

# GRACE AND HOLY TRINITY CATHEDRAL



## ASH WEDNESDAY

FEBRUARY 22, 2023

Welcome! We are glad you are here.

- If you are a visitor or new attendee, we invite you to fill out a welcome card, found in your pew, and place it in the offering plate or complete the form online. Use this QR code to access the form.
- If you need a hearing assistance device, please ask an usher.
- Restrooms are available in Founders' Hall. A changing station is available in the restroom at west end (rear) of the Cathedral.



### Service Notes

- Page numbers listed are from The Book of Common Prayer. Hymn numbers are from *The Hymnal 1982*.
- Please rise, as able, for portions of the service marked with an asterisk (\*).
- Donations may be placed in the offering, made through the Cathedral website: [kccathedral.org](http://kccathedral.org), by scanning the QR code to the right or by texting "GIVEtoGHTC" to 73256. *Thank you for your generosity.*



## Collect of the Day

Almighty and everlasting God, you hate nothing you have made and forgive the sins of all who are penitent: Create and make in us new and contrite hearts, that we, worthily lamenting our sins and acknowledging our wretchedness, may obtain of you, the God of all mercy, perfect remission and forgiveness; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

## Joel 2:1-2,12-17

Blow the trumpet in Zion; sound the alarm on my holy mountain! Let all the inhabitants of the land tremble, for the day of the Lord is coming, it is near—a day of darkness and gloom, a day of clouds and thick darkness! Like blackness spread upon the mountains a great and powerful army comes; their like has never been from of old, nor will be again after them in ages to come. Yet even now, says the Lord, return to me with all your heart, with fasting, with weeping, and with mourning; rend your hearts and not your clothing. Return to the Lord, your God, for he is gracious and merciful, slow to anger, and abounding in steadfast love, and relents from punishing. Who knows whether he will not turn and relent, and leave a blessing behind him, a grain offering and a drink offering for the Lord, your God? Blow the trumpet in Zion; sanctify a fast; call a solemn assembly; gather the people. Sanctify the congregation; assemble the aged; gather the children, even infants at the breast. Let the bridegroom leave his room, and the bride her canopy. Between the vestibule and the altar let the priests, the ministers of the Lord, weep. Let them say, “Spare your people, O Lord, and do not make your heritage a mockery, a byword among the nations. Why should it be said among the peoples, Where is their God?”

## Psalms 103:8-14

The Lord is full of compassion and mercy, \*  
slow to anger and of great kindness.  
He will not always accuse us, \*  
nor will he keep his anger for ever.  
He has not dealt with us according to our sins, \*  
nor rewarded us according to our wickedness.  
For as the heavens are high above the earth, \*  
so is his mercy great upon those who fear him.  
As far as the east is from the west, \*  
so far has he removed our sins from us.  
As a father cares for his children, \*  
so does the Lord care for those who fear him.  
For he himself knows whereof we are made; \*  
he remembers that we are but dust.

## 2 Corinthians 5:20b-6:10

We entreat you on behalf of Christ, be reconciled to God. For our sake he made him to be sin who knew no sin, so that in him we might become the righteousness of God. As we work together with him, we urge you also not to accept the grace of God in vain. For he says, “At an acceptable time I have listened to you, and on a day of salvation I have helped you.” See, now is the acceptable time; see, now is the day of salvation! We are putting no obstacle in anyone’s way, so that no fault may be found with our ministry, but as servants of God we have commended ourselves in every way: through great endurance, in afflictions, hardships, calamities, beatings, imprisonments, riots, labors, sleepless nights, hunger; by purity, knowledge, patience, kindness, holiness of spirit, genuine love, truthful speech, and the power of God; with the weapons of righteousness for the right hand and for the left; in honor and dishonor, in ill repute and good repute. We are treated as impostors, and yet are true; as unknown, and yet are well known; as dying, and see—we are alive; as punished, and yet not killed; as sorrowful, yet always rejoicing; as poor, yet making many rich; as having nothing, and yet possessing everything.

## Matthew 6:1-6, 16-21

Jesus said, “Beware of practicing your piety before others in order to be seen by them; for then you have no reward from your Father in heaven. So whenever you give alms, do not sound a trumpet before you, as the hypocrites do in the synagogues and in the streets, so that they may be praised by others. Truly I tell you, they have received their reward. But when you give alms, do not let your left hand know what your right hand is doing, so that your alms may be done in secret; and your Father who sees in secret will reward you. And whenever you pray, do not be like the hypocrites; for they love to stand and pray in the synagogues and at the street corners, so that they may be seen by others. Truly I tell you, they have received their reward. But whenever you pray, go into your room and shut the door and pray to your Father who is in secret; and your Father who sees in secret will reward you. And whenever you fast, do not look dismal, like the hypocrites, for they disfigure their faces so as to show others that they are fasting. Truly I tell you, they have received their reward. But when you fast, put oil on your head and wash your face, so that your fasting may be seen not by others but by your Father who is in secret; and your Father who sees in secret will reward you. Do not store up for yourselves treasures on earth, where moth and rust consume and where thieves break in and steal; but store up for yourselves treasures in heaven, where neither moth nor rust consumes and where thieves do not break in and steal. For where your treasure is, there your heart will be also.”

# ASH WEDNESDAY LITURGY

7 a.m. & 12:05 p.m.

## The Word of God

(12:05 p.m.) VOLUNTARY

\* OPENING SALUTATION

page 355

Presider Bless the Lord who forgives all our sins.

People His mercy endures forever.

COLLECT OF THE DAY

p. 2 of this bulletin

LESSONS *Meditative silence follows the readings.*

Joel 2:1-2,12-17

p. 2 of this bulletin

Psalm 103:8-14 *spoken in unison*

p. 2 of this bulletin

2 Corinthians 5:20b-6:10

\* (12:05 p.m.) GOSPEL HYMN: 141 "Wilt thou forgive the sin, where I begun"

\* THE HOLY GOSPEL: Matthew 6:1-6, 16-21

p. 2 of this bulletin

HOMILY

\* INVITATION TO THE OBSERVANCE OF A HOLY LENT

page 264

IMPOSITION OF ASHES *All are invited to the front to receive the imposition of ashes.*

PSALM 51 *All kneel, as able. Read responsively, by the half verse.*

page 266

LITANY OF PENITENCE

page 267

\* THE PEACE

Presider The peace of the Lord be always with you.

People And also with you.

## The Holy Communion

\* (12:05 p.m.) OFFERTORY HYMN: 701 "Jesus, all my gladness"

THE GREAT THANKSGIVING, Eucharistic Prayer A

page 361

The Lord's Prayer

page 364

Breaking of the Bread

\* THE COMMUNION

*All are welcome to receive communion or a blessing.*

*Intinction of wafers is offered, if desired. For gluten-free bread, cross your hands palms down.*

*For a blessing, cross your hands over your chest.*

\* POSTCOMMUNION PRAYER

page 365

PRAYER OVER THE PEOPLE

Presider Grant, most merciful Lord, to your faithful people pardon and peace, that they may be cleansed from all their sins, and serve you with a quiet mind; through Christ our Lord. Amen.

DISMISSAL

page 366

\* (12:05 p.m.) CLOSING HYMN: 149 "Eternal Lord of love, behold your church"

(12:05 p.m.) VOLUNTARY

# ASH WEDNESDAY LITURGY

7 p.m.

VOLUNTARY: "O Mensch, bewein dein Sünde groß," BWV 622

Johann Sebastian Bach

## SALUTATION

page 355

Presider Bless the Lord who forgives all our sins.  
People His mercy endures forever.

## The Word of God

\* COLLECT OF THE DAY

p. 2 of this bulletin

LESSONS *Meditative silence follows the readings.*

p. 2 of this bulletin

Joel 2:1-2,12-17

Psalm 103 *sung by the choir; chant by Kellow J. Pye*

page 733

2 Corinthians 5:20b-6:10

\* GOSPEL HYMN: 141 "Wilt thou forgive the sin, where I begun"

THE HOLY GOSPEL: Matthew 6:1-6, 16-21

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\* THE PEACE

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People And also with you.

## The Holy Communion

\* OFFERTORY ANTHEM: "Remember Not, Lord, Our Offences"

Henry Purcell

Remember not, Lord our offences,  
nor the offences of our forefathers  
neither take thou vengeance of our sins, good Lord  
But spare us, good Lord.

Spare thy people, whom thou hast redeemed  
with thy precious blood;  
and be not angry with us forever.  
Spare us, good Lord.

—Text: the Book of Common Prayer (1662)

\* OFFERTORY HYMN: 144 "Lord Jesus, Sun of Righteousness" Verse 1

S120: The Holy Eucharist II, Lift up your hearts: *Sursum corda*

<p><i>Celebrant</i></p> <p>The Lord be with you.</p> <p><i>Celebrant</i></p> <p>Lift up your hearts.</p> <p><i>Celebrant</i></p> <p>Let us give thanks to the Lord our God.</p>	<p><i>People</i></p> <p>And al - so with you.</p> <p><i>People</i></p> <p>We lift them to the Lord.</p> <p><i>People</i></p> <p>It is right to give our thanks and praise.</p>
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S124: The Holy Eucharist II, Holy, holy, holy Lord: *Sanctus*

All

Ho - ly, ho - ly, ho - ly Lord, God of pow - er and might, hea - ven and  
 earth are full of your glo - ry. Ho - san - na in the high - est.  
 Bless - ed is he who comes in the name of the Lord. Ho - san - na in the high - est.

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**Presider** Therefore we proclaim the mystery of faith:  
**All** Christ has died.  
 Christ is risen.  
 Christ will come again.

The Lord's Prayer

Breaking of the Bread

**Presider** Christ our Passover is sacrificed for us;  
**People** Therefore let us keep the feast.

S161: The Holy Eucharist, Fraction Anthem: Jesus, Lamb of God: *Agnus Dei*

All

Lamb of God, you take a - way the sins of the world:  
 have mer - cy on us. Lamb of God, you take a - way the  
 sins of the world: have mer - cy on us. Lamb of God,  
 you take a - way the sins of the world: grant us peace.

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## COMMUNION

*All are welcome to receive communion or a blessing.  
Intinction of wafers is offered, if desired.  
For gluten-free bread, cross your hands palms down.  
For a blessing, cross your hands over your chest.*

## Prayer for Spiritual Communion

In union, O Lord, with your faithful people at every altar of your Church, where the Holy Eucharist is now being celebrated, I desire to offer to you praise and thanksgiving. I remember your death, Lord Christ; I proclaim your resurrection; I await your coming in glory. Since I cannot receive you today in the Sacrament of your Body and Blood, I beseech you to come spiritually into my heart. Cleanse and strengthen me with your grace, Lord Jesus, and let me never be separated from you. May I live in you, and you in me, in this life and in the life to come. Amen.

## COMMUNION HYMN: 701 “Jesus, all my gladness”

### \* POSTCOMMUNION PRAYER

page 365

### PRAYER OVER THE PEOPLE

Presider Grant, most merciful Lord, to your faithful people pardon and peace, that they may be cleansed from all their sins, and serve you with a quiet mind; through Christ our Lord. **Amen.**

## DISMISSAL

page 366

### \* CLOSING HYMN: 149 “Eternal Lord of love, behold your church”

### VOLUNTARY: Prelude and Fugue in E minor

J.S. Bach

## Serving Today

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7 a.m.

Presider The Very Rev. Dr. Andrew C. Keyse  
Deacon The Rev. Barbara Wegener

12:05 p.m.

Presider The Very Rev. Dr. Andrew C. Keyse  
Deacons The Rev. Barbara Wegener, The Rev. Brittany Sparrow Savage  
Organist Canon John Schaefer  
Lector Jonathan Sternberg  
Eucharistic Minister Ric Sweeting  
Altar Guild Candy McDowell  
Ushers Bud McDowell, Janet Sweeting

7 p.m.

Presider The Very Rev. Dr. Andrew C. Keyse  
Deacon The Rev. Barbara Wegener  
Musicians The Trinity Choir, Steve Burk  
Lector Ken Stewart  
Eucharistic Minister Terri Curran  
Altar Guild Sharon Cheers, Peg Brown  
Usher Jim Crum  
Livestreaming Curtis Hamilton, Leticia Porter

# LENT AT THE CATHEDRAL

kccathedral.org/lent

## Wednesday Lenten Classes

**March 1, 8, 15, 22, 29**

Classes • 6:30–7:45 p.m.

Compline • 7:45 p.m.

### **My Body is Not a Prayer Request: Disability Justice in the Church**

Led by Deacon Brittany

We will be looking at the book *My Body is Not a Prayer Request: Disability Justice in the Church*. This book by Amy Kinney provides a good foundation for building awareness and ways for ministering among the disabled in your church and community. This book lends itself to lively discussion, spiritual reflection, and insightful and incisive thought leading to action and awareness. Copies of the book are available through book sellers and e-readers/audiobooks.

*Much of the church has forgotten that we worship a disabled God whose wounds survived resurrection, says Amy Kenny. It is time for the church to start treating disabled people as full members of the body of Christ who have much more to offer than a miraculous cure narrative and to learn from their embodied experiences. Written by a disabled Christian, this book shows that the church is missing out on the prophetic witness and blessing of disability. Kenny reflects on her experiences inside the church to expose unintentional ableism and cast a new vision for Christian communities to engage disability justice. She shows that until we cultivate church spaces where people with disabilities can fully belong, flourish, and lead, we are not valuing the diverse members of the body of Christ.*

**To sign up:** Contact Deacon Brittany, [childrensformation@kccathedral.org](mailto:childrensformation@kccathedral.org) or 828.808.4058. She will send you materials needed for the class. Discounted books are available, just ask for details when registering.

### **The Unanswered Question: Music as a Means of Processing and Reflecting the Human Experience**

Led by Dr. Ian Coleman, Professor of Music, William Jewell College (March 15 class led by Dean Andy)

In this course we will examine four pieces of music. Each of these is inspired by some aspect of religious thinking and spirituality. The music is sometimes hard to hear, but always engaging and thought provoking. Dealing with war, the meaning of life, death and racial tensions, each piece is a specific window into the mind of the composer and often causes us to wrestle with contemporary issues, the deep questions of life and what it means to be human.

**Registration is required.** Use the coupon code GRACE to register for free at [jewell.edu/faith-classes](http://jewell.edu/faith-classes).

## Weekday Formation: Tuesdays

### **Women's Bible Study • 12:30 p.m.**

WBS will be studying *Dust Bunnies in the Basket* during Lent. The Rev. Schenck connects the mundane with the divine, from dust bunnies and egg hunts to foot washing and the Easter Vigil. *Dust Bunnies in the Basket* challenges us to go deeper during Lent, to “kick up some dust every now and then, to roll up our sleeves and get involved with the world and the people around us.” We'll be using the book to help in personal reflection during the Lenten season. For more information, visit [kccathedral.org/adultformation/wbs](http://kccathedral.org/adultformation/wbs).

### **Lectionary Bible Study • 7 p.m.**

We open with prayer at 7 p.m. or earlier if all have arrived. We will read aloud the chosen section and share with one another words or phrases that were significant to us. The facilitator will kick off a discussion of context (scriptural, historical, cultural, etc.) which will, with God's grace, lead us to a discussion of how an understanding of scripture can restore us to fullness with God and each other in Christ. We will close with a prayer. Join the **Lectionary Bible Study group** in Realm for details on how to participate. For more information, feel free to contact **Jeff Johnson**.

# LENT AT THE CATHEDRAL

kccathedral.org/lent

## Outreach

### Lent Food Drive

During the entire Lenten Season, Outreach will be collecting food for Jewish Family Services Pantry in Brookside. The JFS Food Pantries in Kansas and Missouri distributes over 29,000 pounds of food to over 400 families each month. We depend on your donations to provide variety and healthy choices for our clients. Your donation goes directly to the shelves in the pantry, helping people right in our community.

#### Items most needed in the Pantry:

#### Food (Kosher or Non-kosher):

Canned green beans & corn	Cake and brownie mixes	Canned fruit	Crackers & saltines
Tuna	Low-sodium canned soups	Coffee & tea	Canned fish and chicken
Peanut Butter	Quick oats (plain)	Beans, dried or canned	Pasta sauce
Cereal	Sugar	Tomato products	Spices

#### Non-Food Items:

Feminine hygiene products	Paper towels	Anti-bacterial wipes, such as	Dry pet food (Dog & Cat)
Toothpaste	Napkins	Clorox wipes	
Body lotion	Multi-purpose cleaner or	Hand soap	
Toilet paper and facial tissues	wipes	Baby wipes	

### BackSnack Family Bag Packing

**Sunday, March 5 • 9 a.m.**

Volunteers pack family bags with food between services for BackSnack children. These bags are distributed to school children so they have food over spring break.

### Assemble Easter Baskets for Crittenton, KAW Valley and Sheffield Place

**Sunday, April 2 • 9 a.m.**

Come help us pack Easter baskets for the kids at Crittenton, Sheffield Place and Kaw Valley.

### Prep Food at Nourish KC

**Saturday, March 11 • 9 a.m.–noon**

Assist with food prep (sorting, cleaning, and cutting fresh produce. *Need a minimum of 5 volunteers.*

### Pack BackSnacks for children at Clardy, Gashland and Hazel Grove Elementary

**Every other Wednesday in March and April**

The BackSnack program provides a weekly backpack filled with nutritious, child-friendly food for school children at elementary schools to take home over the weekend. Contact Terri ([tcurra2@yahoo.com](mailto:tcurra2@yahoo.com)) to get dates.

## Stations of the Cross

**Fridays, February 24–March 31 • 6 p.m.**

Join Deacon Barbara and Deacon Brittany as they lead the Stations of the Cross, taking a walk in the footsteps of Jesus on his journey to the cross. Stations of the Cross will be held every Friday, February 24–March 31 at 6 p.m. in the Nave. During Lent you may also walk the Stations of the Cross on your own with this booklet. You may also access our parishioner-led Stations of the Cross video on our YouTube channel.