Grace and Holy Trinity EPISCOPAL CATHEDRAL



"Der Gang nach Emmaus" by Fritz von Uhde

The Third Sunday of Easter April 23, 2023 • 8 a.m.

Welcome! We are glad you are here.

- If you are a visitor or new attendee, we invite you to fill out a welcome card, found in your pew, and place it in the offering plate or complete the form online. Use this QR code to access the form.
- If you need a hearing assistance device, please ask an usher.
- Restrooms are available in Founders' Hall. A changing station is available in the restroom at west end (rear) of the Cathedral.



Service Notes

- Please rise, as able, for portions of the service marked with an asterisk (*).
- Donations may be placed in the offering, made through the Cathedral website: kccathedral.org, by scanning the QR code to the right or by texting "GIVEtoGHTC" to 73256. Thank you for your generosity.



HOLY EUCHARIST

Voluntary: Voluntary in G, op. 7 no. 9

John Stanley

The Word of God

* OPENING ACCLAMATION AND COLLECT FOR PURITY

page 355

Presider Alleluia. Christ is risen.

People The Lord is risen indeed. Alleluia.

Presider Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse

the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and

worthily magnify your holy Name; through Christ our Lord. Amen.

* GLORIA page 356

All Glory to God in the highest,

and peace to his people on earth.

Lord God, heavenly King, almighty God and Father,

we worship you, we give you thanks,

we praise you for your glory.

Lord Jesus Christ, only Son of the Father,

Lord God, Lamb of God,

you take away the sin of the world:

have mercy on us;

you are seated at the right hand of the Father:

receive our prayer.

For you alone are the Holy One,

you alone are the Lord,

you alone are the Most High,

Jesus Christ,

with the Holy Spirit,

in the glory of God the Father. Amen.

* Collect of the Day

Presider The Lord be with you.

People And also with you.

Presider Let us pray.

O God, whose blessed Son made himself known to his disciples in the breaking of bread: Open the eyes of our faith, that we may behold him in all his redeeming work; who lives and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen.**

THE LESSONS

First Lesson: Acts 2:14a,36-41

Lector

Peter, standing with the eleven, raised his voice and addressed the crowd, "Let the entire house of Israel know with certainty that God has made him both Lord and Messiah, this Jesus whom you crucified."

Now when they heard this, they were cut to the heart and said to Peter and to the other apostles, "Brothers, what should we do?" Peter said to them, "Repent, and be baptized every one of you in the name of Jesus Christ so that your sins may be forgiven; and you will receive the gift of the Holy Spirit. For the promise is for you, for your children, and for all who are far away, everyone whom the Lord our God calls to him." And he testified with many other arguments and exhorted them, saying, "Save yourselves from this corrupt generation." So those who welcomed his message were baptized, and that day about three thousand persons were added.

The Word of the Lord.

People Thanks be to God.

Psalm 116:1-3, 10-17 read alternating by half verse

page 759

I love the Lord, because he has heard the voice of my supplication, *

because he has inclined his ear to me whenever I called upon him.

The cords of death entangled me; the grip of the grave took hold of me; *

I came to grief and sorrow.

Then I called upon the Name of the Lord: *

"O Lord, I pray you, save my life."

How shall I repay the Lord *

for all the good things he has done for me?

I will lift up the cup of salvation *

and call upon the Name of the Lord.

I will fulfill my vows to the Lord *

in the presence of all his people.

Precious in the sight of the Lord *

is the death of his servants.

O Lord, I am your servant; *

I am your servant and the child of your handmaid; you have freed me from my bonds.

I will offer you the sacrifice of thanksgiving *

and call upon the Name of the Lord.

I will fulfill my vows to the Lord *

in the presence of all his people,

In the courts of the Lord's house, *

in the midst of you, O Jerusalem. Hallelujah!

Second Lesson: 1 Peter 1:17-23

Lector

If you invoke as Father the one who judges all people impartially according to their deeds, live in reverent fear during the time of your exile. You know that you were ransomed from the futile ways inherited from your ancestors, not with perishable things like silver or gold, but with the precious blood of Christ, like that of a lamb without defect or blemish. He was destined before the foundation of the world, but was revealed at the end of the ages for your sake. Through him you have come to trust in God, who raised him from the dead and gave him glory, so that your faith and hope are set on God.

Now that you have purified your souls by your obedience to the truth so that you have genuine mutual love, love one another deeply from the heart. You have been born anew, not of perishable but of imperishable seed, through the living and enduring word of God.

Blessed be the God and Father of our Lord Jesus Christ! By his great mercy he has given us a new birth into a living hope through the resurrection of Jesus Christ from the dead, and into an inheritance that is imperishable, undefiled, and unfading, kept in heaven for you, who are being protected by the power of God through faith for a salvation ready to be revealed in the last time. In this you rejoice, even if now for a little while you have had to suffer various trials, so that the genuineness of your faith—being more precious than gold that, though perishable, is tested by fire—may be found to result in praise and glory and honor when Jesus Christ is revealed. Although you have not seen him, you love him; and even though you do not see him now, you believe in him and rejoice with an indescribable and glorious joy, for you are receiving the outcome of your faith, the salvation of your souls.

The Word of the Lord

People Thanks be to God.

* The Holy Gospel: Luke 24:13-35

Deacon The Holy Gospel of our Lord Jesus Christ according to Luke.

People Glory to you, Lord Christ.

Deacon

Now on that same day two of Jesus' disciples were going to a village called Emmaus, about seven miles from Jerusalem, and talking with each other about all these things that had happened. While they were talking and discussing, Jesus himself came near and went with them, but their eyes were kept from recognizing him. And he said to them, "What are you discussing with each other while you walk along?" They stood still, looking sad. Then one of them, whose name was Cleopas, answered him, "Are you the only stranger in Jerusalem who does not know the things that have taken place there in these days?" He asked them, "What things?" They replied, "The things about Jesus of Nazareth, who was a prophet mighty in deed and word before God and all the people, and how our chief priests and leaders handed him over to be condemned to death and crucified him. But we had hoped that he was the one to redeem Israel. Yes, and besides all this, it is now the third day since these things took place. Moreover, some women of our group astounded us. They were at the tomb early this morning, and when they did not find his body there, they came back and told us that they had indeed seen a vision of angels who said that he was alive. Some of those who were with us went to the tomb and found it just as the women had said; but they did not see him." Then he said to them, "Oh, how foolish you are, and how slow of heart to believe all that the prophets have declared! Was it not necessary that the Messiah should suffer these things and then enter into his glory?" Then beginning with Moses and all the prophets, he interpreted to them the things about himself in all the scriptures.

As they came near the village to which they were going, he walked ahead as if he were going on. But they urged him strongly, saying, "Stay with us, because it is almost evening and the day is now nearly over." So he went in to stay with them. When he was at the table with them, he took bread, blessed and broke it, and gave it to them. Then their eyes were opened, and they recognized him; and he vanished from their sight. They said to each other, "Were not our hearts burning within us while he was talking to us on the road, while he was opening the scriptures to us?" That same hour they got up and returned to Jerusalem; and they found the eleven and their companions gathered together. They were saying, "The Lord has risen indeed, and he has appeared to Simon!" Then they told what had happened on the road, and how he had been made known to them in the breaking of the bread.

The Gospel of the Lord.

People

Praise to you, Lord Christ.

SERMON

* The Nicene Creed page 358

All We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.
For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and was made man.

For our sake he was crucified under Pontius Pilate; he suffered death and was buried.

On the third day he rose again in accordance with the Scriptures;

he ascended into heaven

and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son.

With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets.

We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

We look for the resurrection of the dead,

and the life of the world to come. Amen.

* Prayers of the People, Form III

page 387

Intercessor Father, we pray for your holy Catholic Church;

People That we all may be one.

Intercessor Grant that every member of the Church may truly and humbly serve you;

People That your Name may be glorified by all people.

Intercessor We pray for all bishops, priests, and deacons;

People That they may be faithful ministers of your Word and Sacraments.

Intercessor We pray for all who govern and hold authority in the nations of the world;

People That there may be justice and peace on the earth.

Intercessor Give us grace to do your will in all that we undertake;

People That our works may find favor in your sight.

Intercessor Have compassion on those who suffer from any grief or trouble;

People That they may be delivered from their distress.

Intercessor Give to the departed eternal rest.

People Let light perpetual shine upon them.

Intercessor We praise you for your saints who have entered into joy; People May we also come to share in your heavenly kingdom.

Intercessor Let us pray for our own needs and those of others.

Silence

The People may add their own petitions. The Presider adds a concluding Collect.

* The Peace page 360

Presider The peace of the Lord be always with you.

People And also with you.

Announcements

CELEBRATION PRAYER page 830

All O God, our times are in your hand: Look with favor, we pray, on your servant(s) as they begin another year. Grant that they may grow in wisdom and grace, and strengthen their trust in your

goodness all the days of their lives; through Jesus Christ our Lord. Amen.

The Holy Communion

Offertory Hymn: 306 "Come, risen Lord, and deign to be our guest"



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* THE GREAT THANKSGIVING, Eucharistic Prayer A

page 361

Presider The Lord be with you.

People And also with you.

Presider Lift up your hearts.

People We lift them to the Lord.

Presider Let us give thanks to the Lord our God.

People It is right to give God thanks and praise.

Presider It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty,

Creator of heaven and earth.

Here a Proper Preface is sung or said on all Sundays, and on other occasions as appointed.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of

heaven, who for ever sing this hymn to proclaim the glory of your Name:

All Holy, holy, holy Lord, God of power and might,

heaven and earth are full of your glory.

Hosanna in the highest.

Blessed is he who comes in the name of the Lord.

Hosanna in the highest.

Presider

Holy and gracious Father: In your infinite love you made us for yourself; and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all.

He stretched out his arms upon the cross, and offered himself in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

All Christ has died.

Christ is risen.

Christ will come again.

Presider

We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts.

Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **Amen.**

Presider

And now, as our Savior Christ has taught us, we are bold to say,

All

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done,

on earth as it is in heaven. Give us this day our daily bread.

And forgive us our trespasses,

as we forgive those who trespass against us.

And lead us not into temptation,

but deliver us from evil.

For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

* Breaking of the Bread

page 364

Presider Alleluia. Christ our Passover is sacrificed for us;

People Therefore let us keep the feast. Alleluia.

Presider The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed

on him in your hearts by faith, with thanksgiving.

Communion page 365

All are welcome to receive communion or a blessing. Intinction of wafers is offered, if desired. For gluten-free bread, cross your hands palms down. For a blessing, cross your hands over your chest.

* Postcommunion Prayer

page 365

Presider Let us pray.

People Eternal God, heavenly Father,

you have graciously accepted us as living members

of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage

to love and serve you

with gladness and singleness of heart; through Christ our Lord. Amen.

* THE BLESSING

* DISMISSAL

Deacon Let us go forth in the name of Christ. Alleluia, alleluia.

People Thanks be to God. Alleluia, alleluia.

* HYMN: 343 "Shepherd of souls, refresh and bless"



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VOLUNTARY: Festal Flourish

Gordon Jacob

Serving Today

Presider & Preacher The Very Rev. Dr. Andrew C. Keyse

Deacon The Rev. Barbara Wegener, The Rev. Brittany Sparrow Savage

Lector Chuck Ritter
Eucharistic Minister Curtis Hamilton
Usher Jim Crum

Altar Guild Donna Knoell, Vangie Rich

Sound Curtis Hamilton
Organist Dr. Bill McCandless





April 23, 2023 – Easter 3 (A) Week 3: Reflections on the Resurrection

During the Easter season, Sermons That Work is pleased to present reflections from some of the newest bishops of The Episcopal Church on the resurrection of our Lord. Check back each week for a brief exploration of how Jesus Christ's rising from the grave changes everything. To listen to this reflection, scan the QR code on this page and subscribe to the Sermons That Work podcast.

On December 30, the church celebrates the feast day of the Blessed Frances Joseph-Gaudet. Ms. Gaudet, the daughter of an enslaved man, was born in 1861 in a log cabin in Pike County, Mississippi. After moving to New Orleans to attend college, Ms. Gaudet became a significant philanthropist at the turn of the century. She is known as a prison reformer, missionary, advocate, and educator. With her determined spirit, she provided leadership that bridged diverse segments of society to affect social change. The Gaudet Normal and Industrial School of Black Youth was known for its academic excellence. In addition to many other social reforms, Ms. Gaudet was also the driving force behind the establishment of the first juvenile court in New Orleans.

In this Easter season, as the light of the Paschal candle burns brightly, I reflect upon the ministry of this incredible woman who worked relentlessly to better the lives of those in her community. Throughout her life, she knew that faith could not be practiced in the dark. She made the hard choices that came with sitting with those in need and wrestling with tough questions about who we are and how we are to engage the Gospel in a broken world. She lived her life holding true to the tenet that the world desperately needs us to be harbingers of the light, because it just might be the only light that someone will experience. Luke 12 reminds us: "Whatever you have said in the dark will be heard in the light, and what you have whispered behind closed doors will be proclaimed from the housetops." What an incredible responsibility we are called to as Christians!

I believe that it takes both courage and vulnerability to be able to step into the light and be this light for others. Jesus is clear that those who find their life will lose it and those who lose their life for his sake will find it. In addition, we also hold tightly to the charge to be bold in our faith and to let die those things that keep us from fully committing ourselves to the work of God. And, in the end, the life and light will come. How do we do this? This Easter season reminds us that each day presents a choice and that the cycle of death and resurrection is continuous and profound. Every moment is an opportunity. In this journey, we are to be strong and courageous, for the Lord our God is with us wherever we go. Darkness, light, or even in-between, we are God's, and we are never outside of God's grasp.

Today, the legacy of Blessed Frances Joseph-Gaudet continues in the Episcopal Diocese of Louisiana. Funds are administered yearly through the Gaudet Scholarship Program as well as for other grant programs benefiting underserved children and families in the New Orleans and Baton Rouge areas. In this Easter season, I pray that I may live like Ms. Gaudet.



The Rt. Rev. Shannon Rogers Duckworth was ordained and consecrated on November 19, 2022, as the 12th bishop of the Episcopal Diocese of Louisiana. A 2001 graduate of The General Theological Seminary, Bishop Duckworth served in the Diocese of Mississippi until her call in 2013 as canon to the ordinary to the Rt. Rev. Morris K. Thompson, Jr.

Published by the Office of Formation of The Episcopal Church, 815 Second Avenue, New York, N.Y. 10017
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All things...Episcopal Podcast

Members of the Campus Ministry Commission have begun reaching out to college students and young adults in a new way with a weekly podcast which launched April 13. The purpose of All Things Episcopal is to create a platform to talk about our faith and to introduce some basics about the Episcopal Church, including why we do some of the things we do that may sometimes be a mystery (or even an obstacle) to those new to our denomination. The intended audience for this podcast is college students and young adults, especially those who may be coming from outside our faith tradition. Sessions include conversations, interviews and even an occasional sermon.

Our Hosts



The Rev. David Kendrick St John's Episcopal Church, Springfield



The Rev. Collin LarimoreGrace Episcopal Church, Carthage



Clare Stern-BurbanoGrace & Holy Trinity Cathedral, Kansas City

We want to introduce the Episcopal Church from multiple perspectives and with different voices, utilizing social media to find out what questions students may have about who we are and what we do. Guest speakers, including college students from around our diocese, are already being scheduled for future sessions.

We do not currently have a physical presence on college campuses in our diocese, but we think podcasting offers a great opportunity to meet young adults where they are and share our faith in a way that is personal, comfortable and always accessible. We hope that these sessions will be a bridge to connect college students with local parishes and with other young adults.

Look for All Things Episcopal wherever you listen to your favorite podcasts!



Youth Sunday & Graduate Recognition

Sunday, May 7 • 10:30 a.m.



Join us for Youth Sunday & Graduate Recognition as we celebrate all graduates and the youth leading the service. If you know of a graduate, send their name to **communications@kccathedral.org** by Sunday, April 30.

Cathedral Prayer List

Pray for: Philipp Wallace Bain; Greq & Nova; Linda England; Sandra Fuhrman; Phineas & LaGretta Gitta; Diego Ivan Garcia; Jill Gross; Cooper Polokowski; McCarty-Wilson family; Pat & Larry Martin; Nancy Nuss; Debbie Spaulding; Loretta Stotts; Thaddeaus Withers; Lynnette Flowers; Larry Elmquist; Jim Royer; Lee Sturqill; Brad Kilpatrick; Charles Thomas; Emily M Proffit; Cherie Greene; Kathy Meehan; Dennis Meehan; George Milton; Charlotte Messbarger; Phyllis and Jim Shaffer; Patrick Bennett; Judy; Phillip Carroll; the people of Ukraine; the people of Turkey and Syria; Andrew Rowland; all families affected by qun violence; First Responders

Comfort and Peace: the Binford/Creech families; the Mattson family; the Denton family; the Robker family; the Morgan family; the Matheny family; the Tangeman family; the Lancaster family; the Moore family

Children and Youth Prayers: Thankful for my house; Thankful for my pink dress; Thankful for the church where heaven and earth connect; Thankful that Jesus died on the Cross to save me from my sins; World peace and for wars of all kinds to cease.; For Nick's stomach pain to end and his healing to be quick.; For being healthy; For my family; For my aunt and her chemo treatments; For the children, youth, college and young adults in the world, that they know they are loved beyond all measure by our Triune God

Pray for the Departed: Twila Rosalynn Creech Binford; Ian Mattson; Joyce Denton; Jayden Robker; Peggy Morgan; Ann Matheny; Carolyn Stockwell Tangeman; Clinton Matthew Lancaster IV (Matt); Bruce Moore; for all who have died from gun violence

Diocesan Prayer Cycle: Christ Episcopal Church, Boonville, The Rev. Kim Taube, Priest in Residence; Access for All God's Children Committee

For the complete prayer list: kccathedral.org/prayers

To place a person on this prayer list, please contact Deacon Barbara Wegener, bwegener@kccathedral.org. Requests are held in prayer for 90 days.

Birthdays & Anniversaries

April 23

Caleb Daniel Anthony Janky Abbey Mosley Linda Oliver

April 24

Bill & Marsha Beggs

April 26

McKenna Atherton Jim Pfeffer

April 27

Colin Chambers Kristen Ellis Johnson Steve McClure

April 29

Deborah Buckner Deante Finnie

Please contact the Cathedral office if we have omitted your birthday or anniversary: 816.474.8260 or jtoma@kccathedral.org.

Today's Flowers

are given to the Glory of God and ...

- in loving memory of Alex Jenny—his family
- in memory of Dr. Bill Waddell, physician and pianist—John Braum
- in celebration of my birthday—Cecelia Carter

To help provide flowers for upcoming services, contact Julie Toma, jtoma@kccathedral.org.



Adults

Sunday

Adult Formation • 9:15 a.m.

Common Room • Led by Dean Andy

Join Dean Andy for a discussion at 9:15 a.m. in the Common Room.

Tuesday

GHTC's Virtual Cafe • 7:30 a.m.

Please join us for our weekly conversation in GHTC's Virtual Cafe! Tuesday mornings from 7:30–9 a.m. For details, visit **kccathedral.org/other-activities**.

Women's Bible Study • 12:30 p.m.

Conversation is lively, thought-provoking, and often irreverent. All are welcome. Visit the WBS page, **kccathedral. org/adultformation/wbs** for more information.

Lectionary Bible Study • 6:45 p.m.

We study the lessons for the upcoming Sunday. Join the Lectionary Bible Study group in Realm or visit the LBS page, **kccathedral.org/adultformation/lbs** for more details.

Faith Symposium

Inaugural Symposium for the William Jewell Center for Faith and Culture

Wednesday, May 3 • 10:15 a.m.

Come see featured speaker, Dr. Matthew Croasmun, associate research scholar and director of the Life Worth Living program at the Yale Center for Faith and Culture at Yale Divinity School and lecturer of Humanities at Yale University. He'll be discussing "What's Worth Wanting?" and he will be joined for a panel discussion by Rev. Carla Aday, Dr. Brendon Benz and Rev. Dr. Rodger Nishioka. This event is free and will be held on the William Jewell campus in the Yates-Gill College Union, Room 221/222. For more details and to register, visit jewell. edu/faith-symposium.

Children

Formation Class • 9:15 a.m.

Children are invited into a time of dynamic storytelling that communicates the story of the people of God and the liturgy of the church.

Cathedral Kids • 10:30 a.m.

Cathedral Kids meets during the first half of the 10:30 a.m. worship service. Children attending Cathedral Kids will meet their parents or guardians inside the tower doors during the passing of the peace.

Questions? Contact Brittany, **childrensformation@ kccathedral.org**.

Update Your Child's Information

Help us update our records! Visit our website for links or scan the QR codes.



Rirth_Drok



Grades K-5



Grades 6-12

Youth & College

Sundays • 9:15 a.m.

There will be formation in the Youth Room Sunday mornings.

Sundays • 6-7:15 p.m.

Join us for food and fellowship at 6 p.m. in the Youth Room.

Information and signups are often found on our linktree, **linktr.ee/ghtcyouthandcollegeministry**.

Questions? Contact Clare at cstern@kccathedral.org.

Announcements

Outreach: April Food Collection

We are collecting food for Jewish Family Services Pantry in Brookside. The JFS Food Pantries in Kansas and Missouri distributes over 29,000 pounds of food to over 400 families each month. Your donation goes directly to the shelves in the pantry, helping people right in our community. You may leave items in the box in the Tower. Visit kccathedral.org/outreach for the details.

Kansas City Chamber Orchestra Concert: Musical Pairings for Spring!

Friday, April 28 • 8 p.m. (pre-concert talk at 7:30 p.m.)

The season finale concert celebrates spring with Mozart's amazing *Sinfonia Concertante*, Haydn's "Fire" *Symphony No. 59*, and more! Great music, soloists and KC's beloved professional chamber orchestra come together to create the pairing of two iconic classical period works and two amazing soloists, along with an exciting 20th century work for strings to celebrate the return of spring and the blockbuster ending to a wonderful season of concerts by KC's top instrumentalists. Get tickets at **kccathedral.org/upcoming-events**.

FORWARD DAY by DAY DAILY GEVOTIONS FOR DISCIPLES FEBRUARY IMABES I APPRES 202

Forward Day by Day is a booklet of daily inspirational meditations reflecting on a specific Bible passage, chosen from the daily lectionary readings as listed in the Revised Common Lectionary or the Daily Office from the Episcopal Church's Book of Common Prayer.

Copies of this quarter's Forward Day by Day are available in the tower entrance.

Raja Yoqa Prayer Practice

Wednesday, May 3 • 6 p.m.

Raja Yoga is a practice of contemplation and experience which helps engage our being with the holy presence. This prayer practice seeks to integrate Raja Yoga philosophy and Christian theology in a way that honors both. This will be a breathwork and seated practice, not a pose (Hatha) practice. Dress comfortably, no equipment needed. All are welcome. Questions? Contact Clare, cstern@kccathedral.org.

Youth Sunday & Graduate Recognition

Sunday, May 7 • 10:30 a.m.

Join us for Youth Sunday & Graduate Recognition as we celebrate all graduates and the youth leading the service. If you know of a graduate, send their name to **communications@kccathedral.org** by Sunday, April 30.

Choral Evensong

Sunday, May 21 • 5 p.m.

A service of Choral Evensong will be offered by the Trinity Choir. This contemplative service lasts about 45 minutes and includes hymns, scripture readings, prayers, chanted Psalms, canticles and a choir anthem.



Cathedral Staff: The Very Rev. Dr. Andrew C. Keyse, Dean; The Rev. Barbara Wegener, Deacon; The Rev. Brittany Sparrow Savage, Deacon & Children's Ministry Coordinator; Dr. Paul Meier, Director of Music; Clare Stern-Burbano, Youth & College Minister; Julie Toma, Cathedral Administrator; Melissa Kilpatrick, Communications Coordinator; Holly Campbell, Events Coordinator; Joan Bergstrom, Sacristan; Angie Graham, Property Manager; Mike Guidry, Assistant Property Manager; The Very Rev. Peter J. DeVeau, Dean Emeritus; Canon John Schaefer, Canon Musician Emeritus

The Vestry (with committee assignments): Candace McDowell, Senior Warden, candyleemc@att.net (Finance, Budget); Michael Thomas, Junior Warden, madresfield63@gmail.com (Buildings & Grounds, Finance); David Barker, Treasurer; Valerie Johnson, Clerk (Social Outreach); Steve Moore, Chancellor. Julie Brogno (Welcome/Newcomers, Children & Youth); Sharon Cheers (Security, Budget, Buildings & Grounds); Sara Copeland (Community Engagement); Pat Decker (Stewardship); Blain Lagergren (Stewardship); Paula Livingston-Lewis (Social Outreach); Ron Michka (Budget, Stewardship, Community Engagement); Mathias Nichols (Buildings & Grounds); Kay Woolley (Buildings & Grounds)