



# The Angelus

Grace and Holy Trinity Cathedral • Kansas City, Missouri

Vol. 80, No. 12 • December 2011

## FROM THE PRIEST-IN-CHARGE

*Please enjoy this encore presentation from The Angelus 2005. S+*

I consider it the triumph of hope over experience that each year I go into Advent thinking, "It'll be different this year. This year I'll do my shopping early. This year I WILL get Christmas cards written and mailed before Ash Wednesday. This year I will employ my organizational skills so that preparations for Christmas are calm, deliberate, and yes, joyful.

Yeah, right.

Experience has taught me that Advent gets more chaotic with each passing year. Invariably, by the third Sunday of this brief season I'm all but panicking, thinking, "I'm not ready." It makes me think of playing hide 'n seek when I was a child, when "It" would call out, "Ready or not, here I come." And no matter how clever my hiding place was, I'd feel that momentary jolt as I would think, "Wait! I'm not ready yet. This place isn't good enough. I need to keep on looking. Don't come yet. I'm not ready."

Seems that no matter how far in advance we know something is coming — be it a holiday, an upcoming wedding, the birth of a child, or the death of a loved one — we are still taken by surprise at the suddenness of it all. I have no doubt that Mary wasn't ready for labor to begin, camped out as they were in a stable, for heaven's sakes, in a strange city far from the comforts of home and a Nazarene midwife. This was the child of promise, the one destined to be called the Son of the Most High, the one who would ascend the throne of his ancestor King David.

If God could swing a miraculous conception, surely God could have arranged for Jesus to be born before this ill-advised trip took place. Or if the Messiah had to be born in the City of David, then surely God could have pulled some strings to get them a room at the inn. I wonder if Mary felt

as some of us feel before our first-born is delivered: you're more than ready to not be pregnant any longer, but you're not at all sure that you're ready for what lies ahead.

Part of the human equation is that the two great markers of existence — birth and death — occur apart from calendar time. We don't generally get to plan the specifics around either of these events. Birth especially happens not because we are ready but because God is. They are holy moments because they occur in the fullness of time, when the eternal breaks in to the temporal. And though it does not always seem this way at the time, it is God's great gift to us that our own personal readiness is not remotely a factor.

Any birth, but especially the birth we celebrate at Christmas, comes to us whether we are ready or not. Thank God. Were the birth of the Savior left up to human time-tables, we would still be saying to God, "Wait! I'm not ready yet! I'm not done trying to do this on my own yet. I need more time to work a little harder, maybe bit a bit more deserving. Don't come yet. I'm not ready."

Suffice to say, I suspect I shall arrive at Christmas Eve breathless as usual, having left undone far too many things that I ought to have done, or at least believed I ought to have done. Perhaps some of you can relate. And yet in the stillness of a midwinter night, the gift of the Incarnation will be handed to us all by a God who is less interested in our readiness than in our faithfulness. And part of the gift is that God asks only that we put down our unbaked cookies, our unwritten cards, our unwrapped gifts, our self-important busy-ness, and hold out our arms that we might receive the newborn Christ Child given to us.

Ready or not.

*Sue+*

## Bishop's crosier modified

Bishop Field had noted at the time of his seating that the diocesan crosier was much shorter than typical — probably relating to how short Bishop Spencer (first bishop of West Missouri) apparently was (at least, judging by the cope he wore that hangs in the sacristy closet). Bud McDowell offered to lengthen the crosier. This was done in time for the Convention Eucharist. It is now the "regulation" height, meaning that

the crook portion of the crosier extends over the head of the bishop. Bud also arranged for the brass ornamentation on the crosier to be cleaned, de-oxidized and restored.

Bud also fashioned a holder for the crosier adjacent to the cathedra (bishop's throne) which not only supports its enhanced height, but which also will better protect the wood and brass finishes from damage.



photo by Julie Toma

# An invitation to Women's Bible Study

*Forward Day By Day's* selection for Wednesday, November 9 utilizes the following passage from Nehemiah to commend the benefits of seeking to understand scripture.

*"So they read from the book, from the Law of God, with interpretation. They gave the sense, so that the people understood the reading".*

In the cited case, Ezra and other learned scribes help the people understand the words of scripture. The *Forward Day By Day* commentator states that it is beneficial to seek the wisdom of others as we study scripture, but that wisdom is not exclusive to Bible scholars. "Perhaps ....the Bible is best read as part of a worshiping community where the insights of one person can inform the insights of another."

You are invited to join the Women's Bible Study group on Tuesday afternoons at 1:30 for an hour — sometimes more — of insightful, joyful, compassionate, often passionate study of scripture. Each Tuesday we consider the Propers for the following Sunday which can be found at [www.workingpreacher.org](http://www.workingpreacher.org) or [www.lectionarypage.net](http://www.lectionarypage.net). Questions we ask to get discussion rolling are: "What ties these readings together?" and "What in them speaks to us in our daily lives?"

—by Candy McDowell

## The Rule of Benedict: Two new groups starting in January

Many of us experience a deep thirst for a meaningful spiritual life. We feel the need for genuine spiritual refreshment as we wander through an environment all too often parched and dry. So we eagerly set out on the inviting journey of seeking a deeper relationship with God's very self, but, before we are very far along, we discover that we cannot go it alone. We need help, advice and guidance.

Two new groups will start in January to help you find new hope and new meaning in living out your Baptismal Covenant. One group will meet the second Monday from 1-2:30 p.m. and the other will meet the first Wednesday from 7-8:30 p.m.

Interested? Contact Deacon Jerry Grabher at [jgrabher@ghkc-kc.org](mailto:jgrabher@ghkc-kc.org) or 816-590-6205.

## Treasurer's Report

Oct. MTD	Budgeted MTD	Actual MTD
Income	\$ 80,479	\$ 84,138
Expenses	\$ 114,077	\$ 92,163
<b>Net Total</b>	<b>\$ (33,598)</b>	<b>\$ (8,025)</b>
Oct. YTD	Budgeted YTD	Actual YTD
Income	\$ 1,163,691	\$ 1,170,245
Expenses	\$ 1,222,374	\$ 1,203,265
<b>Net Total</b>	<b>\$ (58,683)</b>	<b>\$ (33,020)</b>

For the month of October income was approximately \$4,000 more than budget and expenses were about \$22,000 below budget. Pledge was ahead while plate was below budget. Additionally, clergy expenses were more than budget and property and utilities were below budget, reflecting fourth quarter budget revisions for YTD adjustments.

October Year-to-date income was ahead of budget by about \$6,000 and YTD expenses were behind budget by about \$19,000. With Vestry approved fourth quarter operating budget revisions, the cash flows for operating looked good, projecting a positive operating cash balance of \$47,000 by year end.

—by Jim Phillips, Treasurer

## Adult Formation

9:15 a.m. • Founders' Hall

December 4, 11, 18  
Constantine's Sword

Is Constantine still with us? Really? Join Leigh Blackman and Marian Philip in a look at the numerous ways in which the Church changed with Constantine's rise to power, and how those changes continue to affect the Church in the 21st century.

No Adult Formation December 25 or January 1.

Please pray for our dean-elect, the Rev. Peter J. DeVeau; his family and for the people of St. John the Baptist Episcopal Church of Seattle, Washington.



## Christmas party for foster care kids

The Christmas Season is just around the corner and with that the Foster Care Advocates Christmas Party for metro area foster children and their foster families. A family bowling party is planned this year December 10 at the AMF Pro Bowl in North Kansas City.

The Foster Care Advocate committee

will be asking for donations of Christmas cookies and full-size candy bars.

To make cookie donations/pledges

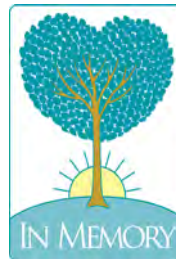


please send an e-mail to [fostercare@ghkc-kc.org](mailto:fostercare@ghkc-kc.org). The full-size candy bars for the goodie bags will be collected November 20, 27, and December 3 in Founders' Hall.

And of course we are always looking for volunteers who want to donate a couple of hours of their time to make this a special event for area foster children.

If you have any questions please contact Lori Childs or Terri Curran at [fostercare@ghkc-kc.org](mailto:fostercare@ghkc-kc.org).

—by Terri Curran



*Give to the departed eternal rest. Let light perpetual shine upon them.*

Jeanne Henley  
Peggy Johnson

## The Angelus

*A laypersons' newspaper published in the interest of Grace and Holy Trinity Cathedral.*

*Regular Contributors:*

Friends of MN, Jan Frizzle, Chris Morrison  
Julie Toma, *Editor*

*The Angelus Small Group* is open to anyone interested in contributing (writing stories, taking photographs) regularly to *The Angelus*. No experience necessary.

Submissions from parishioners and small groups are welcome and encouraged. All entries are requested by the 15th day of the month prior to publication by e-mail to [communications@ghkc-kc.org](mailto:communications@ghkc-kc.org).

# Grief, loss and Christmas

One side of the Christmas season not often talked about is how to deal with loss and grief even as the world celebrates the holidays with joy. The fact is, no matter how much time has elapsed, we miss those with whom we have shared past Christmases.

The first Christmas following the death of a loved one, or after a marriage or significant relationship has ended, especially invites us to change in some way how we celebrate.

- **Have reasonable expectations.** There will be times of great sadness, times when you prefer to be alone, and times when you very much need the company of others. These needs may change from day to day. You may find yourself suddenly overcome with feelings of grief that you don't expect. This is normal.
- **Do not try to do all the things you have done in the past.** Baking, decorating, writing cards, entertaining and shopping can be too much in the best of times. Be aware of the energy you have, and allow yourself to do things differently. Be compassionate with yourself.
- **At special gatherings, name your loss in a healthy way, and talk about those you miss.** Some families offer a special toast to those who have died and now live in the nearer presence of Christ. This is a powerful

time to share tears and fond remembrances. You put yourself and those around you at ease when you speak of those you miss. Others often are waiting for cues from you.

- **You may wish to begin a new tradition,** such as reaching out to a lonely neighbor, taking gifts to a shelter or food to the local fire station. In years to come, this tradition becomes known as, "What we began doing the Christmas after *N.* died." This celebrates the life of your loved one, and in succeeding years, makes it easier to name those who have died.
- **Pay special attention to children** who can be overlooked in the grieving process. More toys will not give comfort and hope. They need to know they are not alone in their sorrow, that adults, too, miss departed loved ones. Assure them of God's special care in the days ahead, and that the Christ Child is with them always.
- **Be regular in worshipping God and receiving the Eucharist.** There is no greater comfort in sorrow than the presence of the Risen Christ.

Hold fast to the promise in St. John's Gospel for Christmas Day: "*The Light shines in the darkness, and the darkness shall not over come it.*"

## November flower & candle gifts



### November 6

- in honor of Thomas H. Rinehart on his birthday — Ruth Finet
- in thanksgiving for the baptism of Riley Caroline Thomas — Paula Livingston
- Altar candles are given in thanksgiving for Valerie Johnson and the Cathedral Bookstore volunteers.

### November 13

- in memory of my mother, Sue Hendrix, and my grandmother, Melvina Nickerson — Holly Johnson
- in thanksgiving for the October 29 wedding of Barnet Cardin and Kendra Brack.
- Altar candles are given in thanksgiving for Jeff Johnson and Café Grazia volunteers.

### November 20

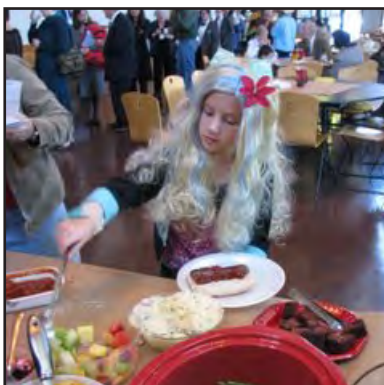
- in thanksgiving for the marriage of Jennifer Watts and Ross Whitacre — Jack & Marie Whitacre

### November 27

- The new 12-ft. noble fir Christmas tree in the bell tower and its urn are given in memory of Sally Kemper Wood — Ambassador and Mrs. Charles H. Price, II
- Altar candles are given in thanksgiving for the Cathedral clergy.

*To donate toward the flowers to celebrate a special event or remember a loved one, sign up online at [www.ghc-kc.org/flowers](http://www.ghc-kc.org/flowers) or contact the Cathedral office (816.474.8260 ext. 103 or [office@ghc-kc.org](mailto:office@ghc-kc.org)).*

## (F)all Saints Day Festival



photos by Jan Frizzle

# Gifts of love, faith and life at Christmastime

## Make a special year-end gift of thanks

As you seek to buy just the right gift for that person who has everything, or wish to honor a god-child, god-parent, relative or friend, or wish to make a special year-end gift in thanksgiving for God's presence in your life, we assemble a small list of possible resources for you to consider. These agencies and programs are related to the mission of The Episcopal Church:

**Anti-Hunger Ministries of Episcopal Community Services of the Dioceses of Kansas and West Missouri.** One Million meals will be served in the greater Kansas City area through The Episcopal Church by year's end. Two specific giving opportunities include:

- **Grace and Holy Trinity Cathedral Cavanaugh Memorial Fund.** This Memorial Fund was established at the Greater Kansas City Community Foundation in the memory of the Very Rev. J. Earl Cavanaugh to support the efforts of the Kansas City Community Kitchen to feed the hungry. Nearly twenty-five years ago it was Dean Cavanaugh's vision to establish the Kitchen to fulfill a desperate need that has grown only more desperate with the recent recession. The Community Kitchen serves between 400 and 600 noonday meals Monday through Friday at no cost to people who are hungry. The continued growth of this Memorial Fund is crucial in the fight against hunger in our community. Contributions may be made to the Grace and Holy Trinity Cavanaugh Memorial Fund at GKCCF, 1055 Broadway Ste 130, Kansas City, MO 64105 (816.842.7444).
- A gift to Episcopal Community Services can be given to fund all ministries, or can be given to specifically support the Kansas City Community Kitchen; Culinary Cornerstones; Meals on Wheels; Breakfast at St. Paul's; BackSnack Program and food pantries at St. Mary's, St. Paul's KCMO, St. Paul's KCK, St. Michael's Independence, and throughout the area.

**Maison de Naissance, the birthing home in Haiti:** Kansas City Episcopalians helping fellow Episcopalians in the Diocese of Haiti dramatically reduce infant mortality. You can donate through the website: [www.maisondenaissance.com](http://www.maisondenaissance.com). You can also support this ministry by purchasing Haitian Mountain Bleu coffee in the Cathedral Bookstore. Makes a tasty stocking stuffer!

**Episcopal Relief and Development Gifts for Life:** You can choose to honor someone you love with gifts from six categories: *Animals and Agriculture* (give an animal for breeding or seeds, tools and waters for planting); *Basics for Life* (sanitation and clean water); *Green Gifts* (fruits

trees and solar energy systems); *Preventing Diseases* (Nets for Life malaria prevention, educate a child orphaned by AIDS); *Economic Opportunities* (micro-credit loans for women and small business) and a special category for *Children's Gifts* (flocks of duck and chickens). Gifts start at \$12. View catalog and order online at [www.er-d.org/GiftsForLife](http://www.er-d.org/GiftsForLife).

**Grace and Holy Trinity Cathedral.** A special gift to the Clergy Discretionary Fund assists outreach to the needy, a gift to the Endowment Fund strengthens future ministry, and a special Unrestricted Gift to the Operating Fund supports current ministry and programs.

## Some other ways to give:

Wednesday, November 30 — Culinary Cornerstones Food Expo and Graduation. Experience the wonderful dishes served up by our current class of students, and then help celebrate their graduation, 6-8 p.m. in Founders' Hall. Enjoy a lovely night out, bring along a guest or two and introduce them to the ministry of Culinary Cornerstones.

Saturday, December 10 — Foster Kids Christmas Bowling Party. Contact Terri Curran or Lori Childs ([fostercare@ghtc-kc.org](mailto:fostercare@ghtc-kc.org)) if you would like to help with the party, donate cookies or full-size candy bars or make a donation towards the party or to purchase gift cards.

Sunday, December 11 — Shop at Ten Thousand Villages in Overland Park, Kan., from 1-5 p.m. and 15 percent of all of your purchases goes to hunger relief through Episcopal Community Services.

## A Christmas Dream

The earth was still  
Under a gentle quilt of snow  
And all around was Peaceful.

Our tables were filled  
With the fruits of the harvest  
And we shared our abundance  
With the needy.

Anthems could be heard  
As time turned into song  
And the air was lifted  
Into music.

The Church was dressed in flowers  
And her breath  
Had the sweetness of incense.

And then we saw the Star  
And the sound of angel's voices  
And on this day  
A child was born  
Le Devin Enfant  
The Savior of the world.

## You can help feed the hungry

The Kansas City Community Kitchen, part of Episcopal Community Services, feeds 14,000 lunches each month to the homeless and needy. The Kitchen desperately needs volunteers to help prepare those meals on Monday-Friday mornings and Monday-Thursday evenings. You can work with a team or on your own in a 2-3 hour shift (monthly or weekly) at the kitchen located at 8th and Paseo. Please contact John Simpson (816-916-7141 or [johnsimpson@kc.rr.com](mailto:johnsimpson@kc.rr.com)) to assist by providing meals for our neediest brothers and sisters.

You can also bring nonperishable food to the basket at the front of the Nave the second Sunday of each month or bring paper bags to the basket in the Tower each week.

For more opportunities, see the weekly bulletin or our website.

e.c. binford December 2011

# 12 Days of Christmas

## December 24 – Eve of the Nativity of Our Lord Jesus Christ

### 4 p.m. Sung Eucharist with Christmas Pageant.

The first Eucharist of Christmas, featuring an interactive telling of Luke's account of the birth of Jesus. Everyone is welcome to participate in this gospel reading; no experience or practice is needed. Children are invited to bring an angel or a sheep figurine from your family's Christmas crèche. The Tallis Singers and the Grace Choraliers offer anthems, and the congregation joins in singing carols and the service music.

### 10 p.m. The Prelude to the Celebration

Congregational carols and organ prepare us for the Liturgy. The Trinity Choir offers a prelude of a cappella anthems and motets.

### 10:30 p.m. Solemn Eucharist of the Nativity

The Right Rev. Marty Field, Bishop of West Missouri, celebrant & preacher. With the fullness of sacred ritual, the Christ Mass is celebrated. Tonight the Trinity Choir sings anthems by Herbert Howells, Ralph Vaughan Williams and Arlen Clarke. Other music includes beloved congregational carols and organ music.

## December 25 - The Nativity of Our Lord Jesus Christ: Christmas Day

### 10:15 a.m. Sung Eucharist with carols, choir and organ.

**December 26** – Cathedral office & buildings are closed. No 12:05 p.m. Eucharist.

**December 27** – Cathedral office & buildings are closed. No 12:05 p.m. Eucharist.

**December 28** – Feast of the Holy Innocents: Eucharist, 12:05 p.m.

**December 29** – Fifth Day of Christmas: Eucharist, 12:05 p.m.

**December 30** – Sixth Day of Christmas: Eucharist, 12:05 p.m.

**January 1 – First Sunday after Christmas, No formation classes today.**

### 8 a.m. Holy Eucharist

### 10:15 a.m. Sung Eucharist and carols with choir and organ

### 5 p.m. Sung Eucharist and carols

**January 2** – Cathedral office & buildings are closed. No 12:05 p.m. Eucharist.

**January 3** – Tenth Day of Christmas: Eucharist, 12:05 p.m.

**January 4** – Eleventh Day of Christmas: Eucharist, 12:05 p.m.

**January 5** – Twelfth Day of Christmas: Eucharist, 12:05 p.m.

**January 6 – The Feast of the Epiphany, The Manifestation of Christ to the Gentiles: Eucharist, 12:05 p.m.**



Advent Lessons and Music  
with the William Jewell College Schola  
Cantorum

Sunday, December 4 • 5 p.m.

Kansas City Chorale  
Sunday, December 4 • 7:30 p.m.

The Nativity, Paul Mesner Puppets  
Friday, December 9 • 10 a.m. & 7 p.m.

Saturday, December 10 • 2 & 5 p.m.

Sunday, December 11 • 3 p.m.

The City Come Again  
Monday, December 12 • 12 p.m.

Susie Yang, Cello Recital  
Monday, December 12 • 5:30 p.m.

The William Baker Festival Singers  
Friday, December 16 • 8 p.m.  
Sunday, December 18 • 2 p.m.

Messiah Singalong  
Saturday, December 17 • 4 p.m.

Visit [www.ghtc-kc.org/music](http://www.ghtc-kc.org/music)  
for ticket information.

## Saying farewell

Grace and Holy  
Trinity Cathedral bid  
Fr. Joe Beben and  
his family goodbye  
November 20 as they  
left GHTC for Church  
of the Redeemer in the  
Kansas City northland.  
Thank you for your  
prayers for the Behens.



photo by Jan Frizzle

## MN in need of onesies

The Friends of MN at GHTC are collecting onesies (infant bodysuits, size 0-3 month) again this year during Advent for the newborns at Maison de Naissance in Haiti. Onesies are a practical gift and your generous giving last year was very much appreciated by both the Staff and new Moms at MN. There will be a collection place in the Tower beginning Sunday, November 27 and we will accept donations until December 23.



Maison de Naissance (a Birthing Home in Haiti) was founded 7 years ago by two St. Luke's Hospital physicians, Dr. Stan Shaffer and Dr. Betsy Wickstrom. MN has close ties with the Episcopal Church both here in our Diocese and in Haiti. The Cathedral has made MN part of its outreach ministries and our support helps meet Millennium Development Goals #4 and #5 — Reduce Infant/Child Mortality and Improve Maternal Health.

For additional information please contact Marian Philip, 816-416-0978 or mphilip1933@gmail.com. Thank you for your generous help again this year.



In this time of transition, as we welcome our new dean and prepare the way for mission and ministry imperatives in 2012, attentiveness to how we respond to God acting in our lives becomes ever more important.

**Thank you  
for prayerfully  
considering your  
2012 pledge.  
Pledge cards  
are available at  
the back of the  
Nave and in the  
information racks.**



Café Grazia is a monthly gathering for all parishioners. You are cordially invited to join the fun, bring bread or a salad to share, and enjoy the fellowship.



**Dinner • 5:30 p.m.  
Small Groups • 6:30 p.m.**

- Altar Guild 101
- Charitable Needlework
- Backsnack backpack stuffing

## HEALTH NEWS

We have had an informational table at coffee-hour on Organ Donations. November 13 was National Organ Donor Sabbath. We hope this provided helpful information to our congregation. Consider donating your organs to save lives of others.

We are working on another three offerings, in addition to an offering at Lenten Academy. More about these in the January issue of *The Angelus*. We will be teaching our formation classes of 3-11 year olds about healthy snacks, organ donation, Nets for Life, a children-to-children program with our sister diocese in Botswana during the 2011-2012 years.

The Health Ministry wishes all a Happy Christmas and a Happy and Healthy New Year. May you enjoy the love of your family, friends, and fellow parishioners.

—Deacon Jerry Grabber, Geoff Logan, M.D., Carol Montgomery, R.N., Cindy Line, R.N., Chris & Peggy Morgan

### Whooping Cough Update

Whooping Cough (Pertussis) is not a disease of the past. It's still around and can be a serious illness for adults and adolescents and is potentially fatal in infants and young children.

Worldwide there are 30-50 million cases each year. In 2010, California reported 9,477 cases (including 10 infant deaths), the most cases in 65 years.

Whooping Cough is a highly contagious disease. You may not be able to recognize the beginning symptoms because in adults the pertussis can first manifest as a common cold. Symptoms include a runny nose, congestion, sneezing, a mild cough and fever. Severe coughing can begin after 1-2 weeks. Coughing fits can be uncontrollable causing shortness of breath, vomiting, broken ribs and pneumonia and can last 2-4 weeks. Sporadic coughing may last for up to three months.

Adults are generally contagious for about 21 days. Adults age 19-64 years of age are recommended to receive a single dose of Tdap. The ACIP (Advisory Committee on Immunization Practice) recommends that Tdap should be administered regardless of the interval since the last tetanus or diphtheria injections. The ACIP has recently expanded their recommendation to those six years of age and older. Speak with your doctor about receiving a Tdap vaccine at your next visit. Tdap is a combination vaccine: tetanus, diphtheria, and pertussis. Adolescents 11-18 years who have completed the recommended childhood diphtheria, tetanus, pertussis vaccinations are recommended to receive the Tdap at their 11-12 year old preventive health care visit.

Adults and adolescents make up more than one-half of the reported cases of whooping cough as their immunity has decreased since the time of their childhood vaccinations. Many young children and infants contract the from parents and older siblings.

—by Carol Montgomery, R.N.



## Gifts for Music/Flowers & Greens

Your gift in memory of a loved one or in thanksgiving helps provide for a joyous Twelve Days of Christmas at the Cathedral!

Flowers and Greens designed and provided by Trapp and Company will once again adorn the Cathedral. The Cathedral's own Bob Trapp lovingly provides a visual proclamation of the glory of the Incarnation, adding so much to our celebration of the Birth of Jesus Christ. Your gift will help provide festive decorations throughout the season, for Christmas Eve through The Feast of the Epiphany.

Our Christmas Eve services will feature special guest musicians, favorite carols and beautiful anthems. Your gift will help support these offerings.

Please use the *Gifts for Music and Flowers & Greens* envelope and

- check the box for Music or Flowers & Greens, or both.
- If you check both, the gift will be evenly divided.
- List the names of those you wish honored or the blessing(s) you wish to name.
- List your name as donor (optional).
- **Return the envelope to the office by Monday, December 14.**

Thank you for your generous gift  
in celebration of Christmastide!



## Maison de Naissance

### Helping Babies Breathe

On August 12, Kansas City based RN and nurse-midwife student Whitney Abbott trained 13 MN staff and seven local nursing students in neonatal resuscitation, using the Helping Babies Breathe (HBB) curriculum ([www.helpingbabiesbreathe.org](http://www.helpingbabiesbreathe.org)). Birth asphyxia — the failure to initiate breathing immediately after birth — remains the leading cause of neonatal death in Haiti and around the world, and is also a major cause of brain injury and severe, life-long disabilities. Most deaths and injuries caused by asphyxia can be prevented with the proper training of birth attendants in neonatal resuscitation. HBB is an initiative of the American Academy of Pediatrics and their many partners, and focuses on essential care during the first minute of life. It supports the United Nations' Millennium Development Goal #4 of reducing child mortality. Whitney was a very dynamic and engaging teacher and her pupils had fun role playing and practicing the essential techniques. A big thank you to Whitney, Dr. Stan Shaffer and Dr. Betsy Wickstrom for making this training session a reality!

### Quick Maison De Naissance Facts

Average costs to provide 24/7 coverage in 2011:

Average cost of employ 1 driver/month = \$250

(for staff transport and emergency referrals. MN has 3 drivers to provide 24/7 coverage)

Gas x 1 day = \$50

Gas x 1 week = \$352

Average cost of medical supplies & medications/day = \$156

Average cost of medical supplies & medications/week = \$1171

Average cost to operate MN x 24 hours = \$767

Average cost per client to visit MN = \$138.80 (the client pays nothing) (prenatal, labor/delivery, postpartum, gynecology, well baby visits)

## Women's Retreat: February 17-19

The annual retreat for the women of Grace and Holy Trinity Cathedral will be February 17-19, 2012 at the Marillac Center of the Sisters of Charity in Leavenworth, Kansas.

Because we expect a great turn-out and space is limited, consider reserving your space a \$50 deposit. The deposit will be applied to your total cost, which includes all activities and meals from Friday evening through Sunday Eucharist.

Led by the Rev. Kelly Demo, our theme this year is "Going Deep," based on the book *St. Francis Prayer Book: A Guide to Deepen Your Spiritual Life*.

Whether you have enjoyed previous retreats or will be signing up for the first time, save the date and make time to join us for this experience of reflection, fun, worship and renewal.

For more details, pick up a brochure from the information rack near the Tower or visit [www.ghtc-kc.org/pages/womensretreat.html](http://www.ghtc-kc.org/pages/womensretreat.html).

women's  
retreat



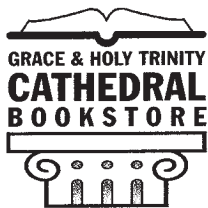
### Seventh anniversary dinner

Aixois French Restaurant hosted a dinner to celebration MN delivering seven years of health mothers and babies in Haiti.

Ms. Odine Charles, MN Clinical Director, was the visitor from Haiti for the dinner. She is just learning English, but with some help, had written out her speech.

She has accomplished much at MN and continues to be a vital asset to this mission and ministry for the Haitian people living in the south of Haiti.

Donations for MN may be made online at [www.maisondenaissance.com](http://www.maisondenaissance.com) or sent to the MN Foundation office at 5000 W 134th St, Leawood, KS 66209.



## Do your Christmas shopping at the Bookstore

Get the book lover in your life some new books (our books are always 20 percent off) or introduce someone to the sacred art of Christian Silks. We have a variety of colors, quality, and fragrances—holiday, floral and fresh—of handmade soaps from Nova Creations. We also have a limited number of vintage sterling silver crosses and medals. Support Maison de Naissance and enjoy a great cup of coffee with the Singing Rooster coffee. Handmade Christmas cards are also available — your purchase supports the students of the Matrisheba School and Handicrafts, an all-girl school located in Dhaka, Bangladesh.

## Weekly Activities

### Sunday

8:00 a.m. Holy Eucharist  
 9:15 a.m. Christian Formation  
 10:15 a.m. Holy Eucharist  
 5:00 p.m. Holy Eucharist

### Monday

12:05 p.m. Holy Eucharist

### Tuesday

9:15 a.m. EfM  
 12:05 p.m. Holy Eucharist  
 1:30 p.m. Women's Bible Study  
 6:15 p.m. EfM

### Wednesday

12:05 p.m. Holy Eucharist  
 5:45 p.m. The Tallis Singers  
 6:15 p.m. Grace Choraliers  
 6:45 p.m. Trinity Teens (1st & 3rd)

### Thursday

7:00 a.m. Men's Bible Study  
 12:05 p.m. Holy Eucharist  
 6:00 p.m. Cathedral Bell Ringers  
 7:30 p.m. Trinity Choir

### Friday

12:05 p.m. Holy Eucharist



The Episcopal Diocese of West Missouri

Grace and  
 Holy Trinity  
 Cathedral

P.O. Box 412048  
 Kansas City, Missouri 64141  
 Telephone: (816) 474-8260  
 Facsimile: (816) 474-5856  
 Website: [www.ghhc-kc.org](http://www.ghhc-kc.org)  
 E-mail: [office@ghhc-kc.org](mailto:office@ghhc-kc.org)

Non Profit Organization

U. S. Postage  
 P A I D  
 Kansas City, MO  
 Permit Number 4220



MERRY CHRISTMAS

### December 2011

S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

The Right Rev. Martin S. Field  
*Bishop of West Missouri*

The Rev. Canon Susan Sommer  
*Priest-in-Charge*

The Rev. Jerry Grabher  
*Deacon*

The Rev. Dr. Michael Johnston  
*Scholar-in-Residence*

Mr. John L. Schaefer  
*Canon Musician*

## Activities for the Month of December

### 3 • SATURDAY

10:30 a.m. Ordinations to the Priesthood

### 4 • FRIDAY

5:00 p.m. Advent Lessons and Music  
 7:30 p.m. Concert: Kansas City Chorale

### 8 • THURSDAY

5:30 p.m. Social Outreach Committee

### 9 • FRIDAY

10:00 a.m. *The Nativity*: Paul Mesner Puppets  
 7:00 p.m. *The Nativity*: Paul Mesner Puppets

### 10 • SATURDAY

2:00 p.m. *The Nativity*: Paul Mesner Puppets  
 5:00 p.m. *The Nativity*: Paul Mesner Puppets

### 11 • SUNDAY

*Collection of nonperishable food*  
*Free blood pressure checks at coffee hour*  
 3:00 p.m. *The Nativity*: Paul Mesner Puppets

### 12 • MONDAY

10:00 a.m. Rule of Benedict: St. Luke's Deanery  
 12:00 p.m. City Come Again

5:30 p.m. Cello Recital: Susie Yang

### 14 • WEDNESDAY

5:30 p.m. Café Grazia  
 6:30 p.m. Small Group Meetings  
 7:00 p.m. Rule of Benedict: St. Matthew's Deanery

### 15 • THURSDAY

5:00 p.m. Vestry  
 7:00 p.m. Rule of Benedict: St. John's Deanery

### 16 • FRIDAY

8:00 p.m. Concert: Festival Singers

### 17 • SATURDAY

9:00 a.m. Altar Guild Workday  
 4:00 p.m. *Messiah* Singalong

### 18 • SUNDAY

2:00 p.m. Concert: Festival Singers

### 19 • MONDAY

9:00 a.m. Altar Guild Workday

### 21 • WEDNESDAY

7:30 a.m. Finance Committee

7:00 p.m. Rule of Benedict: St. Mark's Deanery

### 24 • SATURDAY • CHRISTMAS EVE

4:00 p.m. Christmas Eve Service  
 10:00 p.m. Prelude to the Celebration  
 10:30 p.m. Solemn Eucharist of the Nativity

### 25 • SUNDAY • CHRISTMAS DAY

10:15 a.m. Holy Eucharist  
*No formation classes, Children's Chapels*  
*No 8 a.m. or 5 p.m. service.*

### 26-27 • MONDAY-TUESDAY

*Cathedral office and buildings closed*

### 31 • SATURDAY

4:00 p.m. Holy Eucharist: *Eve of the Holy Name of Jesus*

### 1 JANUARY • SUNDAY

Holy Eucharist at 8 a.m., 10:15 a.m. & 5 p.m.  
*No formation classes, Children's Chapels*

### 2 JANUARY • MONDAY

*Cathedral office and buildings closed*

Please verify times and dates of the events listed with the appropriate person(s) or by contacting the Cathedral office or website ([www.ghhc-kc.org](http://www.ghhc-kc.org)).