

# The Angelus Grace and Holy Trinity Cathedral • Kansas City, Missouri

Vol. 80, No. 9 • September 2011

# FROM THE PRIEST-IN-CHARGE

Another thing checked off my bucket list: canoed the Jordan River this summer.

OK, not that Jordan River. I've been up close and personal with that Jordan River and while it was definitely a spiritually moving experience, I didn't hanker for the opportunity to canoe it. No, I'm talking about the Jordan Rover in northern

Lower Michigan not far from where the Sommer family vacations. As rivers go, it's distinctly minor league — 33 miles from source to mouth, of which only the lower 1/3 is open to canoeing or kayaking. (Upstream, where the river is more narrow, is reserved for trout fisherpersons). The banks are crowded with cedar and northern hardwoods and the water is icy cold, swiftly flowing and clear

enough to see clear down to gravelly bottom. On that day, we caught glimpses of a mink cavorting near the bank, scores of trout fingerlings darting around submerged trees, and an amazing assortment of songbirds including a squadron of cedar waxwings whose aerial maneuvers suggested that we were being escorted out of their neighborhood. We also saw a grand total of two other human beings — both in kayaks — during the course of our downstream journey. Mostly, we heard wind in the trees, birdsong and the water riffling. It was, in the words of Nick Adams (Hemingway's fictional character who, in a number of short stories, spends his summers in that part of Michigan) most satisfactory.

I have two requirements for canoeing. One is that the river has to do most of the work. The second is that Rick

With living a life of faith, the tasks are to trust, watch, listen, respond and engage the power that is moving us forward.

has to be the one in the stern doing the steering, for the simple reason that he's really good at it and I'm ...well ... not. We'd still be snagged on a treefall, sideways in the stream, if I were at the helm. His

expertise showed repeatedly in the way that he'd gauge the speed of the current and the bend of the river, reading the riffles and estimating the clearance we'd likely have. I'd warn him of hazards I could see up ahead, but he generally was way ahead of me, already calculating where we needed to be to shoot by in safety.

Trusting your helmsman in those circumstances should be a matter of course, especially when you have every confidence in your helmsman's skill. And yet for me, and perhaps for some of you in similar circumstances as well, it is no small thing to relinquish responsibility (the mask that over-functioning often wears). It can be enormously challenging to sit in the bow of a canoe, your paddle athwart the gunwale, and simply be. "Trust me, I'll let you know when you need to paddle," Rick said. In other words, my job on the Jordan River that afternoon was to trust, to listen, to respond as needed, and to engage the fullness of the journey — borne along as we were on this swift, graceful river.

Metaphor alert: With canoeing — as with living a life of faith — the tasks are to trust, watch, listen, respond and engage the power that is moving us forward.

Kathy Staudt, writing recently for the Episcopal Café blog, reflected on our common capacity to engage what contemplative writer Parker Palmer names as the "Functional Atheism" of our society — the belief that really we control everything, and that we invite God in when we choose, to bless or ratify the judgments we've already come to. Dr. Staudt writes, "If we're honest, we have to admit that all of us do this sometimes. It is a perilous thing, closing off the living God who desires to heal and transform us. Contemplatives everywhere will tell you that going into prayer begins with letting go of our most firmly held agendas, and being open to a deep and risky conversion of heart."

# Dean search update

In the coming weeks, three members of the Screening committee — David Barker, Paula Henderson Connors and Michael Thomas — will be visiting the home parishes of our final candidates for Dean. If all goes as planned, these visits will be complete by early September. Following the parish visits, the Search Committee will convene to evaluate the information gathered from the parish visits and determine whether it is necessary for a candidate or candidates to return to GHTC for additional discussions.

At the conclusion of the parish visits and possible return visits to Kansas City, the Search Committee will form a final list of candidates and present the candidates to Bishop Martin Field for consideration. The Search committee continues to work toward the goal of electing our next Dean by mid-October.

The Search Committee thanks you for your prayers — for our candidates and their families as well as our Cathedral family — as we continue in our discernment process.

Faithfully, Sue+

#### **Adult Formation**

9:15 a.m. • Founders' Hall

#### Finding Spiritual Refreshment August 21, September 4

Many of us experience a deep thirst for a meaningful spiritual life. We feel the need for genuine spiritual refreshment as we wander through an environment all too often parched and dry. So we eagerly set out on the inviting journey of seeking a deeper relationship with God's very self, but, before we are very far along, we discover that we cannot go it alone. We need help, advice and guidance. **Deacon Jerry** Grabher invites you to attend one of two orientation sessions in Founders' Hall at 9:15 a.m. Sunday, August 21 or September 4 to learn more about opportunities coming to the Cathedral for you to find new hope and new meaning in living out your Baptismal Covenant. If you are unable to attend either of these sessions and would like more information or want to be a part of these sessions, contact Deacon Jerry Grabher at jgrabher@ghtc-kc.org or 816-590-6205.

# The Tenth Anniversary September 11

What does the tenth anniversary of 9/11 mean to us as Christians? Vern Barnet shares some theological reflections and invites a discussion about how we as individuals and as a society can best understand that horrific day. Vern led the city's first 9/11 anniversary observance — held at GHTC — portions of which appeared on a network CBS-TV special, and he chaired the interfaith Jackson County Diversity Task Force on the conditions of religious communities in the five-county area after 9/11.

#### Theology for Everyone – Jesus Wept: September 18

We will sit together to watch a short film (10 minutes or so) and then we'll break into smaller groups for discussion. Each group will have a designated discussion leader, who will begin discussions with some open-ended questions designed to generate participation by all. For more information about this series, see the article "Thelogy is conversation" in this issue of *The Angelus*.

# Faith-building fun

Every baptized person is called to ministry. The Education for Ministry (EfM) program provides lay people with the education and

an opportunity to discover how to respond to their call to Christian service.



EfM groups

will meet at the Cathedral from September through May on Tuesdays at 9:15 a.m. or at 6:30 p.m. beginning September 6.

For information see about the program see www.sewanee.edu/EFM or contact an EFM mentor. For Tuesday mornings, contact Kristin Niederberger at kniederberger@kc.rr.com. For Tuesday evenings, contact Gary Hicks at gary@garyhicks.net or Steve Johnson at sjohnson9@kc.rr.com.

EfM is challenging, faith-building and fun!

# Treasurer's Report

July MTD	Buc	dgeted MTD	Actual MTD	
Income	\$	72,750	\$	87,572
Expenses	\$	112,911	\$	112,270
Net Total	\$	(40,161)	\$	(24,698)
July YTD	Bu	dgeted YTD	Α	ctual YTD
July YTD Income	<b>Bu</b> (\$	880,041	<b>A</b> \$	<b>etual YTD</b> 887,587
-		Ť		

During the month of July 2011, actual results were better than budget in both revenue and expenses. The total amounts for pledge, plate, and user fees (events) exceeded the budget and as a result the total revenue for the month exceeded budget by approximately \$14,800. Total expenses for the month were below budget by about \$700. The net effect was a lower negative net income for the month of \$24,698 as compared to the negative \$40,161 as budgeted. The actual results also compared favorably to July 2010. For the year-to-date July 2011, the results were closer to budget, but due to previous expenditures in property, actual results remain below budget by about \$9,400. Total revenue exceeds budget by approximately \$7,500. Total expenditures however exceed budget by approximately \$17,000 of which property is over budget by approximately \$23,400. Looking to the future, we do anticipate additional property expenditures as certain items are in need of repair and/ or replacement.

-by Jim Phillips, Treasurer



Café Grazia is a monthly gathering for all parishioners. You are cordially invited to join the fun, bring bread or a salad to share, and enjoy the fellowship. You might even want to stay and scope out one of the small group activi-

ties to see what they're up to.

## Dinner • 5:30 p.m. Small Groups • 6:30 p.m.

- The Seekers
- Inklings Book Group
- Charitable Needlework
- Reel People
- Youth Group: Eat together and then meet for games and conversation.

### Paper bags for food pantry

When the grocer asks "Paper or Plastic," say "Paper" and recycle by donating the bags to our food pantries for distributing food to the hungry.

Bring the bags to church and leave them in the basket in the tower entrance and they will be donated to St. Paul's food pantry.



A laypersons' newspaper published in the interest of Grace and Holy Trinity Cathedral.

Regular Contributors: Friends of MN, Jan Frizzle, Chris Morrison Julie Toma, Editor

*The Angelus Small Group* is open to anyone interested in contributing (writing stories, taking photographs) regularly to *The Angelus*. No experience necessary.

Submissions from parishioners and small groups are welcome and encouraged. All entries are requested by the 15th day of the month prior to publication by e-mail to communications@ghtc-kc.org.

# A pastoral letter to the Diocese of West Missouri from Bishop Martin S. Field

Greetings in the Name of Our Lord, Jesus Christ.

Perhaps you have heard about the West Missouri Futuring Task Group at a deanery meeting or read about it in the "e-Spirit" or "Spirit" magazine. I sincerely hope you have as it is one of the most important initiatives undertaken in our diocese for some time.

For those who do not know about this Task Group, let me explain how it came to be, its purpose and scope, and the timeline for its work.

The 2010 Diocesan Convention passed two resolutions (#s 2 & 5) which mandated the creation of committees to look into the feasibility and reasonableness of merging our diocese with one or more other dioceses (Resolution #2) and to examine our diocese's congregational assessment system (Resolution #5).

I resolved — instead of forming two committees — to call a single group into being to deal with the mandates of both resolutions. When they convened for the first time, under my leadership, I asked them to become a visioning body for the diocese: to take a more global approach to the tasks laid out by the resolutions, to articulate a holistic vision for the life and ministry of the diocese, and to provide me input and recommendations for advancing into the future. Members of the group agreed to this approach and now identify themselves as the Diocese of West Missouri Futuring Task Group.

We are embarked first on a process of clarification, even redefinition, of the mission of our diocese. Thus, we are seeking to ask and answer the questions: What characteristics and values form the unique identity of the Diocese of West Missouri? What should be the central focus of diocesan work? What should the long-range goals be for our diocese?

When members of the group adopted their expanded scope of work, they expressed their commitment to honoring the intention of the 2010 Convention. To that end, sub-committees are gathering data about assessment systems in other, comparable dioceses and are exploring how other dioceses are structured to carry out their mission and achieve their vision. In this way, we are completing the tasks mandated by the Convention and completing the necessary groundwork on which to lay a firm foundation for our diocese's future.

In the end, the Task Group will have in hand a clearly articulated statement of our diocese's mission and vision and will be able to recommend:

- how the diocesan staff and leadership should be structured for the years ahead,
- financial ministries practices, including assessment and budgeting, that will maximize the impact of ministry in the most cost-effective manner possible.
- constitutional or canonical changes needed to support our mission and vision,
- ways to ensure that every person in a West Missouri congregation knows that the money assessed from congregations for diocesan-level work is worth it and is truly being used for missional purposes,
- the form of organizational alignment, diocesan and provincial, that offers the best opportunity to realize our mission and achieve vision.

It is my hope and my prayer that the Diocese of West Missouri Futuring Task Group will be the pivot point on which we will turn to a bright future of congregational growth, of generous faithfulness, and of deep community one with another in this corner of God's vineyard.

Please remember that while the Futuring Task Group is wholeheartedly committed to achieving useful and practical results, this work will take time. Please be patient as the group undertakes the tasks of: data collection, examining best practices, trial testing potential solutions, drafting changes to constitution and/or canons, and working through the myriad details involved in a work of this magnitude.

And speaking of data collection. I call on every Episcopalian in West Missouri, youth (especially) and adults, to attend one of the three "Shaping Our Future" forums coming to our diocese in September and October (see below for schedule and locations). In these forums, every member of the diocese will be heard. Every member. You will truly be part of shaping our future.

Blessings,

\* Martin Stield

The Rt. Rev. Martin S. Field Bishop, West Missouri VIII



(anyone may attend at any location)

Central Deanery September 11, 3-5 p.m. St. Anne's, Lee's Summit

Southern Deanery September 25, 3-5 p.m. Christ Church, Springfield

Northern & Metro Deaneries October 9, 3-5 p.m. Grace and Holy Trinity Cathedral (Founders' Hall), Kansas City

## Diocese of West Missouri Futuring Task Group Roster

Tom Lanio, Good Shepherd, KC (Northern Deanery)

Bob McElwain, St. Andrew's, KC (Metro)

Rob Walker, All Saints', KC (Metro)

Roger Ewing, Christ, Lexington (Co-Chair) (Central)

Fr. Ron Keel, Resurrection, Blue Springs (Central)

Linda Robertson, St. John's, Springfield (Southern)

Fr. Steve Wilson, Grace, Carthage (Southern)

Mother Lauren Lyon, St. Mary's, KC (Co-Chair) (Metro)

Fr. Mark McGuire, St. Paul's, Lee's Summit (Central)

Fr. Steve Rottgers, St. Anne's, Lee's Summit (Consultant to the Task Group)

Bishop Marty Field, Ex Officio

Three committee positions are open and awaiting appointment, and the committee may be expanded as needed.



# MUSIC NOTES

At its July meeting, the Vestry approved the formation of a Cathedral Music Guild. The purpose of the Guild is do develop projects that go beyond the day-to-day music program covered by the Cathedral budget.

As many of you know, the first major project is a choir tour of England in 2013. The Choir has offered its services to Exeter Cathedral for an Evensong, Wells Cathedral for an Evensong, Bristol Cathedral for a Saturday/Sunday, and Worcester Cathedral for a week-long residency. This is expected to begin in mid-July of 2013.

Raising funds for the tour is off to a good start, thanks to the generos-

ity of those who attended Richard Preis's concert in July and my own recital on my birthday.

The next event in the fundraising journey is a Lobsterfest on Saturday, October 1, which happens to be the 35th anniversary of my becoming the Organist/Director of Music at Grace and Holy Trinity Cathedral. During the month of September, choir representatives will be taking orders for lobsters, which will come fresh from Boston Saturday, October 1. Then, we'll enjoy a feast in the evening, with shared dishes. So, do order your lobsters and do come and be part of the celebration on October 1.

Choir rehearsals have begun. The Tallis Singers welcome additional musicians, as do the Grace Choraliers. The Trinity Choir has some openings as do the Cathedral Bell Ringers. Please visit with me after worship or phone 816-214-9928 for more details about the choirs and what they do.

# Health News

Learn to recognize a stroke, because time lost is brain lost

Every year in the United States there are more than 780,000 strokes. Strokes (cerebrovascular accidents) are the third leading causes of death and causes more serious long-term disabilities than any other disease. Nearly three-quarters of all strokes occur in people over the age of 65, and the risk of having a stroke more than doubles each decade after the age of 55.

After having a loved one experience a stroke in July, I researched some sources and feel that the following guide will be beneficial to everyone. The main thought is to remember that getting medical treatment within three hours of the episode may reduce long-term disabilities.

The following signs and symptoms will assist you in recognizing what is happening should a stroke occur:

- Sudden numbness or weakness of the face, arm or leg, especially on one side of the body
- Sudden confusion, trouble speaking or understanding
- Sudden trouble seeing in one or both eyes
- Sudden trouble walking, dizziness, loss of balance or coordination
- Sudden, severe headache with no known cause Call 911 at any sign of a stroke.

The causes and treatment of stroke will be discussed at a

future Health and Wellness informational meeting. The diagram accompanying this article is reprinted from the Massachusetts Department of Public Health.



Carol Montgomery, RN

#### Is it a stroke? Check these signs FAST!









Act FAST. Call 9-1-1 at any sign of stroke!

# Theology is conversation

I was recently asked what it is that draws me to the Episcopal Church. I said that there are many things, but to name one near the top of my list, I appreciate the Episcopal Church's refusal to understand itself as the producer of answers (to possibly unasked questions). The person I was speaking with seemed to have heard such a response before, and was ready with a quick reaction: "But don't you say the Nicene Creed together each week? What is that, if not a list of answers?" I affirmed that we say the Creed each week, but clarified our view of it, at least in my understanding. "The Creed acts as the beginning of discussion. It's where the conversation starts, not where it ends."

Rowan Williams once wrote that, "Having [theological] integrity is being able to speak in a way which allows response." Theology, then, while it so often sounds like answers, can more effectively understood as parts of a conversation. It could often carry a more generous tone than it has historically, but conversation it remains. When they lose this fundamental characteristic, theologies have been pushed forward in imitation of complete systems, the integrity of which is usually measured by their "tightness," the degree to which they aspire to universality. When people outside of organized religion voice their rejection of the Church, they often refer cynically to its "dogmatism," meaning the appearance that the Church is more interested in telling than in listening.

When theology is understood in relation with its close cousin, prayer, it can be seen more clearly as something that is engaged in, rather than as something that is achieved, once for all. To engage in theology is to assume that others have valuable things to add to the conversation, and that when we engage in theology together, the result may be something that none of us could have done alone. It becomes more than one individual's "answers," some person's attempt to "explain" God and the world.

The Cathedral's Adult Formation Committee has committed this year to trying on a new format in our Sunday morning forum with a series called, "Theology for Everyone." For the September 18 and November 13 sessions this fall, we will engage this format, which looks like this: At 9:15, we'll sit together to watch a short film (10 minutes or so). Then we'll break into smaller groups for discussion. Each group will have a designated discussion leader, who will begin discussions with some open-ended questions designed to generate participation by all. This is our attempt to restore theology to its proper context — theology as conversation, not as answers. We hope that it becomes more like its cousin, prayer, in that it begs us not only to share, but to listen to each other.

-by Fr. Joe Behen

Face





**A**rm



Learn these signs of stroke.

Speech



Does their speech sound strange?

Ask the person to repeat a simple phrase, for example, "The sky is blue."

Be a hero. Save a life.

Time

If you observe any of these signs, then it's time to call 9-1-1.

Call 9-1-1

## MN provides many services

The most recent update from Kyra Abbot, director of MN in Haiti, contains information about the various services provided by MN. Important as it is, they do much more than

deliver babies in clean, safe surroundings.

Kyra noted that June began with torrential rains ... once for an entire week. Such rains in Haiti mean impassable roads; and because many of the houses have thatched roofs, keeping their meager possessions dry is a challenge. This meant many women were unable to reach MN for their scheduled appointments, and some women delivered their babies at home. Once the rains abated, MN's staff had to work overtime to accommodate all the women

who had missed appointments.

There was an increase in cholera due to the heavy rains, including confirmed cases in MN's area of service. MN's Community Health Promoters and members of the community health committees met for a training session on how to teach community members how to avoid contracting cholera. Kyra was one of the teachers and reported the classes took place under a tree near a modest one-room school.

MN also distributed water purifying tablets to staff and neighbors who lived close to homes where there were confirmed cases of cholera. Clean water is a must for the prevention of cholera, and to that end, MN financed the drilling of two new wells (see photo) and in cooperation with another NGO, repaired 15 non-functioning wells around MN's zone of service.

The Health Committees meet monthly and on an "as needed basis" with MN leaders to discuss health issues in the area of service. Each member is assigned 50 homes to visit monthly and provide services such as deworming children under age 5. They also give the families information about services provided by MN.

June was a busy month for MN's Reproductive Health/Family Planning program with nearly 1000 consultations and 3500 registered clients. Services are provided for both women and men. Family planning — prevention of unwanted pregnancies — is the best way to reduce the maternal death rate. Miss Osseline, an auxiliary nurse (see photo) is MN's primary family counselor. All

clients are taught the importance of condom use for prevention of STDs. MN distributed 7,094 condoms in June. The preferred method of contraception is *piki twa mwa*, i.e. the three-

month injection. Others prefer oral contraceptives, or hormonal implants that prevent pregnancy for up to five years. Finally, there is tubal ligation available for women — usually women 35 or older who have already had five or more pregnancies and future pregnancies would risk complications and possible death.

This has been a long report on MN ... but it is important for you to know about the many services offered at MN.

Kyra ended her report with the following, "Your ongoing commitment to MN is appreciated and essential to our future. From the mothers and babies who receive care, as well as our Staff, who are fiercely proud to work at a birthing home respected all around Haiti, *MESI ANPIL* (THANK YOU VERY MUCH) for your donations, thoughts and prayers."

I would also like to call your attention to the latest book by Dr. Paul Farmer, who has done outstanding work in the Central Plateau area of Haiti. The title is *Haiti, After the Earthquake*. Dr. Farmer does an excellent job of telling the history of Haiti, which explains why this small country has fallen further and further behind economically over the years. This is important reading for all, because Dr. Farmer's work has expanded worldwide and Haiti's problems are the same problems in many other areas of our world. There are lessons to be learned for all of us, especially during these difficult times.

Thank you from all the Friends of MN at GHTC for your continued support of this important ministry of the Cathedral.

-by Marian Philip

#### June 2011 Statistics

Women's reproductive health visits: 997
Prenatal Visits: 583
Postpartum Visits: 71
Laboring Women: 51
Urgent Labor Transfers/referrals: 8
Deliveries: 43

Well Baby Visits: 271

# August flower gifts

#### August 7

- in thanksgiving for our children and grandchildren — Pat & Kay Woolley
- in loving memory of J. Earl Cavanaugh and in thanksgiving for his life — Nancy Cavanaugh and Helen
- in loving memory of Dorothy Hartman Jim and Pattie Phillips
- The altar candles given in thanksgiving for the Eucharistic Visitors.

#### August 14

- in memory of Morgan Marie Pollak Pat McKenna
- in memory of Burleigh Shirley Bridgett Shirley and Mike Sancho
- in memory of Betty Phillips' 90th birthday her loving family

#### August 21

- in thanksgiving for the birthday of my grandson, William Coleman Reed Shawsie Branton
- in memory of my parents, Marjorie & Wendell Beckord Pat McKenna
- in thanksgiving for the summer choir

To donate toward the flowers to celebrate a special event or remember a loved one, sign up online at www.ghtc-kc.org/flowers or contact the Cathedral office (816.474.8260 ext. 103 or office@ehtc-kc.org).

# Fall Harvest Grand Tasting

September 9 • 6-9 p.m.



Episcopal Community
Services invites you to their
annual wine tasting

\$35 per person / Sponsorships for reserved tables available

# Upside Down – South of the Equator

Wine and appetizer pairings from Chile, Argentina, South Africa, Australia, New Zealand and other growing regions "down-under"



More info at episcopalcommunity.org or 816-561-8920. All proceeds go to hunger relief and job training programs.





# School supply drive a success

Cathedral members again demonstrated our care for Kansas City area children and youth through an over-whelmingly generous response to our fourth annual school supply drive. These school supplies go directly to foster children and the school located on the Crittenton Children's Center campus. Crittenton provides mental health services for area youth; it is part of Saint Luke's Health System, which is affiliated with the Episcopal Diocese of West Missouri.

In all, Cathedral members donated more than 77 packages of pencils/pencils/erasers, 170 packs of glue sticks/bottles of glue, 52 packages of loose leaf notebook paper, 101 boxes of crayons, 96 school folders/binders, 92 spiral notebooks/composition books, 71 boxes of colored pencils/ markers/highlighters and 27 pencil boxes/pouches/backpacks. Numerous additional supplies including rulers, protractors, scissors, index cards, construction paper and a calculator were also donated; as well as more than \$155 in monetary donations.

On behalf of the children and staff at Crittenton, thank you for making God's love real! The annual drive is sponsored by the Foster Care Outreach group, a part of the Social Outreach Commission.



## September Calendar

#### 9 • Friday

6:00 p.m. ECS Fall Harvest Grand Tasting

#### II • SUNDAY

Free blood pressure checks at coffee hour Formation for all ages resume at 9:15 a.m.

#### 15 • Thursday

5:00 p.m. Social Outreach Commission

#### 21 • Wednesday

7:30 a.m. Finance Committee

#### 22 • Thursday

5:00 p.m. Vestry

#### 28 • Wednesday

5:30 p.m. Café Grazia Dinner

7:00 p.m. Café Grazia Small Groups

# September 2011 S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30

Please verify times and dates of the events listed with the appropriate person(s) or by contacting the Cathedral office or website (www. ghtc-kc.org).



The Episcopal Diocese of West Missouri

P.O. Box 412048 Kansas City, Missouri 64141 Telephone: (816) 474-8260 Facsimile: (816) 474-5856 Website: www.ghtc-kc.org E-mail: office@ghtc-kc.org Non Profit Organization

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The Right Rev. Martin S. Field Bishop of West Missouri

The Rev. Canon Susan Sommer Priest-in-Charge

The Rev. Canon Joseph Behen *Canon* 

The Rev. Jerry Grabher Deacon

The Rev. Dr. Michael Johnston Scholar-in-Residence

> Mr. John L. Schaefer Canon Musician

## Weekly Activities

#### Sunday

8:00 a.m. Holy Eucharist
9:15 a.m. Christian Formation
10:15 a.m. Holy Eucharist
5:00 p.m. Holy Eucharist

#### Monday

12:05 p.m. Holy Eucharist

#### Tuesday

9:15 a.m. EfM

12:05 p.m. Holy Eucharist
1:30 p.m. Women's Bible Study

#### 6:15 p.m. Eff Wednesday

12:05 p.m. Holy Eucharist 5:45 p.m. The Tallis Singers 6:15 p.m. Grace Choraliers

#### Thursday

7:00 a.m. Men's Bible Study
12:05 p.m. Holy Eucharist
6:00 p.m. Cathedral Bell Ringers
7:30 p.m. Trinity Choir

Friday

12:05 p.m. Holy Eucharist



- A time to fellowship
  - A time to feast •
- A time to learn about the Cathedral's ministries

This year's event will look a lot different from the previous years' Ministry Fairs/Rally Days. Founders' Hall will be filled with round tables, each table hosted by a representative from a Cathedral ministry. After the 10:15 service, everyone will fill their plates and choose a seat at a table hosted by a ministry about which they'd like to know more. Grilled meat will be provided; table hosts will provide desserts; everyone else is asked to bring a side dish. We hope this format will foster conversation and fellowship, and provide avenues for parishioners to connect with Cathedral ministries.

Come to fellowship, feast and learn about Cathedral ministries!