



# The Angelus

Grace and Holy Trinity Cathedral • Kansas City, Missouri

Vol.75, No.12 • December 2006

## FROM THE DEAN

More and more, it seems, holiday seasons overlap. If one is inclined to purchase orange lights to put on a bush the week before Halloween, you will end up just one aisle away from a huge display of Christmas lights. For many, the weekend following Thanksgiving Day is the time to put up the Christmas tree, even as pumpkin pie gives way to the Advent wreath in the middle of the dining table. And even as all of these marvelous themes interact, in the Church we are in the midst of a non-liturgical season, Stewardship Season. Recently, all of these came together here at Grace and Holy Trinity Cathedral.

This past summer, the Cathedral received a most generous bequest from the estates of Helen and Isabel Curdy, faithful servants of Christ who Loved God Back in so many ways by supporting the ministry of the Cathedral over the years. In August, the Cathedral received from the Curdy sisters \$3.75 million in the form of an unrestricted bequest. What a magnificent witness!

Pursuant to the policy of the Vestry, 80 percent of the unrestricted gift was placed into GHTC endowment funds. The remaining 20 percent may be used by the Vestry to fund current and future ministry. From the 20 percent amount of \$750,000, the Vestry voted in October to tithe (give 10 percent equaling \$75,000) to the wider Church.

Thus, on behalf of the people of Grace and Holy Trinity Cathedral, \$50,000 has been given to St. Mary Magdalene Church, Kansas City, to assist them in the construction of their first church building. The congregation, led by Fr. Eric Long, currently meets in space provided by the McGilley Chapel, State Line Road and 123rd. Another \$25,000 was given to the Diocese of West Missouri Expansion Fund to assist in the future construction of new parish facilities in our Diocese.

I see these decisions by the Cathedral's Vestry as examples of how seasons overlap in the Church as well as in the shopping mall.

- The Vestry acted as good stewards, sharing the gift that has blessed us. Just as we Episcopalians are asked to set aside a portion of our income for the spread of the Gospel and building up of the Reign of Christ, it seems right for our parish to do the same.
- These decisions were made in thanksgiving for the blessings we enjoy here, and for the opportunity to share and assist the mission of others.

- And with Christmas Day approaching, when God's Love and Word was made flesh, showing our love of God and care for others in concrete ways is a call we must all respond to.

Stewardship. Thanksgiving. Christmas. They are seasons which overlap. And they are elements of a healthy faith. These three seasons came together in the gifts mentioned above, and also come together in every tangible act of love, care, forgiveness, healing, peacemaking, and sacrifice we make out of love for God and care for neighbor. Loving God Back is not confined to a season – it is a way of life for our parish and for each of us.

This Advent Season, as we prepare to meet Christ in the Babe of Bethlehem, in Word and Sacrament, in the lives of all those God sends our way, and at the Last Day, may we not only give thanks, but incarnate our thanks in tangible and unmistakable ways. That is what makes this the most wonderful time of the year.

With affection,  
Terry+

### Introducing the Revised Common Lectionary

Beginning December 3, the First Sunday of Advent, the Cathedral will begin using the Revised Common Lectionary. A lectionary is a table of readings from Scripture appointed to be read at public worship, be it on a Sunday, Holy Day, for a ritual such as a wedding or funeral, or for numerous other occasions. The Sunday Lectionary is divided into the Years A, B, and C. December 3, the First Sunday of Advent, we begin Year C.

With the formal adoption of the 1979 *Book of Common Prayer*, the BCP lectionary became this Church's official lectionary, being largely based on the Roman lectionary.

(continued on page 6)

## Maison de Naissance Survival confirmation project

At Maison de Naissance, a birthing home in Haiti, a mother has delivered a healthy baby girl, received great care and is ready to take her newborn home. Though the child is healthy, the struggle and challenge of survival and healthy living has just begun. As a result many mothers will return to immunize their baby at the vaccination clinic that takes place every Wednesday at MN.

However, some may live farther away, making it very difficult for them to return. The unfortunate part of this reality is that it prevents MN from accurately tracking the long term health of many children. The Survival Confirmation Project is the answer to this problem, which Ben and I undertook after talking with Stan Shaffer (co-founder of MN).

In order to have accurate numbers for research, it is important to follow up with moms and babies who have received MN services to see how they are doing.

We were able to team up with Lexon, a local translator and St. Paul's Church leader, to begin this project. It was important to have someone with us who knows the language, the families and where they live. Starting in the Torbeck area we took our "machin," which translates to vehicle in English, and began searching from house to house. Our purpose was to ask questions and be able to speak clearly with each of the mothers.

While not all the mothers were home, those who were we found to be very welcoming and engaging. Each one of them was able to provide the information we needed: their baby's full name, updated vaccination records, where they go for their vaccinations, the GPS number for their house, any interesting notes regarding the mother or baby, and our favorite, a picture.

Every day we went out was beautiful and clear. We visited one particular family that included the mother, baby, grandmother, sister and a few other people all living in the same house. We went through the questions and were able to get to know them a little bit and listen to their concerns.

During the conversation we learned that a neighbor had also delivered at MN, though she was not on our list for the day.

Her name is Porcenat and she approached us and was so excited to talk with us about her experience. Her beautiful 22 month old daughter is named Niclove. She told us that she was very thankful for MN — that the staff had taken very good care of her. We learned that she did not deliver her baby at MN.

Porcenat had difficulty during her labor while at MN and as a result was taken to the General Hospital in nearby Les Cayes where she delivered. Porcenat told us she was happy because the priest and a nurse from MN went with her to the hospital and stayed with her during labor.

After her delivery she was taken back to MN to rest and for monitoring. Porcenat said "I was very happy to be at MN and the nurses at MN are very sympathetic. If I could not go to MN

I would have had to deliver my baby at home.

I do not think the outcome would have been good." In addition,

she stated "If I have another baby, I will go to MN. It's very important for people to go to MN because it is such a good hospital." (note: MN is a birthing center staffed with nurse-midwives. It is not a hospital and is not equipped or staffed for c-sections.)

After she finished telling her story of Niclove's delivery and recovery, we informed her that we needed a picture of her and her daughter. She rushed into her house to change and put on the nicest clothes she had, on this short notice. She did the same for the beautiful Niclove.

We could tell she was very excited and proud to have her picture taken. We said goodbye and were thankful, as we walked away, to have been privileged to know how MN saved two more lives and touched the hearts of a family. MN is not just a birthing center, it's a sign of peace, love, compassion and hope for a community and country with so many needs.

— by Nicole Long

Nicole Long is a long term volunteer working in the Torbek-Larnage area of Haiti where Maison de Naissance is located. Those who came to the September 17 Haiti Event II heard Nicole and her husband Ben talk about their experiences. They are once again living and working in Haiti.

*MN is not just a birthing center, it's a sign of peace, love, compassion and hope for a community and country with so many needs.*

## Friends of MN

The next meeting of Friends of MN (Maison de Naissance) will be Wednesday, February 14 8, at 6:30 p.m. in the Multipurpose Room (lower level, Founders' Hall).



Questions? Contact Marian Philip at MPHILIP1976@juno.com or 816-421-5808.

## Adult Formation

Common Room • Sundays at 9:15 a.m.

December 3, 10, 17

### The Light Will Shine

Lucy & John Richards

Together, we will discover new light in traditional texts and seasonal themes. Fresh perspectives can be found here on the journey through Advent. Advent is not only the season before Christmas but also a time of Christ's coming into the world, the second coming of Christ, or coming into a new place. Together we will consider any and all of these meanings. A study of scripture will be the basis of this series—please bring your Bible.

January 2007

### How to Read the Bible and Why Bother?

Fr. Michael Johnston

This class, led by Fr. Johnston in October, will continue to be offered on Sunday mornings beginning January 7. We will take a look at how we can gain a deeper encounter with the biblical literature, how it has shaped the content and character of Christian life throughout the centuries, and what its narrative might mean for us today. We will continue use *Engaging the Word*, from the New Church's Teaching Series. Copies are still available in our Cathedral Bookstore.

## The Angelus

A laypersons' newspaper published in the interest of Grace and Holy Trinity Cathedral.

The Angelus Small Group Contributors:

Emily Akins

Tom Atkin

Mary Byrne

Jan Frizzle

John Hornbeck

Geoff Logan

Chris Morrison, Small Group Facilitator

Julie Toma, Editor

Submissions from parishioners and small groups are welcome and encouraged. All entries are requested by the 15th day of the month prior to publication via fax: (816) 474-5856 or e-mail: communications@ghkc-kc.org.

# Grief, loss and Christmas

One side of the Christmas season not often talked about is how to deal with loss and grief even as the world celebrates the holidays with joy. The fact is, no matter how much time has elapsed, we miss those we have shared past Christmases with.

The first Christmas following the death of a loved one, or after a marriage or significant relationship has ended, especially invites us to change in some way how we celebrate.

- **Have reasonable expectations.** There will be times of great sadness, times when you prefer to be alone, and times when you very much need the company of others. These needs may change from day to day. You may find yourself suddenly overcome with feelings of grief that you don't expect. This is normal.
- **Do not try to do all the things you have done in the past.** Baking, decorating, writing cards, entertaining, and shopping can be too much in the best of times. Be aware of the energy you have, and allow yourself to do things differently. Be compassionate with yourself.
- **At special gatherings, name your loss in a healthy way, and talk about those you miss.** Some families offer a special toast to those who have died and now live in the nearer presence of Christ. This is a powerful time to share tears and fond remembrances. You put yourself and those around you at ease when you speak of those you miss. Others often are waiting for cues from you.
- **You may wish to begin a new tradition,** such as reaching out to a lonely neighbor, taking gifts to a shelter or food to the local fire station. In years to come, this tradition becomes known as, "What we began doing the Christmas after N. died." This celebrates the life of your loved one, and in succeeding years, makes it easier to name those who have died.
- **Pay special attention to children** who can be overlooked in the grieving process. More toys will not give comfort and hope. They need to know they are not alone in their sorrow, that adults, too, miss departed loved ones. Assure them of God's special care in the days ahead, and that the Christ Child is with them always.
- **Be regular in worshipping God and receiving the Eucharist.** There is no greater comfort in sorrow than the presence of the Risen Christ.

Hold fast to the promise in St. John's Gospel for Christmas Day: "The Light shines in the darkness, and the darkness shall not over come it."

## The Twelve Days of Christmas at the Cathedral

### December 24 – The Fourth Sunday of Advent

**10:15 a.m. Holy Eucharist.**

**One service only this morning. No formation classes.**

*This liturgy will be held in Founders' Hall as the Nave and Sanctuary will be decorated for Christmastide. The readings, homily, and hymns will celebrate the Fourth Sunday of Advent. This liturgy will be a simpler and quieter celebration of the Eucharist compared to the upcoming evening's liturgies.*

### December 24 – Eve of the Nativity of Our Lord Jesus Christ **4 p.m. – Sung Eucharist with Christmas Pageant.**

**NOTE TIME CHANGE FROM PREVIOUS YEARS.** The first Eucharist of Christmas. The birth of Christ is interpreted by the young people of the cathedral. The Tallis Singers and the Choraliers offer anthems, and the congregation joins in singing carols and the service music. The pageant and liturgy will be signed for the hearing-impaired.

#### **10 p.m. Music of Christmas Prelude**

The Trinity Choir sings works by Ralph Vaughan Williams: "The Blessed Son of God" from the *Cantata Hodie* and the "Fantasia on Christmas Carols." A chamber orchestra will accompany the latter work. Congregational carols and organ prepare us for the Liturgy.

#### **10:30 p.m. Solemn Eucharist of the Nativity.**

With the fullness of sacred ritual the Christ Mass is celebrated. Tonight the Trinity Choir sings "Gloria in Excelsis" and "Agnus Dei" from W.A. Mozart's *Mass in D Major Missa Brevis* and anthems by Gerald Finzi and Stephen Cleobury. Other music includes congregational carols, strings and organ.

### December 25 - The Nativity of Our Lord Jesus Christ: **Christmas Day**

**10:15 a.m. Holy Eucharist with carols and choir**

**December 26 – Buildings & Office closed. No 12:05 p.m. Eucharist.**

**December 27 – Feast of St. John. Eucharist: Eucharist, 12:05 p.m.**

**December 28 – Feast of the Holy Innocents: Eucharist, 12:05 p.m.**

**December 29 – Feast of St. Thomas Becket: Eucharist, 12:05 p.m.**

**December 31 – First Sunday after Christmas**

**No formation classes.**

**8:00 a.m. Holy Eucharist**

**10:15 a.m. Sung Eucharist and carols with choir and organ.**

**5:00 p.m. Sung Eucharist for the Eve of the Holy Name of Jesus**

**January 1 – Buildings & Office closed. No 12:05 Eucharist.**

**January 2 – Ninth Day of Christmas: Eucharist, 12:05 p.m.**

**January 3 – Tenth Day of Christmas: Eucharist, 12:05 p.m.**

**January 4 – Eleventh Day of Christmas: Eucharist, 12:05 p.m.**

**January 5 – Twelfth Day of Christmas: Eucharist, 12:05 p.m.**

**January 5 – Eve of The Epiphany. 6 p.m. Solemn Evensong and Eucharist.**

*Catered 12th Night Dinner to follow in Founders' Hall. Evening ends at 8 p.m.*



## Upcoming Music Events

Sunday • December 3 • 2 p.m.  
the Kansas City Chorale presents

### Home for the Holidays

<http://www.kcchorale.org>

Central Ticket Office: (816) 235-6222



Saturday • December 9 • 7:30 p.m.  
the Fine Arts Chorale presents

### A Day for Dancing

<http://www.fineartschoralekc.org/>

Central Ticket Office: (816) 235-6222



Sunday • December 10 • 5 p.m. & 7 p.m.

Allegro Community Children's Choir  
presents their

### Winter Blessings Concert

<http://www.allegrocc.com/>

(816) 422-0469 Allegro Office



Monday • December 11 • 12 noon  
William Jewell College offers its annual

### City Come Again

No charge.



Friday • December 15 • 8 p.m.  
the William Baker Festival Singers present

### Candlelight, Carols & Cathedral

<http://www.festivalsingers.org>

Central Ticket Office: (816) 235-6222



Saturday • December 16 • 4:30 p.m.  
join us for our annual

### Messiah Singalong

No charge.



Sunday • December 17 • 3 p.m.  
the William Baker Festival Singers present

### Candlelight, Carols & Cathedral

<http://www.festivalsingers.org>

Central Ticket Office: (816) 235-6222

## Celebrate the Feast of the Epiphany

The Cathedral will celebrate the Feast of the Epiphany with its own kind of feast: a Solemn Choral Evensong and Eucharist, followed by a fellowship meal. Our celebration will happen on the Eve of the Epiphany, January 5, which is also called Twelfth Night.

The service begins at 6 p.m.; dinner will follow at the close of Eucharist, which will be a Rite I celebration. The evening will end by 8 p.m.

The feast during the service is provided by Christ himself; the meal following is to be catered. Accordingly, we need those attending to make reservations. The cost will be \$10 for those 13 and older, \$5 for 12 and younger; children 6 or younger are free.

Basic beverages will be provided; you bring your own preferred beverages. Please phone in your reservation by Tuesday, January 2. Let's feast together!



### A Kansas City tradition:

## Messiah Music of G.F. Handel JACK ERGO, Conductor SINGALONG

Just as "A Christmas Carol" and the Nutcracker Ballet are traditions in Kansas City, so, for many people, the Cathedral's annual *Messiah* Singalong is a "must do" occasion. This year the Singalong is Saturday, December 16. We are beginning at 4:30 p.m. sharp, in order to accommodate those who are coming from the Ballet or the Symphony's "Magic of Christmas."



Jack Ergo of Graceland College will conduct. Jack is a master of the oratorio, having led at the Community of Christ Temple for more than 20 years and having conducted our Singalongs for well over 10 occasions. He will conduct a fine orchestra and soloists who have been regulars for the Singalong: Paulette Resch, David White and Bruce Burstert. A new member of the quartet is Douglas Dodson, a fine young countertenor.

Our custom is to begin with the overture and proceed through the entire work; whenever there is a chorus to be sung, the audience stands and sings. It is great fun.

This year the Perry and Charlotte Faeth Endowment for Music is providing funding for the Singalong. We are inviting those who have contributed in the past to do so again this year, with the thought that their gifts will go to the various Cathedral outreach programs.

So, do come to the Singalong and do sing along. And let people who love *Messiah* know that they are welcome, too. Scores will be available for purchase.

Saturday, December 16  
4:30 p.m.

## Winter Blessings Concert

Sunday, December 10 • 5 p.m. or 7 p.m.  
Grace and Holy Trinity Cathedral

Tickets are \$10 and available from the Allegro office.

A portion of ticket proceeds will be donated to the Kansas City Community Kitchen.

**a | legrō**

For more information, contact the  
Allegro Community Children's Choir  
(913-422-0469 or [www.allegrocc.com](http://www.allegrocc.com)).

## Christmas Pageant Rehearsal Schedule

All children are welcome! Meet in Haden Hall. Lunch is provided on Sundays.



Sunday, December 3, immediately following 10:15 service  
Sunday, December 10, immediately following 10:15 service  
Sunday, December 17, immediately following 10:15 service  
Saturday, December 23 10:00 a.m. - noon

For more information about the pageant please contact Christine Morrison. To assist with pageant lunches please contact DeAnn McTavish at 816-474-8260 or [dmctavish@ghkc-kc.org](mailto:dmctavish@ghkc-kc.org).

## Coping with holiday stress

Here it is, Advent again, with Christmastide just around the corner. As we live this Holy Season at church, the "Holiday Season" surrounds us. According to the images on Christmas cards, in advertising, and, sometimes, in the happy faces we show one another, we're all having a wonderful time. But are we?

The annual celebration of the Word made Flesh is often, unfortunately, a time of significant tension and anxiety for many people. Preparation for Christmas and the holiday itself presents us with multiple tasks: gifts to buy and wrap, sometimes on a tight budget, decorations to be placed, meals to be cooked, and parties to be hosted or attended. Parish leaders, both clergy and lay, have many liturgies and special events to be plan and celebrate, and everyone must balance opportunities and commitments at the Cathedral with other seasonal activities.

Some other obvious sources of holiday stress include having too many things to do, the disruption of ordinary routines, financial worries, and difficult relationships. This last area can be especially difficult, given the unrealistic expectations we have that all is merry and bright within families and among acquaintances. This, of course, is not always true.

For many, the natural anticipation of this joyful season is undercut by concern about unpleasant situations or encounters. It is important to know that many people have some holiday anxiety, ranging from relatively mild concerns about how the cousins will get along at Christmas dinner, to facing the least talked-about issues, such as physical, sexual and emotional abuse of children or adults, alcoholism, or drug addiction.

People who are working hard to grow into new life and to change old patterns are often confused about what to do when planning to visit or be visited by difficult friends or family members during the holidays. Consider these suggestions if you are in this situation.

- **If it's dangerous, don't go.** Our families and our culture imply that one must be with one's family during the holidays. This is simply not true. The only person whose presence is a necessity for Christmas is Our Lord Jesus.

If you are considering visiting, or allowing to visit, family members who have a history of physically, emotionally, sexually, or spiritually abusing you, it is fine to change your plans.

- **When you've got it, don't flaunt it.** After having worked hard to gain insight into your own behavior or that of your family, it is natural to want to share your new awareness. In general, it is a good idea to resist this temptation. Your growth and change may seem threatening to some members of the family because it changes the family dynamic. Share your insight instead with someone you trust who is outside the family.
- **Try not to let old patterns upset you.** Family members relate to each other according to patterns, rather like a dance. Each family has its own dance, which gets repeated regularly. When you change your behavior, you change the dance. It is natural for others in the family to ask you to get back in step with the family dance. The best response to a "change back" message is to establish a healthy boundary with a clear "yes," or "no," and as little reactivity as possible. Striving to attain this response is, of course, something which all growing people do for most of their lives.
- **Stop wishing they'll be different.** The most common way that people undermine their desire for a happy holiday is to spend time wishing that their family would be different than it is. For example, if Dad and Great Aunt Sarah have an intense and public conflict each year, then it's a safe bet they will have that fight again this year; particularly if neither of them has worked on his or her own growth during the past year. To spend a great deal of energy wishing that this annual event not occur is to spend a great deal of energy setting yourself up for a disappointment. The only person whom you can change is you.
- **Embrace a new holiday tradition.** Allow yourself the time and space to do something that is peaceful, meaningful, or fun, just for you. It's ok. Really. Enjoy.

## Make Room for Mary in Your Advent Schedule

### The Incarnation and Images of the Mother of God

#### Advent Wednesdays: December 6 & 13

6:00 p.m.	Evening Prayer
6:15 p.m.	Dinner
7:00 p.m.	"The Incarnation and Images of the Mother of God"

Attend a very special art and theology class this Advent on Wednesday evenings, December 6 and 13 at the Cathedral. Ellen Goheen, former Director of Collections and Exhibitions at the Nelson-Atkins Museum of Art and Fr. Michael Johnston will guide us through a study of Advent art and theology.

Scenes from the life of the Virgin offer a rich array of images and this is particularly true of the events in her life that are associated with Advent. The Nativity, the Adoration of the Magi and the Madonna with Child are the obvious subjects that have attracted the attention of artists throughout the ages. We shall review a variety of representations of these events spanning several centuries from the early days of Byzantine art through the beginning of the 18th century.

- To assist with meal planning, please register online at: [www.ghkc-kc.org/advent](http://www.ghkc-kc.org/advent) or call the Cathedral office at 816 474-8260.
- Suggested on-site donation for dinner is \$5 per individual or \$10 per family.
- Child care provided for children in Kindergarten and younger.

This past summer, the 75th General Convention voted to make the RCL the official lectionary of the Episcopal Church effective Advent 2007. The Cathedral will join parishes in this diocese and across the country who are moving to the RCL a year early. In fact, in many places the RCL has been used with the local bishop's permission since 1994.

The RCL is used throughout the Anglican Communion (Australia, Canada, Church of England, and Church of South Africa for example) and among Protestant churches such as The American Baptist Churches USA, Evangelical Lutheran Church in America, Christian Church [Disciples of Christ], Presbyterian Church in the USA, Christian Reformed Church in North America, United Church of Canada, United Church of Christ, and the United Methodist Church.

The Revised Common Lectionary does not vary greatly from the BCP lectionary, choosing Old (First) Testament and New (Second) Testament readings in thematic harmony in relation to the Gospel. Among other strengths, the RCL intentionally includes accounts of the roles women have

played in salvation history, offering texts never before heard on Sunday. The most notable example is the account of the woman anointing Jesus at Bethany [Mark 14:3-9]. Jesus responded by saying "wherever the good news is proclaimed in the whole world, what she has done will be told in remembrance of her." This text, omitted in the present lectionary, is included in the Revised Common Lectionary as part of the Passion narrative read on Palm Sunday in Year B.

Finally, the RCL provides the option of semi-continuous reading of the great Old Testament narratives on the Sundays after Pentecost, [Genesis through Judges in Year A; the Davidic Covenant and Wisdom literature in Year B; the prophets – Elijah, Elisha, Amos, Hosea, Isaiah, Jeremiah, Joel and Habbakuk – in Year C.] This option may encourage parishes to plan a preaching or teaching series based on these narratives, many of which are not included in the BCP lectionary.

Learn more about the Revised Common Lectionary at [http://www.episcopalchurch.org/19625\\_19606\\_ENG\\_HTML?menupage=19605](http://www.episcopalchurch.org/19625_19606_ENG_HTML?menupage=19605).

## Memorials and thanksgivings

November 5 • The flowers at the altar are given to the glory of God and in loving memory of Harriet Minty Russell and Frederick Forsha Russell. At the baptismal font, flowers are given in thanksgiving for their daughter, Eliza Lynn Johnson, on the anniversary of her baptism, by Jeff and Valerie Johnson.

November 11 • The flowers at the altar are given to the glory of God and in memory of The Right Reverend Edward Randolph Welles, The Reverend Charles Sanders and The Reverend Harold Westover by Ferne Malcolm Welles. The flowers at the high altar are given in thanksgiving for The Rev. Elton Smith by Sarah, Emily and Flora Smith.

November 12 • The flowers at the altar are given to the glory of God and in tribute to John and Leona Schaefer and the choir and in appreciation of the Cathedral music program by Rick Jordahl; and in loving memory of Charline Schmelzer by Bill Fisher; also in loving memory of Lillian Cozzi Pellet

by her daughter, Tricia Pellet Lyddon. At the baptismal font, flowers are given in loving memory of her parents, Muriel and Harry Hall, by Mr. and Mrs. Haywood Walker, Jr.; and in thanksgiving for Carl

Ryder. At the chapel altar, flowers are given in loving memory of Dr. Charles Culloden Chapple by his wife, Sally Chapple.

November 19 • The flowers on the altar are given to the glory of God and in loving memory of Charles Henley and Marie and Earl Hankins by Jeanne Henley.

November 23 and 26 • The harvest altar is given to the glory of God and in loving memory of her father, William H. Shackelford, Jr., by Mr. and Mrs. Charles N. Seidlitz, Jr.



*Save the Date and Reserve your Space*

*Annual Cathedral Women's Retreat*  
**Franciscan Prayer Center**  
**January 19-21, 2007**

For information and to reserve your space,  
contact Mother Carol Sanford ([csanford@ghkc-kc.org](mailto:csanford@ghkc-kc.org)).



We want to express our sincere  
thanks for the many  
prayers, cards and calls  
during our reloca-  
tion and recovery. Our  
current address is 720  
West 44th Street, Apartment  
3010, Kansas City, MO 64111,  
816-756-3345.

~Nancy and Earl Cavanaugh

*Thank You!*

Thank you for your many  
prayers, cards, flowers and visits  
during my recovery.

~ Betty Phillips



*With Sympathy*

We offer our sympathy to the members of  
the Cathedral who have experienced the  
death of family members this past month:

Sarah Rosalee Carlton, *grandmother of Tom  
McCasland*  
Camden Bock, *nephew of Joan Bock (staff)*



# Trunk or Treat

Children of all ages came in costume to join in sharing a meal, playing games and eating candy. Thank you to all who assisted with this event!



photos by Dianne Saphiere



**Sign up  
online  
for the  
Cathedral's  
new e-mail  
news list at**



**[www.ghtc-kc.org](http://www.ghtc-kc.org)**

You can choose from these options:

- GHTC News & Updates
- Weekly Messages from the Dean
- Youth News
- Children's Formation News
- Adult Formation News
- Music Events

## Trinity Teens serve at Ronald McDonald House



photo donated

*The Trinity Teens visited the Ronald McDonald House in November. They prepared a meal and served it to the families staying at the house. For news about upcoming Trinity Teens events, visit the website [www.ghtc-kc.org/youth](http://www.ghtc-kc.org/youth).*



## Financial support of the Cathedral's mission in 2007

We give thanks for the generous pledges received as of November 28. In addition to those listed below, some making a 2007 pledge asked that their names not be printed. Pledges received through the middle of December will be added to this listed and published in the January issue of *The Angelus*. (Please notify the office of any corrections that need to be made.) Every gift is important! You may submit a pledge by filling out a card found in the Tower, or by going online to [www.ghtc-kc.org/stewardship](http://www.ghtc-kc.org/stewardship).

Tom & Charlene Atkin  
 Jean Bacon  
 Dave & Diane Barker  
 Mike & Toni Bennett  
 Thilde Beuing  
 Don & Doris Biellier  
 Frank & Harriet Bigham  
 Elmer & Lynn Binford  
 Jean Blackman  
 Shawsie Branton  
 Denny Brisley  
 Tom & Mary Lou Brous  
 John & Peg Brown  
 Barbara Buckner  
 Janece Buckner  
 Bev Burke  
 Mary Byrne  
 John & Kay Callison  
 Burton & Donna Canfield  
 Bob & Linda Carlson  
 Cecelia Carter  
 Sandra Carter  
 Earl & Nancy Cavanaugh  
 Sally Chapple  
 Sharon Cheers  
 Bill & Sharon Chinnery  
 Penny Citro  
 Matt and Heather Cleavinger  
 Wayne Coldsnow  
 Janet Conley  
 Howard & Paula Connors  
 Sara & Mark Galus  
 Walter and Kara Costner  
 James & Marti Crockett  
 Stephen & Hilda Davis  
 William & Carroll Dickinson  
 Bill & Marjorie Dietrich  
 Larry Downs  
 Jan Duncan  
 Rosemary Durkin  
 Bryan & Linda England  
 Jeanne Estevez  
 Dick & Jill Fanolio  
 Jodi Finnie  
 Joe & Jackye Finnie, Jr.  
 Bill Fisher  
 Ted & Lucy Ann Fleischman  
 Ron and Arianne Fortune  
 John & Charmaine Fowler  
 Jan Frizzle  
 Dorothy Gershman  
 Phineas & LaGretta Gitta  
 Ellen Goheen  
 Gordon Hansen  
 James Halling  
 Phyllis Hart  
 Bill Hawley & Sally Livengood  
 George & Caroline Helmkamp  
 Jeanne Henley  
 Paul Hicks  
 Thomas & Paget Higgins, III

John & Sandra Hornbeck  
 Susan Houdek  
 Barry & Mary Howe  
 Patti Howell  
 Bill & Hampton Hubbard, Jr.  
 Robert & Sharon Hudson  
 Clint and Krissy Freyaldenhoven  
 Sarah Ingram-Eiser  
 Jim & Kathy Jennings  
 Lenette & Steve Johnson  
 Michael Johnston  
 Lucille Johnston  
 Paula Kavanaugh  
 Whitney & Debbie Kerr, Jr.  
 Mike and Bonnie Kropff  
 John & Patricia Lambert  
 Susan Lenz  
 Jane Lester  
 Newt Lewis  
 Marlene Link  
 Geoff & Dianne Logan  
 Neil & Ann Lombardi, Jr.  
 David & Jennifer Lowry  
 Ruth McGill  
 Tom & Taloyre Mahoney  
 Larry and Pat Martin  
 Barbara Mason  
 Mark & Miriam Matzeder  
 Al & Sandra Mauro  
 Steve & Diane McClure  
 Ken & June McDonald  
 Bud & Candy McDowell  
 Gary & Jaunita McKee  
 Pat McKenna  
 Jae McKeown & Robin Rusconi

Ron & Carolyn McLeroy  
 Larry & Marilyn McMullen  
 DeAnn McTavish  
 Harley & Pat Miller  
 Pauline Mischanko  
 Steve & Kristy Moore  
 Chris & Peggy Morgan  
 Greg Morgan  
 Chris & Christine Morrison  
 Ben & Joyce Morrow  
 Ruth Moss  
 Jeannette Nichols  
 John & Grace Obetz  
 Randall and Elizabeth  
 Keith & Jean Oliver  
 Keith & Linda Oliver  
 William & Elizabeth Pence  
 Raymond Peterman  
 Marian Philip  
 John Phillip  
 Jim & Pattie Phillips  
 David Pierson  
 John and Shirley Platt  
 Richard Preis  
 Walt & Alison Randall  
 Jean Rau  
 Ann Reed  
 Jack Reed  
 Jacob Reeves  
 Gerry & Barbara Reynaud  
 Faye Richards  
 David & Judy Rice  
 John & Evangeline Rich  
 Faye Richards  
 Bob Richmond

Claudia Risebig  
 Meribeth Risebig  
 Chuck & Michelle Ritter  
 Mike Sancho & Bridgett Shirley  
 Grady & Carol Sanford  
 Dianne Saphiere & Greg Webb  
 Carl Sappenfield  
 John & Leona Schaefer  
 Al Schneider  
 Helen Schumacher  
 Jan Seaman  
 Pete & Barbara Seidlitz  
 Silvestre Silva  
 Michael & Elizabeth Simms  
 John Simpson  
 Andrea Skowronek and Eric Vianello  
 Rick & Susan Sommer  
 Marnell Sparks  
 Thomas Taylor & Catherine Green  
 Michael & Cathy Thomas  
 Chester Thompson  
 Carl and Sue Towley  
 Robert Trapp  
 Don and Susan Traub  
 Haywood & Lyn Walker, Jr.  
 Collin and Kelli Walker  
 Daniel Welch  
 Ferne Welles  
 Doyle White  
 Terry & Linda Sue White  
 Marjorie Williams  
 Thomas & Patty Wood  
 Pat & Kay Woolley  
 Rodger & Pat Wright  
 Sara Yocum

### Cathedral's financial status

October 2006 saw income come in \$26,000 below budget and expenses came in \$5,700 below budget. Income was below budget primarily in the pledge and plate offerings received. Pledge income varies significantly from month to month and I believe income will come in for the year close to budget. Expenses have been held this year consistently below budget for which we can thank the Cathedral staff.

Income for the year finds us within historical norms and expenses for the year are \$30,600 below budget.

— by Doyle White, treasurer

OCT MTD	BUDGETED MTD	ACTUAL MTD
INCOME	\$ 115,262	\$ 89,006
EXPENSES	\$ 142,058	\$ 136,391
<b>NET TOTAL</b>	<b>\$ (26,796)</b>	<b>\$ (47,385)</b>

OCT YTD	BUDGETED YTD	ACTUAL YTD
INCOME	\$ 1,360,212	\$ 1,295,721
EXPENSES	\$ 1,391,641	\$ 1,361,036
<b>NET TOTAL</b>	<b>\$ (31,429)</b>	<b>\$ (65,315)</b>



# FAQ Cathedral Caregiver's prayer list

## *frequently asked questions*

How do I place someone on the prayer list?

There are several vehicles.

- You can use the yellow prayer request cards found in the pews as well as in the tower entrance (immediately to the right of the door). These cards may either be placed in the offertory plates or left in the prayer box in the tower entrance;  
OR
- You can contact the Cathedral office by phone. If your call goes to voice-mail, leave the message in Canon Sue Sommer's voice-mail box (extension 107); OR
- You can e-mail Canon Sommer at [ssommer@ghc-kc.org](mailto:ssommer@ghc-kc.org).

What happens then?

- If you desire the prayers of the greater community, the name of your loved one is placed on a master list which appears on the prayer desk, as well as in the Sunday worship booklet Your loved one is also prayed for by name during the 12:05 p.m. weekday Eucharist.
- There may be situations where you prefer greater anonymity. Simply note on the card that you would like the name of your loved one given to the prayer chain only. This request will be honored.
- All names are given weekly to the members of the Cathedral Caregivers' Prayer chain. The prayer chain comprises Cathedral members and friends whose baptismal ministry is intercessory prayer. Your loved one is prayed for by name daily. The prayer chain members pray with the specific intention you request (i.e., healing, guidance, thanksgiving, peace, etc.).

I'd really like for the Cathedral clergy to know about my loved one. How should I make that happen?

The yellow prayer request cards allow you to indicate that you'd like clergy follow-up. The cards submitted on Sunday are reviewed Monday morning. If you place your loved one on the prayer list by phone or e-mail at any time during the week, simply indicate that you'd like for one of the clergy to respond.

How long does my loved one stay on the prayer list?

Persons remain on the prayer list for 30 days.

My loved one has a chronic condition. Can I just request that he/she stay on permanently?

No. Experience over the years has shown that this is not as workable an idea as might be expected. We recommend that you put a reminder in your calendar and re-submit the person's name monthly. This also gives you an opportunity to change the prayer intentions, as needed, as your loved one's condition progresses.

## Necessary Dreams: *A cooperative effort between The Dream Works and GHTC*

### Donna's Dream (#1035)

Donna is a single mom of a daughter. Donna has been diagnosed with COPD, a condition that creates extreme swelling and pain in her feet and legs. Her lack of lung capacity prevents Donna from working, so she and her daughter live only on Donna's disability income. Donna is in need of an air purifier (not a humidifier). She is able to do more things longer if the air in her house is cleaner. Medicaid/Medicare will not pay for a simple air purifier. No other agency has been willing to purchase one. *Approximate Dollar Value = \$150.00*

### Ruth's Dream (#1033)

Ruth is a 60-year-old woman who is diagnosed with renal failure. She needs dialysis regularly. The nature of her disease has left her unable to engage in much activity inside or outside her home. Her sedentary life has resulted in an enormous gain of weight. To continuing bathing, Ruth needs a bariatric shower bench. The cost of one is prohibitive for her, because she has a fixed income. No other agency is willing to help. She is requesting that a bariatric shower bench (500+ lbs capacity) be donated or purchased. *Approximate Dollar Value = \$450.00*

### John's Dream (#1031)

John is a 36-year-old man who has a spinal-cord injury. He lives independently and is involved in the community. John has bath bench that he sits on when he bathes. The bench is beginning to wear and is unstable. He needs a new one. Medicare & Medicaid no longer pay for any bathroom equipment. John is requesting a bath bench to be donated or purchased. *Approximate Dollar Value = \$350.00*

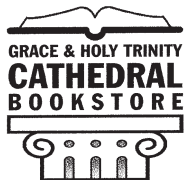
Many of us dream of having the "nicer things in life," even though in reality we already have those things. Others find themselves dreaming of necessities and small things that can make life just a little more bearable. We call these dreams, "Necessary Dreams."

*You can help make these dreams true!* The following are needs of the most critical kind. All other possibilities have been exhausted. If you can provide goods, services, or finances to fulfill these dreams, please contact Sam Satterfield at 913-281-8695 or provide your donation to The Dream Works in the Sunday plate.

It is not necessary to donate money—any donated resource, or combination thereof, will help our clients.

You may "adopt" a specific dream by utilizing the code number next to each name. For more information, please visit our Web site at: [www.TheDreamWorksinc.com](http://www.TheDreamWorksinc.com).

**Advent calendars,  
books, gifts are  
now available!**



*After both morning  
services every Sunday  
First Sunday of each  
month • after the  
5 p.m. service*



# Christmas Cookies

For guests of the Kansas City Community Kitchen, Christmas is without many of the special traditions that most of us take for granted. Very few of us are equipped to bake 500 cookies, but many of us can certainly combine our talents. To that end, please bring three or four dozen (or more) cookies to church Sunday, December 17. We will enjoy some of them at coffee hour that day and send the balance to KCCK to serve during the week before Christmas. Bless all your holy hands in advance for this bit of sharing.

Homemade is wonderful, but it is the thought that matters.



Grace and Holy Trinity Cathedral

The Episcopal Diocese of West Missouri

P.O. Box 412048  
Kansas City, Missouri 64141  
Telephone: (816) 474-8260  
Facsimile: (816) 474-5856  
Website: [www.ghhc-kc.org](http://www.ghhc-kc.org)  
E-mail: [office@ghhc-kc.org](mailto:office@ghhc-kc.org)

Non Profit Organization

U. S. Postage  
P A I D  
Kansas City, MO  
Permit Number 4220

The Right Rev. Barry R. Howe  
*Bishop of West Missouri*

The Very Rev. Terry White  
*Dean*

The Rev. Canon Susan Sommer  
*Canon Pastor and Subdean*

The Rev. Carol Sanford  
*Curate*

The Rev. Bryan England  
*Deacon*

The Rev. Bruce Hall  
*Deacon*

Mr. John L. Schaefer  
*Canon Musician*

The Very Rev. J. Earl Cavanaugh  
*Dean Emeritus*



## Weekly Activities

### SUNDAY

8:00 a.m. Holy Eucharist  
9:15 a.m. Christian Formation  
10:15 a.m. Holy Eucharist  
5:00 p.m. Order for Evening and Holy Eucharist

### MONDAY

12:05 p.m. Holy Eucharist

### TUESDAY

12:05 p.m. Holy Eucharist  
1:30 p.m. Tuesday Afternoon Bible Study

### WEDNESDAY

12:05 p.m. Holy Eucharist  
5:45 p.m. The Tallis Singers  
6:00 p.m. Grace Choraliars  
7:00 p.m. Trinity Teens Youth Group

### THURSDAY

7:00 a.m. Men's Bible Study  
9:30 a.m. Cathedral Outreach Program  
12:05 p.m. Holy Eucharist  
6:30 p.m. EfM  
7:30 p.m. Trinity Choir

### FRIDAY

9:30 a.m. Moms' Bible Study  
12:05 p.m. Holy Eucharist

## Activities for the Month of December

### 3 • SUNDAY

11:45 a.m. EV Lunch  
Music Committee  
Children's Pageant Rehearsal  
2:00 p.m. KC Chorale Concert  
3:15 p.m. Centering Prayer Group

### 5 • TUESDAY

6:30 p.m. Needlework Arts Group  
ASL (Sign Language) Class  
7:00 p.m. The Angelus Small Group

### 6 • WEDNESDAY

6:00 p.m. Wednesday Evenings in Advent

### 9 • SATURDAY

7:30 p.m. Fine Arts Chorale Concert

### 10 • SUNDAY • BLOOD PRESSURE SUNDAY

11:45 a.m. Women's Retreat Planning Meeting  
Social Action Committee  
5 & 7 p.m. Allegro Children's Community Choir Concert

### 11 • MONDAY

12:00 p.m. City Come Again  
6:00 p.m. Robbery Victims Support Group

### 12 • TUESDAY

6:00 p.m. Cancer Support Group

### 13 • WEDNESDAY

5:00 p.m. Stewardship Committee  
6:00 p.m. Wednesday Evenings in Advent

### 14 • THURSDAY

6:00 p.m. Children's Formation Support Team  
6:30 p.m. Thursday Evening Bible Study

### 15 • FRIDAY

8:00 p.m. Festival Singers Concert

### 16 • SATURDAY

4:30 p.m. Messiah Singalong

### 17 • SUNDAY

11:45 a.m. Integrity  
Children's Pageant Rehearsal  
3:00 p.m. Festival Singers Concert

### 19 • TUESDAY

6:15 p.m. Guild of the Christ Child

### 20 • WEDNESDAY

4:00 p.m. Finance Committee

### 23 • SATURDAY

10:00 a.m. Children's Pageant Rehearsal

### 28 • THURSDAY

6:30 p.m. Thursday Evening Bible Study

Please verify times and dates of the events listed with the appropriate person(s) or by contacting the Cathedral Office.

See page 3 for a complete listing of Christmastide services.