



# The Angelus

Grace and Holy Trinity Cathedral • Kansas City, Missouri

Vol. 76, No. 3 • March 2007

## FROM THE DEAN

This spring members of the Cathedral are encouraged to help make the House Abraham Builds a reality here in Kansas City. In this exciting project, the Cathedral is teaming up with St. Paul's Church and St. Andrew's Church, Kansas City, to build a Habitat Home in cooperation with members of local Jewish and Islamic communities. The Cathedral's Vestry committed to this project last Fall. Each of the three Episcopal parishes has pledged \$10,000 to the project to create a challenge fund. Congregations throughout the diocese are being asked to consider a contribution to the project, which will be matched dollar-for-dollar up to \$30,000. A Habitat house costs \$85,000 to construct. Grady Sanford will be coordinating the Cathedral's participation in the building project, and will be sharing information as it becomes available.

The House Abraham Builds will be concerned with more than building a house. This project will provide opportunities for those who belong to the three Abrahamic faiths to come together, work and break bread together, pray and learn together. We shall learn about how the Sabbath is observed in our respective traditions, as work days will be scheduled on Fridays, Saturdays, and Sundays. As the house takes shape, so will friendships and relationships that have the potential to endure and bear much fruit.

Concurrent with the building of the house there will be opportunities for others from the various faith communities to gather and learn a bit about the sacred scriptures of the three faiths, and how those scriptures are studied, followed, and prayed. The model of study is called Scriptural Reasoning, which has been endorsed by the Archbishop of Canterbury and can be found in many university chaplaincy settings, such as Duke, Virginia, Colgate, Cambridge (England) and Cape Town (South Africa).

As you can see, the project will require all sorts of volunteers, including those with construction skills and anyone eager to learn basic carpentry skills, as well as individuals who have no desire to swing a hammer but would enjoy engaging sacred texts with those of other faiths.

Finally, even as the Vestry has committed \$10,000 to the project, additional gifts from individuals will help The House Abraham Builds become a reality. Thank you for considering such a gift.

*The House Abraham Builds will provide opportunities for those who belong to the three Abrahamic faiths to come together, work and break bread together, pray and learn together.*

A grand celebration and multi-faith blessing of the completed house as it becomes a home will bring to an end this construction project, but we pray, not the relationships that we shall build along the way. Watch for information about this project to be shared in the weekly bulletin, on our web site, and in future editions of the Angelus.

May all the children of Abraham be blessed with peace.

*With affection,  
Terry+*

### A different kind of fasting

If you were able to attend one of the Ash Wednesday services, you would have heard once again the familiar summons to the keeping of a holy Lent — one which we are called to observe by self-examination and repentance, by prayer, fasting, and self-denial. Christians traditionally put flesh around this Lenten summons by giving up a favorite food or beverage during Lent, or by taking on a spiritual discipline of some sort. If you've done anything like this at any time in your life, you know that it can be a powerful experience to offer up one's longing for a favorite food or drink, or to discipline one's unruly heart in an unaccustomed spiritual exercise.

To these traditional, well-trodden paths in the Lenten Journey, let me share with you some other ideas. They represent a different kind of fasting, and are — as I continue to discover in my own life — at least as challenging as giving up chocolate or meat or your favorite beverage. I've also discovered that to fast in any of these ways has long-term spiritual benefit not only for the faster, but for the families and communities of which the faster is a part.

- 1) **Fast from indirect communication.** This is a tough one. When we're experiencing powerful emotions like anger, frustration, or hurt, we are often inclined to communicate this to everyone except the person(s) most directly involved. We do this for a variety of reasons.

*(continued on page 3)*

# Cathedral's Integrity group expands ministry

Integrity-Kansas City is happy to announce the expansion of its ministry. For close to two years the group has been meeting as a small group of Grace and Holy Trinity Cathedral. In the fall of 2005 the group was granted in-formation status by the National Integrity Board and became an official chapter as of February 15, 2007 in Integrity Inc. The chapter is open to anyone who is interested from the Kansas City area and beyond, especially those from the Diocese of Western Missouri and the Diocese of Kansas.

Integrity-Kansas City meets on the third Sunday of the month at Grace and Holy Trinity Cathedral in Kansas City, first by participating in Holy Eucharist at 5 p.m. and second by gathering in the Common Room at 6 p.m. for a meeting.

The mission and ministry of Integrity-Kansas City is to bear witness to the Gospel of Jesus to Christ to all people, with an intentional witness to Lesbian, Gay, Bisexual and Transgendered individuals, so that all who wish to live a life of faith in Jesus Christ feel safe, respected and loved within the local parish. Integrity-Kansas City is also a voice to call upon Grace and Holy Trinity Cathedral, The Diocese of West Missouri and the Episcopal Church to make available to all baptized Christians all the sacraments of the church.

Chapter members are available to provide resources, support and pastoral care for individuals and families facing issues related to both sexual identity and spirituality. Integrity-Kansas City wishes to provide a safe place for this conversation, either one on one, with a whole family or in a larger group. If you would like to talk with someone, please ask by contacting one of the members of Integrity, or by speaking to your clergy.

The following are the goals that were accepted as a part of the Integrity-Kansas City Constitution and Bylaws.

- Spiritual development: We shall strive to achieve Christian maturity

through all means at our disposal, especially through personal and corporate prayer, active love of neighbor and full participation in the sacramental life of the Church.

- Education: We shall strive to inform ourselves in all matters of faith, especially those that concern the GLBT community, so that we may develop the maturity of outlook needed to live fulfilling lives in which sexuality and spirituality are integrated and to prepare us for service in the gay and straight communities.
- Involvement: As Christian members of society, we shall become involved in those actions that bring the love of Christ to others and provide the basis for reform.
  1. We shall strive to lead a life of service to others, hoping to render visible the love of Christ and to contribute our share to building a community of love.
  2. We shall work with other homophile groups for the cause of justice, especially for GLBT persons, and shall strive to create a community of mutual support with those who share our work for justice.
  3. We shall work with other groups, both religious and secular, in order to assist in understanding GLBT persons and assist in recognition and correction of present injustices. We shall give special attention to our witness to the Episcopal Church in our area.
- Social Events: Activities of a social and recreational nature will be provided to promote an atmosphere where friendship can develop and mature, and where a sense of acceptance and wholeness may be experienced, strengthened and nurtured by gay and lesbian persons.

This ministry comprises of straight and GLBT people that feel a call to work and pray together, within the life in the Episcopal Church, until all people know the Love of God in Christ Jesus, and are welcomed to the Table. If you would like to know more, call the GHTC office, or go to the [www.IntegrityUSA.org](http://www.IntegrityUSA.org) web site, or come to one of the meetings. All are welcome.

— by Adam Wade Duncan

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## February's memorials and thanksgivings

February 4 • The flowers at the altar are given to the glory of God and in thanksgiving for the Cathedral and in thanksgiving for their granddaughter, Sarah Richmond McMullen, by Larry and Marilyn McMullen. At the baptismal font, flowers are given in loving memory of her son, Eric, by Miriam Marrs. At the chapel altar, flowers are given in thanksgiving for the birthday of Eleanor Gordon by Alan and Phyllis Ryder. Memorial candles are given in loving memory of her mother, Harriett Grant, by Elaine.

February 11 • The flowers at the altar are given to the glory of God and in thanksgiving for Bill Buckner by Barbara and Bob Buckner; and in loving memory of her father, Chester Wright, by Suzanne. At the chapel altar, flowers

are given in thanksgiving for the birthday of Bryan Ryder, by Alan and Phyllis Ryder.

February 18 • The flowers at the altar are given to the glory of God and in thanksgiving for their grandson, Matthew James McMullen, by Larry and Marilyn McMullen; and in loving memory of her father, William H. Shackelford, Jr. by Mr. and Mrs. Charles N. Seidlitz, Jr.

At the chapel altar, flowers are given in thanksgiving for the wedding anniversary of Ken and Judy Ryder by Alan and Phyllis Ryder and in memory of Helen Frances Rusconi, by Robin Rusconi and Jay McKeown.

February 25 • The arrangements at the altar are given to the glory of God and in thanksgiving for the clergy and staff and members of GHTC.

## The Angelus

*A laypersons' newspaper published in the interest of Grace and Holy Trinity Cathedral.*

*The Angelus Small Group Contributors:*

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Submissions from parishioners and small groups are welcome and encouraged. All entries are requested by the 15th day of the month prior to publication via fax: (816) 474-5856 or e-mail: [communications@ghtc-kc.org](mailto:communications@ghtc-kc.org).

## Adult Formation

March 4-April 1

### Handel's Messiah: A Lenten Reflection

Led by David Rice, member

Common Room • Sundays at 9:15 a.m.

The majesty and pathos of George Frederick Handel's *Messiah* has inspired generation upon generation. Last year, during Advent, David Rice led discussions on the first part of the oratorio, particularly in terms of the scriptural and historical basis of the masterwork. For Lent, we will be listening to selections from the second half of *Messiah* in a more reflective mood, sharing with one another our reactions to the power of the Word and the music to provoke and express our deepest spiritual yearnings. Come, and revisit the *Messiah* during this Lenten season.

The next Regional Gathering of the Lay Academy will be Saturday, March 10 at All Saints' in Nevada.

**Topic:** Church History

**This session:** Heresy Now!  
— Back to the Future

**Presenters:** Dr. Ann Marie Shannon, The Rev. Cathy Cox, The Rev. Steve Wilson, The Ven. John McCann

**Cost:** \$10, paid at check in

**Times:** Check-in begins at 8:30 a.m. The session will run from 9 a.m.-3 p.m. Please bring your lunch.

To reserve your spot please e-mail [MotherMcCann@prodigy.net](mailto:MotherMcCann@prodigy.net).

## Adults and children together against violence

The Jackson County Children's Division has invited Cathedral and other community members to participate in the following Community Education programs which will be hosted at Grace and Holy Trinity Cathedral. These classes are offered as continuing education credit and support for foster parents, but should also be of interest to concerned parents, teachers, and other community leaders.

The programs were developed by the American Psychological Association and are presented under the name of "ACT" Training, with ACT standing for "Adults and Children Together against Violence". There are four elements: Anger Management, Media Violence, Discipline and Social Problem Solving. Advanced Registration is desired. Interested participations may send RSVP Reservation requests to Amy Mandina, STARS training coordinator, 816-889-2002 or e-mail [Amy.Mandina@dss.mo.gov](mailto:Amy.Mandina@dss.mo.gov).

- **ACT: Social Problem Solving**, Tuesday, April 24, 6-9 p.m., Multipurpose Room.
- **ACT: Anger Management**, Tuesday, June 19, 6-9 p.m., Multipurpose Room.
- **ACT: Media Violence**, Friday, September 21, 6-9 p.m., Multipurpose Room.



We offer our sympathy to the members of the Cathedral who have experienced the death of family members this past month:

Ron Michka, Sr. (father of Ron Michka)  
Martha McPhee (sister of Mark McPhee)  
Cameron Kelly (son of Karla Kelly)  
Mildred Arnold (member)  
Kenneth Rice (uncle of Steve Johnson)

## Spring forward

Starting in 2007, daylight savings time begins on the second Sunday in March and ends on the first Sunday in November.

So, remember to "spring forward" at 2 a.m. March 11!



## a different kind of fasting

*continued from page 1*

Sometimes we fear being hurt, frustrated, or enraged further by talking directly. Sometimes we fear that we'll lose control or personal autonomy. Sometimes we don't want to put ourselves in a vulnerable position of revealing the depth of our emotion to the person directly involved. Sometimes it's a habit formed early in life.

- 2) **Fast from personalizing.** One sure sign that we are heading toward physical, emotional, or spiritual burnout is when actions taken by others seem intentionally formulated to insult, alienate, or marginalize us. A recent example of this in my own life was an e-mail I received from the organizers of a conference I'll attend in April, reminding me for the 3<sup>rd</sup> time to complete an online survey instrument by a deadline of which I was well aware and which, at the time, was 3 weeks away. I got almost immediately hooked by what seemed to be presumptuous nagging and over-functioning. To fast from personalizing means to let stuff go, to not get hooked, to see the bigger picture, and where possible to find humor in it.
- 3) **Fast from emotional reactivity.** Emotional reactivity means that we allow the emotional centers of our brains to drive our actions in response to stimuli, rather than to engage our higher thinking capacities. A good recent example of emotional reactivity in my own life would be letting my anxiety about a diocesan liturgy that the Cathedral was hosting but not planning lead me to over function and thereby raise the anxiety level of everyone around me.
- 4) **Fast from negativity.** We all look at life through certain lenses — lenses which are refined and shaped both by our life experiences and our culture. To fast from negativity means to choose intentionally a generous lens through which to view the world. Before weighing in on any topic of conversation, those who choose to fast in this way first ask themselves, "Is what I mean to say factual? Is it kind? Is it helpful? Does it empower community?"

If any of these opportunities to fast sound familiar to you, congratulations, you're part of the human race. To attempt even a short fast in just one of these areas, I've discovered, can bring about enormous benefit both spiritually and emotionally.

— by the Rev. Canon Susan Sommer

## God and Family award



*photo by Chris Morrison*

*In February, Daniel Saphiere, Ben Mossie and Jon Moore were presented with their God and Family awards.*

## Burying the “Alleluia”



*photo by Chris Morrison*

*Traditionally, the last Sunday after Epiphany marks the last time “Alleluia” is said, chanted or sung until Easter.*

*Our Cathedral children helped symbolize this by “burying” the Alleluia near the baptismal font, where they will remain until Easter.*



## Cathedral members join the ONE campaign

As a part of our commitment to achieving the Millennium Development Goals, the Episcopal Church has entered an exciting partnership with ONE: The Campaign to Make Poverty History. In doing so, we join dozens of other organizations, businesses, and denominations around the globe who are committed to ending global poverty through relief work, as well as advocating to increase the US Government’s commitment to Third World aid, debt relief, and fair trade policies.

The purpose of the ONE Campaign is not to raise money; rather it exists to raise awareness of the devastating effects of poverty, and to raise our collective consciousness to the potential we have to remove extreme poverty from our global community. ONE asks every individual who would like to see potential become reality to sign the ONE Declaration, a brief statement symbolizing our unity as a nation in this endeavor.

The signatures on the Declaration are sent to the US Congress in an effort to urge lawmakers to take action. The ONE web site puts it this way: “ONE aims to help Americans raise their voice as ONE against the emergency of AIDS and extreme poverty, so that decision makers will do more to save millions of lives in the poorest countries.” What ONE urges lawmakers to do is to increase our financial commitment to global aid to equal one percent of our nations GDP; currently, it only equals 0.22%.

A great example of how businesses have become involved in poverty reduction is ONE’s project called Product (RED). A group of corporations including Motorola, Gap, Apple, and Converse shoes have all created products bearing the (RED) label. A portion of the profits from these products are given toward the Global

Fund to help fight HIV/AIDS in Africa. For example, every (RED) iPod Nano sold means \$10 is given to the Global Fund.

Bono, the lead singer of the rock band U2, is the lead spokesperson for ONE, and his rock star popularity has helped bring the issues surrounding global poverty to a very eclectic mix of audiences. At the Episcopal Church General Convention last year, the music of U2 was used in a special worship gathering called U2charist, which focused the attention of the service on the ONE Campaign and the Millennium Development Goals.

Bono made a splash last year at the President’s Prayer Breakfast when he urged the nations religious and political leaders by saying, “There is a continent—Africa—being consumed in flames. I truly believe that when the history books are written, our age will be remembered for three things: the war on terror, the digital revolution, and what we did—or did not do—to put the fire out in Africa.”

Across the United States, groups are gathering in their communities to form local chapters of the ONE Campaign. The Kansas City chapter, KC ONE, has already been active for over two years. KC ONE made its presence known in Kansas City last year, sponsoring events such as a dialogue on race issues at the Plaza Library on Martin Luther King Jr. Day, as well as an art show featuring local artists’ work on the theme of poverty. In addition, KC ONE spent 2006 meeting regularly for conversation and coffee, and going out to public settings to gather signatures on the ONE Declaration.

KC ONE has already held two gatherings in the New Year. The first was a meeting to generate ideas and goals for 2007 in which

they discussed the possibilities for partnerships in our local community. They brainstormed and generated a list of local businesses, faith groups, and non-profit organizations that would be interested in poverty reduction, both global and local. They also discussed the possibility of another ONE art show to be held on a First Friday in the Crossroads district.

At the second gathering, the KC ONE group watched two videos followed by a brief discussion. The first video was produced by World Vision, an organization that sponsors children and assists in developing sustainable communities in Third World countries. World Vision is also one of the 11 founding organizations of ONE. The second video was made by Willow Creek Community Church and Rick Warren, a pastor/author with a commitment to poverty reduction and the AIDS crisis in Africa.

In the coming year, there will be several opportunities for the Cathedral to be involved in the ONE Campaign as well as KC ONE, especially for youth and young adults. In the meantime, keep an eye out for a ONE Campaign table set up at coffee hour or a Cathedral event where you will be able to sign the Declaration and receive a ONE wristband.

To find out more about becoming a ONE Episcopalian, visit [www.episcopalchurch.org/ONE](http://www.episcopalchurch.org/ONE). To learn more about what KC ONE is doing on a local level and when events are happening, visit [www.kc-one.blogspot.com](http://www.kc-one.blogspot.com).

If you are interested in being more involved, or have any ideas of ways the Cathedral can be involved in the ONE Campaign, please e-mail Andrew Johnson at [andrewjohnsonkc@gmail.com](mailto:andrewjohnsonkc@gmail.com).

— by Andrew Johnson

## Cathedral R.A.M.P. Program

"J" is a client who recently visited our housing assistance program. She works full time, but is one of the "working poor" who live on the edge financially. She was recently pushed over the edge by major repairs needed on the transmission of the car that gets her to and from her job. In many cases, there simply is no room in the budget for unexpected expenses such as this. She was referred to us, and we were able to help her with a partial payment to keep her in her current housing.

"C" is another client whom the program recently assisted. She is on a fixed income of social security and disability for the blind. Some recent medical expenses put her rental housing at risk, and we were able to assist her as well. These are the type of people this program assists.

During the past two months, this program has undergone some major transitions. For one thing, we have a new program administrator — Priscilla Brown — who is a member of the Cathedral and of the Social Action Committee. The program has also been renamed the Cathedral RAMP Program. "RAMP" stands for "Rental Assistance and Mortgage Payments." And the name describes what the program does. As Priscilla puts it, "We provide a ramp to help get families over difficult financial times due to unexpected emergency expenses."

The program used to provide utilities assistance as well, but it is presently restricted to rental and mortgage assistance. Sandra Hornbeck as chair of the Social Action Committee stated that this was done "in part because there are more sources for utilities assistance than housing assistance, and in part because the committee felt that enabling someone to stay in their home was the higher priority."

The program is currently open only the first and third Thursday of each month. This was done for the convenience of the clients of this program. Funds availability and cash flow limit our expenditures each month, and by limiting the number of times we are open each month, we are able to assist a larger percentage of the people coming in for assistance.

This coupled with increased funds in the 2007 Cathedral Budget, improvements in our document flow, new features in the telephone system, a children's play area from the Guild of the Christ Child, and additional volunteers for the program all add up to us being able to assist more people in a friendlier and more loving environment.

Still, not all of our stories are happy ones. We regularly have to turn some people away — sometimes because they are too far behind for us to provide them with any meaningful assistance, and sometimes simply because we have run out of funds for the current service period. During one of our sessions in February, one individual who we couldn't assist left in tears.

A priority is to continue to look for ways in which we can provide meaningful referrals to other sources of help, but the need is simply larger than the current available resources. It is for this reason that we give thanks for your assistance through special gifts to this program, participation in events like our Chili Cook-off, and prayers for both our clients and our volunteers.

*"We provide a ramp to help get families over difficult financial times due to unexpected emergency expenses."*

## Cathedral's children learn to care for God's creation

*One's life does not consist in the abundance of possessions. Luke 12:15*

Our Cathedral children live in a world of great abundance. Abundance, through God's grace, that affords our children full tummies at night, the freedom to play under sunny skies without the terror of civil unrest, and as children, ensures that they never endure work any harder than mowing the lawn or shoveling the driveway. It allows our children to walk in green spaces and sanitary streets. Abundance includes the absurd privilege to purchase new jeans calculatedly faded and torn, for them, by factory machinery. Abundance creates a lifestyle for our children that will never compel those, while still so young, to know a life so difficult that they are personally responsible for the fading and tearing of their own jeans. Would it were so for all children.

While we are thankful, that our children have such seemingly carefree lives, in our abundance our acceptance of this heavenly status quo can create complacency. As parents, teachers and caring adults we must be vigilant in teaching our children that it is *because* of the abundance of God's blessings we are obligated, as Christians, to share in our abundance, to be good stewards and contribute to the well-being of the world.

*As a man thinks in his heart so is he. Proverbs 23:7*

To model the behavior of a thoughtful and thankful fellow human being is one of the best ways to pass along these values to the next generation. The classrooms and chapels in Haden Hall are full of the abundance shared through good stewardship. Formation has an obligation to distribute this abundance through the hearts and minds of our littlest loved ones. Our classrooms use visual and tactile materials as well as a thoughtful curriculum to appeal to multiple intelligences. Our chapels, adorned with liturgical banners and linens, create an awareness of sacred space as a place of reverence and foster appropriate behavior and care for materials. The chapel plate offerings go to support three children, and their communities, in Ecuador, India and Uganda, through Plan USA.

Mini-MN and Junior Community Kitchen play spaces provide hands-on lessons in stewardship. The rotating wardrobe lets children dress up in pretend clergy chasubles and stoles. The play setting focuses on social and spiritual outreach while teaching the children to care for their own church space. Upon entering the play area children agree to be nice, tidy up and have fun!

*So teach us to count our days that we may gain a wise heart. Psalm 90:12*

Children's Formation is taking a step toward teaching the value of caring for the earth. We have stopped using disposable cups for our weekly feasts and will encourage children to reduce waste and energy consumption in every day life. We are presenting Globe Buddies Sunday, an environmental awareness day, on April 29. Our hope is that all Cathedral adults will join us in leaving clean spaces as you find them, turning off what you turn on and making responsible choices when using disposable items.

We would love for you to come see what we're up to in Children's Formation. On March 11, Children's Formation will host the coffee hour following the 10:15 service in Haden Hall. Come let us share our abundance with you!

— by DeAnn McTavish

### Upcoming events in Children's Formation

- **March 11:** Coffee hour in Haden Hall following 10:15 service
- **April 8:** Easter Sunday (No 9:15 classes)  
Flowering of the Cross, 9:45 a.m. in Haden Hall; Cross Processional, 10:15 a.m. in Nave; Children's Chapel following procession.  
(We need adult volunteers for supervision.)
- **April 29:** Globe Buddies Sunday, in Haden Hall, following the 10:15 service
- **May 6:** "Fellow"-ship Sunday, 9:15 a.m. (details coming soon)

# PanCakE BreakFasT

## raises Money For ANti-HUNger MINistries



photos by Chris Morrison and Gary Hicks

## March calendar

March includes one major feast day, the Annunciation, plus the days on which we remember Joseph, the human father of Jesus, and many others who left a strong mark on how we practice our faith today.

The accomplishments of a few are mentioned here briefly. You can read more about each person at <http://satucket.com/lectionary/Calendar.htm>.

- 1 • David, Bishop of Menevia, Wales, c. 544 — Founded a monastery in Wales, and was responsible for much of the spread of Christianity there. He is considered the "apostle" of Wales, similar to Patrick's role in Ireland.
- 3 • John and Charles Wesley, Priests, 1791, 1788 — Founders of Methodism, a strict adherence to the worship and discipline of the Book of Common Prayer. Originally intended their "Methodist Societies" to be groups in the larger Anglican Church, but they eventually developed independently. Known for strong preaching and hymn writing, they found value in learning the Gospels using lessons learned from a classical education.
- 9 • Gregory, Bishop of Nyssa, c. 394 — Extremely devout brother of Basil the Great. He was elevated to bishop over his own objections (and skills) to increase the number of friendly bishops who could oppose an anti-Christian emperor. Prolific writer.
- 12 • Gregory the Great, Bishop of Rome, 604 — Highly influential pope and writer. He was a creative and organized pastor who trained musicians (namesake of Gregorian Chant) and wrote a detailed lectionary that was used for 1,300 years. Also sent missionaries to England to preach the Gospel to pagan Anglo-Saxon tribes.
- 13 • James Theodore Holly, bishop of Haiti and Dominican Republic — The descendant of freed slaves who later became the first African-American bishop in the Episcopal Church. In the 1856 General Convention, challenged the Church to oppose slavery. Settled in Haiti in 1861 where he built schools and grew the church.
- 17 • Patrick, Bishop and Missionary of Ireland, 461 — Bishop and missionary in Ireland, which he almost single-handedly converted from paganism.
- 18 • Cyril, Bishop of Jerusalem, 386 — Helped form the Nicene Creed assertion that the Son is "one in being" with the Father but was exiled at various times for later back-tracking from this position and trying to find a more universally agreeable formula. He finally agreed with the original position. Developed the Holy Week liturgy calendar that is still used in modern form.
- 19 • Saint Joseph — Well-known for being the human father of Jesus, he was a descendant of David who worked as a carpenter. His dedication to Mary in difficult times is seen as a model of strength and the importance of fatherhood.
- 20 • Cuthbert, Bishop of Lindisfarne, 687 — Preferred to live as a hermit but felt a duty to be a faithful minister. He helped introduce Roman customs into the English church. Traveled frequently to preach and minister in remote and sparsely populated areas of north England.
- 22 • James De Koven, Priest, 1879 — Professor and Warden of Racine College, an Episcopal college in Wisconsin. Emphasized the real presence of Christ in the Eucharist over the anti-Roman Catholic sentiment in the Episcopal Church at the time. Also defended "ritualistic" practices such as the use of candles, incense, bowing and kneeling during worship.
- 25 • The Annunciation of Our Lord Jesus Christ to the Blessed Virgin Mary — See Luke 1:26-38 and countless depictions in painting, music, poetry and other art forms. Nine months before Christmas, commemorates Gabriel's visit to Mary when he tells her God has chosen her to bear Christ.
- 27 • Charles Henry Brent, Bishop of the Philippines, and of Western New York, 1929 — Missionary bishop to the Philippines who worked to convert non-Christians, stop narcotics trade and develop Christian unity.
- 29 • John Keble, Priest, 1866 — His public chiding of judges and other court officials for turning away from God inspired the "Tractarian Movement," which emphasized the importance of the ministry and sacraments as God-given rules. Helped bring weekly Eucharist to the Anglican Church.
- 31 • John Donne, Priest, 1631 — Well-known poet who was also renowned in his day for his preaching.

## Shave and a Hair Cut, Two Bits

Not exactly! But on March 18, you can enjoy Rossini's classic *Barber of Seville* while ushering for the Lyric Opera and earn money for the Cathedral's social outreach ministries. No experience required—either as a barber, singer or an usher.

Here's how it works:

- To volunteer, contact Gary Hicks at 816.699.2224 or 816.941.7295 or [gary@garyhicks.net](mailto:gary@garyhicks.net).
- On Sunday, March 18, wear black on the bottom and white on the top and meet us in the inner lobby of the Lyric Theatre at 12:30 p.m. The Lyric is at the corner of 11th and Central. Free parking on the streets around the theater should be available or park at the Cathedral and walk to the Lyric.
- We will have a briefing of your duties and preview of the opera, and you will then help serve as a volunteer usher. The opera begins at 2:00, and you can enjoy the opera along with the patrons.
- You may leave after the last intermission or stay for the entire production.

Again, to volunteer for this terrific opportunity to help both the Lyric Opera and the outreach ministries of the Cathedral, please contact Gary Hicks.

## Cathedral's financial status

| JAN MTD   | BUDGETED MTD | ACTUAL MTD  |
|-----------|--------------|-------------|
| INCOME    | \$ 100,917   | \$ 85,047   |
| EXPENSES  | \$ 148,170   | \$ 132,577  |
| NET TOTAL | \$ 47,253    | \$ (47,530) |

January 2007 saw income received \$15,900 below budget, this shortfall was almost entirely due to a shortfall in pledges received. Expenses for January 2007 were \$15,500 below budget, this represents continued good management of the Cathedral's resources by the Cathedral staff.

Thanks to all of you who have pledged in 2007, if you have not as yet pledged, please prayerfully consider doing so. Your pledge is very important if the Cathedral is to be able to carry out its essential ministry.

— by Doyle White, treasurer

## The Passion of our Lord according to St. Matthew

In one of the most massive undertakings by our choirs, along with the William Baker Festival Singers, Johann Sebastian Bach's monumental Passion of our Lord according to St. Matthew will be presented on Saturday March 31, beginning at 2 p.m. The choral musicians will be accompanied by a chamber orchestra. Guest soloists will sing the demanding roles of the Evangelist and Jesus; soloists from the two choruses will sing the recitatives and arias which are reflections on the passion narrative.

Composed in 1727, the Matthew Passion has been described as being a reflective of Christ the Redeemer. There are two parts to the work; the first begins with a massive choral work for two choirs and a young persons' chorus. The narrative thereafter begins in the upper room and proceeds to Christ's being led away from the Garden of Gethsemane.

Part two tells of the events of Good Friday, from the various interrogations

to the Crucifixion. Throughout the work, there are Chorales which would have been very well known to the congregations of Bach's time.

The work is a long one—we expect to finish about 5:30 p.m. We hope that we will capture the essence of the work and enrich the lives of the listeners and musicians.

The performance is a ticketed event. Tickets are available through the Central Ticket Office (816) 235-6222; the prices are \$15 for adults, \$10 for seniors and students, and free for those 12 years of age and under. Tickets will also be available from Choir members.

To prepare for your hearing the Passion, please attend John Fowler's presentation at the Lenten Academy. John has done considerable research and reflective study and is offering a wonderful preparation for the event March 31.

— by Canon John Schaefer

## Taijé Service

March 28 • 7 p.m. • Founders' Hall

*A quiet simple way of prayer for people of all Christian traditions. This is a meditative, candlelit service of simple chants, rich silence, scripture readings and prayers.*

Guild of the Christ Child welcomes your donations of individually-wrapped candies for the Cathedral Easter Egg Hunt. Please drop your candy in the basket in the tower, anytime between now and Good Friday. Thank you!



Our web site is updated weekly—sermons, announcements, pictures and more! Visit us today.

[www.ghc-kc.org](http://www.ghc-kc.org)

# Weekdays in Lent

Morning Prayer • 8:30 a.m.  
Holy Eucharist • 12:05 p.m.

# Lenten Academy

It's not too late to be part  
of Lenten Academy.

Find out all the details on  
our web site:  
[www.ghkc-kc.org/lent](http://www.ghkc-kc.org/lent)



*The Episcopal Diocese of West Missouri*

**Grace and  
Holy Trinity  
Cathedral**

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| March 2007 |    |    |    |    |    |    |
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| 11         | 12 | 13 | 14 | 15 | 16 | 17 |
| 18         | 19 | 20 | 21 | 22 | 23 | 24 |
| 25         | 26 | 27 | 28 | 29 | 30 | 31 |

The Right Rev. Barry R. Howe  
*Bishop of West Missouri*

The Very Rev. Terry White  
*Dean*

The Rev. Canon Susan Sommer  
*Canon Pastor and Subdean*

The Rev. Carol Sanford  
*Curate*

The Rev. Bryan England  
*Deacon*

The Rev. Bruce Hall  
*Deacon*

The Rev. Dr. Michael Johnston  
*Scholar-in-Residence*

Mr. John L. Schaefer  
*Canon Musician*

The Very Rev. J. Earl Cavanaugh  
*Dean Emeritus*

## Weekly Activities

### SUNDAY

8:00 a.m. Holy Eucharist  
9:15 a.m. Christian Formation  
10:15 a.m. Holy Eucharist  
5:00 p.m. Order for Evening and Holy Eucharist

### MONDAY

12:05 p.m. Holy Eucharist

### TUESDAY

12:05 p.m. Holy Eucharist  
1:30 p.m. Tuesday Afternoon Bible Study

### WEDNESDAY

12:05 p.m. Holy Eucharist  
5:45 p.m. The Tallis Singers  
6:00 p.m. Grace Choraliers  
7:00 p.m. Trinity Teens Youth Group

### THURSDAY

7:00 a.m. Men's Bible Study  
9:30 a.m. Cathedral R.A.M.P. Program  
12:05 p.m. Holy Eucharist  
6:30 p.m. EfM  
7:30 p.m. Trinity Choir

### FRIDAY

9:30 a.m. Moms' Bible Study  
12:05 p.m. Holy Eucharist

## Activities for the Month of March

### 4 • SUNDAY

11:45 a.m. Music Committee  
3:15 p.m. Centering Prayer Group

### 6 • TUESDAY

6:30 p.m. Needlework Arts Group  
7:00 p.m. *The Angelus* Small Group

### 7 • WEDNESDAY

6:00 p.m. Lenten Academy

### 11 • SUNDAY • BLOOD PRESSURE SUNDAY

11:45 a.m. Social Action Committee

### 12 • MONDAY

4:30 p.m. Buildings and Grounds Committee  
6:00 p.m. Robbery Victims Support Group

### 13 • TUESDAY

6:15 p.m. Cancer Support Group

### 14 • WEDNESDAY

6:00 p.m. Lenten Academy

### 18 • SUNDAY

12:30 p.m. Ushering at the Lyric  
3:15 p.m. Centering Prayer Group  
5:00 p.m. Integrity

### 20 • TUESDAY

6:00 p.m. Guild of the Christ Child

### 21 • WEDNESDAY

7:30 a.m. Finance Committee

### 24 • SATURDAY

9:00 a.m. Catechumenate Retreat Day

### 26 • MONDAY

6:00 p.m. Robbery Victims Support Group

### 28 • WEDNESDAY

7:00 p.m. Taizé Service

### 29 • THURSDAY

9:00 a.m. Palm Cross Day

**Palm Cross Day**  
**Thursday, March 29**  
**9 a.m.**

Join us to make crosses out of  
palm leaves in the Common Room.

*Please verify times and dates of the events listed with the appropriate person(s) or by contacting the Cathedral Office.*