GRACE AND HOLY TRINITY EPISCOPAL CATHEDRAL



"You Follow Me for the Miracles" by James Tissot

The Fourth Sunday in Lent March 19, 2023 • 5 p.m.

Welcome! We are glad you are here.

- If you are a visitor or new attendee, we invite you to fill out a welcome card, found in your pew, and place it in the offering plate or complete the form online. Use this QR code to access the form.
- If you need a hearing assistance device, please ask an usher.
- Restrooms are available in Founders' Hall. A changing station is available in the restroom at west end (rear) of the Cathedral.

Service Notes

- Please rise, as able, for portions of the service marked with an asterisk (*).
- Donations may be placed in the offering, made through the Cathedral website: kccathedral.org, by scanning the QR code to the right or by texting "GIVEtoGHTC" to 73256. *Thank you for your generosity.*

Serving Today

OfficiantThe Darrel ProffittLectorClare Stern-BurbanoUshersJohn Braum, Richard FanolioMusiciansDr. Paul Meier, Trinity Choir

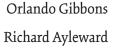
Choral Evensong

Voluntary: Voluntary in A minor

* Preces

OfficiantO Lord, open thou our lips.ChoirAnd our mouth shall show forth thy praise.OfficiantO God, make speed to save us.ChoirO Lord, make haste to help us.
Glory be to the Father, and to the Son, and to the Holy Ghost.
As it was in the beginning, is now, and ever shall be, world without end. Amen.
Praise ye the Lord.
The Lord's Name be praised.







* Нумм: 144 "Lord Jesus, Sun of Righteousness"



Words: Latin; tr. Anne K. LeCroy (b. 1930). Music: Cornhill, Harold Darke (1888-1976), alt. Copyright: Words: © 1982, Anne LeCroy. Music: By permission of Oxford University Press. All Rights Reserved. Reprinted under OneLicense.net #A-710278.

Psalm 46 sung by the choir; chant after Martin Luther

Lesson: Jeremiah 14:1-9, 17-22

Lector

The word of the Lord that came to Jeremiah concerning the drought: Judah mourns and her gates languish; they lie in gloom on the ground, and the cry of Jerusalem goes up. Her nobles send their servants for water; they come to the cisterns, they find no water, they return with their vessels empty. They are ashamed and dismayed and cover their heads, because the ground is cracked. Because there has been no rain on the land the farmers are dismayed; they cover their heads. Even the doe in the field forsakes her newborn fawn because there is no grass. The wild asses stand on the bare heights, they pant for air like jackals; their eyes fail because there is no herbage. Although our iniquities testify against us, act, O Lord, for your name's sake; our apostasies indeed are many, and we have sinned against you. O hope of Israel, its savior in time of trouble, why should you be like a stranger in the land, like a traveler turning aside for the night? Why should you be like someone confused, like a mighty warrior who cannot give help? Yet you, O Lord, are in the midst of us, and we are called by your name; do not forsake us!

You shall say to them this word: Let my eyes run down with tears night and day, and let them not cease, for the virgin daughter—my people—is struck down with a crushing blow, with a very grievous wound. If I go out into the field, look—those killed by the sword! And if I enter the city, look—those sick with famine! For both prophet and priest ply their trade throughout the land, and have no knowledge. Have you completely rejected Judah? Does your heart loathe Zion? Why have you struck us down so that there is no healing for us? We look for peace, but find no good; for a time of healing, but there is terror instead. We acknowledge our wickedness, O Lord, the iniquity of our ancestors, for we have sinned against you. Do not spurn us, for your name's sake; do not dishonor your glorious throne; remember and do not break your covenant with us. Can any idols of the nations bring rain? Or can the heavens give showers? Is it not you, O Lord our God? We set our hope on you, for it is you who do all this.

People Thanks be to God.

The Word of the Lord.

* Magnificat

My soul doth magnify the Lord,
and my spirit hath rejoiced in God my Savior.
For he hath regarded
the lowliness of his handmaiden.
For behold from henceforth
all generations shall call me blessed.
For he that is mighty hath magnified me,
and holy is his Name.
And his mercy is on them that fear him
throughout all generations.
He hath showed strength with his arm;
he hath scattered the proud in the imagination of their hearts.
He hath put down the mighty from their seat,
and hath exalted the humble and meek.
He hath filled the hungry with good things,
and the rich he hath sent empty away.
He remembering his mercy hath holpen his servant Israel,
as he promised to our forefathers, Abraham and his seed for ever.
Glory be to the Father and to the Son and to the Holy Ghost; *
as it was in the beginning, is now, and ever shall be, world without end. Amen.

Lesson: Mark 8:11-21

Lector

The Pharisees came and began to argue with him, asking him for a sign from heaven, to test him. And he sighed deeply in his spirit and said, "Why does this generation ask for a sign? Truly I tell you, no sign will be given to this generation." And he left them, and getting into the boat again, he went across to the other side.

Now the disciples had forgotten to bring any bread; and they had only one loaf with them in the boat. And he cautioned them, saying, "Watch out—beware of the yeast of the Pharisees and the yeast of Herod." They said to one another, "It is because we have no bread." And becoming aware of it, Jesus said to them, "Why are you talking about having no bread? Do you still not perceive or understand? Are your hearts hardened? Do you have eyes, and fail to see? Do you have ears, and fail to hear? And do you not remember? When I broke the five loaves for the five thousand, how many baskets full of broken pieces did you collect?" They said to him, "Twelve." "And the seven for the four thousand, how many baskets full of broken pieces did you collect?" And they said to him, "Seven." Then he said to them, "Do you not yet understand?"

The Word of the Lord.

People Thanks be to God.

* Nunc Dimittis

11110	
	Lord, now lettest thou thy servant depart in peace, according to thy word;
	For mine eyes have seen thy salvation, which thou hast prepared before the face of all people,
	To be a light to lighten the Gentiles, and to be the glory of thy people Israel.
	Glory be to the Father and to the Son and to the Holy Ghost; * as it was in the beginning, is now, and ever shall be, world without end. Amen.

* Apostles' Creed chanted on a monotone

All	I believe in God, the Father almighty, maker of heaven and earth; And in Jesus Christ his only Son our Lord; who was conceived by the Holy Ghost, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, dead, and buried. He descended into hell. The third day he rose again from the dead. He ascended into heaven, and sitteth on the right hand of God the Father almighty. From thence he shall come to judge the quick and the dead. I believe in the Holy Ghost, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life guardacting. A mon
	and the life everlasting. Amen.

* Prayers

Officiant	The Lord be with you;
Choir	And with thy spirit.
Officiant	Let us pray.
Choir	Lord, have mercy upon us. Christ, have mercy upon us. Lord, have mercy upon us.

* LORD'S PRAYER chanted on a monotone

Our Father, which art in heaven,		
Hallowed be thy Name,		
thy kingdom come, thy will be done,		
in earth as it is in heaven.		
Give us this day our daily bread, and		
forgive us our trespasses,		
as we forgive them that trespass against us.		
And lead us not into temptation,		
but deliver us from evil. Amen.		

* Responses

Officiant	O Lord, show thy mercy upon us.
Choir	And grant us thy salvation.
Officiant	O Lord, save the state.

Choir	And mercifully hear us when we call upon thee.
Officiant	Endue thy ministers with righteousness.
Choir	And make thy chosen people joyful.
Officiant	O Lord, save thy people.
Choir	And bless thine inheritance.
Officiant	Give peace in our time, O Lord.
Choir	Because there is none other that fighteth for us, but only thou, O God.
Officiant	O God, make clean our hearts within us.
Choir	And take not thy Holy Spirit from us.

* Collect of the Day

Gracious Father, whose blessed Son Jesus Christ came down from heaven to be the true bread which giveth life to the world: Evermore give us this bread, that he may live in us, and we in him; who liveth and reigneth with thee and the Holy Spirit, one God, now and for ever. Amen.

* Collect for Peace

O God, from whom all holy desires, all good counsels, and all just works do proceed: Give unto thy servants that peace which the world cannot give, that our hearts may be set to obey thy commandments, and also that by thee, we, being defended from the fear of all enemies, may pass our time in rest and quietness; through the merits of Jesus Christ our Savior. Amen.

* Collect for Aid against Perils

Lighten our darkness, we beseech thee, O Lord; and by thy great mercy defend us from all perils and dangers of this night; for the love of thy only Son, our Savior Jesus Christ. Amen.

ANTHEM: "Lord, for thy tender mercies' sake"

Lord, for thy tender mercy's sake, lay not our sins to our charge, but forgive that is past, and give us grace to amend our sinful lives. To decline from sin and incline to virtue, that we may walk with a perfect heart before thee, now and evermore.

text: Lindley's Prayers, 1566

Richard Farrant

* The Prayers

* Prayer of St. Chrysostom

All

Almighty God, who hast given us grace at this time with one accord to make our common supplication unto thee, and hast promised through thy well-beloved Son that when two or three are gathered together in his Name thou wilt be in the midst of them: Fulfill now, O Lord, the desires and petitions of thy servants as may be best for us; granting us in this world knowledge of thy truth, and in the world to come life everlasting. Amen. * Нумм: 688 "A mighty fortress is our God"



Words: Martin Luther (1483-1546); tr. Frederic Henry Hedge (1805-1890); based on Psalm 46. Music: Ein feste Burg, melody Martin Luther (1483-1546); harm. Johann Sebastian Bach (1685-1750). All Rights Reserved. Reprinted under OneLicense.net #A-710278.

* The Grace

VOLUNTARY: "Ein feste Burg ist unser Gott"

Cathedral Prayer List

Pray for: McCarty-Wilson family; Pat & Larry Martin; Nancy Nuss; Debbie Spaulding; Loretta Stotts; Thaddeaus Withers; Lynnette Flowers ; Larry Elmquist; Jim Royer; Lee Sturgill; Brad Kilpatrick; Charles Thomas; Emily M Proffit; Cherie Greene; Kathy Meehan; Dennis Meehan; George Milton; Charlotte Messbarger; Phyllis and Jim Shaffer; Patrick Bennett; Judy; Phillip Carroll; Ann Ryder; Pat Woolley; Sandra Fuhrman; Kris Kemper; Mary Duerksen Sklar; the people of Ukraine; the people of Turkey and Syria; Andrew Rowland; all families affected by gun violence

Comfort and Peace: the Morgan family; the Matheny family; the Tangeman family; the Lancaster family; the Moore family; the Allison family; the Bock family; the Sloan family; the Finnie family; the Killman and Welch families

Children and Youth Prayers: My cousin Ian; World peace and for wars of all kinds to cease; For Nick's stomach pain to end and his healing to be quick; For being healthy; For my brother and cousin; For my family; For my aunt and her chemo treatments; For the children, youth, college and young adults in the world, that they know they are loved beyond all measure by our Triune God

Pray for the Departed: Peggy Morgan; Ann Matheny; Carolyn Stockwell Tangeman; Clinton Matthew Lancaster IV (Matt); Bruce Moore; Mary Nell Sloan; Willie Joe Finnie Jr.; Diana Killman; for all who have died from gun violence

Diocesan Prayer Cycle: Central States Synod of the Evangelical Lutheran Church in America, Kansas City, The Rev. Susan Candea, Bishop; St. Luke's Health System

For the complete prayer list: kccathedral.org/prayers

To place a person on this prayer list, please contact Deacon Barbara Wegener, **bwegener@kccathedral.org**. Requests are held in prayer for 90 days.

Birthdays & Anniversaries

March 19

Sara Copeland Tom Wood

March 20 Ho Ahn

March 21 Diane & Steve McClure

March 22

Paul Hemingway Debbie Marrs Sergio Moreno=Denton

March 24

Arica Clay Frank Swyden Jack & Marie Whitacre

March 25 Ho & Susan Ahn

Please contact the Cathedral office if we have omitted your birthday or anniversary: 816.214.9936 or **jtoma@kccathedral.org**.



Easter Flowers

Your generous gifts, in memory of or in thanksgiving for a loved one, help provide flowers. The Easter flower envelopes are available at the back of the Nave or you may give **on our website**, just click on the yellow GIVE button in the upper right corner of the menu.

Adults

Sunday

Adult Formation • 9:15 a.m.

Episcopal 101

Common Room • Led by Dean Andy

Would you like to formally join the Cathedral and the Episcopal Church? Interested in exploring confirmation, reaffirmation or reception? If so, please join us for a Confirmation/Inquirer's class, called *Episcopal 101*, taught by Dean Andy. Even if you're not seeking confirmation, reaffirmation, or reception, it's a great way to gain a better understanding of our history and worship.

Tuesday

GHTC's Virtual Cafe • 7:30 a.m.

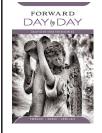
Please join us for our weekly conversation in GHTC's Virtual Cafe! Tuesday mornings from 7:30–9 a.m. For details, visit **kccathedral.org/other-activities**.

Women's Bible Study • 12:30 p.m.

Conversation is lively, thought-provoking, and often irreverent. All are welcome. Visit the WBS page, **kccathedral. org/adultformation/wbs** for more information.

Lectionary Bible Study • 6:45 p.m.

We study the lessons for the upcoming Sunday. Join the Lectionary Bible Study group in Realm or visit the LBS page, **kccathedral.org/adultformation/lbs** for more details.



Forward Day by Day is a booklet of daily inspirational meditations reflecting on a specific Bible passage, chosen from the daily lectionary readings as listed in the Revised Common Lectionary or the Daily Office from the Episcopal Church's Book of Common Prayer.

Copies of this quarter's Forward Day by Day are available in the tower entrance.

Wednesday Lenten Classes

March 1, 8, 15, 22, 29 Classes • 6:30–7:45 p.m.

Compline • 7:45 p.m.

My Body is Not a Prayer Request: Disability Justice in the Church

Led by Deacon Brittany (Send Deacon Brittany an email at childrensformation@kccathedral.org to register.)

We will be looking at the book *My Body is Not a Prayer Request: Disability Justice in the Church.* This book by Amy Kinney provides a good foundation for building awareness and ways for ministering among the disabled in your church and community. This book lends itself to lively discussion, spiritual reflection, and insightful and incisive thought leading to action and awareness. Copies of the book are available through book sellers and e-readers/audiobooks.

Much of the church has forgotten that we worship a disabled God whose wounds survived resurrection, says Amy Kenny. It is time for the church to start treating disabled people as full members of the body of Christ who have much more to offer than a miraculous cure narrative and to learn from their embodied experiences. Written by a disabled Christian, this book shows that the church is missing out on the prophetic witness and blessing of disability. Kenny reflects on her experiences inside the church to expose unintentional ableism and cast a new vision for Christian communities to engage disability justice. She shows that until we cultivate church spaces where people with disabilities can fully belong, flourish, and lead, we are not valuing the diverse members of the body of Christ.

The Unanswered Question: Music as a Means of Processing and Reflecting the Human Experience

Led by Dr. Ian Coleman, Professor of Music, William Jewell College

In this course we will examine four pieces of music. Each of these is inspired by some aspect of religious thinking and spirituality. The music is sometimes hard to hear, but always engaging and thought provoking. Dealing with war, the meaning of life, death and racial tensions, each piece is a specific window into the mind of the composer and often causes us to wrestle with contemporary issues, the deep questions of life and what it means to be human.

Registration is required. Use the coupon code GRACE to register for free at **jewell.edu/faith-classes**.

Youth

Sundays • 9:15 a.m.

There will be formation in the Youth Room Sunday mornings.

Sundays • 6–7:15 p.m.

Join us for food and fellowship at 6 p.m. in the Youth Room.

Information and signups are often found on our linktree, **linktr.ee/ghtcyouthandcollegeministry**.

Questions? Contact Clare at cstern@kccathedral.org.

YOUTH LOCK-IN

March 31-April 1 7 p.m.-9 a.m. Grace and Holy Trinity Registration Required

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Children

Formation Class • 9:15 a.m.

Children are invited into a time of dynamic storytelling that communicates the story of the people of God and the liturgy of the church.

Cathedral Kids • 10:30 a.m.

Cathedral Kids meets during the first half of the 10:30 a.m. worship service. Children attending Cathedral Kids will meet their parents or guardians inside the tower doors during the passing of the peace.

Questions? Contact Brittany, **childrensformation@ kccathedral.org**.



Easter Candy Needed

Bring your donations of candy (individually wrapped, in small packages) to the box in the Tower by April 2.



Free Books

We are making some changes to the Common Room and as a result we need to find a new home for the books currently stored there. **Feel free to stop by after any of the Sunday services or weekdays from 9 a.m. to 5 p.m. and take home any books you like. They are available until March 31.** Some of the books have been found to contain mold. Mold can appear as anything from water damage to a plain, small, speck of pepper. Once mold is in a book, it cannot be completely cleansed; if it's on a page, you can rely on it being in the spine. So be sure to thoroughly go through any books you take because mold can quickly spread.

Announcements

Social Outreach during Lent

- During the entire Lenten Season, Outreach will be collecting food for JFSKC Pantry in Brookside. Visit **kccathedral.org/lent** for the details.
- Pack Family Bags for BackSnack students for Spring Break between services in Haden Hall: March 5.
- Prep Food at Nourish KC on Saturday morning from 9 a.m.– noon: March 11. (*Need a minimum of 5 volunteers.*)
- Assemble Easter Baskets for Crittenton, KAW Valley and Sheffield Place between services: April 2.
- Pack BackSnacks for children at Clardy, Gashland and Hazel Grove Elementary: every other Wednesday in March and April. (*Contact Terri*, *tcurra2@yahoo.com*, to get dates.)

Stations of the Cross

Fridays, February 24–March 31 • 6 p.m.

Join Deacon Barbara and Deacon Brittany as they lead the Stations of the Cross, taking a walk in the footsteps of Jesus on his journey

Ramadan

Grace & Holy Trinity Cathedral

Sunday, April 2, 2023 @ 6:45 p.m.

 to the cross. Stations of the Cross will be held every Friday, February 24–March 31 at 6 p.m. in the Nave.

Wednesday Lenten Classes

Wednesdays, March 1–29 • 6:30–7:45 p.m., followed by Compline

Join us for *The Unanswered Question: Music as a Means of Processing and Reflecting the Human Experience*, taught by Dr. Ian Coleman, Professor of Music, William Jewell College and *My Body is Not a Prayer Request: Disability Justice in the Church*, taught by Deacon Brittany. Compline will be offered following the classes.

Choral Evensong

Sunday, March 19 • 5 p.m.

A service of Choral Evensong will be offered by the Trinity Choir. This contemplative service lasts about 45 minutes and includes hymns, scripture readings, prayers, chanted Psalms, canticles and a choir anthem.



Forget all your cares and come celebrate the great work of Pete's Garden! A food rescue committed to less food waste and more family meals. Learn about their mission of hunger relief and food rescue in Kansas City. This event will include good food, good wine and good music. We will be raising funds for Pete's Garden. More info coming soon!

Cathedral Staff: The Very Rev. Dr. Andrew C. Keyse, Dean; The Rev. Barbara Wegener, Deacon; The Rev. Brittany Sparrow Savage, Deacon & Children's Ministry Coordinator; Dr. Paul Meier, Director of Music; Clare Stern-Burbano, Youth & College Minister; Julie Toma, Cathedral Administrator; Melissa Kilpatrick, Communications Coordinator; Holly Campbell, Events Coordinator; Joan Bergstrom, Sacristan; Angie Graham, Property Manager; Mike Guidry, Assistant Property Manager; The Very Rev. Peter J. DeVeau, Dean Emeritus; Canon John Schaefer, Canon Musician Emeritus

DIALOGU

The Vestry (with committee assignments): Candace McDowell, Senior Warden, candyleemc@att.net (Finance, Budget); Michael Thomas, Junior Warden, madresfield63@gmail.com (Buildings & Grounds, Finance); David Barker, Treasurer; Valerie Johnson, Clerk (Social Outreach); Steve Moore, Chancellor. Julie Brogno (Welcome/Newcomers, Children & Youth); Sharon Cheers (Security, Budget, Buildings & Grounds); Sara Copeland (Community Engagement); Pat Decker (Stewardship); Blain Lagergren (Stewardship); Paula Livingston-Lewis (Social Outreach); Ron Michka (Budget, Stewardship, Community Engagement); Mathias Nichols (Buildings & Grounds); Kay Woolley (Buildings & Grounds)