

I'he Angeli

Grace and Holy Trinity Cathedral • Kansas City, Missouri

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Pulling into the parking lot, I was surprised that there were so few empty places on a Thursday night. Walking through the front door of St. Michael's Church, I was even more surprised by how full the twenty-two pews were. It was my first experience of Maundy Thursday in the Episcopal Church, my first time to experience the Triduum Sacrum, the Three Holy Days.

The tradition I was raised in did not observe these holy days. As a high school student, the drama of the liturgy moved me: the smell of charcoal for the thurible, the feel of warm water and the soft towel as the Maundy — the foot washing — was performed, the solemnity of the Eucharist, the stripping of the altar, and the flickering candles at the Altar of Repose where the Blessed Sacrament was reserved all helped me enter into the sacredness of the night.

Throughout the rest of Thursday night and until noon Good Friday, at least one member of the parish prayed before the Sacrament, representing our willingness to watch and pray with Jesus before his Passion. I returned to that same church on Good Friday at noon, and for the Holy Saturday morning liturgy, and served as an acolyte at the Great Vigil. On Easter Day, I was filled with a joy and peace that was impossible to describe, but clearly sprang from keeping those three holy days with my new parish community.

A few years later in a basic beliefs class in college, I came across a work by Søren Kierkegaard that described liturgy in a way that gave me pause. In likening liturgy to fine and well-designed theater, Kierkegaard claimed that in Christian worship the clergy, choir and other vested leaders are the

The Strategic Planning Committee and the Dean invite you to an

All-Cathedral Gathering

"Discerning our Future Mission: Translating Vision into Action."

Saturday, March 1 • 9 a.m. until noon in Founders' Hall • Refreshments provided

- This will be a morning of reflection, prayer, and discussion. We envision times of conversation as well as times of quiet.
- We firmly believe that for our work in strategic planning to be effective in the long term, discernment and reflection on the part of the whole congregation must define our efforts.
- We cannot do this work without you. Please plan to be a part of this important day.

Childcare available for infants through children age seven. Help us plan coverage by contacting the Cathedral office at 816.474.8260.

prompters. All members of the congregation are the performers. And God is the audience.

My first Holy Week I thought that I was so affected because I was in the audience for the special services so wonderfully presented. But the truth was that the liturgy transformed me into a performer, an active participant in the great drama of the Passion, and my soul was fed.

As the days of Holy Week draw near this year, I invite you to join in the drama that is the Passion. Each of the Three Holy Days at the Cathedral, we will gather for one special liturgy, which the prayer book calls the Proper Liturgy of the Day, to enter into the drama of each act of the Passion. (See schedule on page 3.) We will experience anew God's great love for us, and we will be changed.

May this sacred time open for us a deeper understanding of grace, and may we drink deeply of that living water which is Christ our Lord.

Assist us mercifully with your help, Lord God of our salvation, that we may enter with joy upon the contemplation of those mighty acts, whereby you have given us life and immortality; through Jesus Christ our Lord (at the Liturgy of the Palms, BCP, p 270).

> My love in Christ, Terry+

The damages of disconnect

Above the baptismal font in the Nave is a wooden carving of da Vinci's Last Supper, and above that is a beautiful golden arch filled in with depictions of wheat stalks and bunches of grapes—those earthly origins of the Eucharistic meal. I often look at this artwork while walking down the aisle for communion, and I think what it depicts communicates something of value about our relationship to Creation.

The Body and Blood of Christ, not only in a lofty metaphorical sense, is something that sustains us. Yes, it is a *symbol* of Christ, but it is also the actual fruits of the earth—the earthly, organic matter that, as Teillard de Chardin said, is "steeped in the burning layers" of the divine. Christ sustains us by being present in the everyday stuff of life—bread made from the wheat of the fields and wine made from the grapes of the vineyards.

(continued on page 7)

Adult Formation

Sundays at 9:15 a.m. Founders' Hall

March 2 • Clergy Forum

Join clergy as they address timely topics about the church and our parish.

March 9 & 16 • The Paschal Triduum: Liturgies of the Sacred Three Days

What is the Paschal Triduum and what is special about these liturgies? The Paschal Triduum ("three days") is a three-fold liturgy beginning with the Maundy Thursday, continuing through the Good Friday and culminating at the Easter Vigil. How do these liturgies correspond to the ancient Jewish celebration of Pascha? Through our celebration of these three days, we move with Christ from his last meal with his disciples to his cross and death to his rising from the grave, inviting the power of his resurrection to renew and remake us, an Easter people.

March 23 • Easter Sunday No class today.

March 30 • YouthFriends

Join Kathy Newham and Pam Glickman of YouthFriends, as they share information about this school-based mentoring program that connects caring adults with students in our local schools. YouthFriends is a nationally recognized and rapidly growing network, and YouthFriends of Greater Kansas City comprises 30 school districts in the bi-state Greater Kansas City metropolitan area. Their vision is that of "an engaged community helping young people succeed." Whether you are interested in becoming involved yourself or want to learn more so you can share this with others, find out how just an hour a week can make a difference in a young person's life, your own, and the future of our community. YouthFriends coordinates the Cathedral Volunteers who are tutoring students at Garcia Elementary School. Come and hear about this marvelous new ministry of the Cathedral!

Valentines, labyrinth, environmental stewardship, VBS part of children's formation

Children in formation completed a project with real heart on Sunday mornings in January and February. During story reflection and work time our children created valentines for our parishioners who are homebound or at local hospitals as well as residents of the skilled nursing care unit of Bishop Spencer Place. Bridging the distance between generations with fun foam, heart stickers and paper lace doilies, the children gave their artistic all for those we love and miss seeing at Sunday services. The valentines were delivered February 13 and 14 to the delight and appreciation of the recipients.

Children can literally walk their journey of faith in March while the Chartres canvas labyrinth is available during reflection time on Sundays through Palm Sunday, March 16. On Palm Sunday, parents are asked to meet their children in Haden Hall after the formation hour and walk with their families in our Palm Sunday processional. Families may then escort their children back to Haden Hall and the Lambs' chapel, on the west side or the building, for an all ages worship service.

For Easter Day, March 23, Children's Chapel will be held in the Haden Hall auditorium during the 10:15 service. There are no 9:15 a.m. classes on Easter but children are asked to flower the cross at 9:45 a.m. in Haden Hall and join the processional at the beginning of service. We require three volunteers to support our efforts to provide a special Easter worship service designed especially for our children. If you are able to as-

sist with chapel on Easter Sunday please contact DeAnn McTavish at the Cathedral office or via email: dmctavish@ghtc-kc.org.

April 20 is Caring for Creation², an environmental awareness day for all Cathedral members and the public. Special conservation related activities for children will be in the carpeted rooms in Founders' Hall. Caring for Creation² kicks-off our native plant purchase drive giving Cathedral members the opportunity to sponsor a flower for planting in our children's rain garden to be constructed this year. We hope to schedule a Cathedral family planting day for later in the spring. We need lots of volunteers to make Caring for Creation² a success. Please contact DeAnn if you can roll up your sleeves and help.

Dust off your oil lamps and shofars and join us at "Jerusalem Marketplace" in June! Our 2008 Holy Land Adventure Vacation Bible School will run evenings June 16-19 from 7-8:30 p.m. Parents and children join together to form tribes and learn about the sights, sounds, tastes and aromas of Jesus' time. We need volunteers to help with set up on June 14 and 15, and more volunteers to lead tribes, act in daily dramas and manage marketplace craft and food stalls Monday through Thursday evenings. It will be great fun for everyone- young and older folks alike. Teens- this counts toward volunteer hours! Please contact DeAnn to join the fellowship at Jerusalem Marketplace VBS 2008!

– by DeAnn McTavish



- Don Biellier
- Don Willsey
- Jennifer Koch, Mary Howe's niece
- Kitty Asbridge
- LeRoy Schneider, Al Schneider's brother

OUR PRIMARY MISSION as the Episcopal Cathedral church in the heart of the City is to be a servant church. We seek and serve Christ in all people, loving our neighbors as ourselves and working for justice, peace and respect for every human being.

The Angelus

A laypersons' newspaper published in the interest of Grace and Holy Trinity Cathedral.

The Angelus Small Group Contributors:

Emily Akins Tom Atkin Mary Byrne Jan Frizzle John Hornbeck Geoff Logan

Chris Morrison, Small Group Facilitator

Julie Toma, Editor

The Angelus Small Group meets the first Tuesday of each month and is open to anyone interested in contributing (writing stories, taking photographs) regularly to *The Angelus*. No experience necessary.

Submissions from parishioners and small groups are welcome and encouraged. All entries are requested by the 15th day of the month prior to publication by e-mail: communications@ghtc-kc.org or fax: 816.474.5856.

The Liturgies of Holy Week and Easter Week

March 16 • The Sunday of the Passion: Palm Sunday

8 a.m., 10:15 a.m., 5 p.m. • Proper Liturgy of the Day including the Liturgy of the Palms (procession at 10:15 and 5) and Holy Eucharist, with reading of the Passion according to Matthew.

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March 17 • Monday in Holy Week

12:05 p.m. & 5:30 p.m. • Holy Eucharist Mary anoints the feet of Jesus in Bethany. (John 12:1-11)

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March 18 • Tuesday in Holy Week

12:05 p.m. & 5:30 p.m. • Holy Eucharist The hour has come for the Son of Man to be glorified. (John 12:20-36)

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March 19 · Wednesday in Holy Week

12:05 p.m. & 5:30 p.m. • Holy Eucharist *Spy Wednesday – the betrayal by Judas.* (John 13:21-32)

March 17-21: Labyrinth walk for private meditation is available in Founders' Hall.

The labyrinth is an ancient pattern that has been found in many cultures around the world.

The labyrinth pictured here is a replica of the 800-year-old one in the floor of the Chartres Cathedral in France.

A labyrinth is not a maze, with dead ends and other tricks. In fact, the labyrinth is meant to be easy to traverse. Labyrinths have only one path to the center. You walk in by a winding path and exit the same way.

A printed quide will be available in Founders' Hall to assist you as you walk the labyrinth.

The Triduum Sacrum (Three Holy Days)

March 20 • Maundy Thursday

(no service at 12:05 today) 7:00 p.m. • Proper Liturgy of the Day I give you a new commandment, that you love one another. (John 13:1-17.31b-35)

The Mandatum (footwashing), Institution of the Holy Eucharist, Stripping of the Altar, Watch at the Altar of Repose until 9 p.m.

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March 21 • Good Friday

(a three hour observance in three parts) 12:05 p.m. • Proper Liturgy of the Day The righteous one, my servant, shall make many righteous, and he shall bear their iniquities. (Isaiah 52:13-53:12)

The Choir sings the Passion according to John, Solemn Collects, Veneration of the Cross, and Holy Communion from the Reserved Sacrament.

1:30 p.m. • Quiet Prayer in the Nave. Sacrament of Reconciliation will be available.

2:30 p.m. • Way of the Cross

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March 22 • Holy Saturday

10 a.m. • Proper Liturgy of the Day The tomb was nearby, they laid Jesus there. (John 19:38-42)

A brief 10-minute service commemorating our Lord's Burial. No Holy Communion.

The Resurrection

March 22 • Easter Eve

7:30 p.m. • The Great Vigil of Easter He is not here, but has risen. (Luke 24:1-12)

Lighting of the Paschal Fire. Procession into the Cathedral, followed by sharing of the Paschal flame, Lessons of Redemption, Holy Baptism and Confirmation, and the First Eucharist of Easter. The Great Vigil Feast follows — please bring a savory or sweet to share.

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March 23 • Sunday of the **Resurrection: Easter Day**

8 a.m. and 10:15 a.m. (no 5 p.m. service today) I have seen the Lord. (John 20:1-18)

8 a.m. Holy Eucharist, hymns, choir, organ and brass.

10:15 a.m. Solemn Holy Eucharist, incense, hymns, choir, organ and brass.

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March 24 • Monday in Easter Week

The Cathedral is closed. No services.

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March 25-28 • Tuesday-Friday in **Easter Week**

Holy Eucharist at 12:05 p.m.

Alleluia – Christ is risen!

Easter Day Egg Hunt

It's that time of year again, when we prepare for the Resurrection and the Life! The Easter Angel is gearing up for the Egg Hunt, and she needs your donations. Here are two things to keep in mind:

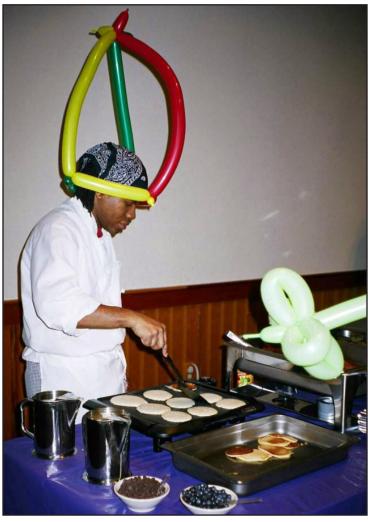
- Individually wrapped candies (big bags of candies will be distributed in bowls in Founders' Hall)
- Small packs (to fit into the eggs)

There will be a giant basket outside the nave for you to drop off whatever you would like the children to receive. Thank you so much!



A flipping good time and money raised for Anti-Hunger Network





"A Flipping Good Time Pancake Breakfast," our annual pre-Lent pancake feast, was prepared and served by students from the Episcopal Community Service's Culinary Cornerstones program. This year's breakfast raised about \$1000 for the ECS Anti-Hunger Network, which includes the Cornerstones program and the Kansas City Community Kitchen.





photos by Jan Frizzle

Usher at the Lyric Opera for fun and profit

On March 16, members of the Cathedral's Social Action Committee and friends will serve as volunteer ushers for the matinee performance of the classic opera *The Magic Flute*, by Wolfgang Amadeus Mozart. You are welcome to join us!

As a volunteer usher, you will provide a valuable service to the Lyric, enjoy the opera at no charge, and make money for the Cathedral's social outreach ministries all at the same time. It's a true win-win-win situation.

- No experience is required we'll teach you what to do. Here's how it works:
- To volunteer, contact Gary Hicks at 816.699.2224 or 816.941.7295 or gary@garyhicks.net.
- On Sunday, March 16, wear black/navy on the bottom and white on the top and meet us in the inner lobby of the Lyric Theatre at 12:30 p.m. The Lyric is at the corner of 11th and Central. Free parking on the streets around the theater should be available or park at the Cathedral and walk to the Lyric.
- We will have a briefing of your duties and preview of the opera, and you will then help serve as a volunteer usher. The opera begins at 2 p.m., and you can enjoy the opera along with the patrons.
- You may leave after the last intermission or stay for the entire production.

Again, to volunteer for this terrific opportunity to help both the Lyric Opera and the outreach ministries of the Cathedral, please contact Gary Hicks. Mark your calendars for the next Lyric ushering opportunity on Sunday, May 11 (yes, that's Mother's Day) for *John Brown* by Kirke Mechem.

green cathedral ldeas for the stewardship of God's creation

Drink coffee, save the planet

Okay, that may be a little bit exaggerated. But it is true that our choices often have an impact halfway around the world. Take coffee, for instance. Most coffee is grown thousands of miles from the United States in communities where poverty is the rule. Thanks to Bishops Blend Coffee, which is

offered in partnership with Episcopal Relief and Development, you can help foster a better way to grow and sell coffee:

Fair Trade - Bishops Blend is grown by small coffee farmers in Central America, Ethiopia and Indonesia. They are guaranteed fair treatment and a fair



price by selling through a cooperative, instead of on the open market.

- Organic Bishops Blend is grown with no chemical fertilizers or pesti-
- Shade-grown Bishops Blend is grown beneath the tree canopy, which protects the coffee plants, helps return nutrients to the soil and reduces the need for clear-cutting.

Bishops Blend, which is sold by Seattle-based Pure Vida Coffee, also furthers ERD's mission of responding to issues such as poverty, hunger, and disease worldwide. ERD receives 15% of the purchase price from the sale of Bishops Blend, which goes to its general fund. Note that's 15% of the purchase price, not the much-lower profit.

The Bishops Blend section of the ERD website (see the link below) has much more information about Fair Trade, stories about how it has helped the lives of many coffee farmers and, of course, various ways to order it. You can order a bag or two at a time, or even have it delivered to you on a regular basis! The price of Bishops Blend is comparable to other premium coffee brands. Not to put down other national brands, but when you consider the benefits, Bishops Blend does offer a great deal for both you and the growers.

You can read more about Bishops Blend Coffee at www.ecusa.anglican. org/waystogive_63273_ENG_HTM.htm (there is a link at www.ghtckc.org/greencathedral).

Flower gifts for February

February 3

- in memory of the 1954 confirmation of Mr. & Mrs. Robert Murray — Bill Lusk
- (candles) in memory of Florence Klassen — Jan Seaman

February 10

- in memory of mother Louise H. Shackelford — Barbara Seidlitz
- in memory of father Chester Wright's birthday — Suzanne Wright
- in memory of Allan Frank Blackman — Jean Blackman

February 17

in thanksgiving of the life & service of Captain Kevin Thomas — *Cathy* and Michael Thomas

- in memory of my mother Helen Fronies Rusconi — Robin Rusconi
- in thanksgiving for Mary Louise Byrne & her years of ministry for Episcopal Community Services and our Cathedral — Jan Frizzle
- in thanksgiving for grandchildren Magnalia & Gustav — Vivian Gibbens
- in Timothy White's birthday Linda Sue and Terry White

February 24

- in memory of her father W. Shackelford — Barbara Seidlitz
- in thanksgiving and celebration of Julia Miller on her 90th birthday — her family

Reflection on MN trip

Prior to my trip to Haiti and Maison de Naissance (MN) I studied global health issues, the country itself and attempted to learn some Haitian Creole, but there was very little else I could do to prepare. Upon landing in Port-au-Prince I was struck by a general sense of urgency and chaos. The remainder of the journey to the Torbeck and Les Cayes was similar.

Our trip included many activities, such as visiting local schools and colleges, and accompanying doctors, nurses and midwives on home visits. As a non-clinical volunteer, my role was to occupy the other children of the household so the doctors and nurses could examine the mother and baby. In addition, we administered Piperazine, the worming medication and Vitamin A to the children, and took GPS coordinates of the house to match against the record of the number of children, their ages and which drugs were administered.

In general, the families were welcoming. Some, I assume, were familiar with MN and its staff so they were not surprised to see us. For most of our trips around town, a small contingent of neighborhood children chased our truck whenever we moved up or down the street; often as we entered or walked to the back of the house to greet the family, we were surprised to find other homes hidden off the main path. Many times, it was difficult to determine which children lived where. We usually started the conversation by attempting to get a better understanding of each family so that no one was double counted or given too much medication.

At each visit, we would ask neighborhood children to show us their water source. Invariably, they would lead us to a dirty hole that had plant and animal waste floating in it and occasionally garbage. Every river we crossed had people bathing and mothers washing clothes. MN has been working to establish wells and strategically placed clean water sources in the area — a vast improvement over many of the current conditions.



At night, those of us who stayed with a family were fortunate enough to experience more of the local culture. Many of the children would huddle under the single functioning street light and read while parents

sat on their porches playing board and card games by candlelight. Occasionally, a home that could afford a generator for a few hours would project the glow of a television through the drawn window coverings.

As I reflect on my visit, I'm left with images of the children at MN, the mothers of the babies and the smiles of the families as we departed their homes after completing a visit.

And, of course, I am always happy to talk about Haiti.

-by Peter Berger, Cerner Corporation

Empowering God's Gifted People: Regional Gathering of the Lay Academy

"Empowering God's Gifted People" is the subject of the spring Regional Gathering of the Academy for Lay Education and Ministry, scheduled for Saturday, March 8, at All Saints' Church in Nevada, Missouri. Leaders will be John and Lucy Richards, members of Grace and Holy Trinity Cathedral. Additional panel members are Joyce Morrow (also a member of GHTC) and Jim Laney (member, St. Matthew's in Raytown). Registration will begin at 8:30 a.m., with sessions from 9 a.m.-3 p.m. Participants will provide their own lunches.

The area to be addressed is Ministry in Daily Life. Participants will seek to identify and celebrate "the gifts of every person for advancing the mission of the Church." Providing context will be an opening session on Scripture, theology and the Prayer Book liturgy as sources for understanding gifts. It will be followed by gifts assessment and then small group workshops using insights from the assessment to find practical applications of the gifts identified. The combination will make the Gathering a resource for congregations looking for ways to enliven their adult education programs as well as for individuals participating in the Academy's commissioning process.

The March Gathering is the first event in the Academy's new quarterly schedule offerings. This new pattern will include an annual symposium in May and a Diocesan Gathering at Convention in October or November with Regional Gatherings again in March and July.

To register, e-mail the Rev. Susan McCann, Academy Chair, mothermccann@prodigy.net or write her at Grace Episcopal Church, 520 South 291 Highway, Liberty, MO 64068. The \$10 registration fee is payable at the door.

Mary Byrne retires from ECS

Many friends joined the staff and board members of Episcopal Community Services to celebrate Mary Byrne's retirement from her eleven years of service at ECS. The festive luncheon honored Mary's dedication and ministry to the many and varied programs of ECS.

"No one has had a longer commitment to Episcopal Community Services than Mary Byrne," said Jay Lehnertz, president and CEO of ECS. "ECS began in 1989, and although not a member of the founding board, Mary came along in the second wave. While on the Board, she served as the secretary, and then, while on the staff, she again picked up that role once more."



Mary Byrne, pictured here with ECS President Jay Lehnertz, retired in February from ECS and looks forward to many more years of service as a volunteer.

So many programs benefited from Mary's dedicated service, Hospital AfterCare program; Meals on Wheels; MissionPalooza and Operation Backpack. As Administrative Assistant, Mary was well acquainted with both the West Missouri and Kansas Diocese parishes. She was the consummate matchmaker, finding the perfect person for a specific ECS task.

Her administrative skills were enhanced by her absolute dedication and knowledge of all things Episcopal. "That required not only a fine mind for detail and tradition, but a healthy sense of humor as well." said Lehnertz. Many would often say that Mary was the "Rite 1" for an assignment.

In recognition of Mary's service and honoring her dedication to the critical needs of our city, the ECS Board has voted to set up the Mary Louise Byrne Speaker Series, starting in 2008, bringing in experts who can address the critical needs and/or situations of people impacted by poverty.

Those of us at GHTC know of her dedicated service to the altar guild and her years of careful, reverent managing of altar flower donations. The fourth Monday's Cook team at KCCK, Archives, Cathedral Bell Ringer, Care Notes, and *The Angelus* continue the long list of Mary's many years of faithful service.

Even though a parting gift for her refrigerator door says, "Stop Me Before I Volunteer Again." Mary is unlikely to heed that advise.

She says that "I'm eager for the weather to clear so I can resume delivering Meals on Wheels and working in the archives. I especially want to work in the KCCK during the day, when all our wonderful guests are there."

— story and photo by Jan Frizzle

Human Services Committee appoints Dean White

The Very Rev. Terry White has joined the membership of the Human Services Committee of the Downtown Council of Kansas City, Missouri.

"I am grateful for the opportunity to serve on this working committee committed to serving the needs of all downtown residents, especially the most vulnerable," said Dean White. "The Cathedral's legacy of feeding the hungry is well known. As we continue to explore our call to be servants, we must find additional ways to work more closely with other service-minded agencies. This is good stewardship: caring for our neighborhood and all those who visit, live and work here."

This DTC committee will research, develop and promote improved services within the continuum of care through a collaborative network of consumers, service providers, units of government, businesses, nonprofits, the academic community and law enforcement.

The committee will work to ensure that human service needs of Downtown residents are met using best practices and to ensure quality of care and effectiveness of operation. An initial goal of the committee is to provide a safe, accessible, full service, daytime, multi-use facility to assist the homeless community in the delivery of services Downtown.

Treasurer's Report

Jan YTD	Bu	dgetedYTD	Actual YTD		
Income	\$	191,359	\$	170,474	
Expenses	\$	140,614	\$	139,534	
Net Total	\$	50,745	\$	30,940	

January 2008 saw income approximately \$21,000 below budget and expenses inline with budget. The income shortfall was directly attributable to a shortfall in pledge income received versus pledge income budgeted.

The pledge income shortfall was a result of seasonal slowness in pledge income received combined with less pledge income pledged than was budgeted.

Your financial support is needed in order to maintain and hopefully increase the Cathedral's mssion and ministry.

-by Doyle White

Welcome New Members

Tara and Bob Bennett



Tara and Bob were married at the Cathedral in 1995. In the last year, they have returned to the Cathedral. Tara teaches online classes in Political Science and International Business through the City of Seattle University. Bob is a lieutenant in the United States Army. They have a new baby, Patrick, and six-year-old twins, Caroline and Ryan. They are pleased with the outreach and

fellowship of the congregation and the Sunday morning formation classes for available for their children. They are also appreciative of the wonderful music program. Tara has another connection to the Cathedral — her brother was part of the youth choir directed by Canon John Schaefer.

Arianne and Ron Fortune

Arianne and Ron are natives of Kansas City and are both teachers. Arianne teaches debate at Oak Park High School and Ron teaches music, with special jazz instruction, at Antioch Middle School and is a professional trumpeter. They had been attending just the Kirkin' o' the Tartan for many years but last year started attending regularly will both

This series appears in The Angelus each month. Please continue to welcome our new members as they become involved in Cathedral life.

be confirmed this month at the Easter Vigil. An ancestor of Arianne was an Anglican priest who established a congregation in early Virginia. They are pleased with the fine Children's Formation programs for their seven-year-old son Alexander.



Lewis Cunningham and Holly



Smith

Lewis and Holly are Kansas City natives who have been at the Cathedral for about six months. Lewis is with the Barkley Group, Bank of Kansas City. Holly works for Walgreens, specializing in home health care. Lewis was confirmed in Ardmore, Okla. in 1997 and Holly will be confirmed at Easter Vigil this month; daughter

Lily will be baptized at the Vigil. Both have enjoyed the Journey of Faith class and the October 2007 Halloween Trunk or Treat event.

-by Tom Atkin, photos by Valerie Johnson

the damages of disconnect continued from page 1

Incarnation was not a one-time event; God continues to pour Godself into every nook and cranny of creation and re-affirms that "It is good—it is very good."

This to me is a good starting point for the church's involvement in the environmental movement. The current trends of "Going Green" will fade with time, as trends will do, and unfortunately many of the new theologies of environmental stewardship will seldom make it outside of intellectual circles. But, we can all start with our relationship to food and its impact on the environment.

Food is central to our particular situation for three reasons: (1) every human being lives by eating food, (2) as Anglicans, a shared meal is at the core of our identity, and (3) the Cathedral has committed itself to helping feed 500 people a day at the KC community kitchen.

Food matters to us very much—as humans, as Anglicans, and as members of this particular faith community in Kansas City. The common link between these points is relationship. Food connects us in an essential relationship of life sharing between ourselves and God, ourselves and nature, and between ourselves and our neighbor. This connection is a vital "incarnation" of our faith.

When the Cathedral was built in the 1890s, Missouri still had one of the strongest wine economies in the United States, and most Americans were still living in rural

communities where it was common to have homemade bread on a regular basis. It is probably fair to assume that 100 years ago, the bread and wine that parishioners shared at communion were made locally and recently. So what happens when this kind of connection is misunderstood, or even severed?

Today we live as a society that does not know where our food comes from, and often does not care. But where is the Church's voice in all this? How do we practice this relationship through food in our own sacred meal, the Eucharist? What process do we follow that culminates in our communal meal each week? Our wine is produced by Mont La Salle Altar Wine Company in the mountains high above the Napa Valley floor, originally under the direction of Brother Timothy Diener, F.S.C.

While wine production is no longer managed by the religious community, the grapes are still grown locally, and the company assures us that the wine is produced "according to the Canon Law (of the Roman Catholic Church)." Our bread is purchased from the apostalate of Holy Trinity Altar Bread, a religious community in Indiana. Water and organic wheat flour are baked and packaged by hand, and proceeds from sales of altar bread support the ongoing life and ministry of that religious community.

So what difference does this make in our

shared Eucharistic meal? What is changed, if anything? Does it re-connect us in some way with God's creation, perhaps in a way that is consistent with the idea that creation is the meeting place between God and humanity? If the Eucharist is the paradigm for life outside the walls of the church (and we suggest that it is), then how we go about this sacred meal matters.

Our relationship to food has been fundamental to the human experience from the moment Adam felt a grumble in his stomach; it has been central to our faith tradition since that late night they gathered in the upper room; even just 100 years ago, people who worshipped in the Nave may have been people who baked bread and fermented wine as an every day part of life.

Let's re-connect. Let's make new links with that ancient relationship with the environment that has fallen by the wayside. This relationship begins not with the abstraction of a movement or a philosophy, but with the particularity of ourselves in our homes, in our places of work, and in our church.

The environment is not something that just happens "out there." As creatures of this earth, it has just as much to do with the body and soul of each of us—the always connected, never disconnected—body and soul.

–Andrew Johnson & the Tuesday Evening Theology Group

AFlipping Good Time Pancake Breakfast











Thanks to all who supported the pancake breakfast!



The Cathedral nave changes for Lent

The Eucharistic vestments are a Lenten array. Unbleached linen symbolizing penitential sackcloth incorporates Holy Week's passion red and Good Friday's traditional black.

Many of the usual appointments in the Cathedral are removed or altered.

- the reredos (the carved screen behind the altar) is veiled with the Lenten array;
- banners representing both the Church year and the four Evangelists have been removed from the nave;
- the Paschal Candle is removed from its usual spot near the baptismal font;
- at the base of the baptismal font, a chest containing the Great Alleluia is "buried" until the Easter Vigil, as this word of praise is omitted for the liturgy in Lent.
- traditionally, flowers do not adorn the altar, though a Lenten display may call to mind Lenten themes.



Taize Service

Wednesday, March 12 7 p.m. Cathedral Nave

A quiet simple way of prayer for people of all Christian traditions. This is a meditative, candlelit service of simple chants, rich silence, scripture readings and prayers.



The Episcopal Diocese of West Missouri

P.O. Box 412048 Kansas City, Missouri 64141 Telephone: (816) 474-8260 Facsimile: (816) 474-5856 Website: www.ghtc-kc.org E-mail: office@ghtc-kc.org Non Profit Organization

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The Right Rev. Barry R. Howe Bishop of West Missouri

The Very Rev. Terry White Dean

The Rev. Canon Susan Sommer Canon Pastor and Subdean

> The Rev. Carol Sanford Priest Associate

The Rev. Joseph Behen Clergy Assistant

The Rev. Bryan England Deacon

> The Rev. Bruce Hall Deacon

The Rev. Dr. Michael Johnston Scholar-in-Residence

> Mr. John L. Schaefer Canon Musician

Weekly Activities

Sunday

8:00 a.m. Holy Eucharist
9:15 a.m. Christian Formation
10:15 a.m. Holy Eucharist

5:00 p.m. Order for Evening/Holy Eucharist

Monday

12:05 p.m. Holy Eucharist

Tuesday

9:15 a.m. EfM

12:05 p.m. Holy Eucharist

1:30 p.m. Tuesday Afternoon Bible Study

Wednesday

12:05 p.m. Holy Eucharist
5:45 p.m. The Tallis Singers
6:00 p.m. Grace Choraliers
7:00 p.m. Trinity Teens Youth Group

Thursday

7:00 a.m. Men's Bible Study
12:05 p.m. Holy Eucharist
6:00 p.m. Cathedral Bell Ringers

6:30 p.m. EfM

7:30 p.m. Trinity Choir

Friday

12:05 p.m. Holy Eucharist

Activities for the Month of March

I • SATURDAY

9:00 a.m. All-Cathedral Gathering

2 • Sunday

9:00 a.m. Morgan Discernment Committee11:45 a.m. Nominating Committee3:15 p.m. Centering Prayer Group

5 • Wednesday

5:30 p.m. Holy Eucharist

6:00 p.m. Lenten Academy Dinner 7:00 p.m. Lenten Academy Classes

9 • SUNDAY • BLOOD PRESSURE SUNDAY Spring forward! Set your clocks forward one hour! 11:30 a.m. Environmental Guild

II • TUESDAY

6:15 p.m. Guild of the Christ Child

12 • Wednesday 7:00 p.m. Taizé Service

13 • Thursday

8:30 a.m. Cathedral RAMP Program 4:00 p.m. Cavanaugh Endowment Fund Committee

15 • SATURDAY

10:30 a.m. Charitable Knitting

16 • SUNDAY

9:00 a.m. Morgan Discernment Committee

3:15 p.m. Centering Prayer Group

5:00 p.m. Integrity

24 • Monday

Easter Monday • Office and Buildings Closed

27 • Thursday

5:00 p.m. Vestry

29 • Saturday

9:30 a.m. Diocesan Children's Formation



See page 3 for a schedule of Holy Week and Easter week services.

Please verify times and dates of the events listed with the appropriate person(s) or by contacting the Cathedral Office.