

GRACE AND HOLY TRINITY EPISCOPAL CATHEDRAL



"Sermon on the Mount" by Jorge Cocco Santángelo

The Fourth Sunday after the Epiphany

January 29, 2023 • 10:30 a.m.

Welcome! We are glad you are here.

- If you are a visitor or new attendee, we invite you to fill out a welcome card, found in your pew, and place it in the offering plate or complete the form online. Use this QR code to access the form.
- Restrooms are available in Founders' Hall. A changing station is available in the restroom at west end (rear) of the Cathedral.
- If you need a hearing assistance device, please ask an usher.



May you find here, by God's grace, that which feeds your soul, and leave here with a heart prepared to serve.

Service Notes

- Please rise, as able, for portions of the service marked with an asterisk (*).
- Page numbers listed are from The Book of Common Prayer.
- Donations may be placed in the offering, made through the Cathedral website: kccathedral.org, by scanning the QR code to the right or by texting "GIVEtoGHCT" to 73256. *Thank you for your generosity.*



HOLY EUCHARIST

VOLUNTARY: Psalm Prelude, op. 32 no. 2

Herbert Howells

"But the meek-spirited shall possess the earth and shall be refreshed in the multitude of peace." (Psalm 37:11)

The Word of God

* OPENING HYMN: 569 "God the omnipotent! King, who ordainest"

1 God the Om - ni - po - tent! King, who or - dain - est
2 God the All - mer - ci - ful! earth hath for - sak - en
3 God the All - right - eous One! earth hath de - fied thee;
4 God the All - prov - i - dent! earth by thy chas - tening

thun - der thy clar - ion, the light - ning thy sword;
thy ways all ho - ly, and slight - ed thy word;
yet to e - ter - ni - ty stand - eth thy word,
yet shall to free - dom and truth be re - stored;

show forth thy pi - ty on high where thou reign - est:
bid not thy wrath in its ter - rors a - wak - en:
false - hood and wrong shall not tar - ry be - side thee:
through the thick dark - ness thy king - dom is haste - ning:

give to us peace in our time, O Lord.
give to us peace in our time, O Lord.
give to us peace in our time, O Lord.
thou wilt give peace in thy time, O Lord.

Presider Blessed be God: Father, Son, and Holy Spirit.

People **And blessed be God's kingdom, now and for ever. Amen.**

Presider Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

* SONG OF PRAISE: S278 "Glory to God" *Gloria in excelsis*

1. Glo-ry to God in the high-est, and
 peace to his peo - ple on earth. 2. Lord God, heaven - ly King, al -
 might - y God and Fa - ther, we wor - ship you, we give you thanks, we
 praise you for your glo - ry. 3. Lord Je - sus Christ,
 on - ly Son of the Fa - ther, Lord God, Lamb of God, 4. you
 take a - way the sin of the world: have mer - cy on us;
 5. you are seat - ed at the right hand of the Fa - ther: re -
 ceive our prayer. 6. For
 you a - lone are the Ho - ly One, you a - lone are the Lord,
 7. you a - lone are the Most High, Je - sus Christ, with the
 Ho - ly Spi - rit, in the glo - ry of
 God the Fa - ther. A - - - - - men.

Music: William Mathias (b. 1934). Copyright: © 1976, Oxford University Press, Inc. All Rights Reserved. Reprinted under OneLicense.net #A-710278.

* COLLECT OF THE DAY

Presider The Lord be with you.

People **And also with you.**

Presider Let us pray.

Almighty and everlasting God, you govern all things both in heaven and on earth: Mercifully hear the supplications of your people, and in our time grant us your peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

THE LESSONS

First Lesson: Micah 6:1-8

Lector Hear what the Lord says:

 Rise, plead your case before the mountains,
 and let the hills hear your voice.

Hear, you mountains, the controversy of the Lord,
 and you enduring foundations of the earth;
for the Lord has a controversy with his people,
 and he will contend with Israel.

“O my people, what have I done to you?
 In what have I wearied you? Answer me!
For I brought you up from the land of Egypt,
 and redeemed you from the house of slavery;
and I sent before you Moses,
 Aaron, and Miriam.
O my people, remember now what King Balak of Moab devised,
 what Balaam son of Beor answered him,
and what happened from Shittim to Gilgal,
 that you may know the saving acts of the Lord.”

“With what shall I come before the Lord,
 and bow myself before God on high?
Shall I come before him with burnt-offerings,
 with calves a year old?
Will the Lord be pleased with thousands of rams,
 with tens of thousands of rivers of oil?
Shall I give my firstborn for my transgression,
 the fruit of my body for the sin of my soul?”
He has told you, O mortal, what is good;
 and what does the Lord require of you
but to do justice, and to love kindness,
 and to walk humbly with your God?

The Word of the Lord.

People **Thanks be to God.**

Lord, who may dwell in your tabernacle? *
 who may abide upon your holy hill?
Whoever leads a blameless life and does what is right, *
 who speaks the truth from his heart.
There is no guile upon his tongue; he does no evil to his friend; *
 he does not heap contempt upon his neighbor.
In his sight the wicked is rejected, *
 but he honors those who fear the Lord.
He has sworn to do no wrong *
 and does not take back his word.
He does not give his money in hope of gain, *
 nor does he take a bribe against the innocent.
Whoever does these things *
 shall never be overthrown.

Second Lesson: 1 Corinthians 1:18–31

Lector The message about the cross is foolishness to those who are perishing, but to us who are being saved it is the power of God. For it is written,

 “I will destroy the wisdom of the wise,
 and the discernment of the discerning I will thwart.”

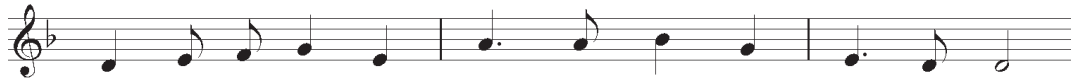
Where is the one who is wise? Where is the scribe? Where is the debater of this age? Has not God made foolish the wisdom of the world? For since, in the wisdom of God, the world did not know God through wisdom, God decided, through the foolishness of our proclamation, to save those who believe. For Jews demand signs and Greeks desire wisdom, but we proclaim Christ crucified, a stumbling block to Jews and foolishness to Gentiles, but to those who are the called, both Jews and Greeks, Christ the power of God and the wisdom of God. For God’s foolishness is wiser than human wisdom, and God’s weakness is stronger than human strength.

Consider your own call, brothers and sisters: not many of you were wise by human standards, not many were powerful, not many were of noble birth. But God chose what is foolish in the world to shame the wise; God chose what is weak in the world to shame the strong; God chose what is low and despised in the world, things that are not, to reduce to nothing things that are, so that no one might boast in the presence of God. He is the source of your life in Christ Jesus, who became for us wisdom from God, and righteousness and sanctification and redemption, in order that, as it is written, “Let the one who boasts, boast in the Lord.”

The Word of the Lord.

People **Thanks be to God.**

* GOSPEL HYMN: 605 "What does the Lord require"



1 What does the Lord re - quire for praise and of - fer - ing?
 2 Ru - lers of earth, give ear! Should you not jus - tice show?
 3 Still down the a - ges ring the pro - phet's stern com - mands.
 4 How shall my soul ful - fill God's law so hard and high?



What sac - ri - fice de - sire, or trib - ute bid you bring?
 Will God your plead - ing hear, while crime and cruel - ty grow?
 To mer - chant, work - er, king he brings God's high de - mands.
 Let Christ en - due our will with grace to for - ti - fy.



Do just - ly; love mer - cy; walk hum - bly with your God.
 Do just - ly; love mer - cy; walk hum - bly with your God.
 Do just - ly; love mer - cy; walk hum - bly with your God.
 Then just - ly; in mer - cy we'll (hum - bly walk with God.)



hum - bly walk with God.

Words: Albert F. Bayly (1901-1984), alt. Music: *Sharpthorne*, Erik Routley (1917-1982). Copyright: Words: © 19449, Albert F. Bayly. Used by permission of Oxford University Press. Music: Copyright © 1969 by Hope Publishing Company, Carol Stream, IL 60188. All Rights Reserved. Used by permission. Reprinted under OneLicense.net #A-710278.

* THE HOLY GOSPEL: Matthew 5:1-12

Gospeller The Holy Gospel of our Lord Jesus Christ according to Matthew.

People **Glory to you, Lord Christ.**

Gospeller When Jesus saw the crowds, he went up the mountain; and after he sat down, his disciples came to him. Then he began to speak, and taught them, saying:

“Blessed are the poor in spirit, for theirs is the kingdom of heaven.

“Blessed are those who mourn, for they will be comforted.

“Blessed are the meek, for they will inherit the earth.

“Blessed are those who hunger and thirst for righteousness, for they will be filled.

“Blessed are the merciful, for they will receive mercy.

“Blessed are the pure in heart, for they will see God.

“Blessed are the peacemakers, for they will be called children of God.

“Blessed are those who are persecuted for righteousness’ sake, for theirs is the kingdom of heaven.

“Blessed are you when people revile you and persecute you and utter all kinds of evil against you falsely on my account. Rejoice and be glad, for your reward is great in heaven, for in the same way they persecuted the prophets who were before you.” The Gospel of the Lord.

People **Praise to you, Lord Christ.**

SERMON

All We believe in one God,
the Father, the Almighty,
maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,
the only Son of God, eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made, of one Being with the Father.
Through him all things were made.
For us and for our salvation he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary, and was made man.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.

* PRAYERS OF THE PEOPLE, FORM VI

Intercessor	In peace, we pray to you, Lord God.
People	For all people in their daily life and work; For our families, friends, and neighbors, and for those who are alone.
Intercessor	For this community, the nation, and the world;
People	For all who work for justice, freedom, and peace.
Intercessor	For the just and proper use of your creation;
People	For the victims of hunger, fear, injustice, and oppression.
Intercessor	For all who are in danger, sorrow, or any kind of trouble;
People	For those who minister to the sick, the friendless, and the needy.
Intercessor	For the peace and unity of the Church of God;
People	For all who proclaim the Gospel, and all who seek the Truth.
Intercessor	For Michael our Presiding Bishop, and Diane our Bishop Provisional; and for all bishops and other ministers;
People	For all who serve God in the Church.

Intercessor For the special needs and concerns of this congregation.

Silence

The People may add their own petitions silently or aloud.

Intercessor Hear us Lord;
People For your mercy is great.

Intercessor We thank you, Lord, for all the blessings of this life.

Silence

The People may add their own thanksgivings silently or aloud.

Intercessor We will exalt you, O God our King;
People And praise your Name for ever and ever.

Intercessor We pray for all who have died, that they may have a place in your eternal kingdom.

Silence

The People may add their own petitions silently or aloud.

Intercessor Lord, let your loving kindness be upon them;
People Who put their trust in you.

Intercessor We pray to you also for the forgiveness of our sins.

Silence

All Have mercy upon us, most merciful Father;
in your compassion forgive us our sins,
known and unknown,
things done and left undone;
and so uphold us by your Spirit
that we may live and serve you in newness of life,
to the honor and glory of your Name;
through Jesus Christ our Lord. Amen.

The Presider concludes with an absolution.

Presider Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

* THE PEACE

page 360

Presider The peace of the Lord be always with you.

People And also with you.

Parents with children in Cathedral Kids are invited to meet their child at the Tower door.

ANNOUNCEMENTS

CELEBRATION PRAYER

Those celebrating anniversaries of birth, marriage, and other joyous occasions are invited to stand or raise a hand as able.

All **O God, our times are in your hand: Look with favor, we pray, on your servant(s) as they begin another year. Grant that they may grow in wisdom and grace, and strengthen their trust in your goodness all the days of their lives; through Jesus Christ our Lord. Amen.**

The Holy Communion

OFFERTORY SENTENCE

page 376

Presider **Walk in love, as Christ loved us and gave himself for us, a fragrant offering and sacrifice to God.**
Ephesians 5:2

OFFERTORY ANTHEM: "The Beatitudes"

Benedict Sheehan

In Thy kingdom, remember us, O Lord, when thou comest in Thy kingdom.
Blessed are the poor in spirit: for theirs is the kingdom of heaven.
Blessed are they that mourn: for they shall be comforted.
Blessed are the meek: for they shall inherit the earth.
Blessed are those who hunger and thirst after righteousness: for they shall be filled.
Blessed are the merciful: for they shall obtain mercy.
Blessed are the pure in heart: for they shall see God.
Blessed are the peacemakers: for they shall be called the children of God.
Blessed are they which are persecuted for righteousness' sake: for theirs is the kingdom of heaven.
Blessed are you when men shall revile you, and persecute you, and shall say all manner of evil against you falsely for my sake.
Rejoice and be exceedingly glad: for great is your reward in heaven. —text: paraphrase of Luke 23:42; Matthew 5:3-12

* PRESENTATION HYMN: 380 "Praise God, from whom all blessings flow" *verse 3*

Praise God, from whom all blessings flow; praise
him, all creatures here be - low; praise him a - bove, ye
heaven - ly host: praise Fa - ther, Son, and Ho - ly Ghost.

Words: Thomas Ken (1637-1711). Music: *Old 100th*, melody from *Pseaumes octante trois de David*, 1551, alt.; harm. after Louis Bourgeois (1510?-1561?). All Rights Reserved. Reprinted under OneLicense.net #A-710278.

Celebrant
The Lord be with you. And al - so with you.

Celebrant
Lift up your hearts. We lift them to the Lord.

Celebrant
Let us give thanks to the Lord our God.

People
It is right to give our thanks and praise.

Presider It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

Here a Proper Preface is sung or said on all Sundays, and on other occasions as appointed.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

All S128: The Holy Eucharist II, Holy, holy, holy Lord: *Sanctus*

Ho - ly, ho - ly,

ho - ly Lord, God of power and might,

heaven and earth are full of your glo - ry. Ho-san-na in the

high - est. Bless - ed is he who

comes in the name of the Lord. Ho-san-na in the high-est.

Music: William Mathias (1934-1992). Copyright © 1976 Oxford University Press. All Rights Reserved. Reprinted under OneLicense.net #A-710278.

Presider We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, according to his command, O Father,

All We remember his death,
We proclaim his resurrection,
We await his coming in glory;

Presider And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine. We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit. In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where, with [_____ and] all your saints, we may enter the everlasting heritage of your children; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever.

All AMEN.

Presider And now, as our Savior Christ has taught us, we are bold to say,

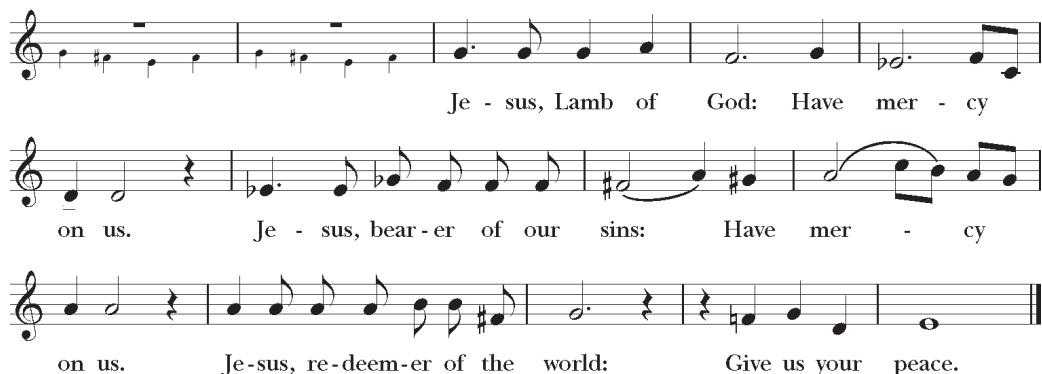
All Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom, and the power,
and the glory, for ever and ever. Amen.

* BREAKING OF THE BREAD

Presider Alleluia. Christ our Passover is sacrificed for us;

People Therefore let us keep the feast. Alleluia.

S165: The Holy Eucharist, Fraction Anthem: Jesus, Lamb of God: *Agnus Dei*



Je - sus, Lamb of God: Have mer - cy
on us. Je - sus, bear - er of our sins: Have mer - cy
on us. Je - sus, re - deem - er of the world: Give us your peace.

Music: William Mathias (b. 1934). Copyright: © 1976, Oxford University Press, Inc. All Rights Reserved. Reprinted under OneLicense.net #A-710278.

Presider The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

COMMUNION

All are welcome to receive communion or a blessing.

Intinction of wafers is offered, if desired. For gluten-free bread, cross your hands palms down.

For a blessing, cross your hands over your chest.

Prayer for Spiritual Communion

In union, O Lord, with your faithful people at every altar of your Church, where the Holy Eucharist is now being celebrated, I desire to offer to you praise and thanksgiving. I remember your death, Lord Christ; I proclaim your resurrection; I await your coming in glory. Since I cannot receive you today in the Sacrament of your Body and Blood, I beseech you to come spiritually into my heart. Cleanse and strengthen me with your grace, Lord Jesus, and let me never be separated from you. May I live in you, and you in me, in this life and in the life to come. Amen.

* COMMUNION HYMN: 656 "Blest are the pure in heart"

1 Blest are the pure in heart, for they shall see our God; the
2 The Lord, who left the heavens our life and peace to bring, to
3 he to the low - ly soul will still him - self im - part and
4 Lord, we thy pres - ence seek; may ours this bless - ing be; give

se - cret of the Lord is theirs, their soul is Christ's a - bode.
dwell in low - li - ness with us, our pat - tern and our King;
for his dwell - ing and his throne will choose the pure in heart.
us a pure and low - ly heart, a tem - ple fit for thee.

Words: Sts. 1 and 3, John Keble (1792–1866), alt.; sts. 2 and 4, William John Hall (1793–1861), alt. Music: *Franconia*, melody Johann Balthasar König (1691–1758); adapt. and harm. William Henry Havergal (1793–1870). All Rights Reserved. Reprinted under OneLicense.net #A-710278.

* POSTCOMMUNION PRAYER

page 366

Presider Let us pray.

All Almighty and everliving God,
we thank you for feeding us with the spiritual food
of the most precious Body and Blood
of your Son our Savior Jesus Christ;
and for assuring us in these holy mysteries
that we are living members of the Body of your Son,
and heirs of your eternal kingdom.
And now, Father, send us out
to do the work you have given us to do,
to love and serve you as faithful witnesses of Christ our Lord.
To him, to you, and to the Holy Spirit,
be honor and glory, now and for ever. Amen.

* BLESSING

* SENDING HYMN: 556 "Rejoice, ye pure in heart"

1 Re - joice, ye pure in heart! Re - joice, give thanks, and sing! Your
 2 With all the an - gel choirs, with all the saints of earth, pour
 3 Your clear ho - san - nas raise, and al - le - lu - ias loud; while
 4 Yes, on through life's long path, still chant - ing as ye go, from
 5 Still lift your stand - ard high, still march in firm ar - ray, as

1 glo - rious ban - ner wave on high, the cross of Christ your King.
 2 out the strains of joy and bliss, true rap - ture, no - blest mirth.
 3 an - swering ech - oes up - ward float, like wreaths of in - cense cloud.
 4 youth to age, by night and day, in glad - ness and in woe.
 5 war - riors through the dark - ness toil, till dawns the gold - en day.

Refrain

Re - joice, re - joice, re - joice, give thanks, and sing.
 re - joice, re - joice,

*6 At last the march shall end;
 the wearied ones shall rest;
 the pilgrims find their Father's house,
 Jerusalem the blest.

Refrain

*7 Then on, ye pure in heart!
 Rejoice, give thanks, and sing!
 Your glorious banner wave on high
 the cross of Christ your King.

Refrain

Words: Edward Hayes Plumptre (1821-1891). Music: Marion, Arthur Henry Messiter (1834-1916). All Rights Reserved. Reprinted under OneLicense.net #A-710278.

VOLUNTARY: Fanfare

William Mathias

*There will be a 10 minute recess before the start of the Annual Meeting.
 Child care (age 4-5th grade) is provided throughout the meeting in Haden Hall.*

ANNUAL MEETING

* DISMISSAL

The Deacon dismisses the people.

People Thanks be to God.

Serving Today

Presider & Preacher	The Very Rev. Dr. Andrew C. Keyse
Deacon	The Rev. Barbara J. Wegener
Musicians	The Trinity Choir, Steve Burk, Dr. Paul Meier
Lector	David Barker
Intercessor	Augusta Wilbon
Eucharistic Ministers	Bob Johnson, Kari O'Rourke
Acolytes	Jonah Fahnstock, Harrison Mattson, Robin Rusconi
Ushers	Lindsey Kenning, Denny Brisley, Jordan Kenning, Richard Morse
Greeters	Jeri Gore
Altar Guild	Paget Higgins, Claudia Risebig, Phaedra Fahnstock, Sharon Hudson
Livestreaming Team	Christine Morrison, Leticia Porter, Janet Sweeting
Children's Ministry	Bethany Zaiger, Brenda Colburn, The Rev. Brittany Sparrow Savage



BULLETIN INSERTS

January 30, 2023 – Epiphany 4 (A)

Episcopal Service Corps: Empowering Young Leaders for Justice

For more than 20 years, Episcopal Service Corps (ESC) has been built on the belief that change happens when we bring together diverse teams of committed and passionate young leaders and support them as they tackle some of our nation’s most difficult challenges.

ESC empowers young adults, ages 21-32, to transform themselves and the unjust structures that surround us all through community building, local collaboration, prayer, and action.

Joining Episcopal Service Corps means joining a community of people who care about each person as an individual. We invest in knowing each member’s hopes, dreams, challenges, and giftedness, and are dedicated to creating spaces of belonging where each person is accepted for their authentic self.

Your purpose is your why.

Through Episcopal Service Corps, young adults 21-32 are invited to a year of discernment. A year of listening and exploring, trying new things in new places. A year of considering how your unique gifts and experiences point you toward a life of meaning, of purpose.

Apply Today: [EpiscopalServiceCorps.org](https://www.episcopalServiceCorps.org)

What to Expect

Community-building: Community is at the heart of ESC. It means committing to coming together regularly to eat, pray, laugh, cry, and practice the type of reconciliation and forgiveness that only happens when we live in proximity.

Spiritual and Vocational Discernment: Every program offers formation days to pray, check-in, and discuss topics ranging from theology to vocational planning to social justice.

Justice-Making: Every corps deploys by volunteering through local placement sites for at least 32 hours per week. From farming to immigrant outreach and from ministry to community organizing, these opportunities place members in the heart of the community and offer experiential immersion, focused on honing professional skill development and moving forward social justice initiatives.

In Episcopal Service Corps, we do our very best to ensure our corps have structures behind them for a successful year. To that end, every member receives housing, utilities, health coverage, access to mental health resources, as well as small stipends to cover living expenses, transportation, and food.

The ESC application for the 2023-2024 program year is now open and can be found on our website, [EpiscopalServiceCorps.org](https://www.episcopalServiceCorps.org). Questions? Contact Wendy Johnson at esc@episcopalchurch.org.

*Shrove Sunday
Pancakes*

*Sunday, February 19
after both morning services*



*Pancakes
provided by
Chris Cakes*

Cathedral Prayer List

Pray for: Patrick Bennett; Judy; Phillip Carroll; Ann Ryder; Pat Woolley; Sandra Fuhrman; Kris Kemper; Mary Duerksen Sklar; Randy Mueller; Tony Buffa; Linda Aguilar; Ian Mattson; Troy, Aiden, and William; Kiah & Johnathan McDaniel; Thaddeus Withers; Johnathan; Marie Kissenger; Joseph York; Doris Biellier; Joanne Repass Jones; Pat Miller; Pat & Larry Martin; Tracy Johnson; Elvin Bush; Kemarr Diamond; Peggy Morgan; Jan Frizzle; Jim Nash; the people of Ukraine; Andrew Rowland; all families affected by gun violence

Comfort and Peace: the Moore Family; the Allison Family; the Bock Family; the Sloan family; the Finnie family; the Killman and Welch families; the Mauro family; the Hamilton family; the Mason family; the Wheeler family; the With family; the Norris & Welch family; the Grabher family

Children & Youth Prayers: For a roof over my head; Grateful for my family and house; For food and water; For a nice family; For a free country; I am thankful that slavery ended so I can play with all sorts of friends.; My cousin has cancer.; I feel sad because my grandmother died, and my dad had to spread her ashes.; Papa is sick; For Ukraine; That people will learn to be nice to each other.

Pray for the Departed: Bruce Moore; Mary Nell Sloan; Willie Joe Finnie Jr.; Diana Killman; Albert Mauro Sr.; Wayne Hamilton; Barbara Mason; Charles B. Wheeler; Shawn With; David Norris ; Deacon Jerry Grabher; for all who have died from gun violence

Diocesan Prayer Cycle: St. James Episcopal Church, Springfield, the Rev. Suzi Lynch, Deacon; Jubilee Ministries

For the complete prayer list: kccathedral.org/prayers

To place a person on this prayer list, please contact Deacon Barbara Wegener, bwegener@kccathedral.org.

Requests are held in prayer for 90 days.

Birthdays & Anniversaries

January 22

Phaedra Fahnestock
Alexander Fortune

January 23

George Lagergren
Angela Michka
David Patt

January 24

Jae McKeown
Carl & Lee McCaffree

January 26

Anita Osthoff
Grace Schmidt

January 27

Athan Nichols
Bob Packett

January 28

Jameela Lewis

January 30

Aaron Dutton
Sonya Kittrell
Pat Leive
Harrison Mattson
Nick Smith

January 31

Rick Jordahl
Jeff & Valerie Johnson

February 1

Stan Dibble

February 2

Randal Loy
Loretta Stotts

February 3

Connie Boyd

February 4

Mark Colburn
Holly Johnson

Today's Flowers

are given to the Glory of God and ...

- in thanksgiving for the Cathedral's ministry—
Libre Campbell

To help provide flowers for upcoming services, contact Julie Toma, jtoma@kccathedral.org.



Please contact the Cathedral office if we have omitted your birthday or anniversary:

816.214.9936 or jtoma@kccathedral.org.

Adults

Sunday

Adult Formation • 9:15 a.m.

Episcopal 101

Common Room • Led by Dean Andy

Would you like to formally join the Cathedral and the Episcopal Church? Interested in exploring confirmation, reaffirmation or reception? If so, please join us for a Confirmation/Inquirer's class, called *Episcopal 101*, taught by Dean Andy. Even if you're not seeking confirmation, reaffirmation, or reception, it's a great way to gain a better understanding of our history and worship.

Tuesday

GHTC's Virtual Cafe • 7:30 a.m.

Please join us for our weekly conversation in GHTC's Virtual Cafe! Tuesday mornings from 7:30–9 a.m. For details, visit kccathedral.org/other-activities.

Women's Bible Study • 12:30 p.m.

Conversation is lively, thought-provoking, and often irreverent. All are welcome. Visit the WBS page, kccathedral.org/adultformation/wbs for more information.

Lectionary Bible Study • 6:45 p.m.

We study the lessons for the upcoming Sunday. Join the Lectionary Bible Study group in Realm or visit the LBS page, kccathedral.org/adultformation/lbs for more details.

Wednesday

Many Sacred Spaces: Encountering God Wherever We Are

Wednesdays, Jan. 25, Feb. 1, 8, 15 • 6:30–7:45 p.m.

Led by Dean Andy Keyse

Where do we encounter God? For some people it is only in a place of worship, for others it is in nature. Buildings and physical structures, for some, can seem to hold God in by putting God in a box rather than acting as gateways to draw us closer to God. Others might think that the openness of nature doesn't allow us to focus our thoughts, that they might

get lost in all that space. It really is subjective. Why does it have to be one way or the other? Why can't it be both? Or, even stranger, could it be found in a prison cell, hospital bed, or other form of containment where we can feel isolated and cut off from God and the world? The answer is yes; all of the above; anywhere...anywhere you can find a way to open yourself to the presence of God. There are definite differences here, but the end result can certainly be the same. In this course we will explore different ways to experience God in all types of sacred spaces.

Registration is required. Use the coupon code GRACE to register for free at jewell.edu/faith-classes.

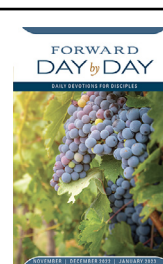
Young Adults



Coffee & Chocolate

MAKE THE PERFECT BLENDS!
LET'S ROAST OUR OWN COFFEE AND
MAKE OUR OWN CHOCOLATE

FEBRUARY 25
3-5 P.M.
MAPS COFFEE
LENEXA, KS
RSVP TO CLARE
(CSTERN@KCCATHEDRAL.ORG) AS
THERE ARE LIMITED SPOTS



Forward Day by Day is a booklet of daily inspirational meditations reflecting on a specific Bible passage, chosen from the daily lectionary readings as listed in the Revised Common Lectionary or the Daily Office from the Episcopal Church's Book of Common Prayer.

Copies of this quarter's Forward Day by Day are available in the tower entrance.

Youth

Sundays • 9:15 a.m.

Join us for formation in the Youth Room Sunday mornings.

Sundays • 6–7:15 p.m.

Join us for a field trip to



**Sunday, February 12
after the 10:30 service**

*Transportation
provided*

SIGN UP AT
LINKTR.EE/GHTCYOUTHANDCOLLEGEMINISTRY

**SUNDAY YOUTH GROUP
DINNER SIGN UP**

SCAN ME

Information and signups are often found on our linktree,
linktr.ee/ghtcyouthandcollegeministry.

Questions? Contact Clare at cstern@kccathedral.org.

Children

Formation Class • 9:15 a.m.

Children are invited into a time of dynamic storytelling that communicates the story of the people of God and the liturgy of the church.

Cathedral Kids • 10:30 a.m.

Cathedral Kids meets during the first half of the 10:30 a.m. worship service. Children attending Cathedral Kids will meet their parents or guardians inside the tower doors during the passing of the peace.

Questions? Contact Brittany, childrensformation@kccathedral.org.

Are You Missing Important Cathedral Emails?



That's an easy problem to fix!

1. Go to our website, kccathedral.org.
2. Scroll all the way to the bottom of the home page.
3. Under the middle section titled, "Stay Connected," click on the Email Sign-up Form link.
4. Fill out the information requested on the form and hit the Subscribe button at the bottom. *To make sure you don't miss anything, check all four options for our various emails.*
5. You will then need to confirm you're a human on the next screen by clicking the "I'm not a robot" box and hitting the Subscribe button again.
6. The next screen should say, "Subscription Confirmed" and give you the option to add us to your address book, continue to our website or manage your email preferences.

You are now subscribed to our email list. Congratulations!

Announcements

Diaper Drive for HappyBottoms

January

Outreach is collecting diapers during the month of January. These diapers are donated to HappyBottoms, the local diaper bank of Kansas City that gives out diapers to 60 area social service agency sites. You may leave donated diapers (even open packs) in the blue barrel in the cross hall.

Annual Meeting

Sunday, January 29 • 10:30 a.m. (only service) with meeting to follow

The Annual Meeting will be Sunday, January 29, 2023. One service only at 10:30 a.m. with the meeting to follow. A special meeting of the Vestry will follow the Annual Meeting to elect officers and schedule the Vestry retreat.

Raja Yoga Prayer Practice

Wednesday, February 1 • 6 p.m.

Raja Yoga is a practice of contemplation and experience which helps engage our being with the holy presence. This prayer practice seeks to integrate Raja Yoga philosophy and Christian theology in a way that honors both. This will be a breathwork and seated practice, not a pose (Hatha) practice. Dress comfortably, no equipment needed. All are welcome. Questions? Contact Clare, csfern@kccathedral.org.

Absalom Jones Service

Sunday, February 5 • 4 p.m. • St. Augustine's

Join the people of St. Augustine's in a celebration of the Blessed Absalom Jones. This year's celebration includes guest preacher the Rt. Rev. Deon Johnson, bishop to our sisters and brothers in the Diocese of Missouri, and the St. Augustine's liturgical dancers. For those unable to attend in person, the event will be broadcast live on the diocesan website, spirit.diowestmo.org/live.

LGBTQIA+ Fellowship

Sunday, February 5 • 6 p.m.

Join us at 6 p.m. Sunday, February 5 for a potluck fellowship. We will meet in the Founders' Hall Café for fun, fellowship and food.

Choral Evensong

Sunday, February 19 • 5 p.m.

A service of Choral Evensong will be offered by the Trinity Choir. This contemplative service lasts about 45 minutes and includes hymns, scripture readings, prayers, chanted Psalms, canticles and a choir anthem.

Cathedral Staff: The Very Rev. Dr. Andrew C. Keyse, *Dean*; The Rev. Barbara Wegener, *Deacon*; The Rev. Brittany Sparrow Savage, *Deacon & Children's Ministry Coordinator*; Dr. Paul Meier, *Director of Music*; Clare Stern-Burbano, *Youth & College Minister*; Julie Toma, *Cathedral Administrator*; Melissa Kilpatrick, *Communications Coordinator*; Holly Campbell, *Events Coordinator*; Joan Bergstrom, *Sacristan*; Angie Graham, *Property Manager*; Mike Guidry, *Assistant Property Manager*

The Vestry (with committee assignments): Candace McDowell, *Senior Warden*, candleemc@att.net (Finance); Michael Thomas, *Junior Warden*, madresfield63@gmail.com (Buildings & Grounds); David Barker, *Treasurer*; Valerie Johnson, *Clerk* (Social Outreach); Steve Moore, *Chancellor*. Sharon Cheers (Security, Budget); Bill Colvin (Finance); Amy Cornwell (Children & Youth); Pat Decker (Social Justice); Paula Livingston-Lewis (Social Outreach); Ron Michka (Budget, Stewardship, Community Engagement); Nick Smith (Stewardship); Ken Stewart (Communications, Buildings & Grounds); Kay Woolley