The Fourth Sunday in Lent
March 19, 2023 • 5 p.m.

"You Follow Me for the Miracles" by James Tissot
**Welcome! We are glad you are here.**

- If you are a visitor or new attendee, we invite you to fill out a welcome card, found in your pew, and place it in the offering plate or complete the form online. Use this QR code to access the form.
- If you need a hearing assistance device, please ask an usher.
- Restrooms are available in Founders’ Hall. A changing station is available in the restroom at west end (rear) of the Cathedral.

**Service Notes**

- Please rise, as able, for portions of the service marked with an asterisk (*).
- Donations may be placed in the offering, made through the Cathedral website: kccathedral.org, by scanning the QR code to the right or by texting “GIVEtoGHTC” to 73256. Thank you for your generosity.

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**Serving Today**

<table>
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<tr>
<th>Role</th>
<th>Name</th>
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<tbody>
<tr>
<td>Officiant</td>
<td>The Darrel Proffitt</td>
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<tr>
<td>Lector</td>
<td>Clare Stern-Burbano</td>
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<td>Ushers</td>
<td>John Braum, Richard Fanolio</td>
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<td>Musicians</td>
<td>Dr. Paul Meier, Trinity Choir</td>
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**Choral Evensong**

**Voluntary: Voluntary in A minor**  
Orlando Gibbons

**Preces**

<table>
<thead>
<tr>
<th>Role</th>
<th>Text</th>
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<tbody>
<tr>
<td>Officiant</td>
<td>O Lord, open thou our lips.</td>
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<tr>
<td>Choir</td>
<td>And our mouth shall show forth thy praise.</td>
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<tr>
<td>Officiant</td>
<td>O God, make speed to save us.</td>
</tr>
<tr>
<td>Choir</td>
<td>O Lord, make haste to help us.</td>
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<td>Glory be to the Father, and to the Son, and to the Holy Ghost.</td>
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<td>As it was in the beginning, is now, and ever shall be, world without end. Amen.</td>
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<td>Praise ye the Lord.</td>
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<td>The Lord’s Name be praised.</td>
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1 Lord Jesus, Sun of Righteousness, shine
2 Give guidance to our wandering ways, for
3 Lord, grant that we in penitence may
4 Now nearer draws the day of days when
5 The universe your glory shows, blest

1 in our hearts, we pray, dispel the gloom that
2 give us, Lord, our sin; restore us by your
3 offer you our praise, and through your saving
4 paradise shall bloom, when we shall be at
5 Father, Spirit, Son; we shall acclaim your

1 shades our minds and be to us as day.
2 loving care to peace and joy within.
3 sacrifice receive your gift of grace.
4 one with you, Lord, risen from the tomb.
5 majesty, eternal Three in One.

* HYMN: 144 “Lord Jesus, Sun of Righteousness”

Psalm 46 sung by the choir; chant after Martin Luther

God is our hope and strength *
    a very present help in trouble.
Therefore will we not fear, though the earth be moved *
    and though the hills be carried into the midst of the sea.
Though the waters thereof rage and swell *
    and though the mountains shake at the tempest of the same.
The rivers of the flood thereof shall make glad the city of God *
    the holy place of the tabernacle of the most Highest.
God is in the midst of her, therefore shall she not be removed *
    God shall help her, and that right early.
The heathen make much ado, and the kingdoms are moved *
    but God hath shewed his voice, and the earth shall melt away.
The Lord of hosts is with us *
    the God of Jacob is our refuge.
O come hither, and behold the works of the Lord *
    what destruction he hath brought upon the earth.
He maketh wars to cease in all the world *
    he breaketh the bow, and knappeth the spear in sunder, and burneth the chariots in the fire.
Be still then, and know that I am God *
    I will be exalted among the heathen, and I will be exalted in the earth.
The Lord of hosts is with us *
    the God of Jacob is our refuge.

Lesson: Jeremiah 14:1–9, 17–22

Lector  The word of the Lord that came to Jeremiah concerning the drought: Judah mourns and her gates languish; they lie in gloom on the ground, and the cry of Jerusalem goes up. Her nobles send their servants for water; they come to the cisterns, they find no water, they return with their vessels empty. They are ashamed and dismayed and cover their heads, because the ground is cracked. Because there has been no rain on the land the farmers are dismayed; they cover their heads. Even the doe in the field forsakes her newborn fawn because there is no grass. The wild asses stand on the bare heights, they pant for air like jackals; their eyes fail because there is no herbage. Although our iniquities testify against us, act, O Lord, for your name’s sake; our apostasies indeed are many, and we have sinned against you. O hope of Israel, its savior in time of trouble, why should you be like a stranger in the land, like a traveler turning aside for the night? Why should you be like someone confused, like a mighty warrior who cannot give help? Yet you, O Lord, are in the midst of us, and we are called by your name; do not forsake us!

You shall say to them this word: Let my eyes run down with tears night and day, and let them not cease, for the virgin daughter—my people—is struck down with a crushing blow, with a very grievous wound. If I go out into the field, look—those killed by the sword! And if I enter the city, look—those sick with famine! For both prophet and priest ply their trade throughout the land, and have no knowledge. Have you completely rejected Judah? Does your heart loathe Zion? Why have you struck us down so that there is no healing for us? We look for peace, but find no good; for a time of healing, but there is terror instead. We acknowledge our wickedness, O Lord, the iniquity of our ancestors, for we have sinned against you. Do not spurn us, for your name’s sake; do not dishonor your glorious throne; remember and do not break your covenant with us. Can any idols of the nations bring rain? Or can the heavens give showers? Is it not you, O Lord our God? We set our hope on you, for it is you who do all this.

The Word of the Lord.

People  Thanks be to God.
My soul doth magnify the Lord,  
and my spirit hath rejoiced in God my Savior.  
For he hath regarded  
the lowliness of his handmaiden.  
For behold from henceforth  
all generations shall call me blessed.  
For he that is mighty hath magnified me,  
and holy is his Name.  
And his mercy is on them that fear him  
throughout all generations.  
He hath showed strength with his arm;  
he hath scattered the proud in the imagination of their hearts.  
He hath put down the mighty from their seat,  
and hath exalted the humble and meek.  
He hath filled the hungry with good things,  
and the rich he hath sent empty away.  
He remembering his mercy hath holpen his servant Israel,  
as he promised to our forefathers, Abraham and his seed for ever.  
Glory be to the Father and to the Son and to the Holy Ghost; *  
as it was in the beginning, is now, and ever shall be, world without end. Amen.

Lesson: Mark 8:11–21

Lector  The Pharisees came and began to argue with him, asking him for a sign from heaven, to test him. And he sighed deeply in his spirit and said, “Why does this generation ask for a sign? Truly I tell you, no sign will be given to this generation.” And he left them, and getting into the boat again, he went across to the other side.

Now the disciples had forgotten to bring any bread; and they had only one loaf with them in the boat. And he cautioned them, saying, “Watch out—beware of the yeast of the Pharisees and the yeast of Herod.” They said to one another, “It is because we have no bread.” And becoming aware of it, Jesus said to them, “Why are you talking about having no bread? Do you still not perceive or understand? Are your hearts hardened? Do you have eyes, and fail to see? Do you have ears, and fail to hear? And do you not remember? When I broke the five loaves for the five thousand, how many baskets full of broken pieces did you collect?” They said to him, “Twelve.” “And the seven for the four thousand, how many baskets full of broken pieces did you collect?” And they said to him, “Seven.” Then he said to them, “Do you not yet understand?”

The Word of the Lord.

People  Thanks be to God.
* Nunc Dimittis

Lord, now lettest thou thy servant depart in peace,
according to thy word;
For mine eyes have seen thy salvation,
which thou hast prepared before the face of all people,
To be a light to lighten the Gentiles,
and to be the glory of thy people Israel.
Glory be to the Father and to the Son and to the Holy Ghost; *
as it was in the beginning, is now, and ever shall be, world without end. Amen.

* Apostles’ Creed chanted on a monotone

All I believe in God, the Father almighty, maker of heaven and earth;
And in Jesus Christ his only Son our Lord;
who was conceived by the Holy Ghost, born of the Virgin Mary,
suffered under Pontius Pilate, was crucified, dead, and buried.
He descended into hell.
The third day he rose again from the dead.
He ascended into heaven, and sitteth on the right hand of God the Father almighty.
From thence he shall come to judge the quick and the dead.
I believe in the Holy Ghost,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and the life everlasting. Amen.

* Prayers

Officiant The Lord be with you;
Choir And with thy spirit.
Officiant Let us pray.
Choir Lord, have mercy upon us. Christ, have mercy upon us. Lord, have mercy upon us.

* Lord’s Prayer chanted on a monotone

Our Father, which art in heaven,
Hallowed be thy Name,
thy kingdom come, thy will be done,
in earth as it is in heaven.
Give us this day our daily bread, and
forgive us our trespasses,
as we forgive them that trespass against us.
And lead us not into temptation,
but deliver us from evil. Amen.

* Responses

Officiant O Lord, show thy mercy upon us.
Choir And grant us thy salvation.
Officiant O Lord, save the state.
And mercifully hear us when we call upon thee.

Endue thy ministers with righteousness.

And make thy chosen people joyful.

O Lord, save thy people.

And bless thine inheritance.

Give peace in our time, O Lord.

Because there is none other that fighteth for us, but only thou, O God.

O God, make clean our hearts within us.

And take not thy Holy Spirit from us.

* Collect of the Day

Gracious Father, whose blessed Son Jesus Christ came down from heaven to be the true bread which giveth life to the world: Evermore give us this bread, that he may live in us, and we in him; who liveth and reigneth with thee and the Holy Spirit, one God, now and for ever. Amen.

* Collect for Peace

O God, from whom all holy desires, all good counsels, and all just works do proceed: Give unto thy servants that peace which the world cannot give, that our hearts may be set to obey thy commandments, and also that by thee, we, being defended from the fear of all enemies, may pass our time in rest and quietness; through the merits of Jesus Christ our Savior. Amen.

* Collect for Aid against Perils

Lighten our darkness, we beseech thee, O Lord; and by thy great mercy defend us from all perils and dangers of this night; for the love of thy only Son, our Savior Jesus Christ. Amen.

Anthem: “Lord, for thy tender mercies’ sake”

Richard Farrant

Lord, for thy tender mercy’s sake,
lay not our sins to our charge,
but forgive that is past,
and give us grace to amend our sinful lives.
To decline from sin and incline to virtue,
that we may walk with a perfect heart before thee,
now and evermore.

text: Lindley’s Prayers, 1566

* The Prayers

* Prayer of St. Chrysostom

Almighty God, who hast given us grace at this time with one accord to make our common supplication unto thee, and hast promised through thy well-beloved Son that when two or three are gathered together in his Name thou wilt be in the midst of them: Fulfill now, O Lord, the desires and petitions of thy servants as may be best for us; granting us in this world knowledge of thy truth, and in the world to come life everlasting. Amen.
Hymn: 688 “A mighty fortress is our God”

1 A might-y for-tress is our God, a bul-wark nev-er
fail-ing; our help-er he a-mid the flood
of mor-tal ills pre-vail-ing; for still our an-cient foe
and, armed with cru-el hate, on earth is not his eQual.

2 Did we in our own strength con-fide, our striv-ing would be
los-ing; were not the right man on our side,
the man of God’s own choos-ing; dost ask who that may be?
from age to age the same, and he must win the bat-tle.

3 And though this world, with dev-ils filled, should threat-en to un-
do us; we will not fear, for God hath willed
through him who with us sid-eth; let goods and kin-dred go,
for lo! his doom is sure, one lit-tle word shall fell him.

4 That word a-bove all earth-ly powers, no thanks to them, a-
bid-eth; the Spi-rit and the gifts are ours
of his truth to tri-umph through us; the prince of dark-ness grim,
God’s truth a-bid-eth still, his king-dom is for ev-er.

Words: Martin Luther (1483–1546); tr. Frederic Henry Hedge (1805–1890); based on Psalm 46. Music: Ein feste Burg, melody Martin Luther (1483–1546); harm. Johann Sebastian Bach (1685–1750). All Rights Reserved. Reprinted under OneLicense.net #A-710278.

* The Grace

Voluntary: “Ein feste Burg ist unser Gott”

page 8

Johann Pachelbel
Cathedral Prayer List

**Pray for:** McCarty-Wilson family; Pat & Larry Martin; Nancy Nuss; Debbie Spaulding; Loretta Stotts; Thaddeaus Withers; Lynnette Flowers; Larry Elmquist; Jim Royer; Lee Sturgill; Brad Kilpatrick; Charles Thomas; Emily M Proffit; Cerie Greene; Kathy Meehan; Dennis Meehan; George Milton; Charlotte Messbarger; Phyllis and Jim Shaffer; Patrick Bennett; Judy; Phillip Carroll; Ann Ryder; Pat Woolley; Sandra Fuhrman; Kris Kemper; Mary Duerksen Sklar; the people of Ukraine; the people of Turkey and Syria; Andrew Rowland; all families affected by gun violence

**Comfort and Peace:** the Morgan family; the Matheny family; the Tangeman family; the Lancaster family; the Moore family; the Allison family; the Bock family; the Sloan family; the Finnie family; the Killman and Welch families

**Children and Youth Prayers:** My cousin Ian; World peace and for wars of all kinds to cease; For Nick’s stomach pain to end and his healing to be quick; For being healthy; For my brother and cousin; For my family; For my aunt and her chemo treatments; For the children, youth, college and young adults in the world, that they know they are loved beyond all measure by our Triune God

**Pray for the Departed:** Peggy Morgan; Ann Matheny; Carolyn Stockwell Tangeman; Clinton Matthew Lancaster IV (Matt); Bruce Moore; Mary Nell Sloan; Willie Joe Finnie Jr.; Diana Killman; for all who have died from gun violence

**Diocesan Prayer Cycle:** Central States Synod of the Evangelical Lutheran Church in America, Kansas City, The Rev. Susan Candea, Bishop; St. Luke’s Health System

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For the complete prayer list: [kccathedral.org/prayers](http://kccathedral.org/prayers)

To place a person on this prayer list, please contact Deacon Barbara Wegener, bwegener@kccathedral.org.

Requests are held in prayer for 90 days.

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**Birthdays & Anniversaries**

March 19
- Sara Copeland
- Tom Wood

March 20
- Ho Ahn

March 21
- Diane & Steve McClure

March 22
- Paul Hemingway
- Debbie Marrs
- Sergio Moreno=Denton

March 24
- Arica Clay
- Frank Swyden
- Jack & Marie Whitacre

March 25
- Ho & Susan Ahn

Please contact the Cathedral office if we have omitted your birthday or anniversary: 816.214.9936 or jtoma@kccathedral.org.

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**Easter Flowers**

Your generous gifts, in memory of or in thanksgiving for a loved one, help provide flowers. The Easter flower envelopes are available at the back of the Nave or you may give on our website, just click on the yellow GIVE button in the upper right corner of the menu.
Adults

Sunday

Adult Formation • 9:15 a.m.

Episcopal 101

Common Room • Led by Dean Andy

Would you like to formally join the Cathedral and the Episcopal Church? Interested in exploring confirmation, reaffirmation or reception? If so, please join us for a Confirmation/Inquirer’s class, called Episcopal 101, taught by Dean Andy. Even if you’re not seeking confirmation, reaffirmation, or reception, it’s a great way to gain a better understanding of our history and worship.

Tuesday

GHTC’s Virtual Cafe • 7:30 a.m.

Please join us for our weekly conversation in GHTC’s Virtual Cafe! Tuesday mornings from 7:30–9 a.m. For details, visit kccathedral.org/other-activities.

Women’s Bible Study • 12:30 p.m.

Conversation is lively, thought-provoking, and often irreverent. All are welcome. Visit the WBS page, kccathedral.org/adultformation/wbs for more information.

Lectionary Bible Study • 6:45 p.m.

We study the lessons for the upcoming Sunday. Join the Lectionary Bible Study group in Realm or visit the LBS page, kccathedral.org/adultformation/lbs for more details.

Wednesday Lenten Classes

March 1, 8, 15, 22, 29
Classes • 6:30–7:45 p.m.
Compline • 7:45 p.m.

My Body is Not a Prayer Request: Disability Justice in the Church

Led by Deacon Brittany (Send Deacon Brittany an email at childrensformation@kccathedral.org to register.)

We will be looking at the book My Body is Not a Prayer Request: Disability Justice in the Church. This book by Amy Kinney provides a good foundation for building awareness and ways for ministering among the disabled in your church and community. This book lends itself to lively discussion, spiritual reflection, and insightful and incisive thought leading to action and awareness. Copies of the book are available through book sellers and e-readers/audiobooks.

Much of the church has forgotten that we worship a disabled God whose wounds survived resurrection, says Amy Kenny. It is time for the church to start treating disabled people as full members of the body of Christ who have much more to offer than a miraculous cure narrative and to learn from their embodied experiences. Written by a disabled Christian, this book shows that the church is missing out on the prophetic witness and blessing of disability. Kenny reflects on her experiences inside the church to expose unintentional ableism and cast a new vision for Christian communities to engage disability justice. She shows that until we cultivate church spaces where people with disabilities can fully belong, flourish, and lead, we are not valuing the diverse members of the body of Christ.

The Unanswered Question: Music as a Means of Processing and Reflecting the Human Experience

Led by Dr. Ian Coleman, Professor of Music, William Jewell College

In this course we will examine four pieces of music. Each of these is inspired by some aspect of religious thinking and spirituality. The music is sometimes hard to hear, but always engaging and thought provoking. Dealing with war, the meaning of life, death and racial tensions, each piece is a specific window into the mind of the composer and often causes us to wrestle with contemporary issues, the deep questions of life and what it means to be human.

Registration is required. Use the coupon code GRACE to register for free at jewell.edu/faith-classes.
**Youth**

**Sundays • 9:15 a.m.**
There will be formation in the Youth Room Sunday mornings.

**Sundays • 6–7:15 p.m.**
Join us for food and fellowship at 6 p.m. in the Youth Room.

Information and signups are often found on our linktree, linktr.ee/ghtyouthandcollegeministry.
Questions? Contact Clare at cstern@kccathedral.org.

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**Children**

**Formation Class • 9:15 a.m.**
Children are invited into a time of dynamic storytelling that communicates the story of the people of God and the liturgy of the church.

**Cathedral Kids • 10:30 a.m.**
Cathedral Kids meets during the first half of the 10:30 a.m. worship service. Children attending Cathedral Kids will meet their parents or guardians inside the tower doors during the passing of the peace.

Questions? Contact Brittany, childrensformation@kccathedral.org.

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**Easter Candy Needed**
Bring your donations of candy (individually wrapped, in small packages) to the box in the Tower by April 2.

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**Free Books**
We are making some changes to the Common Room and as a result we need to find a new home for the books currently stored there. **Feel free to stop by after any of the Sunday services or weekdays from 9 a.m. to 5 p.m. and take home any books you like. They are available until March 31. **Some of the books have been found to contain mold. Mold can appear as anything from water damage to a plain, small, speck of pepper. Once mold is in a book, it cannot be completely cleansed; if it’s on a page, you can rely on it being in the spine. So be sure to thoroughly go through any books you take because mold can quickly spread.
Social Outreach during Lent

• During the entire Lenten Season, Outreach will be collecting food for JFSKC Pantry in Brookside. Visit kccathedral.org/lent for the details.
• Pack Family Bags for BackSnack students for Spring Break between services in Haden Hall: March 5.
• Prep Food at Nourish KC on Saturday morning from 9 a.m.–noon: March 11. (Need a minimum of 5 volunteers.)
• Assemble Easter Baskets for Crittenton, KAW Valley and Sheffield Place between services: April 2.
• Pack BackSnacks for children at Clardy, Gashland and Hazel Grove Elementary: every other Wednesday in March and April. (Contact Terri, tcurra2@yahoo.com, to get dates.)

Stations of the Cross

Fridays, February 24–March 31 • 6 p.m.

Join Deacon Barbara and Deacon Brittany as they lead the Stations of the Cross, taking a walk in the footsteps of Jesus on his journey to the cross. Stations of the Cross will be held every Friday, February 24–March 31 at 6 p.m. in the Nave.

Wednesday Lenten Classes

Wednesdays, March 1–29 • 6:30–7:45 p.m., followed by Compline

Join us for The Unanswered Question: Music as a Means of Processing and Reflecting the Human Experience, taught by Dr. Ian Coleman, Professor of Music, William Jewell College and My Body is Not a Prayer Request: Disability Justice in the Church, taught by Deacon Brittany. Compline will be offered following the classes.

Choral Evensong

Sunday, March 19 • 5 p.m.

A service of Choral Evensong will be offered by the Trinity Choir. This contemplative service lasts about 45 minutes and includes hymns, scripture readings, prayers, chanted Psalms, canticles and a choir anthem.