



The Angelus

Grace and Holy Trinity Cathedral • Kansas City, Missouri

Vol. 76, No. 6 • June 2007

FROM THE DEAN

I am pleased to announce that R. Joseph Behen has accepted an offer to join the Cathedral staff as a Clergy Assistant. Following his ordination to the Sacred Order of Deacons June 2, Joe will assume his duties at the Cathedral June 25.

Joe will have special responsibilities for junior and senior high youth ministry, young adult ministry and pastoral care. He will be the staff liaison to the Cathedral's outreach ministries. He will also share in liturgical and preaching responsibilities.

Joe and his family will be coming to Kansas City from Austin, Texas, where Joe has just completed his Master of Divinity degree from the Episcopal Theological Seminary of the Southwest (ETSS). Prior to entering seminary, Joe and his family were members of Good Shepherd Church in Kansas City where Joe was chair of the Outreach Committee and a member of the vestry.

His experience at Good Shepherd, his seminary training and a set of ministry skills and interests will enhance our life together at the Cathedral. He views Christian Formation and Education—community growth—as happening through the integration of personal and community disciplines and habits, social interactions, and an overall view of life which leads to the creation and/or sustaining of a coherent Christian life practice.

He hopes his preaching, teaching and spiritual guidance will help the community see where God is in each of our lives and in the world, and to discern, through scripture and tradition, what our lives should look like in our own time and place. Joe also has an interest in relating liturgy to life—seeing the world theologically and seeing life in worship experiences.

A graduate of Central Missouri State University in War-

rensburg, Joe worked in the Kansas City area at Tension Envelop Corporation for sixteen years prior to his graduate work at ETSS. Joe is married to Karen and has two children, Samantha and Mikaelee.

Please look for Joe and his family at the end of June and offer them a warm welcome to the Cathedral community.

I am also pleased to announce that the Rev. Carol Sanford will have the title of Priest Associate as she continues her ministry at the Cathedral. As Carol wrote in the May issue of *The Angelus*, "While I will continue to be a part of the liturgical, sacramental and spiritual life of the Cathedral, I will also be pursuing my vocational call towards retreats, workshops and conversation away from GHCTC." I am delighted that we will continue to be blessed by Mother Carol's gifts even as she fulfills the call to share those gifts beyond our walls.

Let us give thanks for these servants God has called to be among us, and let us pledge to do all in our power to uphold them in their ministries among us.

With affection in the Risen Christ,
Terry+



photo contributed
Joe and Karen Behen with their daughters Samantha and Mikaelee.

Going for a tune-up

Several months ago, I was privileged to be able to attend a CREDO conference in Richmond, Va.

In addition to being Latin for "I believe," CREDO is an acronym for Clergy Renewal, Education, and Development Opportunity. It is completely funded by the Church Pension Group of the Episcopal Church; the entire cost of the 8-day conference, including airfare, was picked up by the CPG. Clergy are randomly drawn from the Pension Fund database. Selection criteria is age-related; I was there with 27 other priests between the ages of 40-55. Some of us had been ordained for 25 years. Others of us were just coming up on our second anniversary of ordination. Some of us were from large parishes, others of us came from little mission churches. We were there from three coasts and everywhere in between.

CREDO is ... well ... sort of a tune-up for priests. The presumption is not that we're all burned out; rather, the presumption is that burn-out can happen

(continued on page 2)

Summer Sundays in Children's Formation • June 10-July 29

9:15-10 a.m.: The Word & Cathedral

The Word: story time for pre-kindergarten children and new kindergarteners and their parents in the Louise Barton Memorial Children's Library in Haden Hall

Cathedral: learn about the form and function of cathedrals and work as a team to make a cathedral model. For children entering 1st grade through 5th grade.

10:15-The Peace: Children's Chapel

Lambs (Age 3-kindergarten) and Disciples (1st-3rd grade) will meet together in the Lambs Chapel.

going for a tune-up

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easily if clergy don't have the tools for self-care. CREDO is all about the tools.

And they're very thorough. For a period of time leading up to the Conference, as well as concentrated time at the Conference itself, participants are called to do some intensive reflection on our vocation, on our spiritual life, our physical health, and our emotional well-being. Those of us who have families were also invited to reflect on those four areas with respect to our spouses and children. I grumbled good-naturedly (along with many of my CREDO colleagues, as it turned out) about how all of the prep work had become my new hobby during Lent.

For example, I was required to get a complete physical, and then to confess to a Mayo Clinic website my waist and hip measurements, BMI, blood pressure, LDL, HDL, and triglyceride levels. I had to re-create our family's monthly/yearly budget and gather all of our retirement/savings information to bring with me to the Conference. I had to reflect on what had called me initially to the priesthood and what relationship the intervening 17 years have had to that vocational call.

I was asked to reflect on my spiritual practices and how they have evolved over the years. I was asked to reflect on family and stress and job satisfaction and a whole host of things that usually get reflected on only when we priests are job hunting, which I haven't done in nine years. Finally, the wardens and my Cathedral colleagues spent a good deal of time answering the same 93 questions that I also answered about various aspects of my job, how relatively important each is and how well (relatively speaking) I do each one.

In other words, I was all but exhausted by the time my plane landed in Richmond, Va.

Make no mistake, it was no 8-day cruise in the Caribbean. The days were long. We typically got underway at 7:30 a.m., and went straight through until about 8:30 p.m.

or 9 each evening. There was some down time, but not very much. It was, however, profoundly enriching and extremely affirming, and for that reason, one of the most refreshing weeks I've had in a long time. In retrospect, several enormously positive things came from this Conference. In no particular order, I'll list a few.

It is a rare experience for professionals in 2007 to be affirmed as a group. Those of you who work (or are retired from) a profit or a nonprofit organization know what I'm talking about. Certainly, most of us clergy are fortunate enough to be in congregations that appreciate us; but virtually all of us were from parishes where financial resources are limited, where continuing education dollars barely cover a conference registration fee, much less airfare and accommodations. The Church Pension Fund spends \$5000 per priest at CREDO. It feels good to be part of a national church that values its clergy and is committed to our well-being. We Episcopalians rightly should feel proud of that farsighted nurturing of ordained leaders.

The opportunity to take a week of intentional reflection, prayer and engage in some vocational/emotional/financial/and physical tuning-up is phenomenal. We clergy tend to go from one thing to the next most days; long range planning time typically centers on the lives of our parishes. To be able to focus that time on self is a rare privilege.

The chance to hang out with fellow clergy for eight days was a real treat. I knew three of the other participants from seminary and from my time in the Diocese of Chicago. I knew people in common with virtually all of the rest because, of course, there's one degree of separation among Episcopal clergy. To the person, I'd be delighted to have any of them as colleagues. I found them bright, funny, caring, talented, and thoughtful. I came away from CREDO enormously hopeful about the future of our Church.

— by the Rev. Canon Susan Sommer

Adult Formation

Sundays at 9:15 a.m.
Common Room

An Anglican Covenant? June 3, 10, 17

Dean White will lead a three-week series on the first draft of an Anglican Covenant between the Provinces of the Anglican Communion.

The Covenant Design Group appointed by the Archbishop of Canterbury has produced a Draft Covenant (www.aco.org/commission/d_covenant/index.cfm) that Anglicans are encouraged to study and respond to. The Episcopal Church has produced a study guide (www.episcopalchurch.org/gc.htm) which will be discussed in class.

For extra credit: anyone who wishes to study the document ahead of these classes and submit responses to the Executive Council of the Episcopal Church may do so until June 4. The leadership of the Church wants to hear from you! Email your responses to the Secretary of General Convention at gcsecretary@episcopalchurch.org.

Visit the Cathedral website
and see what's new!

www.ghc-kc.org

The Angelus

A laypersons' newspaper published in the interest of Grace and Holy Trinity Cathedral.

The Angelus Small Group Contributors:

Emily Akins

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Submissions from parishioners and small groups are welcome and encouraged. All entries are requested by the 15th day of the month prior to publication
via fax: (816) 474-5856
or e-mail: communications@ghc-kc.org.

Travel to Galilee this summer

Picture yourself in Galilee By-the-Sea, our Vacation Bible School family session, June 18-21 7-8:30 p.m in Haden Hall auditorium. Galilee By-the-Sea recreates the ancient city where everyone says "Shalom" and explores the culture of the world of Jesus. Through traditional Bible times clothing, customs, food and games, the life and times of Jesus come alive. The Gospel of Matthew is our Daily Bible Point source and focuses on the many things Jesus does for us!

Meet new friends, in Galilee, while forming Tribes of Israel with matching bandannas and banners and wearing traditional dress. In the Synagogue, discover what "church" was like for Jesus. Wander into a colorful marketplace with shops to do "carpentry," make jewelry and "stone" carvings. Play Bible Point games at the Seaside Playground. Learn about the Bible as you gather together for prayer and share your

day as a family. Lots of opportunities for older child and teen helpers! What fun it is to share with those we love!



Registration is required and a donation of \$10 per family is suggested. Families may register online at www.ghkc-kc.org/childrensformation or at the Galilee By-the-Sea table at coffee hour. A limited number of Bible times costumes for children are available on a first come-first served basis. Bible times clothing is optional.

We are seeking volunteers to assist as shopkeepers, playground game leaders, drama team and music gathering leaders. Volunteer for one or more evenings. We need painters to create and help set up backdrops. We need to borrow colorful blankets, clay pots and woven baskets. If you can help please stop by our table at coffee hour, volunteer online or contact DeAnn McTavish at 816-474-8260 extension 112.

Galilee By-the-Sea • June 18-21 • 7-8:30 p.m.

Monday, June 18	Tuesday, June 19	Wednesday, June 20	Thursday, June 21
Jesus chooses us. Matthew 4:18-22	Jesus teaches us. Matthew 5-7	Jesus protects us. Matthew 8:23-27	Jesus provides for us. Matthew 14:13-21

Knitting Quiet Day

Saturday June 23

11 a.m. to 3 p.m.

House of Menuha

\$20.00 fee includes lunch and use of house and grounds for our meeting and individual quiet time for meditation, reflection, and, of course, charity knitting.

Group limited to 15 and payment must be made by June 11.

Please make checks payable to GHKC and mark "Charity Knitters Quiet Day" on the memo line and send to Joyce Morrow, 325 South Jewell Street, Liberty, Missouri 64068.

This Quiet Day will also serve as the organizational meeting for the hopefully ongoing ministry which was started in this year's Lenten Academy.

Ordination to the Transitional Diaconate Saturday, June 2 10:30 a.m.

Join us on this special day.

For the reception following the ordination service, please bring finger foods (plated to serve) for the reception. You can leave the goodies in Founders' Hall kitchen before the service.

If you can help setup Friday, June 1 or serve on June 2, please contact the Cathedral office.

The Dean's Cup Classic 2007 at Paradise Pointe – Posse Course at Smithville Lake

Saturday, July 14, 2007

\$140 per player includes tournament and awards banquet

Registration and Continental Breakfast Begins at 7:30 a.m.
Shotgun Tee-off at 9:00 a.m.

\$25 Reserves your spot.
Tournament fees to be paid in full by June 30.

We are happy to accept both team or solo registrations.

For more information about the tournament, sponsorship or advertising in the tournament program, call Charmaine or John Fowler at 816-453-2895 or 816-509-3365.



June church calendar

A common theme among many Church figures in June is martyrdom. As always, this information comes from the web site <http://satucket.com/lectionary/Calendar.htm>, where you can read much more.

- 1 - Justin, Martyr at Rome, c. 167 – Samaritan native who studied various philosophies before becoming a Christian; beheaded with six of his students after refusing to denounce his Christianity
- 2 - Blandina and Her Companions, 177 – Slave in Gaul who was tortured for refusing to criticize her Christianity; later put to death in a public arena with other survivors of torture
- 3 - The Martyrs of Uganda, 1886 – Thirty-two young pages in the King's court who were executed for their refusal to renounce their Christianity. Many others were killed in the following months. Their deaths inspired others to learn about Christianity and convert.
- 5 - Boniface, Archbishop of Mainz, Missionary to Germany, and Martyr; 754 – English-born missionary who converted many in what is now Germany and Holland; he and a group preparing for confirmation were attacked and killed by heathen warriors.
- 9 - Columba, Abbot of Iona, 597 – Irish monk who founded several monasteries and led many to conversion.
- 10 - Ephrem of Edessa, Syria, Deacon, 373 – Teacher, poet, speaker, prolific writer and defender of the faith; instrumental in promoting the Nicene views of the faith
- 11 - Saint Barnabas the Apostle – Written about in Acts; early defender of Paul after his conversion when most people still feared him for his earlier persecution of Christians
- 12 - Enmegahbowh, Priest and Missionary, 1902 – First Native American ordained in the Episcopal Church; helped maintain a Christian presence in northern Minnesota.
- 14 - Basil the Great, Bishop of Caesarea, 379 – Monk who founded a monastic community

(the Basilians) that still exists; zealous defender of the Nicene conclusions of the nature of the Trinity.

- 15 - Evelyn Underhill, 1941 – English scholar who wrote many books about contemplative prayer; taught that a life of contemplative prayer is not just for monks and nuns, but for and willing Christian.
- 16 - Joseph Butler, Bishop of Durham, 1752 – English priest and bishop who was a passionate defender of Christianity against Deism.
- 18 - Bernard Mizeki, Catechist and Martyr in Rhodesia, 1896 – Missionary in southern Africa; spared to death at his mission as part of an anti-European colonial revolt.
- 22 - Alban, First Martyr of Britain, c. 304 – Roman soldier in England who converted but was executed when he refused to renounce his faith.
- 24 - The Nativity of Saint John the Baptist – Jewish preacher who is well-known for baptizing Jesus, among many others; may have spent some time in his early years being educated at Qumran, the community that wrote the Dead Sea Scrolls; according to the historian Josephus, was imprisoned and executed by Herod Antipas, son of king Herod the Great, possibly for denouncing Herod's adulterous second marriage.
- 28 - Irenaeus, Bishop of Lyons, c. 202 – An important link between the apostolic church (he heard preaching from Polycarp, who heard the apostle John preach) and later generations; became bishop at Lyons after the martyrdoms that are marked June 2.
- 29 - Saint Peter and Saint Paul, Apostles – Marks the martyrdoms of Peter and Paul, which are not written about in the Bible; Paul was a Roman citizen and was probably beheaded with a sword, Peter is said to have been crucified with his head downward; the Church of St. Peter in Rome is said to be built over Paul's burial site.

– compiled by Chris Morrison

Welcome New Members

This series appears in The Angelus each month. Please continue to welcome our new members as they become involved in Cathedral life.

Debby Williamson

Debby is a reference librarian at the Leavenworth Public Library. She greatly enjoys “the beautiful music” offered each week at the Cathedral. Debby comes from an Episcopal church in Lake Charles, La. She is happy to be away from hurricane season.



Kristen and Andrew EllisJohnson



Kristen and Andrew are both natives of Kansas City and were confirmed at GHTC at Easter. They enjoy the formal worship and liturgy and consider the Cathedral music a great treasure. Andrew is employed by Harvesters and Kristin works for the Christian Foundation for Children and the Aging.

– by Tom Atkin

Music Notes

from Canon Musician John Schaefer

After Trinity Sunday, the Choirs will not be rehearsing regularly until they resume in August. Thanks to all the members for their enthusiasm and diligence in preparing the music that is offered throughout the Church year.

Special thanks go to Alexandra Connors and Ruthie Fenger, who have recently graduated from high school. High school seniors have a multitude of activities; our two ladies have been very devoted to their work as Tallis Singers and have made every effort to be present on a

regular basis.

There is a summer choir. We welcome singers from the congregation to join the regulars in leading worship and singing some beautiful choral works. Beginning June 10, we meet in the gallery starting at 9 a.m. Please phone ahead to indicate your interest.

The Summer Series in August will be presented jointly by the Cathedral of the Immaculate Conception and Grace and Holy Trinity Cathedral. Full details will be in the July issue of *The Angelus*.

Two concerts in June:

- Saturday, June 2, 7 p.m. – Christie John Bye, soprano; Wilma Jensen, organ and piano; free admission; reception to follow.
- Sunday June 10, 7:30 p.m., Michael Nigro, guitarist (Haden Hall); at-door donations requested.

• new arrivals •

Frances Obiesie was born in May. Frances is the daughter of Emmanuel and Nkolika.



History of the Episcopal church's involvement in Haiti

How the Episcopal Church came to be in Haiti? If not, I invite you to read on ...

I wonder how many people are aware that the Episcopal Church in Haiti was founded by a group of American citizens led by a priest who became the first African American Bishop in the church. Son of freed slaves, James Theodore Holly was born in 1824 in Washington, DC. Raised in the Roman Catholic faith, he left it over a dispute about ordaining local black clergy and joined the Episcopal Church. He worked as a shoemaker, teacher and school principal before being ordained a priest at the age of 27.

In 1861, the Rev. Holly, his family, and a group of African Americans, some 120 in all, left the United States and settled in Haiti, the world's first black republic. In Fr. Holly's own words, this was "in response to an invitation to that effect addressed to the colored people of the United States by the President of that island."

They endured great difficulties that first year ... the President of Haiti gave them a farm outside Port-au-Prince, the capital, but the location proved to be unhealthy and during the first six months 43 of the group died from "unhealthy fevers," most probably malaria and dengue fever. Among those lost was Fr. Holly's wife and all but two of his children – boys ages 3 and 5 years. Of those who survived, only twenty remained in Haiti. The rest returned to the United States, too discouraged to remain.

There were other trials for the group before the church could be firmly established. Twice in 15 years, the mission buildings burned down. Rebuilding was difficult due to the lack of funds. At General Convention in 1862, Fr. Holly requested and received a small stipend which enabled him to rent a house in Port-au-Prince. May 25, 1863, Holy Trinity Church (later Holy Trinity Cathedral) was organized under the provisions of the canons of the Protestant Episcopal Church in the United States. In November that same year, Bishop Burgess of Maine visited and confirmed 36 candidates. In March 1866, 27 more were confirmed, and two deacons ordained. The first missions to be established were in Leogane and Aux Cayes.

From that point on the church continued to grow ... priests and deacons were trained and ordained, more missions were established throughout the country, and the church was "off and running." Finally, in 1895, the new Cathedral, built of brick and iron was completed and it still stands today.

Fr. Holly wrote, "The clergy of the church of Haiti are working-men in both the literal and spiritual

aspects of the word ... The Board of Missions give pecuniary aid to its clerical missionaries in Haiti, but the aid thus given, while most gratefully acknowledged, in no case, except that of the Bishop, exceeds one-third of the amount necessary to support themselves and their families; for the necessities of life cost very dear in Haiti. Hence, they are obliged to follow secular occupations to obtain the other two-thirds necessary to make out their livelihood." The necessities of life still cost very dear in Haiti.

In 1874, Fr. Holly was consecrated Bishop at Grace Church, New York City, but not by the mainstream Episcopal Church who refused to consecrate a black missionary bishop, but by the American Church Missionary Society, an Evangelical branch of the church. Fr. Holly was named Bishop of the Anglican Orthodox Episcopal Church of Haiti ... the church's first African American Bishop.

Bishop Holly's story is an interesting one, both before he immigrated to Haiti, and his ministry there. If you want to read more about him, go to <http://anglicanhistory.org/usa/jholly>.

An interesting note: the Cathedral in Haiti is named Holy Trinity Cathedral and their first Bishop, a US citizen, was consecrated at Grace Church.

The connection between the Episcopal Church in the US and Haiti has always been a close one, and so it is not surprising that so many members of our church in the US are doing ministry in this small and very poor country. Our support of Maison de Naissance's mission to provide a safe, clean and caring environment for Mothers and their babies is a continuation of a long tradition of the Episcopal Church in the US helping members of our church family in Haiti. Please remember Maison de Naissance in your prayers and with your gifts.

– by Marian Philip

Cathedral's financial status

APRIL MTD	BUDGETED MTD	ACTUAL MTD
INCOME	\$ 126,917	\$ 116,793
EXPENSES	\$ 147,058	\$ 142,925
NET TOTAL	\$ (20,141)	\$ (26,132)

APRIL YTD	BUDGETED YTD	ACTUAL YTD
INCOME	\$ 659,410	\$ 595,052
EXPENSES	\$ 598,076	\$ 582,707
NET TOTAL	\$ 61,334	\$ 12,345

April 2007 at the Cathedral saw income received at \$10,000 below budget. Expenses for April were \$4200 below budget. The shortfall in income was attributable to a shortfall in pledges received.

Through the first four months of the year income is \$64,358 below budget, approximately the amount we are short on pledges. Expenses for the first quarter were \$15,300 below budget due to the continued good management of expenses by the Cathedral staff.

A shortfall in pledges made this year versus budget has required the Vestry to make significant cuts in the budget. Important ministry will be affected as a result of this shortfall.

– by Doyle White, treasurer

Reel People

June 27 • 6:30 p.m.

This month's film is *Prairie Home Companion*. Reel People is a movie discussion group that meets once a month. A supper of pizza and salad is served while watching the movie, and a discussion is held after the film. (Cost to the members is \$5 for the meal, if possible.) Everyone is invited and guests are especially encouraged to come. Contact Linda and Bryan England for more information.



Construction begins on the House that Abraham Builds



Many thanks to all of the GHTC folks who participated in the House "ground breaking" Sunday, May 6. Wet weather moved the festivities inside but enthusiasm was not dampened. Prayers and readings were given in Hebrew, Arabic and a BCP prayer was offered. The highlight of the ceremony was meeting the family who will, in the fall, move into the home being built. If you would like to get involved, contact Grady Sanford (gradysanford@mac.com).



photos by Grady Sanford

Religious leaders unite to address global warming Interfaith declaration calls on US government's 'moral responsibility'

Uniting through a common concern for creation, Muslim, Christian and Jewish religious leaders announced May 21 a pact to fight global warming in a statement delivered to the White House and Congress.

"An Interfaith Declaration on the Moral Responsibility of the U.S. Government to Address Global Warming" comes on the heels of the Intergovernmental Panel of Climate Change's most recent report that makes clear the serious risks of delay.

The religious leaders, including Presiding Bishop Katharine Jefferts Schori, declare acceptance of the scientific evidence for global warming and pledge mutual support in addressing this severe challenge.

Recognizing the human contribution to global warming, the statement's signers call for legislators to enact mandatory limits on greenhouse gas emissions, and to make a healthy and healthful environment a priority.

"Our Earth is in great peril," the declaration says. "We cannot risk the consequences of inaction. Recognizing that human beings are largely responsible for creating this problem we stand together as brothers and sisters dedicated to finding solutions."

"Global climate change is one of the largest and most important issues facing all people," Jefferts Schori said. "If we take seriously our own tradition's teaching about interconnectedness, we cannot fail to see that poverty and hopelessness is intimately linked to climatic change. We must challenge the world to do what we can to minimize its effects on the least of us."

The Presiding Bishop reflected on the interconnectedness of poverty and climate change in an op-ed that appeared in May 20 editions of the San Francisco Chronicle.

Rabbi David Saperstein, director of the Religious Action Center of Reform Judaism, said: "Global warming is not just a scientific or political issue — it is a moral issue. It is time for the moral voice of religion to speak up loudly to demand action."

"Predictions of the effects of global warming paint a bleak picture for millions, maybe billions, of people," said James A. Jordan, chair of the Executive Council Committee on Science, Technology and Faith. "Not only must we work to slow global warming, we must prepare to care for

those who will be dispossessed and impoverished by its effects."

The religious leaders plan a series of activities including print and online advertisements, meetings with national legislators, and action campaigns in congregations. They also invite other religious leaders around the country to sign the statement.

The declaration grew out of a climate summit of high-level religious leaders hosted by the Rev. Sally G. Bingham, of The Regeneration Project's Interfaith Power and Light.

"The statement's signers represent millions of the faithful who see beyond their differences to a common need and goal: protection of life on earth," said Bingham.

For further information or to sign onto the statement, visit faithfulamerica.org.

Find a chapter of Interfaith Power and Light near you at theregenerationproject.org/State.

— by the Rev. Josephine Borgeson, Episcopal News Service



Congratulations to Joseph Toma, husband of GHTC Communications Coordinator Julie Toma. Joseph, a native of Iraq, was sworn in as American citizen May 17.

Discovering that gray matters

They came from many churches, community organizations, faith disciplines, and as far away as St. Louis. What was the catalyst for such a meeting? Who cares? Precisely.

These caring lay and clergy, gathered in Founders' Hall to address the concerns of aging and our response to the challenges of offering spiritual formation and pastoral care to the elderly. "Gray Matters!" was part of the annual Health Ministries Conference of Episcopal Community Service, for the Dioceses of Kansas and West Missouri.

Guiding the day's activities with charm, Texas wit, energy and enthusiasm was keynote presenter, the Rev. Dr. Helen Appelberg, visiting scholar at the Sealy Center of Aging, The University of Texas Medical Branch in Galveston, Texas.

Her long list of credentials, (three master degrees and a doctorate) were a precursor to her ordination as priest in the Episcopal Diocese of Texas and chaplain at St. Luke's and Texas Children's Hospitals, Houston. Among her many accomplishments, is the founding of The Community of Hope, a lay pastoral care ministry.



photo by Jan Frizzle
Dr. Helen Appelberg

For those of us in our "riper years," who are disappearing down the donut hole of Medicare Plan D; facing the prudent downsizing of our homes; or the ability to read the fine print of reverse mortgage forms; we realize that these added bonus years present myriad decisions. For many, there is a guiding family member. The bureau of statistics even give them a classification, the Sandwich Generation, those folks who are raising their children and also caring for aging parents.

Many elderly are not as fortunate.

Consider this:

- Longevity is on the rise in the US
- Baby Boomers are aging, and we're living longer as a population.
- Over 30 million Americans are now over the age of 65, and that number is expected to double by the year 2030. (60 million elderly drivers!)

Emerging from our break-out sessions, were wonderful details of programs already in place in many of our parishes and religious service organizations.

- Assisting medical co-ordination, and family-to-senior-to-doctor communication.
- Education of advance directives, wills, financial and health powers of attorney

- Respite day care.
- User friendly day trips for special interest study
- Organize shut-in guests to a short afternoon Eucharist service followed by light refreshments and socializing
- Inviting grandma, grandpa to read special stories to church school
- Medical support groups
- Blood pressure Sunday, one or two times a month after services
- Exercise programs geared to senior abilities

Then, a final question: Who will help seniors cope with the problems of aging and also help us discover the vibrant message that being older can be a great time of life?

Some answers from our local area:

Community of Hope: Parish members working in spiritual intimacy with another person in lay pastoral care ministry, organized in Houston, in 1994 by the Rev. Helen Applegate and the Rev. Scott Blick. Its mission is to help create Christian communities of lay pastoral caregivers, united in prayer, shaped by Benedictine Spirituality and equipped for and serving pastoral care ministries.

People who are served are found in hospitals, rest homes, hospices, correctional institutions, as well as the home-bound. Two local parishes, St. Matthew's, Raytown, and St. Andrew's, Kansas City, currently have organized COH with two additional groups at Bishop Spencer Place, Kansas City.

Bishop Spencer Place: A continuing care retirement community, offering all levels of care, from total independent or assisted living, to skilled nursing care.

St. Luke's Hospital: Dedicated to medical research and education, committed to enhancing the physical, mental and spiritual health of our Kansas City community. Provides ongoing programs of health and wellness, many for the enhancement of our senior years.

ECS: For 17 years Episcopal Community Services has been partnering, donating and volunteering to bring the practical ministries of Christ to the Kansas City area. Their ministry reaches people who are homeless, hungry; seniors who are lonely or ill; the unemployed; youth from all backgrounds; hospital after care; Meals on Wheels; and important health ministries programs, like the Gray Matters seminar at GHTC.

— by Jan Frizzle

Flower gifts



May 6 • The flowers at the altar are given to the glory of God and in thanksgiving for 50 years of marriage, and for their family, by Dianne and Geoff Logan; and in thanksgiving for H. Tully Moss by his wife, Ruth Moss.

May 13 • The flowers at the altar are given to the glory of God and in loving memory of Marie Hall Pence and Elizabeth Shelton Sifers by Mr. and Mrs. William L. Pence and in loving memory of Bill Haberland by his wife, Clint, and family; also in loving memory of her husband, Albert Franklin Wallace, by Sharyl L. Wallace.

May 20 • The flowers today are given to the glory of God. At the baptismal font, the flowers are offered in loving memory of their grandfather, Leslie Shaw, by Page Branton Reed and Leslie Branton Hoffecker. At the chapel, the flowers are offered in thanksgiving for their daughter Elizabeth, and for the anniversary of Kathleen and Brad, by Ron and Carolyn McLeroy.

May 27 • The flowers are the altar are given to the glory of God and in loving memory of David C. Ludwig, Sr., by Samuel and Dorothy Gershman and Nan, Paul and Andie Schooling. At the chapel altar, flowers are given in loving memory of her husband, Edward Gordon, by Elizabeth Gordon. At the baptismal font, the flowers are offered in thanksgiving for her children, Mary Ellen Heger and John Frances Toner, and their children, by Mrs. Evelyn Toner.



With Sympathy

We offer our sympathy to the Cathedral members who have experienced the death of family members this past month.

Give to the departed eternal rest. Let light perpetual shine upon them.

Frances Ann Satterfield (mother of Sam Satterfield)
Anna Irene Hornbeck (mother of John Hornbeck)
Gerald Poirier (brother-in-law of Jackye Finnie)
Christopher Morgan (grandson of Doris Sellards)

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Those who sign up to receive the online version will no longer receive print versions of *The Angelus*.

Contact Julie Toma at jtoma@ghhc-kc.org for more information.



The Episcopal Diocese of West Missouri

**Grace and
Holy Trinity
Cathedral**

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Bishop of West Missouri

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Dean

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Canon Pastor and Subdean

The Rev. Carol Sanford
Curate

The Rev. Bryan England
Deacon

The Rev. Bruce Hall
Deacon

The Rev. Dr. Michael Johnston
Scholar-in-Residence

Mr. John L. Schaefer
Canon Musician

The Very Rev. J. Earl Cavanaugh
Dean Emeritus

June 2007

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Weekly Activities

Sunday

8:00 a.m. Holy Eucharist
9:15 a.m. Christian Formation
10:15 a.m. Holy Eucharist
5:00 p.m. Order for Evening and Holy Eucharist

Monday

12:05 p.m. Holy Eucharist

TUESDAY

12:05 p.m. Holy Eucharist
1:30 p.m. Tuesday Afternoon Bible Study

Wednesday

12:05 p.m. Holy Eucharist

Thursday

7:00 a.m. Men's Bible Study
12:05 p.m. Holy Eucharist

Friday

12:05 p.m. Holy Eucharist

Activities for the Month of June

2 • SATURDAY

10:30 a.m. Ordination, transitional diaconate
7:00 p.m. Recital: Christi Johns-Bye

3 • SUNDAY

11:30 a.m. Parish Picnic
11:45 a.m. Music Committee
3:30 p.m. Centering Prayer Group

5 • TUESDAY

6:30 p.m. Needlework Arts Group
7:00 p.m. The Angelus Small Group

7 • THURSDAY

9:30 a.m. Cathedral R.A.M.P. Program

10 • SUNDAY

8:50 a.m. Blood Pressure Sunday
11:30 a.m. Mother/Daughter Retreat Planning
11:45 a.m. Social Action Committee
7:30 p.m. Recital: Michael Nigro (guitar)

11 • MONDAY

6:00 p.m. Robbery Victims Support Group

12 • TUESDAY

6:15 p.m. Cancer Support Group

13 • WEDNESDAY

6:30 p.m. Friends of MN

14 • THURSDAY

6:30 p.m. Thursday Evening Bible Study

17 • SUNDAY

3:30 p.m. Centering Prayer Group
5:00 p.m. Integrity

18 • MONDAY

4:30 p.m. Buildings and Grounds Committee
6:30 p.m. Vacation Bible School

19 • TUESDAY

6:30 p.m. Vacation Bible School

20 • WEDNESDAY

6:30 p.m. Vacation Bible School

21 • THURSDAY

9:30 a.m. Cathedral R.A.M.P. Program
6:30 p.m. Vacation Bible School

25 • MONDAY

6:00 p.m. Robbery Victims Support Group

27 • WEDNESDAY

6:30 p.m. Reel People

28 • THURSDAY

5:00 p.m. Vestry
6:30 p.m. Thursday Evening Bible Study

Please verify times and dates of the events listed with the appropriate person(s) or by contacting the Cathedral Office.