



The Angelus

Grace and Holy Trinity Cathedral • Kansas City, Missouri

Vol. 78, No. 3 • March 2009

FROM THE DEAN

It has been said that there are two kinds of people: those who see the glass half empty and those who see the glass half full. I have learned that there is a third group of people: those who know the glass will eventually tip over and spill. (That remains the definition of a Chicago Cubs fan.)

News for far too long has assumed that the world is only filled with people belonging to the first definition. Sound bytes have relentlessly emphasized what is down, dropping and being lost. From the headlines alone, one might wonder why a sane person would get out of bed in the morning, look up, or smile.

But thanks be to God, the secular headlines of today do not begin to express the reality that our faith teaches, which is true reality. In fact, through the eyes of our faith, things have never looked better. With the ears of our faith, the message of the Good News has never sounded stronger, and the world is starving for headlines such as:

Jesus: I Give YOU Abundant Life!

Arise, Shine: The Lord's Glory has Dawned Upon YOU!

God Sends Son Because He Loves YOU!

Jesus: Believe in Me and YOU Will Never Die!

These are but a few headlines found in the Holy Scriptures, found in the lives of believers throughout the ages, found in the ongoing story of the Church and very much

present in the life of the Cathedral.

God is present in our lives, God is our strength, God loves us and God has sent His Son to save us from the power of sin and death. Through Christ, the gates of eternal life have been opened for all. God's grace is given in Holy Baptism and in the Holy Eucharist. By God's Grace, our sins are forgiven, and we are healed, restored and empowered to share God's love with the world. We are given a mission to love God with all our being and our neighbors as ourselves.

Such is the reality of our faith. No matter what we face, in the midst of the deepest darkness, even through the valley of the shadow of death, the light of Christ always shines and as St. John proclaims, "No darkness shall overcome it." As Anglicans, our faith tradition is built upon the Scriptures, Tradition and Reason. Therefore we do not deny what happens around us; we simply place our trust in God alone, and meet each challenge confident of the hope that is in us. In this Cathedral parish we are blessed in a multitude of ways. Love has been showered upon us, grace abounds and so do opportunities to love and serve the Lord.

My prayer for us all as we continue our Lenten journey is that daily our hearts, souls and minds will be guided and inspired by the headlines of our faith, supported and uplifted by the realities of God's love and grace. Our glass is more than half full, it is overflowing. Thanks be to God! Even in Lent, it's enough to make one say: Alleluia!

*Faithfully yours in Christ,
Terry+*

Seeking the still small voice

In the beginning, the Cathedral added a late Sunday afternoon service to its liturgical offerings. These services were designed to be highly contemplative in nature. The Order for Evening was the beginning of the Liturgy of the Word. Lighting was subdued; window candles were lit; and the chamber organ, handbells and a cantor provided the music leadership. The hymns and service music were also rather quiet. The service spoke to many people.

As we begin our Lenten journey, the Sunday afternoon service will return to being a rather more contemplative

service. There will be quieter music including various forms of chant. We will attempt to engage all the senses in the worship of God using light and shadow, incense, spoken word, chant and silence. The lessons and Prayers of the People will be read from a simple lectern in the center aisle.

A Holy Table will be placed in the crossing, encouraging the community to gather near it and one another. There will be longer periods of silence; thus, the worshiper will have time to more closely, deeply and unhurriedly reflect upon the lessons of the day. At the

time of the homily, the celebrant will briefly suggest passages for meditation, followed by a substantial time of silence or quiet instrumental music. Those who regularly attend this service throughout the season will assist the clergy and musicians in the further refining of the liturgy.

For those who appreciate a quiet service that is similar to, but different from, the Rite II order, this liturgy may especially appeal to you. You are invited to attend, and be enriched, by it.

Flower gifts for February

February 1

- in honor of Page's birthday — Shawsie Branton
- in memory of Philip and Barbara Rahm, Maude Forrester and Creighton Hart — Phyllis Hart

February 8

- in memory of Bill Bucker — Barbara Bucker and Bob Bucker
- in thanksgiving for the baptism of Sheridan Mackenzie Lee Whitacre at St. Luke's Parish Davieu, Ct. — Jack and Marie Whitacre
- in loving memory of my mother, Louise H. Shackelford — Mrs. Barbara Seidlitz

February 15

- in thanksgiving for the birthday of my granddaughter, Mary Gentry Reed — Shawsie Branton
- in memory of Helen Frances Rusconi — Robin Rusconi

- in memory of my father, Chester Wright — Suzanne Wright
- in thanksgiving for the baptism of our great-grandson, Grant Liberto Loeffler at St. Gabriel's, Charlotte, NC — Phyllis and Jim Shaffer

February 22

- in thanksgiving for the birthday of my son-in-law, Bruce Reed — Shawsie Branton
- in thanksgiving for the birthday of my son, Gerran Thomas — Paula Livingston
- in celebration of our loving marriage — Larry and Pat Martin
- in thanksgiving for the birthday of Capt. Kevin Thomas — Michael and Cathy Thomas
- in loving memory of my father, William H. Shackelford — Barbara Seidlitz

Whitney Rice ordained to priesthood



photos by Marcella Kates

The Rev. Whitney Rice Ordained Priest January 17, 2009, at Christ Church Cathedral, Indianapolis, Ind. Left: Bishop Catherine Waynick anoints the new priest's hands. The preacher, Dean Terry White, looks on. Right: Whitney with parents Judy and David, and sisters Virginia and Kathleen.



*Give to the departed eternal rest.
Let light perpetual shine upon them.*

With Sympathy

- Jordan Dana (Nancy Cavanaugh's grandnephew)
- Paul Hicks
- Mary Schanzenbach (Leigh Blackman's grandmother)

Maison de Naissance looks to future expansion of ministry

The founders and staff of Maison de Naissance have developed a paradigm that is effectively lowering the mortality rate for both babies and Mothers in Haiti. In addition, services are being expanded that are improving the quality of life for the current area of service. MN's main goal remains improving the health of pregnant women to ensure the birth of healthy babies. This is in line with the UN's Millennium Development Goals of massive reductions in maternal and child mortality.

Each year in the developing world, complications of childbirth result in the death of over 400,000 Mothers and 4,000,000 babies! Many others suffer lifelong disabilities due to birth complications. The two-fold reasons of poverty and lack of adequate medical care are intertwined. Haiti is one of the poorest countries in the world, and southwest Haiti is the poorest area in Haiti, which is why it is where MN

MN first opened its doors in fall 2004; they now serve a population of more than 10,000 and the neonatal mortality rate (death of babies within 28 days of birth) has dropped from 43 to 9 per 1,000 births. All services continue to be free of any charge and include 20 essential care steps. This program is called *Tipa-Tipa* (Step by Step in Haitian Creole).

In addition, there is a community program to improve health by providing vaccinations, de-worming and vitamins to other children. They have facilitated the formation of Mother's Clubs which improve community relations. This is not a community looking for handouts, rather it is one emerging from feelings of futility to one looking for ways to improve conditions such as clean water and better nutrition.

Plans for MN's future are exciting. With a proven model, the next step is to increase the area of service from a population of 10,000 to 100,000. The purpose will remain the same — healthy mother and healthy babies — but they will be applying strategies and techniques in whatever combinations the situation calls for and in keeping with their philosophy of "community engagement."

We at Grace and Holy Trinity Cathedral have contributed to this most valuable ministry. We are currently in difficult economic times here in the United States, nevertheless we must not forget our impoverished sisters and brothers being served through Maison de Naissance. Gifts to MN can be made to GHTC with MN written in the Memo line of your check. Thank you for your generous and continued support.

The "Friends of MN" welcome anyone who would like to join with us in the Cathedral's support of this ministry. Call any of the Friends: Paula Miller, Sandy Carter, Stephanie Pumphrey, Debbie Marrs, Rosemary Durkin, Valerie Johnson or Phyllis Biddle for more information.

—by Marian Philip



Maison de Naissance
a birthing home in Haiti

Treasurer's Report

January Actual MTD

Income	\$ 187,656
Expenses	\$ 137,714
Net Total	\$ 49,942

The 2009 budget was passed mid-January by the Vestry. Some adjustments to the expense portion of the 2009 budget were yet to be completed to provide budgeted figures for this January 2009 report. We expect to be back to our normal format with the February numbers.

—by Doyle White

The Angelus

A laypersons' newspaper published in the interest of Grace and Holy Trinity Cathedral.

The Angelus Small Group Contributors:

Emily Akins	Tom Atkin
Mary Byrne	Jan Frizzle
John Hornbeck	Geoff Logan
Chris Morrison	

Julie Toma, *Editor*

The Angelus Small Group is open to anyone interested in contributing (writing stories, taking photographs) regularly to The Angelus. No experience necessary.

Submissions from parishioners and small groups are welcome and encouraged. All entries are requested by the 15th day of the month prior to publication by e-mail: communications@ghtc-kc.org or fax: 816.474.5856.

Adult Formation

Sundays • 9:15 a.m. • Founders' Hall

March 1

Bishop's Visitation

Bishop Howe will lead a class on Baptism for the Road to Canterbury program. This class is open to all who are interested.

March 8, 15, 22, 29

Passion Parallels

Why do the gospel accounts of Jesus' Passion differ, sometimes significantly, from each other? Join Father Joe Behen in an exploration of the stories of Jesus' Passion in the canonical gospels. We'll look at some theological points that are important to each gospel writer, explore how these truths come to be expressed in their story and look at the various accounts of Jesus in Gethsemane, on trial and crucifixion, with a focus on what each gospel writer would have us believe about Jesus.

Children's formation

Children in formation are excited to learn how to knit as part of our Lenten discipline this year. During the six Sundays of Lent all children will share in the Mystery of Easter and Faces of Easter Godly Play lessons. Children in Kindergarten through fifth grade will work to create a knitted square that will be used in a blanket for a baby receiving services through Maison de Naissance (MN).

The importance of teaching children about service and outreach early and often should not be underestimated. If a child grows up in a home where the family gives time and money to help others that child will be more likely to follow in to service as an adult. The same can be said of a child's church experience. Children's Formation strives to shine a spotlight on the service work of our church and teach through lessons and play centers that model the work of our charitable beneficiaries MN and the Community Kitchen. Children's Chapel alms offering are currently donated to MN.

Now the simple, joyful act of knitting can foster fellowship and self-satisfaction at a job well done and point up the real need of real babies in Haiti. We look forward to learning and growing in servanthood through this knitting project. Debbie Marrs and Jackye Finnie, members of the Cathedral's charitable needlework group, will teach us how to knit. —by DeAnn McTavish

Lenten Academy 2009

Lenten Academy, a longtime Cathedral tradition of Wednesday evening programs in Lent, begins March 4 and concludes on March 25. The program begins at 6 p.m. with Evening Prayer in the Nave. A simple supper of soup, salad and bread follows in Founders' Hall at 6:15. Classes get underway at 7 p.m. and conclude at 8 p.m. Childcare will be offered in the nursery for children 4 years and younger. Older children will be supervised in a classroom. Advance registration is required for childcare; please indicate this request when you register.

Registration assists with meal planning and class accommodations. You may register:

- Online at www.ghtc-kc.org/lent
- By calling 816-474-8260
- By completing a registration form available in both the Nave and the Tower and mailing it to the Cathedral
- At coffee hour.

The suggested donation for meals is \$5 per individual or \$10 per family.

The theme for this year's program is *Heart, Mind, Soul and Strength*. Cathedral parishioners (and their guests) will be able to sample a variety of topics that appeal to a range of learning styles and interests.



For the Bible Tells Me So

This group will watch segments of the 2007 film, *For the Bible Tells Me So* and discuss some of the issues raised by this powerful, award winning documentary on the topic of Scripture and homosexuality. What does the Bible say (and not say!) about same sex relationships? This class was suggested by several Cathedral parishioners and is offered as part of the ongoing listening process commended by both the Diocesan Convention of West Missouri and General Convention of the Episcopal Church.

Kinesthetic Spirituality

Kinesthetic learners are hands-on learners; similarly, kinesthetic spirituality involves your hands, feet, or perhaps your whole body in movement that is prayerful, meditative and healing. Each of the four weeks will give participants a taste of an ancient practice, each with enduring relevance for the 21st century.

- March 4: T'ai Chi Chih: a type of moving meditation. Rooted in eastern thought and perfectly at home in western (i.e., Christian) practice.
- March 11: Anglican Prayer Beads: how to make them, how to pray with them.
- March 18: Be Known To Us in the Baking

of our Bread. Those who make bread are nourished twice – in its making and in its eating. Experience both in this session.

- March 25: Walking the Labyrinth. The Labyrinth has been used over the centuries as an aid to contemplative prayer, as a spiritual exercise, or as a form of pilgrimage.

The Book of Common Prayer – Not Common at All

"This Book is a Book of Prayer. . . Its purpose is to teach men the way to pray truly to God; to point out all the rites sanctioned by His Church; the way in which those rites and the sacramental offices are to be observed and performed; to explain the fasts and holydays ordained by the Church, and . . . to make one voice of prayer and supplication common to all . . ."

Over the course of four weeks we will explore the breadth and depth of the Book of Common Prayer. Everything from what it means to our faith to historical curiosities (such as the identity of the King who wrote the words above). And you will have a significant impact on determining the material covered in weeks two through four. Written materials and a bibliography will be provided.

A Spiritual Journey

This class models what classic Small Group Ministry can do best: invite participants to begin to view our entire lives as a spiritual journey – one which we undertake with companions. Essential tools for our lifelong journey are prayer, study and action: time-tested methods for keeping ourselves spiritually healthy for our own sakes, for the sake of our fellow "pilgrims," and for the sake of those we may encounter along the way. Each of these four sessions will include prayer, a passage of Scripture, reflection time, an exploration of one of the tools and discussion.

Thursdays in Lent

March 5, 12, 19, 26 • 10:30 a.m.

New this year!

Difficult for you to get to the Cathedral in the evening? Join us in the Common Room Thursday mornings in Lent for fellowship and learning opportunities.
No registration necessary.

Cathedral participates in 2009 House Abraham Builds

The Cathedral will participate in another House Abraham Builds (HAB) to be built in Kansas City. This is the second Habitat for Humanity – Kansas City build undertaken by local Christian, Jewish and Islamic communities which will provide the money and volunteer labor necessary to build a house at 3528 Flora. Marcia Davis and her children, a family in need of adequate housing, will live in the house when completed.

The House Abraham Builds celebrates unity and fellowship in the Abraham Tradition: Jewish, Islamic and Christian congregations working together. In a world that emphasizes differences, this build helps us focus on things that bring us together to do good for those in need. Members of Grace and Holy Trinity Cathedral will join with people from St. Paul's (KCMO), All Saints, St. Anne's (Lees Summit) and St. Mary Magdalene Episcopal parishes, Visitation and St. Francis Xavier Roman Catholic parishes, Jacob's Well Church, Congregation Ohev Shalom, Temple B'nai Jehudah and the Al Inshirah Islamic Center.

Dean White represented the Christian congregations and blessed the site of the new home with holy water. Rabbi Scott White of Ohev Shalom blessed the site with soil from the Mount of Olives, and Zarrieff Osmann of the Al Inshirah Islamic Center prayed a blessing from the

Islamic faith. The nearly 100 people present then moved to St. Paul's Episcopal Church, Kansas City, Mo., for an indoor ceremony, including words from the Davis family.

As a part of this project, participants will be worshipping in each tradition's houses of worship over the next couple of months. The House Abraham Builds team will attend the 10:15 a.m. Eucharist at the Cathedral Sunday, March 22. The group will then adjourn to Founders' Hall following the liturgy, and will be happy to talk with anyone interested in learning more about the build and how to volunteer.

Work at the site begins in late April and is scheduled to be completed in mid-June. Grady Sanford will be organizing the work teams for the Episcopal parishes, and will be happy to sign you up for a day of work.

As far as we know, this is the only place in the country where Muslims, Jews and Christians are working intentionally together on a Habitat project. Plan to be a part of this remarkable endeavor! In 2007, GHTC participated in the first HAB build.

In 30 years, Habitat KC has built more than 200 houses and rehabbed many more, providing quality housing for hundreds in our community. Habitat's annual celebration of the year's work will take place in Founders' Hall this November.



photos by Grady Sanford

Usher for *La Traviata* and fall in love!

Members of the Cathedral's Social Action Committee and friends will serve as volunteer ushers for the March 22 matinee performance of the opera, *La Traviata* by Giuseppe Verdi.

Verdi's spellbinding tragedy gives new meaning to being hopelessly in love. Famously featured in the Julia Roberts hit *Pretty Woman*, the highly emotional music of *La Traviata* has made many a person fall in love with the opera.

As a volunteer usher, you will provide a valuable service to the Lyric, enjoy the opera at no charge and make money



for the Cathedral's social outreach ministries all at the same time. It's a true win-win-win situation.

No experience is required; we'll teach you what to do. Here's how it works:

- To volunteer, contact Gary Hicks at 816.699.2224 or 816.941.7295 or gary@garyhicks.net.
- Sunday, March 22, wear black/navy on the bottom and white on the top and meet us in the inner lobby of the Lyric Theatre at 12:30 p.m. The Lyric is at the corner of 11th and Central.
- Free parking should be available on the streets around the theater or you can just

park at the Cathedral and walk to the Lyric. It's about four blocks.

- At 12:30 p.m. we will have a briefing of your duties and preview of the opera. Then at 1 p.m. you will help serve as a volunteer usher.
- The opera begins at 2 p.m., and you can enjoy the opera along with the patrons. It will be sung in Italian with English supertitles.
- You may leave after the last intermission or stay for the entire production.

Again, to volunteer for this terrific opportunity to help both the Lyric Opera and the outreach ministries of the Cathedral, please contact Gary Hicks.

Children's formation bury "Alleluia"

Each year, the children in Formation "bury" ribbons with "alleluia" written on them. Traditionally, the last Sunday after Epiphany marks the last time "Alleluia" is said, chanted or sung until Easter. We symbolize this by "burying" the Alleluia near the baptismal font where they will remain until Easter.



Pancake breakfast raises money for Episcopal Community Services





MUSIC NOTES

from Canon Musician John Schaefer

Cathedral Concert Calendar

- Tuesday, March 31 at 7:30 p.m.; The William Baker Festival Singers, soloists and orchestra; The Mass in B Minor by Johann Sebastian Bach

Coming in May

The last week in May will be a stellar time for the Cathedral and the community. The Simon Carrington Chamber Singers, singers personally chosen by Professor Carrington, will make their debut appearance following a week of intense rehearsals.

Professor Carrington is one of the current choral giants. He was a founder of England's King's Singers, with whom he sang for 25 years. He then became Director of Choral Activities at Kansas University and was there for nine years; during that time Terri Teal of the Fine Arts

Chorale and our beloved Jeffrey Carter earned their Doctorates. From KU, he went to the New England Conservatory of Music and, subsequently, to Yale University; Jay Carter has sung in several of Professor Carrington's ensembles.

The Chamber Singers will perform Saturday, May 30 at a 12 noon concert. The repertoire will be some of the finest choral scores ever written. I'll tell you more about the concert as it draws closer.

In the meantime, if you would like to be a part of the formation of this splendid ensemble, particularly by becoming patrons of the organization, you are invited to contact Amy Waldron of the Trinity Choir for more details. Her e-mail is amylwaldron@hotmail.com; or visit with her following the 10:15 a.m. worship any Sunday.

Death of Sylvia Conklin

Recently, the Cathedral recorded the death

of Sylvia Conklin, who lived to be 96. Her husband Paul died in 1992. They were active members of the congregation: Paul served on the Vestry and sang in the choir; Sylvia was editor of the Angelus for many years.

They were also "life-savers" for the new Choirmaster, who arrived in Kansas City in early October 1976. The first week was a downer for a variety of reasons. Paul and Sylvia invited me to their house for dinner just days after I arrived. Their warmth and gentleness immediately generated what was to be a long and joyful friendship.

Paul went on the 1991 tour with the choir; we last saw Sylvia several years ago in her Florida retirement community. They were wonderful people. Leona and I will always keep them in our warmest memories.



One of the most important aspects of the Cathedral's mission is to serve Christ in all people. If you are in need of funds for food, utilities, medication, clothing or transportation, please contact a priest or deacon. Discretionary funds are used only for meeting such needs.

Potluck Lunch

Sunday, March 22

11:45 a.m.

Founders' Hall

Steve and Lenette Johnson will provide a potato soup. Everyone else bring a side dish or dessert.



All are welcome for fun, fellowship and food.

Celebrate: Share Your Birthday

Celebrate your birthday or other special event by sharing with a Kansas City area teenager in foster care. How it works:

- Your donation, in any amount, will help purchase a \$25 gift card. This card is given to foster care teens on their birthdays.
- Your donation can be placed in the offering today, or mailed to the Cathedral office. Please mark your check or offering envelope "Foster Care Birthday Fund."



Thank you so much for taking time out of your life to sponsor the purchase of the gift that I received from you. It means a lot to me to know that there are so many selfless, caring people in God's world today. Thanks again and God Bless you all!

I would like to thank you for taking your time to send me a card and a gift and thanks for signing it also. It means a lot to me and tells me you guys are kind enough to take time to send me something signed for my birthday even though you haven't met me. I can't thank you enough obviously!! P.S. I like the picture on the front of the card.

Palm Cross Day

Thursday, April 2 • 9 a.m.

We will be making crosses out of palm leaves for distribution on Palm Sunday. Bring your scissors — someone will teach you how to make the crosses if you've never done it before! Lunch will be served at noon for all participants — the main dish is provided, please bring a salad and dessert.



Daylight Saving
Time begins
March 8!
Remember
to turn
your clocks
forward
one hour!



The Episcopal Diocese of West Missouri

Grace and
Holy Trinity
Cathedral

P.O. Box 412048
Kansas City, Missouri 64141
Telephone: (816) 474-8260
Facsimile: (816) 474-5856
Website: www.ghhc-kc.org
E-mail: office@ghhc-kc.org

Non Profit Organization

U. S. Postage
P A I D
Kansas City, MO
Permit Number 4220

The Right Rev. Barry R. Howe
Bishop of West Missouri

The Very Rev. Terry White
Dean

The Rev. Canon Susan Sommer
Canon Pastor and Subdean

The Rev. Carol Sanford
Priest Associate

The Rev. Joseph Behen
Clergy Assistant

The Rev. Bryan England
Deacon

The Rev. Bruce Hall
Deacon

The Rev. Dr. Michael Johnston
Scholar-in-Residence

Mr. John L. Schaefer
Canon Musician

March 2009

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

Weekly Activities

Sunday

8:00 a.m. Holy Eucharist
9:15 a.m. Christian Formation
10:15 a.m. Holy Eucharist
5:00 p.m. Holy Eucharist

Monday

12:05 p.m. Holy Eucharist

Tuesday

9:15 a.m. EfM
12:05 p.m. Holy Eucharist
1:30 p.m. Tuesday Afternoon Bible Study

Wednesday

12:05 p.m. Holy Eucharist
5:45 p.m. The Tallis Singers
6:00 p.m. Grace Choraliers
7:00 p.m. Trinity Teens Youth Group

Thursday

7:00 a.m. Men's Bible Study
12:05 p.m. Holy Eucharist
6:00 p.m. Cathedral Bell Ringers
6:30 p.m. EfM
7:30 p.m. Trinity Choir

Friday

12:05 p.m. Holy Eucharist

This Month's Calendar

1 • SUNDAY
11:45 a.m. Music Committee
8 • SUNDAY
Stop by coffee hour for a free blood pressure check.
11:30 a.m. Holy Hands Luncheon
10 • TUESDAY
6:15 p.m. Guild of the Christ Child
12 • THURSDAY
5:30 p.m. Social Action Committee
15 • SUNDAY
2:00 p.m. Recital: David White
18 • WEDNESDAY
7:30 a.m. Finance Committee Meeting
6:00 p.m. Charitable Needlework
26 • THURSDAY
5:00 p.m. Vestry Meeting

Wednesdays in Lent

6:00 p.m. • Evening Prayer
6:15 p.m. • Dinner
7-8 p.m. • Lenten Academy

Thursdays in Lent

10:30 a.m. • Lent Class

Please verify times and dates of the events listed with the appropriate person(s) or by contacting the Cathedral office or website (www.ghhc-kc.org).

Engaging
our faith,
Empowering
Christ's
mission

Pledge cards are available at the back of the church. Completed cards may be placed in the offertory plates.

Pledges for 2009 may also be made online at the Cathedral's website: www.ghhc-kc.org.