

# The Angelus Grace and Holy Trinity Cathedral • Kansas City, Missouri Wol. 82, No. 9 • September 2013

FROM THE DEAN

# Cathedral Windows

"You are the light of the world. A

city built on a hill cannot be hid.

No one after lighting a lamp puts

it under the bushel basket, but on

the lampstand, and it gives light

to all in the house. In the same

way, let your light shine before

others, so that they may see your

good works and give glory to your

Father in heaven." Matthew

5:14b-16

The windows tell a story. Each of the windows in the Cathedral, like their medieval predecessors, is more than an "illuminated wall decoration," as stained glass windows are sometimes described. The windows depict scenes from the

Bible and the life of Christ, various symbols of church and the world, and the names of donors and persons in whose memory the windows have been given.

At the Cathedral we do windows. Yes, we all do! Not only do we find inspiration from those decorative works of beauty that admit light and serve as glazing for window openings in nave and chancel, but in the Christ light that shines through each of us wherever we happen to be. On Sunday, September 8, our fall homecoming and ministry fair day "Cathedral Windows" is our theme. This is the day to tell our story by gathering all of the pieces that together create our common witness and ministry at

Grace and Holy Trinity Cathedral. It is important to add here, that it is literally the corporate work of our ministry leaders and staff. You will be impressed by the creativity!

As with the many pieces of glass held together by strips of lead to depict stories and abstract symbols, a ministry fair does the same. And, as with stained glass windows, it can

Ministry Fair

Look in the windows and see the ministries of the Cathedral at our annual ministry fair **Sunday, Sept. 8.** Following both morning services,



representatives of Cathedral ministries will be available to talk with you about their ministry and how you can be involved. The windows will be "up" until Sept. 15.

#### **This Month**

All Month: Diaper Drive	2
Music Events	4
September 28 & 29: Two Writing Workshops	5
September 29: MN Anniversary	4

do more. While we have our many activities, groups, ministries, and in-reach and outreach efforts, these illuminate and point to everyday faith and practice. Our common life of worship and ministry has its primary and best expres-

sion in our homes, workplaces, schools, neighborhoods and communities.

"Cathedral Windows" tell our story. That story is greater than a mosaic of differing shapes and colors. Our "ministry fair" is both invitation and reminder for us haloed saints (small "s") that each has a story and a life to share. Come see how Christ is shining among us.

-Peter

# Exploring and Experiencing the Naked Now: Learning to See as the Mystics See

Mondays: Sept. 16, 23, 30, Oct. 7, 14, 7-8:30 p.m.

During our time together in the Common Room, we will explore the lost tradition of Mystical Christianity. We will look at those forces that separate us from our deeper self. Drawing from the Gospel and the Christian contemplatives, we will discover what it means to be spiritually awake.

We will learn:

- 1. Why we resist change,
- What Jesus, the first mystical leader in the West, can teach us,
- How we can enhance spiritual awareness without sacrificing reason and
- 4. We will discover what it means to see as the mystic see.

We will begin to live in full awareness of The Naked Now!





An estimated 15,000+ children in the Kansas City area aren't receiving the diapers they need. But we're striving to help — and we hope you'll join us. HappyBottoms is a local organization that works with partners to provide diapers to low-income families. We are collecting diapers during September for HappyBottoms. We accept all sizes (even open packs). Bring your diaper donations to the blue barrel in the cross hall or to the basket in the Tower.

# Flowers have been given to the glory of God & ... August 11

- in thanksgiving for Miriam Marrs Candy & Bud McDowell
- in loving memory of Betty Phillips on her birthday The Bowen Family

#### August 18

- in loving memory of B. W. Shirley Mike Sancho & Bridgett Shirley
- in loving memory of our grandson, Max Ron & Carolyn McLeroy
- in loving memory of Morgan Marie Pollak Pat McKenna

#### August 25

- in thanksgiving for the birthday of my grandson, William Coleman Reed Shawsie Branton
- in loving memory of my parents, Marjorie & Wendell Beckord Pat McKenna

To donate toward the flowers to celebrate a special event or remember a loved one, contact the Cathedral office (816.474.8260 ext. 103 or office@kccathedral.org).

### Treasurer's Report

For the month of July 2013, actual results compared to budget were lower due to significantly lower pledge and plate income that was \$16,000 below budget. Additionally, expenses were slightly higher

July MTD	Budgeted MTD		Actual MTD	
Income	\$	91,750	\$	75,396
Expenses	\$	131,580	\$	134,108
Net Total	\$	(39,830)	\$	(58,712)
	Budgeted YTD		Actual YTD	
July YTD	Bu	dgeted YTD		ctual YTD
July YTD Income	Bu \$	1,008,904	\$	998,768
Income	\$	1,008,904	\$	998,768

than budget, which was impacted mostly by increased outdoor property maintenance.

As a result, the net loss was \$58,712 as compared to a budgeted loss of \$39,830. For the year-to-date through July 31, 2013, operating income was about \$10,000 less than budget while total expenses were nearly \$3,000 below budget.

With vacations during the summer months which has an impact on pledge and plate, parishioners can make on line contributions through the website www.kccathedral.org. Additionally, pledges can be made through the website. We remain below our budget of 200 pledging units with 175 at this time. We appreciate your ongoing support!

-by Jim Phillips, Treasurer

#### Wednesday, Sept. 25 5:30 p.m.

Café Grazia is a monthly gathering for all parishioners. Join the fun and enjoy the fellowship! Please bring bread or a salad to share.



# Education for Ministry begins; room for you to join

Education for Ministry (EfM) program began with a vision of enrolling a few hundred students. Within a few years, it developed into a program reaching several thousand students with groups around the globe.

GHTC EfM meets Tuesday nights 6:15 to 9 p.m. in the Common Room. At 6:30 we begin with worship and sharing followed by discussion of the reading material. The cost for this year is \$350. If you are interested or have questions, I can be reached at tuesdayefm@gmail.com. Read more about EfM online: www.sewanee.edu/EFM

Small group inquiry seminar is the nucleus of the EfM program. Through study, prayer and reflection, EfM groups move toward a new understanding of the fullness of God's kingdom.

This process can be illustrated by a two-rail fence. One rail is the Christian tradition. The other is the collective experience of the group's members. The rails are linked by fence posts that represent the seminar sessions where life and study meet. The fence is grounded in the soil of regular worship, which is vital to the life of the group.

Participants are given weekly assignments to study with the help of resource guides. Students are responsible for setting their own learning goals. They spend between two and four hours in study and preparation each week. In the seminars, members have an opportunity to share their insights and discoveries as well as to discuss questions that the study materials raise for them.

By examining their own beliefs and their relationship to our culture

and the tradition of our Christian faith, participants can learn what it means to be effective ministers in the world.

In coming to terms with the notion that everything we do has potential for manifesting the love of Christ, we discover that our ministry is at hand wherever we turn.

−by Steve Johnson

# The Angelus

A laypersons' newspaper published in the interest of Grace and Holy Trinity Cathedral.

Regular Contributors: Friends of MN, Julie Brogno, Jan Frizzle, Chris Morrison Julie Toma, Editor

The Angelus Small Group is open to anyone interested in contributing (writing stories, taking photographs) regularly to The Angelus. No experience necessary.

Submissions from parishioners and small groups are welcome and encouraged. All entries are requested by the 15th day of the month prior to publication by e-mail to communications@kccathedral.org.

# Abundant giving for back-to-school drives

Donations from the school uniform drive yielded 417 pieces of school uniform resulting in 187 complete uniforms for boys and girls sizes 4T-adult sizes. School principal Dr. Jo Nemeth

said, "This is like Christmas, you just don't know how much my students will appreciate this generous gift!" The success of this drive was greatly increased by the donation of gently used uniforms from Border Star Elementary School as well as the generosity of several congregational members who purchased uniforms after gaps in certain sizes were identified.

While the drive is now complete, Social Outreach will continue to collect uniform pieces for children who outgrow their uniforms or need additional warmer clothing this winter.

The School Supply Drive resulted in enough supplies for children in residence at Crittenton

as well as for the foster children who are served through Crittenton. Especially noteworthy was the donation that Sandra Hornbeck secured from one of her business contacts who provided six cases of spiral notebooks and pocket folders for the children in foster care.

Both agencies were grateful for the Cathedral's overwhelming generosity. Thank you to all who donated during these back-to-school drives.

-by Terri Curran



photo by Terri Curr. Principal Dr. Jo Nemeth displaying a uniform from the uniform donations for James Elementary.

### The Saint John's Bible

The heritage edition of The Saint John's Bible is coming to Rockhurst University.

All seven volumes of The Saint John's Bible will be available for public viewing Sept. 9-29 in the Greenlease Library at Rockhurst University, 1100 Rockhurst Road, Kansas City, Mo.

At 7 p.m. Wednesday, Sept. 11, Tim Ternes, director of the Saint John's Bible program, will unveil the Bible and talk about the project from its inception to its completion. The presentation will be held in Mabee Theater in Sedgwick Hall.

A reception followed by a viewing of the Bible will be held at the Greenlease Library after the presentation.

Early registration is strongly encouraged because space is limited. RSVP no later than Sept. 6.

Learn more: rockhurst.edu/saintjohnsbible.



And you could hear the sparrows Above the sounds of the city And see the geese flock gracefully Among the grass lands.

The cold was but a distant thought
The earth completely thawed
And the rivers flowed sweetly
From the mouth of the waters.

But soon we have September
The time of many colors
The trees show forth their beauty
The earth brings forth her yield.

And so in song
We give Him prase
For each and every season
For it is He
Who rules the land
And grants us every blessing

e.c binford, 8-7-13



# Children's Chapel

On most Sundays of the year, Children's Chapel will be offered for children between the ages of 4 and 9, as their liturgy of the Word during the 10:15 Service. The children process with their adult leaders, following the Collect of the Day, to their chapel in Haden Hall. Parents are always welcome to attend.

# Upcoming Events Please make a note of these events

Please make a note of these events and activities scheduled this fall. Dates and activities are subject to change. Please check *The Angelus* and other communiques for updated information.

#### September

- Family Ministry Lunch and Parents' Meeting on Children's Christian Formation, 11:45 a.m.
- Ministry Fair: Cathedral Windows

   Look in the windows and see
   the ministries of the Cathedral at our annual ministry fair.

#### October

- 6 Community Blessing of the Animals at GHTC, 4 p.m. Bring your pet!
- Fall Saints Festival, 11:45 a.m.
   Wear your costume to church and stay for a potluck lunch and fun activities for the kids.

#### November

- Family Ministry Lunch and Program: Outreach Project— Back Snack Packing, 11:45 a.m.
- 10 Children's Service: the children of the Cathedral will assist with various aspects of worship, 10:15 a.m.



Keep in touch with Nancy Cavanaugh.

Her new address is 10519 Boulder Street Nevada City, CA 95959



#### Off to College

Our College Ministry wants to keep in touch with your college student (& send care packages!).

Send their current school address to the Cathedral office (office@kccathedral.org).



from Canon Musician John Schaefer

#### Upcoming Musical Events

In September, there are three events of musical interest:

On Sunday, September 8 at 2 p.m., Susan Nataly, British coloratura soprano, will give her only North American recital of 2013, in the Cathedral nave. She has a vast repertoire of opera arias, art song, and selections from major oratorios. Her recital, with pianist Richard Williams, is a free admission event; donations will be most welcomed.



On Sunday, September 15 at 5 p.m., the Trinity Choir offers the first of the 2013-2014 Choral Evensongs. Composers represented are David Ashley White, Herbert Murrill, and Leo Sowerby. Dr. Kenneth Walker of St. Michael and All Angels Church will be the guest organist.

Lastly, Sunday, September 29 at 2 p.m., William Baker will conduct a Hymn Festival, which will include a massed choir, brasses, organ and readings. Admission is \$20 general, \$15 for students and seniors, 12 and under admitted without charge. The Festival is likely to be most grand.

#### Changes in Choir Personnel

Amy Waldron has been the Soprano I section leader for nearly 14 years. Now living in Lawrence, where she is a school teacher and where her two daughters are becoming extremely active in many endeavors, she is reluctantly leaving the Trinity Choir. Amy has been an outstanding leader and has assisted as a conductor as well.

Joyce Steeby, who has sung with the Trinity Choir for six years, will become the new section leader. Joyce was the soprano soloist on the Choir tour and is a supremely fine singer and musician. Both she and Amy are jewels as human beings.

That can also be said of Stewart Duncan, baritone section leader, who will leave for England in early October, to begin his studies as part of William Jewell College's Oxbridge program. Stewart has led his section well and he, too, has conducted the choir from time to time. Replacing Stewart is Paul Davidson, a long-time member of the Kansas City Chorale.

Thanks to Amy and Stewart for their fine leadership. Indeed, thanks to all the singers of all the choirs.

#### Choir Tour

The Trinity Choir tour was a very fine one. The Choir sang beautifully at all of the twelve services. Thanks to everyone for your prayers and good wishes. See photos below and on next page — and on the Cathedral's Facebook page: facebook.com/ghtckc.

#### Help Wanted

Would you like to be part of the Choirs' family? We need someone to assist with keeping the library up-to-date and someone to assist with the vestments. Please let me hear from you.









photos by Peter DeVeau and Jeffrey Carte

# 2013 UK Choir Tour













photos by Peter DeVeau and Jeffrey Carter

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# Cathedral hosts bishops' open forum on inclusivity: Sept. 12

Kansas Bishop Dean Wolfe and West Missouri Bishop Martin Field will be featured during a "Bishops Open Forum" Sept. 12 from 7-9 p.m. in Founders' Hall, sponsored by the Greater Kansas City Chapter of Integrity.

The event is designed to help clergy, lay leaders, as well as anyone who is interested, look at where dioceses and parishes stand following the decision by the 2012 General Convention to authorize use of a rite to bless same-sex unions.

According to Larry Bingham, one of the event's organizers, participants will have the chance to discuss a variety of questions:

- Has there been any change in your parish as a result of this resolution?
- Has your parish been asked to bless any same-sex unions?
- If your church has done so, what has been the reaction?
- If your church hasn't been asked, has your vestry and congregation discussed the issue in anticipation of such a request?

Bingham said the gathering also will discuss ways churches can reach out to the gay and lesbian community so they know what the Episcopal Church has to offer them as members.

"Like all evangelism efforts," he said, "we cannot sit back and wait for potential members to walk through our doors."

Bingham said that since Christian churches over the centuries have been a primary

institution passing negative judgment on gay and lesbian people, "it is

going to take a special effort and a lot of radical hospitality to convince them that we really mean it this time."

Noting that the Episcopal Church has been discussing the role of gay and lesbian people since 1976, Bingham said that simply passing a resolution doesn't guarantee an inclusive church. "That can only happen with actions by our bishops, congregational leaders and individual members."

# Bake? Find peace in ironing?

Help is needed for two of our special ministries. The Bread Guild and the Altar Guild — Linen Zen are seeking volunteers.

Do you bake bread? Would you like to?

The Bread Guild is looking for a few bakers to fill out our roster in the preparation of Eucharistic Bread. We will give you a recipe or you can use your own.

The Altar Guild is seeking help with Eucharistic and Fair Linens. If doing laundry and ironing is a meditative experience for you then this is a ministry for you. Linen Zen is taking care of these very special linens on a rotation with others who appreciate the significance of these items.



Please contact Janet Sweeting in the Cathedral office at ext. 144 or jsweeting@kccathedral.org. If you would like to volunteer or want more information on either of these ministries.

# Birthing home celebrates 9th anniversary

Mark your calendars! Sunday, September 29, the Friends of MN at GHTC will host a celebration of the 9th anniversary of the opening of Maison de Naissance, a birthing home in Haiti, during coffee hours. After the 8:00 service, come to Founder's Hall and enjoy coffee and breads, etc. with us. Following the 10:15 service, come share cake and coffee.

Some of the Friends of MN will be available to answer any questions you may have about this important ministry supported by Grace and Holy Trinity Cathedral.

Another opportunity to celebrate MN's 9th anniversary is through the annual An Evening in Provence dinner at Aixois Bistro (2215 E 55th Street). Tickets are \$150 (\$65 tax-deductible).

Wine and Hors d'oeuvres at 5:30 p.m. with dinner at 6:30 p.m. For reservation contact 913-402-6800 ext. 650 or info@maisondenaissance.org.





#### Flu & Fleece

October 17 10 a.m.-12 p.m. Kansas City Community Kitchen 750 Paseo

We are partnering with St. Michael and All Angels, Mission, Kan., other churches and local health care providers to make flu immunizations available to guests at the Kansas City Community Kitchen.

In anticipation of winter, new hats, scarves, gloves and fleece vests and jackets will be distributed. Donations of cash and new items are welcome.

Contact Terri Curran (tcurra2@ yahoo.com) if you would like to help with this effort.



Nov. 17: Kirkin' o' the Tartan Nov. 27: Thanksgiving Eve Service

# Two Writing Workshops: September 28 & 29

Ray McGinnis is a graduate of the Center for Journal Therapy in Denver and of the Centre for Christian Studies in Winnipeg, Canada. He has studied at the Banff School of Fine Arts in Banff, Alberta, Canada, with a focus in poetry. Ray serves on the Advisory Board of the Institute for Poetic Medicine, based in Mountain View, California. He leads poetry and nature walking workshops, prayer writing

workshops, Psalm-writing workshops, Writing Through Grief and Loss workshops and journal writing workshops in health-care facilities.

A popular presenter, Ray has taught over 12,000 participants at writing workshops held in churches, educational settings, and at retreat centers across North America. Ray has been a writer for the Seasons of the Spirit curriculum since 2005.

He is author of Writing the Sacred: A Psalm-inspired Path to Appreciating and Writing Sacred Poetry (Northstone, 2005). Ray brings a splendid range of design skills to each workshop he leads. His website is www. writetotheheart.com. He lives in Vancouver, Canada, and attends Christ Church Cathedral (Anglican).

# Writing the Sacred: A Psalm-writing Workshop

Saturday, September 28 10 a.m.-12:30 p.m.

Cost: \$20, Youth and older children are free. As always, scholarships are available.

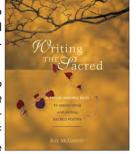
To register call: 816-474-8260 or jtoma@kccathedral.org

As a veteran workshop leader, Ray McGinnis brings a splendid range of writing exercises to spark your imagination. At this workshop, come play with words, come nurture your spirit as you learn ways to write your own new psalms. Explore how Psalm writing can deepen self-understanding, expand self-expression, personal and spiritual growth.

Ray offers a splendid range of Psalm excerpts along with other poets who have glimpsed the sacred in the ordinary through writing. Ray

brings to this workshop simple step-by-step journal writing and poetry exercises to help you write a new psalm with ease. Come and explore the thin spaces where reflective writing and spirituality meet.

This workshop is designed for both those who enjoy writing and those who have never put pen to paper. This is a workshop open to older children, youth and adults. Signed copies of Writing the Sacred will be available for sale during the workshop for those who wish to purchase a copy priced at \$20.



"This was THE most spiritually honest, open-hearted and accessible event I think I have ever attended." – Rev. Linda Campbell, St. John's Episcopal Church, Ross, California

"Writing the Sacred is rich with insight, power and meaning. Ray McGinnis gives us a great gift by showing the Psalms to be a living language, a poetic language vital for today. These pages are permeated with our human story — our raw and beautiful longing for God...(and) acts as a healing balm and creative catalyst to help you reclaim your soul's voice." — John Fox, author, Poetic Medicine: The Healing Art of Poem-Making, Mountain View, California

# Writing Through Grief and Loss:

# A Journal Writing Workshop Sunday, September 29 12-2 p.m.

Cost: \$20, As always, scholarships are available. To register call: 816-474-8260 or jtoma@kccathedral.org

Grief is a natural response to the loss of someone or something meaningful  $\sim$  a person, a relationship, a job, health, independence, the loss of a deeply held belief or anything else that is emotionally valued.

Small losses dot our everyday lives:

- The runner who pulls a ligament and cannot run
- The promotion that went to a less experienced, more aggressive co-worker
- Putting the family pet to sleep
- · The inability to conceive a child
- · Thinning hair or a thickening waistline
- An auto accident that leaves a permanent decrease in range of motion
- Breaking up with a girlfriend or boyfriend, as well as separation or divorce.
- The longtime friend who won't speak to you.
- A persistent lack of energy where you once counted on feeling full of vitality
- · Parents adjusting to adult children who have left home

In this confidential and supportive setting you'll be given a map for understanding how writing in a journal can be a helpful companion as you reflect on your own losses. While a range of people sign up for a workshop, some who keep a journal, no previous writing experience is necessary. For some it is helpful to think of this as a workshop to learn how to jot things down about grief and loss. In addition to our own losses, this is a workshop of use to anyone who is a caregiver or a friend or family member, as well as for anyone who gives pastoral care. No previous writing experience necessary.





The Episcopal Diocese of West Missouri

P.O. Box 412048 Kansas City, Missouri 64141 Telephone: (816) 474-8260 Facsimile: (816) 474-5856 Website: www.kccathedral.org E-mail: office@kccathedral.org Non Profit Organization

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September 2013 Т W 10 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30

The Right Rev. Martin S. Field, Bishop of West Missouri The Very Rev. Peter DeVeau, Dean

The Rev. Christy Dorn, Associate The Rev. Jerry Grabher, Deacon The Rev. Dr. Michael Johnston, Scholar-in-Residence

Mr. John L. Schaefer, Canon Musician

David Stoll, Financial Administrator

Mary Ann Mansfield, Events Coordinator and Assistant to the Dean

> Julie Toma, Communications Coordinator

Keith Green, Property Manager Janet Sweeting, Sacristan

#### Weekly Activities

#### Sunday

8:00 a.m. Holy Eucharist 9:15 a.m. Adult Formation 9:30 a.m. Youth Formation 10:00 a.m. Children's Formation 10:15 a.m. Holy Eucharist Holy Eucharist 5:00 p.m.

Monday

12:05 p.m. Holy Eucharist

Tuesday

12:05 p.m. Holy Eucharist 1:30 p.m. Women's Bible Study 2:30 p.m. Men's Bible Study

6:15 p.m. EfM

Wednesday

12:05 p.m. Holy Eucharist 5:45 p.m. The Tallis Singers Grace Choraliers 6:15 p.m.

6:30 p.m. The Way Leader Training 6:45 p.m. Trinity Teens Youth Group

Thursday

12:05 р.т. Holy Eucharist 6:00 p.m. Cathedral Bell Ringers 7:30 p.m. Trinity Choir

Friday

12:05 p.m. Holy Eucharist

### Activities for September

1 • SUNDAY • Bring your symbol of labor 11:45 a.m. Family Ministry Lunch

2 • Monday • Labor Day Cathedral Office and Buildings Closed

4 • Wednesday

6:00 p.m. Rehearsal: Cathedral Chorale 7 p.m. Rule of Benedict: St. Paul's Deanery

8 • Sunday

Nonperishable food collection Cathedral Windows Ministry Fair

2:00 p.m. Concert: Susan Nataly, soprano

12 • Thursday

7-9 p.m. Bishops' Open Forum On Inclusivity

4 p.m. Rule of Benedict: St. Benedict's Deanery 5 p.m. Choral Evensong

16 • Monday

7 p.m. Centering Prayer: The Naked Now

18 • Wednesday

7:30 a.m. Finance Committee

7 p.m. Rule of Benedict: St. Mark's Deanery

20 • Friday

6 p.m. ECS Fall Harvest Grand Tasting

23 • Monday

7 p.m. Centering Prayer: The Naked Now

25 • Wednesday

5:30 p.m. Café Grazia

26 • Thursday

7 p.m. Rule of Benedict: St. John's Deanery

5 p.m. Vestry

28 • SATURDAY

10 a.m. Psalm Writing Workshop

29 • SUNDAY

Celebration of Maison de Naissance's 9th anniversary

12 p.m. Writing Through Grief & Loss

2 p.m. Festival Singers Hymn Festival

30 • Monday

7 p.m. Centering Prayer: The Naked Now