

# GRACE AND HOLY TRINITY EPISCOPAL CATHEDRAL



"Transfiguration" by Lewis Bowman

The Last Sunday after the Epiphany  
February 19, 2023 • 8 a.m.

## Welcome! We are glad you are here.

- If you are a visitor or new attendee, we invite you to fill out a welcome card, found in your pew, and place it in the offering plate or complete the form online. Use this QR code to access the form.
- If you need a hearing assistance device, please ask an usher.
- Restrooms are available in Founders' Hall. A changing station is available in the restroom at west end (rear) of the Cathedral.



## Service Notes

- Page numbers listed are from The Book of Common Prayer. Hymn numbers are from *The Hymnal 1982*.
- Please rise, as able, for portions of the service marked with an asterisk (\*).
- Donations may be placed in the offering, made through the Cathedral website: [kccathedral.org](http://kccathedral.org), by scanning the QR code to the right or by texting "GIVEtoGHTC" to 73256. *Thank you for your generosity.*



# HOLY EUCHARIST

VOLUNTARY: "Herr Christ, der einig Gottes Sohn" BuxWV 192

Dietrich Buxtehude

## The Word of God

### \* OPENING ACCLAMATION AND COLLECT FOR PURITY

page 355

Presider Blessed be God: Father, Son, and Holy Spirit.

People **And blessed be God's kingdom, now and for ever. Amen.**

Presider Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

### \* GLORIA

page 356

All **Glory to God in the highest,  
and peace to his people on earth.  
Lord God, heavenly King, almighty God and Father,  
we worship you, we give you thanks,  
we praise you for your glory.  
Lord Jesus Christ, only Son of the Father,  
Lord God, Lamb of God,  
you take away the sin of the world:  
have mercy on us;  
you are seated at the right hand of the Father:  
receive our prayer.  
For you alone are the Holy One,  
you alone are the Lord,  
you alone are the Most High,  
Jesus Christ,  
with the Holy Spirit,  
in the glory of God the Father. Amen.**

\* COLLECT OF THE DAY

Presider The Lord be with you.

People **And also with you.**

Presider Let us pray.

O God, who before the passion of your only begotten Son revealed his glory upon the holy mountain: Grant to us that we, beholding by faith the light of his countenance, may be strengthened to bear our cross, and be changed into his likeness from glory to glory; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

THE LESSONS

First Lesson: Exodus 24:12-18

Lector The Lord said to Moses, "Come up to me on the mountain, and wait there; and I will give you the tablets of stone, with the law and the commandment, which I have written for their instruction." So Moses set out with his assistant Joshua, and Moses went up into the mountain of God. To the elders he had said, "Wait here for us, until we come to you again; for Aaron and Hur are with you; whoever has a dispute may go to them." Then Moses went up on the mountain, and the cloud covered the mountain. The glory of the Lord settled on Mount Sinai, and the cloud covered it for six days; on the seventh day he called to Moses out of the cloud. Now the appearance of the glory of the Lord was like a devouring fire on the top of the mountain in the sight of the people of Israel. Moses entered the cloud, and went up on the mountain. Moses was on the mountain for forty days and forty nights.

The Word of the Lord.

People **Thanks be to God.**

Psalm 99 *read alternating by whole verse*

page 728

The Lord is King; let the people tremble; \*  
he is enthroned upon the cherubim; let the earth shake.

**The Lord is great in Zion; \***

**he is high above all peoples.**

Let them confess his Name, which is great and awesome; \*  
he is the Holy One.

**"O mighty King, lover of justice, you have established equity; \*  
you have executed justice and righteousness in Jacob."**

Proclaim the greatness of the Lord our God and fall down before his footstool; \*  
he is the Holy One.

**Moses and Aaron among his priests, and Samuel among those who call upon his Name, \*  
they called upon the Lord, and he answered them.**

He spoke to them out of the pillar of cloud; \*  
they kept his testimonies and the decree that he gave them.

**O Lord our God, you answered them indeed; \***

**you were a God who forgave them, yet punished them for their evil deeds.**

Proclaim the greatness of the Lord our God and worship him upon his holy hill; \*  
for the Lord our God is the Holy One.

## Second Lesson: 2 Peter 1:16-21

Lector We did not follow cleverly devised myths when we made known to you the power and coming of our Lord Jesus Christ, but we had been eyewitnesses of his majesty. For he received honor and glory from God the Father when that voice was conveyed to him by the Majestic Glory, saying, "This is my Son, my Beloved, with whom I am well pleased." We ourselves heard this voice come from heaven, while we were with him on the holy mountain.

So we have the prophetic message more fully confirmed. You will do well to be attentive to this as to a lamp shining in a dark place, until the day dawns and the morning star rises in your hearts. First of all you must understand this, that no prophecy of scripture is a matter of one's own interpretation, because no prophecy ever came by human will, but men and women moved by the Holy Spirit spoke from God.

The Word of the Lord.

People **Thanks be to God.**

## \* THE HOLY GOSPEL: Matthew 17:1-9

Gospeller The Holy Gospel of our Lord Jesus Christ according to Matthew.

People **Glory to you, Lord Christ.**

Gospeller Six days later, Jesus took with him Peter and James and his brother John and led them up a high mountain, by themselves. And he was transfigured before them, and his face shone like the sun, and his clothes became dazzling white. Suddenly there appeared to them Moses and Elijah, talking with him. Then Peter said to Jesus, "Lord, it is good for us to be here; if you wish, I will make three dwellings here, one for you, one for Moses, and one for Elijah." While he was still speaking, suddenly a bright cloud overshadowed them, and from the cloud a voice said, "This is my Son, the Beloved; with him I am well pleased; listen to him!" When the disciples heard this, they fell to the ground and were overcome by fear. But Jesus came and touched them, saying, "Get up and do not be afraid." And when they looked up, they saw no one except Jesus himself alone.

As they were coming down the mountain, Jesus ordered them, "Tell no one about the vision until after the Son of Man has been raised from the dead."

The Gospel of the Lord.

People **Praise to you, Lord Christ.**

## SERMON

## \* THE NICENE CREED

page 358

All We believe in one God,  
the Father, the Almighty,  
maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,  
the only Son of God, eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made, of one Being with the Father.

Through him all things were made.

For us and for our salvation he came down from heaven:

by the power of the Holy Spirit

he became incarnate from the Virgin Mary, and was made man.

For our sake he was crucified under Pontius Pilate;  
 he suffered death and was buried.  
 On the third day he rose again  
 in accordance with the Scriptures;  
 he ascended into heaven  
 and is seated at the right hand of the Father.  
 He will come again in glory to judge the living and the dead,  
 and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,  
 who proceeds from the Father and the Son.  
 With the Father and the Son he is worshiped and glorified.  
 He has spoken through the Prophets.  
 We believe in one holy catholic and apostolic Church.  
 We acknowledge one baptism for the forgiveness of sins.  
 We look for the resurrection of the dead,  
 and the life of the world to come. Amen.

\* PRAYERS OF THE PEOPLE, FORM VI

page 392

Intercessor In peace, we pray to you, Lord God.

For all people in their daily life and work;  
**People For our families, friends, and neighbors, and for those who are alone.**

Intercessor For this community, the nation, and the world;  
**People For all who work for justice, freedom, and peace.**

Intercessor For the just and proper use of your creation;  
**People For the victims of hunger, fear, injustice, and oppression.**

Intercessor For all who are in danger, sorrow, or any kind of trouble;  
**People For those who minister to the sick, the friendless, and the needy.**

Intercessor For the peace and unity of the Church of God;  
**People For all who proclaim the Gospel, and all who seek the Truth.**

Intercessor For Michael our Presiding Bishop, and Diane our Bishop Provisional; and for all bishops and other ministers;  
**People For all who serve God in the Church.**

Intercessor For the special needs and concerns of this congregation.

*Silence*

*The People may add their own petitions silently or aloud.*

Intercessor Hear us Lord;  
**People For your mercy is great.**

Intercessor We thank you, Lord, for all the blessings of this life.

*Silence*

*The People may add their own thanksgivings silently or aloud.*

Intercessor We will exalt you, O God our King;  
**People And praise your Name for ever and ever.**

Intercessor We pray for all who have died, that they may have a place in your eternal kingdom.

*Silence*

*The People may add their own petitions silently or aloud.*

Intercessor Lord, let your loving kindness be upon them;

**People Who put their trust in you.**

Intercessor We pray to you also for the forgiveness of our sins.

*Silence*

**All Have mercy upon us, most merciful Father;  
in your compassion forgive us our sins,  
known and unknown,  
things done and left undone;  
and so uphold us by your Spirit  
that we may live and serve you in newness of life,  
to the honor and glory of your Name;  
through Jesus Christ our Lord. Amen.**

*The Presider concludes with an absolution.*

Presider Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

\* THE PEACE

page 360

Presider The peace of the Lord be always with you.

**People And also with you.**

ANNOUNCEMENTS

CELEBRATION PRAYER

*Those celebrating anniversaries of birth, marriage, and other joyous occasions are invited to stand or raise a hand as able.*

**All O God, our times are in your hand: Look with favor, we pray, on your servant(s) as they begin another year. Grant that they may grow in wisdom and grace, and strengthen their trust in your goodness all the days of their lives; through Jesus Christ our Lord. Amen.**

## The Holy Communion

OFFERTORY SENTENCE

page 376

Presider Walk in love, as Christ loved us and gave himself for us, a fragrant offering and sacrifice to God.  
*Ephesians 5:2*

\* OFFERTORY HYMN: 135 "Songs of thankfulness and praise"

1 Songs of thank-ful - ness and praise, Jes - us, Lord, to thee we raise,  
 2 Man - i - fest at Jor - dan's stream, Pro-phet, Priest, and King su - preme;  
 3 Man - i - fest in mak - ing whole pal - sied limbs and faint - ing soul;  
 4 Man - i - fest on moun - tain height, shin - ing in re - splen-dent light,

man - i - fest - ed by the star to the sa - ges from a - far;  
 and at Ca - na, wed - ding-guest, in thy God-head man - i - fest;  
 man - i - fest in val - iant fight, quell - ing all the dev - il's might;  
 where dis - ci - ples filled with awe thy trans - fi - gured glo - ry saw.

branch of roy - al Da - vid's stem in thy birth at Beth - le - hem;  
 man - i - fest in power di - vine, chang - ing wa - ter in - to wine;  
 man - i - fest in gra - cious will, ev - er bring - ing good from ill;  
 When from there thou led - dest them stead - fast to Je - ru - sa - lem,

an - thems be to thee ad - dressed, God in man made man - i - fest.  
 an - thems be to thee ad - dressed, God in man made man - i - fest.  
 an - thems be to thee ad - dressed, God in man made man - i - fest.  
 cross and Eas - ter Day at - test God in man made man - i - fest.

Words: Sts. 1-3, Christopher Wordsworth (1807-1885); st. 4, F. Bland Tucker (1895-1984). Music: Salzburg, melody Jakob Hintze (1622-1702); harm. Johann Sebastian Bach (1685-1750). All Rights Reserved. Reprinted under OneLicense.net #A-710278.

\* THE GREAT THANKSGIVING, Eucharistic Prayer B

page 367

Presider The Lord be with you.  
 People And also with you.  
 Presider Lift up your hearts.  
 People We lift them to the Lord.  
 Presider Let us give thanks to the Lord our God.  
 People It is right to give God thanks and praise.

Presider It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

*Here a Proper Preface is sung or said on all Sundays, and on other occasions as appointed.*

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

All **Holy, holy, holy Lord, God of power and might,  
heaven and earth are full of your glory.**

**Hosanna in the highest.**

**Blessed is he who comes in the name of the Lord.**

**Hosanna in the highest.**

Presider We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, according to his command, O Father,

All **We remember his death,  
We proclaim his resurrection,  
We await his coming in glory;**

Presider And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine. We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit. In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where, with [\_\_\_\_\_ and] all your saints, we may enter the everlasting heritage of your children; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever.

All **AMEN.**

Presider And now, as our Savior Christ has taught us, we are bold to say,



All                    Our Father, who art in heaven,  
                           hallowed be thy Name,  
                           thy kingdom come,  
                           thy will be done,  
                           on earth as it is in heaven.  
 Give us this day our daily bread.  
 And forgive us our trespasses,  
                           as we forgive those who trespass against us.  
 And lead us not into temptation,  
                           but deliver us from evil.  
 For thine is the kingdom, and the power,  
                           and the glory, for ever and ever. Amen.

\* BREAKING OF THE BREAD

page 364

Presider            Alleluia. Christ our Passover is sacrificed for us;  
 People             Therefore let us keep the feast. Alleluia.  
 Presider            The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed  
                           on him in your hearts by faith, with thanksgiving.

COMMUNION

*All are welcome to receive communion or a blessing.  
 Intinction of wafers is offered, if desired. For gluten-free bread, cross your hands palms down.  
 For a blessing, cross your hands over your chest.*

\* POSTCOMMUNION PRAYER

page 366

Presider            Let us pray.  
 All                    Almighty and everliving God,  
                           we thank you for feeding us with the spiritual food  
                           of the most precious Body and Blood  
                           of your Son our Savior Jesus Christ;  
                           and for assuring us in these holy mysteries  
                           that we are living members of the Body of your Son,  
                           and heirs of your eternal kingdom.  
                           And now, Father, send us out  
                           to do the work you have given us to do,  
                           to love and serve you  
                           as faithful witnesses of Christ our Lord.  
                           To him, to you, and to the Holy Spirit,  
                           be honor and glory, now and for ever. Amen.

\* BLESSING

\* DISMISSAL *Following the dismissal,*

page 366

People             Thanks be to God.

\* CLOSING HYMN: 137 "O wondrous type! O vision fair"

1 O won - drous type! O vi - sion fair of glo - ry  
 2 With Mo - ses and E - li - jah nigh the in - car - nate  
 3 With shin - ing face and bright ar - ray, Christ deigns to  
 4 And faith - ful hearts are raised on high by this great  
 5 O Fa - ther, with the e - ter - nal Son, and Ho - ly

1 that the Church may share, which Christ up - on the  
 2 Lord holds con - verse high; and from the cloud, the  
 3 man - i - fest to - day what glo - ry shall be  
 4 vi - sion's mys - ter - y; for which in joy - ful  
 5 Spi - rit, ev - er One, vouch - safe to bring us

1 moun - tain shows, where bright - er than the sun he glows!  
 2 Ho - ly One bears re - cord to the on - ly Son.  
 3 theirs a - bove who joy in God with per - fect love.  
 4 strains we raise the voice of prayer, the hymn of praise.  
 5 by thy grace to see thy glo - ry face to face.

Words: Latin, 15th cent.; tr. *Hymns Ancient and Modern*, 1861, after John Mason Neale (1848-1866), alt. Music: Wareham, melody William Knapp (1698-1768); alt.; harm. *Hymns Ancient and Modern*, 1875, after James Turl (1802-1882). All Rights Reserved. Reprinted under OneLicense.net #A-710278.

VOLUNTARY: Postlude in D

Healey Willan

Serving Today

Presider & Preacher	The Very Rev. Dr. Andrew C. Keyse
Deacon	The Rev. Barbara J. Wegener
Lector	Joan Bergstrom
Eucharistic Minister	Maria Bernicchi
Usher	Jim Crum
Altar Guild	Carol Whitehead, Michelle Ritter
Organist	Steve Burk

# Cathedral Prayer List

**Pray for:** Charles Thomas; Emily M Proffit; Cherie Greene; Kathy Meehan; Dennis Meehan; George Milton; Charlotte Messbarger; Phyllis and Jim Shaffer; Patrick Bennett; Judy; Phillip Carroll; Ann Ryder; Pat Woolley; Sandra Fuhrman; Kris Kemper; Mary Duerksen Sklar; Randy Mueller; Tony Buffa; Linda Aguilar; Ian Mattson; Troy, Aiden, and William; the people of Ukraine; The people of Turkey and Syria; Andrew Rowland; all families affected by gun violence

**Comfort and Peace:** the Matheny family; the Tangeman family; the Lancaster family; the Moore family; the Allison family; the Bock family; the Sloan family; the Finnie family; the Killman and Welch families; the Hamilton family; the Grabher family

**Children & Youth Prayers:** I pray to be well and heal quickly after surgery; For my cousin who is fighting childhood cancer; For my aunt who has stage three cancer; I thankful for all the resources I have around me; I am grateful for everything ... home and family; I am thankful to gather at Youth Group this week; I am thankful for my job

**Pray for the Departed:** Ann Matheny; Carolyn Stockwell Tangeman; Clinton Matthew Lancaster IV (Matt); Bruce Moore; Mary Nell Sloan; Willie Joe Finnie Jr.; Diana Killman; Wayne Hamilton; Deacon Jerry Grabher; for all who have died from gun violence

**Diocesan Prayer Cycle:** St. Philip's Episcopal Church, Trenton; Parish Nurses of the Diocese

For the complete prayer list: [kccathedral.org/prayers](http://kccathedral.org/prayers)

To place a person on this prayer list, please contact Deacon Barbara Wegener, [bwegener@kccathedral.org](mailto:bwegener@kccathedral.org).

Requests are held in prayer for 90 days.

## Birthdays & Anniversaries

### February 19

Mark Galus  
Phineas Gitta  
Jeri Gore

### February 20

Bruce Reed

### February 21

Michael Wells

### February 22

Brad Carter  
Abby Moore  
Julie Proffitt  
Marie Whitacre

### February 23

Maryvec Hemingway  
Larry & Pat Martin

### February 24

Chuck Gordon

Please contact the Cathedral office if we have omitted your birthday or anniversary: 816.214.9936 or [jtoma@kccathedral.org](mailto:jtoma@kccathedral.org).

## Today's Flowers

are given to the Glory of God and ...

- in memory of Joe Finnie and in thanksgiving for those who ministered to our family, especially the Funeral Hospitality Ministry, acolytes, ushers, Altar Guild and Eucharistic Minister by Jackye Finnie
- in memory of the Rev. Jerry Grabher by the Rev. Carol Sanford

To help provide flowers for upcoming services, contact Julie Toma, [jtoma@kccathedral.org](mailto:jtoma@kccathedral.org).



# Two Options to Help with the Earthquake in Turkey and Syria



Photo Courtesy of the ACT Alliance

## Episcopal Relief & Development

Episcopal Relief & Development is mobilizing with long-term partners after a 7.8-magnitude earthquake in Turkey and Syria on Monday, February 6, 2023. The earthquake killed over 11,000 people and caused widespread damage across the region.

Working through **Action by Churches Together Alliance (ACT Alliance)**, Episcopal Relief & Development will rapidly respond to the disaster through existing networks by providing supplies including winterization kits, hot meals and other food, medicine and emergency support. The organization is also in contact with other local partners as they assess the needs of their communities.

“The reports from Turkey and Syria are heart-wrenching,” said Abigail Nelson, Executive Vice President and Chief Strategy Officer, Episcopal Relief & Development. “We have worked closely with ACT Alliance in our response to the crisis in Ukraine and we will continue to partner to meet the immediate needs of the affected communities in Turkey and Syria.”

Please continue to **pray** for those who have been affected by the earthquake. Donations to the **Turkey and Syria Earthquake Response Fund** will help the organization to continue to respond to communities impacted by this disaster.

Donate now at [support.episcopalrelief.org/syria-turkey-earthquake](https://support.episcopalrelief.org/syria-turkey-earthquake).



## Embrace Relief

As the recovery and rebuilding efforts in Turkey and Syria enter their second week following the devastating earthquakes of Feb. 6, Embrace Relief confirms that it has successfully delivered four shipments of food to the earthquake zone, providing ready-to-eat meals to the people of several cities, including Hatay and Malatya, Gaziantep, Adiyaman. A fifth truck, carrying basic essentials like toiletries, paper towels, and diapers, has also arrived in the area, and its contents have also been distributed to people in need. Embrace Relief is committed to continuing this immediate assistance for as long as necessary, and will soon extend these efforts to Syria. Embrace Relief is also committed to a longer-term aid effort that will allow the people of Turkey and Syria to rebuild their lives and thrive once more. Beginning this week, Embrace Relief will offer crucial housing assistance – including covering rent and purchasing furniture – to those who have been displaced from their homes by the earthquake. This support will be an invaluable gift to the many thousands of people who have lost family members, their homes, their livelihoods, or all of the above. It will allow them to have a stable living situation as they begin to move forward into the next stage of their lives.

\*You can also double your support for the people of Turkey by asking your company about Employer Matching Donations. Companies of all sizes will often match donations to a charitable 501(c)(3) organization like Embrace Relief on a 1:1 (or 2:1 or even 3:1) basis, as part of their corporate social responsibility. So ask your company today about making a matching donation to Embrace Relief’s Turkey Earthquake Relief, and together we can save even more lives.

Visit [embracerelief.org/donation/help-victims-of-earthquake-in-southern-turkey](https://embracerelief.org/donation/help-victims-of-earthquake-in-southern-turkey) to donate.

# Adults

## Sunday

### Adult Formation • 9:15 a.m.

#### *Episcopal 101*

Common Room • Led by Dean Andy

Would you like to formally join the Cathedral and the Episcopal Church? Interested in exploring confirmation, reaffirmation or reception? If so, please join us for a Confirmation/Inquirer's class, called *Episcopal 101*, taught by Dean Andy. Even if you're not seeking confirmation, reaffirmation, or reception, it's a great way to gain a better understanding of our history and worship.

## Tuesday

### GHTC's Virtual Cafe • 7:30 a.m.

Please join us for our weekly conversation in GHTC's Virtual Cafe! Tuesday mornings from 7:30–9 a.m. For details, visit [kccathedral.org/other-activities](http://kccathedral.org/other-activities).

### Women's Bible Study • 12:30 p.m.

Conversation is lively, thought-provoking, and often irreverent. All are welcome. Visit the WBS page, [kccathedral.org/adultformation/wbs](http://kccathedral.org/adultformation/wbs) for more information.

### Lectionary Bible Study • 6:45 p.m.

We study the lessons for the upcoming Sunday. Join the Lectionary Bible Study group in Realm or visit the LBS page, [kccathedral.org/adultformation/lbs](http://kccathedral.org/adultformation/lbs) for more details.

## Wednesday Lenten Classes

### March 1, 8, 15, 22, 29

Classes • 6:30–7:45 p.m.

Compline • 7:45 p.m.

### My Body is Not a Prayer Request: Disability Justice in the Church

Led by Deacon Brittany

We will be looking at the book *My Body is Not a Prayer Request: Disability Justice in the Church*. This book by Amy Kinney provides a good foundation for building awareness and ways for ministering among the disabled in your church and community. This book lends itself to lively discussion, spiritual reflection, and insightful and incisive thought leading to action and awareness. Copies of the book are available through book sellers and e-readers/audiobooks.

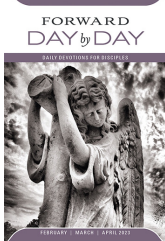
*Much of the church has forgotten that we worship a disabled God whose wounds survived resurrection, says Amy Kenny. It is time for the church to start treating disabled people as full members of the body of Christ who have much more to offer than a miraculous cure narrative and to learn from their embodied experiences. Written by a disabled Christian, this book shows that the church is missing out on the prophetic witness and blessing of disability. Kenny reflects on her experiences inside the church to expose unintentional ableism and cast a new vision for Christian communities to engage disability justice. She shows that until we cultivate church spaces where people with disabilities can fully belong, flourish, and lead, we are not valuing the diverse members of the body of Christ.*

### The Unanswered Question: Music as a Means of Processing and Reflecting the Human Experience

Led by Dr. Ian Coleman, Professor of Music, William Jewell College (March 15 class led by Dean Andy)

In this course we will examine four pieces of music. Each of these is inspired by some aspect of religious thinking and spirituality. The music is sometimes hard to hear, but always engaging and thought provoking. Dealing with war, the meaning of life, death and racial tensions, each piece is a specific window into the mind of the composer and often causes us to wrestle with contemporary issues, the deep questions of life and what it means to be human.

Registration is required. Use the coupon code GRACE to register for free at [jewell.edu/faith-classes](http://jewell.edu/faith-classes).



Forward Day by Day is a booklet of daily inspirational meditations reflecting on a specific Bible passage, chosen from the daily lectionary readings as listed in the Revised Common Lectionary or the Daily Office from the Episcopal Church's Book of Common Prayer.

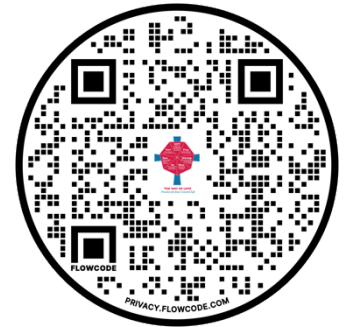
Copies of this quarter's Forward Day by Day are available in the tower entrance.



## BULLETIN INSERTS

### February 19, 2023 – Last Sunday in Epiphany (A) Intro: Life Transformed – The Way of Love in Lent

The journey through Lent into Easter is a journey with Jesus. We are baptized into his life, self-giving, and death; then, we rise in hope to life transformed. This Lent, communities are invited to walk with Jesus in his Way of Love and into the experience of transformed life. Together, we will reflect anew on the loving actions of God as recounted in the Easter Vigil readings. Together, we will walk through the depths of salvation history into the fullness of redemption. Throughout Lent, come along with us as we explore *Life Transformed: The Way of Love in Lent*, produced by Hillary Raining and Jenifer Gamber. You can find resources mentioned below at [iam.ec/lifetransformed](http://iam.ec/lifetransformed) or by scanning the QR code to the right.



#### Intro

##### Wednesday, February 22

*Today's Prompt:* How do you incorporate rest into your life?

*Read:* "Thus says the Lord: Stand at the crossroads and look, and ask for the ancient paths, where the good way lies; and walk in it, and find rest for your souls. But they said, 'We will not walk in it.'" – Jeremiah 6:16

##### Thursday, February 23

*Today's Prompt:* How does community help or hinder your growing in Christ?

*Read:* "But to all who received him, who believed in his name, he gave power to become children of God, who were born, not of blood or of the will of the flesh or of the will of man, but of God." – John 1:12-13

##### Friday, February 24

*Today's Prompt:* Where do you see the seven practices of the Way of Love in this story?

*Read:* "Finding no way to bring him in because of the crowd, they went up on the roof and let him

down on the stretcher through the tiles into the middle of the crowd in front of Jesus." – Luke 5:19

##### Saturday, February 25

*Today's Prompt:* How might you connect with others in the spirit of renewal?

*Read:* "He said, 'Go out and stand on the mountain before the Lord, for the Lord is about to pass by.' Now there was a great wind, so strong that it was splitting mountains and breaking rocks in pieces before the Lord, but the Lord was not in the wind, and after the wind an earthquake, but the Lord was not in the earthquake, and after the earthquake a fire, but the Lord was not in the fire, and after the fire a sound of sheer silence." - 1 Kings 19:11-12

*Reflections from "Living the Way of Love" by Mary Bea Sullivan (Church Publishing, 2019). Used with permission. Quotations from the New Revised Standard Version Bible, copyright © 1989 the Division of Christian Education of the National Council of the Churches of Christ in the United States of America. Used by permission. All rights reserved.*

# Youth

## Sundays • 9:15 a.m.

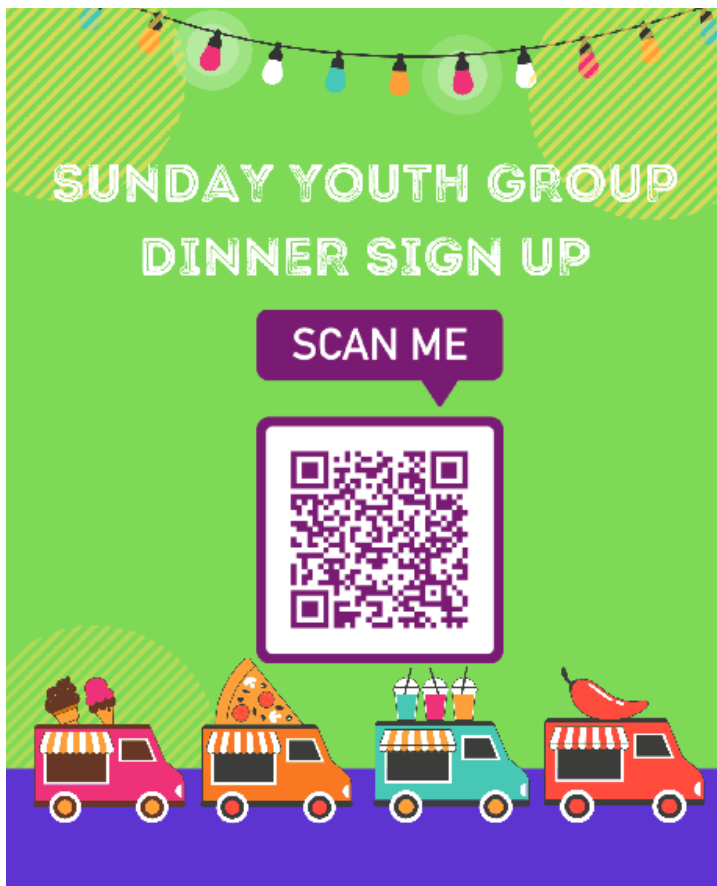
Join us for formation in the Youth Room Sunday mornings.

## Sundays • 6–7:15 p.m.

Join us for food and fellowship at 6 p.m. in the Youth Room.

Information and signups are often found on our linktree, [linktr.ee/ghtcyouthandcollegeministry](https://linktr.ee/ghtcyouthandcollegeministry).

Questions? Contact Clare at [csfern@kccathedral.org](mailto:csfern@kccathedral.org).



# Children

## Formation Class • 9:15 a.m.

Children are invited into a time of dynamic storytelling that communicates the story of the people of God and the liturgy of the church.

## Cathedral Kids • 10:30 a.m.

Cathedral Kids meets during the first half of the 10:30 a.m. worship service. Children attending Cathedral Kids will meet their parents or guardians inside the tower doors during the passing of the peace.

Questions? Contact Brittany, [childrensformation@kccathedral.org](mailto:childrensformation@kccathedral.org).

# Young Adults



**Cathedral Staff:** The Very Rev. Dr. Andrew C. Keyse, *Dean*; The Rev. Barbara Wegener, *Deacon*; The Rev. Brittany Sparrow Savage, *Deacon & Children's Ministry Coordinator*; Dr. Paul Meier, *Director of Music*; Clare Stern-Burbano, *Youth & College Minister*; Julie Toma, *Cathedral Administrator*; Melissa Kilpatrick, *Communications Coordinator*; Holly Campbell, *Events Coordinator*; Joan Bergstrom, *Sacristan*; Angie Graham, *Property Manager*; Mike Guidry, *Assistant Property Manager*

**The Vestry** (with committee assignments): Candace McDowell, *Senior Warden*, [candyleemc@att.net](mailto:candyleemc@att.net) (Finance); Michael Thomas, *Junior Warden*, [madresfield63@gmail.com](mailto:madresfield63@gmail.com) (Buildings & Grounds); David Barker, *Treasurer*; Valerie Johnson, *Clerk* (Social Outreach); Steve Moore, *Chancellor*. Julie Brogno; Sharon Cheers (Security, Budget); Sara Copeland; Pat Decker (Social Justice); Blain Lagergren; Paula Livingston-Lewis (Social Outreach); Ron Michka (Budget, Stewardship, Community Engagement); Mathias Nichols; Kay Woolley

# Announcements

## Shrove Sunday Pancakes

Sunday, February 19 • after both morning services

Join us for breakfast following both morning services today. Chris Cakes will be in Founders' Hall serving pancakes and sausage. The youth will provide special toppings. Be sure to stop by and catch a couple pancakes!

## Choral Evensong

Sunday, February 19 • 5 p.m.

A service of Choral Evensong is offered by the Trinity Choir. This contemplative service lasts about 45 minutes and includes hymns, scripture readings, prayers, chanted Psalms, canticles and a choir anthem.

## Jambalaya Dinner

Tuesday, February 21 • 6 p.m.

Join us for food and fellowship Tuesday, February 21 in the Common Room. Jambalaya will be provided, please bring bread, a salad or a dessert. After we've eaten, a member of the clergy will lead us in a discussion on a topic of their choice. We will also be taking a free-will donation to benefit Pete's Garden. Please RSVP to Jeff Johnson, [jeff.johnson@mwex.net](mailto:jeff.johnson@mwex.net).

## Stations of the Cross

Fridays, February 24–March 31 • 6 p.m.

Join Deacon Barbara and Deacon Brittany as they lead the Stations of the Cross, taking a walk in the footsteps of Jesus on his journey to the cross. Stations of the Cross will be held every Friday, February 24–March 31 at 6 p.m. in the Nave.

## Allegro Choirs of Kansas City Benefit for Ronald McDonald House Charities

Sunday, March 5, 2:30 p.m.

The Allegro Choirs of Kansas City present an annual benefit concert for the Ronald McDonald House Charities. For more information, please visit [allegrokc.org](http://allegrokc.org). Tickets may be purchased at the door or through the Allegro website.

## Ash Wednesday

Wednesday, February 22

7 a.m., 12:05 and 7 p.m.

Start your Lenten journey with one of our Ash Wednesday services. The Imposition of Ashes takes place at all three services.

The 7 a.m. service will be spoken word only.

The 12:05 service will include hymns and organ music. The 7 p.m. service will include the Trinity Choir.

All services will be in person.

Noonday Prayer will be broadcast at noon and the 7 p.m. service will be livestreamed.

## Paper Items Drive for Sheffield Place

February

During the month of February we will be collecting paper items for the women and their families at Sheffield Place, a homeless shelter for women and their children. The items we will be collecting are toilet paper, paper towels and Kleenex. Outreach will purchase feminine hygiene products for the residents. The mission of Sheffield Place is "to empower homeless mothers and their children to heal from their trauma and become self-sufficient." Questions? Contact Terri Curran, [tcurra2@yahoo.com](mailto:tcurra2@yahoo.com).

