



The Angelus

Grace and Holy Trinity Cathedral • Kansas City, Missouri

Vol. 78, No. 11 • November 2009

FROM THE DEAN

You may be familiar with this prayer of self-dedication:

*My church is composed of people like me.
I help to make it what it is.
It will be friendly if I am.
It will be holy if I am.
Its pews will be filled if I help fill them.
It will do great work if I work.
It will be prayerful if I pray.
It will make generous gifts to many causes if I am a
generous giver.
It will bring others into its worship if I bring them.
It will be a church of loyalty and love, of compassion
and charity and mercy, if I, who make it what it
is, am filled with these same things.
Therefore, with the help of God, I now dedicate myself
to the task of being all the things that I want my
parish to be.*

The popularity of this prayer can be measured by using an internet search engine. It is found in the newsletters of parishes across the country and across denominational lines. It speaks to a common truth: you are the Church. I am the Church. All of us, all the baptized people of God make up the Church, the Body of Christ. What the Church is and does and becomes is up to each of us.

St. Teresa of Avila wrote:

*Christ has no body but yours,
No hands, no feet on earth but yours,
Yours are the eyes with which he looks
Compassion on this world,
Yours are the feet with which he walks to do good,
Yours are the hands, with which he blesses all the
world.
Yours are the hands, yours are the feet,
Yours are the eyes, you are his body.
Christ has no body now but yours,
No hands, no feet on earth but yours,
Yours are the eyes with which he looks
compassion on this world.
Christ has no body now on earth but yours.*

One of the best definitions of stewardship I know is: what I do with my life, every day, and in its totality, is stewardship. What I give, why I give, and how I give of my time, energy, and finances in response to God's grace and love is stewardship. How I live into my Baptismal Covenant is stewardship.

Christ is counting on us to make his love known as we build up His kingdom. This what stewards do: we care for the Lord's world and people until he comes again. May our Cathedral parish continue to love and serve the Lord in faithful and generous ways. With the help of God, let us now dedicate ourselves to this task of being all things that we want our parish to be.

*With my love in Christ,
Terry+*

Update from seminary

School here in New York began for me in early September after a week of orientation. The apartment is in a building across the street from the seminary grounds; entry to the Close is by key through an historic gate (access by the public is available but limited). The tower of the Chapel of the Good Shepherd is the most visible sight from our windows facing on the street.

There are 29 members of the M.Div. Junior class (and perhaps another 100 in other years or programs). It is an extremely diverse group representing all ages, household status categories, geographic areas, and perspectives. These are bright, talented people whom I have come to respect and love within a very short period of time.

I am taking five courses: Old and New Testaments, Tutorial for Incoming Juniors (with the Dean and the new liturgics professor), Introduction to New Testament Greek and Introduction to Church Music. The professors are most impressive. For one of my courses I have already visited the Metropolitan Museum of Art for a project on the ancient Near East, as the city is a tremendous resource.



I also sing in the choir, meet regularly with a spiritual advisor, am an acolyte and am active in several non-academic activities (monitoring our shelter for homeless men, Beatitudes group which focuses on issues of social justice, Title IV training required by the canons, etc.).

(continued on page 2)

Are you called to the Vestry?

At the January 31, 2010, Annual Meeting, new members of the Cathedral Vestry will be elected. You may nominate yourself or another by contacting the Nominating Committee (not the Dean!) by a letter sent to the Cathedral office addressed "Vestry Nomination" or via e-mail to vestry@ghkc-kc.org. The deadline for nominations is November 27.

Current vestry members suggest that nominees should be committed parishioners, regularly attending the Sunday Eucharist and parish events, involved in an aspect of parish ministry, who support the Cathedral's mission with time and finances.

The Vestry meets 10 times a year, usually on the fourth Thursday of the month at 5 p.m. to consider the temporal affairs of the parish, and attendance at monthly meetings is extremely important in order to engage in listening, discussion and healthy debate.

Each nominee will be contacted following the close of nominations, and invited to respond in writing to several questions and submit a photograph. These responses are a part of the committee's discernment. A list of nominees recommended by the committee is announced in a January mailing prior to the Annual Meeting.

Advent Workshop 2009

November 29 • 11:45 a.m.

Founders' Hall

- Advent workshop emphasizes keeping a Christ-centered focus in this prayerful season of hope through fun activities to share with family and friends.
- Take the time to savor the moment while making Advent crafts for yourself or a special person and learning ideas for enjoying and keeping a peaceful Advent in the midst of the secular busy season.



**Fun for all
ages!**

ALL FAITHFUL DEPARTED

All Saints Sunday is just around the corner. Once again, we will observe our custom of remembering the faithful departed at all three of the services November 1. Submitted names will be listed in the worship booklet November 1. They will also be entered into a book which will have a prominent place in the liturgies that Sunday. We will add names to the book started last year, thereby creating a lasting memorial of "those we love but see no longer."

During the time in the liturgy when prayers for the departed are offered, all present will be invited to say aloud the names of those they would like remembered.

New this year is an opportunity for Cathedral goers to remember the faithful departed visually as well as aurally. You

**NEW
THIS
YEAR**

are invited to bring with you to church November 1 a photograph of those you particularly wish to remember. Tables will be set up at the front crossing of the nave where the photos may be placed before each service begins. As the processions move and as we go forward to receive the Sacrament we will, in a sense, pass through the "great cloud of witnesses" — the Communion of Saints whom we love but see no longer.

To help us manage your treasured mementos, please make sure that your name & contact information are on the back, just in case it is inadvertently left behind. We also respectfully request that parishioners limit the size of their photographs to 8x10 and smaller.

Kirkin' o' the Tartan

The sounds of bagpipes and drums and the colorful plaids of Scotland will again adorn the Cathedral for the annual Kirkin' o' the Tartan. Cathedral members are encouraged to don their Scottish attire

**Kirkin'
o' the
Tartan**

**Scottish Colors!
Scottish Sounds!
Scottish Edibles!**

Coffee hour after all services November 15 will feature

an array of Scottish shortbread. We need lots of shortbread to serve the parish and our special guests this festive day.



update from seminary

continued from page 1

Additionally, we are all in church *three times a day* (Morning Prayer, Eucharist at noon and Evensong ... with Compline available at 9:45 p.m. for the truly hardy!).

This week I ordered my required cassock and surplice. Every Sunday, I worship in other parishes here in Manhattan; there are so many wonderful churches to visit that I have already attended services at six quite diverse locations in a period of a month and a half (an experience not normally available to clergy once ordained).

General Theological Seminary is the

oldest of the Episcopal seminaries, dating from 1817. It has a strong Anglo-Catholic tradition, as do many of the parishes in Manhattan which provides another important dimension to my overall experience here. The seminary is located in Chelsea, a very interesting and diverse neighborhood.

I feel very fortunate to be here, appreciate the support of the GHKC congregation and hope to see everyone at Christmas in Kansas City.

—by Greg Morgan

The Angelus

A laypersons' newspaper published in the interest of Grace and Holy Trinity Cathedral.

The Angelus Small Group Contributors:

Tom Atkin Mary Byrne
Jan Frizzle John Hornbeck
Chris Morrison

Julie Toma, *Editor*

The Angelus Small Group is open to anyone interested in contributing (writing stories, taking photographs) regularly to *The Angelus*. No experience necessary.

Submissions from parishioners and small groups are welcome and encouraged. All entries are requested by the 15th day of the month prior to publication by e-mail: communications@ghkc-kc.org or fax: 816.474.5856.

The world around Maison de Naissance

Statistics for Haiti

- Total population: 9,446,000
- Gross national income per capita (PPP international \$): 1,070
- Life expectancy at birth m/f (years): 59/63
- Healthy life expectancy at birth m/f (years, 2003): 43/44
- Probability of dying under five (per 1,000 live births): 80
- Probability of dying between 15 and 60 years m/f (per 1,000 population): 329/236
- Total expenditure on health per capita (Intl \$, 2006): 96
- Total expenditure on health as % of GDP (2006): 8.0

Figures are for 2006 unless indicated. Source: World Health Statistics 2008



photo by Marian Philip

The statistics above illustrate the world in which Maison de Naissance exists every day. The facility in southwestern Haiti provides a safe environment for prenatal care, assisted delivery, health screenings and pediatric follow up. The neonatal death rate has dropped 66 percent for babies since they opened their doors five years ago.

As we approach the holiday season, take this opportunity to express your thanksgiving

by remembering the women and children of Haiti. You can support them through buying Haitian Mountain Bleu coffee, available every Sunday in the bookstore. If you aren't a coffee lover, it makes a great gift. Donations to MN are gratefully received anytime. Make your check payable to GHTC and write "Maison de Naissance" in the memo line.

Aren't the children and mothers worth it?

—by Rosemary Durkin

MN: Happy fifth anniversary



photos by Jan Frizzle and Marian Philip

Maison de Naissance celebrated the fifth anniversary of the first baby delivered on St. Luke's Day, October 18, with a special coffee hour sponsored by the Cathedral's Friends of MN. They also launched the sale of the Singing Rooster's Haitian Mountain Bleu Coffee. The coffee continues to be sold as both whole bean and ground coffee at \$9/bag in the Cathedral Bookstore. The proceeds will benefit Maison de Naissance.

Adult Formation

Sundays • 9:15 a.m. • Founders' Hall

November 1

Coming to Terms with Our Own Mortality

Halloween is the lighter side of some serious issues, and maybe one way of coping with the reality of our mortality. The feasts of All Saints and All Faithful Departed, November 1 and 2 can move us to think more seriously about where we are all headed. Mike Sancho will invite us to look at several responses to the fact of our mortality and hopes to provide very specific approaches to making sure our wishes are clear in our own minds, in the minds of our family and friends and in the minds of our medical and spiritual care givers. Or, as William Shakespeare would have it, *all's well that ends well* or at least as we want it done.

November 8, 15, 22

Politics of Food

Have you ever wondered why, even in the "bread basket" of America, the average American meal travels 1500 miles to get from farm to plate? Are you curious what Michelle Obama's vegetable garden has to do with U.S. food policy? In this three-week class, Andrew Johnson will help us discuss where our food comes from, how it is grown, and who grows it. We will talk about the dominant industrial agriculture system and its alternatives, and why our call as Christians to feed the hungry goes beyond just charity and food pantries.

November 29-December 20

The Lucan Year

Beginning on Advent I, the lectionary cycle for the Sunday Eucharists shifts to Year C and its reliance on the Gospel according to Luke. In anticipation of this change, Fr. Michael Johnston will spend the four Sundays of Advent looking at some major themes of the Lucan material that we will hear echoing throughout the coming liturgical year. The class is a combination of lecture and discussion.

Highlights from October's Café Grazia



Wednesday, November 11 Founders' Hall

- Dinner will be at 5:30 p.m. with small group activities to begin at 6:30.
- All parishioners are cordially invited to join the fun, bring bread or a salad to share, and enjoy the fellowship!
- You might even want to stay and scope out one of the small group activities to see what they're up to.
- Watch upcoming bulletins for information about what small groups will meet this night.

Café Grazia happens monthly and the groups represented are limited only by their meeting dates and willingness to enjoy a meal together.

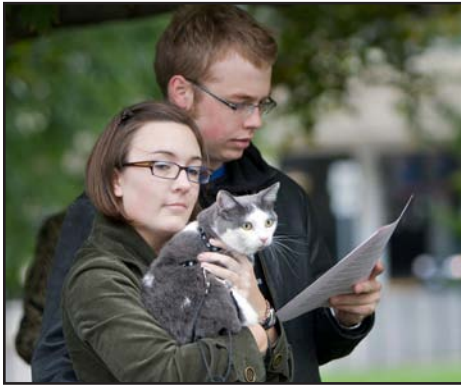
Get your group on the list for the November Café Grazia! Contact Jeff Johnson at 913.831-9651 or Jeff.Johnson@gowithscout.com.



October's Café Grazia was the largest yet with six adult groups meeting plus youth group and the youth & children's choirs.

photos by Jan Frizzle

Blessing of the Animals



photos by Jayson Vucovich

Members from Grace and Holy Trinity Cathedral joined with our friends from the Cathedral of the Immaculate Conception for the annual Feast of St. Francis Pet Blessing.

Usher at the Lyric Opera for Fun and Profit!

On November 8, members of the Cathedral's Social Action Committee and friends will serve as volunteer ushers for the matinee performance of the opera, *H.M.S. Pinafore* by Gilbert & Sullivan. The pair's hilarious naval tale of love, rank and birthright will delight fans with the duo's wit and musical genius. The sidesplitting opera features loveable characters and a score that won't quit.



As a volunteer usher, you will provide a valuable service to the Lyric, enjoy the opera at no charge, and make money for the Cathedral's social outreach ministries all at the same time. It's a true win-win-win situation.

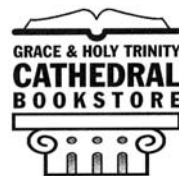
No experience is required — we'll teach you what to do. Here's how it works:

- To volunteer, contact Gary Hicks at 816.699.2224 or 816.941.7295 or gary@garyhicks.net.
- On Sunday, November 8, wear black/navy on the bottom and white on the top and meet us in the inner lobby of the Lyric Theatre at 12:30 p.m.
- The Lyric is at the corner of 11th and Central. Free parking should be available on the streets around the theater or you can just park at the Cathedral and walk to the Lyric. It's about four blocks.
- At 12:30 we will have a briefing of your duties and preview of the opera. Then at 1:00 you will help serve as a volunteer usher.
- The opera begins at 2 p.m., and you can enjoy the opera along with the patrons.
- You may leave after the last intermission or stay for the entire production.

The other operas we will usher for this season are *Rigoletto* by Verdi March 28 and *Don Giovanni* by Mozart May 2. What a season!

Again, to volunteer for this terrific opportunity to help both the Lyric Opera and the outreach ministries of the Cathedral, please contact Gary Hicks.

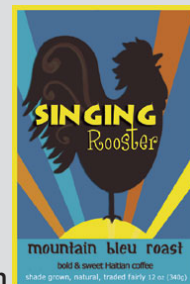
Cathedral Bookstore



**Open Sundays
following
both morning
services**

Haitian Mountain Bleu Coffee is now on sale as both whole bean and ground coffee at \$9/bag in the Cathedral Bookstore. The proceeds will benefit Maison de Naissance.

This rare mountain bleu roast is rich, nutty and semi-sweet; cool nights at high altitudes produce gentle and flavorful coffees! The Friends of MN purchased the coffee through "Singing Rooster" — the Diocese of Wisconsin's Haiti Outreach Program who purchased beans, brought them to the U.S. for roasting and bagging. We are told the flavor equals the famous Jamaican Mountain Blue coffee ... but at a lesser cost.



Pick up your Haitian Mountain Bleu Coffee this week!

The Cathedral in fall

Many thanks to the Garden Guild for their labors at bringing beautiful colors to the Cathedral's gardens this fall. If you are interested in being part of the Garden Guild, contact Sharon Hudson or Gerry Reynaud.

photos by John Hornbeck



Croquet tournament raises money for outreach ministries



photos by John Hornbeck and Marian Philip

Thank you to all who supported the sixth annual GHTC Gender Challenge Croquet Tournament. This year's Alice-in-Wonderland-themed tournament included a Tea Party Buffet, organized by Vangie Rich, with food prepared and presented by Jami Byer and Culinary Cornerstones. The finals between the women's champion team and the men's champion team, held in the courtyard on the "Court of Cabbages and Kings," resulted in the women winning this year's Gender Challenge Croquet Tournament.

ECS celebrates 20 years of ministry

Episcopal Community Services celebrated their 20th anniversary in October with a Fall Harvest Wine Tasting. The celebration brought together people and organizations throughout the Kansas City community to recognize the work that has been done by ECS over the years, work that has been most recently focused in the area of hunger relief in West Missouri and Kansas.

The current class of the Culinary Cornerstones chef training program prepared the appetizer buffet for the event. ECS hunger relief programs also include hot meal programs, food pantries, Meals on Wheels for seniors and the homebound, School BackSnack programs for hungry children, community gardens, food rescue programs and more.



photos by Jan Frizzle

Treasurer's Report

Sept MTD	Budgeted MTD	Actual MTD
Income	\$ 93,912	\$ 91,679
Expenses	\$ 111,166	\$ 111,794
Net Total	\$ (17,254)	\$ (20,115)
Sept YTD	Budgeted YTD	Actual YTD
Income	\$ 1,272,390	\$ 1,279,533
Expenses	\$ 1,227,760	\$ 1,225,145
Net Total	\$ 44,630	\$ 54,388

Income for September 2009 was \$2,300 below budget. Pledges were \$5,900 under budget; plate income was \$1,400 over budget and events were \$2,200 over. Expenses in September were very close to budget at \$600 over budget.

Year-to-date pledges are \$4,500 under budget and plate income is \$7,300 over budget. Overall income is \$7,000 over budget. Expenses are tracking very close to budget. A balanced budget year end seems likely. *-by Doyle White*

October flower gifts



October 4

- in thanksgiving for our nine years of marriage — Bill Hawley & Sally Livengood

October 11

- in thanksgiving for the blessing of our marriage — Patiporn and William Douthat
- in memory of my mother, Barbara Rahm — Phyllis Hart

October 18

- in loving and blessed memory of my father, Ezra E. Pellet — Tricia Pellet Lyddon
- in memory of Marilyn Lacey McMullen — Larry McMullen
- in thanksgiving and celebration for the first birthday of our great grandson, Grant Loeffler — Phyllis and Jim Shaffer

October 25

- for Mary Gentry Shaw's birthday — Shawsie Branton
- in loving memory of Harold Robert Hall — Bruce Hall

To donate toward the flowers to celebrate a special event or remember a loved one, sign up online at www.ghct-kc.org/flowers or contact the Cathedral office (816.474.8260 ext. 103 or office@ghct-kc.org).

Thanksgiving Day

10:15 a.m. • Sung Eucharist
Cathedral Nave

Thanksgiving Day is a major holy day in the Episcopal Church. We gather at the Lord's Table to give thanks for the fruits of the earth, and ask God to make us faithful stewards of God's bounty for the provision of our necessities and the relief of all who are in need, to the glory of God's Name. The liturgy will include hymns, a homily and a Litany of Thanksgiving.

*Come Ye Thankful
People,
Come Raise the Song
of Harvest*



(The Cathedral offices and buildings will be closed Friday, November 27.)

St. Paul's Episcopal Church, 40th and Main, is hosting a prayer, hymn and grand Thanksgiving lunch beginning at 10:30 a.m. Thanksgiving Day. All are welcome; please contact the St. Paul's parish office 816-931-2850 to let them know you are coming.



The Episcopal Diocese of West Missouri

**Grace and
Holy Trinity
Cathedral**

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November 2009

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

The Right Rev. Barry R. Howe
Bishop of West Missouri

The Very Rev. Terry White
Dean

The Rev. Canon Susan Sommer
Canon Pastor and Subdean

The Rev. Joseph Behen
Clergy Assistant

The Rev. Bryan England
Deacon

The Rev. Bruce Hall
Deacon

The Rev. Dr. Michael Johnston
Scholar-in-Residence

Mr. John L. Schaefer
Canon Musician

Weekly Activities

Sunday

8:00 a.m. Holy Eucharist
9:15 a.m. Christian Formation
10:15 a.m. Holy Eucharist
5:00 p.m. Holy Eucharist

Monday

12:05 p.m. Holy Eucharist

Tuesday

9:15 a.m. EfM
12:05 p.m. Holy Eucharist
1:30 p.m. Tuesday Afternoon Bible Study

Wednesday

12:05 p.m. Holy Eucharist
5:45 p.m. The Tallis Singers
6:00 p.m. Grace Choraliers
7:00 p.m. Trinity Teens Youth Group

Thursday

7:00 a.m. Men's Bible Study
12:05 p.m. Holy Eucharist
6:00 p.m. Cathedral Bell Ringers
6:30 p.m. EfM
7:30 p.m. Trinity Choir

Friday

12:05 p.m. Holy Eucharist

This Month's Activities

1 • SUNDAY • ALL SAINTS' DAY

*Daylight Saving Time ends November 1 at 2 a.m.
Turn your clock back one hour Saturday night and
enjoy an extra hour of sleep!*

2:00 p.m. Concert: Festival Singers

5 • THURSDAY

7:00 p.m. Requiem and Remembrance (at CIC)

8 • SUNDAY

Blood pressure checks at coffee hour

11 • WEDNESDAY

5:30 p.m. Café Grazia
6:30 p.m. Guild of the Christ Child

15 • SUNDAY • KIRKIN' O' THE TARTAN

18 • WEDNESDAY

7:30 a.m. Finance Committee

19 • THURSDAY

5:00 p.m. Vestry

26 • THURSDAY • THANKSGIVING DAY

10:15 a.m. Holy Eucharist
Office and buildings closed Thursday & Friday.

29 • SUNDAY

11:45 a.m. Advent Workshop

Please verify times and dates of the events listed with the appropriate person(s) or by contacting the Cathedral office or website (www.ghhc-kc.org).

Requiem & Remembrance

A prayer service of
scripture and music
dedicated to the memory
of those who have gone
before us in faith

**Thursday,
November 5
7 p.m.**

at the Cathedral
of the Immaculate
Conception



The premiere of Mario
Pearson's Requiem of Peace
by the cathedral choirs of
GHHC and the Cathedral of
the Immaculate Conception,
in commemoration of 9/11.
This requiem is a multimedia
work that uses the traditional
liturgical texts of the requiem,
but also adds three movements
that call us to peace.