Grace and Holy Trinity Episcopal Cathedral
A Servant Church in the Heart of the City
The Eleventh Sunday after Pentecost
August 16, 2020 • 10:15 a.m.

“What comes out of the mouth proceeds from the heart, and this is what defiles.”

Newcomers and visitors, welcome! We are a servant church in the heart of the city. May you find here, by God’s grace, that which feeds your soul, and leave here with a heart prepared to serve.
Morning Prayer

SERVICE NOTES: Page numbers listed are from The Book of Common Prayer. Hymn numbers are from The Hymnal 1982, unless otherwise noted.

VOLUNTARY: “Magnificat V,” op. 18 no. 14

‘He remembering his mercy hath holpen his servant Israel; as he promised to our forefathers, Abraham and his seed forever,’

Hymn #538: “God of mercy, God of grace”


Opening Sentence page 78

Officiant I was glad when they said to me, “Let us go to the house of the Lord.”
CONFessions AND DECLARATIONS OF Forgiveness

Officiant   Let us confess our sins against God and our neighbor.

People    Most merciful God,
we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in your will,
and walk in your ways,
to the glory of your Name. Amen.

Officiant   Almighty God have mercy on us, forgive us all our sins through our Lord Jesus Christ, strengthen us in all goodness, and by the power of the Holy Spirit keep us in eternal life. Amen.

Invitatory AND Psalter

Officiant  Lord open our lips.

People   And our mouth shall proclaim your praise.

All  Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be for ever. Amen. Alleluia.

Antiphon

All  The mercy of the Lord is everlasting: Come let us adore him.

Jubilate

Psalm 100

All  Be joyful in the Lord, all you lands; *
serve the Lord with gladness
and come before his presence with a song.

Know this: The Lord himself is God; *
he himself has made us, and we are his;
we are his people and the sheep of his pasture.

Enter his gates with thanksgiving;
go into his courts with praise; *
give thanks to him and call upon his Name.

For the Lord is good;
his mercy is everlasting; *
and his faithfulness endures from age to age.

Antiphon

All  The mercy of the Lord is everlasting: Come let us adore him.
Oh, how good and pleasant it is, *
when brethren live together in unity!

It is like fine oil upon the head *
that runs down upon the beard,

Upon the beard of Aaron, *
and runs down upon the collar of his robe.

It is like the dew of Hermon *
that falls upon the hills of Zion.

For there the Lord has ordained the blessing: *
life for evermore.

Glory to the Father, and to the Son, and to the Holy Spirit: *
as it was in the beginning, is now, and will be for ever. Amen.

The Lessons

Genesis 45:1–15

Joseph could no longer control himself before all those who stood by him, and he cried out, “Send everyone away from me.” So no one stayed with him when Joseph made himself known to his brothers. And he wept so loudly that the Egyptians heard it, and the household of Pharaoh heard it. Joseph said to his brothers, “I am Joseph. Is my father still alive?” But his brothers could not answer him, so dismayed were they at his presence.

Then Joseph said to his brothers, “Come closer to me.” And they came closer. He said, “I am your brother, Joseph, whom you sold into Egypt. And now do not be distressed, or angry with yourselves, because you sold me here; for God sent me before you to preserve life. For the famine has been in the land these two years; and there are five more years in which there will be neither plowing nor harvest. God sent me before you to preserve for you a remnant on earth, and to keep alive for you many survivors. So it was not you who sent me here, but God; he has made me a father to Pharaoh, and lord of all his house and ruler over all the land of Egypt. Hurry and go up to my father and say to him, ‘Thus says your son Joseph, God has made me lord of all Egypt; come down to me, do not delay. You shall settle in the land of Goshen, and you shall be near me, you and your children and your children’s children, as well as your flocks, your herds, and all that you have. I will provide for you there—since there are five more years of famine to come—so that you and your household, and all that you have, will not come to poverty.’ And now your eyes and the eyes of my brother Benjamin see that it is my own mouth that speaks to you. You must tell my father how greatly I am honored in Egypt, and all that you have seen. Hurry and bring my father down here.” Then he fell upon his brother Benjamin’s neck and wept, while Benjamin wept upon his neck. And he kissed all his brothers and wept upon them; and after that his brothers talked with him.

The Word of the Lord.

People  Thanks be to God.
Canticle 16

All 
Blessed be the Lord, the God of Israel; *
he has come to his people and set them free.

He has raised up for us a mighty savior, *
born of the house of his servant David.

Through his holy prophets he promised of old,
that he would save us from our enemies, *
from the hands of all who hate us.

He promised to show mercy to our fathers *
and to remember his holy covenant.

This was the oath he swore to our father Abraham, *
to set us free from the hands of our enemies,

Free to worship him without fear, *
 holy and righteous in his sight
all the days of our life.

You, my child, shall be called the prophet of the Most High, *
for you will go before the Lord to prepare his way,

To give his people knowledge of salvation *
 by the forgiveness of their sins.

In the tender compassion of our God *
the dawn from on high shall break upon us,

To shine on those who dwell in darkness and the shadow of death, *
and to guide our feet into the way of peace.

Glory to the Father, and to the Son, and to the Holy Spirit: *
as it was in the beginning, is now, and will be for ever. Amen.

Matthew 15: 10–28

Reader 
Jesus called the crowd to him and said to them, “Listen and understand: it is not what goes into the mouth that defiles a person, but it is what comes out of the mouth that defiles.” Then the disciples approached and said to him, “Do you know that the Pharisees took offense when they heard what you said?” He answered, “Every plant that my heavenly Father has not planted will be uprooted. Let them alone; they are blind guides of the blind. And if one blind person guides another, both will fall into a pit.” But Peter said to him, “Explain this parable to us.” Then he said, “Are you also still without understanding? Do you not see that whatever goes into the mouth enters the stomach, and goes out into the sewer? But what comes out of the mouth proceeds from the heart, and this is what defiles. For out of the heart come evil intentions, murder, adultery, fornication, theft, false witness, slander. These are what defile a person, but to eat with unwashed hands does not defile.”

Jesus left that place and went away to the district of Tyre and Sidon. Just then a Canaanite woman from that region came out and started shouting, “Have mercy on me, Lord, Son of David; my daughter is tormented by a demon.” But he did not answer her at all. And his disciples came and urged him, saying, “Send her away, for she keeps shouting after us.” He answered, “I was sent only to the lost sheep of the house of Israel.” But she came and knelt before him, saying, “Lord, help me.” He answered, “It is not fair to take the children’s food and throw it to the dogs.” She said, “Yes, Lord, yet even the dogs eat the crumbs that fall from their masters’ table.” Then Jesus answered her, “Woman, great is your faith! Let it be done for you as you wish.” And her daughter was healed instantly.

The Word of the Lord.

People 
Thanks be to God.
Homily

Canticle 21

All

You are God: we praise you;
You are the Lord: we acclaim you;
You are the eternal Father:
All creation worships you.
To you all angels, all the powers of heaven,
Cherubim and Seraphim, sing in endless praise:
Holy, holy, holy Lord, God of power and might,
heaven and earth are full of your glory.
The glorious company of apostles praise you.
The noble fellowship of prophets praise you.
The white-robed army of martyrs praise you.
Throughout the world the holy Church acclaims you;
Father, of majesty unbounded,
your true and only Son, worthy of all worship,
and the Holy Spirit, advocate and guide.
You, Christ, are the king of glory,
the eternal Son of the Father.
When you became man to set us free
you did not shun the Virgin’s womb.
You overcame the sting of death
and opened the kingdom of heaven to all believers.
You are seated at God’s right hand in glory.
We believe that you will come and be our judge.
Come then, Lord, and help your people,
bought with the price of your own blood,
and bring us with your saints
to glory everlasting.

The Apostles’ Creed

All

I believe in God, the Father almighty,
creator of heaven and earth.
I believe in Jesus Christ, his only Son, our Lord.

He was conceived by the power of the Holy Spirit
and born of the Virgin Mary.
He suffered under Pontius Pilate,
was crucified, died, and was buried.
He descended to the dead.
On the third day he rose again.
He ascended into heaven,
and is seated at the right hand of the Father.
He will come again to judge the living and the dead.
I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and the life everlasting. Amen.
The Prayers

Officiant The Lord be with you.
People And also with you.
Officiant Let us pray.
All Our Father, who art in heaven, 
    hallowed be thy Name, 
    thy kingdom come, 
    thy will be done, 
    on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses, 
    as we forgive those who trespass against us.
And lead us not into temptation, 
    but deliver us from evil.
For thine is the kingdom, and the power, 
    and the glory, for ever and ever. Amen.

Suffrages

Officiant Save your people, Lord, and bless your inheritance;
People Govern and uphold them, now and always.
Officiant Day by day we bless you;
People We praise your Name for ever.
Officiant Lord, keep us from all sin today;
People Have mercy on us, Lord, have mercy.
Officiant Lord, show us your love and mercy;
People For we put our trust in you.
Officiant In you, Lord, is our hope;
People And we shall never hope in vain.

Collects

Officiant Let us pray.
Almighty God, you have given your only Son to be for us a sacrifice for sin, and also an example of godly life: Give us grace to receive thankfully the fruits of his redeeming work, and to follow daily in the blessed steps of his most holy life; through Jesus Christ your Son our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.

O God, you make us glad with the weekly remembrance of the glorious resurrection of your Son our Lord: Give us this day such blessing through our worship of you, that the week to come may be spent in your favor; through Jesus Christ our Lord. Amen.

Almighty and everlasting God, by whose Spirit the whole body of your faithful people is governed and sanctified: Receive our supplications and prayers which we offer before you for all members of your holy Church, that in their vocation and ministry they may truly and devoutly serve you; through our Lord and Savior Jesus Christ. Amen.
ANTHEM: “Behold, how good and joyful”  

John Clarke-Whitfeld

Behold, how good and joyful a thing it is, brethren to dwell together in unity.
It is like the precious ointment upon the head, that ran down unto the beard, even unto Aaron’s beard, and went down to the skirts of his clothing.
It is like the dew of Hermon which fell upon the hill of Sion.
For there the LORD promised his blessing, and life for evermore. Amen.

—Text: Psalm 133

INTERCESSIONS AND THANKSGIVINGS

Lector Father, we pray for your holy Catholic Church;
People That we all may be one.

Lector Grant that every member of the Church may truly and humbly serve you;
People That your Name may be glorified by all people.

Lector We pray for all bishops, priests, and deacons;
People That they may be faithful ministers of your Word and Sacraments.

Lector We pray for all who govern and hold authority in the nations of the world;
People That there may be justice and peace on the earth.

Lector Give us grace to do your will in all that we undertake;
People That our works may find favor in your sight.

Lector Have compassion on those who suffer from any grief or trouble;
People That they may be delivered from their distress.

Lector Give to the departed eternal rest;
People Let light perpetual shine upon them.

Lector We praise you for your saints who have entered into joy;
People May we also come to share in your heavenly kingdom.

Lector Let us pray for our own needs and those of others.
The People may add their own petitions.

CONCLUDING COLLECT

All God of all power and love, we give thanks for your unfailing presence and the hope you provide in times of uncertainty and loss. Send your Holy Spirit to enkindle in us your holy fire. Revive us to live as Christ’s body in the world; a people who pray, worship, learn, break bread, share life, heal neighbors, bear good news, seek justice, rest and grow in the Spirit. Wherever and however we gather, unite us in common prayer and send us in common mission; that we and the whole creation might be restored and renewed, through Jesus Christ our Lord. Amen.

Announcements

Celebration Prayer

All O God, our times are in your hand: Look with favor, we pray, on your servant(s) as they begin another year. Grant that they may grow in wisdom and grace, and strengthen their trust in your goodness all the days of their lives; through Jesus Christ our Lord. Amen.

General Thanksgiving

All Almighty God, Father of all mercies, we your unworthy servants give you humble thanks for all your goodness and loving-kindness to us and to all whom you have made. We bless you for our creation, preservation, and all the blessings of this life; but above all for your immeasurable love in the redemption of the world by our Lord Jesus Christ; for the means of grace, and for the hope of glory. And, we pray, give us such an awareness of your mercies, that with truly thankful hearts we may show forth your praise, not only with our lips, but in our lives, by giving up our selves to your service, and by walking before you in holiness and righteousness all our days; through Jesus Christ our Lord, to whom, with you and the Holy Spirit, be honor and glory throughout all ages. Amen.

Dismissal

Officiant Let us bless the Lord.

People Thanks be to God.
Hymn #470: “There’s a wideness in God’s mercy”

1. There’s a wide-ness in God’s mer-cy like the wide-ness of the sea;
2. There is no place where earth’s sor-rows are more felt than up in heaven;
3. For the love of God is broad-er than the mea-sure of the mind:

there’s a kind-ness in his jus-tice, which is more than lib-er-ty,
there is no place where earth’s fail-ings have such kindly judg-ment given,
and the heart of the E-ter-nal is most won-der-ful-ly kind.

There is wel-come for the sin-ner, and more gra-ces for the good;
There is plen-ti-ful re-dep-tion in the blood that has been shed;
If our love were but more faith-ful, we should take him at his word;

there is mer-cy with the Sa-vior; there is heal-ing in his blood,
there is joy for all the mem-bers in the sor-rows of the Head,
and our life would be thanks-giv-ing for the good-ness of the Lord.

The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit, be with us all evermore. Amen.

Voluntary: Antiphon V, “How fair and how pleasant art Thou,” op. 18 no. 5

Marcel Dupré

Robin Rusconi, Officiant
Dr. Paul Meier, Director of Music
Dr. Mark Stotler, Assistant Organist
Linda Martin, Lector
Members of the Trinity Choir

The Bishop has asked that we use the Eucharistic Lectionary rather than the Office Lectionary during Morning Prayer.
During this time when we can only worship online we would like you to consider giving online as well. Please go to kccathedral.org to make or pay on a pledge, give a gift, or make a donation. Or you may use the QR code to the right. Thank you for your generosity.

Announcements for the Week of August 16, 2020

Worship

Sundays (Morning Prayer—Livestreamed) • 10:15 a.m.
Wednesdays (Noonday Prayer) • 12 noon.

Services are recorded in the Nave and are available to watch on Facebook or YouTube. Bulletins are here. Sundays, join us afterward for virtual Coffee Hour via Zoom!

Children

Children’s Formation—Taking a Summer Break!

Thanks to the children and families who participated in In the Image “camp.” After the wonderful work of creating our world, God rested. We are created in the image of God, so we create, see the good, care, connect and rest. We will rest from meeting on Zoom now, but stay tuned so you’ll know when we resume our Zoom activity.

Youth

GHTC Youth Summer Events

Senior Sendoff August 16 • 7 p.m.
Youth Group Compline, 7 p.m. on Zoom.
Contact Alexandra Connors for more information.

Adults

Lectionary Bible Study
Tuesday, August 18 • 6:45 p.m. • Reading: Matthew 16:13-20

Join us for a discussion of context which will, with God’s grace, lead us to a discussion of how an understanding of scripture can restore us to fullness with God and each other in Christ. Join the Lectionary Bible Study group in Realm or visit the LBS page on our website for more details.

GHTC’s Digital Cafe
Tuesdays • 7:30 a.m.

Please join us for our weekly conversation in GHTC’s Digital Cafe! Tuesday mornings from 7:30–9 a.m. To join, click here.

Meeting ID: 568 607 781 Password: 582827. You may also dial in by phone: 312 626 6799.

Women’s Bible Study
Tuesdays • 12:30 p.m.

Women’s Bible Study meets via Zoom at 12:30 p.m. WBS has begun a new study using Opening the Bible by Roger Ferlo. For more details, visit our WBS page or contact Candy McDowell.

Dean’s Forum & Compline
Wednesdays • 6:30 p.m. *On hiatus until 9/9*

Dean Andy’s first Episcopal 101 class has concluded. A new Dean’s Forum will begin Wednesday, September 9. Watch for more details!
Pray for:
**Healing**—Judy Houtman; Kathy Clinch; Alex Stewart Jr.; Cade Smith; Jeri Hattenberg; Jennifer Radcliff; Godwin Oluh; Dawn Berg; Christian Criger; Fiona (Leona) Schaefer; Connie Powell; Janel Moseley; Brian Cowley; Mike Guidry; John; Jan Frizzle; Matt Green; Jon Royal; Homer Williams; Bonita White; Pat Martin; Royce Taylor; Lloyd McCandless; Jim Royer; Gaelle Marchand; Elizabeth Simms; Michael Simms; Charlotte Colburn
**Peace, Comfort & Serenity**—Kate Landers’ family; Gary & family; Cathryn & family; Peggy Lowman’s family; Matt Levi’s family; Paula Livingston-Lewis & family; Matt Green’s family; Mark & Brenda Colburn; The family of Denny Phillips; The family of Joe & Jackye Finnie; Diana Bellehumeur

**Calm, Direction & Help**—Those affected by COVID-19; Kingswood Retirement Center
**Protection & Healing**—Steven
**Strength & Safety**—Jessica Lynn Knox
**Joy & Strength**—Joann Repass Jones
**Recovery from Pandemic**— Lucas Reifsteck; Steve Frogge; Raymond Brocker; Our City & Country

To help provide flowers for upcoming services, contact the Cathedral office, jsweeting@kccathedral.org.

**Social Outreach**

**Onesie Drive**
The 2020 Onesie Drive for Maison de Naissance (MN) is currently ongoing. The generosity of members of our Cathedral Parish is deeply appreciated, especially by the staff and moms at MN who receive these gifts. You may bring donations to the basket in the tower when the Cathedral is open on Wednesdays.

Please contact the Cathedral office if we have omitted your birthday or anniversary: 816.474.8260 or jsweeting@kccathedral.org.