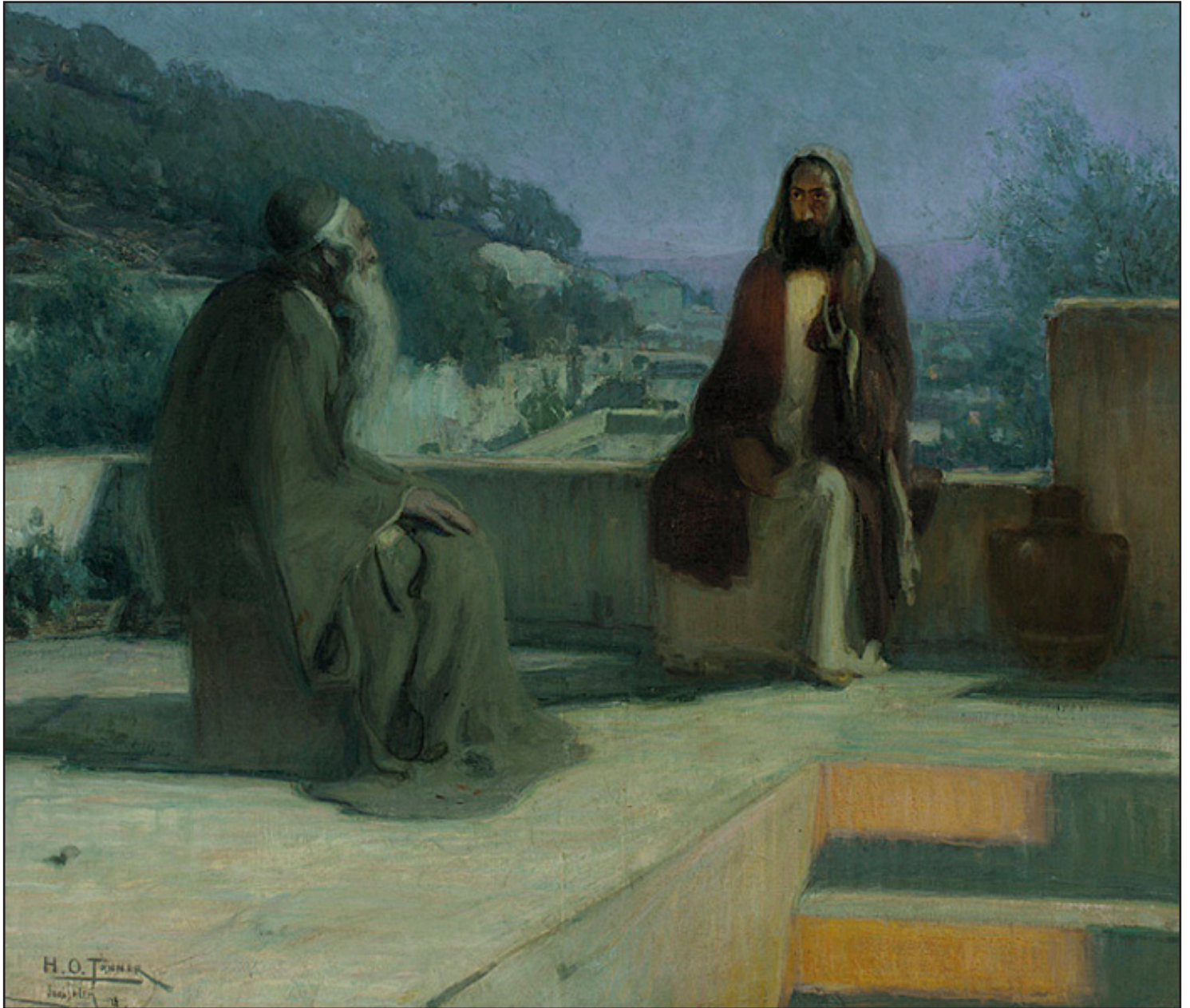


GRACE AND HOLY TRINITY EPISCOPAL CATHEDRAL



"Nicodemus and Jesus on a Rooftop" by Henry Ossawa Tanner

The Second Sunday in Lent

March 5, 2023 • 10:30 a.m.

Welcome! We are glad you are here.

- If you are a visitor or new attendee, we invite you to fill out a welcome card, found in your pew, and place it in the offering plate or complete the form online. Use this QR code to access the form.
- Restrooms are available in Founders' Hall. A changing station is available in the restroom at west end (rear) of the Cathedral.
- If you need a hearing assistance device, please ask an usher.



May you find here, by God's grace, that which feeds your soul, and leave here with a heart prepared to serve.

Service Notes

- Please rise, as able, for portions of the service marked with an asterisk (*).
- Page numbers listed are from The Book of Common Prayer.
- Donations may be placed in the offering, made through the Cathedral website: kccathedral.org, by scanning the QR code to the right or by texting "GIVEtoGHTC" to 73256. *Thank you for your generosity.*



HOLY EUCHARIST

VOLUNTARY: "Choralvorspiel und Fuge über 'O Traurigkeit, o Herzeleid'"

Johannes Brahms

* OPENING HYMN: 448 "O love, how deep, how broad, how high"



1 O love, how deep, how broad, how high, how pass - ing
2 For us bap - tized, for us he bore his ho - ly
3 For us he prayed; for us he taught; for us his
4 For us to wick - ed hands be - trayed, scourged, mocked, in
5 For us he rose from death a - gain; for us he
6 All glo - ry to our Lord and God for love so



1 thought and fan - ta - sy, that God, the Son of
2 fast and hun - gered sore; for us temp - ta - tions
3 dai - ly works he wrought; by words and signs and
4 pur - ple robe ar - rayed, he bore the shame - ful
5 went on high to reign; for us he sent his
6 deep, so high, so broad; the Trin - i - ty whom



1 God, should take our mor - tal form for mor - tals' sake.
2 sharp he knew; for us the tempt - er ov - er - threw.
3 ac - tions, thus still seek - ing not him - self, but us.
4 cross and death; for us gave up his dy - ing breath.
5 Spi - rit here to guide, to strength - en, and to cheer.
6 we a - dore for ev - er and for ev - er - more.

Words: Latin, 15th cent.; tr. Benjamin Webb (1819-1885), alt. Music: *Deus tuorum militum*, from *Antiphoner*, 1753; adapt. *The English Hymnal*, 1906, alt.; harm. after Basil Harwood (1859-1949) printed under OneLicense.net#A-710278.

* PENITENTIAL ORDER

page 351

Presider Bless the Lord who forgives all our sins;
People His mercy endures for ever.

The Celebrant will add one of the sentences from page 351-352.

All Most merciful God,
 we confess that we have sinned against you
 in thought, word, and deed,
 by what we have done,
 and by what we have left undone.
 We have not loved you with our whole heart;
 we have not loved our neighbors as ourselves.
 We are truly sorry and we humbly repent.
 For the sake of your Son Jesus Christ,
 have mercy on us and forgive us;
 that we may delight in your will,
 and walk in your ways,
 to the glory of your Name. Amen.

Presider Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life.

People Amen.

S86 “Kyrie eleison”

Ky - ri - e e - le - i - son. Ky - ri - e e - le - i - son. Ky - ri - e
 e - le - i - son. Chri - ste e - le - i - son. Chri - ste e -
 le - i - son. Chri - ste e - le - i - son. Ky - ri - e e - le - i - son.
 Ky - ri - e e - le - i - son. Ky - ri - e e - le - i - son.

Music: From *New Plainsong*; David Hurd (b. 1950). Copyright: Copyright © 1981, G.I.A. Publications, Inc. All Rights Reserved. Reprinted under OneLicense.net #A-710278.

The Word of God

* COLLECT OF THE DAY

Presider The Lord be with you.

People And also with you.

Presider Let us pray.

O God, whose glory it is always to have mercy: Be gracious to all who have gone astray from your ways, and bring them again with penitent hearts and steadfast faith to embrace and hold fast the unchangeable truth of your Word, Jesus Christ your Son; who with you and the Holy Spirit lives and reigns, one God, for ever and ever. **Amen.**

THE LESSONS

First Lesson: Genesis 12:1-4a

Lector The Lord said to Abram, “Go from your country and your kindred and your father’s house to the land that I will show you. I will make of you a great nation, and I will bless you, and make your name great, so that you will be a blessing. I will bless those who bless you, and the one who curses you I will curse; and in you all the families of the earth shall be blessed.”

So Abram went, as the Lord had told him; and Lot went with him.

The Word of the Lord.

People **Thanks be to God.**

Psalm 121 *sung by the choir; chant by Henry Walford Davies*

page 779

I lift up my eyes to the hills; *
from where is my help to come?
My help comes from the Lord, *
the maker of heaven and earth.
He will not let your foot be moved *
and he who watches over you will not fall asleep.
Behold, he who keeps watch over Israel *
shall neither slumber nor sleep;
The Lord himself watches over you; *
the Lord is your shade at your right hand,
So that the sun shall not strike you by day, *
nor the moon by night.
The Lord shall preserve you from all evil; *
it is he who shall keep you safe.
The Lord shall watch over your going out and your coming in, *
from this time forth for evermore.

Second Lesson: Romans 4:1-5, 13-17

Lector What then are we to say was gained by Abraham, our ancestor according to the flesh? For if Abraham was justified by works, he has something to boast about, but not before God. For what does the scripture say? “Abraham believed God, and it was reckoned to him as righteousness.” Now to one who works, wages are not reckoned as a gift but as something due. But to one who without works trusts him who justifies the ungodly, such faith is reckoned as righteousness.

For the promise that he would inherit the world did not come to Abraham or to his descendants through the law but through the righteousness of faith. If it is the adherents of the law who are to be the heirs, faith is null and the promise is void. For the law brings wrath; but where there is no law, neither is there violation.

For this reason it depends on faith, in order that the promise may rest on grace and be guaranteed to all his descendants, not only to the adherents of the law but also to those who share the faith of Abraham (for he is the father of all of us, as it is written, “I have made you the father of many nations”) —in the presence of the God in whom he believed, who gives life to the dead and calls into existence the things that do not exist.

sinner, so by the one man’s obedience the many will be made righteous.

The Word of the Lord.

People **Thanks be to God.**

* GOSPEL HYMN: 147 “Now let us all with one accord”



1 Now let us all with one ac - cord, in
 2 The cov - e - nant, so long re - vealed to
 3 Your love, O Lord, our sin - ful race has
 4 Re - mem - ber, Lord, though frail we be, in
 5 There - fore, we pray you, Lord, for - give; so



1 com - pa - ny with a - ges past, keep vi - gil with our
 2 those of faith in for - mer time, Christ by his own ex -
 3 not re - turned, but fal - si - fied; au - thor of mer - cy,
 4 your own i - mage were we made; help us, lest in anx -
 5 when our wan - derings here shall cease, we may with you for



1 heaven - ly Lord in his temp - ta - tion and his fast.
 2 am - ple sealed, the Lord of love, in love sub - lime.
 3 turn your face and grant re - pent - ance for our pride.
 4 i - e - ty, we cause your Name to be be - trayed.
 5 ev - er live, in love and u - ni - ty and peace.

Words: Att. Gregory the Great (540-604); tr. *Praise the Lord*, 1972, alt. Music: *Bourbon*, melody att. Freeman Lewis (1780-1859); harm. Thomas Foster (b. 1938). Copyright: Words: James Quinn, SJ. Printed by permission of Geoffrey Chapman, a division of Cassell Ltd. All Rights Reserved. Reprinted under OneLicense.net #A-710278.

* THE HOLY GOSPEL: John 3:1-17

Gospeller The Holy Gospel of our Lord Jesus Christ according to John.

People **Glory to you, Lord Christ.**

Gospeller There was a Pharisee named Nicodemus, a leader of the Jews. He came to Jesus by night and said to him, “Rabbi, we know that you are a teacher who has come from God; for no one can do these signs that you do apart from the presence of God.” Jesus answered him, “Very truly, I tell you, no one can see the kingdom of God without being born from above.” Nicodemus said to him, “How can anyone be born after having grown old? Can one enter a second time into the mother’s womb and be born?” Jesus answered, “Very truly, I tell you, no one can enter the kingdom of God without being born of water and Spirit. What is born of the flesh is flesh, and what is born of the Spirit is spirit. Do not be astonished that I said to you, ‘You must be born from above.’ The wind blows where it chooses, and you hear the sound of it, but you do not know where it comes from or where it goes. So it is with everyone who is born of the Spirit.” Nicodemus said to him, “How can these things be?” Jesus answered him, “Are you a teacher of Israel, and yet you do not understand these things?

“Very truly, I tell you, we speak of what we know and testify to what we have seen; yet you do not receive our testimony. If I have told you about earthly things and you do not believe, how can you believe if I tell you about heavenly things? No one has ascended into heaven except the one who descended from heaven, the Son of Man. And just as Moses lifted up the serpent in the wilderness, so must the Son of Man be lifted up, that whoever believes in him may have eternal life.

“For God so loved the world that he gave his only Son, so that everyone who believes in him may not perish but may have eternal life.

“Indeed, God did not send the Son into the world to condemn the world, but in order that the world might be saved through him.”

The Gospel of the Lord.

People **Praise to you, Lord Christ.**

All We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.
For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and was made man.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.

Intercessor With all our heart and with all our mind, let us pray to the Lord, saying, "Lord, have mercy."
For the peace from above, for the loving kindness of God, and for the salvation of our souls, let us pray to the Lord.

People Lord, have mercy.

Intercessor For the peace of the world, for the welfare of the holy Church of God, and for the unity of all peoples, let us pray to the Lord.

People Lord, have mercy.

Intercessor For Diane, our Bishop, and for all the clergy and people, let us pray to the Lord.

People Lord, have mercy.

Intercessor People	For Joe, our President, for the leaders of the nations, and for all in authority, let us pray to the Lord. Lord, have mercy.
Intercessor People	For this city for every city and community, and for those who live in them, let us pray to the Lord. Lord, have mercy.
Intercessor People	For the good earth which God has given us, and for the wisdom and will to conserve it, let us pray to the Lord. Lord, have mercy.
Intercessor People	For the aged and infirm, for the widowed and orphans, and for the sick and the suffering, let us pray to the Lord. Lord, have mercy.
Intercessor People	For those on our Cathedral prayer list, and for any others, let us pray to the Lord. Lord, have mercy.
Intercessor People	For the poor and the oppressed, for the unemployed and the destitute, for prisoners and captives, and for all who remember and care for them, let us pray to the Lord. Lord, have mercy.
Intercessor People	For all who have died in the hope of the resurrection, and for all the departed, let us pray to the Lord. Lord, have mercy.
Intercessor People	For deliverance from all danger, violence, oppression, and degradation, let us pray to the Lord. Lord, have mercy.
Intercessor People	That we may end our lives in faith and hope, without suffering and without reproach, let us pray to the Lord. Lord, have mercy.
Intercessor People	In the communion of all the saints, let us commend ourselves, and one another, and all our life, to Christ our God. To thee, O Lord our God.

Silence.

The Presider adds a concluding Collect.

*** THE PEACE**

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Presider	The peace of the Lord be always with you.
People	And also with you.

Parents with children in Cathedral Kids are invited to meet their child at the Tower door.

ANNOUNCEMENTS

CELEBRATION PRAYER

Those celebrating anniversaries of birth, marriage, and other joyous occasions are invited to stand or raise a hand as able.

All **O God, our times are in your hand: Look with favor, we pray, on your servant(s) as they begin another year. Grant that they may grow in wisdom and grace, and strengthen their trust in your goodness all the days of their lives; through Jesus Christ our Lord. Amen.**

The Holy Communion

OFFERTORY SENTENCE

page 376

Presider Walk in love, as Christ loved us and gave himself for us, a fragrant offering and sacrifice to God.
Ephesians 5:2

OFFERTORY ANTHEM: "Sicut Moses serpentem in deserto exaltabit"

Heinrich Schütz

Sicut Moses serpentem in deserto exaltavit, ita filium hominis oportet exultavit, Ut omnis qui credit in eum, non pereat sed habeat vitam aeternam.

As Moses lifted up the serpent in the wilderness, even so must the Son of man be lifted up
So that whosoever believeth in him should not perish but have eternal life.

text: John 3:14-15

* PRESENTATION HYMN: 142 "Lord, who throughout these forty days"

1 Lord, who through-out these for - ty days for us didst fast and pray,
2 As thou with Sa - tan didst con - tend, and didst the vic - tory win,
3 As thou didst hun - ger bear and thirst, so teach us, gra - cious Lord,
4 And through these days of pen - i - tence, and through thy Pas - sion - tide,
5 A - bide with us, that so, this life of suf - fer - ing o - ver - past,
1 teach us with thee to mourn our sins, and close by thee to stay.
2 O give us strength in thee to fight, in thee to con - quer sin.
3 to die to self, and chief - ly live by thy most ho - ly word.
4 yea, ev - er - more, in life and death, Je - sus! with us a - bide.
5 an Eas - ter of un - end - ing joy we may at - tain at last!

Words: Claudia Frances Hernaman (1838-1898). Music: St. Flavian, melody from Day's Psalter, 1562; adapt, and harm. Richard Redhead (1820-1901). All Rights Reserved. Reprinted under OneLicense.net #A-710278.

* THE GREAT THANKSGIVING, Eucharistic Prayer A

page 361

S120: The Holy Eucharist II, Lift up your hearts: *Sursum corda*

Celebrant The Lord be with you. *People* And al - so with you.
Celebrant Lift up your hearts. *People* We lift them to the Lord.
Celebrant Let us give thanks to the Lord our God.
People It is right to give our thanks and praise.

Presider

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

Here a Proper Preface is sung or said on all Sundays, and on other occasions as appointed.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

S124: The Holy Eucharist II, Holy, holy, holy Lord: *Sanctus*

Ho - ly, ho - ly, ho - ly Lord, God of pow-er and might, hea-ven and
 earth are full of your glo - ry. Ho - san - na in the high - est.
 Bless-ed is he who comes in the name of the Lord. Ho-san-na in the high - est.

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Presider

Holy and gracious Father: In your infinite love you made us for yourself; and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all.

He stretched out his arms upon the cross, and offered himself in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

All

Christ has died.

Christ is risen.

Christ will come again.

Presider

We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts.

Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever.

All

AMEN.

Presider

And now, as our Savior Christ has taught us, we are bold to say,

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All Our Father, who art in heaven,
 hallowed be thy Name,
 thy kingdom come,
 thy will be done,
 on earth as it is in heaven.
 Give us this day our daily bread.
 And forgive us our trespasses,
 as we forgive those who trespass against us.
 And lead us not into temptation,
 but deliver us from evil.
 For thine is the kingdom, and the power,
 and the glory, for ever and ever. Amen.

BREAKING OF THE BREAD

Presider Christ our Passover is sacrificed for us;

People Therefore let us keep the feast.

S161: The Holy Eucharist, Fraction Anthem: Jesus, Lamb of God: *Agnus Dei*

All

Lamb of God, you take a - way the sins of the world:
 have mer - cy on us. Lamb of God, you take a - way the
 sins of the world: have mer - cy on us. Lamb of God,
 you take a - way the sins of the world: grant us peace.

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Presider The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

COMMUNION

All are welcome to receive communion or a blessing.

Intinction of wafers is offered, if desired. For gluten-free bread, cross your hands palms down.

For a blessing, cross your hands over your chest.

Prayer for healing is offered at the prayer desk until the close of worship.

Prayer for Spiritual Communion

In union, O Lord, with your faithful people at every altar of your Church, where the Holy Eucharist is now being celebrated, I desire to offer to you praise and thanksgiving. I remember your death, Lord Christ; I proclaim your resurrection; I await your coming in glory. Since I cannot receive you today in the Sacrament of your Body and Blood, I beseech you to come spiritually into my heart. Cleanse and strengthen me with your grace, Lord Jesus, and let me never be separated from you. May I live in you, and you in me, in this life and in the life to come. Amen.

* COMMUNION HYMN: 603 “When Christ was lifted from the earth”

1 When Christ was lift - ed from the earth, his
 2 Still east and west his love ex - tends and
 3 Where gen - er - a - tion, class, or race di -
 4 Thus free - ly loved, though ful - ly known, may

arms stretched out a - bove through ev - ery cul - ture,
 al - ways, near or far, he calls and claims us
 vide us to our shame, he sees not la - bels
 I in Christ be free to wel - come and ac -

ev - ery birth, to draw an an - swering love.
 as his friends and loves us as we are.
 but a face, a per - son, and a name.
 cept his own as Christ ac - cept - ed me.

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* POSTCOMMUNION PRAYER

page 365

Presider Let us pray.

All Eternal God, heavenly Father,
 you have graciously accepted us as living members
 of your Son our Savior Jesus Christ,
 and you have fed us with spiritual food
 in the Sacrament of his Body and Blood.
 Send us now into the world in peace,
 and grant us strength and courage
 to love and serve you
 with gladness and singleness of heart;
 through Christ our Lord. Amen.

* PRAYER OVER THE PEOPLE

Presider Keep this your family, Lord, with your never-failing mercy, that relying solely on the help of your heavenly grace, they may be upheld by your divine protection; through Christ our Lord. Amen.

* **DISMISSAL** *Following the dismissal,*
People Thanks be to God.

* **SENDING HYMN: 473** "Lift high the cross"

Refrain

Lift high the cross, the love of Christ pro - claim
 till all the world a - dore his sa - cred Name.

Led on their way by this tri - um - phant sign,
 Each new - born ser - vant of the Cru - ci - fied
 O Lord, once lift - ed on the glo - rious tree,
 So shall our song of tri - umph ev - er be:

Repeat Refrain

the hosts of God in con - quering ranks com - bine.
 bears on the brow the seal of him who died.
 as thou hast prom - ised, draw the world to thee.
 praise to the Cru - ci - fied for vic - to - ry.

Words: George William Kitchin (1827-1912) and Michael Robert Newbolt (1874-1956). Music: *Crucifer*, Sydney Hugo Nicholson (1875-1947). Copyright: Words & Music: Copyright © 1974 by Hope Publishing Co., Carol Stream, IL. 60188). Used by permission. All Rights Reserved. Reprinted under OneLicense.net #A-710278.

VOLUNTARY: Prelude and Fugue in C minor, BWV 549

Johann Sebastian Bach

Serving Today

Presider	The Very Rev. Dr. Andrew C. Keyse
Preacher	The Rev. Barbara J. Wegener
Musicians	The Trinity Choir, Dr. Paul Meier
Lector	Donna Knoell
Intercessor	Abbey Mattson
Eucharistic Ministers	Kari O'Rourke, Bob Johnson
Acolytes	Brenda Colburn, Harrison Mattson
Ushers	Richard Fanolio, Denny Brisley, David Barker, John Braum
Greeters	Bob Johnson, Becky Johnson
Altar Guild	Kristy Moore, Paget Higgins, Claudia Risebig, Sharon Hudson
Livestreaming Team	Christine Morrison, Leticia Porter, Janet Sweeting
Children's Ministry	Bethany Zaiger, The Rev. Brittany Sparrow Savage
Holy Hands Hospitality	Betsy Chase, Don Chase, Mark Colburn, Joyce Gillespie, Marcille McCandless

Cathedral Prayer List

Pray for: Lynette Flowers; Larry Elmquist; Jim Royer; Lee Sturgill; Brad Kilpatrick; Charles Thomas; Emily M Proffit; Cherie Greene; Kathy Meehan; Dennis Meehan; George Milton; Charlotte Messbarger; Phyllis and Jim Shaffer; Patrick Bennett; Judy; Phillip Carroll; Ann Ryder; Pat Woolley; Sandra Fuhrman; Kris Kemper; Mary Duerksen Sklar; Randy Mueller; Tony Buffa; the people of Ukraine; The people of Turkey and Syria; Andrew Rowland; all families affected by gun violence

Comfort and Peace: the Matheny family; the Tangeman family; the Lancaster family; the Moore family; the Allison family; the Bock family; the Sloan family; the Finnie family; the Killman and Welch families; the Mauro family

Children and Youth Prayers: My cousin Ian; World peace and for wars of all kinds to cease; For Nick's stomach pain to end and his healing to be quick; For being healthy; For my brother and cousin; For my family; For my aunt and her chemo treatments; For the children, youth, college and young adults in the world, that they know they are loved beyond all measure by our Triune God

Pray for the Departed: Ann Matheny; Carolyn Stockwell Tangeman; Clinton Matthew Lancaster IV (Matt); Bruce Moore; Mary Nell Sloan; Willie Joe Finnie Jr.; Diana Killman; for all who have died from gun violence

Diocesan Prayer Cycle: All Saints' Episcopal Church, West Plains, The Rev. Dr. James W. Harris Jr, Priest in Charge; Property Committee

For the complete prayer list: kccathedral.org/prayers

To place a person on this prayer list, please contact Deacon Barbara Wegener, bwegener@kccathedral.org.

Requests are held in prayer for 90 days.

Birthdays & Anniversaries

March 5

Mathias Nichols

March 9

Ron Michka

March 6

Jim Clark

March 10

Jane Pfeffer
Janet Sweeting

March 7

Byron McNeil
David Willis

March 11

Richard Moore

March 8

Paul Morel

Today's Flowers

are given to the Glory of God and ...

- in memory of Carolyn Stockwell Tangeman

Please contact the Cathedral office if we have omitted your birthday or anniversary: 816.214.9936 or jtoma@kccathedral.org.

To help provide flowers for upcoming services, contact Julie Toma, jtoma@kccathedral.org.



Adults

Sunday

Adult Formation • 9:15 a.m.

Episcopal 101

Common Room • Led by Dean Andy

Would you like to formally join the Cathedral and the Episcopal Church? Interested in exploring confirmation, reaffirmation or reception? If so, please join us for a Confirmation/Inquirer's class, called *Episcopal 101*, taught by Dean Andy. Even if you're not seeking confirmation, reaffirmation, or reception, it's a great way to gain a better understanding of our history and worship.

Tuesday

GHTC's Virtual Cafe • 7:30 a.m.

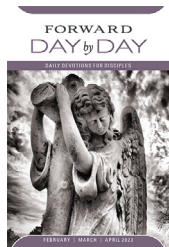
Please join us for our weekly conversation in GHTC's Virtual Cafe! Tuesday mornings from 7:30–9 a.m. For details, visit kccathedral.org/other-activities.

Women's Bible Study • 12:30 p.m.

Conversation is lively, thought-provoking, and often irreverent. All are welcome. Visit the WBS page, kccathedral.org/adultformation/wbs for more information.

Lectionary Bible Study • 6:45 p.m.

We study the lessons for the upcoming Sunday. Join the Lectionary Bible Study group in Realm or visit the LBS page, kccathedral.org/adultformation/lbs for more details.



Forward Day by Day is a booklet of daily inspirational meditations reflecting on a specific Bible passage, chosen from the daily lectionary readings as listed in the Revised Common Lectionary or the Daily Office from the Episcopal Church's Book of Common Prayer.

Copies of this quarter's Forward Day by Day are available in the tower entrance.

Wednesday Lenten Classes

March 1, 8, 15, 22, 29

Classes • 6:30–7:45 p.m.

Compline • 7:45 p.m.

My Body is Not a Prayer Request: Disability Justice in the Church

Led by Deacon Brittany (Send Deacon Brittany an email at childrensformation@kccathedral.org to register.)

We will be looking at the book *My Body is Not a Prayer Request: Disability Justice in the Church*. This book by Amy Kinney provides a good foundation for building awareness and ways for ministering among the disabled in your church and community. This book lends itself to lively discussion, spiritual reflection, and insightful and incisive thought leading to action and awareness. Copies of the book are available through book sellers and e-readers/audiobooks.

Much of the church has forgotten that we worship a disabled God whose wounds survived resurrection, says Amy Kenny. It is time for the church to start treating disabled people as full members of the body of Christ who have much more to offer than a miraculous cure narrative and to learn from their embodied experiences. Written by a disabled Christian, this book shows that the church is missing out on the prophetic witness and blessing of disability. Kenny reflects on her experiences inside the church to expose unintentional ableism and cast a new vision for Christian communities to engage disability justice. She shows that until we cultivate church spaces where people with disabilities can fully belong, flourish, and lead, we are not valuing the diverse members of the body of Christ.

The Unanswered Question: Music as a Means of Processing and Reflecting the Human Experience

Led by Dr. Ian Coleman, Professor of Music, William Jewell College (March 15 class led by Dean Andy)

In this course we will examine four pieces of music. Each of these is inspired by some aspect of religious thinking and spirituality. The music is sometimes hard to hear, but always engaging and thought provoking. Dealing with war, the meaning of life, death and racial tensions, each piece is a specific window into the mind of the composer and often causes us to wrestle with contemporary issues, the deep questions of life and what it means to be human.

Registration is required. Use the coupon code GRACE to register for free at jewell.edu/faith-classes.

Youth

Sundays • 9:15 a.m.

There will be formation in the Youth Room Sunday mornings.

Sundays • 6–7:15 p.m.

Join us for food and fellowship at 6 p.m. in the Youth Room.

Information and signups are often found on our linktree, linktr.ee/ghtcyouthandcollegeministry.

Questions? Contact Clare at csstern@kccathedral.org.



**YOUTH
LOCK-IN**

March 31-April 1
7 p.m.-9 a.m.
Grace and Holy Trinity
Registration Required

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**YOUTH
SERVE**

Saturday, April 22
9 a.m.-12 p.m.
Nourish KC
(750 Paseo, Kansas City, MO)
Registration Required

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Children

Formation Class • 9:15 a.m.

Children are invited into a time of dynamic storytelling that communicates the story of the people of God and the liturgy of the church.

Cathedral Kids • 10:30 a.m.

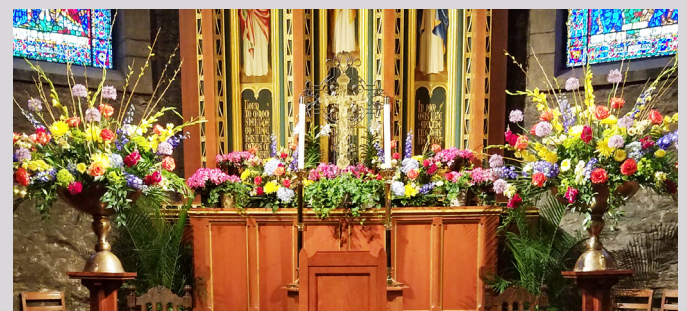
Cathedral Kids meets during the first half of the 10:30 a.m. worship service. Children attending Cathedral Kids will meet their parents or guardians inside the tower doors during the passing of the peace.

Questions? Contact Brittany, childrensformation@kccathedral.org.



Easter Candy Needed

Bring your donations of candy (individually wrapped, in small packages) to the box in the Tower by April 2.



Easter Flowers

Your generous gifts, in memory of or in thanksgiving for a loved one, help provide flowers. The Easter flower envelopes are available at the back of the Nave or you may give **on our website**, just click on the yellow GIVE button in the upper right corner of the menu.

Announcements

Social Outreach during Lent

- During the entire Lenten Season, Outreach will be collecting food for JFSKC Pantry in Brookside.
- Pack Family Bags for BackSnack students for Spring Break between services in Haden Hall: March 5.
- Prep Food at Nourish KC on Saturday morning from 9 a.m.–noon: March 11. (*Need a minimum of 5 volunteers.*)
- Assemble Easter Baskets for Crittenton, KAW Valley and Sheffield Place between services: April 2.
- Pack BackSnacks for children at Clardy, Gashland and Hazel Grove Elementary: every other Wednesday in March and April. (*Contact Terri, tcurra2@yahoo.com, to get dates.*)

Stations of the Cross

Fridays, February 24–March 31 • 6 p.m.

Join Deacon Barbara and Deacon Brittany as they lead the Stations of the Cross, taking a walk in the footsteps of Jesus on his journey to the cross. Stations of the Cross will be held every Friday, February 24–March 31 at 6 p.m. in the Nave.

Wednesday Lenten Classes

Wednesdays, March 1–29 • 6:30–7:45 p.m., followed by Compline

Join us for *The Unanswered Question: Music as a Means of Processing and Reflecting the Human Experience*, taught by Dr. Ian Coleman, Professor of Music, William Jewell College and *My Body is Not a Prayer Request: Disability Justice in the Church*, taught by Deacon Brittany. Compline will be offered following the classes.

Allegro Choirs of Kansas City Benefit for Ronald McDonald House Charities

Sunday, March 5 • 2:30 p.m.

The Allegro Choirs of Kansas City present an annual benefit concert for the Ronald McDonald House Charities. For more information, please visit allegrokc.org. Tickets may be purchased at the door or through the Allegro website.

Gun Sense Legislative Advocacy Day

Tuesday, March 7 • 10 a.m.–2 p.m.

You, your parish and your friends are invited to Jefferson City on Tuesday, March 7 to attend gun sense legislative advocacy day. This is an opportunity to join with Missourians all across the state to ask our legislators to protect our children and families by enacting sensible gun laws. The event begins at 10 a.m. and will conclude by 2 p.m. Get more information and register at diocesemo.org/blog/gun-sense-legislative-advocacy-day.

Musica Vocale Concert—*Brave New World: Music from Puebla de los Angeles*

Sunday, March 12 • 3 p.m.

This program includes 17th century motets and villancicos Francisco Lopez Capillias, Joan de Cererols, Gaspar Fernandez, and Francisco Guerrero interspersed with Juan Gutierrez de Padilla's Missa ego flos campi for double choir. For more information, visit musicavocale.org/concerts.



Free Books

We are in the process of making some changes to the Common Room and as a result we need to find a new home for the books that are currently stored there. Feel free to stop by after any of the Sunday services or weekdays from 9 a.m. to 5 p.m. and take home whatever books you like.

Some of the books have been found to contain mold. Mold can appear as anything from water damage to a plain, small, speck of pepper. Once mold is in a book, it cannot be completely cleansed; if it's on a page, you can rely on it being in the spine. So, if you take one home, be sure to thoroughly go through it because mold can quickly spread.

Cathedral Staff: The Very Rev. Dr. Andrew C. Keyse, *Dean*; The Rev. Barbara Wegener, *Deacon*; The Rev. Brittany Sparrow Savage, *Deacon & Children's Ministry Coordinator*; Dr. Paul Meier, *Director of Music*; Clare Stern-Burbano, *Youth & College Minister*; Julie Toma, *Cathedral Administrator*; Melissa Kilpatrick, *Communications Coordinator*; Holly Campbell, *Events Coordinator*; Joan Bergstrom, *Sacristan*; Angie Graham, *Property Manager*; Mike Guidry, *Assistant Property Manager*; The Very Rev. Peter J. DeVeau, *Dean Emeritus*; Canon John Schaefer, *Canon Musician Emeritus*

The Vestry (with committee assignments): Candace McDowell, *Senior Warden*, candyleemc@att.net (Finance, Budget); Michael Thomas, *Junior Warden*, madresfield63@gmail.com (Buildings & Grounds, Finance); David Barker, *Treasurer*; Valerie Johnson, *Clerk* (Social Outreach); Steve Moore, *Chancellor*. Julie Brogno (Welcome/Newcomers, Children & Youth); Sharon Cheers (Security, Budget, Buildings & Grounds); Sara Copeland (Community Engagement); Pat Decker (Stewardship); Blain Lagergren (Stewardship); Paula Livingston-Lewis (Social Outreach); Ron Michka (Budget, Stewardship, Community Engagement); Mathias Nichols (Buildings & Grounds); Kay Woolley (Buildings & Grounds)