral family by Kristy and Steve Moore
Christen, Rebekah Jo, Brooke by Mary Jo Browne
Helen, Paul, Jacob, Ethan, Alexander and Sydney by Nancy and Earl Cavanaugh
Leona and John Schaefer and The Trinity Choir by Richard I. Preis
the Celebration of the baptism of Isabella Lee by Gary Hicks and Annie Heck
Muriel and Tom Brown and family by Ruth MaGill
Terry, Linda Sue, Timothy and Rebekah White by Ruth MaGill
My children and grandchildren: Sabra, Jon and Magnolia, Christopher, Mark, Amy, Andrew, Alex and Emma by Vivian Gibbens
The marriage of Victoria Sancho and Seith Lobis by Mike Sancho and Bridgett Shirley
Julia, John and Madeline Claire by Ellen and John Goheen
My family, especially my grandchildren; the Rev. Linda Yeager by Joyce Morrow

Other Flower Gifts Given By

John and Peg Brown; Pete and Barbara Seidlitz; Bruce Reed Family

Flower memorials and thanksgivings from January

Sunday, January 2 • The flowers at the altar are given to the glory of God and in loving memory of Thelma Clutterbuck Kerr by Day and Whitney Kerr. Memorial candles are given in loving memory of her father, Jacob E. Klassen, and brother, J. Raymond Klassen, by Janet E. Seaman.

Sunday, January 9 • The flowers at the altar are given to the glory of God and in loving memory of her mother, Mary Ellis, by Day and Whitney Kerr. At the baptismal font, flowers are given in thanksgiving for Bryant Johnson by Valerie, Jeff and Eliza, on the anniversary of his baptism; and in thanksgiving for George Billington Colburn and his sisters, Elizabeth, Caroline and Amanda, by Mark and Brenda

Colburn. Memorial candles are given in loving memory of Loris Grant Jones by Elaine Grant.

Sunday, January 16 • The flowers at the altar are given to the glory of God and in loving memory of her husband, William L. Brown, and her twin sister, Kathryn Smalley, by Virginia Brown; and in blessed memory of Lillian Cozzi Pellet by her daughter, Tricia Pellet Lyddon. At the baptismal font, flowers are given in thanksgiving for Kathy McDowell.

Sunday, January 23 • The flowers at the altar are given to the glory of God and in memory of Maria Hey and in thanksgiving for her grandson, Brian C. Marrs, by Miriam Marrs; also in loving memory of his grandfather, Jesse Newport Johnson, by Leo Crabbs, Jr

Sunday, January 30 • The flowers at the altar are given to the glory of God and in loving memory of her daughter, Julie Carlson, by Virginia Brown; and in loving memory of her mother, Louise Hutt Shackelford, by Mr. and Mrs. Charles N. Seidlitz, Jr. At the baptismal font, flowers are given in memory of her father Everett Gibson, by Mr. and Mrs. Whitney E. Kerr, Sr. Memorial Candles are given in loving memory of her mother, Florence Klassen, by Janet E. Seaman. At the chapel altar, flowers are given in thanksgiving for their wedding anniversary by Jeffrey and Valerie Johnson; and in memory of Carl and Audrey Ryder by Phyllis and Alan Ryder.

bilities, and even acknowledge that it may be time for some things to come to a close.

But what I really wish to emphasize today is that, as we embark on this discernment, let us not limit our vision, let us be open to those greater opportunities of mission and ministry that perhaps right now live only in the imagination of God. Just as I had little idea that a place like this existed, we must expect God to show us and lead us into lives and places we may not yet be able to imagine. In other words: *Why Not Us?*

Why not take our worship, music, formation, pastoral, social witness and outreach to greater heights, and into uncharted territory? Why not be bold in how we manage our considerable resources?

Why not look at our finances, property, personnel and programs all as ministries, not just programs but ministries that give glory to God and instill in us excitement at doing good work, and yet humble us as we realize that God is using us as vessels of grace and love.

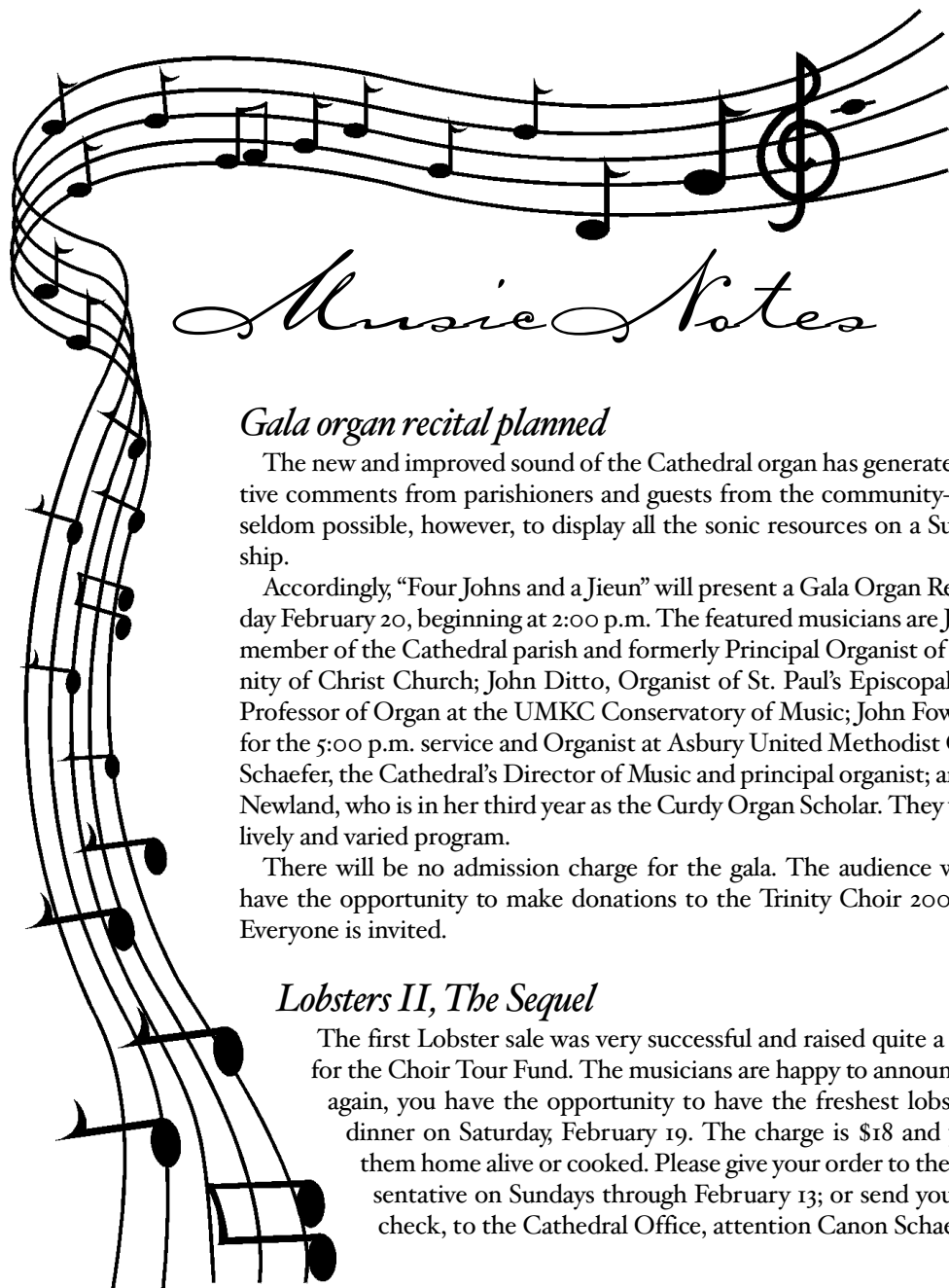
Why not honor the Incarnation of Christ by incarnating radical discipleship and authentic servanthood that makes the comfortable nervous? How about practicing hilarious generosity? *Why not us?* Why not Grace and Holy Trinity Cathedral?

We have a "mission, high fulfilling" as our last hymn proclaimed, to tell to all the world that God is light, and not one soul should fail to know his love and might.

God has placed us here, in this city which is a place filled with possibilities, where resources and ideas are plentiful. A part of our calling is to speak to and work with the city so that our civic leaders keep focused on the common good. Surely a part of our growing mission is to see that the least in society never get pushed aside.

We must proclaim in word and deed that the highest measure of a city's greatness is how the widow and orphans, the downtrodden, the oppressed, and the voiceless are lifted up. That proclamation is consistent with and embedded in both Holy Scripture and our tradition as Anglican Christians.

So we can see that we have plenty of work to do. And yet, I say again, there is also work for us, that lives right now only in God's imagination, which we must seek out and discern.



Music Notes

Gala organ recital planned

The new and improved sound of the Cathedral organ has generated many positive comments from parishioners and guests from the community-at-large. It is seldom possible, however, to display all the sonic resources on a Sunday at worship.

Accordingly, "Four Johns and a Jieun" will present a Gala Organ Recital on Sunday February 20, beginning at 2:00 p.m. The featured musicians are John Obetz, a member of the Cathedral parish and formerly Principal Organist of the Community of Christ Church; John Ditto, Organist of St. Paul's Episcopal Church and Professor of Organ at the UMKC Conservatory of Music; John Fowler, Organist for the 5:00 p.m. service and Organist at Asbury United Methodist Church; John Schaefer, the Cathedral's Director of Music and principal organist; and Jieun Kim Newland, who is in her third year as the Curdy Organ Scholar. They will present a lively and varied program.

There will be no admission charge for the gala. The audience will, however, have the opportunity to make donations to the Trinity Choir 2006 Tour fund. Everyone is invited.

Lobsters II, The Sequel

The first Lobster sale was very successful and raised quite a bit of money for the Choir Tour Fund. The musicians are happy to announce that, once again, you have the opportunity to have the freshest lobsters for your dinner on Saturday, February 19. The charge is \$18 and you can take them home alive or cooked. Please give your order to the Choir representative on Sundays through February 13; or send your order, with check, to the Cathedral Office, attention Canon Schaefer.

My sisters and brothers: this time a year ago, I could not have imagined being here. So I thank God for being larger than my ideas about Him, and for blessing me with you, and for welcoming and caring so deeply for my family.

Together, let us ask God, "What else? What more can we be about? Lord, what haven't we thought of yet?" And let us ask ourselves, "Are we ready to claim our programs as *ministries*, worthy of greater effort, support, and creativity?"

Our dual mission as a city parish and a Cathedral requires us to be bright and bold. Not arrogant, not isolated, not timid. I ask for your prayers and help, and know of mine for you, as we continue, together, to sing a new song.

Why Not Us? Indeed! Why Not!

— by The Very Rev. Terry White

The above is from the Dean's address given at the Cathedral's Annual Meeting, January 16, 2005

Eucharistic ministers and lay readers play a vital role in worship

Those who offer the chalice to parishioners each week at the Holy Eucharist often are lay people who feel called to the sacramental ministry of serving at the altar. At the Cathedral, approximately 25 members serve as Eucharistic Ministers, formerly called chalice bearers.

The present title was given following the last General Convention to more appropriately name those who offer either the wine or the bread (if needed) at the Eucharist.

This holy ministry is shared at all the Eucharists, and each Minister serves approximately once every three to four weeks. They wear black cassocks and white surplices and are distinguished from acolytes, who also perform a holy ministry and who wear red cassocks and white surplices. The Eucharistic Ministers process and recess with the altar party.

While it is a holy ministry, Eucharistic Ministers have interest-

ing tales to tell regarding people and the partaking of the sacrament. For example, when one is administering the chalice to someone wearing a large hat, it is difficult to gauge just how much wine one is consuming and dripage can occur. Children also present challenges to EMs regarding the dispensing of soggy wafers and the occasional changing of mind just as the chalice reaches the lips.

Those currently active as Eucharistic Ministers include Chuck Gordon, Terry Rozell, Leona Schaefer, Phyllis Biddle, Al Schneider, Dick Fanolio, Annie Heck, John Hornbeck, Vivian Gibbens, Jim Royer, Ric Sweeting, Tom Miller, Sally Livengood, Marnell Sparks, Mike Williams, Melisa Burns, Robin Rusconi, Mike Bennett, Toni Bennett, Paula Connors, Sandra Butler, Doyle White, Sharyl Wallace, Chris Morgan, Peggy Morgan, Dianne Logan, Geoff Logan, Rose Burke, Virgil Burke, and Curtis Hamilton.

Another group of loyal ministers are the lectors who read the scriptural passages and Prayers of the People at all three Sunday services and other services.

The approximately 40 lay people who are called to this ministry also operate on a schedule and serve about every five to six weeks. They receive the lessons they will read early in the week so that



photo by Jan Frizzle

Lectors, like Ronda Sarrazin above, read the lessons in each of the Cathedral's Sunday services.

they can prepare themselves for this ministry. Those who read the Prayers of the People can preview the prayers before the service.

Those currently active as lectors are Chuck Gordon, Terry Rozell, Leona Schaefer, Phyllis Biddle, Sharyl Wallace, Greg Morgan, Rhonda Sarrazin, Doyle White, Elaine Reynolds, John Brown, John Hornbeck, Vivian Gibbens, Barbara Buckner, Jim Royer, Theresa Yeager, Virgil Burke, Rose Burke, Sally Livengood, Marnell Sparks, David Barker, Tom Miller, Chris Morgan, Rob Buenning, Joyce Morrow, Craig Killmer, Hal Smith, Caroline Helmkamp, George Helmkamp, Mike Williams, Cecelia Carter, Randal Loy,

Sam Gershman, Lenette Johnson, Tom Miller, Greg Smith, Melisa Burns, Donna Knoell, Sandra Butler, Thomas Palma, Dick Fanolio, Dianne Logan, and Geoff Logan.

All of these ministers receive training and are licensed for a period of three years by the diocese. If you feel called to either of these holy ministries, please contact any member of the clergy or call Deacon Linda at the church office or by email.

— by *The Rev. Linda Yeager,*
Deacon

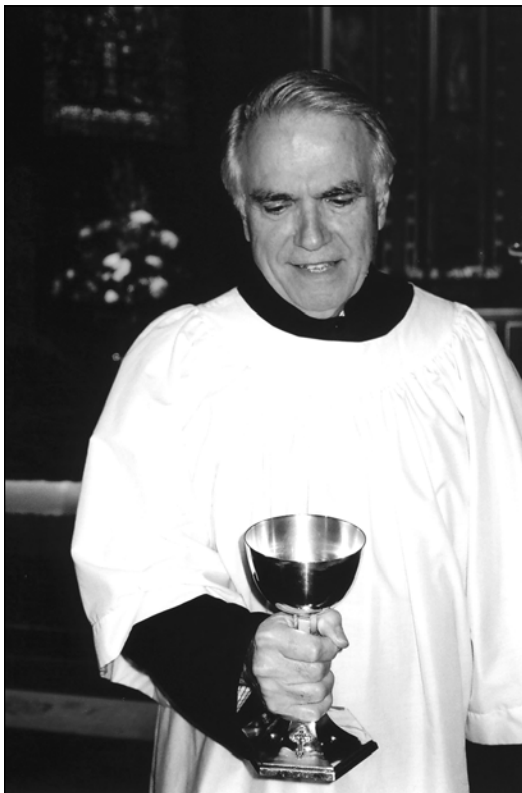


photo by Jan Frizzle

Dick Fanolio is one of about 30 Eucharistic Ministers at the Cathedral.



Grace and Holy Trinity Cathedral

The Episcopal Diocese of West Missouri

P.O. Box 412048
Kansas City, Missouri 64141
Telephone: (816) 474-8260
Facsimile: (816) 474-5856
Website: www.ghctc-kc.org
E-mail: office@ghctc-kc.org

Non Profit Organization

U. S. Postage
P A I D
Kansas City, MO
Permit Number 4220

The Right Rev. Barry R. Howe
Bishop of West Missouri

The Very Rev. Terry White
Dean

The Rev. Benjamin J. Newland
Associate Priest

The Rev. Linda Yeager
Deacon

The Rev. Bryan England
Deacon

The Rev. Bruce Hall
Deacon

Mr. John L. Schaefer
Canon Musician

The Very Rev. J. Earl Cavanaugh
Dean Emeritus

RETURN SERVICE REQUESTED

*The ice and snow covered
the Cathedral.*

photo by Chris Morrison

Weekly Activities

SUNDAY

- 8:00 a.m. Holy Eucharist
- 9:15 a.m. Christian Education
- 10:15 a.m. Holy Eucharist
- Children's Chapel
- Grace Choraliers
- 5:00 p.m. Order for Evening & Eucharist
- 6:15 p.m. Centering Prayer Small Group

MONDAY-FRIDAY

- 8:30 a.m. Morning Prayer
- 12:05 p.m. Holy Eucharist
- 5:30 p.m. Evening Prayer

TUESDAY

- 1:30 p.m. Women's Bible Study

WEDNESDAY

- 6:30 p.m. Benedictine Spirituality Group
- 7:00 p.m. Youth Group

THURSDAY

- 7:00 a.m. Men's Bible Study
- 9:30 a.m. Cathedral Outreach Program
- 6:00 p.m. Cathedral Bell Ringers
- 6:30 p.m. EFM
- 7:00 p.m. Choir Small Group
- 7:30 p.m. Trinity Choir

FRIDAY

- 9:30 a.m. Moms' Bible Study

SATURDAY

- 9:15 a.m. The Tallis Singers

Activities for the Month of February

1 • TUESDAY

- 6:00 p.m. Table Top Games Small Group
- 6:30 p.m. Needlework/Quilting Small Group

2 • WEDNESDAY

- 6:30 p.m. Couples' Bible Study

5 • SATURDAY

- 6:00 p.m. Chili Cook-Off

6 • SUNDAY

- 8:45 a.m. Pancake Breakfast, continues after
10:15 a.m. service
- 11:45 a.m. Music Committee

7 • MONDAY

- 4:30 p.m. Buildings and Grounds Committee

8 • TUESDAY

- 6:00 p.m. Guild of the Christ Child
- 7:00 p.m. Cancer Support Group
- 7:00 p.m. *The Angelus* Small Group

9 • WEDNESDAY • ASH WEDNESDAY

- 7:00 a.m. Liturgy and Eucharist
- 12:00 p.m. Liturgy and Eucharist
- 7:30 p.m. Liturgy at Cathedral of the
Immaculate Conception

10 • THURSDAY

- 6:30 p.m. Thursday Evening Bible Study

13 • SUNDAY • BLOOD PRESSURE SUNDAY

- 11:45 a.m. Social Action Committee
- 7:00 p.m. Flute Concert to benefit Trinity
Choir

14 • MONDAY

- 5:00 p.m. Stewardship Committee

15 • TUESDAY

- 6:00 p.m. Table Top Games Small Group

16 • WEDNESDAY

- 7:30 a.m. Finance Committee
- 5:30 p.m. Lenten Academy

23 • WEDNESDAY

- 5:30 p.m. Lenten Academy

24 • THURSDAY

- 5:00 p.m. Vestry
- 6:30 p.m. Thursday Evening Bible Study

Please verify times and dates of the events listed with the appropriate person(s) or by contacting the Cathedral Office.