

GRACE AND HOLY TRINITY EPISCOPAL CATHEDRAL



The Fifth Sunday in Lent
March 26, 2023 • 8 a.m.

Welcome! We are glad you are here.

- If you are a visitor or new attendee, we invite you to fill out a welcome card, found in your pew, and place it in the offering plate or complete the form online. Use this QR code to access the form.
- If you need a hearing assistance device, please ask an usher.
- Restrooms are available in Founders' Hall. A changing station is available in the restroom at west end (rear) of the Cathedral.



Service Notes

- Page numbers listed are from The Book of Common Prayer. Hymn numbers are from *The Hymnal 1982*.
- Please rise, as able, for portions of the service marked with an asterisk (*).
- Donations may be placed in the offering, made through the Cathedral website: kccathedral.org, by scanning the QR code to the right or by texting "GIVEtoGHTC" to 73256. *Thank you for your generosity.*



HOLY EUCHARIST

VOLUNTARY: Passacaglia, BWV 582/1

Johann Sebastian Bach

The Word of God

* PENITENTIAL ORDER

page 351

Presider Bless the Lord who forgives all our sins;
People His mercy endures for ever.

CONFESSON OF SIN *please kneel, as able*

page 352

Deacon Let us confess our sins against God and our neighbor.

All Most merciful God,
we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in your will,
and walk in your ways,
to the glory of your Name. Amen.

Presider Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life.

People Amen.

Presider Kyrie eleison. (*Lord, have mercy.*)

People Christe eleison. (*Christ, have mercy.*)

Presider Kyrie eleison. (*Lord, have mercy.*)

* COLLECT OF THE DAY

Presider The Lord be with you.

People **And also with you.**

Presider Let us pray.

Almighty God, you alone can bring into order the unruly wills and affections of sinners: Grant your people grace to love what you command and desire what you promise; that, among the swift and varied changes of the world, our hearts may surely there be fixed where true joys are to be found; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

THE LESSONS

First Lesson: Ezekiel 37:1-14

Lector The hand of the Lord came upon me, and he brought me out by the spirit of the Lord and set me down in the middle of a valley; it was full of bones. He led me all around them; there were very many lying in the valley, and they were very dry. He said to me, "Mortal, can these bones live?" I answered, "O Lord God, you know." Then he said to me, "Prophesy to these bones, and say to them: O dry bones, hear the word of the Lord. Thus says the Lord God to these bones: I will cause breath to enter you, and you shall live. I will lay sinews on you, and will cause flesh to come upon you, and cover you with skin, and put breath in you, and you shall live; and you shall know that I am the Lord."

So I prophesied as I had been commanded; and as I prophesied, suddenly there was a noise, a rattling, and the bones came together, bone to its bone. I looked, and there were sinews on them, and flesh had come upon them, and skin had covered them; but there was no breath in them. Then he said to me, "Prophesy to the breath, prophesy, mortal, and say to the breath: Thus says the Lord God: Come from the four winds, O breath, and breathe upon these slain, that they may live." I prophesied as he commanded me, and the breath came into them, and they lived, and stood on their feet, a vast multitude.

Then he said to me, "Mortal, these bones are the whole house of Israel. They say, 'Our bones are dried up, and our hope is lost; we are cut off completely.' Therefore prophesy, and say to them, Thus says the Lord God: I am going to open your graves, and bring you up from your graves, O my people; and I will bring you back to the land of Israel. And you shall know that I am the Lord, when I open your graves, and bring you up from your graves, O my people. I will put my spirit within you, and you shall live, and I will place you on your own soil; then you shall know that I, the Lord, have spoken and will act," says the Lord.

The Word of the Lord.

People **Thanks be to God.**

Out of the depths have I called to you, O Lord; Lord, hear my voice; *

let your ears consider well the voice of my supplication.

If you, Lord, were to note what is done amiss, *

O Lord, who could stand?

For there is forgiveness with you; *

therefore you shall be feared.

I wait for the Lord; my soul waits for him; *

in his word is my hope.

My soul waits for the Lord, more than watchmen for the morning, *

more than watchmen for the morning.

O Israel, wait for the Lord, *

for with the Lord there is mercy;

With him there is plenteous redemption, *

and he shall redeem Israel from all their sins.

Second Lesson: Romans 8:6-11

Lector To set the mind on the flesh is death, but to set the mind on the Spirit is life and peace. For this reason the mind that is set on the flesh is hostile to God; it does not submit to God's law—indeed it cannot, and those who are in the flesh cannot please God.

But you are not in the flesh; you are in the Spirit, since the Spirit of God dwells in you. Anyone who does not have the Spirit of Christ does not belong to him. But if Christ is in you, though the body is dead because of sin, the Spirit is life because of righteousness. If the Spirit of him who raised Jesus from the dead dwells in you, he who raised Christ from the dead will give life to your mortal bodies also through his Spirit that dwells in you.

The Word of the Lord.

People Thanks be to God.

* THE HOLY GOSPEL: John 11:1-45

Gospeller The Holy Gospel of our Lord Jesus Christ according to John.

People Glory to you, Lord Christ.

Gospeller Now a certain man was ill, Lazarus of Bethany, the village of Mary and her sister Martha. Mary was the one who anointed the Lord with perfume and wiped his feet with her hair; her brother Lazarus was ill. So the sisters sent a message to Jesus, "Lord, he whom you love is ill." But when Jesus heard it, he said, "This illness does not lead to death; rather it is for God's glory, so that the Son of God may be glorified through it." Accordingly, though Jesus loved Martha and her sister and Lazarus, after having heard that Lazarus was ill, he stayed two days longer in the place where he was.

Then after this he said to the disciples, "Let us go to Judea again." The disciples said to him, "Rabbi, the Jews were just now trying to stone you, and are you going there again?" Jesus answered, "Are there not twelve hours of daylight? Those who walk during the day do not stumble, because they see the light of this world. But those who walk at night stumble, because the light is not in them." After saying this, he told them, "Our friend Lazarus has fallen asleep, but I am going there to awaken him." The disciples said to him, "Lord, if he has fallen asleep, he will be all right." Jesus, however, had been speaking about his death, but they thought that he was referring merely to sleep. Then Jesus told them plainly, "Lazarus is dead. For your sake I am glad I was not there, so that you may believe. But let us go to him." Thomas, who was called the Twin, said to his fellow disciples, "Let us also go, that we may die with him."

When Jesus arrived, he found that Lazarus had already been in the tomb four days. Now Bethany was near Jerusalem, some two miles away, and many of the Jews had come to Martha and Mary to console them about their brother. When Martha heard that Jesus was coming, she went and met him, while Mary stayed at home. Martha said to Jesus, "Lord, if you had been here, my brother would not have died. But even now I know that God will give you whatever you ask of him." Jesus said to her, "Your brother will rise again." Martha said to him, "I know that he will rise again in the resurrection on the last day." Jesus said to her, "I am the resurrection and the life. Those who believe in me, even though they die, will live, and everyone who lives and believes in me will never die. Do you believe this?" She said to him, "Yes, Lord, I believe that you are the Messiah, the Son of God, the one coming into the world."

When she had said this, she went back and called her sister Mary, and told her privately, "The Teacher is here and is calling for you." And when she heard it, she got up quickly and went to him. Now Jesus had not yet come to the village, but was still at the place where Martha had met him. The Jews who were with her in the house, consoling her, saw Mary get up quickly and go out. They followed her because they thought that she was going to the tomb to weep there. When Mary came where Jesus was and saw him, she knelt at his feet and said to him, "Lord, if you had been here, my brother would not have died." When Jesus saw her weeping, and the Jews who came with her also weeping, he was greatly disturbed in spirit and deeply moved. He said, "Where have you laid him?" They said to him, "Lord, come and see." Jesus began to weep. So the Jews said, "See how he loved him!" But some of them said, "Could not he who opened the eyes of the blind man have kept this man from dying?"

Then Jesus, again greatly disturbed, came to the tomb. It was a cave, and a stone was lying against it. Jesus said, "Take away the stone." Martha, the sister of the dead man, said to him, "Lord, already there is a stench because he has been dead four days." Jesus said to her, "Did I not tell you that if you believed, you would see the glory of God?" So they took away the stone. And Jesus looked upward and said, "Father, I thank you for having heard me. I knew that you always hear me, but I have said this for the sake of the crowd standing here, so that they may believe that you sent me." When he had said this, he cried with a loud voice, "Lazarus, come out!" The dead man came out, his hands and feet bound with strips of cloth, and his face wrapped in a cloth. Jesus said to them, "Unbind him, and let him go."

Many of the Jews therefore, who had come with Mary and had seen what Jesus did, believed in him.

The Gospel of the Lord.

People

Praise to you, Lord Christ.

SERMON

All We believe in one God,
the Father, the Almighty,
maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,
the only Son of God, eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made, of one Being with the Father.
Through him all things were made.
For us and for our salvation he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary, and was made man.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.

* PRAYERS OF THE PEOPLE, FORM I

Intercessor With all our heart and with all our mind, let us pray to the Lord, saying, "Lord, have mercy."
For the peace from above, for the loving kindness of God, and for the salvation of our souls, let us pray to the Lord.

People Lord, have mercy.

Intercessor For the peace of the world, for the welfare of the holy Church of God, and for the unity of all peoples, let us pray to the Lord.

People Lord, have mercy.

Intercessor For Diane, our Bishop, and for all the clergy and people, let us pray to the Lord.
People Lord, have mercy.

Intercessor For Joe, our President, for the leaders of the nations, and for all in authority, let us pray to the Lord.
People Lord, have mercy.

Intercessor For this city for every city and community, and for those who live in them, let us pray to the Lord.
People Lord, have mercy.

Intercessor	For the good earth which God has given us, and for the wisdom and will to conserve it, let us pray to the Lord.
People	Lord, have mercy.
Intercessor	For the aged and infirm, for the widowed and orphans, and for the sick and the suffering, let us pray to the Lord.
People	Lord, have mercy.
Intercessor	For those on our Cathedral prayer list, and for any others, let us pray to the Lord.
People	Lord, have mercy.
Intercessor	For the poor and the oppressed, for the unemployed and the destitute, for prisoners and captives, and for all who remember and care for them, let us pray to the Lord.
People	Lord, have mercy.
Intercessor	For all who have died in the hope of the resurrection, and for all the departed, let us pray to the Lord.
People	Lord, have mercy.
Intercessor	For deliverance from all danger, violence, oppression, and degradation, let us pray to the Lord.
People	Lord, have mercy.
Intercessor	That we may end our lives in faith and hope, without suffering and without reproach, let us pray to the Lord.
People	Lord, have mercy.
Intercessor	In the communion of all the saints, let us commend ourselves, and one another, and all our life, to Christ our God.
People	To thee, O Lord our God.

Silence.

The Presider adds a concluding Collect.

*** THE PEACE**

page 360

Presider	The peace of the Lord be always with you.
People	And also with you.

ANNOUNCEMENTS

CELEBRATION PRAYER

Those celebrating anniversaries of birth, marriage, and other joyous occasions are invited to stand or raise a hand as able.

All **O God, our times are in your hand: Look with favor, we pray, on your servant(s) as they begin another year. Grant that they may grow in wisdom and grace, and strengthen their trust in your goodness all the days of their lives; through Jesus Christ our Lord. Amen.**

The Holy Communion

OFFERTORY SENTENCE

page 376

Presider Walk in love, as Christ loved us and gave himself for us, a fragrant offering and sacrifice to God.
Ephesians 5:2

* OFFERTORY HYMN: 508 "Breathe on me, Breath of God"

1 Breathe on me, Breath of God, fill me with life a - new,
2 Breathe on me, Breath of God, un - til my heart is pure,
3 Breathe on me, Breath of God, till I am whol - ly thine,
4 Breathe on me, Breath of God, so shall I nev - er die;

that I may love what thou dost love, and do what thou wouldst do.
un - til with thee I will one will, to do or to en - dure.
till all this earth - ly part of me glows with thy fire di - vine.
but live with thee the per - fect life of thine e - ter - ni - ty.

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* THE GREAT THANKSGIVING, Eucharistic Prayer A

page 361

Presider The Lord be with you.

People And also with you.

Presider Lift up your hearts.

People We lift them to the Lord.

Presider Let us give thanks to the Lord our God.

People It is right to give God thanks and praise.

Presider It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

Here a Proper Preface is sung or said on all Sundays, and on other occasions as appointed.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

All Holy, holy, holy Lord, God of power and might,
heaven and earth are full of your glory.

Hosanna in the highest.

Blessed is he who comes in the name of the Lord.

Hosanna in the highest.

Presider Holy and gracious Father: In your infinite love you made us for yourself; and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all.

He stretched out his arms upon the cross, and offered himself in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

All **Christ has died.**
Christ is risen.
Christ will come again.

Presider We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts.

Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever.

All AMEN.

Presider And now, as our Savior Christ has taught us, we are bold to say,

All **Our Father, who art in heaven,**
hallowed be thy Name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom, and the power,
and the glory, for ever and ever. Amen.

* BREAKING OF THE BREAD

page 364

Presider Christ our Passover is sacrificed for us;

People **Therefore let us keep the feast.**

Presider The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

COMMUNION

All are welcome to receive communion or a blessing.

Intinction of wafers is offered, if desired. For gluten-free bread, cross your hands palms down.

For a blessing, cross your hands over your chest.

* POSTCOMMUNION PRAYER

page 365

Presider Let us pray.

All **Eternal God, heavenly Father,
you have graciously accepted us as living members
of your Son our Savior Jesus Christ,
and you have fed us with spiritual food
in the Sacrament of his Body and Blood.
Send us now into the world in peace,
and grant us strength and courage
to love and serve you
with gladness and singleness of heart;
through Christ our Lord. Amen.**

* PRAYER OVER THE PEOPLE

Presider Look with compassion, O Lord, upon this your people; that, rightly observing this holy season, they may learn to know you more fully, and to serve you with a more perfect will; through Christ our Lord. **Amen.**

* DISMISSAL *Following the dismissal,*

page 366

People **Thanks be to God.**

* CLOSING HYMN: 567 "Thine arm, O Lord, in days of old"

1 Thine arm, O Lord, in days of old was strong to
 2 And lo! thy touch brought life and health, gave hear - ing,
 3 Be thou our great de - liv - erer still, thou Lord of

heal and save; it tri - umphed o'er dis - ease and death,
 strength, and sight; and youth re - newed and fren - zy calmed
 life and death; re - store and quick - en, soothe and bless,

o'er dark - ness and the grave. To thee they went, the
 owned thee, the Lord of light: and now, O Lord, be
 with thine al - might - y breath: to hands that work and

blind, the deaf, the pal - sied, and the lame, the lep - er
 near to bless, al - might - y as of yore, in crowd - ed
 eyes that see, give wis - dom's heaven - ly lore, that whole and

set a - part and shunned, the sick with fe - vered frame.
 street, by rest - less couch, as by Gen - nes - aret's shore.
 sick, and weak and strong, may praise thee ev - er - more.

Words: Edward Hayes Plumptre (1821-1891), alt. Music: St. Matthew, from *Supplement to the New Version of Psalms* by Dr. Brady and Mr. Tate, 1708. All Rights Reserved. Reprinted under OneLicense.net #A-710278.

VOLUNTARY: Fugue in C minor, BWV 582/2

Johann Sebastian Bach

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Serving Today

Presider & Preacher	The Very Rev. Dr. Andrew C. Keyse
Deacon	The Rev. Barbara Wegener
Eucharistic Minister	Nick Smith
Altar Guild	Donna Knoell, Candy McDowell, Caroline John
Usher	Kim Smith
Organist	Dr. Paul Meier



Holy Week

Holy Week & Easter Worship

Palm Sunday, April 2

8 a.m., 10:30 a.m.*, 5 p.m.—We recall Jesus' entry into Jerusalem with the blessing of palms and a procession, followed by the story of Christ's Passion and death. The 10:30 service begins with a procession through the courtyard.

Monday in Holy Week, April 3

12:05 p.m.—Holy Eucharist

Tuesday in Holy Week, April 4

10 a.m.—We will celebrate Holy Eucharist and the service will feature the renewal of baptismal and ordination vows, and the blessing of Holy Oils.

Wednesday in Holy Week, April 5

12:05 p.m.—Holy Eucharist

Maundy Thursday, April 6*

7 p.m.—We remember Jesus' last meal with his disciples by listening to the gospel, participating in hymns and choral music, washing feet as a sign of servant ministry, and sharing the bread and wine of Eucharist. We witness the stripping of the altar.

Good Friday, April 7

9 a.m. & 12:05 p.m.*—**9 a.m.:** We remember Jesus' death with the Good Friday Liturgy and communion from the Reserved

Sacrament on the Altar of Repose. **12:05 p.m.*:** This service includes the chanting of the Passion, choral and instrumental music, customary prayers and veneration of the cross of Christ.

Holy Saturday, April 8

9 a.m.—A brief and simple liturgy recalls the mournful desolation of the lifeless Christ in the tomb.

Easter Vigil, April 8*

7 p.m.—We light the new fire, listen to the story of salvation in the Scripture; witness the confirmation, reception and reaffirmation of persons in the Cathedral congregation. We then proclaim with joy "Alleluia. Christ is risen" and celebrate the first Eucharist of Easter. Please bring bells to ring as we celebrate the moment of Jesus' Resurrection! We will continue the celebration at a reception following the service.

Easter Day, April 9

8 & 10:30 a.m.*—We celebrate the Resurrection of Jesus at each of our identical Easter morning celebrations. Both services include hymns, choral music, brass and a Cathedral resplendent with flowers.

An Easter egg hunt for children (through fifth grade) takes place on the north lawn following the 10:30 service. Invite your friends and neighbors!

*All services are in person. Services with an * are also livestreamed on Facebook and YouTube. For viewing details, visit kccathedral.org.*

Cathedral Prayer List

Pray for: Cooper Polokowski; McCarty-Wilson family; Pat & Larry Martin; Nancy Nuss; Debbie Spaulding; Loretta Stotts; Thaddeus Withers; Lynnette Flowers ; Larry Elmquist; Jim Royer; Lee Sturgill; Brad Kilpatrick; Charles Thomas; Emily M Proffit; Cherie Greene; Kathy Meehan; Dennis Meehan; George Milton; Charlotte Messbarger; Phyllis and Jim Shaffer; Patrick Bennett; Judy; Phillip Carroll; Ann Ryder; Pat Woolley; Sandra Fuhrman; the people of Ukraine; the people of Turkey and Syria; Andrew Rowland; all families affected by gun violence

Comfort and Peace:the Denton family; the Robker family; the Morgan family; the Matheny family; the Tangeman family; the Lancaster family; the Moore family; the Allison family; the Bock family; the Sloan family; the Finnie family; the Killman and Welch families

Children and Youth Prayers: My cousin Ian; World peace and for wars of all kinds to cease; For Nick's stomach pain to end and his healing to be quick; For being healthy; For my brother and cousin; For my family; For my aunt and her chemo treatments; For the children, youth, college and young adults in the world, that they know they are loved beyond all measure by our Triune God

Pray for the Departed: Joyce Denton; Jayden Robker; Peggy Morgan; Ann Matheny; Carolyn Stockwell Tangeman; Clinton Matthew Lancaster IV (Matt); Bruce Moore; Mary Nell Sloan; Willie Joe Finnie Jr.; Diana Killman; for all who have died from gun violence

Diocesan Prayer Cycle: The Episcopal Diocese of Missouri, St. Louis, The Rt. Rev. Deon K. Johnson, Bishop; Standing Committee

For the complete prayer list: kccathedral.org/prayers

To place a person on this prayer list, please contact Deacon Barbara Wegener, bwegener@kccathedral.org.

Requests are held in prayer for 90 days.

Birthdays & Anniversaries

March 26

Day Kerr
Helen Windsor

March 30

Ellen Goheen

March 27

George & Jocelyn
Verschelden

March 31

Juliana Johnson
Camille Moore

March 28

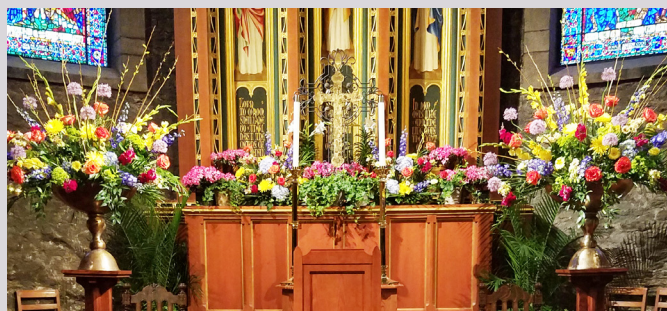
Peg Brown

April 1

Rachel Ensor
Joyce Gillespie
Kent McCall
Bunny Oestreicher

March 29

Brooke Atwell



Easter Flowers

Your generous gifts, in memory of or in thanksgiving for a loved one, help provide flowers. The Easter flower envelopes are available at the back of the Nave or you may give **on our website**, just click on the yellow GIVE button in the upper right corner of the menu.

Please contact the Cathedral office if we have omitted your birthday or anniversary: 816.214.9936 or jtoma@kccathedral.org.

Adults

Sunday

Adult Formation • 9:15 a.m.

Episcopal 101

Common Room • Led by Dean Andy

Would you like to formally join the Cathedral and the Episcopal Church? Interested in exploring confirmation, reaffirmation or reception? If so, please join us for a Confirmation/Inquirer's class, called *Episcopal 101*, taught by Dean Andy. Even if you're not seeking confirmation, reaffirmation, or reception, it's a great way to gain a better understanding of our history and worship.

Tuesday

GHTC's Virtual Cafe • 7:30 a.m.

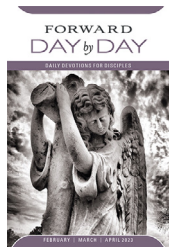
Please join us for our weekly conversation in GHTC's Virtual Cafe! Tuesday mornings from 7:30–9 a.m. For details, visit kccathedral.org/other-activities.

Women's Bible Study • 12:30 p.m.

Conversation is lively, thought-provoking, and often irreverent. All are welcome. Visit the WBS page, kccathedral.org/adultformation/wbs for more information.

Lectionary Bible Study • 6:45 p.m.

We study the lessons for the upcoming Sunday. Join the Lectionary Bible Study group in Realm or visit the LBS page, kccathedral.org/adultformation/lbs for more details.



Forward Day by Day is a booklet of daily inspirational meditations reflecting on a specific Bible passage, chosen from the daily lectionary readings as listed in the Revised Common Lectionary or the Daily Office from the Episcopal Church's Book of Common Prayer.

Copies of this quarter's Forward Day by Day are available in the tower entrance.

Wednesday Lenten Classes

March 1, 8, 15, 22, 29

Classes • 6:30–7:45 p.m.

Compline • 7:45 p.m.

My Body is Not a Prayer Request: Disability Justice in the Church

Led by Deacon Brittany (Send Deacon Brittany an email at childrensformation@kccathedral.org to register.)

We will be looking at the book *My Body is Not a Prayer Request: Disability Justice in the Church*. This book by Amy Kinney provides a good foundation for building awareness and ways for ministering among the disabled in your church and community. This book lends itself to lively discussion, spiritual reflection, and insightful and incisive thought leading to action and awareness. Copies of the book are available through book sellers and e-readers/audiobooks.

Much of the church has forgotten that we worship a disabled God whose wounds survived resurrection, says Amy Kenny. It is time for the church to start treating disabled people as full members of the body of Christ who have much more to offer than a miraculous cure narrative and to learn from their embodied experiences. Written by a disabled Christian, this book shows that the church is missing out on the prophetic witness and blessing of disability. Kenny reflects on her experiences inside the church to expose unintentional ableism and cast a new vision for Christian communities to engage disability justice. She shows that until we cultivate church spaces where people with disabilities can fully belong, flourish, and lead, we are not valuing the diverse members of the body of Christ.

The Unanswered Question: Music as a Means of Processing and Reflecting the Human Experience

Led by Dr. Ian Coleman, Professor of Music, William Jewell College

In this course we will examine four pieces of music. Each of these is inspired by some aspect of religious thinking and spirituality. The music is sometimes hard to hear, but always engaging and thought provoking. Dealing with war, the meaning of life, death and racial tensions, each piece is a specific window into the mind of the composer and often causes us to wrestle with contemporary issues, the deep questions of life and what it means to be human.

Registration is required. Use the coupon code GRACE to register for free at jewell.edu/faith-classes.

Youth

Sundays • 9:15 a.m.

There will be formation in the Youth Room Sunday mornings.

Sundays • 6–7:15 p.m.

Join us for food and fellowship at 6 p.m. in the Youth Room.

Information and signups are often found on our linktree, linktr.ee/ghtcyouthandcollegeministry.

Questions? Contact Clare at csstern@kccathedral.org.



**YOUTH
LOCK-IN**
March 31-April 1
7 p.m.-9 a.m.
Grace and Holy Trinity
Registration Required

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**YOUTH
SERVE**
Saturday, April 22
9 a.m.-12 p.m.
Nourish KC
(750 Paseo, Kansas City, MO)
Registration Required

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Children

Formation Class • 9:15 a.m.

Children are invited into a time of dynamic storytelling that communicates the story of the people of God and the liturgy of the church.

Cathedral Kids • 10:30 a.m.

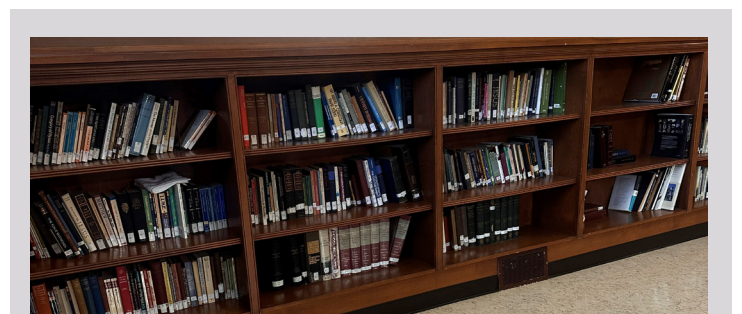
Cathedral Kids meets during the first half of the 10:30 a.m. worship service. Children attending Cathedral Kids will meet their parents or guardians inside the tower doors during the passing of the peace.

Questions? Contact Brittany, childrensformation@kccathedral.org.



Easter Candy Needed
Bring your donations of candy (individually wrapped, in small packages) to the box in the Tower by April 2.

The image shows a collection of various candies including Lindt truffles, Cadbury Dairy Milk, and several colorful Easter eggs.



Free Books

We are making some changes to the Common Room and as a result we need to find a new home for the books currently stored there. **Feel free to stop by after any of the Sunday services or weekdays from 9 a.m. to 5 p.m. and take home any books you like. They are available until March 31.** *Some of the books have been found to contain mold. Mold can appear as anything from water damage to a plain, small, speck of pepper. Once mold is in a book, it cannot be completely cleansed; if it's on a page, you can rely on it being in the spine. So be sure to thoroughly go through any books you take because mold can quickly spread.*

Announcements

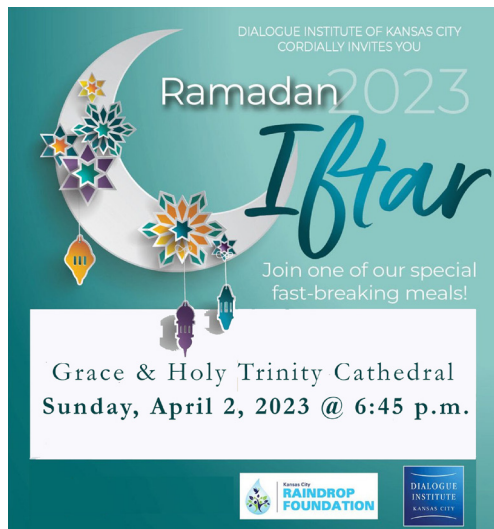
Social Outreach during Lent

- During the entire Lenten Season, Outreach will be collecting food for JFSKC Pantry in Brookside. Visit kccathedral.org/lent for the details.
- Assemble Easter Baskets for Crittenton, KAW Valley and Sheffield Place between services: April 2.
- Pack BackSnacks for children at Clardy, Gashland and Hazel Grove Elementary: every other Wednesday in March and April. (Contact Terri, tcurra2@yahoo.com, to get dates.)

Stations of the Cross

Fridays, February 24–March 31 • 6 p.m.

Join Deacon Barbara and Deacon Brittany as they lead the Stations of the Cross, taking a walk in the footsteps of Jesus on his journey to the cross. Stations of the Cross will be held every Friday, February 24–March 31 at 6 p.m. in the Nave.



Ramadan Iftar Dinner
Sunday, April 2
6:45 p.m.

The Cathedral is partnering with the Dialogue Institute for a “Breaking of the Fast” (Iftar) in Ramadan on April 2, 2023 at 6:45 p.m. The main dish and dessert

will be provided by Turkish families within our community. We will provide salads and side dishes (vegetarian only). There will be a presentation and information sharing on what Ramadan means to our Muslim friends and to us. Please RSVP on the **Ramadan Dinner Facebook event page**. You’ll also find the link on the GHTC home Facebook page.

Wednesday Lenten Classes

Wednesdays, March 1–29 • 6:30–7:45 p.m., followed by Compline

Join us for *The Unanswered Question: Music as a Means of Processing and Reflecting the Human Experience*, taught by Dr. Ian Coleman, Professor of Music, William Jewell College and *My Body is Not a Prayer Request: Disability Justice in the Church*, taught by Deacon Brittany. Compline will be offered following the classes.

Palm Cross Workshop

Sunday, March 26 • after both morning services

Everyone is asked to help make Palm Crosses for Palm Sunday, April 2 after both morning services. All supplies and instructions are provided. We will be donating 50 Palm Crosses to St. Luke’s Hospital in addition to making one for all who attend Palm Sunday. If you prefer, you can take home some palms to make the crosses and bring them back to church on Palm Sunday, April 2.

A poster for the "FOR PETE'S SAKE" event. It features a background of warm, bokeh lights. The text reads: "Friday, April 14 | 6-8 p.m. hunger relief via food rescue music | small plates | wine FOR PETE'S SAKE A tasting event benefiting Pete's Garden Founders' Hall & Courtyard Grace and Holy Trinity Cathedral | 13th & Broadway".

Forget all your cares and come celebrate the great work of Pete’s Garden! A food rescue committed to less food waste and more family meals. Learn about their mission of hunger relief and food rescue in Kansas City. This event will include good food, good wine and good music. We will be raising funds for Pete’s Garden.

More info coming soon!

Cathedral Staff: The Very Rev. Dr. Andrew C. Keyse, *Dean*; The Rev. Barbara Wegener, *Deacon*; The Rev. Brittany Sparrow Savage, *Deacon & Children’s Ministry Coordinator*; Dr. Paul Meier, *Director of Music*; Clare Stern-Burbano, *Youth & College Minister*; Julie Toma, *Cathedral Administrator*; Melissa Kilpatrick, *Communications Coordinator*; Holly Campbell, *Events Coordinator*; Joan Bergstrom, *Sacristan*; Angie Graham, *Property Manager*; Mike Guidry, *Assistant Property Manager*; The Very Rev. Peter J. DeVeau, *Dean Emeritus*; Canon John Schaefer, *Canon Musician Emeritus*

The Vestry (with committee assignments): Candace McDowell, *Senior Warden*, candyleemc@att.net (Finance, Budget); Michael Thomas, *Junior Warden*, madresfield63@gmail.com (Buildings & Grounds, Finance); David Barker, *Treasurer*; Valerie Johnson, *Clerk* (Social Outreach); Steve Moore, *Chancellor*. Julie Brogno (Welcome/Newcomers, Children & Youth); Sharon Cheers (Security, Budget, Buildings & Grounds); Sara Copeland (Community Engagement); Pat Decker (Stewardship); Blain Lagergren (Stewardship); Paula Livingston-Lewis (Social Outreach); Ron Michka (Budget, Stewardship, Community Engagement); Mathias Nichols (Buildings & Grounds); Kay Woolley (Buildings & Grounds)