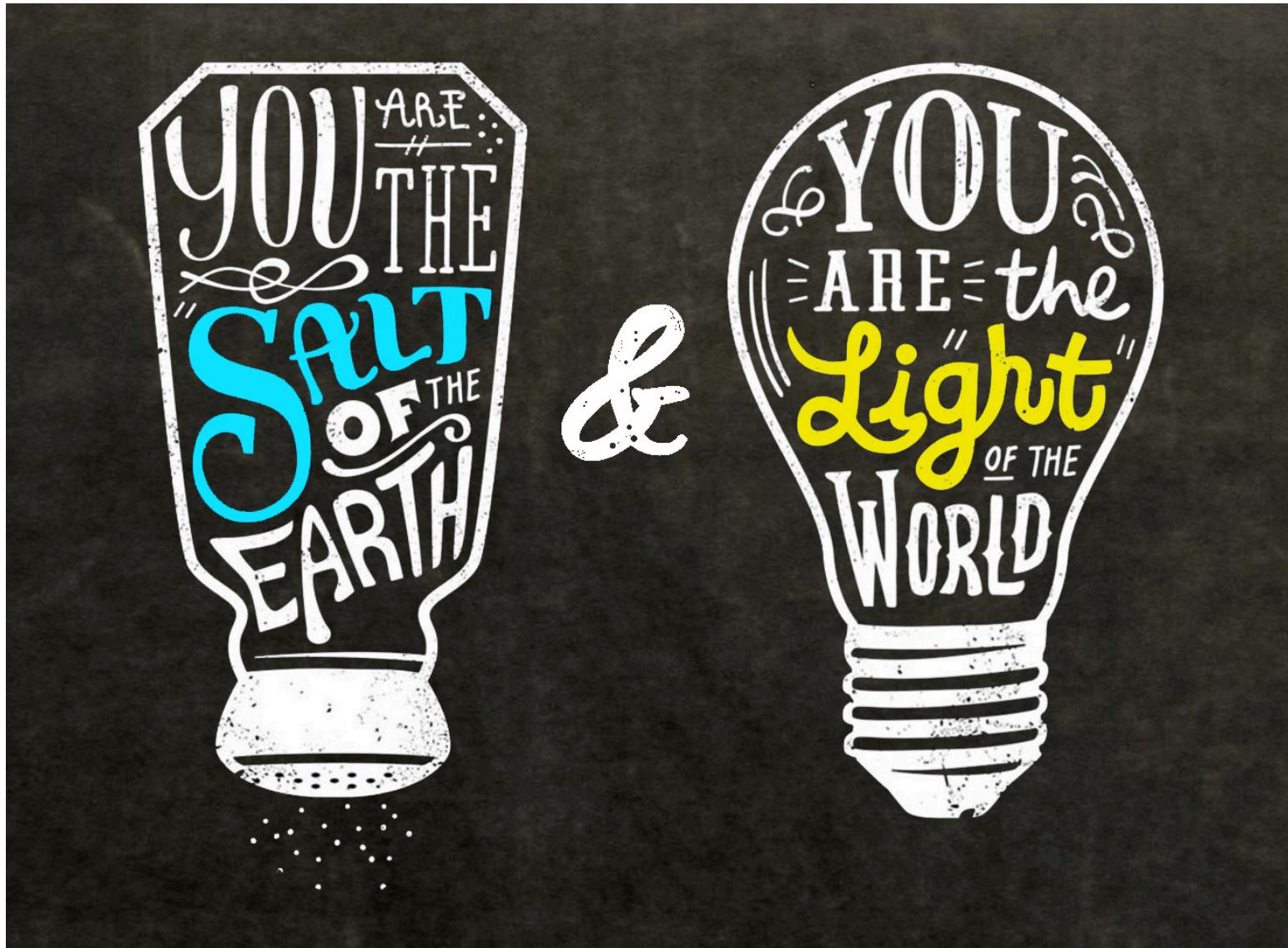


GRACE AND HOLY TRINITY EPISCOPAL CATHEDRAL



The Fifth Sunday after the Epiphany
February 5, 2023 • 10:30 a.m.

Welcome! We are glad you are here.

- If you are a visitor or new attendee, we invite you to fill out a welcome card, found in your pew, and place it in the offering plate or complete the form online. Use this QR code to access the form.
- Restrooms are available in Founders' Hall. A changing station is available in the restroom at west end (rear) of the Cathedral.
- If you need a hearing assistance device, please ask an usher.



May you find here, by God's grace, that which feeds your soul, and leave here with a heart prepared to serve.

Service Notes

- Please rise, as able, for portions of the service marked with an asterisk (*).
- Page numbers listed are from The Book of Common Prayer.
- Donations may be placed in the offering, made through the Cathedral website: kccathedral.org, by scanning the QR code to the right or by texting “GIVEtoGHTC” to 73256. *Thank you for your generosity.*



HOLY EUCHARIST

VOLUNTARY: “Wer nur den lieben Gott lässt walten”

Johann Ludwig Krebs

The Word of God

* OPENING HYMN: 372 “Praise to the living God!”

1 Praise to the living God! All praise be his Name
 2 Form less, all love ly forms declare his love li ness;
 3 His Spi rit flow eth free, high surg ing where it will:
 4 E - ter - nal life hath he im plant ed in the soul;

who was, and is, and is to be for ay the same.
 ho ly, no ho li ness of earth can his ex press.
 in pro phet's word he spoke of old; he speak eth still.
 his love shall be our strength and stay while a ges roll.

The one e - ter - nal God ere aught that now ap pears:
 Lo, he is Lord of all. Cre a tion speaks his praise,
 Es tab lished is his law, and change less it shall stand,
 Praise to the liv ing God! All prais ed be his Name

the first, the last, be - yond all thought his time - less years!
 and ev - ery -where a - bove, be - low, his will o - beys.
 deep writ up - on the hu - man heart, on sea, on land.
 who was, and is, and is to be, for ay the same.

Presider **Blessed be God: Father, Son, and Holy Spirit.**
People **And blessed be God's kingdom, now and for ever. Amen.**
 Presider There is one Body and one Spirit;
People **There is one hope in God's call to us;**
 Presider One Lord, one Faith, one Baptism;
People **One God and Father of all.**

* COLLECT OF THE DAY

Presider The Lord be with you.
People **And also with you.**
 Presider Let us pray.

Set us free, O God, from the bondage of our sins, and give us the liberty of that abundant life which you have made known to us in your Son our Savior Jesus Christ; who lives and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen.**

THE LESSONS

First Lesson: Isaiah 58:1-12

Lector Shout out, do not hold back!
 Lift up your voice like a trumpet!
 Announce to my people their rebellion,
 to the house of Jacob their sins.
 Yet day after day they seek me
 and delight to know my ways,
 as if they were a nation that practiced righteousness
 and did not forsake the ordinance of their God;
 they ask of me righteous judgments,
 they delight to draw near to God.
 “Why do we fast, but you do not see?
 Why humble ourselves, but you do not notice?”
 Look, you serve your own interest on your fast day,
 and oppress all your workers.
 Look, you fast only to quarrel and to fight
 and to strike with a wicked fist.
 Such fasting as you do today
 will not make your voice heard on high.
 Is such the fast that I choose,
 a day to humble oneself?
 Is it to bow down the head like a bulrush,
 and to lie in sackcloth and ashes?
 Will you call this a fast,
 a day acceptable to the Lord?
 Is not this the fast that I choose:
 to loose the bonds of injustice,
 to undo the thongs of the yoke,
 to let the oppressed go free,
 and to break every yoke?

Is it not to share your bread with the hungry,
and bring the homeless poor into your house;
when you see the naked, to cover them,
and not to hide yourself from your own kin?
Then your light shall break forth like the dawn,
and your healing shall spring up quickly;
your vindicator shall go before you,
the glory of the Lord shall be your rear guard.
Then you shall call, and the Lord will answer;
you shall cry for help, and he will say, Here I am.
If you remove the yoke from among you,
the pointing of the finger, the speaking of evil,
if you offer your food to the hungry
and satisfy the needs of the afflicted,
then your light shall rise in the darkness
and your gloom be like the noonday.
The Lord will guide you continually,
and satisfy your needs in parched places,
and make your bones strong;
and you shall be like a watered garden,
like a spring of water,
whose waters never fail.
Your ancient ruins shall be rebuilt;
you shall raise up the foundations of many generations;
you shall be called the repairer of the breach,
the restorer of streets to live in.
The Word of the Lord.

People Thanks be to God.

Psalm 112:1-10 sung by the choir; chant by Richard Massey

page 755

Hallelujah! Happy are they who fear the Lord *
and have great delight in his commandments!
Their descendants will be mighty in the land; *
the generation of the upright will be blessed.
Wealth and riches will be in their house, *
and their righteousness will last for ever.
Light shines in the darkness for the upright; *
the righteous are merciful and full of compassion.
It is good for them to be generous in lending *
and to manage their affairs with justice.
For they will never be shaken; *
the righteous will be kept in everlasting remembrance.
They will not be afraid of any evil rumors; *
their heart is right; they put their trust in the Lord.
Their heart is established and will not shrink, *
until they see their desire upon their enemies.
They have given freely to the poor, *
and their righteousness stands fast for ever; they will hold up their head with honor.
The wicked will see it and be angry; they will gnash their teeth and pine away; *
the desires of the wicked will perish.

Second Lesson: 1 Corinthians 2:1-16

Lector

When I came to you, brothers and sisters, I did not come proclaiming the mystery of God to you in lofty words or wisdom. For I decided to know nothing among you except Jesus Christ, and him crucified. And I came to you in weakness and in fear and in much trembling. My speech and my proclamation were not with plausible words of wisdom, but with a demonstration of the Spirit and of power, so that your faith might rest not on human wisdom but on the power of God.

Yet among the mature we do speak wisdom, though it is not a wisdom of this age or of the rulers of this age, who are doomed to perish. But we speak God's wisdom, secret and hidden, which God decreed before the ages for our glory. None of the rulers of this age understood this; for if they had, they would not have crucified the Lord of glory. But, as it is written,

“What no eye has seen, nor ear heard,
nor the human heart conceived,
what God has prepared for those who love him”—

these things God has revealed to us through the Spirit; for the Spirit searches everything, even the depths of God. For what human being knows what is truly human except the human spirit that is within? So also no one comprehends what is truly God's except the Spirit of God. Now we have received not the spirit of the world, but the Spirit that is from God, so that we may understand the gifts bestowed on us by God. [And we speak of these things in words not taught by human wisdom but taught by the Spirit, interpreting spiritual things to those who are spiritual.

Those who are unspiritual do not receive the gifts of God's Spirit, for they are foolishness to them, and they are unable to understand them because they are spiritually discerned. Those who are spiritual discern all things, and they are themselves subject to no one else's scrutiny.

“For who has known the mind of the Lord
so as to instruct him?”

But we have the mind of Christ.

The Word of the Lord.

People

Thanks be to God.

* GOSPEL HYMN: *Lift Every Voice and Sing* II 160 "This little light of mine"

The musical score consists of five staves of music in common time (indicated by '4'). The top two staves are in treble clef, and the bottom three are in bass clef. The key signature changes from no sharps or flats to one sharp (F#) in the third section. The lyrics are integrated into the music, appearing below each staff. The first section starts with a dotted half note followed by eighth notes. The second section begins with a dotted half note followed by a bass line. The third section starts with a dotted half note followed by eighth notes. The fourth section starts with a dotted half note followed by eighth notes. The fifth section starts with a dotted half note followed by eighth notes.

1. This lit - tle light of mine,____ I'm goin' - a let it shine,____

this lit - tle light of mine,____ I'm goin' - a let it shine,____

this lit - tle light of mine,____ I'm goin' - a let it shine,____

let it shine, let it shine, let it shine. (let it shine).

2. Everywhere I go... 3. All through the night...

Words: Traditional. Music: Lattimer, African American Spiritual; adapt. William Farley Smith (b. 1941). Copyright: Adapt. © 1989 The United Methodist Publishing House. Reprinted from *The United Methodist Hymnal* by permission. All Rights Reserved. Reprinted under OneLicense.net #A-710278.

* THE HOLY GOSPEL: Matthew 5:13-20

Gospeller

The Holy Gospel of our Lord Jesus Christ according to Matthew.

People

Glory to you, Lord Christ.

Gospeller

Jesus said, "You are the salt of the earth; but if salt has lost its taste, how can its saltiness be restored? It is no longer good for anything, but is thrown out and trampled under foot.

"You are the light of the world. A city built on a hill cannot be hid. No one after lighting a lamp puts it under the bushel basket, but on the lampstand, and it gives light to all in the house. In the same way, let your light shine before others, so that they may see your good works and give glory to your Father in heaven.

"Do not think that I have come to abolish the law or the prophets; I have come not to abolish but to fulfill. For truly I tell you, until heaven and earth pass away, not one letter, not one stroke of a letter, will pass from the law until all is accomplished. Therefore, whoever breaks one of the least of these commandments, and teaches others to do the same, will be called least in the kingdom of heaven; but whoever does them and teaches them will be called great in the kingdom of heaven. For I tell you, unless your righteousness exceeds that of the scribes and Pharisees, you will never enter the kingdom of heaven."

The Gospel of the Lord.

People

Praise to you, Lord Christ.

SERMON

* HYMN: 296 "We know that Christ is raised and dies no more"

We know that Christ is raised and dies no more.
We share by wa - ter in his sav - ing death.
The Fa - ther's splen - dor clothes the Son with life.
A new cre - a - tion comes to life and grows

Em - braced by death he broke its fear - ful hold;
Re - born we share with him an Eas - ter life
The Spi - rit's pow - er shakes the Church of God.
as Christ's new bo - dy takes on flesh and blood.

and our de - spair he turned to blaz - ing joy.
as liv - ing mem-bers of a liv - ing Christ. Al - le -
Bap-tized we live with God the Three in One.
The u - ni - verse re - stored and whole will sing:

Final Ending

lu - ia! Al - le - lu - ia!

Words: John Brownlow Geyer (b. 1932), alt. Music: Engelberg, Charles Villiers Stanford (1852-1924). Copyright: Words: Used by permission of the author. All Rights Reserved. Reprinted under OneLicense.net #A-710278.

Holy Baptism

PRESENTATION AND EXAMINATION OF THE CANDIDATE: *Hazel Elizabeth Gates*

page 301

- Presider The Candidate for Holy Baptism will now be presented.
- Parents/*
- Godparents *I present Hazel Elizabeth Gates to receive the Sacrament of Baptism.*
- Presider Will you be responsible for seeing that the child you present is brought up in the Christian faith and life?
- Parents/*
- Godparents *I will, with God's help.*
- Presider Will you by your prayers and witness help this child to grow into the full stature of Christ?
- Parents/*
- Godparents *I will, with God's help.*
- Then the Presider asks the following questions of the parents and godparents.*
- Question Do you renounce Satan and all the spiritual forces of wickedness that rebel against God?
- Answer* *I renounce them.*
- Question Do you renounce the evil powers of this world which corrupt and destroy the creatures of God?
- Answer* *I renounce them.*
- Question Do you renounce all sinful desires that draw you from the love of God?
- Answer* *I renounce them.*
- Question Do you turn to Jesus Christ and accept him as your Savior?
- Answer* *I do.*
- Question Do you put your whole trust in his grace and love?
- Answer* *I do.*
- Question Do you promise to follow and obey him as your Lord?
- Answer* *I do.*
- Presider Will you who witness these vows do all in your power to support these persons in their lives in Christ?
- People** **We will.**
- Presider Let us join with those who are committing themselves to Christ and renew our own baptismal covenant.

THE BAPTISMAL COVENANT

page 304

- Presider Do you believe in God the Father?
- People** **I believe in God, the Father almighty, creator of heaven and earth.**
- Presider Do you believe in Jesus Christ, the Son of God?
- People** **I believe in Jesus Christ, his only Son, our Lord. He was conceived by the power of the Holy Spirit and born of the Virgin Mary. He suffered under Pontius Pilate, was crucified, died, and was buried. He descended to the dead. On the third day he rose again. He ascended into heaven, and is seated at the right hand of the Father. He will come again to judge the living and the dead.**

Presider	Do you believe in God the Holy Spirit?
People	I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting.
Presider	Will you continue in the apostles' teaching and fellowship, in the breaking of bread, and in the prayers?
People	I will, with God's help.
Presider	Will you persevere in resisting evil, and, whenever you fall into sin, repent and return to the Lord?
People	I will, with God's help.
Presider	Will you proclaim by word and example the Good News of God in Christ?
People	I will, with God's help.
Presider	Will you seek and serve Christ in all persons, loving your neighbor as yourself?
People	I will, with God's help.
Presider	Will you strive for justice and peace among all people, and respect the dignity of every human being?
People	I will, with God's help.

PRAYERS FOR THE CANDIDATE

page 305

Presider	Let us now pray for this person who is to receive the Sacrament of new birth.
Deacon	<i>Deliver her, O Lord, from the way of sin and death.</i>
People	Lord, hear our prayer.
Deacon	<i>Open her heart to your grace and truth.</i>
People	Lord, hear our prayer.
Deacon	<i>Fill her with your holy and life-giving Spirit.</i>
People	Lord, hear our prayer.
Deacon	<i>Keep her in the faith and communion of your holy Church.</i>
People	Lord, hear our prayer.
Deacon	<i>Teach her to love others in the power of the Spirit.</i>
People	Lord, hear our prayer.
Deacon	<i>Send her into the world in witness to your love.</i>
People	Lord, hear our prayer.
Deacon	<i>Bring her to the fullness of your peace and glory.</i>
People	Lord, hear our prayer.
Presider	Grant, O Lord, that all who are baptized into the death of Jesus Christ your Son may live in the power of his resurrection and look for him to come again in glory; who lives and reigns now and for ever. Amen.

THANKSGIVING OVER THE WATER

page 306

- Presider The Lord be with you.
- People **And also with you.**
- Presider Let us give thanks to the Lord our God.
- People **It is right to give our thanks and praise.**
- Presider We thank you, Almighty God, for the gift of water. Over it the Holy Spirit moved in the beginning of creation. Through it you led the children of Israel out of their bondage in Egypt into the land of promise. In it your Son Jesus received the baptism of John and was anointed by the Holy Spirit as the Messiah, the Christ, to lead us, through his death and resurrection, from the bondage of sin into everlasting life.
- We thank you, Father, for the water of Baptism. In it we are buried with Christ in his death. By it we share in his resurrection. Through it we are reborn by the Holy Spirit. Therefore in joyful obedience to your Son, we bring into his fellowship those who come to him in faith, baptizing them in the Name of the Father, and of the Son, and of the Holy Spirit.
- Now sanctify this water, we pray you, by the power of your Holy Spirit, that we may be affirmed and strengthened in the risen life of Jesus Christ our Savior. To him, to you, and to the Holy Spirit, be all honor and glory, now and for ever.
- People **Amen.**

THE BAPTISM

page 307

- Presider Let us pray. Heavenly Father, we thank you that by water and the Holy Spirit you have bestowed upon this your servant the forgiveness of sin, and have raised her to the new life of grace. Sustain her, O Lord, in your Holy Spirit. Give her an inquiring and discerning heart, the courage to will and to persevere, a spirit to know and to love you, and the gift of joy and wonder in all your works. **Amen.**
- The Priest places a hand on the person's head, marking on the forehead the sign of the cross using Chrism oil.*
- Let us welcome the newly baptized.
- People **We receive you into the household of God. Confess the faith of Christ crucified, proclaim his resurrection, and share with us in his eternal priesthood.**

* PRAYERS OF THE PEOPLE, FORM VI

page 392

- Intercessor In peace, we pray to you, Lord God.
For all people in their daily life and work;
- People **For our families, friends, and neighbors, and for those who are alone.**
- Intercessor For this community, the nation, and the world;
People **For all who work for justice, freedom, and peace.**
- Intercessor For the just and proper use of your creation;
People **For the victims of hunger, fear, injustice, and oppression.**
- Intercessor For all who are in danger, sorrow, or any kind of trouble;
People **For those who minister to the sick, the friendless, and the needy.**
- Intercessor For the peace and unity of the Church of God;
People **For all who proclaim the Gospel, and all who seek the Truth.**
- Intercessor For Michael our Presiding Bishop, and Diane our Bishop Provisional; and for all bishops and other ministers;
- People **For all who serve God in the Church.**

Intercessor For the special needs and concerns of this congregation.

Silence

The People may add their own petitions silently or aloud.

Intercessor Hear us Lord;

People For your mercy is great.

Intercessor We thank you, Lord, for all the blessings of this life.

Silence

The People may add their own thanksgivings silently or aloud.

Intercessor We will exalt you, O God our King;

People And praise your Name for ever and ever.

Intercessor We pray for all who have died, that they may have a place in your eternal kingdom.

Silence

The People may add their own petitions silently or aloud.

Intercessor Lord, let your loving kindness be upon them;

People Who put their trust in you.

Intercessor We pray to you also for the forgiveness of our sins.

Silence

All Have mercy upon us, most merciful Father;
in your compassion forgive us our sins,
known and unknown,
things done and left undone;
and so uphold us by your Spirit
that we may live and serve you in newness of life,
to the honor and glory of your Name;
through Jesus Christ our Lord. Amen.

The Presider concludes with an absolution.

Presider Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

* THE PEACE

page 360

Presider The peace of the Lord be always with you.

People And also with you.

Parents with children in Cathedral Kids are invited to meet their child at the Tower door.

ANNOUNCEMENTS

CELEBRATION PRAYER

Those celebrating anniversaries of birth, marriage, and other joyous occasions are invited to stand or raise a hand as able.

All O God, our times are in your hand: Look with favor, we pray, on your servant(s) as they begin another year. Grant that they may grow in wisdom and grace, and strengthen their trust in your goodness all the days of their lives; through Jesus Christ our Lord. Amen.

The Holy Communion

OFFERTORY SENTENCE

page 376

Presider Walk in love, as Christ loved us and gave himself for us, a fragrant offering and sacrifice to God.
Ephesians 5:2

OFFERTORY ANTHEM: "O lux beatissima"

Howard Helvey

*O lux beatissima,
reple cordis intima
tuorum fidelium.
Sine tuo numine
nihil est in homine,
nihil est innoxium.*

*O light most blessed,
fill the inmost heart
of your faithful.
Without your grace,
nothing is in us,
nothing that is not harmful.*

—text: from *Veni Sancte Spiritus*, attr. Stephan Langton (d. 1228), Archbishop of Canterbury

* PRESENTATION HYMN: 380 "Praise God, from whom all blessings flow" verse 3

Praise God, from whom all blessings flow; praise him, all creatures here below; praise him above, ye heaven-ly host: praise Fa-ther, Son, and Ho-ly Ghost.

Words: Thomas Ken (1637-1711). Music: *Old 100th*, melody from *Pseaumes octante trois de David*, 1551, alt.; harm. after Louis Bourgeois (1510?-1561?). All Rights Reserved. Reprinted under OneLicense.net #A-710278.

The Lord be with you. And also with you.

Lift up your hearts. We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give our thanks and praise.

Presider

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

Here a Proper Preface is sung or said on all Sundays, and on other occasions as appointed.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

All

S128: The Holy Eucharist II, Holy, holy, holy Lord: *Sanctus*

Ho - ly, ho - ly,

ho - ly Lord, God of power and might,

heaven and earth are full of your glo - ry. Ho-san - na in the high - est.

Bless - ed is he who comes in the name of the Lord. Ho-san - na in the high-est.

Music: William Mathias (1934-1992). Copyright © 1976 Oxford University Press. All Rights Reserved. Reprinted under OneLicense.net #A-710278.

Presider

We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, according to his command, O Father,

All We remember his death,
We proclaim his resurrection,
We await his coming in glory;

Presider And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine. We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit. In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where, with [_____ and] all your saints, we may enter the everlasting heritage of your children; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever.

All AMEN.

Presider And now, as our Savior Christ has taught us, we are bold to say,

All Our Father, who art in heaven,
 hallowed be thy Name,
 thy kingdom come,
 thy will be done,

 on earth as it is in heaven.

Give us this day our daily bread.

And forgive us our trespasses,
 as we forgive those who trespass against us.
And lead us not into temptation,
 but deliver us from evil.
For thine is the kingdom, and the power,
 and the glory, for ever and ever. Amen.

* BREAKING OF THE BREAD

Presider Alleluia. Christ our Passover is sacrificed for us;

People Therefore let us keep the feast. Alleluia.

S165: The Holy Eucharist, Fraction Anthem: Jesus, Lamb of God: *Agnus Dei*

Je - sus, Lamb of God: Have mer - cy
on us. Je - sus, bear - er of our sins: Have mer - cy
on us. Je-sus, re-deem-er of the world: Give us your peace.

Music: William Mathias (b. 1934). Copyright: © 1976, Oxford University Press, Inc. All Rights Reserved. Reprinted under OneLicense.net #A-710278.

Presider The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

COMMUNION

All are welcome to receive communion or a blessing.

Intinction of wafers is offered, if desired. For gluten-free bread, cross your hands palms down.

For a blessing, cross your hands over your chest.

Prayer for Spiritual Communion

In union, O Lord, with your faithful people at every altar of your Church, where the Holy Eucharist is now being celebrated, I desire to offer to you praise and thanksgiving. I remember your death, Lord Christ; I proclaim your resurrection; I await your coming in glory. Since I cannot receive you today in the Sacrament of your Body and Blood, I beseech you to come spiritually into my heart. Cleanse and strengthen me with your grace, Lord Jesus, and let me never be separated from you. May I live in you, and you in me, in this life and in the life to come. Amen.

* COMMUNION HYMN: *Voices Found* 98 “Lord, speak to me, that I may speak”

The musical score is for three voices: Soprano (top), Alto (middle), and Bass (bottom). The key signature is G major (one sharp). The time signature is 4/4. The music is divided into three sections, each with three staves of music and corresponding lyrics below them. The first section starts with "1 Lord, speak to me, that I may speak". The second section starts with "liv - ing ech - oes". The third section starts with "let me seek thy err - ing". The lyrics are as follows:

1 Lord, speak to me, that I may speak in
2 O lead me, Lord, that I may lead the
3 O teach me, Lord, that I may teach the

liv - ing ech - oes of thy tone; as thou has sought, so
wand-ering and the wav - ering feet; O feed me, Lord, that
pre - cious things thou dost im - part; and wing my words, that

let me seek thy err - ing child - ren lost and lone.
I may feed thy hun - gry ones with man - na sweet.
they may reach the hid - den depths of many a heart.

Words: Frances R. Havergal (1836-1879). Music: *Canonbury*, adapt. Robert A. Schumann (1810-1856), from *Nachtstücke*, 1839; arr. from *Hymnal with Tunes, Old and New*, 1872. All Rights Reserved. Reprinted under OneLicense.net #A-710278.

* POSTCOMMUNION PRAYER

page 366

Presider Let us pray.

All Almighty and everliving God,
we thank you for feeding us with the spiritual food
of the most precious Body and Blood
of your Son our Savior Jesus Christ;
and for assuring us in these holy mysteries
that we are living members of the Body of your Son,
and heirs of your eternal kingdom.
And now, Father, send us out
to do the work you have given us to do,
to love and serve you as faithful witnesses of Christ our Lord.
To him, to you, and to the Holy Spirit,
be honor and glory, now and for ever. Amen.

* BLESSING

* DISMISSAL *Following the dismissal,*

page 366

People Thanks be to God.

* SENDING HYMN: 610 “Lord, whose love through humble service”

The musical score consists of four staves of music in common time, key signature of one flat. The top two staves are soprano voices, and the bottom two are bass voices. The lyrics are integrated into the music, appearing below the notes. The music features various note values including eighth and sixteenth notes, with some notes having stems pointing up and others down. The bass staves show more complex rhythmic patterns with sixteenth-note figures.

1 Lord, whose love through hum - ble ser - vice bore the weight of hu - man
 2 Still your chil - dren wan - der home - less; still the hun - gry cry for
 3 As we wor - ship, grant us vi - sion, till your love's re - veal - ing
 4 Called by wor - ship to your ser - vice, forth in your dear name we

need, who up - on the cross, for - sak - en, of - fered mer - cy's
 bread; still the cap - tives long for free - dom; still in grief we
 light, in its height and depth and great - ness, dawns up - on our
 go, to the child, the youth, the a - ged love in liv - ing

per - fect deed, we, your ser - vants, bring the wor - ship
 mourn our dead. As, O Lord, your deep com - pas - sion
 quick - ened sight, mak - ing known the needs and bur - dens
 deeds to show; hope and health, good will and com-fort,

not of voice a - lone, but heart, con - se - crat - ing
 healed the sick and freed the soul, use the love your
 your com - pas - sion bids us bear, stir - ring us to
 coun - sel, aid, and peace we give, that your ser - vants,

to your pur - pose ev - ery gift that you im - part.
 Spi - rit kin - dles still to save and make us whole.
 tire - less striv - ing, your a - bun - dant life to share.
 Lord, in free - dom may your mer - cy know and live.

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Serving Today

Presider & Preacher	The Very Rev. Dr. Andrew C. Keyse
Deacon	The Rev. Barbara J. Wegener
Musicians	The Trinity Choir, Dr. Paul Meier
Lector	Deborah Buckner
Intercessor	Abbey Mattson
Eucharistic Ministers	Ric Sweeting, Janet Sweeting
Acolytes	Jonah Fahnestock, Brenda Colburn, Harrison Mattson
Ushers	Mark Colburn, Beth Keyse, Bill Colvin
Greeters	Bob Johnson, Becky Johnson
Altar Guild	Phaedra Fahnestock, Paget Higgins, Claudia Risebig, Sharon Hudson
Livestreaming Team	Christine Morrison, Chris Morrison, Julie Toma
Children's Ministry	The Rev. Brittany Sparrow Savage
Holy Hands Hospitality	Betsy Chase, Don Chase, Mark Colburn, Joyce Gillespie, Marcille McCandless



BULLETIN INSERTS

February 5, 2023 – Epiphany 5 (A) The Absalom Jones Fund for Episcopal HBCUs

Episcopal Church Presiding Bishop Michael Curry invites people of all backgrounds and faiths to support the hope-filled, life-impacting work of two historically Black institutions of higher education through donations and dedicated offerings on the Feast of Absalom Jones—the first Black priest ordained by the church—observed Feb. 13.

Saint Augustine's University in Raleigh, North Carolina, and Voorhees University in Denmark, South Carolina, were founded after the Civil War to create educational opportunities for formerly enslaved people. They provide a liberal arts education to thousands of students, as well as offer robust campus ministries to help form young adults as followers of Jesus and his way of love.

“Historically Black colleges and universities (HBCUs) are essential engines of justice, equity, and social mobility,” Curry said. “They provide high-quality education to students whose backgrounds and experiences may not have prepared them well for college success. They nurture talent that may have otherwise been discouraged by obstacles.”

Donations to the HBCUs (divided equally between the two) help support scholarships and financial aid for students in need as well as funding for quality facilities, faculty recruitment and retention, and the development of religious life on campus. Voorhees and Saint Augustine's are seeking to build strong programs in STEM fields and the health sciences as they overcome the financial pressures created by COVID-19.



Supporting HBCUs is an investment in the ministry of reconciliation and building a better future for all, Curry said. “As much as we give to these institutions, they give back to our world many times over,” he said.

To give: Make a donation online at <https://iam.ec/ajf>, scan the QR code, or text GIVEHBCU to 41444. If you would like to celebrate Blessed Absalom Jones in your parish or diocese through a “love offering” or wish to give through stocks or securities, please contact T.J. Houlihan at thoulihan@episcopalchurch.org or (800) 334-7626 x6271.





FEBRUARY 5 AT 4 PM ABSALOM JONES CELEBRATION

St. Augustine's, Kansas City

February 5 at 4 p.m. St. Augustine's

Join the people of St. Augustine's in a celebration of the Blessed Absalom Jones. This year's celebration includes guest preacher the Rt. Rev. Deon Johnson, bishop to our sisters and brothers in the Diocese of Missouri, and the St. Augustine's liturgical dancers. For those unable to attend in person, the event will be broadcast live on the diocesan website, spirit.diowestmo.org/live.

Cathedral Prayer List

Pray for: Patrick Bennett; Judy; Phillip Carroll; Ann Ryder; Pat Woolley; Sandra Fuhrman; Kris Kemper; Mary Duerksen Sklar; Randy Mueller; Tony Buffa; Linda Aguilar; Ian Mattson; Troy, Aiden, and William; Kiah & Johnathan McDaniel; Thaddeus Withers; Johnathan; Marie Kissenger; Joseph York; Doris Biellier; Joanne Repass Jones; Pat Miller; Pat & Larry Martin; Tracy Johnson; Elvin Bush; Kemarr Diamond; Peggy Morgan; Jan Frizzle; Jim Nash; the people of Ukraine; Andrew Rowland; all families affected by gun violence

Comfort and Peace: the Moore Family; the Allison Family; the Bock Family; the Sloan family; the Finnie family; the Killman and Welch families; the Mauro family; the Hamilton family; the Mason family; the Wheeler family; the With family; the Norris & Welch family; the Grabher family

Children & Youth Prayers: For a roof over my head; Grateful for my family and house; For food and water; For a nice family; For a free country; I am thankful that slavery ended so I can play will all sorts of friends.; My cousin has cancer.; I feel sad because my grandmother died, and my dad had to spread her ashes.; Papa is sick; For Ukraine; That people will learn to be nice to each other.

Pray for the Departed: Bruce Moore; Mary Nell Sloan; Willie Joe Finnie Jr.; Diana Killman; Albert Mauro Sr.; Wayne Hamilton; Barbara Mason; Charles B. Wheeler; Shawn With; David Norris ; Deacon Jerry Grabher; for all who have died from gun violence

Diocesan Prayer Cycle: St. John's Episcopal Church, Springfield, The Rev. David Kendrick, Rector; NourishKC

For the complete prayer list: kccathedral.org/prayers

To place a person on this prayer list, please contact Deacon Barbara Wegener, bweger@kccathedral.org.

Requests are held in prayer for 90 days.

Birthdays & Anniversaries

February 5

Bunny & Randall Oestreicher

February 6

Page Reed

February 9

David Pierson

February 10

Andrew Gardner

February 11

Jeff & Kendall McNeil

Please contact the Cathedral office if we have omitted your birthday or anniversary: 816.214.9936 or jtoma@kccathedral.org.

Altar Flowers



To help provide flowers for upcoming services, contact Julie Toma, jtoma@kccathedral.org.

Adults

Sunday

Adult Formation • 9:15 a.m.

Episcopal 101

Common Room • Led by Dean Andy

Would you like to formally join the Cathedral and the Episcopal Church? Interested in exploring confirmation, reaffirmation or reception? If so, please join us for a Confirmation/Inquirer's class, called *Episcopal 101*, taught by Dean Andy. Even if you're not seeking confirmation, reaffirmation, or reception, it's a great way to gain a better understanding of our history and worship.

Tuesday

GHTC's Virtual Cafe • 7:30 a.m.

Please join us for our weekly conversation in GHTC's Virtual Cafe! Tuesday mornings from 7:30–9 a.m. For details, visit kccathedral.org/other-activities.

Women's Bible Study • 12:30 p.m.

Conversation is lively, thought-provoking, and often irreverent. All are welcome. Visit the WBS page, kccathedral.org/adultformation/wbs for more information.

Lectionary Bible Study • 6:45 p.m.

We study the lessons for the upcoming Sunday. Join the Lectionary Bible Study group in Realm or visit the LBS page, kccathedral.org/adultformation/lbs for more details.

Wednesday

Many Sacred Spaces: Encountering God Wherever We Are

Wednesdays, Jan. 25, Feb. 1, 8, 15 • 6:30-7:45 p.m.

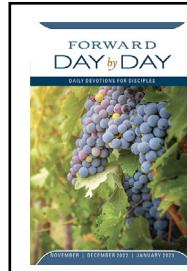
Led by Dean Andy Keyse

Where do we encounter God? For some people it is only in a place of worship, for others it is in nature. Buildings and physical structures, for some, can seem to hold God in by putting God in a box rather than acting as gateways to draw us closer to God. Others might think that the openness of nature doesn't allow us to focus our thoughts, that they might

get lost in all that space. It really is subjective. Why does it have to be one way or the other? Why can't it be both? Or, even stranger, could it be found in a prison cell, hospital bed, or other form of containment where we can feel isolated and cut off from God and the world? The answer is yes; all of the above; anywhere...anywhere you can find a way to open yourself to the presence of God. There are definite differences here, but the end result can certainly be the same. In this course we will explore different ways to experience God in all types of sacred spaces.

Registration is required. Use the coupon code GRACE to register for free at jewell.edu/faith-classes.

Young Adults



Forward Day by Day is a booklet of daily inspirational meditations reflecting on a specific Bible passage, chosen from the daily lectionary readings as listed in the Revised Common Lectionary or the Daily Office from the Episcopal Church's Book of Common Prayer.

Copies of this quarter's Forward Day by Day are available in the tower entrance.

Youth

Sundays • 9:15 a.m.

Join us for formation in the Youth Room Sunday mornings.



Sundays • 6–7:15 p.m.

Join us for food and fellowship at 6 p.m. in the Youth Room.

There will be no Youth Group Sunday, February 12.

Information and signups are often found on our linktree, linktr.ee/ghtcyouthandcollegeministry.

Questions? Contact Clare at cstern@kccathedral.org.



Children

Formation Class • 9:15 a.m.

Children are invited into a time of dynamic storytelling that communicates the story of the people of God and the liturgy of the church.

Cathedral Kids • 10:30 a.m.

Cathedral Kids meets during the first half of the 10:30 a.m. worship service. Children attending Cathedral Kids will meet their parents or guardians inside the tower doors during the passing of the peace.

Questions? Contact Brittany, childrensformation@kccathedral.org.

Are You Missing Important Cathedral Emails?



That's an easy problem to fix!

1. Go to our website, kccathedral.org.
2. Scroll all the way to the bottom of the home page.
3. Under the middle section titled, "Stay Connected," click on the Email Sign-up Form link.
4. Fill out the information requested on the form and hit the Subscribe button at the bottom. *To make sure you don't miss anything, check all four options for our various emails.*
5. You will then need to confirm you're a human on the next screen by clicking the "I'm not a robot" box and hitting the Subscribe button again.
6. The next screen should say, "Subscription Confirmed" and give you the option to add us to your address book, continue to our website or manage your email preferences.

You are now subscribed to our email list. Congratulations!

Announcements

Paper Items Drive for Sheffield Place

February

During the month of February we will be collecting paper items for the women and their families at Sheffield Place, a homeless shelter for women and their children. The items we will be collecting are toilet paper, paper towels and Kleenex. Outreach will purchase feminine hygiene products for the residents. The mission of Sheffield Place is “to empower homeless mothers and their children to heal from their trauma and become self-sufficient.” Questions? Contact Terri Curran, tcurra2@yahoo.com.

Absalom Jones Service

Sunday, February 5 • 4 p.m. • St. Augustine's

Join the people of St. Augustine's in a celebration of the Blessed Absalom Jones. This year's celebration includes guest preacher the Rt. Rev. Deon Johnson, bishop to our sisters and brothers in the Diocese of Missouri, and the St. Augustine's liturgical dancers. For those unable to attend in person, the event will be broadcast live on the diocesan website, spirit.diowestmo.org/live.

LGBTQIA+ Fellowship

Sunday, February 5 • 6 p.m.

Join us at 6 p.m. Sunday, February 5 for a potluck fellowship. We will meet in the Founders' Hall Café for fun, fellowship and food. For more information, contact Ken Stewart, wolfk@msn.com.

Shrove Sunday Pancakes

Sunday, February 19 • after both morning services

Join us for breakfast following both morning services Sunday, February 19. Chris Cakes will be in Founders' Hall serving pancakes and sausage. The youth will provide special toppings. Be sure to stop by and catch a couple pancakes!

Choral Evensong

Sunday, February 19 • 5 p.m.

A service of Choral Evensong will be offered by the Trinity Choir. This contemplative service lasts about 45 minutes and includes hymns, scripture readings, prayers, chanted Psalms, canticles and a choir anthem.

Ash Wednesday Services

Wednesday, February 22
7 a.m., 12:05 and 7 p.m.

Start your Lenten journey with one of our Ash Wednesday services. The 7 a.m. service will be spoken word only, the 12:05 service will include hymns and organ music and the 7 p.m. service will feature members of the Trinity Choir. The Imposition of Ashes takes place at all three services.

All services will be in person and the 7 p.m. will be livestreamed as well.

Cathedral Staff: The Very Rev. Dr. Andrew C. Keyse, *Dean*; The Rev. Barbara Wegener, *Deacon*; The Rev. Brittany Sparrow Savage, *Deacon & Children's Ministry Coordinator*; Dr. Paul Meier, *Director of Music*; Clare Stern-Burbano, *Youth & College Minister*; Julie Toma, *Cathedral Administrator*; Melissa Kilpatrick, *Communications Coordinator*; Holly Campbell, *Events Coordinator*; Joan Bergstrom, *Sacristan*; Angie Graham, *Property Manager*; Mike Guidry, *Assistant Property Manager*

The Vestry (with committee assignments): Candace McDowell, *Senior Warden*, candyleemc@att.net (Finance); Michael Thomas, *Junior Warden*, madresfield63@gmail.com (Buildings & Grounds); David Barker, *Treasurer*; Valerie Johnson, *Clerk* (Social Outreach); Steve Moore, *Chancellor*; Julie Brogno; Sharon Cheers (Security, Budget); Sara Copeland; Pat Decker (Social Justice); Blain Lagergren; Paula Livingston-Lewis (Social Outreach); Ron Michka (Budget, Stewardship, Community Engagement); Mathias Nichols; Kay Woolley