Grace and Holy Trinity Episcopal Cathedral
A Servant Church in the Heart of the City

The Tenth Sunday after Pentecost
August 9, 2020 • 10:15 a.m.

Newcomers and visitors, welcome! We are a servant church in the heart of the city. May you find here, by God’s grace, that which feeds your soul, and leave here with a heart prepared to serve.
Holy Eucharist

SERVICE NOTES: Page numbers listed are from The Book of Common Prayer. Hymn numbers are from The Hymnal 1982, unless otherwise noted.

Voluntary: “Song 46”  

The Word of God

Hymn #699: “Jesus, Lover of my soul”

Presider  Blessed be God: Father, Son, and Holy Spirit.
People  And blessed be God's kingdom, now and for ever. Amen.
Presider  Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.

Gloria #S280
The Collect of the Day

Presider  The Lord be with you.

People   And also with you.

Presider  Let us pray.

Grant to us, Lord, we pray, the spirit to think and do always those things that are right, that we, who cannot exist without you, may by you be enabled to live according to your will; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen.

The Lessons

First Reading: Genesis 37:1–4, 12–28

Lector  Jacob settled in the land where his father had lived as an alien, the land of Canaan. This is the story of the family of Jacob.

Joseph, being seventeen years old, was shepherding the flock with his brothers; he was a helper to the sons of Bilhah and Zilpah, his father’s wives; and Joseph brought a bad report of them to their father. Now Israel loved Joseph more than any other of his children, because he was the son of his old age; and he had made him a long robe with sleeves. But when his brothers saw that their father loved him more than all his brothers, they hated him, and could not speak peaceably to him.

Now his brothers went to pasture their father’s flock near Shechem. And Israel said to Joseph, “Are not your brothers pasturing the flock at Shechem? Come, I will send you to them.” He answered, “Here I am.” So he said to him, “Go now, see if it is well with your brothers and with the flock; and bring word back to me.” So he sent him from the valley of Hebron.

He came to Shechem, and a man found him wandering in the fields; the man asked him, “What are you seeking?” “I am seeking my brothers,” he said; “tell me, please, where they are pasturing the flock.” The man said, “They have gone away, for I heard them say, ‘Let us go to Dothan.’” So Joseph went after his brothers, and found them at Dothan. They saw him from a distance, and before he came near to them, they conspired to kill him. They said to one another, “Here comes this dreamer. Come now, let us kill him and throw him into one of the pits; then we shall say that a wild animal has devoured him, and we shall see what will become of his dreams.” But when Reuben heard it, he delivered him out of their hands, saying, “Let us not take his life.” Reuben said to them, “Shed no blood; throw him into this pit here in the wilderness, but lay no hand on him” —that he might rescue him out of their hand and restore him to his father. So when Joseph came to his brothers, they stripped him of his robe, the long robe with sleeves that he wore; and they took him and threw him into a pit. The pit was empty; there was no water in it.

Then they sat down to eat; and looking up they saw a caravan of Ishmaelites coming from Gilead, with their camels carrying gum, balm, and resin, on their way to carry it down to Egypt. Then Judah said to his brothers, “What profit is it if we kill our brother and conceal his blood? Come, let us sell him to the Ishmaelites, and not lay our hands on him, for he is our brother, our own flesh.” And his brothers agreed. When some Midianite traders passed by, they drew Joseph up, lifting him out of the pit, and sold him to the Ishmaelites for twenty pieces of silver. And they took Joseph to Egypt.

The Word of the Lord.

People  Thanks be to God.
Psalm 105, 1–6, 16–22, 45b, sung by the choir

chant by Henry Dibdin

Give thanks to the Lord and call upon his Name; *  
make known his deeds among the peoples.

Sing to him, sing praises to him, *  
and speak of all his marvelous works.

Glory in his holy Name; *  
let the hearts of those who seek the Lord rejoice.

Search for the Lord and his strength; *  
continually seek his face.

Remember the marvels he has done, *  
his wonders and the judgments of his mouth,

O offspring of Abraham his servant, *  
O children of Jacob his chosen.

Then he called for a famine in the land *  
and destroyed the supply of bread.

He sent a man before them, *  
Joseph, who was sold as a slave.

They bruised his feet in fetters; *  
his neck they put in an iron collar.

Until his prediction came to pass, *  
the word of the Lord tested him.

The king sent and released him; *  
the ruler of the peoples set him free.

He set him as a master over his household,  
as a ruler over all his possessions,

To instruct his princes according to his will  
and to teach his elders wisdom.

Hallelujah!

Second Reading: Romans 10:5–15

Lector  Moses writes concerning the righteousness that comes from the law, that “the person who does these things will live by them.” But the righteousness that comes from faith says, “Do not say in your heart, ‘Who will ascend into heaven?’ (that is, to bring Christ down) “or ‘Who will descend into the abyss?’” (that is, to bring Christ up from the dead). But what does it say?

“The word is near you,  
on your lips and in your heart”

(that is, the word of faith that we proclaim); because if you confess with your lips that Jesus is Lord and believe in your heart that God raised him from the dead, you will be saved. For one believes with the heart and so is justified, and one confesses with the mouth and so is saved. The scripture says, “No one who believes in him will be put to shame.” For there is no distinction between Jew and Greek; the same Lord is Lord of all and is generous to all who call on him. For, “Everyone who calls on the name of the Lord shall be saved.”

But how are they to call on one in whom they have not believed? And how are they to believe in one of whom they have never heard? And how are they to hear without someone to proclaim him? And how are they to proclaim him unless they are sent? As it is written, “How beautiful are the feet of those who bring good news!”

The Word of the Lord.

People  Thanks be to God.
GOSPEL HYMN LEVAS II #80: “Jesus, Savior, pilot me”

1. Jesus, Savior, pilot me, Over life’s tempestuous sea: Unknown waves before me roll.
2. As a mother stills her child, Thou canst hush the ocean wild; Boisterous waves obey thy will.
3. When at last I near the shore, And the fearful breakers roar ‘Twixt me and the peaceful rest.

1. Hiding rocks and treacherous shoal; Cart and compass chart and compass pass.
2. When thou say’st to them, “Be still!” Wondrous sovereign reigns, may I hear thee.
3. Then, while leaning on thy breast, I may in faith of thee, “Fear not—I will pilot thee!”

The Holy Gospel: Matthew 14:22–33

Gospeller  The Holy Gospel of our Lord Jesus Christ according to Matthew.

People   Glory to you, Lord Christ.

Gospeller  Jesus made the disciples get into the boat and go on ahead to the other side, while he dismissed the crowds. And after he had dismissed the crowds, he went up the mountain by himself to pray. When evening came, he was there alone, but by this time the boat, battered by the waves, was far from the land, for the wind was against them. And early in the morning he came walking toward them on the sea. But when the disciples saw him walking on the sea, they were terrified, saying, “It is a ghost!” And they cried out in fear. But immediately Jesus spoke to them and said, “Take heart, it is I; do not be afraid.”

Peter answered him, “Lord, if it is you, command me to come to you on the water.” He said, “Come.” So Peter got out of the boat, started walking on the water, and came toward Jesus. But when he noticed the strong wind, he became frightened, and beginning to sink, he cried out, “Lord, save me!” Jesus immediately reached out his hand and caught him, saying to him, “You of little faith, why did you doubt?” When they got into the boat, the wind ceased. And those in the boat worshiped him, saying, “Truly you are the Son of God.”

The Gospel of the Lord.

People   Praise to you, Lord Christ.

Sermon

The Nicene Creed

All  We believe in one God,
     the Father, the Almighty,
     maker of heaven and earth,
     of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,
     the only Son of God, eternally begotten of the Father,
     God from God, Light from Light,
     true God from true God, begotten, not made,
     of one Being with the Father.
     Through him all things were made.
     For us and for our salvation
     he came down from heaven:
by the power of the Holy Spirit
     he became incarnate from the Virgin Mary,
     and was made man.
     For our sake he was crucified under Pontius Pilate;
     he suffered death and was buried.
     On the third day he rose again in accordance with the Scriptures;
     he ascended into heaven and is seated at the right hand of the Father.
     He will come again in glory to judge the living and the dead,
     and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,
     who proceeds from the Father and the Son.
     With the Father and the Son he is worshiped and glorified.
     He has spoken through the Prophets.
     We believe in one holy catholic and apostolic Church.
     We acknowledge one baptism for the forgiveness of sins.
     We look for the resurrection of the dead, and the life of the world to come. Amen.

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**Prayers of the People**

Lector  Father, we pray for your holy Catholic Church;
People  That we all may be one.
Lector  Grant that every member of the Church may truly and humbly serve you;
People  That your Name may be glorified by all people.
Lector  We pray for all bishops, priests, and deacons;
People  That they may be faithful ministers of your Word and Sacraments.
Lector  We pray for all who govern and hold authority in the nations of the world;
People  That there may be justice and peace on the earth.
Lector  Give us grace to do your will in all that we undertake;
People  That our works may find favor in your sight.
Lector  Have compassion on those who suffer from any grief or trouble;
People  That they may be delivered from their distress.
Lector  Give to the departed eternal rest;
People  Let light perpetual shine upon them.
Lector  We praise you for your saints who have entered into joy;
People  May we also come to share in your heavenly kingdom.
Lector  Let us pray for our own needs and those of others.

*The People may add their own petitions.*

**Concluding Collect**

All  God of all power and love, we give thanks for your unfailing presence and the hope you provide in times of uncertainty and loss. Send your Holy Spirit to enkindle in us your holy fire. Revive us to live as Christ’s body in the world; a people who pray, worship, learn, break bread, share life, heal neighbors, bear good news, seek justice, rest and grow in the Spirit. Wherever and however we gather, unite us in common prayer and send us in common mission; that we and the whole creation might be restored and renewed, through Jesus Christ our Lord. Amen.


**The Peace**

Presider  The peace of the Lord be always with you.
People  And also with you.

**Announcements**

**Celebration Prayer**

All  O God, our times are in your hand: Look with favor, we pray, on your servant(s) as they begin another year. Grant that they may grow in wisdom and grace, and strengthen their trust in your goodness all the days of their lives; through Jesus Christ our Lord. Amen.
The Holy Communion

**ANTHEM: “Exultate justi”**

Exultate, justi, in Domino;  
rectos decet collaudatio.

Confitemini Domino in cithara;  
in psalterio decem chordarum psallite illi.

Cantate ei canticum novum;  
bene psallite ei in vociferatione.

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Rejoice in the Lord, O ye just;  
praise befits the upright.

Give praise to the Lord on the harp;  
sing to him with the psaltery,  
the instrument of ten strings.

Sing to him a new canticle,  
sing well unto him with a loud noise.  
Rejoice in the Lord, O ye just;  
praise befits the upright.

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—Text: Psalm 33:1–3

**THE GREAT THANKSGIVING**

Presider  The Lord be with you.
People  And also with you.
Presider  Lift up your hearts.
People  We lift them to the Lord.
Presider  Let us give thanks to the Lord our God.
People  It is right to give God thanks and praise.

Presider  It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty,  
Creator of heaven and earth. For you are the source of light and life; you made us in your image, and  
called us to new life in Jesus Christ our Lord. Therefore we praise you, joining our voices with Angels  
and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory  
of your Name:
All

Holy, holy, holy Lord, God of power and might,
Holy, holy, holy Lord,
God of power and might, heaven and earth are full,
full of your glory. Hosanna in the highest. Hosanna in the highest. Blessed is he who comes in the name of the Lord. Hosanna in the highest. Hosanna in the highest.
We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, “Take, eat: This is my Body, which is given for you. Do this for the remembrance of me.”

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, “Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me.”

Therefore, according to his command, O Father,

We remember his death,
We proclaim his resurrection,
We await his coming in glory;

And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine. We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit. In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where, with all your saints, we may enter the everlasting heritage of your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. Amen.

And now, as our Savior Christ has taught us, we are bold to say,

Our Father, who art in heaven,
    hallowed be thy Name,
    thy kingdom come,
    thy will be done,
    on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
    as we forgive those who trespass against us.
And lead us not into temptation,
    but deliver us from evil.
For thine is the kingdom, and the power,
    and the glory, for ever and ever. Amen.
All In union, O Lord, with your faithful people at every altar of your Church, where the Holy Eucharist is now being celebrated, I desire to offer to you praise and thanksgiving. I remember your death, Lord Christ; I proclaim your resurrection; I await your coming in glory. Since I cannot receive you today in the Sacrament of your Body and Blood, I beseech you to come spiritually into my heart. Cleanse and strengthen me with your grace, Lord Jesus, and let me never be separated from you. May I live in you, and you in me, in this life and in the life to come. Amen.

Presider The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

COMMUNION
Postcommunion Prayer

All  Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.

The Blessing

Dismissal

Presider  Let us go forth into the world, rejoicing in the power of the Spirit.

People  Thanks be to God.

Hymn #559: “Lead us, heavenly Father, lead us”

During this time when we can only worship online we would like you to consider giving online as well. Please go to kccathedral.org to make or pay on a pledge, give a gift, or make a donation. Or you may use the QR code to the right. Thank you for your generosity.

Onsite Prayer & Meditation

Our first step in reopening is to offer you the opportunity to come to the Cathedral to pray, meditate, light a candle or just be still. We know that being inside the Cathedral space can offer a familiar place to pray and we invite you to come spend some time in the Nave.

To register, click here or phone 816.214.9936 to leave a message with your preferred date and times.

If you prefer to stay outside, the grounds are open all day and you are welcome to spend time walking, praying or meditating outside.

Announcements for the Week of August 9, 2020

Worship

Sundays (Morning Prayer—Livestreamed) • 10:15 a.m.
Wednesdays (Noonday Prayer) • 12 noon.

Services are recorded in the Nave and are available to watch on Facebook or YouTube. Bulletins are here. Sundays, join us afterward for virtual Coffee Hour via Zoom!
Children

Children’s Worship
Time: *In the Image*
Sundays, through August 16 • 9:15 a.m.

Children’s Formation is currently participating in a five-week special program based on the story of creation. This is a very user-friendly, virtual music and arts “camp.” Contact Linda Martin for more information. *(It’s not too late to participate!)*

Youth

GHTC Youth Summer Events
GHTC Youth Fellowship
August 9 • 11:30 a.m.

After Church Fellowship Gathering, 11:30 a.m. on Zoom.

Senior Sendoff
August 16 • 7 p.m.

Youth Group Compline, 7 p.m. on Zoom.

Summer Diocesan Events
Happening: Postponed
August Happening has been postponed until January.

Contact Alexandra Connors for more information.

Adults

Lectionary Bible Study
Tuesday, August 11 • 6:45 p.m. • Reading: Matthew 15: 10-28

Join us for a discussion of context which will, with God’s grace, lead us to a discussion of how an understanding of scripture can restore us to fullness with God and each other in Christ. Join the Lectionary Bible Study group in Realm or visit the LBS page on our website for more details.

GHTC’s Digital Cafe
Tuesdays • 7:30 a.m.

Please join us for our weekly conversation in GHTC’s Digital Cafe! Tuesday mornings from 7:30—9 a.m. To join, click [here](#). Meeting ID: 568 607 781 Password: 582827. You may also dial in by phone: 312 626 6799.

Women’s Bible Study
Tuesdays • 12:30 p.m.

Women’s Bible Study meets via Zoom at 12:30 p.m. WBS has begun a new study using *Opening the Bible* by Roger Ferlo. For more details, visit our WBS page or contact Candy McDowell.

Dean’s Forum & Compline: Episcopal 101
Wednesdays • 6:30 p.m.

Dean Andy is teaching an Episcopal 101 class via Zoom for anyone wanting to learn more about the Episcopal Church. Check out the Dean’s Forum page on the Cathedral website for more information. Zoom Meeting ID: 424 683 903 Password: 138017.

GHTC Young Adults: Circle Painting and Meditation for Healing
Saturday, August 15 • 4:30 p.m. • GHTC North Lawn *(Alternate date for weather: August 22)*

Around 4:30 p.m., we will gather to paint or apply socially distanced circles on the lawn. This will not be labor intensive. After that, we will be led in a group meditation for healing by Karen Kissinger. This meditation will be for all experience levels. After the guided meditation, everyone is welcome to continue in private prayer or silent meditation as long as they wish. We are not cleared to serve food or beverages at this point, but some may choose to continue the evening in a way they are comfortable. For more info or to RSVP contact Nick Smith.

Birthdays & Anniversaries

August 9
Murphy Dutton
Keith Oliver
David Telep

August 10
Sandra Hornbeck

August 11
Sheri Packett
Troy Reed
Donna Sumpter
Donna Knoell & Jim Royer

August 13
Fred Decker
Tom McLean
Ellen & John Goheen

August 14
Lenette Johnson
Miriam Marrs
Riley Thomas

August 15
Ken Stewart

Please contact the Cathedral office if we have omitted your birthday or anniversary: 816.474.8260 or jsweeting@kccathedral.org.
Pray for:

Healing—Kathy Clinch; Alex Stewart Jr.; Cade Smith; Jeri Hatteberg; Jennifer Radcliff; Godwin Oluh; Dawn Berg; Christian Criger; Fiona (Leona) Schaefer; Connie Powell; Janel Mosley; Brian Cowley; Mike Guidry; John; Jan Frizzle; Matt Green; Jon Royal; Homer Williams; Bonita White; Pat Martin; Royce Taylor; Lloyd McCandless; Jim Royer; Gaelle Marchand; Elizabeth Simms; Michael Simms; Charlotte Colburn; Willard Welch; Dee Hamilton; Sandra Hornbeck

Peace, Comfort & Serenity—Matt Levi’s family; Paula Livingston-Lewis & family; Matt Green’s family; Mark & Brenda Colburn; The family of Denny Phillips; The family of Joe & Jackye Finnie; Diana Bellehumeur; Raenell; The family of Ted Cowles; Eric Cenovich

Calm, Direction & Help—Those affected by COVID-19; Kingswood Retirement Center

Protection & Healing—Steven

Strength—Burma Cenovich & family; Abbey Mattson & family; Marin Bartow & family

Strength & Safety—Jessica Lynn Knox

Joy & Strength—Joann Repass Jones

Thanksgiving & Gratitude—Dean Andy; Women’s Bible Study

Recovery from Pandemic—Lucas Reifsteck; Steve Frogge; Raymond Brocker; Our City & Country

To place a person on this prayer list, please contact the Cathedral office. Requests are held in prayer for 90 days.

Daily Prayer

Daily Prayer is a resource of Forward Movement.

If you would like online access to daily prayer readings, compiled by Forward Movement, you will find that here.

If you would prefer a hard copy, contact Janet Sweeting and a copy of the Forward Day by Day booklet will be mailed to you.

Today’s Flowers

to the Glory of God and...

• in thanksgiving for our granddaughter, Margo Carlson VanSlyke—Bob & Linda Carlson

To help provide flowers for upcoming services, contact the Cathedral office.

Social Outreach

Onesie Drive

The 2020 Onesie Drive for Maison de Naissance (MN) will be during the month of August. If the Cathedral is open, the collection place will be a table in the Tower. If not, a time and location for dropping off donations will be announced.

In MN’s fifteen years of operation with more than 6,000 healthy deliveries and over 95,000 family planning consultations, MN has empowered entire communities of women across the region it serves. The generosity of members of our Cathedral Parish is deeply appreciated, especially by the staff and moms at MN who receive these gifts.