

The Angelus

Grace and Holy Trinity Cathedral • Kansas City, Missouri

Vol.79, No.8 • August 2010

Social Action to focus on youth in foster care

The Social Action Committee has expanded our focus on foster children, especially the older youth who are aging out of the foster care system. We recognize that many of the children need support and personal enrichment programs to function successfully in adult society.

Many of these children have been in foster care and transitional living for over four years. They have experienced multiple placements, increased mental health and social needs and are at an increased risk for homelessness as they age out.

We are evaluating multiple goals and action plans at this time and will be expanding our opportunities for involvement of the GHTC community.

In addition, on August 15, we are asking the Cathedral community to contribute school supplies for Crittenton. The children at the treatment center appreciate colorful notebooks, pencils, pencil holders, crayons and markers.

Your thoughtfulness is much appreciated by the children as they adjust to treatment and foster care.

The committee is also helping upgrade and repair equipment in the community kitchen to support the culinary cornerstone training, catering and food rescue programs.

-by Rosemary Durkin

Dinner for 8 begins another season this September

Last fall 10 Dinner for 8 groups were formed and each group agreed to meet four times from September to July. The feedback received was overwhelmingly positive as people were given the chance to get to know a new group of fellow parishioners.

One of the best ways to get to know each other is to spend time eating and sharing together. Dinner for 8 gives adults in our congregation this opportunity. Each Dinner for 8 group consists of four teams of two — couples may be a team. All groups will be committed to meeting four times for a meal between September 2010 and July 2011. Groups will be randomly selected from those who sign up and will meet at each other's homes (or other location as determined by the group) during the coming year for a potluck style dinner.

At each dinner the host team will provide the main dish; other dishes will be provided by the other teams or couples in your group. The host team or couple will rotate for each dinner so that everyone will host a dinner one time during the year. Dinners may be as formal or casual as your group decides—the purpose of the dinners is to enjoy fellowship with each other and become better acquainted. The selection of beverages served will be at the discretion of the host team.

All adults are encouraged to sign up—whether you are married or single. You will have a chance to sign up at the August 29 ministry fair.

You may sign up with a partner or ask to be paired up and each couple will work as a team when it is your turn to host a dinner. We hope you will consider this opportunity and if you have any questions or would like to sign up for a group, you may e-mail at karen.behen@gmail.com.

-by Karen Behen



Wednesday, August 25 5:30 p.m.

- Dinner will be at 5:30 p.m. with small group activities to begin at 6:30.
- All parishioners are cordially invited to join the fun, bring bread or a salad to share, and enjoy the fellowship!You might even want to stay and scope out one of the small group activities to see what they're up to.
- More info: ghtc-kc.org/pages/cafegrazia. html

Small Groups • 6:30 p.m.

- Inklings Book Group
- Charitable Needlework
- The Seekers
- Reel People

A look at the way MN is changing maternity care in SW Haiti

The Episcopal Church in Haiti, although small in comparison to other denominations, stands out for the work it does in Haiti. Many parishes in the Diocese of West Missouri support the work of the church by assisting parishes and schools in Southwest Haiti.

Here at the Cathedral, we have chosen to support Maison de Naissance, a birthing home near Les Cayes, in southwest Haiti, as part of our support of the Millennium Development Goal of reducing maternal and infant mortality. Haiti has the highest mortality rates in the Western Hemisphere — maternal mortality rates per 100,000 live births in the US: 11. In Haiti: 670. Infant mortality rates per 1,000 live births in the US: 7. In Haiti: 54.

Why such a difference? Here in the US, pregnancy and birth are a time of anticipation and celebration. In Haiti, it is often a time of fear and resignation that the outcome may not be good. This is based on the following:

- Distance to care facility/hospital: Women must walk to the nearest facility, which is often hours or days away from their homes.
- 2. Cost: At the facility, they are told they must purchase their own supplies, e.g.

sheets, medications, bandages, etc., often from multiple vendors. Most women don't have enough money to feed their families, let alone buy supplies and pay the facility's fees.

MAY 2010 STATISTICS:
Women's Reproductive Health Visits: 92
Prenatal Visits: 410
Deliveries: 35
Postpartum Visits: 29
Well Baby Visits: 254

 Fear: Even if they can make the trip and buy the supplies, there is no guarantee of the quality of care they will receive. Facilities are sub-standard and workers are not respectful or adequately trained.

MN removes these obstacles in the following ways:

- MN is centrally located in the area it serves and provides transportation when necessary.
- 2. All of MN's services are FREE. No



woman has to bring her own supplies.

3. MN provides quality care with education, compassion and dignity, which removes fear.

Other services provided by MN, also free of charge: prenatal care, postpartum care, women's reproductive health, family planning, newborn care, and vaccinations. MN has a Community Health Program, utilizing Community Promoters to increase awareness of MN's services, register households in MN's zone of service, and provides information on family planning, HIV, danger signs during pregnancy, domestic and sexual violence, breastfeeding and vaccinations.

MN believes in hiring and training Haitian

staff which provides jobs, (having enough jobs in Haiti is one of its multiple problems) and it now has a Haitian Administrator.

Since opening its doors in fall 2004, MN has had

more than 35,000 clinical visits, and delivered more than 2,000 babies. That's a record of which to be proud.

Please remember Maison de Naissance when planning your charitable giving and pray for all the people of Haiti during these increasingly difficult times.

In October we will celebrate the sixth anniversary of MN's opening during both coffee hours at the Cathedral. Be sure to join us.

-by Marian Philip

Flower gifts from July

July 4

- in memory of Howard L. Stewart Janet, Ric, and Devon Sweeting
- in thanksgiving for the birthday of my husband, Pat — Kay Woolley

July 11

- in honor of the wedding anniversary of Elizabeth & Beattie Leonard — Ron & Carolyn McLeroy
- in honor of the birthday of our son, Daniel—Premkumar & Caroline John
- in thanksgiving for Kathryn Celeste Finet on her birthday — Ruth Finet

July 18

- in memory of our daughter, Lynn McLeroy — Ron & Carolyn McLeroy
- in memory of Margaret Emswiler Gary & Jaunita McKee

July 25

- in thanksgiving for Sue Willsey Carolyn & Ron McLeroy
- in memory of Bill Pence Libby Pence
- in grateful thanksgiving for the ministries of Terry, Linda Sue, Tim and Becky White—the clergy and staff of Grace and Holy Trinity Cathedral

To donate toward the flowers to celebrate a special event or remember a loved one,

sign up online at www.ghtckc.org/flowers or contact the Cathedral office (816.474.8260 ext. 103 or office@ghtc-kc. org).



The Angelus

A laypersons' newspaper published in the interest of Grace and Holy Trinity Cathedral.

The Angelus Small Group Contributors:
Tom Atkin Mary Byrne
Jan Frizzle John Hornbeck
Chris Morrison

Julie Toma, Editor

The Angelus Small Group is open to anyone interested in contributing (writing stories, taking photographs) regularly to The Angelus. No experience necessary.

Submissions from parishioners and small groups are welcome and encouraged. All entries are requested by the 15th day of the month prior to publication by e-mail: communications@ghtc-kc.org or fax: 816.474.5856.



For more information about MN

Visit www.maisondenaissance.com or contact them at 816.812.7100, info@maisondenaissance.com. Donations may be made online or sent to 6247 Brookside Boulevard, Suite 224, Kansas City, MO 64113.

Evolution of a Ministry: the "Central Kitchen" at the Cathedral

As many are already aware, Episcopal Community Services will open a new Kansas City Community Kitchen at 750 Paseo (8th and Paseo) on September 8. The community of guests and neighbors that we serve will reap significant advantages from this, which we further discuss in a second article in this series.

A question that has been naturally arising, especially here at the Cathedral, is the future of our ministry at the current location. It is an excellent question, and the short answer is that hunger relief ministry at Grace and Holy Trinity Cathedral is alive and well and growing.

As the new Community Kitchen is opened, the current kitchen at 13th and Broadway will be repurposed as the "Central Kitchen" for Episcopal Community Services. It will be no less vital, and the kitchen will be increasingly focused on critical needs and programs that serve the hungry and others most in need in our society.

For example, the kitchen at the Cathedral will continue to be home to an expanded Culinary Cornerstones Career Training Program. This program addresses the root causes of hunger and homelessness by providing comprehensive student training in culinary arts, life skills, job search and career management. The primary culinary instruction will take place at this site, with the opportunity to increase significantly the number of students served because of the expanded hours that the kitchen will

be available. The students will work side-by-side with chef trainers and instructors to learn a wide range of culinary skills.

Although many at the Cathedral are familiar with Culinary Cornerstones, fewer are aware of our very active Food Rescue Initiative. In 2009, Episcopal Community Services received nearly 775,000 pounds of donated food. The food is donated by individuals, by grocery stores and restaurants, by community gardens, and other sources. The Central Kitchen at the Cathedral will continue to be home to that program —

functioning as a location for receiving donated foods, for food storage and appropriate preparation of food for storage, and for distribution of that food to other ministries in the Episcopal Hunger Relief Network. As we develop new sources such as our growing relationship with the local urban agriculture community and

farmers markets, we anticipate further expansion of this foundational program next year. The refocusing of this kitchen will play an important role in this development.

Finally, this kitchen location will continue to be home to a growing Cornerstones Catering program. This catering program represents an extraordinarily important opportunity for students. In addition to culinary training, students gain valuable experience related to customer/client interaction. This program also represents an additional funding source for our ministries. At a time where our greatest challenge is the disparity between need and available funding, fund development experts in the non-profit community agree that internally-funding programs such as this are key to long-term growth and viability.

So, back to the short answer: "Hunger relief ministry at Grace and Holy Trinity Cathedral is alive and well and growing." We are excited about prospects for the future that include increased collaboration, new and exciting volunteer opportunities, and other developments. Our partnership continues to be important in following Christ's instruction for us to love and serve all.

For more information on any of the above, please contact John Hornbeck at 913-669-1174 or at jhornbeck@EpiscopalCommunity.org.





Treasurer's Report

June MTD	Budgeted MTD Actual MTD		ctual MTD	
Income	\$	290,221	\$	286,649
Expenses	\$	132,230	\$	125,899
Net Total	\$	157,991	\$	160,750
June YTD	Bu	dgetedYTD	A	ctual YTD
Income	\$	944,917	\$	948,296
Income Expenses	\$	944,917 850,567	\$	948,296 842,301

The month to date net income outperformed the budget due in part to lower than budget expenditures. The year-to-date net income was a result of both larger income and lower expenses during the first six months of the year. While additional expenditures for capital expenses are anticipated, continued increase in pledge and plate income is anticipated to continue to outpace the budget projections for the year.

—by Jim Phillips, Treasurer



Dean's Cup Classic raises money for Culinary Cornerstones































photos by John Hornbeck

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The 2010 Dean's Cup Classic Golf Tournament, sponsored by Grace and Holy Trinity Cathedral, was Saturday, June 26, at the Adams Pointe Golf Club.

All proceeds from the tournament benefit the Culinary Cornerstones chef training program of Episcopal Community Services.

The event included 18 holes of golf, a beer and barbecue banquet and a silent auction.

Thank you to all who volunteered and supported this event.

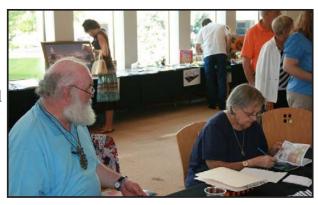
Mark your calendars for the sixth annual Dean's Cup Classic: June 25, 2011.

Watch www. ghtc-kc.org/ golf for updated details in the coming months.





















School supply drive: August 15

Start watching for those great back-to-school sales on school supplies. The Social Action Committee is sponsoring a school supply drive for the foster children at Crittenton and in foster homes in the Kansas City area. The children are in need of tablets. pencils, pens, folders and other supplies needed for the school year.

Please bring your donated supplies to church August 15 and the Social Action Committee will deliver your gifts to the children. Any donations will be appreciated. The more colorful. the better.





The Episcopal Diocese of West Missouri

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P.O. Box 412048 Kansas City, Missouri 64141 Telephone: (816) 474-8260 Facsimile: (816) 474-5856 Website: www.ghtc-kc.org E-mail: office@ghtc-kc.org

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Bishop of West Missouri

The Very Rev. Terry White

Canon Pastor and Subdean

The Right Rev. Barry R. Howe

The Rev. Canon Susan Sommer

The Rev. Canon Joseph Behen

August 2010

18 19 20

24 25 26 27 28

The Rev. Bryan England Deacon

> The Rev. Bruce Hall Deacon

The Rev. Dr. Michael Johnston Scholar-in-Residence

> Mr. John L. Schaefer Canon Musician

Activities for August

8 • SUNDAY

AM: Free blood pressure checks in Founders' Hall

14 • SATURDAY

10:00 a.m. Strategic Planning Committee

19 • THURSDAY

5:00 p.m. Budget Planning Committee

25 • WEDNESDAY

5:30 p.m. Café Grazia & Small Groups

26 • Thursday

5:00 p.m. Vestry

29 • SUNDAY

11:30 a.m. Ministry Fair

Weekly Activities

Sunday

8:00 a.m. Holy Eucharist

10:15 a.m. Holy Eucharist Children's Chapel

5:00 p.m. Holy Eucharist

Monday-Friday

12:05 р.т. Holy Eucharist

Tuesday

1:30 p.m. Women's Bible Study

Thursday

7:00 a.m. Men's Bible Study



Mark your calendars and plan on visiting Founders' Hall Sunday, August 29 for our annual ministry fair. The theme this year is "Hats off to Cathedral Ministries."

Representatives of Cathedral ministries and small groups will staff display tables after both the 8 and 10:15 a.m. services. It's a great opportunity to see the breadth of ministries going on at the Cathedral, and to learn more about each of them.