

GRACE AND HOLY TRINITY EPISCOPAL CATHEDRAL



"Healing of Blind Man" by Brian Jekel

The Fourth Sunday in Lent

March 19, 2023 • 10:30 a.m.

Welcome! We are glad you are here.

- If you are a visitor or new attendee, we invite you to fill out a welcome card, found in your pew, and place it in the offering plate or complete the form online. Use this QR code to access the form.
- Restrooms are available in Founders' Hall. A changing station is available in the restroom at west end (rear) of the Cathedral.
- If you need a hearing assistance device, please ask an usher.



May you find here, by God's grace, that which feeds your soul, and leave here with a heart prepared to serve.

Service Notes

- Please rise, as able, for portions of the service marked with an asterisk (*).
- Page numbers listed are from The Book of Common Prayer.
- Donations may be placed in the offering, made through the Cathedral website: kccathedral.org, by scanning the QR code to the right or by texting "GIVEtoGHTC" to 73256. *Thank you for your generosity.*



HOLY EUCHARIST

VOLUNTARY: "Schmücke dich, o liebe Seele," BWV 654

Johann Sebastian Bach

* OPENING HYMN: 429 "I'll praise my Maker while I've breath"



1 I'll praise my Mak - er while I've breath; and when my voice is lost in
2 How hap - py they whose hopes re - ly on Is - rael's God, who made the
3 The Lord pours eye - sight on the blind; the Lord sup - ports the faint - ing
4 I'll praise him while he lends me breath; and when my voice is lost in



death, praise shall em - ploy my no - bler powers. My
sky and earth and seas with all their train; whose
mind and sends the la - boring con - science peace. He
death, praise shall em - ploy my no - bler powers. My



days of praise shall ne'er be past while life and thought and be - ing
truth for ev - er stands se - cure, who saves the op - pressed, and feeds the
helps the strang - er in dis - tress, the wid - owed and the fa - ther -
days of praise shall ne'er be past while life and thought and be - ing



last, or im - mor - tal - i - ty en - dures.
poor. And none shall find his prom - ise vain.
less, and grants the pris - oner sweet re - lease.
last, or im - mor - tal - i - ty en - dures.

Words: Isaac Watts (1674-1748); alt. by John Wesley (1703-1791), alt.; based on Psalm 146 Music: *Old 113th*, melody from *Strassburger Kirchenamt*, 1525. All Rights Reserved. Reprinted under OneLicense.net #A-710278.

* PENITENTIAL ORDER

Presider Bless the Lord who forgives all our sins;

People His mercy endures for ever.

The Celebrant will add one of the sentences from page 351-352.

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Deacon Let us confess our sins against God and our neighbor.

All Most merciful God,
 we confess that we have sinned against you
 in thought, word, and deed,
 by what we have done,
 and by what we have left undone.
 We have not loved you with our whole heart;
 we have not loved our neighbors as ourselves.
 We are truly sorry and we humbly repent.
 For the sake of your Son Jesus Christ,
 have mercy on us and forgive us;
 that we may delight in your will,
 and walk in your ways,
 to the glory of your Name. Amen.

Presider Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life.

People Amen.

S86 "Kyrie eleison"

Ky - ri - e e - le - i - son. Ky - ri - e e - le - i - son. Ky - ri - e
 e - le - i - son. Chri - ste e - le - i - son. Chri - ste e -
 le - i - son. Chri - ste e - le - i - son. Ky - ri - e e - le - i - son.
 Ky - ri - e e - le - i - son. Ky - ri - e e - le - i - son.

Music: From *New Plain-song*; David Hurd (b. 1950). Copyright: Copyright © 1981, G.I.A. Publications, Inc. All Rights Reserved. Reprinted under OneLicense.net #A-710278.

The Word of God

* COLLECT OF THE DAY

Presider The Lord be with you.

People And also with you.

Presider Let us pray.

Gracious Father, whose blessed Son Jesus Christ came down from heaven to be the true bread which gives life to the world: Evermore give us this bread, that he may live in us, and we in him; who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.

THE LESSONS

First Lesson: 1 Samuel 16:1-13

Lector The Lord said to Samuel, "How long will you grieve over Saul? I have rejected him from being king over Israel. Fill your horn with oil and set out; I will send you to Jesse the Bethlehemite, for I have provided for myself a king among his sons." Samuel said, "How can I go? If Saul hears of it, he will kill me." And the Lord said, "Take a heifer with you, and say, 'I have come to sacrifice to the Lord.' Invite Jesse to the sacrifice, and I will show you what you shall do; and you shall anoint for me the one whom I name to you." Samuel did what the Lord commanded, and came to Bethlehem. The elders of the city came to meet him trembling, and said, "Do you come peaceably?" He said, "Peaceably; I have come to sacrifice to the Lord; sanctify yourselves and come with me to the sacrifice." And he sanctified Jesse and his sons and invited them to the sacrifice.

When they came, he looked on Eliab and thought, "Surely the Lord's anointed is now before the Lord." But the Lord said to Samuel, "Do not look on his appearance or on the height of his stature, because I have rejected him; for the Lord does not see as mortals see; they look on the outward appearance, but the Lord looks on the heart." Then Jesse called Abinadab, and made him pass before Samuel. He said, "Neither has the Lord chosen this one." Then Jesse made Shammah pass by. And he said, "Neither has the Lord chosen this one." Jesse made seven of his sons pass before Samuel, and Samuel said to Jesse, "The Lord has not chosen any of these." Samuel said to Jesse, "Are all your sons here?" And he said, "There remains yet the youngest, but he is keeping the sheep." And Samuel said to Jesse, "Send and bring him; for we will not sit down until he comes here." He sent and brought him in. Now he was ruddy, and had beautiful eyes, and was handsome. The Lord said, "Rise and anoint him; for this is the one." Then Samuel took the horn of oil, and anointed him in the presence of his brothers; and the spirit of the Lord came mightily upon David from that day forward. Samuel then set out and went to Ramah.

The Word of the Lord.

People **Thanks be to God.**

Psalm 23 sung by the choir; chant by John Joubert

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The Lord is my shepherd; *
I shall not be in want.
He makes me lie down in green pastures *
and leads me beside still waters.
He revives my soul *
and guides me along right pathways for his Name's sake.
Though I walk through the valley of the shadow of death, I shall fear no evil; *
for you are with me; your rod and your staff, they comfort me.
You spread a table before me in the presence of those who trouble me; *
you have anointed my head with oil, and my cup is running over.
Surely your goodness and mercy shall follow me all the days of my life, *
and I will dwell in the house of the Lord for ever.

Second Lesson: Ephesians 5:8-14

Lector Once you were darkness, but now in the Lord you are light. Live as children of light— for the fruit of the light is found in all that is good and right and true. Try to find out what is pleasing to the Lord. Take no part in the unfruitful works of darkness, but instead expose them. For it is shameful even to mention what such people do secretly; but everything exposed by the light becomes visible, for everything that becomes visible is light. Therefore it says,

“Sleeper, awake!
Rise from the dead,
and Christ will shine on you.”

The Word of the Lord.

People **Thanks be to God.**

* GOSPEL HYMN: 490 "I want to walk as a child of the light"

1 I want to walk as a child of the light.
 2 I want to see the bright-ness of God.
 3 I'm look-ing for the com-ing of Christ.

I want to fol-low Je-sus.
 I want to look at Je-sus.
 I want to be with Je-sus.

God set the stars to give light to the world. The
 Clear sun of right-eous-ness, shine on my path, and
 When we have run with pa-tience the race, we

star of my life is Je-sus.
 show me the way to the Fa-ther.
 shall know the joy of Je-sus.

Refrain

In him there is no dark-ness at all. The

night and the day are both a-like. The

The image shows a musical score for a hymn. It consists of two systems of music, each with a vocal line and a piano accompaniment line. The first system is marked *rit.* and the second system is marked *a tempo*. The lyrics are: "Lamb is the light of the city of God. Shine in my heart, Lord Jesus." The music is in a minor key with a 4/4 time signature.

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* THE HOLY GOSPEL: John 9:1-41

Gospeller The Holy Gospel of our Lord Jesus Christ according to John.

People Glory to you, Lord Christ.

Gospeller As Jesus walked along, he saw a man blind from birth. His disciples asked him, "Rabbi, who sinned, this man or his parents, that he was born blind?" Jesus answered, "Neither this man nor his parents sinned; he was born blind so that God's works might be revealed in him. We must work the works of him who sent me while it is day; night is coming when no one can work. As long as I am in the world, I am the light of the world." When he had said this, he spat on the ground and made mud with the saliva and spread the mud on the man's eyes, saying to him, "Go, wash in the pool of Siloam" (which means Sent). Then he went and washed and came back able to see. The neighbors and those who had seen him before as a beggar began to ask, "Is this not the man who used to sit and beg?" Some were saying, "It is he." Others were saying, "No, but it is someone like him." He kept saying, "I am the man." But they kept asking him, "Then how were your eyes opened?" He answered, "The man called Jesus made mud, spread it on my eyes, and said to me, 'Go to Siloam and wash.' Then I went and washed and received my sight." They said to him, "Where is he?" He said, "I do not know."

They brought to the Pharisees the man who had formerly been blind. Now it was a sabbath day when Jesus made the mud and opened his eyes. Then the Pharisees also began to ask him how he had received his sight. He said to them, "He put mud on my eyes. Then I washed, and now I see." Some of the Pharisees said, "This man is not from God, for he does not observe the sabbath." But others said, "How can a man who is a sinner perform such signs?" And they were divided. So they said again to the blind man, "What do you say about him? It was your eyes he opened." He said, "He is a prophet."

The Jews did not believe that he had been blind and had received his sight until they called the parents of the man who had received his sight and asked them, "Is this your son, who you say was born blind? How then does he now see?" His parents answered, "We know that this is our son, and that he was born blind; but we do not know how it is that now he sees, nor do we know who opened his eyes. Ask him; he is of age. He will speak for himself." His parents said this because they were afraid of the Jews; for the Jews had already agreed that anyone who confessed Jesus to be the Messiah would be put out of the synagogue. Therefore his parents said, "He is of age; ask him."

So for the second time they called the man who had been blind, and they said to him, "Give glory to God! We know that this man is a sinner." He answered, "I do not know whether he is a sinner. One thing I do know, that though I was blind, now I see." They said to him, "What did he do to you? How did he open your eyes?" He answered them, "I have told you already, and you would not listen. Why do you want to hear it again? Do you also want to become his disciples?" Then they reviled him, saying, "You are his disciple, but we are disciples of Moses. We know that God has spoken to Moses, but as for this man, we do not know where he comes from." The man answered, "Here is an astonishing thing! You do not know where he comes from, and yet he opened my eyes. We know that God does not listen to sinners, but he does listen to one who worships him and obeys his will. Never since the world began has it been heard that anyone opened the eyes of a person born blind. If this man were not from God, he could do nothing." They answered him, "You were born entirely in sins, and are you trying to teach us?" And they drove him out.

Jesus heard that they had driven him out, and when he found him, he said, "Do you believe in the Son of Man?" He answered, "And who is he, sir? Tell me, so that I may believe in him." Jesus said to him, "You have seen him, and the one speaking with you is he." He said, "Lord, I believe." And he worshiped him. Jesus said, "I came into this world for judgment so that those who do not see may see, and those who do see may become blind." Some of the Pharisees near him heard this and said to him, "Surely we are not blind, are we?" Jesus said to them, "If you were blind, you would not have sin. But now that you say, 'We see,' your sin remains."

The Gospel of the Lord.

People

Praise to you, Lord Christ.

SERMON

* THE NICENE CREED

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All

We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.

Through him all things were made.

For us and for our salvation

he came down from heaven:

by the power of the Holy Spirit

he became incarnate from the Virgin Mary,
and was made man.

For our sake he was crucified under Pontius Pilate;

he suffered death and was buried.

On the third day he rose again

in accordance with the Scriptures;

he ascended into heaven

and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead,
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,
 who proceeds from the Father and the Son.
 With the Father and the Son he is worshiped and glorified.
 He has spoken through the Prophets.
 We believe in one holy catholic and apostolic Church.
 We acknowledge one baptism for the forgiveness of sins.
 We look for the resurrection of the dead,
 and the life of the world to come. Amen.

* PRAYERS OF THE PEOPLE, FORM I

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- Intercessor With all our heart and with all our mind, let us pray to the Lord, saying, "Lord, have mercy."
 For the peace from above, for the loving kindness of God, and for the salvation of our souls, let us pray to the Lord.
- People** Lord, have mercy.
- Intercessor For the peace of the world, for the welfare of the holy Church of God, and for the unity of all peoples, let us pray to the Lord.
- People** Lord, have mercy.
- Intercessor For Diane, our Bishop, and for all the clergy and people, let us pray to the Lord.
- People** Lord, have mercy.
- Intercessor For Joe, our President, for the leaders of the nations, and for all in authority, let us pray to the Lord.
- People** Lord, have mercy.
- Intercessor For this city for every city and community, and for those who live in them, let us pray to the Lord.
- People** Lord, have mercy.
- Intercessor For the good earth which God has given us, and for the wisdom and will to conserve it, let us pray to the Lord.
- People** Lord, have mercy.
- Intercessor For the aged and infirm, for the widowed and orphans, and for the sick and the suffering, let us pray to the Lord.
- People** Lord, have mercy.
- Intercessor For those on our Cathedral prayer list, and for any others, let us pray to the Lord.
- People** Lord, have mercy.
- Intercessor For the poor and the oppressed, for the unemployed and the destitute, for prisoners and captives, and for all who remember and care for them, let us pray to the Lord.
- People** Lord, have mercy.
- Intercessor For all who have died in the hope of the resurrection, and for all the departed, let us pray to the Lord.
- People** Lord, have mercy.
- Intercessor For deliverance from all danger, violence, oppression, and degradation, let us pray to the Lord.
- People** Lord, have mercy.
- Intercessor That we may end our lives in faith and hope, without suffering and without reproach, let us pray to the Lord.
- People** Lord, have mercy.

Intercessor In the communion of all the saints, let us commend ourselves, and one another, and all our life, to Christ our God.

People **To thee, O Lord our God.**

Silence.

The Presider adds a concluding Collect.

* THE PEACE

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Presider The peace of the Lord be always with you.

People **And also with you.**

Parents with children in Cathedral Kids are invited to meet their child at the Tower door.

ANNOUNCEMENTS

CELEBRATION PRAYER

Those celebrating anniversaries of birth, marriage, and other joyous occasions are invited to stand or raise a hand as able.

All **O God, our times are in your hand: Look with favor, we pray, on your servant(s) as they begin another year. Grant that they may grow in wisdom and grace, and strengthen their trust in your goodness all the days of their lives; through Jesus Christ our Lord. Amen.**

The Holy Communion

OFFERTORY SENTENCE

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Presider Walk in love, as Christ loved us and gave himself for us, a fragrant offering and sacrifice to God.
Ephesians 5:2

OFFERTORY ANTHEM: "My shepherd will supply my need"

Virgil Thomson

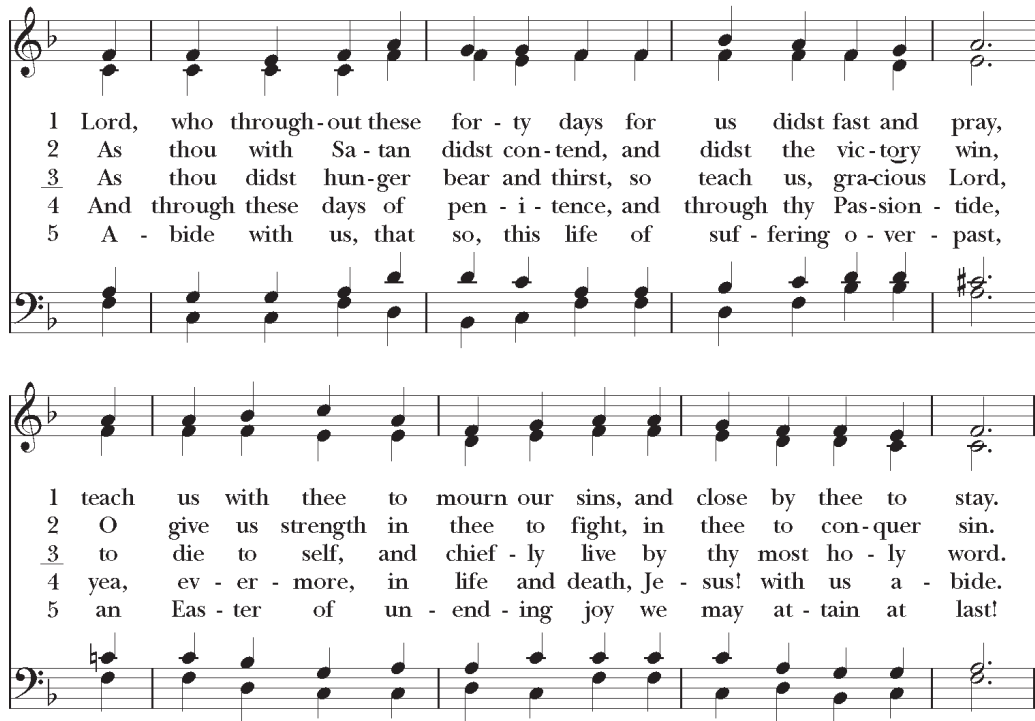
My Shepherd will supply my need, Jehovah is his name;
In pastures fresh He makes me feed, beside the living stream.
He brings my wandering spirit back when I forsake His ways,
And leads me, for His mercy's sake, in paths of truth and grace.

When I walk through the shades of death thy presence is my stay;
One word of Thy supporting breath drives all my fears away.
Thy hand, in sight of all my foes, doth still my table spread;
My cup with blessings overflows, thine oil anoints my head.

The sure provisions of my God attend me all my days;
O may thy house be my abode, and all my work be praise!
There would I find a settled rest, while others go and come;
No more a stranger, nor a guest, but like a child at home.

—text: Isaac Watts

* PRESENTATION HYMN: 142 "Lord, who throughout these forty days"



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* THE GREAT THANKSGIVING, Eucharistic Prayer A

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S120: The Holy Eucharist II, Lift up your hearts: *Sursum corda*



Presider It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

Here a Proper Preface is sung or said on all Sundays, and on other occasions as appointed.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

All

S124: The Holy Eucharist II, Holy, holy, holy Lord: *Sanctus*

Ho - ly, ho - ly, ho - ly Lord, God of pow-er and might, hea-ven and
earth are full of your glo - ry. Ho - san - na in the high - est.
Bless-ed is he who comes in the name of the Lord. Ho-san-na in the high - est.

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Presider

Holy and gracious Father: In your infinite love you made us for yourself; and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all.

He stretched out his arms upon the cross, and offered himself in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

All

Christ has died.

Christ is risen.

Christ will come again.

Presider

We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts.

Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever.

All

AMEN.

Presider

And now, as our Savior Christ has taught us, we are bold to say,

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All Our Father, who art in heaven,
 hallowed be thy Name,
 thy kingdom come,
 thy will be done,
 on earth as it is in heaven.
 Give us this day our daily bread.
 And forgive us our trespasses,
 as we forgive those who trespass against us.
 And lead us not into temptation,
 but deliver us from evil.
 For thine is the kingdom, and the power,
 and the glory, for ever and ever. Amen.

BREAKING OF THE BREAD

Presider Christ our Passover is sacrificed for us;

People Therefore let us keep the feast.

S161: The Holy Eucharist, Fraction Anthem: Jesus, Lamb of God: *Agnus Dei*

All

Lamb of God, you take a - way the sins of the world:
 have mer - cy on us. Lamb of God, you take a - way the
 sins of the world: have mer - cy on us. Lamb of God,
 you take a - way the sins of the world: grant us peace.

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Presider The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

COMMUNION

All are welcome to receive communion or a blessing.

Intinction of wafers is offered, if desired. For gluten-free bread, cross your hands palms down.

For a blessing, cross your hands over your chest.

Prayer for healing is offered at the prayer desk until the close of worship.

Prayer for Spiritual Communion

In union, O Lord, with your faithful people at every altar of your Church, where the Holy Eucharist is now being celebrated, I desire to offer to you praise and thanksgiving. I remember your death, Lord Christ; I proclaim your resurrection; I await your coming in glory. Since I cannot receive you today in the Sacrament of your Body and Blood, I beseech you to come spiritually into my heart. Cleanse and strengthen me with your grace, Lord Jesus, and let me never be separated from you. May I live in you, and you in me, in this life and in the life to come. Amen.

* COMMUNION HYMN: 339 "Deck thyself, my soul, with gladness"

1 Deck thy - self, my soul, with glad - ness, leave the
 2 Sun, who all my life dost bright - en; Light, who
 3 Je - sus, Bread of Life, I pray thee, let me

gloom - y haunts of sad - ness, come in - to the day - light's
 dost my soul en - light - en; Joy, the best that an - y
 glad - ly here o - bey thee; nev - er to my hurt in -

splen - dor, there with joy thy prais - es ren - der
 know - eth; Fount, whence all my be - ing flow - eth;
 vit - ed, be thy love with love re - quit - ed;

un - to him whose grace un - bound - ed hath this
 at thy feet I cry, my Ma - ker, let me
 from this ban - quet let me mea - sure, Lord, how

won - drous ban - quet found - ed - high o'er all the heavens he
 be a fit par - ta - ker of this bless - ed food from
 vast and deep its trea - sure; through the gifts thou here dost

reign - eth, yet to dwell with thee he deign - eth.
 hea - ven, for our good, thy glo - ry, giv - en.
 give me, as thy guest in heaven re - ceive me.

Presider Let us pray.
 All Eternal God, heavenly Father,
 you have graciously accepted us as living members
 of your Son our Savior Jesus Christ,
 and you have fed us with spiritual food
 in the Sacrament of his Body and Blood.
 Send us now into the world in peace,
 and grant us strength and courage
 to love and serve you
 with gladness and singleness of heart;
 through Christ our Lord. Amen.

* PRAYER OVER THE PEOPLE

Presider Look mercifully on this your family, Almighty God, that by your great goodness they may be governed
 and preserved evermore; through Christ our Lord. Amen.

* DISMISSAL *Following the dismissal,*

People Thanks be to God.

* CLOSING HYMN: 371 "Thou, whose almighty word"

1 Thou, whose al - might - y word cha - os and dark - ness heard,
 2 Thou who didst come to bring on thy re - deem - ing wing
 3 Spi - rit of truth and love, life - giv - ing, ho - ly Dove,
 4 Ho - ly and bless - ed Three, glo - ri - ous Trin - i - ty,

and took their flight; hear us, we hum - bly pray, and, where the
 heal - ing and sight, health to the sick in mind, sight to the
 speed forth thy flight! Move on the wa - ters' face bear - ing the
 wis - dom, love, might; bound - less as o - cean's tide, roll - ing in

Gos - pel day sheds not its glo - rious ray, let there be light!
 in - ly blind, now to all hu - man - kind, let there be light!
 gifts of grace, and, in earth's dark - est place, let there be light!
 full - est pride, through the world, far and wide, let there be light!

Words: John Marriott (1780-1825), alt. Music: *Moscow*, Felice de Giardini (1716-1796); harm. *The New Hymnal*, 1916, based on *Hymns Ancient and Modern*, 1875, and Lowell Mason (1792-1872). All Rights Reserved. Reprinted under OneLicense.net #A-710278.

Serving Today

Presider & Preacher	The Rev. Darrell Proffitt
Musicians	The Trinity Choir, Dr. Paul Meier
Lector	Leticia Porter
Intercessor	Donna Knoell
Eucharistic Ministers	Janet Sweeting, Bob Johnson
Acolytes	Henry Galus, Ric Sweeting
Ushers	Denny Brisley, Ryan Thomas, Bill Colvin, Mark Galus
Greeters	Jeri Gore, Kay Sloan
Altar Guild	Peg Brown, Debbie Marrs, Leticia Porter
Livestreaming Team	Christine Morrison, Chris Morrison, Julie Toma
Children's Ministry	Bethany Zaiger, The Rev. Brittany Sparrow Savage
Holy Hands Hospitality	Catherine Green, Julie Brogno, Sara Copeland, Becky Johnson, Sarah & Blain Lagergren

Cathedral Prayer List

Pray for: McCarty-Wilson family; Pat & Larry Martin; Nancy Nuss; Debbie Spaulding; Loretta Stotts; Thaddeaus Withers; Lynnette Flowers ; Larry Elmquist; Jim Royer; Lee Sturgill; Brad Kilpatrick; Charles Thomas; Emily M Proffit; Cherie Greene; Kathy Meehan; Dennis Meehan; George Milton; Charlotte Messbarger; Phyllis and Jim Shaffer; Patrick Bennett; Judy; Phillip Carroll; Ann Ryder; Pat Woolley; Sandra Fuhrman; Kris Kemper; Mary Duerksen Sklar; the people of Ukraine; the people of Turkey and Syria; Andrew Rowland; all families affected by gun violence

Comfort and Peace: the Morgan family; the Matheny family; the Tangeman family; the Lancaster family; the Moore family; the Allison family; the Bock family; the Sloan family; the Finnie family; the Killman and Welch families

Children and Youth Prayers: My cousin Ian; World peace and for wars of all kinds to cease; For Nick's stomach pain to end and his healing to be quick; For being healthy; For my brother and cousin; For my family; For my aunt and her chemo treatments; For the children, youth, college and young adults in the world, that they know they are loved beyond all measure by our Triune God

Pray for the Departed: Peggy Morgan; Ann Matheny; Carolyn Stockwell Tangeman; Clinton Matthew Lancaster IV (Matt); Bruce Moore; Mary Nell Sloan; Willie Joe Finnie Jr.; Diana Killman; for all who have died from gun violence

Diocesan Prayer Cycle: Central States Synod of the Evangelical Lutheran Church in America, Kansas City, The Rev. Susan Candea, Bishop; St. Luke's Health System

For the complete prayer list: kccathedral.org/prayers

To place a person on this prayer list, please contact Deacon Barbara Wegener, bwegener@kccathedral.org.

Requests are held in prayer for 90 days.

Birthdays & Anniversaries

March 19

Sara Copeland
Tom Wood

March 22

Paul Hemingway
Debbie Marrs
Sergio Moreno=Denton

March 20

Ho Ahn

March 24

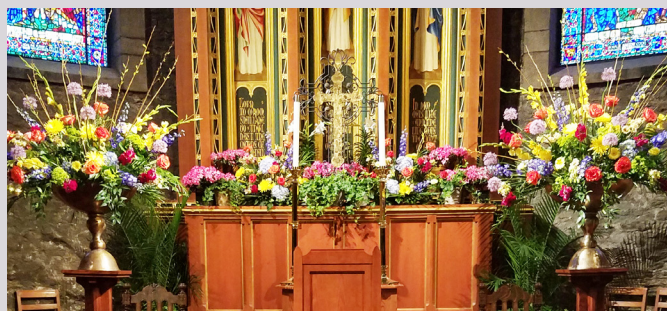
Arica Clay
Frank Swyden
Jack & Marie Whitacre

March 21

Diane & Steve McClure

March 25

Ho & Susan Ahn



Easter Flowers

Your generous gifts, in memory of or in thanksgiving for a loved one, help provide flowers. The Easter flower envelopes are available at the back of the Nave or you may give **on our website**, just click on the yellow GIVE button in the upper right corner of the menu.

Please contact the Cathedral office if we have omitted your birthday or anniversary: 816.214.9936 or jtoma@kccathedral.org.

Adults

Sunday

Adult Formation • 9:15 a.m.

Episcopal 101

Common Room • Led by Dean Andy

Would you like to formally join the Cathedral and the Episcopal Church? Interested in exploring confirmation, reaffirmation or reception? If so, please join us for a Confirmation/Inquirer's class, called *Episcopal 101*, taught by Dean Andy. Even if you're not seeking confirmation, reaffirmation, or reception, it's a great way to gain a better understanding of our history and worship.

Tuesday

GHTC's Virtual Cafe • 7:30 a.m.

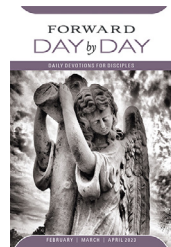
Please join us for our weekly conversation in GHTC's Virtual Cafe! Tuesday mornings from 7:30–9 a.m. For details, visit kccathedral.org/other-activities.

Women's Bible Study • 12:30 p.m.

Conversation is lively, thought-provoking, and often irreverent. All are welcome. Visit the WBS page, kccathedral.org/adultformation/wbs for more information.

Lectionary Bible Study • 6:45 p.m.

We study the lessons for the upcoming Sunday. Join the Lectionary Bible Study group in Realm or visit the LBS page, kccathedral.org/adultformation/lbs for more details.



Forward Day by Day is a booklet of daily inspirational meditations reflecting on a specific Bible passage, chosen from the daily lectionary readings as listed in the Revised Common Lectionary or the Daily Office from the Episcopal Church's Book of Common Prayer.

Copies of this quarter's Forward Day by Day are available in the tower entrance.

Wednesday Lenten Classes

March 1, 8, 15, 22, 29

Classes • 6:30–7:45 p.m.

Compline • 7:45 p.m.

My Body is Not a Prayer Request: Disability Justice in the Church

Led by Deacon Brittany (Send Deacon Brittany an email at childrensformation@kccathedral.org to register.)

We will be looking at the book *My Body is Not a Prayer Request: Disability Justice in the Church*. This book by Amy Kinney provides a good foundation for building awareness and ways for ministering among the disabled in your church and community. This book lends itself to lively discussion, spiritual reflection, and insightful and incisive thought leading to action and awareness. Copies of the book are available through book sellers and e-readers/audiobooks.

Much of the church has forgotten that we worship a disabled God whose wounds survived resurrection, says Amy Kenny. It is time for the church to start treating disabled people as full members of the body of Christ who have much more to offer than a miraculous cure narrative and to learn from their embodied experiences. Written by a disabled Christian, this book shows that the church is missing out on the prophetic witness and blessing of disability. Kenny reflects on her experiences inside the church to expose unintentional ableism and cast a new vision for Christian communities to engage disability justice. She shows that until we cultivate church spaces where people with disabilities can fully belong, flourish, and lead, we are not valuing the diverse members of the body of Christ.

The Unanswered Question: Music as a Means of Processing and Reflecting the Human Experience

Led by Dr. Ian Coleman, Professor of Music, William Jewell College

In this course we will examine four pieces of music. Each of these is inspired by some aspect of religious thinking and spirituality. The music is sometimes hard to hear, but always engaging and thought provoking. Dealing with war, the meaning of life, death and racial tensions, each piece is a specific window into the mind of the composer and often causes us to wrestle with contemporary issues, the deep questions of life and what it means to be human.

Registration is required. Use the coupon code GRACE to register for free at jewell.edu/faith-classes.

Youth

Sundays • 9:15 a.m.

There will be formation in the Youth Room Sunday mornings.

Sundays • 6–7:15 p.m.

Join us for food and fellowship at 6 p.m. in the Youth Room.

Information and signups are often found on our linktree, linktr.ee/ghtcyouthandcollegeministry.

Questions? Contact Clare at cstern@kccathedral.org.



**YOUTH
LOCK-IN**

March 31-April 1
7 p.m.-9 a.m.
Grace and Holy Trinity
Registration Required

• • •



**YOUTH
SERVE**

Saturday, April 22
9 a.m.-12 p.m.
Nourish KC
(750 Paseo, Kansas City, MO)
Registration Required

• • •

Children

Formation Class • 9:15 a.m.

Children are invited into a time of dynamic storytelling that communicates the story of the people of God and the liturgy of the church.

Cathedral Kids • 10:30 a.m.

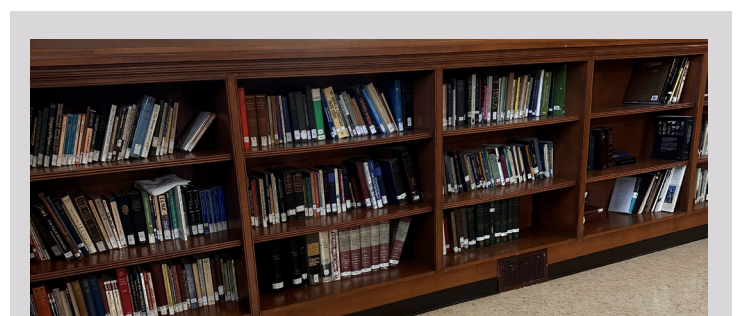
Cathedral Kids meets during the first half of the 10:30 a.m. worship service. Children attending Cathedral Kids will meet their parents or guardians inside the tower doors during the passing of the peace.

Questions? Contact Brittany, childrensformation@kccathedral.org.



Easter Candy Needed

Bring your donations of candy (individually wrapped, in small packages) to the box in the Tower by April 2.



Free Books

We are making some changes to the Common Room and as a result we need to find a new home for the books currently stored there. **Feel free to stop by after any of the Sunday services or weekdays from 9 a.m. to 5 p.m. and take home any books you like. They are available until March 31.** *Some of the books have been found to contain mold. Mold can appear as anything from water damage to a plain, small, speck of pepper. Once mold is in a book, it cannot be completely cleansed; if it's on a page, you can rely on it being in the spine. So be sure to thoroughly go through any books you take because mold can quickly spread.*

Announcements

Social Outreach during Lent

- During the entire Lenten Season, Outreach will be collecting food for JFSKC Pantry in Brookside. Visit kccathedral.org/lent for the details.
- Pack Family Bags for BackSnack students for Spring Break between services in Haden Hall: March 5.
- Prep Food at Nourish KC on Saturday morning from 9 a.m.–noon: March 11. (Need a minimum of 5 volunteers.)
- Assemble Easter Baskets for Crittenton, KAW Valley and Sheffield Place between services: April 2.
- Pack BackSnacks for children at Clardy, Gashland and Hazel Grove Elementary: every other Wednesday in March and April. (Contact Terri, tcurra2@yahoo.com, to get dates.)

Stations of the Cross

Fridays, February 24–March 31 • 6 p.m.

Join Deacon Barbara and Deacon Brittany as they lead the Stations of the Cross, taking a walk in the footsteps of Jesus on his journey

to the cross. Stations of the Cross will be held every Friday, February 24–March 31 at 6 p.m. in the Nave.

Wednesday Lenten Classes

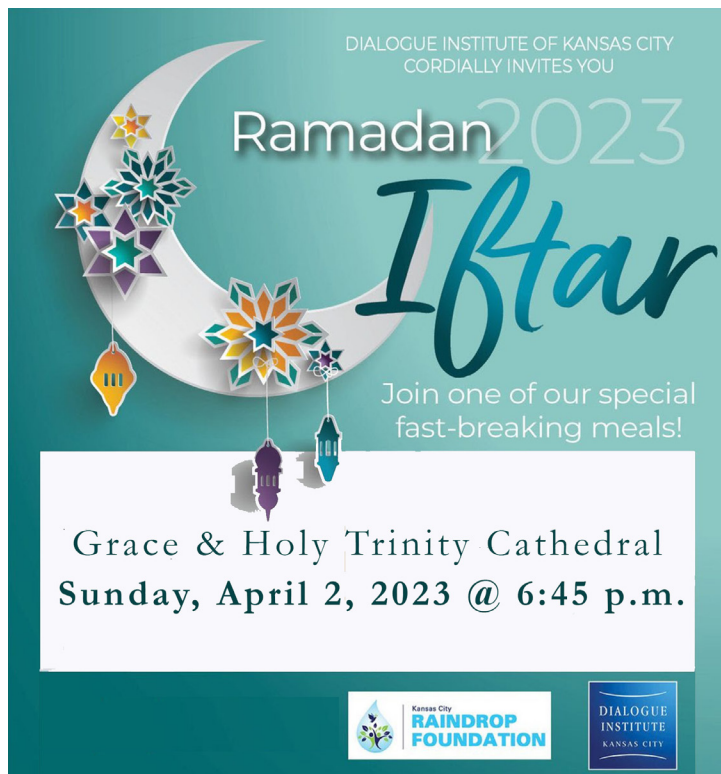
Wednesdays, March 1–29 • 6:30–7:45 p.m., followed by Compline

Join us for *The Unanswered Question: Music as a Means of Processing and Reflecting the Human Experience*, taught by Dr. Ian Coleman, Professor of Music, William Jewell College and *My Body is Not a Prayer Request: Disability Justice in the Church*, taught by Deacon Brittany. Compline will be offered following the classes.

Choral Evensong

Sunday, March 19 • 5 p.m.

A service of Choral Evensong will be offered by the Trinity Choir. This contemplative service lasts about 45 minutes and includes hymns, scripture readings, prayers, chanted Psalms, canticles and a choir anthem.



DIALOGUE INSTITUTE OF KANSAS CITY
CORDIALLY INVITES YOU

Ramadan 2023

Iftar

Join one of our special fast-breaking meals!

Grace & Holy Trinity Cathedral
Sunday, April 2, 2023 @ 6:45 p.m.

Kansas City RAINDROP FOUNDATION

DIALOGUE INSTITUTE KANSAS CITY



For Pete's Sake

A benefit for Pete's Garden

Friday, April 14 | 6–8 p.m.

music | small plates | wine

Founders' Hall and Courtyard
Grace and Holy Trinity Cathedral | 13th & Broadway, KCMO

Forget all your cares and come celebrate the great work of Pete's Garden! A food rescue committed to less food waste and more family meals. Learn about their mission of hunger relief and food rescue in Kansas City. This event will include good food, good wine and good music. We will be raising funds for Pete's Garden.

More info coming soon!

Cathedral Staff: The Very Rev. Dr. Andrew C. Keyse, *Dean*; The Rev. Barbara Wegener, *Deacon*; The Rev. Brittany Sparrow Savage, *Deacon & Children's Ministry Coordinator*; Dr. Paul Meier, *Director of Music*; Clare Stern-Burbano, *Youth & College Minister*; Julie Toma, *Cathedral Administrator*; Melissa Kilpatrick, *Communications Coordinator*; Holly Campbell, *Events Coordinator*; Joan Bergstrom, *Sacristan*; Angie Graham, *Property Manager*; Mike Guidry, *Assistant Property Manager*; The Very Rev. Peter J. DeVeau, *Dean Emeritus*; Canon John Schaefer, *Canon Musician Emeritus*

The Vestry (with committee assignments): Candace McDowell, *Senior Warden*, candleemc@att.net (Finance, Budget); Michael Thomas, *Junior Warden*, madresfield63@gmail.com (Buildings & Grounds, Finance); David Barker, *Treasurer*; Valerie Johnson, *Clerk* (Social Outreach); Steve Moore, *Chancellor*. Julie Brogno (Welcome/Newcomers, Children & Youth); Sharon Cheers (Security, Budget, Buildings & Grounds); Sara Copeland (Community Engagement); Pat Decker (Stewardship); Blain Lagergren (Stewardship); Paula Livingston-Lewis (Social Outreach); Ron Michka (Budget, Stewardship, Community Engagement); Mathias Nichols (Buildings & Grounds); Kay Woolley (Buildings & Grounds)